

Francis Conine becomes Dean of Students

Janell Parfait
Staff Writer

Northwestern State University welcomes its newest Dean of Students, Frances Conine, who was promoted last year from Director of Student Development and Conduct.

Conine has been with NSU since 1981, when she was hired as the Director of Student Support Services. She then became the Director of NSU in Alexandria, and then Director of Counseling and Career Services, meaning she is also a licensed counselor.

"I see my role as advisor and advocate for students, and I supervise the whole area of student affairs," Conine said.

Conine's experience as a counselor enables her to see each student as an individual. She approaches every problem with a unique solution.

"I'd like to think I'm well-rounded," she said.

One of Conine's goals is to promote health and wellness to the students on campus. According to Conine, the mandatory orientation course for freshmen will be incorporating a fitness challenge as part of the curriculum.

"How [students] treat their bodies and their psyche, all of these things are important for how we learn," Conine said. "The healthier we get, the more likely we are as students to stay in school, do well in school, and graduate."

As Dean of Students, Conine must not only recruit prospective students but keep them in school. She thinks that a healthy mind and body ensures that a student will succeed.

Conine also shows great pride for her faculty and the student-run organizations.

"I can't tell you what great people I work with," she said.

Conine wishes to be seen by students as a noticeable figure on campus as well as a strong advocate for her students.

"I mean, I'm also a mother and a wife, so I do a lot of things from a family perspective," she said. "I try to remember 'This student is somebody's child,' I really want to see everybody as an individual."

In addition to being the new Dean of Students, Conine is also heavily involved in the student wellness organization, BACCHUS, and is the advisor of Blue Key and Purple Jackets.

Conine grew up in Holtville, Ala., and studied at Auburn University and Delta State University, where she received her degree in counseling.

Conine's office is located in Room 309 on the third floor of the Freid-

The 64th Demon Battalion



Submitted photo

The new 64th demon battalion and its new officers stand strong in front of NSU's columns.

ROTC undergoes activation of 64th demon battalion

Emily Frame
Staff Writer

The activation of the 64th Demon Battalion took place on Thursday Aug. 29 at South Hall. The activation, simulating activations done by Army units, presented the new battalion and officers.

Lt. Col. William Macky Underwood, professor of Military Science, led the ceremony along with Cdt.

Lt. Col. Johnathan Cojocar, Cadet Commander of the 64th Battalion.

"Our general goal is to improve our cadets on the skills they need to become future officers of the U.S. Army," Cojocar said.

"We want to train our guys and gals to be proficient in LDAC so they can step up and train the next group."

The Leadership Develop-

ment Assessment Course, LDAC, is an advanced camp in Ft. Louis, WA attended each summer by cadets entering their senior year. This summer 16 cadets attended LDAC compared to eight last year.

"We've had a definite increase in cadets training to become Army officers compared to past years," said Maj. Mark W. Bolton.

ROTC cadets hope to

commission as a 2nd Lt. in the U.S. Army upon graduation. However, it is competitive to be placed on active duty.

The cadet chain of command includes Battalion Commander Johnathan Cojocar, Executive Officer Henry O' Dele, Command Sergeant Major Miguel Garcia, SI Angela Thompson (personnel), S2 Lane Higson (recruiting), S3 Timothy Chung (opera-

tions), S4 Ebony Vaughn (supply), S5 Kelbry Price (public affairs), S6 Walter Floyd (communications) and Assistant S3 Angel Salomacosta.

Army ROTC is a way for students to become leaders on campus, as well as in the military, while attending school.

There are scholarships available to Army ROTC cadets contracted to the military after graduation.

A Simultaneous Membership Program also offers scholarships to students who are members of the Army National Guard or Army Reserves. However, each cadet has their own reasons for joining the program.

"My father was in the military and he instilled in me that everyone should do service for at least two years," said Cdt. Floyd

The ROTC program chal-

lenges the cadets to be all they can be.

"It's a commitment. It's just like any fraternity or sorority that you're in," said Cdt. O'Dele.

"You have to give up some of your time to do it."

The Demon Battalion, established in 1950, includes 59 cadets from NSU, Ft. Polk and Louisiana State University in Shreveport.

Student Government Association starts off the school year strong

Damian Glover
Staff Writer

With a new constitution and set of by-laws the student government association is ready for a successful and prosperous year.

Brian Cook, SGA senator at large and sports committee head is excited for the new things coming forth for the new school year.

"I believe we will have great year," Cook said.

"We are determined to get more students involved not only in SGA but also around campus as a whole."

During the summer, SGA members attended their annual retreat to reform their constitution, pass and propose bills. Two of the bills that passed were Act 003 and Act 004.

Act 003 was based on the topic of Campaigning for Homecoming Court and governing body elections which was presented by the General Committee of SGA. The bill was spoken upon and passed at the first official

meeting of the semester.

The bill states that the students who were voted onto the ballot for Homecoming Court have the right to campaign with allowed amount of money approved by SGA.

All candidates running in a Student Government Association and or any other election must adhere to several expenditure limitations as stated in section 5.01.

Student Government Association candidates are allowed \$500 in any general and or special election and \$250 in endorsements. Homecoming Court candidates are allowed \$200 in any general and or special election with \$100 in endorsements. Student Activities Board candidates are as well allowed a total of \$300 in any general or special election and \$150 in endorsements.

Act 004 was presented within the internal affairs committee and also was passed at the first meeting of the semester. It included statements stating that the Student Government Association must have bylaws

to which it may be governed. The Bylaws are one of two most important documents in the association.

LaMario Fortson, Speaker of the Senate and Internal Affairs committee chair is ready to have a successful year.

"As the speaker of the senate, it's my in my position to be a positive example to new senators that come onto the board," Fortson said.

"Also by helping them write and prepare legislatures they become better equipped with the system that we are run by and also better leaders in SGA as well."

SGA is responsible for discussing, passing and failing proposed bills by senators. Bills that are generally proposed to the senators come from concerns that faculty and staff have about the campus or how it is run.

All students are encouraged to attend their open board meetings which take place on every Wednesday at 3:30 pm in the President's Room, located in the Student Union.

Governor Jindall attends dedication of Caspari Hall and Student Services Center



Submitted photo

Governor Bobby Jindall cuts the ribbon in front of the newly renovated Caspari Hall

Governor Bobby Jindall gave a dedicatoin speech and then cut the ribbon at the dedication ceremony on Sept. 8 for the new Casppari Hall and new Student Services Center.

"We know higher educationis a critical pipeline," Jindall said in his dedication speech. Caspari Hall, a 75 year-old building, has been renovated and is the current location of President Webb's office.

The new Student Services Center puts financial aid, the registrats office and more under one roof. The two buildings are meant to consolidate student services and make the process easier on students and faculty alike.

The combined cost of the building was over \$12 million and marks the first state-funded con-

What's most important at NSU is the students whose voices make up this community.

Question: What are you most excited for this year?



"To get out of my house for awhile."
-Griffin Lacour
Freshman



"Hanging out with everybody and seeing all my friends from college."
-Mark Ordoyne
Sophomore



"Getting involved on campus."
-Kyah Johnson
Freshman



"I'm looking forward to Homecoming Week."
-Ashley Sherrard
Freshman



"I'm excited to be with my friends and party and I hope to be on the president's list."
-Rickiesha Evans
Sophomore



"To meet more people and get more involved."
-Desiree Thomas
Senior



"Doing good in my organizations Helping Hands, SGA and Circle K and getting into the College of Education."
-Lemario Fortson
Junior



Submitted Photo

New sounds and new looks as KNWD gets a new makeover

Micah Pickering
Sauce Contributor

NSU's student-run radio station, KNWD 91.7 FM, has undergone quite a few changes since last semester. With new renovations, updated equipment and exciting new programming, KNWD aims to become a more accessible resource to the NSU campus and students.

KNWD is working to build on its old features while introducing new and innovative services. Building off of the success of last year's DemonFest, KNWD General Manager Daniel Thiels has decided to bring monthly concerts to NSU to lead up to next year's DemonFest in March.

The first of these was held at the field by Iberville Hall during Labor Day weekend and featured performances by John Carley, Beausky and Joe Nadeau. With its newly updated studio, KNWD has developed a way to stream its signal online with high-quality digital audio.

The station can now stream anything that plays over the airwaves online at www.myradiostream.com.

com/knwdradio or on any mobile device through ShoutCast. With the addition of new remote broadcasting technology, KNWD is excited to announce it will be doing live coverage of all home football games.

This new feature will give staff members a unique chance to gain worthwhile experience in broadcasting.

"This will allow KNWD to cover many events around campus with high quality audio, and will make for a more exciting experience for listeners," Thiels said.

KNWD's physical makeover includes an improved soundboard, a redesigned digital recording studio, wall-mounted speakers on the outside area and brand new flooring among other improvements.

"We are trying to make KNWD a more professional radio station and a more accessible resource for students on campus," Thiels said. "The new and improved station may even be a selling point for those that are considering NSU in the future. Without the support of the students, we couldn't have made any of this possible."

Sorority houses seek new sisters

Sorority Recruitment attracts future Greeks, brings sisters closer together

Olivia Martzell
Sauce Reporter

Northwestern State University's Panhellenic Sorority Recruitment kicked off Friday, Aug. 30. Sigma Sigma Sigma, Phi Mu and Alpha Omicron Pi participated in the weekend long event where collegiate women had the opportunity to tour sorority houses and meet members of each chapter.

Over 100 collegiate women participated in sorority recruitment, giving this year the biggest turnout seen on Northwestern's campus. Each sorority prepares for the much anticipated weekend long before the event takes place.

Hard work, determination and sisterhood help each chapter get ready to welcome potential new members. Phi Mu Fraternity began planning for Panhellenic Sorority Recruitment in May.

"We have three workshops over the summer that chapter members attend so they can practice

recruitment-like scenarios," recruitment director Ashley Lewis said. "I try to stress to have patience, not become overwhelmed and to look towards our goal of getting new sisters."

By keeping a level mind amongst her sisters, Lewis believes Phi Mu has become more unified as all the members came together.

The sisters of Alpha Omicron Pi simplified the chaos that comes with recruitment by starting workshops in the spring semester for chapter attendance.

"We break down the process by practicing conversations and how explain our chapter's history without spitting out facts," recruitment chair Courtney Matthews said. "The girls had positive attitudes and passion the entire time."

Hoping to improve the Kappa Chi chapter, Matthews made recruitment more into a sisterhood than a requirement.

With a new recruitment director hoping to make recruitment a fun experi-



Freshman Katelyn Millet (front) talks to Phi Mu member Brandi Vincent (back) during Sorority Recruitment.

ence, Alaina Davis helped Sigma Sigma Sigma grow closer with her enthusiastic attitude and new ideas on how to recruit new members. Once a month before the fall semester, chapter members were practicing for recruitment.

"I really felt like our chapter bonded better than ever," Sigma Sigma Sigma member Alisha Munds said. "Alaina made each day interactive, so every sister felt included."

Opting out of formal recruitment this fall, Alpha Sigma Alpha participated in open recruitment. This process is not as fast paced as formal recruitment and occurs throughout the semester.

"It's a more lax way of meeting the ladies of Alpha Sigma Alpha," recruitment chair Christina Matrine said. "However, we do have a certain process for continuous recruitment. We meet three times over summer

and organize our events."

While the sororities were busy planning the recruitment events, those who participated in recruitment enjoyed meeting Greek women and experiencing the process.

"It was a lot of fun getting to know the girls and seeing what the different houses are about," junior Marie Blanco said.

Despite being an upperclassman, Blanco said she was just as nervous as the freshmen women.

"People think that being an upperclassman is easier, but it's really not," Blanco said.

By the end of recruitment, NSU's Panhellenic Sorority Recruitment gave women the opportunity to find a perfect sisterhood from four different sororities and make new friends.

The memories made by participants will last lifetimes, as will the bonds that will be shared with their new sisters.

Freshman spotlight: Morgan Wheeler

Past trends inspire present looks

Regine Lyons
Sauce Reporter

"In order to be irreplaceable one must always be different," Coco Chanel once said.

Many trends have passed, but style is timeless. Freshman and Vet Tech major Morgan Wheeler describes her style as classic with neutral tones but adds touches to color with petite accessories to not take away from the outfit itself.

Her favorite stores are Forever 21, PacSun, Rue 21 and Macy's because they fit the style she tries to portray. Wheeler believes you should always have the essentials whether it's shirts or tanks.

"Black, nude and white are the basics. You never know when they will come in handy and they go with anything," Wheeler said.

Celebrities also influence how many dress. While in the spotlight they wear clothes to show off their uniqueness and usually make new trends. Wheeler said she doesn't have a celebrity that influences her style.

"If I did, I would probably say Emma Stone and Jennifer Lawrence be-



Photo by Tray Cooper
Morgan Wheeler sports her neutral look.

cause of their simplicity in their outfit of choice," Wheeler said.

People often try to go for the simple, elegant look, but other looks are also popular this summer. We saw crop tops, high waisted shorts and bright neon colored items make a comeback from the 90s.

Wheeler's favorite summer item is the crop top because it's easy to find items to wear with it, but she doesn't care for high waisted shorts.

We see so many trends come back from previous decades like the 90's. Wheeler predicts fashion from the 20's will eventually make a comeback.

Today's fashion is inspired by past ideas that combine to make new trends people will want to be a part of.

Jarred Roberts

Deals are always vital to a student, and with two new video game consoles releasing this year students need to know how to game more for less.

With Sony's Playstation 4, \$399, being \$100 less than Microsoft's Xbox One, \$499, the difference seems obvious; however, the initial console purchase is not the only factor. Any gamer knows this is an investment, and the real cost come from games, online subscriptions and accessories.

Games, the reason to purchase the console in the first place, will remain at their current price of \$59.99 for both new consoles. Each console's exclusive games will make a difference, but when it comes to the price of full retail games nothing will change.

Fans of cheaper, smaller, independent games (indie games) may want to side with Sony. Though Xbox One will have Minecraft, easily the most successful indie game on any console, Sony is pushing for more, quality indie titles and

with their online subscription service these indie games will be practically handed to you.

Playstation Plus (PS+), Sony's online subscription service, is a great way to get games. According to the Playstation official website, PS+ includes 12 games a month for your Playstation 3 or Playstation 4 and discounts of up to 75 percent on the Playstation online store. The Playstation 3 does not require this subscription to play online with or against others, but this policy will change for the Playstation 4. At \$49.99 a

year, less than the price of a single game, you get 12 additional games a month, both indie and full retail games. Regularly these free games are recent releases from the past year or two, so you will not be forced to be playing old and forgotten games.

Xbox 360 and Xbox One use Xbox Live Gold as their online subscription service. The service has been more reliable in the past and this can be attributed to it always being a required subscription for online play. Microsoft recently announced its own plans to, like PS+, digi-

tally distribute free games to subscription holders. According to the official Xbox website Gold members may download two free Xbox 360 games a month “for the rest of the year.” There is no confirmation whether this will continue next year or will be available for Xbox One. At \$59.99 a year. This is \$10 more with 10 less games a month. From a value standpoint it is difficult not to give the nod to the Playstation for their online subscription service.

Finally accessories, this is normally not a rel-

evant section but there are some changes with the next generation of consoles. Xbox One will ship with Kinect, a camera and mic peripheral that allows your body to be a controller. Kinect also function as your mic for online communications, and Xbox One will not ship with a headset like the Xbox 360 does.

Microsoft's Xbox Support twitter said they are creating an adapter so Xbox 360 wired headsets will work for Xbox One. There is no price or release date for this product, but the fact that it isn't free

means that it should only be bought if you have an expensive headset for Xbox 360.

The Playstation 4 will ship with a headset, but will not ship with the Playstation 4 Camera. Sony admitted the camera was intended to be shipped with the system but was removed so Sony could undercut the Xbox One's price. The camera is \$59.99 and nowhere near as versatile as Kinect. This could be the one area where Microsoft's higher price could be deemed worth it.

If you want qual-

ity gaming for as cheap as possible then the PlayStation 4 seems the way to go, \$100 less with a cheaper online subscription that hands out more games and the console comes with a headset. If Kinect is enticing to you then the extra cash could be warranted for your enjoyment.

Either way, indie titles and subscription services will be great ways to game on the cheap. Start saving for those initial investments as Xbox One and Playstation 4 will be available for purchase this November.

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It has been, and will continue to be, the policy of Northwestern State University to be an equal opportunity employer. All employment decisions are based on job related standards and must comply with the principles of equal employment opportunity.

In keeping with this policy, the University will continue to recruit, hire, train, and promote into all job levels the most qualified persons without regard to race, color, gender, religion, sexual orientation, national origin, disability, genetic information, age, veteran status or retirement status. All personnel actions, such as compensation, benefits, transfers, layoffs, training, and education are administered without regard to race, color, gender, religion, sexual orientation, national origin, disability, genetic information, age, veteran status or retirement status.

The University is committed to equal opportunity for student success by providing access to educational programs, tuition assistance, and social and recreational activities for all students without regard to race, color, gender, religion, sexual orientation, national origin, disability, genetic information, age, veteran status or retirement status.

Additionally, the University provides equal access to the Boy Scouts of America and other designated youth groups.

Student complaints or inquiries related to Title IX should be directed to the Dean of Students, Frances Conine (318-357-5286), located in room #309 of the Friedman Student Union. Employee Title IX issues should be directed to the EEO Officer, Veronica M. Biscoe (318-357-6359), located in Roy Hall, room #207.

In accordance with Section 35.106 of the Americans with Disabilities Act (ADA), all participants, applicants, organizations, and interested individuals are advised and notified that the ADA Coordinator for Northwestern State University is the Vice-President for University Affairs, Dr. Marcus Jones (318-357-5701 or 6586), located at 104 Central Avenue. For academic services, contact the Director of Disability Support and Tutoring, Catherine Fauchaux (318-357-4460), located in room #234 of the Friedman Student Union.

We need writers!

Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are **Monday at 5:30 p.m.** We hope to hear from you!

- Current Sauce staff

To all Northwestern State University students:

We would like to take this opportunity to welcome you to Northwestern State University for the fall 2013 semester! Northwestern State is excited to announce the availability of several new online services that are targeted to improve access to information for the entire university community. These improved services will benefit you as a student, and we have provided a quick synopsis of each service and its related benefits.

1. **User Accounts - Beginning with this fall semester, all students will receive a new user account name and password.** The purpose for this conversion is to provide a true single sign on (SSO) environment for all online services. The new username format will be derived from the following convention:
first initial + up to 13 characters of last name + last 6 digits of Campus Wide ID (CWID)
Example: vdemon456789 - Victor Demon with CWID 123456789
Usernames can be retrieved via: <https://my.nsula.edu> and click on Forgot Username
Your initial password will be Demons + six digit date of birth Example: Demons120184. During your first login to myNSU, you will be asked to answer five (5) security questions and set a new password. You will need to remember your security question answers in order to reset a forgotten password. Students will use this new form of identification to access all online services such as myNSU, Moodle, Microsoft Office 365 (email), the wireless network, computer labs, and library databases.
2. **myNSU** - This updated portal will provide access to all personal, financial, and academic information. The portal will also provide clickthrough access to online services such as Moodle, Microsoft Office 365 (email), and NSUConnect. <https://my.nsula.edu>
3. **Moodle** - Moodle, the University's Learning Management System (LMS), has been upgraded to version 2.5. This upgrade provides the following features:
 - support for file drag and drop
 - user alerts when attempting to navigate away without saving
 - integration with the myNSU portal
 - mobile compatibility
4. **Student Email** - The University has deployed Microsoft Office 365. This service will provide each student with a 25GB mailbox, 7GB of file storage on SkyDrive Pro and access to web versions of Word, PowerPoint, Excel and OneNote. Students will have the benefit of receiving email on the following supported mobile devices: Apple iOS, Google Android, and Windows Mobile. To set up email on your mobile device visit the student helpdesk website, <http://helpdesk.nsula.edu>, for more information call 318-357-6696 or email at sos@nsula.edu.
Academic Records- For assistance with academic records found in myNSU, please contact the Registrars' Office at 318-357-6171 or registrar@nsula.edu.

We look forward to assisting you, and we are excited to provide these new services.
Information Systems, Student Technology, and ECE

The views expressed in this publication do not necessarily reflect those of The Current Sauce or the university. All submissions may be edited for clarity and length. Guest columnists must be NSU students, but letters to the editor are welcome from anyone.

All submissions become property of The Current Sauce. Information about our letters policy can be found on our Web site at www.currentsauce.com

Demons skin Jaguars, 55-14

Chris Degeyter
Sports Editor

With 554 all purpose yards and seven touchdowns, Demon football was anything but horrible in a rout of the Southern Jaguars (0-2) Saturday evening, 55-14.

The Demons won their first two games to open 2-0 for the first time since 2007. First year head coach Jay Thomas is only the third coach in school history to win his first two games.

These two were also Junior quarterback Zach Adkins' first two games as a Demon. Adkins threw for 331 yards and three touchdowns. He completed 65% of his passes with no interceptions.

All of this was in only three quarters with the Demon victory secure enough to rest all of the starters for the fourth quarter.

Adkins threw his three touchdown passes within a 15-minute span to three different receivers. The first went to sophomore running back Daniel Taylor in the waning minutes

of the first quarter. The next Demon possession, Adkins threw a touchdown to sophomore cornerback Ed Eagan just four minutes into the second quarter. Finishing his scoring for the night, Adkins threw one more touchdown with five minutes left in the first half to senior receiver Louis Hollier.

The motto for the Demons in practice was "Win the week" and coach Thomas felt they definitely did win the week. He expressed pride in the team and the way they played.

"Our defense did a good job of keeping them bottled up early in the game, and our offense did a good job of taking advantage of the good field position," Thomas said, "We were very impressed with Southern's offense coming out of their opener at Houston, but we did a nice job of tackling tonight."

The Demon defense held the Jaguar offense to only 248 yards and allowed only 16 first downs. The Jaguars punted six times in the first half and



Head Coach Jay Thomas congratulates his center and tight end after a successful play. The Demons scored seven touchdowns in the game.

nine times in the game. The Demons also forced and recovered a Jaguar fumble.

Coach Thomas was especially impressed with the strong defensive performance, especially in

the first half. "Our defense looked like the old Purple Swarm tonight."

Next week is a big

change of pace for the Demons as they face their first Division 1-A opponent of the season.

The Demons head to Cincinnati, Ohio to meet the Cincinnati Bearcats (1-1) on Saturday, Sep-

tember 14th at 6:00 PM. in Nippert Stadium The Bearcats are coming off of a 45-17 loss to Illinois.

No doubt, just confidence

Michael Johnson
Staff Reporter

This past weekend, The Lady Demons Volleyball Team finished up their four game stretch at the North Texas Invitational in Denton, Texas. They won one match but dropped three. The Lady Demons now sit at 1-6 overall for the season.

The Lady Demons earned their first win of the season against Prairie View A&M, 3-0 (25-15, 25-18, 25-19). Sophomore Caiti O'Connell accounted for 11 kills and a block along with a .364 attack percentage to help seal the win.

The win came after a previous game against Texas State. The Lady Demons held their own against the Bobcats, but fell short 1-3 (25-18, 21-25, 18-25, 22-25).

Junior Emily Johnson had 11 assists and 12 digs, recording her second double-double of the season. Freshmen Ashley Elrod recorded 10 kills, nine digs, and two blocks. Junior Stacey DiFrancesco had nine kills. Junior Keelie Arneson strung together 17 attacks.

Following their win against Prairie View, the Lady Demons dropped two straight to end the



Photo by Gary Hardamon

Vanessa Coleman jumps for a block. The Lady Demons finished four games in Denton, Texas.

invitational. The Lady Demons met North Texas and Utah. They lost both games 0-3.

Even though The Lady Demons didn't win all four games, Co-Head Coach Hugh Hernesman still has confidence that the team will excel this season.

"I feel good about where our team is at," Coach Hernesman said, "I felt like we played teams

that are conference winner type teams."

"North Texas, Texas State, and Utah are teams that win regularly and are top RPI schools. I intentionally schedule these games to prepare us for the conference, which is our main goal. It is always a general goal to qualify for the tournament every year, even though we haven't made it a secret. I feel like we'll be one of

the top five or six teams in our conference."

Defense will be the main staple for the team this year as they move forward for the season.

"Our strength is our defense and the system we have," Hernesman said. "We need to improve on our side out and serve receive game and emphasize on passing and setting."

Coach Hernesman went

on to talk about their experienced veterans like Keelie Arneson and Katie O'Connell.

Supporting them is a nine-deep rotation of freshman and sophomores, which Hernesman says will keep the team balanced.

The Co-Head coach feels that there will be a major difference between the invitational last weekend and the next upcoming

invitational.

The Lady Demons will head to Waco, Texas for the North Baylor Classic this Friday, September 13th to take on the Baylor Bears (2-5) and Colorado Buffaloes (5-1) at 12:30 and 4:30 pm.

Then they finish out their weekend in Waco with the Appalachian State Mountaineers (6-1) on Saturday the 14th at 3:00 pm.

Football around the Southland

Southeastern Louisiana Lions - 17

24 TCU Horned Frogs - 38

Sam Houston Bearkats - 28

7 Texas A&M Aggies - 65

Lamar Cardinals - 14

Louisiana Tech Bulldogs - 27

Stephen F. Austin Lumberjacks - 13

Texas Tech Red Raiders - 61

Nicholls State Colonels - 27

West Michigan Broncos - 23

Central Arkansas Bears - 24

Colorado Buffaloes - 38

Arkansas-Pine Bluff Golden Lions - 14

McNeese State Cowboys - 58

Southland Conferene teams in **Bold**



NFL STANDINGS

NFC North

Detroit Lions 1-0
Chicago Bears 1-0
Green Bay Packers 0-1
Minnesota Vikings 0-1

NFC South

New Orleans Saints 1-0
Tampa Bay Buccaneers 0-1
Carolina Panthers 0-1
Atlanta Falcons 0-1

NFC East

Dallas Cowboys 1-0
Philadelphia Eagles 1-0
Washington Redskins 0-1
New York Giants 0-1

NFC West

St. Louis Rams 1-0
San Francisco 49ers 1-0
Seattle Seahawks 1-0
Arizona Cardinals 0-1

AFC North

Cincinnati Bengals 0-1
Cleveland Browns 0-1
Pittsburgh Steelers 0-1
Baltimore Ravens 0-1

AFC South

Tennessee Titans 1-0
Indianapolis Colts 1-0
Houston Texans 1-0
Jacksonville Jaguars 0-1

AFC East

New England Patriots 1-0
Miami Dolphins 1-0
New York Jets 1-0
Buffalo Bills 0-1

AFC West

Denver Broncos 1-0
Kansas City Chiefs 1-0
Oakland Raiders 0-1
San Diego Chargers 0-1



Awareness Week educates and entertains

Awareness Week Event Schedule

September 23

Cancer Sucks: pick up a sucker on campus and learn about cancer awareness

September 25

Chunk Your Change: toss your spare change to volunteers on the corner of Caspari

September 26

Headphone Dicso: Pick up a pair of headphones and listen to some phat beats in Iberville starting at 6 p.m.

Damian Glover
Staff Writer

With a new name, logo and executive board, the Student Activities Board St. Jude Supporter Organization has big fundraising plans to raise awareness of childhood cancer.

Ashley Sanson, freshman, is excited to get involved with Unite to Fight (UTF) and ready for the letting writing campaign this spring.

"When looking at universities, NSU stood out to me because of UTF. I have a little brother who once had to go to St. Jude, so I understand all that families go through and to have this kind of organization that raises awareness definitely draws me into the university," Sanson said.

Formerly Up Till Dawn (UTD), the fundraising campaign now goes under the name Unite to Fight. The name change came after officials from St. Jude made changes to the process of UTD.

One of UTF major events on campus is Awareness

Week. The organization hosts several events during the week providing fun, educational events to involve and inform students.

Chad Roberts, sophomore English education major, looks forward to this time of the year as well as the fundraising campaign in the spring.

"The Awareness Week as well as the letting writing campaign are to events that I get excited about because it gives me a chance to give back to my community even if I can't be there 100 %," Roberts said.

This year Awareness Week will take place from September 23 – 27.

The week kicks off with the traditional "Cancer Sucks" promotion held on September 23. Volunteers of UTF provide students with suckers with an informative sticker are attached. These stickers provide statistics about St. Jude and information for upcoming events.

The second event of the week, "Chunk your Change," will be held on September 25 from 9 am until 3 pm on the corner of Caspari where the new Student Services

building is located and Sam Sibley which is where the Friedman Student Union is located. Volunteers will be posted at the corner of the intersection accepting monetary donations from students, faculty and members of the community.

The third and final event of the week is Headphone Disco in Ibervillenon September 26 from 6 - 8 pm. This event is a first for the university and is provided for by the Student Activities Board's Service Learning Committee.

Students will be given a set of headphones at the roped of section of the cafeteria. They will be then given the option to flip between two DJ's who are playing different kinds of music.

As long as Service Learning Committee has sponsored UTF, it has been a tradition that the theme of the fundraising event be released on the final day of Awareness Week. This year is no different with the executive board, led by Jessica Viator, announcing the theme at Headphone Disco this year.



The students from the high school of Ciudad de Comfenalco

Exchange program brings talented Columbian student musicians to NSU

Emily Fontenot

Staff Writer

Freshman music major Juan Pablo arrived at NSU this week from his home in Paternina, Colombia.

"I was so excited," Juan said.

"It was my first time in college—my first time away from home. I felt alone at first, but when we began to meet new people it was great. I am really happy."

Juan is one of 11 students recruited by NSU from the high school of Ciudad de Comfenalco in Cartagena, Colombia, five of whom began this fall. Overseeing their transition is Vice President of Student Affairs Marcus Jones.

Jones took a group of NSU students in 2012 on a trip to Cartagena, Colombia, where Director of Creative and Performing Arts Bill Brent held auditions at the high school for potential music majors. They recruited 27 students from the high school who are trickling in as each group graduates. He is expecting 12 to 14 new students from there this spring.

Jones took five students from his senior-level business class to Cartagena, Colombia in November 2011 to complete their research on the US-Columbia Free Trade Agreement.

He returned with five students in 2012, recruiting music majors from the high school and establishing a strong relationship between NSU and the Universidad de Libre as well as the Universidad de Comfenalco. Eight NSU students will accompany Jones on a trip to Colombia this November to meet new students, and host recruiting workshops.

Three prominent visitors from Colombia arrived with the six new students earlier this week to discuss improvements for the exchange program—Dr. Mauricio Ricardo Ruiz, President of the Fundacion Universitaria Tecnologico Comfenalco, Vice President Dr. Blanca Juliet Rincon Carreno, and Dr. Ricardo Segovia Brid, president of a non-profit organization which oversees education in Comfenalco.

For more information on each of these opportunities contact the following NSU faculty.

NSU's specific exchange opportunities

Dr. Marcus Jone Creative and Performing Arts Center 102
marcusj@nsula.edu 318-357-570

NSE (National Student Exchange) and ISEP (International Student Exchange Program)

Dr. Keith Dromm Morrison Hall 205
drommk@nsula.edu 318-357-5179

Opportunities for NSU students

Jones is also encouraging NSU students to participate in the unique exchange opportunities available to them. In addition to recruiting high school students, NSU exchanges students with the Universidad de Comfenalco and the Universidad de Libre in Colombia as well as Pole University and Leonardo Davinci School of Business in France.

This program allows students who have paid for tuition and fees at their home university to attend a university abroad. Students have the opportunity to essentially swap places with no additional expense except for their travel and airfare.

NSU also participates in the International Student Exchange Program and the National Student Exchange Program. ISEP includes 300 schools in 50 countries. Students apply for placement to other universities who participate in ISEP. They pay for tuition and fees at NSU in addition to ISEP fees and travel costs for one to two semesters abroad.

Nearly 200 schools participate in NSE throughout the US, Canada, US Virgin Islands, Puerto Rico and Guam. Students spend one to two semesters abroad after paying tuition and fees in addition to travel expenses. ISEP has a \$390 application fee and NSE a \$150 application fee. Students can obtain applications for both of these programs from Keith Dromm and submit them to him.

Jones went to England as part of an exchange program while a student at NSU. "It was one of the best experiences of my life," Jones said. "I became a better well-rounded student—it literally changed my life. I don't think I would be where I am today if I had not gone."

He encourages all students to consider the benefits of this unique opportunity for the advancement of their education and the quality of their college experience.

New law prohibits smoking on campus starting next fall semester

Janell Parfait

Staff Writer

On June 10, 2013 Gov. Bobby Jindal signed a bill banning smoking on Louisiana public college campuses. These campuses include the Louisiana State University system, the Southern University system and the University of Louisiana system. Northwestern State University falls under the UL system.

The new law, Act 211, will "prohibit smoking on the grounds of...institutions managed and supervised by...the Board of Supervisors for the University of Louisiana system."

Act 211 took effect on Aug. 1 of this year; however, universities under the UL system are not forced to comply with the new policy until Aug. 1, 2014.

According to the Louisiana State Legislature, "smoking" is defined as the burning, exhalation and even the possession of lit cigarettes, cigars, cigarillos, tobacco pipes and "any other lighted combustible plant material."

Despite the new statewide legislation, smoking still prevails on NSU grounds. From Kyser Hall to the Creative and Performing Arts building, cigarette butts litter the steps as designated smoking areas remain abandoned.

"The cigarette butts and smoke [around Kyser Hall] are pretty unsightly," a senior who wished to remain anonymous said.

Brittany Farris, a freshman nursing major with asthma, must tread through the cloud of smoke on the steps of Kyser Hall to get to class. "[Passing by the smoke] I can't catch my breath as easily and I'm already in a hurry," she said. "Even though you're 25 feet from a building, that only puts you closer to another building."

"I've seen faculty smoking by Kyser, and I've seen police officers walk past them and not do anything about it," Austin McCann, a senior business major, said.

NSU campus detective Douglas Prescott admitted, "no citations have been written [about smoking near any building]."

"Not that we won't issue citations, we just haven't issued any," Prescott continued. "I'm not sure there's anything within our policy that says to fine and arrest people for smoking."

According to Americans for Nonsmokers' Rights, all Louisiana workplaces and restaurants became entirely smoke-free on Jan. 1, 2007. In the spring semester of 2010, NSU's Student Government Association enacted the policy prohibiting smoking within 25 feet of a building.

"You should at least respect the rules," senior Laura Johnson said.

Johnson prefers smoking on the courtyard between Morrison Hall, Fournet Hall and the Family and Consumer Sciences Building because of the distance. However, Johnson does not think the new legislation will make smokers quit.

"This will just make them find other places to smoke, just how a dry campus doesn't stop anyone from drinking," she said.

"[Louisiana legislation] already implemented all these rules, so I don't see why they should change," senior Kristen Richardson said.

Sophomore English major Kirk Bailey thinks the new legislation "infringes on personal liberties," yet he thinks that as a law, Act 211 should be followed.

"The fact of the matter is, it's a ridiculous law," he said.

Bailey added that because most NSU students are over 18 years old, smokers are "doing something perfectly legal for their age."

"It would be different if this were [the Louisiana School for Math, Science, and Art]," Bailey continued.

Another student who wished to remain anonymous smokes on the steps of Kyser Hall at least three times a day. "You can choose where to walk just like I can choose where to smoke," they said.

The student complained the designated smoking areas around campus are too far for anyone to bother walking. If there were more obvious designated areas, they said, smokers would not have to resort to smoking too close to Kyser Hall.

"A compromise would be a more diplomatic way to handle this whole smoking issue," they said.

McCann said Act 211 will be difficult to enforce on NSU's campus, especially for the active smokers who live on campus and have no transportation.

Farris thinks because smoking will be almost impossible to eradicate on campus, she would rather "have smoking areas off the beaten path, so you'll know where [the smoke is] and you can avoid it."



The steps of Kyser are littered with cigarette butts that fall well within the 25 ft. limit.

Staff Photo

NSU Gallery Displays New Art



Photos by Kara Scouten

Hanchey Gallery features work by students and faculty like Jeremy Jones’ “The Amalgamation: A Landscape Perceived” (left) and Leslie Gruesbeck’s Gero: to Carrie (right).

Exhibition in Hanchey Gallery showcases student and faculty work

Emily Carter
Sauce Reporter

Northwestern State University’s art program is alive and well as the Orville J. Hanchey Gallery showcases the work of graduate student Jeremy Jones and university faculty.

Jones’ Graduate Exhibition is being shown in room 200G in the Creative and Performing Arts building. According to the News Bureau, the show is entitled “The Amalgamation: A Landscape Perceived” and consists of five pieces of original artwork.

Jones said his art largely consists of landscape both sentimental and reflective of scenery in Northwest Louisiana.

“The subject matter is usually selected and manipulated to make allusions to the human condition, humans coexistence with their natural environment, and to express my own personal experiences, feelings and ideas,” Jones said.

He also has two pieces of work in the Art Faculty Exhibition entitled Contorted Tree and Such Great Heights. Gallery Coordinator Leslie Gruesbeck also has art in the faculty exhibition. Her piece Gero: to Carrie used pine straw and linen typical of her crafts. She felt the medium would add an element of mystery to her art.

The development of the idea was a personal process aided by her reading material. Gruesbeck’s piece was inspired by her inability to help a friend in need while conducting research on the lively manner of art as it

functioned in the Byzantine world.

Gruesbeck tried to figure out how her friend’s troubles could go away. From this the idea of a womb shape came to mind.

It became a way for her friend Carrie to spiritually go back to the womb and have it bear all of her burdens. Gruesbeck is currently working on a few more projects including more baskets, a quilted project, and a weaving.

Gero: to Carrie is selling for \$1200. Jeremy Jones’ pieces Contorted Tree and Such Great Heights are selling for \$300 and \$250, respectively. The viewing hours for the exhibitions are from 8 a.m. until 4:30 p.m. and they end on Sept. 20.

Busting Outdated Fashion Myths

Wear what you want despite what the fashion gods might say

Regine Lyons
Fashion Columnist



Fashion myths decide what one should wear and not wear. No matter what, we listen to them because that’s what the fashion gods say. We’ll see if the top five fashion myths are true or just fictitious rules.

Let’s first tackle the biggest known myth: don’t wearing white after Labor Day. People falsely believe that you cannot wear white year round. White is the new black and, no matter the season, it will never be out of style.

The second myth: horizontal stripes make you look heavier. We have all heard this before, especially if someone’s “curvy”.

Vertical stripes are supposedly the way to go since they make you appear skinner. Like any patterns, though, it will draw attention to the areas covered by them. By wearing an accessory or jacket it can draw attention away from that area, reducing the effect it

would have.

The third myth: never wear gold and silver jewelry together. Gold and silver are the top two metallic jewelry colors.

Though not normally seen together, it has become a new trend to combine the two. Many designers are picking up this trend because they are both vintage colors that complement each other.

The fourth myth: don’t wear long dresses if you’re short. Some believe if you’re short you cannot wear long dresses because they can make you look shorter.

If you find dresses that have long patterns they should actually make you look taller. Also, wearing wedges and standing up straight can add extra height.

The final myth: don’t wear heels if you’re tall. Tall people slouch naturally, especially if they aren’t comfortable with their height.

Heels make your legs look great no matter your height, so if you’re comfortable with how tall you are, then wear the heels you like.

In the end, wear what you want and don’t let those fashions myths dictate how you dress in the modern day.



Photo by Travon Cooper

Guest speaker presents “College Life: Live it! Love it! Celebrate it!”

5 tips every student should know from Stress Coach and Hypnotist Trainer Hajii Otto

Tip #1: Total awareness	Tip #2: You will make it.	Tip #3: Know where you are and where you plan to go.	Tip #4: Stay active and healthy.	Tip #5: Chill out steps:
-Know why you’re in college -Don’t try and please everybody -Sometimes you just have to say no -Learn how to do fun stuff AND make the grade -Be assertive. Know exactly what you want to do.	- Have the mentality that you will always make it through -Take advantage of your campus counseling -There is always a way out -Command control of your situation -Never feel out of control.	-Declare your destination. -Follow your values and principals . -Have at least 3 choices of what you want to do with your life -Remember, in college you may have detours.	-Take naps -Clean -Take multivitamins -Eat at least three times a day -Consume seven bottles of water a day	1. Stop 2. Breathe 3. Relax 4. Smile
Information collected by Sauce Reporter Summer Evers.				

Performing Arts freshmen light up the stage at New Faces



Photo by Kara Scouten

Olivia Martzell
Sauce Reporter

Northwestern State University’s Theatre and Dance presented New Faces Monday, Sept. 13 at A.A. Fredricks Auditorium. The annual event is held to introduce the incoming class of freshmen and transfer students to their peers, the department and NSU.

This year, 40 students sang, danced or recited a monologue according to their concentration in the Creative and Performing Arts department. Producer Dr. Vicki Parrish and her student directors David Brumfield, Sarah Roberts, Claire Cook, Tori Cormier, Gregory Spencer and Will Sawyer helped prepare and coach the students as they dazzled the audience in their first NSU performance.



Photo by Kara Scouten
Anna Rees



Photo by Kara Scouten
Miranda Beck-Bird

Calendar of Events

September

20-21: Natchitoches Meat Pie Festival, Live Entertainment, 5 - 11 p.m., Sat., 7 a.m. - 10 p.m.
21: Demon Cup Volleyball Tournament
23: Awareness Week- Cancer Sucks
25: Awareness Week – Chunk your Change
26: Wipe out Party – 3:00 p.m.-6:00 p.p.
26: UTF @ Iberville
25: NSU presents: Guest Artist: Jeremy Baguyos, Double Bass, 7:30 p.m.
28: Family Day
29: NSU presents: Guest Artist: Silver Keys Trio, 7:30 p.m.
30: NSU Faculty Recital: Malena McLaren, Clarinet, 7:30 p.m.

October

1: Kickball tournament
2-4: NSU Theatre presents: “39 STEPS” Starts, TW, 7:30 - 11 p.m.
3: Natchitoches/Northwestern Symphony Orchestra, 7:30 p.m.
7-8: Fall Break
7-11/22: NSU Art presents: Annual Alumni Art Exhibition, 8 a.m.-4:30 p.m.
14: Homecoming Week Starts
14: Flag Football Season Starts
15: Greek Live Bonfire 8:00-9:00 PM
16: NSU Dance Company, LA Sports Hall of Fame, 7 p.m.
16: NSU Jazz Band Concert, MRH, 7:30 p.m.
17: Lipsync
17: Honduras’ International Music Group, 7:30 p.m.
18: Homecoming Parade
18: NSU Faculty Recital: Leah Forsyth, Oboe, 5:30 p.m.
21: NSU Theatre presents: Celebration of Song, 5 p.m.
22: Wallaball Tournament begins
22: NSU Chamber Choir Fall Concert, 7:30 p.m.
26: NSU Marching Contest, Stadium
28: Greek Life Pumpkin Painting Contest
29 Haunted House 7:00am-10:00am
30 Run for a Life – Zombie Run
31 Halloween Carnival

reloading

Kristen Hadley

he used to taste like sweat and salt and cigarettes but now it's only dirt and gunpowder in his mouth and teeth and it rages beneath his skin like an animal – the fear that what was over there (he always calls it 'over there') is here and i can taste it on his tongue, sour like vomit and tobacco, and i can feel it in the twitch of his finger aching for a trigger and – i can't hear it the way he does, the way it rings in his ears and his chest and how it sends a shock through him and he's in the bathroom telling me that it's all fine, it's all okay and maybe it is but maybe it isn't okay, and i wonder more and more if when he came back from the bombs and the blood they came with him and maybe what he left were pieces of himself in the sand

"Reloading" is the second place winner in poetry for the 2013 Argus, NSU's official literary magazine. Students can submit fiction, poetry, creative non-fiction or art at argusnsu.submittable.com.



What were your best and worst experiences during the first week of school?



"The best part of my week would probably be meeting everybody that I'm going to be with for the next four years which is awesome because they're going to become like my family, basically. The worst thing would be having a lot of my teachers doing the whole, "stand up and introduce yourself" thing. And I'm such an awkward person. My face got as red as my hair, and I kind of stuttered. So I think people think that I have a stuttering problem now. But yeah that sucked."

Mercedes Mattes
FRESHMAN



"The worst thing that happened to me this week was, the first day of school, not even the first hour in, I lost my school ID. I don't know where the hell it's at. Then I went to the student Union and the girl who was running the ID's I knew, so I didn't have to pay for my ID. So I got a free ID. So that's good and bad. The good thing was I had NO marching band practice on Friday, so I can finally hang out with my girlfriend, we'll play tennis."

Jorge Alarcon
SOPHOMORE



"The best moment would be meeting my music theory professor because he's like super awesome and I feel like I can learn a lot. My worst moment would probably be tripping and running into a wall coming into my class. It was great."

Kaitlyn Connors
FRESHMAN

The Dumbed Down Version

Daniel Jones

I had a completely different version of this article for you guys. I was told, correctly so, that it was not digestible. I was told you would not be interested and such a dense piece on the failings of our media system. That it was "boring," and sure, it was.

But that's the problem. Isn't it? We, the American people, shouldn't think too hard. We shouldn't try to make our information complex, because the American people can't handle it. That's the idea we run on.

I always come back to a line from Aaron Sorkin's The Newsroom, where two of the show's main characters are discussing the format for a new type of news program. The decision to go forward requires a decision, a kind of philosophy that the producers of "News Night 2.0"

would carry in their hearts:

"Are the American people preternaturally stupid?"

I don't think we are, but I think we are scared. We are, aren't we? We are scared of long sentences, deep thoughts and of anything that the average American won't be able to comprehend. We are terrified of some kind of elitism.

It is no wonder that so much of our media information is toned down. It is no wonder that instead of hearing some good perspectives with which to view the rise of China or the proliferation of chemical weapons, we get entertained. This is a general statement. There are some damn smart people out there working hard to put out honest, coherent information.

But that just makes me all the more mad. We have people with a dedication to truth and rationality, but we don't want to be bummed out

right?

We would rather be entertained than informed, but not overtly. We don't want to feel stupid either. We just don't always want to work for it.

I can get that. I can get that we are busy. It is really hard to go to school, pay rent and keep everything together. There isn't always time to read or watch the news, and when there is who has the time to fact check?

We take what we can get from the media, and hope for the best. Which makes it infuriating when we are not taken seriously. I hate when someone screws with me. I think that you should be pissed when someone takes you, or your right to the facts and truth, lightly too.

I think that my weariness is shared with comedian and news pundit, Jon Stewart. I was recently pointed to a video clip from an inter-

view Stewart had on a TV show called "Crossfire." This was back in 2004, but relevant all the same. It is easily found on Youtube by searching "Jon Stewart on Crossfire." Watch it if you get a chance.

Stewart looks tired. He looks really tired. He looks like how I feel; he knows going in that the two show hosts are not going to take him seriously. He tells them that they have an obligation to the people to get some real questions out of politicians, and they just won't do it.

Stewart knows they won't. Because they are not funded by taxpayers. Their obligation isn't to you, nor to me. It is to the investors. And you know, that's fine. That's business. But you can see it right? The danger of putting the quality of information below a responsibility to bring in viewers.

Entertainment sells better than fact. It's for

Northwest State University Policy

It has been, and will continue to be, the policy of Northwestern State University to be an equal opportunity employer. All employment decisions are based on job related standards and must comply with the principles of equal employment opportunity.

In keeping with this policy, the University will continue to recruit, hire, train, and promote into all job levels the most qualified persons without regard to race, color, gender, religion, sexual orientation, national origin, disability, genetic information, age, veteran status or retirement status. All personnel actions, such as compensation, benefits, transfers, layoffs, training, and education are administered without regard to race, color, gender, religion, sexual orientation, national origin, disability, genetic information, age, veteran status or retirement status.

The University is committed to equal opportunity for student success by providing access to educational programs, tuition assistance, and social and recreational activities for all students without regard to race, color, gender, religion, sexual orientation, national origin, disability, genetic information, age, veteran status or retirement status.

Additionally, the University provides equal access to the Boy Scouts of America and other designated youth groups.

Student complaints or inquiries related to Title IX should be directed to the Dean of Students, Frances Conine (318-357-5286), located in room #309 of the Friedman Student Union. Employee Title IX issues should be directed to the EEO Officer, Veronica M. Biscoe (318-357-6359), located in Roy Hall, room #207.

In accordance with Section 35.106 of the Americans with Disabilities Act (ADA), all participants, applicants, organizations, and interested individuals are advised and notified that the ADA Coordinator for Northwestern State University is the Vice-President for University Affairs, Dr. Marcus Jones (318-357-5701 or 6586), located at 104 Central Avenue. For academic services, contact the Director of Disability Support and Tutoring, Catherine Fauchaux (318-357-4460), located in room #234 of the Friedman Student Union.

To all Northwestern State University students

We would like to take this opportunity to welcome you to Northwestern State University for the fall 2013 semester! Northwestern State is excited to announce the availability of several new online services that are targeted to improve access to information for the entire university community. These improved services will benefit you as a student, and we have provided a quick synopsis of each service and its related benefits.

1. User Accounts – Beginning with this fall semester, all students will receive a new user account name and password. The purpose for this conversion is to provide a true single sign on (SSO) environment for all online services. The new username format will be derived from the following convention: first initial + up to 13 characters of last name + last 6 digits of Campus Wide ID (CWID)

Example: vdemon456789 - Victor Demon with CWID 123456789

Usernames can be retrieved via: <https://my.nsula.edu> and click on Forgot Username

Your initial password will be Demons + six digit date of birth Example: Demons120184. During your first login to myNSU, you will be asked to answer five (5) security questions and set a new password. You will need to remember your security question answers in order to reset a forgotten password. Students will use this new form of identification to access all online services such as myNSU, Moodle, Microsoft Office 365 (email), the wireless network, computer labs, and library databases.

2. myNSU – This updated portal will provide access to all personal, financial, and academic information. The portal will also provide click through access to online services such as Moodle, Microsoft Office 365 (email), and NSUConnect. <https://my.nsula.edu>

3. Moodle – Moodle, the University's Learning Management System (LMS), has been upgraded to version 2.5. This upgrade provides the following features: support for file drag and drop

- user alerts when attempting to navigate away without saving
- integration with the myNSU portal
- mobile compatibility

4. Student Email – The University has deployed Microsoft Office 365. This service will provide each student with a 25GB mailbox, 7GB of file storage on SkyDrive Pro and access to web versions of Word, PowerPoint, Excel and OneNote. Students will have the benefit of receiving email on the following supported mobile devices: Apple iOS, Google Android, and Windows Mobile. To set up email on your mobile device visit the student helpdesk website, <http://helpdesk.nsula.edu>, for more information call 318-357-6696 or email at sos@nsula.edu.

Academic Records– For assistance with academic records found in myNSU, please contact the Registrars' Office at 318-357-6171 or registrar@nsula.edu.

We look forward to assisting you, and we are excited to provide these new services. Information Systems, Student Technology, and ECE

THE CURRENT SAUCE STAFF

The *Current Sauce* is published weekly by the staff at Northwestern State University. We can be reached at XXXX, 352-SSSSS or check out our website www.nsucurrentsauce.com

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Ashley Sherrard

We need writers!
Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are **Monday at 5:30 p.m.** We hope to hear from you!

Lady Demons come from behind victory



The Lady Demons recover and come back 3-1 in Tuesday night's game against Southern Miss

Photo by Gary Hardamon

Sports Information

The Northwestern State volleyball team overturned a six-point deficit in the fourth set of to aid in Tuesday night's 3-1 (25-16, 25-21, 17-25, 25-22) victory over visiting Southern Mississippi at Prather Coliseum.

The Lady Demons improve to 3-8 on the season as USM falls to 9-5.

"I felt that we controlled the first two sets pretty well – we ran the ball and a lot of the things we have been good at all season were represented in those two sets," said fourth year co-head coach Hugh Hernesman. "Southern Mississippi made some really nice adjustments heading into the third set and they competed really hard, but we were able to overturn that and take momentum at the timeout."

In the fourth set, the Golden Eagles went on two, three-point runs to take a 13-9 lead over NSU, but the Lady Demons battled back to tie the game at 18 and put up their own three-point run to take advantage of the score. Both teams traded points until Northwestern State pulled away with the win.

NSU controlled sets one and two, including a 5-0 run early in the first to take a 6-1 lead and maintain con-

trol for the remainder of the game. Set two posed two lead-changes with the Lady Demons going on a set-high three point run to claim the lead heading into the break.

Outside hitter Quincy Hayward put up 12 big kills for the Golden Eagles to aid in their domination of set three, keeping the Lady Demons at an arm's length throughout its entirety, including a 6-0 run mid-way through to take a 15-7 lead.

Freshman Ashley Elrod registered her third double-double of the season, and her second in a row, with 16 kills and 11 digs while Keelie Arneson and Emily Johnson put up season-highs of 28 digs and 27 assists, respectively, to aid in the Lady Demons' triumph.

"Keelie had a great match and we might be getting a bit spoiled from her performances," said Hernesman. "We had a really good offensive performance tonight since Emily and Natalie established the middle attack to allow the middles to put up high numbers."

Stacy DiFrancesco and Caiti O'Connell both contributed nine kills.

The Lady Demons host Southeastern on Thursday at seven o'clock and New Orleans on Saturday at 2:00 to kick-off Southland Conference play. Both matches will be held at Prather Coliseum.



The Demons are set to play Auburn this weekend after fierce struggle in Cincinnati last weekend.

Photo by Gary Hardamon

Demons press on to UAB after upset in Cincinnati

Sports Information

The Northwestern State football team tries to rebound from a loss for the first time under new coach Jay Thomas, but a visit to take on the University of Alabama at Birmingham isn't what the doctor ordered.

The Demons (2-1) will play their second straight game against a Football Bowl Subdivision foe after absorbing a 66-9 whipping at powerful Cincinnati last Saturday. Kickoff against UAB (0-2) is 2 o'clock at storied Legion Field in Birmingham. NSU wraps up its non-conference schedule at home the following Saturday, Sept. 28, with a 6 p.m. game against lower-division Langston.

The NSU-UAB game can be heard on the Demon Sports Network, flagshipped by 100.7 FM KZBL in Natchitoches and including 710 AM KEEL in Shreveport, 105.5 KBKK in Alexandria and 92.7 KBDV FM in Leesville. There is no television coverage of the game.

The UAB Blazers enjoyed an open date last weekend, shaking off the sting of two opening losses. They fell at in-state rival Troy 34-31 in overtime, after blowing a 31-14 lead, in their season opener, then were trashed 56-17 at LSU in week two.

But Coach Thomas said the Demons aren't sleeping on the Blazers.

"I didn't want to see what I saw on the tape watching them. They are a lot like Cincinnati," he said. "There are talented players and they are a physical team. One

advantage we have this week is we've now seen the speed of the game at that level, and we have first-hand understanding of the size of the challenges at each position, play after play.

"It's no easy task and that's fine. We are working hard this week to ensure we make a better accounting of ourselves walking off that field Saturday. We learned a lot at Cincinnati, and now the key is to apply what we learned and be better this time than we were last time."

The Demons must contain Blazers star receiver and returner Jamarcus Nelson, who is third in the FBS in all-purpose yards per game (210 avg.) and fifth in kickoff return average (35.4), and running back Darrin Reaves, a first-team All-CUSA pick last year.

Meanwhile NSU hopes to rekindle an offense that was stymied by powerful Cincinnati last week (netting only 12 first downs and 179 total yards) after averaging 27.5 first downs and 479.5 yards per game in two opening wins.

The Demons are paced by receivers Ed Eagan and Bryant Mitchell, each with 12 catches among 15 different players who have receptions. Quarterback Zach Adkins has completed 66 percent of his 91 passes for 643 yards and four touchdowns. Already, six different players have run for touchdowns as Rumeall Morris, coming off an 85-yard output at Cincinnati, and Rob Walker share the team rushing lead with 105 yards.

Linebacker Pat Black (25 tackles) and Tyler Roussel (24) are the top tacklers on the Purple Swarm defense.

Demon athletes honored at academic banquet

Tiandra Will
Staff Writer

The Demons dominated the 2012-2013 athletic season recording three Southland Conference Championship titles along with numerous individual titles, breaking multiple school records and adding five names to the NCAA list of track All-Americans. Likewise, the Demons took their athletic success and transferred it to the classrooms.

Our 339 Demons are the highest total of student athletes to make honors across the fall and spring semesters. As well, the programs graduation success rate of 75 percent ranks first among Louisiana state institutions.

"It is not easy to manage the demands [the athletes] face each day and we want not only their athletic achievements to be a spotlight, but we want their academic achievements to be in the forefront as well," Assistant Academic Coordinator Kelee Roddy said.



Submitted photo
Demon athletes are reward for maintaining a high GPA

To honor these student-athletes, the Demon Athletic Program hosted an annual academic banquet at the Landing restaurant on Tuesday Sept. 10. Those honored were athletes who achieved a 3.0 GPA in either of the previous fall or spring semester and donors who have established an endowed scholarship program.

The Landing provided dinner and afterward there was a small awards ceremony to recognize the male and female athletes who have achieved the highest GPA in their class during the previous year.

The last award given is the Trailblazer Award which recognizes a student-athlete that despite all odds and adversities carves a new path to academic success.

Due to academic strides of success the program received a \$30,000 grant from the NCAA to further enhance the services available to NSU student-athletes.

"This grant will allow us to present unimaginable opportunities to our student-athletes to strive for, but also achieve success; meanwhile, continuing to break their own academic records," Head Academic Coordinator Carrie Crowell said.

Student-Athletes honored at academic banquet

- Cort Brinson - Baseball, freshman, 4.0
- Natalya Krutova - Tennis, freshman, 4.0
- Daniela Simonova - Tennis, freshman 4.0
- Xavier Jefferson - Football, sophomore, 3.65
- Mackenie Neely - Volleyball, sophomore, 4.0
- Edwin Gomez - Baseball, junior, 3.5
- Cassidy Browning - Soccer, junior, 4.0
- Danielle Harding - Soccer, junior, 4.0

Trailblazer Award:

- Imoan Claiborne - Football, junior

Lady Demon soccer team gets ready for upcoming Southland conference games

Sports Information

After what could be considered a tough non-conference schedule, the Northwestern State soccer team will now turn its sights to Southland Conference play with two tough draws for the opening weekend.

The Lady Demons (2-5-0) will faceoff with the top two teams from a year ago against Lamar and Stephen F. Austin. Lamar (3-4-0) will travel to the Lady Demon Soccer Complex Friday night for a 7 p.m. matchup, and Sunday at 1 p.m. NSU will face SFA in Nacogdoches, Texas.

NSU played five matches from power conferences during the non-conference slate including Baylor who was ranked in the Top 10 nationally.

Two state rivals (Louisiana-Lafayette and Louisiana-Monroe) were included in a five-game road stint the Lady Demons faced.

"I think we're going in the right direction (going into conference season). We've had to deal with a lot of adversity this year had a couple of bad things go our way," said head coach George Van Linder. "I think what sums our non-conference season is that it was a disappointment, not a disaster."

"It's not where we wanted to be in terms of wins and losses, but in terms of being prepared we feel like we're going in the right direction," he said.

The Southland Conference has proven it's going to be tough task for the 2013 season. SFA handled no. 25 LSU, 4-0; McNeese played to a 0-0 draw with no. 7 Baylor and Nicholls State is out to its best start in school history.

"I've been really lucky because I was head coach at another Southland Conference school, and then went away and came back. I can see that the Southland soccer level has really risen," said Van Linder. "I think it is going to be really, really close again."

"I know it's a little bit of a cliché, but it will play out," he said. "It's going to be a battle, and no one should really think they're out of it until they truly are at the end. It's going to be a war, and we look forward to it."

Kimmy Albeno, who has 11 points on the season with five goals and one assist, leads Lamar. Jennifer Yacuta follows with nine points, and Jannet Hernandez has eight.

SFA (5-1-1) will face the Lady Demons just one week after beating no. 25 LSU by a 4-0 score. Zuri Prince leads the Ladyjacks with seven points.

Newcomers Brooke Eastburg and Johnna Sigvardsson lead Northwestern State offensively with four points each. Eastburg has two goals while Sigvardsson has one goal and two assists.

After Lamar, Northwestern State will have five home matches, all a part of a five-game home stand. Central Arkansas, Sam Houston, Abilene Christian, McNeese,

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07/13

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Past publications get digitized, archived



Photo by Kara Scouten
The Current Sauce's entire history is being scanned and archived with Potpourri and Alumni Columns.

Damian Glover
Sauce Reporter

In celebration of the 100th anniversary of the Current Sauce, the university will digitize issues of the newspaper from 1914 to present day. Tommy Whitehead, special projects coordinator and traditions website director, is excited for the university's future as the process of digitizing becomes more popular. "We are one of the few universities in Louisiana that have actually taken digitization beyond the point of expectation," Whitehead said. "We not only have digitized copies of the Potpourri but also Argus and the Alumni Columns." A total of 510 publications of Argus, the Potpourri and the Alumni Columns have been reportedly digitized and posted to the website. Around 28,000 pages have been digitized for the price of about 10 cents per page, not including tabloid pages that were included in several editions of Argus and Alumni Columns.

Northwestern is the first public, four-year university in Louisiana to digitize an entire yearbook collection and publish it through the Internet Archive. Tulane, Centenary and Loyola have caught onto the trend, as well as LSU Health Science in Shreveport, having recently completed theirs with a series of "graduation announcements" for medical school. The digitized information doesn't verify what someone may have done internally and placed in their own library websites said Dr. Bill Smith. Alyssa Smith, freshman, is excited to be able to finally research those in her family who came to the university before her. "With all of these artifacts being digitized, it will give me a chance to see who I have come from," Smith said. "My great grandparents and grandparents graduated from NSU and I never got to meet them, so this will allow me to get to know them better." With the beginning of the digitization process, the Current Sauce has plans to commemorate the 100th year anniversary.



Photo by Kara Scouten
The Current Sauce celebrates its 100th anniversary next year. By then nearly every issue will be digitized.



Photo submitted by David Martinez
Maury Muehleisen (left) and Jim Croce (right) play an acoustic set similar to their final concert at Northwestern.

Jim Croce Day celebrates the musician 40 years since his death, final concert at Prather

Emily Fontenot
Sauce Reporter

Billy O'Con and Gerald Mitchell performed at the Natchitoches Meat Pie Festival in memory of Jim Croce's and Maury Muehleisen's tragic death forty years ago in a plane crash at the Natchitoches Regional Airport after a concert at Prather Coliseum. "The fact that young people are putting this together—myself and the others who were only about ten years old when he passed away—says that his music is still timeless." David Martinez, a part of the Croce tribute planning committee, said. "It's still enjoyable, and it still has relevance. A good song is a good song. I think he would be happy with [the tribute]." Billy O'Con and Gerald Mitchell, who played Jim and Maury in the film "Jim Croce: Last Night in Natchitoches," performed four songs, followed by a presentation of the new plaque to be placed in Prather Coliseum honoring those who died in the 40 years ago. Croce and Muehleisen were also recognized in the Louisiana Music Hall of Fame, and Sept. 20 was named Jim Croce day in Natchitoches. Croce had scheduled a concert at Northwestern, but cancelled due to illness. Later, on his Life and Times Tour, Croce decided to perform at NSU for the original price, although his prices had since then greatly increased with his increased popularity. The night of the concert he and Maury each played guitar and sang with no additional instruments. Croce precluded many of his songs that night with the stories

that inspired them from his many years meeting interesting characters while working odd jobs and playing in bars. After entertaining a crowd of two thousand students with a few of their songs and stories, Croce and Muehleisen left for a late flight out of the Natchitoches Regional Airport in route to their next concert in Sherman, Texas. The plane failed to clear a tree, spun out of control, and crashed—killing 30 year old Jim, 27 year old Maury, comedian George Stevens, pilot Robert Elliot, manager Kenneth Cortose and road manager Dennis Rast. Bryan Gallagher, long-time fan of Croce, visited NSU's Student Union in 2006 to view the plaque honoring all those who died in the crash and discovered that it was missing. Gallagher, along with help from Maury's sister Mary Muehleisen, donated the new plaque that will be placed in Prather Coliseum. Croce and Muehleisen made three albums together in addition to Jim's previous two albums. Many of their songs topped the charts, including his famous "Bad, Bad Leroy Brown" and "Time in a Bottle." "I've Got a Name," Croce and Muehleisen's title song from their last album, was released the day after their death. His talent as a speaker/storyteller was nearly as famous as his music. He appeared on "The Helen Reddy Show," "The Midnight Special," and had plans to be the summer host of "The Tonight Show." Croce and Muehleisen's family and friends also held celebrations this past weekend for their loved ones in memory of their life and music.

Classics honors society Eta Sigma Phi inducts new members



NSU's Classics honor society Eta Sigma Phi inducted its newest members on September 17. New members are, left to right, Desiree Hatten, Krista Broussard, Daniel Jones (back), Eleanor Drobina, Scott Pichon (back), Cayla Mendow, Zoe Barnett, Drew Cheshier (back), Hannah Lee Ward, Hammond Lake. To join Eta Sigma Phi members are required to have at least an accumulative 3.5 grade point average in their Latin or Greek courses.

NSU, Colombian officials discuss collaborations

News Bureau

Three administrators from Colombia visited Northwestern State University this week to discuss details of collaborations, dual degree programs and faculty and student exchanges. Dr. Mauricio Ricardo Ruiz, president of the Fundacion Universitaria Tecnológico Comfenalco in Cartagena; Dr. Blanca Juliet Rincón Carreño, vice president, and Dr. Ricardo Segovia Brid, visited with NSU President Dr. Randall J. Webb and several department heads to discuss tailoring programs to fit the needs of the Colombian students and delivering lectures via compressed video, through the web or in person. Brid is president of the caja, a private non-profit under which Comfenalco operates that provides education, social and financial services and healthcare to members. Comfenalco is a young university with about 12,000 students. The mission of Comfenalco, as an extension

of the mission of the caja, is to help students from the lower economic spectrum in a city where 70 percent of its 1 million citizens live at or below poverty level. Training in criminal justice, psychology and social work is of interest in Colombia where domestic violence is a serious problem. Joe Morris, head of Northwestern State's Department of Criminal Justice, History and Social Sciences, said he has lectures available on community policing, conducting effective investigations and criminal law that could be delivered to Colombian students via compressed video using a translator. Those lectures have elements of public safety administration, psychology and social work that can be tailored for foreign students. Baccalaureate degree programs in Colombia are completed in a 5-year cycle rather than a 4-year model. Administrators are mapping out dual degree programs in which Colombian students can complete three years of study at Comfenalco plus two years at Northwestern State, earning degrees from both universities.



Silver Keys Trio to perform Sunday at Magale Recital Hall

News Bureau

The Silver Keys Trio will perform at Northwestern State University Sunday, Sept. 29 at 7:30 p.m. in Magale Recital Hall. Admission is free and the public is invited to attend. The Silver Keys Trio consists of flutist Christina Guenther, bassoonist Susan Nelson, and pianist Geneva Fung, who worked together at Stephen F. Austin State University from 2010-2012. Guenther joined the Stephen F. Austin music faculty in 2005. She performs actively in the greater East Texas area, throughout the United States and has also performed in Central and South America. Guenther is a founding member of the Gemini Flute Duo and as principal flute of the Orchestra of the Pines. She has performed/presented at the festivals/conferences of the National Flute Association, the Florida Flute Association, the Mid-South Flute Society, the Society of Composers, Inc., the Classical Music Society, the Texas Music Educators Association, and at the Flute Society of Kentucky as winner of the Young Artist and Concerto Competitions. Guenther plays regularly with the Shreveport, Longview, Marshall and Texarkana symphony orchestras. An enthusiastic proponent of new music, Guenther has commissioned and pre-

miered several works for flute, Nelson is an assistant professor of bassoon at Bowling Green State University and enjoys an active career as a performer, teacher and clinician. She is an advocate for new music as well as chamber music for the bassoon, and was recently appointed the director of the Bassoon Chamber Music Composition Competition. Nelson has performed at the annual Classical Music Festival in Eisenstadt, Austria, and with the Shreveport, Toledo, Ann Arbor, Adrian and Helena symphony orchestras and the Oklahoma City Philharmonic Orchestra. She was principal bassoon in the Great Falls Symphony and was a member of the Chinook Winds quintet in Great Falls, Mont. Nelson received the top award at the Midwest Double Reed Society Young Artists Competition. Fung is a native of Hong Kong and has appeared as an active soloist, chamber musician and accompanist in Hong Kong and the United States. At SFA, Fung serves as accompanist for choral union, opera productions, student recitals, competitions, auditions and master classes, and she participated in the recent SFA master classes with Twyla Robinson and Evelyn Lear.

‘Tis the season for meat pies



Besides featuring meat pies the festival also hosted live music (left) and attracted a variety of people and vendors (right) along the bank of Cane River Lake on Sept. 20-21.

Meat Pie Festival attracted crowd with a taste for pies and music

Emily Carter
Sauce Reporter

Natchitoches’ tastiest festival is such an important part of Natchitoches culture that even Friday’s rain could not keep people away. The Meat Pie Festival brought the community together on the bank of the Cane River Lake Sept. 20-21. Festivities included live bands, clothing and jewelry vendors, food vendors, meat pie contests and activities for children.

The meat pie contests included a cook-off and competitive eating. With live music featuring Billy O’Con the festival paid tribute to singer/songwriter Jim Croce. Croce performed for NSU students in 1973 and died in a plane crash leaving Natchitoches. He slowly climbed the music charts before his death, but his popularity rose posthumously. Locals and tourists from around the region attended and enjoyed the festival. One family came from Okla. to enjoy the festivities.

Natchitoches native Mark White came back with his family to experience the event once again. His wife Kylie White from Tulsa had never heard of the Natchitoches Meat Pie Festival. “The people are so sweet, and the food is amazing. I really enjoyed the festival. I’m really looking forward to coming back for more,” White said. Festival attendee and NSU student Rebecca Lefante liked Mame’s meat pies the best. “I don’t really like meat pies, but those

were really good,” Lefante said. Food vendors also offered seafood pies, but they were not as popular as the traditional meat pie. Though the weather was temperamental at times, crowds gathered for an eventful celebration with good music and tasty food. Meat pie festivities will continue on Sunday, Sept. 29 as Natchitoches hosts the Meat Pie Triathlon. The event will consist of swimming, running and biking through downtown.

The secret behind the ‘Natchitoches Meat Pie’

Meat Pie Filling

- 1 teaspoon shortening
- 1 pound ground beef
- 1 pound ground pork meat
- 1 bunch green onions, chopped
- 1 pod garlic, minced
- 1 bell pepper, chopped
- 1 medium onion, chopped
- Salt, black pepper and red pepper to taste
- 1 tablespoon flour

Meat Pie Crust

- 1 quart plain flour
- 2 teaspoons salt
- 1 teaspoon baking powder
- 2 eggs
- 1/2 cup shortening + 1 T
- 1 cup milk

Instructions:

Melt shortening in heavy pot. Add meat. Cook until pink is gone. Add vegetables and season to taste. (Season well, as meat will lose seasoning during frying.) When meat is completely done and vegetables glazed, remove from heat and

drain excess liquid. Stir in 1 tablespoon flour. Sift dry ingredients together. Cut in shortening. Beat egg and add to milk. Work gradually into dry ingredients until proper consistency to roll. Break into small pieces and roll very thin. Cut into rounds using a saucer as a guide.

To assemble:

Place a large tablespoon of prepared meat along edge and halfway in the center of round dough. Fold the other half over, making edges meet and seal with water. Form edges with fork. Drop in deep fat and cook until golden brown. Drain and serve hot. Makes approximately 18.



Senior Linda Ahlskog eats meat pies while hiding from the rain.

‘On Fridays we wear purple’

How to wear your school spirit on ‘Purple Friday’



Regine Lyons
Fashion Columnist

Every Friday students at NSU wear their purple to support our school and teams on what we call ‘Purple Friday’. However, not as many participate as a lot of us would like to see.

Junior Alyssa Lyons wished more of the campus supported our school by wearing purple on Friday.

“It would be a really awesome thing if everyone did it, but I totally support wearing purple on Friday. It shows that you actually have pride in your school and you want to support it,” Lyons said.

For as much spirit as NSU students have, we would think the campus should be flooded with purple pride.

Junior De Davis believes it’s a tradition not followed well enough and should be bigger than it is.

“Unfortunately, when it comes down to it, you’re going to wear purple if you want to support your school,” Davis said.

Many upperclassmen don’t know about Purple Friday and that NSU faculty, sport teams and spirit groups want us to participate in it. If this tradition were better broadcasted, more students would represent NSU.

Students who support Purple Friday should encourage peers to support this NSU tradition.



Photo by Tra’van Cooper
Junior De David shows his spirit on Purple Friday.

First tip: buy an NSU shirt if you don’t have one. The bookstores usually sell them for low prices year-round.

Second tip: if the first tip is over your budget, Wal-Mart also sells NSU shirts (though there’s more of a variety at the bookstores).

Third tip: if those options are still out of your budget, you can make a shirt. At Wal-Mart and other local stores, you can buy plain purple shirts for under \$7, buy iron-on letters for a few dollars and then wear a shirt worthy of Purple Friday.

Last and most important tip: wear that purple shirt on Fridays! Before you go to sleep on Thursday nights, have the purple shirt out on your desk or somewhere you will see it. So fellow Demons, I hope to see more of you wearing purple to support our school and teams on Purple Friday.

Check out the NSU “Potpurri” facebook page for updates about the yearbook’s progress and promotions during **National Yearbook Week** Oct. 1-4.

KNWD to go ‘Unplugged’ in Friday Concert



Micah Pickering
Sauce Contributor

An exciting new concert is coming NSU. On Friday Sept. 27 KNWD presents the next event in its concert series.

The concert is called “KNWD: Unplugged”, and will be held at Iberville field from 8 p.m-10 p.m. Recording artist Alexandra

McCullough is the headliner for the event.

McCullough, who just released her latest album titled “Coming Home”, is an up and coming musician making her name across the Shreveport area.

McCullough has opened for the popular group Super Water Sympathy. KNWD will have an exclusive interview with McCullough on the News at Noon

program, which airs on Monday, Wednesday, and Friday. No word has been given on the date of that interview.

“Unplugged” will also feature guest performances from NSU students who auditioned. This is part of a KNWD concert series that should be held monthly. Hosting live performances is part of KNWD’s continuing efforts to be a resource for all NSU students.

Passion ignites during NSU Open Mic Night

Summer Evers
Sauce Reporter

As he stepped onto the stage to perform he told himself to be confident, speak loud and not mess up. The crowd silently anticipated Ashton Barry’s performance.

Barry thought about his message and how he wanted somebody in the crowd to be touched by his poem. He opened his mouth and the words started to flow with his emotions, leaving the audience in delight.

Barry was one of many who participated in the Brainy Acts Poetry Society, “BAPS,” Open Mic night in the Student Union ballroom on Wednesday, Sept. 11.

BAPS was founded in 2010 by alumni Clemonce Heard with other students who had a passion for poetry.

BAPS advisor, Dr. Julie Kane, is also a poet herself. Kane said that advising BAPS is one of the most exhilarating parts about her job.

“These students are so articulate, creative, and passionate about what they feel and believe.” Kane said. “I’m so proud of these students and blown away by their talent.”

The group has two current presidents, alumni Ashton Barry and senior Elizabeth King. King is a founding member and has



Brainy Acts Poetry Society presidents Ashton Barry (left) and Elizabeth King (right) performed their poetry at Open Mic Night.



been writing poetry since her early childhood. “Poetry is already instilled in me,” King said. “To perform poetry, the energy and emotions spill out. You’re going to feel my heart and words versus you actually reading it on paper.” As each person comes up to perform, they have a different talent that is wrapped in voice, attitude, and style they each expose.

“If you have a talent, please use it,” Barry said. “Your talent inspires other people to want to do the same thing that you’re doing or even make them find a different talent that they have and express it.” Brainy Acts Poetry Society has two poetry slams per semester. Admission is free and they are open to the public. BAPS meets on Tuesdays at 7:30 p.m. and the location is to be announced.

To ban a mocking word

Janell Parfait

Student Opinions

Since its publication in the 1960s, Harper Lee’s “To Kill A Mockingbird” entered the K-12 curriculum either as a required reading or another statistic on the school’s “To Ban” list. The sole reason this semiautobiographical novel is frequently challenged is because of its liberal use of racial slurs.

“To Kill A Mockingbird” takes place during the Great Depression in Alabama. The fact that the residents of Maycomb County, where the novel is set, toss around racial slurs as though it is an everyday occurrence only justifies that it is an everyday occurrence for the time period. Calpurnia, the Finch family’s servant who has a family of her own, raises the Finch children.

The father, Atticus Finch, treats Calpurnia rather respectfully, whereas young Scout Finch describes her as a tyrant. However, because the novel is written from a child’s point of view, a more modern Scout would compare Calpurnia to an overbearing baby-sitter. Scout’s treatment of Calpurnia does not reflect on Calpurnia’s skin color, but rather her personality.

Later in the novel, Atticus must defend Tom Robinson, a black man who was accused of raping a young woman. The town reviles Atticus because of his willingness to defend Tom, even though there is tangible evidence that Tom was innocent. In fact, the accuser actually seduced Tom, and she revealed to the court that her father molested her frequently. “

To Kill A Mockingbird” was never challenged because of its mentions of rape and incest, a reflection of Maycomb County’s reaction to the revelation. A father rapes his daughter, and no one bats an eye.

Perhaps the reason the novel was banned for its racial slurs was because the rape and incest would spoil the plot. This would mean that the banning of “To Kill A Mockingbird” lead to its unintentional promotion.

In other words, people would read the novel solely for its treatment of black people, but would stay to read about a black man who was accused by an incestuous family. Readers would rather side with Tom Robinson and scream for the injustice he later endured than complain about one word that is appropriate for a small town in 1930s Alabama.

“To Kill A Mockingbird” was intended to show that one person should not be judged based on what a large, biased group of people says. Banning “To Kill A Mockingbird” would mean, according to Bill Moyers, banning people from the truth.

And that truth could be that a man was condemned to death without evidence because a mob said so, which is sadly an ongoing trend in today’s world.

We need writers!
Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are **Monday at 5:30 p.m.** We hope to hear from you!

OPINIONS

NS‘U’

VOICE

How are you spending your refund check?



“I’m going to use it to pay my rent and start saving up for medical school. I have gotten a refund check every semester.”

Jebha Babu
SENIOR



“I live off campus so pretty much all my money is going to rent, and maybe a little to my music equipment. This is my first refund check. I guess you got to spend it how you got to spend it.”

Matthew Philips
SOPHOMORE



“I am going to buy a new computer. This is only my second refund check; last one I got was freshman year.”

Blake Babin
SENIOR



“I am going to use it as a down-payment on a car. This is my first check so I am excited.”

Curtisha Johnson
SOPHOMORE



“I’m saving my money to buy a Suzuki motorcycle. This is my third refund check, so it’s not a big deal.”

Robert Guidry
SENIOR



“I have to pay my parents back for paying for my summer school classes. This is my first check and I’m not exactly spending it the way I want to.”

Aaliyah Rachel
SOPHOMORE



“I am going to pay rent and other bills, and whatever else life throws at me. This is my third refund check so it’s nothing new to me.”

Grace Brumfield
SOPHOMORE



“I have to buy some art supplies with my money. This is my fifth refund check that I have gotten since being a student here, so I know how to spend it wisely now.”

Alaia Cobb
JUNIOR

Washington celebrates diversity at pre-emmy party

DERRIK J. LANG

AP Entertainment Writer

Before celebrating the Emmys, Kerry Washington and other TV insiders took a moment to toast diversity. Washington was among the honorees at a pre-Emmy reception hosted Tuesday night by the television academy and the SAG-AFTRA actors union. The academy’s headquarters in North Hollywood were transformed into a jetsetting soiree complete with 1960s-era furni-

ture and mid-century modern wall sculptures.

Washington, who is up for the outstanding lead actress in a drama series trophy for "Scandal" at Sunday’s ceremony, is the first black actress in nearly two decades to be nominated in the category since Cicely Tyson was in 1995 for "Sweet Justice." She was joined at Tuesday’s affair by her "Scandal" co-stars Joe Morton and Dan Bu-

catinsky, who nabbed the outstanding guest actor in a drama Emmy at Saturday’s Creative Arts Emmys.

"We all know what the Emmys mean," said Jason George, the "Grey’s Anatomy" and "Mistresses" actor who serves as the chair of SAG-AFTRA’s diversity advisory committee. "They are the aspiration for all actors who work in this medium, but tonight we’re shining a

light on the diverse aspects of that."

Other attendees who sipped vintage cocktails and noshed on mini gyros and stuffed grape leaves included Wilson Cruz, Ron Glass, Sharon Lawrence and Lisa Vidal.

The 65th Primetime Emmy Awards will air live Sept. 22 from the Nokia Theatre with Neil Patrick Harris serving as host.

Student finds adjusting to college challenging

Victoria Novitsky

Student Opinions

Loneliness, anxiety, wanting to be noticed, having your first kiss, trying to find your purpose in this world, exploring yourself, trying to stay positive when your parents are fighting, a thought of suicide and change, you can sum all these words into just two—high school. Where popularity and peer pressure are at their highest, the perfect outfit is a necessity and what’s “in” is what is important.

For some of us who are college freshmen, those high school lessons still haunt us. For girls, a size “0” waist or a size “C” cup breast defines you as “pretty.” For guys, being “cool” can equate to a high three-digit number bench press. One pimple on your face, you are ugly. Were you known as a “bus rider” or “teacher’s pet”?

Alcohol, parties and drugs were the tickets to the “cool kid group.” Not popular?

Well, you might as well not exist. These years can be the best or worst of your life. Why?

The answer is change. Whether biological, others’ expectations, your personality or today’s definition of “cool,” change is inevitable. Many of us have struggled with feeling accepted.

Maybe you were lucky enough to find a friend who will accept you, respect you, care for you, look out for you, listen and help you in hardships. Sometimes, even a wallflower finds a friend.

Why am I writing this? Because this is the national Banned Books Week 2013 and one of the books banned in many K-12 schools is Stephen Chbosky’s “The Perks of Being A Wallflower.” The reason for its banning include “anti-family, drugs, homosexuality, offensive language,

religious viewpoint, sexually explicit, suicide and unsuited to age group,” according to the American Library Association’s (ALA) website.

This story can be a life-changing experience to many—to the abused student who feels alone, the bullied, the one seeking friends. Are these issues limited to high school?

I think not. I imagine some students at NSU are experiencing issues with family issues, drugs, suicidal thoughts, sex, sexual orientation, alcohol and more. If you’ve never read the book, place it on your reading list.

If you have never looked at the list of frequently banned books, you should visit the ALA website. The Top 100 most challenged books in K-12 school libraries include “To Kill a Mockingbird,” “I Know Why the Caged Bird Sings,” and “The Adventures of Huckleberry Finn.”

Books have the power to impart important lessons about ourselves, our communities and our world. For me, “The Perks of Being a Wallflower” helped me through high school—and now with the changes and new challenges of being a college freshman.

If you are like me and are still struggling with some of these new changes, I encourage reading “The Perks of Being a Wallflower.”

I learned not to be ashamed of being that teacher’s pet, or not being the prettiest girl around. Instead, I learned to embrace my personality and be proud of who I am.

Sometimes, your truest friends are not the ones who give in to peer pressure, rather they are the “ordinary” people who will just stand by your side while everyone else judges.

THE CURRENT SAUCE STAFF

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Demon Cup intramural volleyball tournament



Kappa Sigma fought hard only to fall just short of winning the championship with a 5-1 final overall record.



Undefeated Sigma Nu picks up a win above while Austin McCann laments Theta Chi's 3-3 finish below



The BCM team rallies their spirits before a big game. The rallying paid off for the BCM as its team finished 4-2 and placed third overall. They lost only to first place undefeated Sigma Nu and second place one-loss Kappa Sigma.

Sigma Nu remained the last student organization standing at the Demon Cup Volleyball Tournament on September 21. After an intense hour-long death match with Kappa Sigma, Sigma Nu dominated the court with a final score 15-7. Freshman Austin Edwards, who is pledging for Sigma Nu, was definitely excited for his fraternity's win and he looks forward to winning the Greek Cup.

Champions - ΣΝ 6-0	
2nd ΚΣ 5-1	3rd BCM 4-2
4th ΘΧ 3-3	5th ΠΚΦ 2-4
6th ROTC 1-5	7th ΠΚΑ 0-6

Photos by Travan Cooper

In the shoes of a volleyball star

Tiandra Willis
Staff Reporter

This year the NSU Demons have 325 student-athletes, who split their obligations between the classroom, a decent social life, and what the Demon fans see come game time. All 325 athletes have different time requirements for their given sport, as well as, other school activities they may be involved in. Normally, Demon fans only see the product of the work our student-athletes put in every day. Wouldn't it be nice to know what goes on day-to-day in the lives of one of our Demons? In this case, we get to take a walk in the shoes of Lady Demon libero, Keelie Arneson, September student-athlete of the month and Southland Conference defensive player of the week. Arneson is a junior from Spring, TX majoring in Hospitality and tourism with a minor in business. She is a standout on our Lady Demon Volleyball squad, earning in 2012 First Team All-SLC, First Team All-Academic SLC and LSWA Second Team All-Louisiana. In 2011 she was LSWA Co-Libero of the year and First Team All-Louisiana. "I get to do what I love the most, play volleyball, with who I love the most, my team," Arneson said, "The hardest part of it all is balancing school and volleyball. During the season is hardest because we are always in the road and my main focus at that time is volleyball." Arneson starts her typical day with Team Weight Training at 6:20 a.m. Then she has class from 9 a.m. through 3:15 p.m., with just an hour break for lunch. After class is Team Practice. This usually lasts from 3:30 all the way to 7:00 p.m. The rest of the day may include studying, showering, hanging out with roommates, eating Subway or Hana and even a little bit of Netflix. It all can depend on whether there is a home game or the Demons are traveling to an away game. "It does, at times, get overwhelming. Some mornings I am so mentally and physically exhausted from practice



Photo by Gary Hardamon

and school that I do not want to get up for work out and class," Arneson said. Although our Demons get to travel and spend a lot of quality time with their teammates, it may not always be so glamorous. Between athletes and non-athletes, there is always an idea of "the grass being greener on the other side," but it's impossible to tell unless you take a walk in someone else's shoes.

NSU football gears up for Langston Lions



Photo by Gary Hardamon

Junior Imoan Claiborne tackles UAB's quarterback before he can pass. The Demons meet Langston this Saturday.

Sports Information

After taking a couple of lickings, the Northwestern State Demon football team is still ticking and eager to explode in Turpin Stadium Saturday night when Langston's Lions visit for a 6 p.m. non-conference matchup. The Demons (2-2) are eager to rekindle memories of their only other home field appearance, a 55-14 shelling of Southern on Sept. 7. Since then, they absorbed a 66-9 whipping at powerhouse Cincinnati and were outscored 52-28 last Saturday at UAB in Birmingham. Saturday, they line up against an 0-3 Langston team that has fallen to three FCS teams. First they fell to Northern Colorado (31-10), then to Incarnate Word (24-0) and last week, to Nicholls (44-22), all on the road. The Lions are a NAIA school with an enrollment of 2,300 located 45 miles north of Oklahoma City with plans to move into the FCS Division I

level, same as NSU. Demons' coach Jay Thomas says his team has too much to improve upon to relax against a lower-division opponent. At the same time, despite the last two losses, he is confident in the direction his team is heading. "I think our guys are having fun. The train is not off the tracks. We have a good football team," he said. "We need to focus on the fundamentals. We need to focus on the Demons, let's get the Demons better. Doesn't matter whom we play this week, let's play all three phases at a high rate of speed, and play our best game yet. "It could be a trap game if you let it be. We talked about it to the team Sunday night," Thomas said, "We haven't won a game in two weeks, so we have no reason to overlook anybody. We have to get into the mode of playing our game, at a faster pace than they are used to, and take advantage of it."



Homecoming week keeps students ‘forever young’

Damian Glover
Staff Writer

The Student Activities Board is going all out for this year’s homecoming festivities with over \$40,000 of events and professional acts booked to perform during the week of Oct. 14 – 19.

This year’s theme is focused around childhood with the title “Forever Young” with references to bands such as NSYNC and Destiny’s Child, T.V. shows such as Hey Arnold and the Fresh Prince of Belair and games like Monopoly and Sorry.

Monday

The week starts off with the traditional block party, but with a twist. This year it will be held from 3 - 5 p.m. at the tailgating parking lot behind Prather Coliseum.

The block party is expected to have a mechanical bull, rock wall, carnival games and a zip line along with free give ways to students such as street signs and ring stamps.

Tuesday

Along with entertainment provided by the band Scarlettta, SAB is taking a stroll down memory lane with an event inspired by the song, “Ice Ice Baby,” an ice skating glow party. This event will also be held at the tailgating field parking lot and Italian ice will provided as well.

Lillian Fontenot, freshman, is ecstatic about her first

homecoming that is nearly a week away especially the ice skating event.

“I have always loved homecoming week from my freshman year in high school. I think it’s amazing that we actually get to have an ice skating rink come to us,” Fontenot said.

Wednesday

The traditional 5k walk will have the addition of foam bubble machines that will be located on an alternative route for those who wish to run through it.

This aspect just like a color run is intended to add flair and fun to the walk as well as remind students and runners of their childhood.

Thursday

Thursday is the Lip Sync and Homecoming Hunnies competition which will be hosted by comic and magician Michael Kent. Lip Sync will have students perform familiar songs from their childhood.

Friday

The week ends with the annual parade that will be depart from campus at 5 p.m. and head downtown for a pep rally and the Rocking on the Riverbank Homecoming Festival. This event is where the honor court will make their entrance as well as the winners of homecoming hunnies.

Also after the award ceremony, the Alumni Association will provide music by MoJeaux’s a native band from New Orleans as part of their event Rockin on the

Riverbank which will consist of vendors, food and a gyro ball ride provided by SAB.

Yonna Pasch, director of student activities and organizations, feels that being involved in homecoming gives students a better college experience.

“The importance of homecoming is to get our students engaged here at NSU as well as the community and alumni,” Pasch said.

“All that events that will be hosted by the Student Activities Board are brought to the students with the hope of bringing the feeling of ‘Forever Young’ to life. They are students who are in still college and no matter what age they become after graduating from our university, they will always be Forever Young,” Pasch said.

Cody Whitaker, senior social work major, feels that being a part of the homecoming festivities has enhanced his knowledge about the campus as well as being used a network tool to meet new faces as well as have fun.

“Homecoming Festivities have become a rewarding experience for me and so many others. I remember as freshman and the theme was Social Media which we all know attracts people of our generation.”

“From that moment on, the events that SAB hosted, served as a spring board for me to get involve in not only student programming but also organizations around campus.” Whitaker said.

For more information about homecoming events such as banner, the can food drive or the 5k, contact Alexis Reliford areliford532698@nsula.edu or Yonna Pasch in room 103 in the Student Union.

HOME COMING

OCT 14

BLOCK PARTY

OCT 15

ICE SKATE PARTY

OCT 16

FIVE K WALK

OCT 17

LIP SYNC HUNNIES

OCT 18

PARADE & FESTIVAL



Photos by Kara Scouten

Lake Chaplain’s barrier (Left) doesn’t properly keep all of the pollution out of the lake (Right).

Chaplain’s in need of serious cleanup

Excess runoff is seeping over the barrier in Chaplain’s Lake resulting in an unsafe training area for NSU’s Crew team.

Emily Frame
Staff Editor

For years, the City of Natchitoches Water Treatment Plant has been dumping excess runoff into Chaplain’s Lake, causing a sludgy build-up to occur over time. Tuesday, Oct. 1, NSU and City of Natchitoches officials met to come up with a solution.

City officials considered stopping the water flow to Chaplain’s Lake, however permanently stopping the runoff would mean unsightly low water levels for the Lake, and the proposed permanent fix would cost the city more than \$1 million.

“Years ago they ended up allowing runoff water into Chaplain’s Lake to keep the water at an appropriate level,” Vice President for University Affairs Marcus Jones said.

“Every four to five years they would dredge out the lake and remove the sludge,”

NSU Crew may be the most affected by the condition of the lake.

“Over the past year the amount of excrement leaking past the containment wall has gotten worse,” crew member Emily Deen said.

“It has now created a large shallow area reaching across Chaplin near the end of the walking path that we cannot and will not row through. We’ve lost 200 meters of our practice area, and that’s a big deal when races are often won or lost in terms of seconds and milliseconds.”

The city is working to come up with a plan to clean the sludge out, but no definite plans have been made.

Costing the City of Natchitoches \$400,000, the last time the sludge was dredged from the lake was in 2008. A retaining barrier was also put on the side of the lake nearest the plant to try to hold the sludge from going down the lake.

The committee working on the problem hopes to have the lake clean by the end of the year, but it’s estimated that the dredging and converting process could take longer than expected.

“At this point, we’re not completely sure what the city is going to do,” Jones said. “We might be a couple years out before anything is done.”

Both the City of Natchitoches and NSU are consulting with Norman Nassif of Nassif Engineering and Architecture LLC on a plan to permanently fix the problem.

“We want to protect our interests as well as the interest of Chaplain’s Lake,” Chuck Bourg, facility services director for NSU.

No final decision was made at yesterday’s meeting.

“The city has to get the figures together on which option is feasible and best for both NSU and the city in the long run,” Jones said.

Ultimately the best choice for NSU may be to find a new water source for Chaplain’s Lake. However, there are no nearby bodies of water to pump water in from.

“We’d like to see the excrement cleaned out of Chaplin and the retaining wall fixed, and for the University to pay closer attention to the area,” Deen said.

“This problem isn’t only affecting Crew. People on the walking path can smell it, and there are many mornings when an unfortunate breeze makes our beautiful campus smell like s***.”

‘Dating Doctor’ David Coleman presents ‘Making Relationships Matter’

“The Dating Doctor,” David Coleman, will present “Making Relationships Matter” to NSU students on Wednesday Oct. 2 at 7 p.m. in Magale Recital Hall.

Being “in a relationship” or “Facebook official” may seem important, but text messages and social media can stand in the way of real relationships. The 11-time National Campus Speaker of the Year, will teach students how to have face-to-face encounters by drawing from past experiences to mend, form and mold healthy relationships.

Topics he will cover include: Who controls relationships and why, why pick-up lines fail, subtle signs we exhibit when romantically interested in someone, profound differences between men and women, the ABC’s of initial interest, the five stages of relationships, the characteristics of healthy relationships, taking a break, breaking up and long-distance relationships.

Coleman has won multiple speaker of the year awards and is featured in “Chicken Soup for the College Soul.”



Photo submitted by News Bureau

The Natchitoches-Northwestern Symphony will play their first concert of the fall season Thursday, Oct.3. For the first time the concer will be broadcast live on 91.7 FM The Demon.

Natchitoches-Northwestern Symphony to kick off 2013 fall concert season

Summer Evers
Staff Writer

The Natchitoches-Northwestern Symphony will debut their first concert of the year in Thursday, Oct. 3 at 7:30 p.m. in Magale Recital Hall.

Admission is \$10 for non-season ticket holders and free for Northwestern State students.

Freshman violin player, Logan Ashley describes being in the symphony as a lot of hard work compared to high school.

“We have to dedicate a lot of our time to learning the music,” Ashley said.

“The repertory and music is harder. This music is [also] harder and we have to learn it within a shorter amount of time too.”

Dr. Douglas Bakenhus is the music director and conductor of the Natchitoches-Northwestern Symphony and has been conducting for nine years.

With around 80 members, the Natchitoches-Northwestern Symphony has grown over the past years thanks to the Natchitoches Northwestern Symphony Society.

In the 1960’s, the Symphony Society was underway here in Natchitoches and their main goal was to organize a professional symphony, but they didn’t have enough resources to do so.

“They teamed up with Northwestern and used their winds and percussion musicians as the wind players,” Bakenhus said. “They would also hire string players to come down from Shreveport.”

Gradually, the idea evolved and instead of hiring play-

ers they were able to start giving scholarships to string players.

“It’s a bigger orchestra then what it used to be,” Bakenhus said. “We are looking forward to showing how big we are.”

The program consists of “Symphony No. 8 in G Major” by Antonin Dvorak and featuring Coreil, “Suite No. 1” from “Carmen” by Georges Bizet, “Horn Concerto No. 1 in E flat major” by Richard Strauss and “Russian Sailor’s Dance from ‘The Red Poppy’” by Reinhold Gliere.

The concert tomorrow is said to be powerful and full of music to leave the audience entertained.

“I try to take on a character and become what the music is about,” Bakenhus said.

Ashley says that music is a good way to lift people’s spirits.

“Music is supposed to lift you up,” she said. “We want the audience to leave the concert feeling better and being entertained having enjoyed the music.”

Bakenhus and Ashley are both hoping for a good turnout on tomorrow night.

“They symphony is large and its message is also large.” Bakenhus said. “There is something magical about the symphony and all its wind and acoustical instruments”

91.7 FM The Demon, NSU’s student run radio station will broadcast the Natchitoches-Northwestern Symphony Orchestra concert live. This will be the first time KNWD will air the concert in the station’s near 40-year history due to new equipment installed during the summer remodeling.

Fall 2013 Natchitoches-Northwestern Symphony Schedule

Thursday, October 3 at 7:30pm Magale Recital Hall
Thursday, October 31 at 7:30pm Magale Recital Hall
Wednesday, December 4 at 7:00pm
Thursday, December 5 at 7:00pm
Friday December 6 at 7:00pm and 9:00pm in the A.A. Fredericks Auditorium

‘The 39 Steps’ to premier at 7:30 tonight in Theatre West

Families reunited during food and music filled event

Olivia Martzell
Staff Writer

Northwestern State University’s Creative and Dance Department is opening their 2013-2014 season with “The 39 Steps.” Originally adapted from John Buchan’s 1915 novel and Alfred Hitchcock’s 1935 film, “The 39 Steps” is a parody centered on spy Richard Hannay and his endeavors, which includes meeting a femme fatale who mysteriously dies. The play follows Hannay as he investigates her death. Directed by the Coordinator of Theatre and Dance, Scott Burrell, the play has a cast of only five actors who play over 150 different characters. Cory Germany, Mara Hefte, John Portier, Matt Richardson and Grace Vogel are the student actors who play the wide variety of characters. Because the play requires quick costume changes as well as actors playing multiple characters at once, the melodrama brings laughs and joy to the audience in a typical fast-paced ‘whodunit’ comedy. “Choosing this play as the season opener was a faculty decision,” Burrell said. “We wanted to showcase the talented students in the department as well as put on a comedy with straight actors.” Rehearsals began Aug. 28, the same day as the fall semester started. The cast had a



Actors John Portier (left) and Matt Richardson (right) rehearse in full costume for the upcoming show.

read-through of the script the day before. With such a small cast, there have been minor challenges for the actors. “Actors switch from other characters as well as scene and costume changes so quickly, so we have to focus on our timing,” Burrell said. However, the actors have improved each rehearsal. “[The actors] are doing fine. They definitely have confidence,” Burrell said. Besides having successful rehearsals and

confident actors, Burrell is looking towards the play’s opening. “There are lots of jokes. We hope the audience will laugh,” Burrell said. “I am excited for the actors to have strength and fortitude.” The theatre and dance department hopes to “accomplish a farce-like show.” “We want to provide the town with a good show and an educational experience,” Burrell said. The 39 Steps opens Oct. 2 at 7:30 p.m.

The play will run until Oct. 4, both dates at 7:30 p.m. Next weekend, Oct. 9-12, the play will be at 7:30 p.m. with a 2:00 p.m. matinee on Oct. 13. All performances will be held in Theatre West. Seating is limited, so reservations are required. Calls can be placed to (318)-357-4483. NSU, LSMSA and BPCC students are admitted free with current ID and sticker. Tickets are \$15 for adults and \$12 for children and seniors.

Wearing your fabulous for fall

Trendy trips to rock the season with style and heat

Regine Lyons
Fashion
Columnist

This time of year everything starts to cool down and trees show beautiful colors. It’s fall fellow demons! Now is the time to enjoy amazing weather and sip on a pumpkin spice frappuccino. And the best thing about fall is the fashion that comes with it. There are a lot of popular fall fashion trends already in stores.

First fall trend that never fails: sweaters. They are a must have item for the season. You can wear sweaters with jeans, tights, leggings and skirts. **Essential fall accessory:** scarves. They help keep you warm, which is something you’ll need when it gets closer to winter, and come in a variety of colors. You should have no problem finding a scarf to match your outfit!

Shoes of the season: boots. They make your feet warm in cool weather and come in many different styles and colors, which makes them a versatile item. **A trend on the rise:** leather jackets and skirts. Yes, you read right: leather skirts! They are not only starting to become popular for the fall, but also throughout the year. Leather jackets are perfect for fall weather because they trap some



Photo by Regine Lyons
Junior Ivory Breland sports her fall fashion with several seasonal must haves.

of your body’s heat and prevent you from being cold. People worry leather jackets will make them look like bikers, which isn’t the case at all. Wearing a leather jacket with a sweater, dress or skirt can help you craft your own look. **The final fall necessity:** knit hats. They are a personal favorite of mine I happen to wear all the time no matter the weather. They are adorable, come in any color and can easily hide a bad hair day. Depending on how big they are, knit hats can also protect your ears from chilly winds. Fall is the best time of the year to experience different trends because, just like Goldilocks’ porridge, it’s not too hot and it’s not too cold. So this fall relax, drink a pumpkin spice latte and look through a magazine to find an item or trend you fall in love with.

SON gets new head drum major

Jamie Cisneros leads Spirit of Northwestern Marching Band

Olivia Martzell
Staff Writer

One of Northwestern State University’s longest running traditions is the Spirit of Northwestern marching band. The SON, which boasts over 250 members, continues to delight Demon fans during halftime at football games. Every year, a new member of SON is chosen to become head drum major. An extremely coveted and respected position to hold, this year Jamie Cisneros took on the task of leading the marching band. Cisneros is a senior music education major at NSU. While he has only been a SON member for three year, Cisneros has been performing in marching bands for a total of 12 years. This is his second time holding the position of drum major; the first was while he was a member of his high school marching band. “I was specifically asked by the former drum major to take his position as head drum major of SON,” Cisneros said. Before being asked, he hadn’t considered taking the leadership role. “I like being in front of the ensemble and conducting, so I’m glad I accepted.” With such a large responsibility on Cisneros’ hands, he’s had to learn how to balance school with his personal life. “You have to take things that need to be done and do them...you must live in a certain way. This becomes part of your life. You can’t put things off,” Cisneros said. However, there are some rewarding experiences that Cisneros has encountered as being head drum major. “This position has made me enjoy life. Being in charge forces you to interact with people, therefore it’s helped me come out of my shell. I just go through the motions...I feel like I was born to do this,” Cisneros said. Every time he prepares for a show he is



Photo by Olivia Martzell
Jamie Cisneros has filled the coveted position of drum major.

“completely in the moment.” “I feel at home. I forget about everything,” Cisneros said while reflecting on the memories he has made this year as drum major. Besides bettering himself, Cisneros uses his authority to better the band. “There usually aren’t any challenges with them. I expect them to do well just as they expect me to do well. I try to set a standard to live by,” Cisneros said. “I tell them to be quiet, and they usually do it,” he adds with a smile. Per Cisneros’ hopes to improve the band, the expectations are set high for Spirit of Northwestern marching band this year. “I want them to feel okay about loving music. I feel society prevents them from fully loving music,” Cisneros said. “Be comfortable with band!” As Cisneros looks to the future, he hopes to attend graduate school and receive a masters’ degree in conducting. He leaves a small, but important bit of advice to his successors: “Learn to love music if you don’t already.”



Paint Sponge Dodgeball

Dodgeballs were replaced by paint-filled sponges on the soccer field outside of Watson Library on Tuesday, Oct. 1. Check the Demon Dodgeball Facebook page for the latest team updates.

Upcoming Campus Events in Oct.

- 1-4:** Kickball Tournament, All Day
- 2-4:** NSU Theatre Presents: “39 Steps”, 7:30 – 11 p.m.
- 3:** Natchitoches/Northwestern Symphony Orchestra, 7:30 p.m.
- 7-8:** Fall Break
- 7-11/22:** NSU Art Presents: Alumni Art Exhibition, 8 a.m. – 4:30 p.m.
- 9:** SGA Senate General Assembly Meeting, 3:30 - 4:30 p.m.
- 9-12:** NSU Theatre Presents: “39 Steps”, 7:30 – 11 p.m.
- 13:** NSU Theatre Presents: “39 Steps”, 2-5:30 p.m.
- 14-19:** Homecoming Week
- 15:** Greek Life Bonfire 8-9 p.m.

Students reunite with parents at fun-filled Family Day

Janell Parfait
Staff Writer

After five weeks into the semester, the First Year Experience hosted its yearly family reunion for parents to visit students on Saturday, Sept. 28. The all-day event began with check-in at 2 p.m. with Demon Volunteers-In-Progress handing each participating student a package of Family Day t-shirts, meal tickets and football game tickets for each family member. Some student organizations seized the opportunity to advertise themselves by setting up informational tents for family members and potentially prospective students to see. These organizations included NSU Alumni Association, KNWD and ROTC. The Glenn Rainey Band provided the music and the Demon Grillers prepared food such as barbequed chicken. The Demon Grillers are one of NSU’s official tailgating organizations. By 3:30 p.m., the line to get food extended to a permanent 100 feet for the rest of the day. Despite the long lunch line and summer weather, family members who traveled from all over Louisiana and out of state still managed to take advantage of their brief reunions by finding the silver lining in NSU. “It’s comforting to know [my son, Joshua Rivers] isn’t in such a large city,” Pam Rivers said. Rivers, who is from Zwolle, LA, said she and her son chose NSU because it is close to their



Photo by Kara Scouten
Family Day ended on Saturday, Sept. 28 with a football match against the Langston Lionsfeaturing. The halftime show featured a performance from the Spirit of Northwestern marching band (shown above).

hometown. Rivers also does not feel anxious about her oldest child being away from home. “That’s just part of being a mom,” she said. “I feel that he’s safe here.” Like the Rivers family, freshman Brittany Farris’ parents are confident that NSU is a safe campus. “We’ve got several friends to take care of her if she needs it,” Brittany’s father James Farris said. Other families found it awkward to believe that their oldest is in college. “It makes me feel old!” Ronda Burrows,

mother of Brittany Burrows, said. “I can’t believe I’m saying this, but I actually miss her leaving her shoes in the living room!” However distant NSU may seem from one’s hometown, Burrows agreed that she would definitely want to attend Family Day next year. “Everyone seems so friendly,” father Stephen Burrows said. “When I went to school, we never had [Family Day],” Brittany Farris’ father James Farris said, “so it’s good for the kids to see their family while they’re still at school.”

Vote for Homecoming Court, Mr. and Ms. NSU, SAB Representatives at Large and SGA Freshman Class Senator!

When: Wednesday, Oct 2 til Thursday, Oct 3 (Polls close at 4 p.m. on Oct. 3)
Where: Online at <<https://secure.nsula.edu/SGAVoting/>>

THE
CURRENT
SAUCE
STAFF

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Ashley Sherrard

What do you think of the renovations to Vic's Cafe and the Grill 155?



"I like how they separated the food, but not how they separated everyone else. What I'm talking about is the dividers. Everyone is just so spread apart from each other."

Jajuan Broussard
SENIOR



"I really like the new Vic's. I guess you can say it's more formal, and the food is not as greasy."

Roxi Lee
JUNIOR



"I like it, but they need to open up more lines because the lines are always so long and I end up having to wait forever."

Brent Gibbens
JUNIOR



"It's alright. It's more choices and more soda choices. The set up is nicer, too."

Taylor Breaux
SOPHOMORE



"It's very lovely. It has a lot of nice decor, it really brings a new look to the campus."

Brandon Eckles
SENIOR



"I really like it a lot because it has more food choices and more healthy choices. I just need them to get more workers."

Latreash Easter
SENIOR



"I like it, it's great! It's more modern and really keeping up with things."

Aidalynn Rollis
SENIOR



"It's cool, I guess. I guess it's a lot more food choices."

Melissa Cornett
SOPHOMORE

Stop being so stupid,
voters tweet to Congress

Anne Flaherty
Associated Press

The roiling debate over the U.S. government shutdown is extending to Twitter, Facebook and Instagram as fed-up Americans turn to social media to register their disgust with federal lawmakers for shutting down the government.

Those posting pulled no punches, calling members of Congress "immature," "stupid" and "idiots" who need to "grow up." There were a few attaboys, too, by self-described red-state conservatives who cheered on the Republican leadership's unwavering stance against President Barack Obama's health care plan, even if it meant suddenly pulling the paychecks of some 800,000 federal workers and threatening popular federal programs.

But mostly, tweeters said they couldn't understand why a compromise between the two sides seemed so elusive.

"#DearCongress, You should not be getting paid. In fact, you all should be fired!" tweeted Bruce Swedal, a 46-year-old Denver real estate agent who says he is worried about what the shutdown might do to home sales if federally backed loans dry up.

The public outcry playing out on social media sites this week is a new twist. During the last shutdown of government operations, in 1995, angry Americans would have had to look up their congressman's address and sit down and write an old-fashioned letter or email. But with the advent of Twitter, popular hashtags like #governmentsshutdown and the "Today" show's #DearCongress let voters log their complaints to all 532 members of Congress at once — provided they stay within the allotted 140 characters or less.

Voters also weighed in on the more humorous side of things, offering pick-up lines that federal workers could use in bars, some of which were advertising cheap drink specials throughout the day to those furloughed.

"The library is closing, mind if I check you out instead?" one person offered with the hashtag #ShutdownPickupLines.

Added another tweeter: "It's not like we have to go to work tomorrow."

For their part, lawmakers used Facebook and Twitter to reiterate long-held talking points, further angering dissenting voters. Republicans said Obama's health care program would be too catastrophic to allow, while Democrats accused Republicans of sending the government into a free fall to appease a small minority.

House Speaker John Boehner's post urging Senate Democrats to back down earned more than 13,000 "likes" on Facebook and an additional 13,000-plus comments from voters, either hailing the Ohio Republican as a hero or calling him everything from a "crybaby" to a "terrorist." House Democratic leader Nancy Pelosi's Facebook post blaming Republicans for the shutdown earned fewer than 2,200 "likes" and 1,400 posts.

Meanwhile, federal programs used Twitter to announce that they would no longer be responding to tweets or other social media posts until the shutdown ends. Even the first lady, Michelle Obama, said her own personal tweets would be limited.

One Twitter account, which for two years has been providing detailed updates on NASA's Voyager 2 program, offered this less-than-comforting post before going dark: "Due to government shutdown, we will not be posting or responding from this account. Farewell, humans. Sort it out yourselves."

Swedal, the Denver real estate agent, said in a telephone interview that he doesn't think his tweets will make a difference. In the end, he says, politicians are likely to do whatever they want.

"But at least I feel better," he said.

Student feels bombarded by mass-email

Christopher Bordelon
Student Opinions

Dear NSU,

I write this in hopes of gathering attention to an overlooked aspect of our campus email system. Some online students, including me, live far away from campus. I live south of Lafayette, which would be a giant inconvenience to my life and employer if I were to attend many of the events on campus. While it is great the campus has these outings, it is annoying to receive the same email two to three times a day, every day, until that event has passed.

There are many instances of non-essential emails being passed through the system. Some of the more frequent ones include:

- Random student lost article 'X', and if I see it call Department 'Y'. Good thing I live 200 miles away, someone might have thrown a set of keys that far.
- Random gender specific organization is hosting a meeting and wants me there. Imagine me - a 6-foot-5-inch, 265 pound male - showing up at a woman's only meeting. I would be kicked out immediately. Yet I have an invite, why is that?
- Sodexo spams my inbox with constant customer service surveys. Yet when I try to fill one out, I am told I am ineligible to complete the form.
- Multiple emails about the Mass Communication Scholarship. Great, just let me change my major to communications during my final semester and stay another four years.
- These issues can be solved with a little more effort using the following steps:
 - The 'all students' moniker should be limited to system wide maintenance alerts, university/departmental level messages, emergency alerts and university scheduling.
 - An opt-in/opt-out filter should exist for all non-essential messages.
 - For those students who live more than 50 miles away, there should exist an additional filter regarding messages about non-essential events at the campus.

I am sure it is an oversight that these filters were not in place. Otherwise, it would be laziness to constantly promote ideas and events to students that cannot attend them in any manner. I understand that this email may come across as being me being obtuse. I assure you, I was trying to put a humorous spin on something that can easily be corrected. Now, I understand the NSU "Student Service" at 318-357-6696 are extremely busy tackling the most difficult infrastructural engineering dilemmas at 8 a.m. on Tuesday and Wednesday mornings with a staffed office and no phones ringing, except mine, all asking me to leave a message and someone will return my phone call in the order in which it was received.

Sincerely,
Christopher Bordelon

We need writers!
Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 5:30 p.m. We hope to hear from you!



Photos by Kara Scouten

The Demon defensive swarm tackles a Lion before he can make any progress with the ball. (Left) Redshirt freshman Jahvez Barnes returns a kick giving the Demons great field position. (Right)

Purple Swarm shuts out Lions in victory, 37-0

Sports Information

Northwestern State got three touchdown passes from Zach Adkins, a 50-yard punt return score by Ed Eagan, and a shutout from the Purple Swarm defense Saturday night in a 37-0 non-conference whipping of Langston in front of 9,338 at Turpin Stadium.

The Demons (3-2) surrendered only 122 yards while posting 452 themselves against the Lions (0-4), an NAIA program bidding to move into NSU’s NCAA Division I FCS level.

It was the 19th straight victory over a non-Division I foe, dating back to 1994, by Northwestern, which moved to 32-1 against lower-division opponents since Turpin Stadium opened in 1977.

It was the first home field shutout for Northwestern since a 63-0 shelling of Oklahoma Panhandle in 2003, and the first time since a 2011 34-0 win at Nicholls State that the Demons held a foe scoreless.

“Getting a shutout, that’s a very nice accomplishment. That goose egg looks real nice up there on the scoreboard,” said Demons’ first-year head coach Jay Thomas.

“It says the defense did a heck of a job tonight.” Adkins tossed TD passes of 4, 62 and 14 yards while completing 23 of 34, with one interception, for 273 yards. Eight ball carriers combined for 163 yards. Redshirt freshman De’Mard Llorens scored twice, on a nine-yard run and the 14-yard pass from Adkins, within a four-minute span late in the third quarter. NSU put 16 points on the board in less than five

minutes in the third period to stretch the spread to 37-0. Chris Moore started the spurt with a 22-yard field goal, then Llorens darted 9 yards two snaps after a Fred Thomas interception and 18-yard return to the Lions’ 26 for the second Demon scoring in 42 seconds. The 14-yard Adkins-to-Llorens pass capped a 51-yard drive 2:41 before the quarter ended.

The Demons dominated the first half but the 21-0 lead didn’t reflect the 251-63 yard advantage. Those stats didn’t include Eagan’s 50-yard punt return touchdown, the first punt runback for a score by the Demons since 2004. The margin could have been bigger but Moore missed field goals of 23, 52 and 50 yards.

Adkins had a pair of touchdown strikes, the first on NSU’s third series of the game, a 4-yarder to Louis Hollier a couple of snaps after they combined on a pretty

26-yarder to highlight an 11-play, 80-yard drive. Then late in the half, with Langston bringing everybody on a blitz, Adkins zipped a throw down the middle to true freshman Shakeir Ryan who ran alone to finish a 62-yard score for the 21-0 lead.

The Demons’ defensive masterpiece included five sacks; two by redshirt freshman defensive end Je-Marcus Marshall. Senior linebacker Pat Black topped the Purple Swarm defense with eight tackles while 26 Demons had at least one tackle – including two seniors who began their college careers as true freshman starters at Langston in 2010, defensive tackle Shane Abdul-lah and linebacker Jordan Sennett.

The yardage yield was the lowest by the Demons since their 2011 win at Nicholls, who is the Demons’ next opponent in two weeks.



Photo by Gary Hardamon

The Lady Demons congratulate each other. The team hopes for repeat success this spring.

Softball preps for spring

Tiandra Williams
Staff Reporter

Lady Demon softball looks to develop some chemistry in their four game fall season schedule. Last season’s Southland Conference Tournament Championship title and berth to the NCAA tournament made for a standout year for the Lady Demons. Softball was one of three Demon programs to earn the conference championship last year.

“Winning the Southland Conference Tournament showed us what we are capable of doing and how far we can go,” junior third baseman Brittany Virgoe said. “Now all the returners are excited to come back and play another season with the addition of our freshmen we are even more pumped up to see how far we can go this year.”

The Lady Demons have added 10 new faces to the roster and just began their first week of practice. During their first week reunited, the Lady Demons held a few scrimmages where head coach Donald Pickett stressed the importance of being detail-oriented, considering all the little things that go into building a

championship. The team will get to use that practice as they head into the four-game fall preseason. The purpose of this fall season is to gain experience with new teammates and get back into the swing of things. They experience should help the team chemistry between players. “We would love to go 4-0 in the fall ball season and have four quality games against all our opponents,” Virgoe said. “Overall this year we want to be the best team in school history in regards to winning conference, winning the conference tournament, winning our first Regionals, and winning the Women’s College World Series. We understand that being the best team in school history doesn’t just mean setting records but building close team chemistry on and off the field.” The Lady Demons were to head to Baylor University to kick off their fall schedule on Saturday, September 28th. The game ended up postponed and was scheduled at a later date. Southland Conference play does not begin until the 2014 spring semester. For the information, check the Demon Athletic Website, www.nsudemons.com.

New director bringing big changes to WRAC Intramurals

Brian Cook
Sauce Reporter

Students can look forward to big changes this year as the WRAC shifts in leadership. The WRAC, open to all current students, hosts a variety of minor sports free of charge. The sports include badminton, corn hole, doubles tennis, wallyball and dodgeball. Allen Eubanks, new assistant director of intramurals, has some new ideas for his first year back at NSU. After graduating in 1997, Eubanks returned to NSU after 16 years coaching rowing in Oak Ridge, Tennessee. “Don’t change it if it isn’t broken,” Eubanks said, but a “better student turnout” is what he would like to see at intramural events. Eubanks has plans to increase the WRAC hours, cre-

ate more sports to play and to provide the students with more places to play them. This year the entry fee has risen from \$25 to \$40 for the entry of a major sports team. Major sports consist of flag football, basketball, volleyball and softball. Profits from the cost increase will go to the intramural program paying for maintenance fees, referees and new equipment, Eubanks said. According to the Intramural Handbook, one objective within Demon Intramurals is to develop desirable attitudes, good sportsmanship and a high standard of cooperation among those who participate. “My goal is to get more students involved. I want to give students the opportunity to be on campus and know each other,” Eubanks said. “The more students get involved, the more they’re going to like campus.”

Volleyball reaches six straight wins over SFA, 3-1

Sports Information

Freshman Ashley Elrod put up a .386 attack percentage and her fifth double-double of the season to aid in the 3-1 (25-9, 25-20, 21-25, 25-22) victory for the Northwestern State volleyball team over Southland Conference rival Stephen F. Austin Saturday afternoon at Prather Coliseum.

The win marks the sixth in a row for the Lady Demons as they improve to 7-8 overall, 3-0 in the Southland. SFA drops to 10-6 overall, 2-1 SLC.

“We executed very well in our transition and our counter-attack, so when SFA was in a bad situation, for us to take that ball and convert it was the reason for such a big run, but we knew it wasn’t going to be that easy,” said fourth year co-head coach Hugh Hernesman.

“We have a lot of respect for them, and they’re a very good team.”

The Lady Demons notched a come-from-behind win in the fourth set to maintain their four-game win-streak at home. NSU took a 5-0 lead to force a SFA timeout and went up 12-8 before the Ladyjacks went on an 8-0 run to take a 15-13 lead.

The Lady Demons slowly battled back and trailed SFA by four before the Ladyjacks went on a 4-0 run. Elrod tied the game at 22 and knocked down three more kills to take the 25-22 win.

“One of the things that was most impressive for me was that we were able to turn things around so late in the fourth,” said Hernesman.

“We were down 18-14 and took a timeout so we could refocus on what we needed to do.” NSU got ahead early in the first set, posting a 25-9

domination that included a match-high 10-0 run to put the Lady Demons up 22-6. Northwestern State slowly knocked down three more kills to take set one.

Set two posed eight ties and lead changes, and just one 3-0 run by NSU as both teams found themselves tied at 16. The Lady Demons slowly took the lead and put the Ladyjacks at an arm’s length for the 25-20 win heading into the break.

SFA didn’t go down without a fight, controlling the entire third set, including two 3-0 runs to take a match-high 9-4 lead en-route to a 25-21 win.

Elrod knocked down 19 kills and 13 digs to lead the Lady Demons on the day, followed by Caiti O’Connell with 12 kills. Setters Emily Johnson and Natalie Jaeger dished out 43 total assists on the day.

“Ashley killed all of the last four points for us - she saw opportunities and she took advantage of them,” said Hernesman.

“Some freshman sometimes might shy away from those situations and not perform as well, but she made the comment after the Southeastern match that she just goes out and plays the game.”

Mackenzie Neely recorded six kills, three digs, three blocks and two service aces. Libero Keelie Arneson dug up 21 Ladyjack attacks, trailing Southland digs leader O.J. Olsen’s 31 digs on the day. Olsen also recorded two service aces on the day.

The Lady Demons hit the road next week when they travel to Southland Conference tournament defending champion Central Arkansas on Thursday for a seven o’clock start. They will continue on to Tulsa, Okla. to face Oral Roberts on Saturday at 2:00.

NSU returns home on Oct. 10 to host McNeese at 7:00 at Prather.

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Northwestern tier 1 among ‘America’s Best Colleges’

Emily Carter
Staff Reporter

U.S. News & World Report recently released the 2014 edition of “America’s Best Colleges,” in which Northwestern State University ranked as a Tier 1 school in the South. Only one other college in Louisiana was given this rank. To determine the rank of a university there are several categories that are developed varying from Liberal Arts Universities to Research Universities. Schools are also separated into four regions and compared like that. Once those distinctions are met each school is evaluated in 16 areas that deal with academic excellence. These areas include: peer assessment, retention and graduation of students, faculty resources, student se-

lectivity, financial resources, alumni giving and graduation rate performance, which means the difference between the proportion of students expected to graduate and the proportion who do. The most emphasized portion is retention and graduation of students and the graduation rate performance, which make up a total of 30 percent of the score. The third part of determining a school’s rank comes from the composite weighted score. The schools that have the best composite weighted score are labeled as a Tier 1 university. The rest of the schools are considered a part of the second tier and labeled as “Rank Not Published.” This ranking has been well-received by students and faculty alike with President Randall J. Webb being especially pleased to see Northwestern recognized as being among the top regional universities in the South. “It is a reflection of the work that has been done to

attract better, more prepared students to the university and the dedication of our faculty to student success,” Webb said. The professors help push ideas further and make opportunities more abundant. They feel as though they have so many opportunities to get involved thanks to professors who advise on out of class activities. This is especially true when considering Louisiana Scholars’ College presence on the campus, which is one of the top academic programs at NSU. According to Brandi Vincent, a senior, “The Scholars’ College provides a private liberal arts experience with the opportunity to take part in extracurricular activities as you would at a larger university. We have a good student to professor ratio. The professors played a formative role in the success I had in two internships.” NSU’s presence on this prestigious list showcases how well we are doing as a school. This is due in part to our dedicated faculty and the commitment of the students

Meet Miss NSU

Emily Frame
Staff Writer

Jebha Babu, from Mumbai, Maharashtra, India, was named the 2013 Miss NSU. Babu is a senior liberal arts major with a concentration in scientific inquiry at the Louisiana Scholars’ College. She is the vice president of the Student Activities Board, vice president of Alpha Epsilon Delta pre-health occupations honor society, sisterhood and social chair of Sigma Alpha Iota women’s professional music fraternity, Demon Dodgeball vice president and a 2012 freshman connector.

She is also a member of Blue Key Honor Society, Phi Kappa Phi Honor Society, Phi Beta Delta Honor Society for International Students and has performed in “A Midsummer Night’s Dream”. Babu was also a Louisiana Scholars’



College Forum Council Representative. “I screamed when I found out,” Babu said. “I’m very excited!” The title of Mr. NSU went to Darrell Favis. “I’m so happy Darrell won,” Babu said. “He deserved it. He’s friendly, intelligent and very sweet, but everyone on the runoff ballot deserved to win.”



Submitted photo

Forsyth to star in faculty concert

Sauce Reporter
Jessi Dodd

NSU faculty member Leah Forsyth will star in a concert on Friday, Oct. 18 in the Magale Recital Hall at 5:30 p.m. Forsyth will be playing the oboe and be accompanied by a harpsichord and bassoon, a piano, and an organ at separate times throughout the evening. The concert is meant to expose the campus and surrounding community to music, Forsyth said. The concert will feature works by J.S. Bach, Poulenc, Colin, Koetsier and Piazzolla, Forsyth said. Forsyth picked the selections herself. “They’re my favorite pieces. Some I’ve performed before, some I have not had a chance to perform. This is a good chance to do that,” Forsyth said. Forsyth is now in her third year of teaching at NSU, she said. She teaches oboe, fine arts and music theory. Prior to teaching at NSU, Forsyth served in the U.S. Army Field Band.

Forum Council educates campus on Affordable Healthcare Act

The Louisiana Scholars’ College Forum Council welcomed a representative from Organizing for Action to give information on the Affordable Care Act, or Obamacare, and what it means for students on Tuesday Oct. 15. The representative hosted a booth in the Friedman Student Union and will be there again on Wednesday Oct. 16 from 12 p.m. to 4 p.m. The booth is intended to help students make an educated decision on their healthcare by presenting the facts of the Affordable Care Act. Junior Taylor Nelson helped work the booth. “Students should know that the ACA has been passed into law, and the more young healthy people (students) who get on board, the better the program will succeed,” said Nelson. “No one can be dropped from their insurance or be denied assistance under the ACA.” Under the ACA individuals are required to have insurance coverage or pay a penalty. Young adults have the option to remain on their parents’ insurance plan until the age of 26. There will also be expanded Medicaid coverage in some states, tax credits to help pay for health insurance and improved student health insurance plans. Citizens in need of health insurance will

not be denied coverage, regardless of their health. Those who already have insurance coverage will benefit from the act, as well. If insurance companies don’t spend at least 80 percent of your premium on care, you’ll get money back. Preventative care is also free. This includes annual checkups, vaccinations and mammograms. And insurance companies can no longer set lifetime limits on coverage. “I came in today knowing little about the ACA and wasn’t entirely sure about where I stood on it. Carolyn showed me examples of different incomes and family types and the cost these people would pay depending on which healthcare plan they chose. I was truly intrigued by how affordable the plans were,” Nelson said. The ACA directly affects students. Young adults between the ages of 18 and 34 are uninsured at nearly double the rate of older adults. Students can apply for coverage through online marketplaces, telephone call centers, or paper application. Navigators are available to provide impartial information to consumers about health insurance and help them shop for and enroll in an insurance plan. Flyers were handed out at the booth with information about the ACA.

Cody Waagner crowned NSU Homecoming King

Emily Fontenot
Staff Writer

NSU students voted Cody Waagner their 2013 Homecoming King. “They had to send me the picture that said I was king for me to believe it,” Waagner said. Waagner is a senior Psychology and Biology major with a concentration in pre-med. He is a member of the National Guard, Alpha Phi Alpha fraternity, the Psychology club, NPHC, and NSU BCM. He plans to graduate this spring and begin law school in the fall. In route to medical school, he was scheduled to take the MCAT during the summer. His experience working a summer job at a law firm caused him to rethink his plans for the medical field and take the LSAT instead. Originally from Pennsylvania, he has lived in a number of states. He decided to transfer to NSU during his Freshman year at the University of Pittsburg after his brother Colt Waagner convinced him to join the National Guard and go to school with him in Louisiana. “Moving was nothing new,” Waagner says. “But the biggest shock was the food and the separation between Black and White. The weather as well—summers down here are crazy.”

Now a huge fan of Louisiana cuisine, he admits going home to Pennsylvania is a transition. “The food just isn’t the same, with the exception of my mom— she’s still a great cook,” he says. Waagner joined Alpha Phi Alpha fraternity the second semester of his junior year. He says his motivation for joining a historically black fraternity was to do something about the racial segregation he observed in the South. “Colt and I were sitting in Vic’s and noticed that the white people were sitting on one side and the black people on the other,” Waagner said. He then told Colt that he wanted to do something about it. He felt that joining Alpha Phi Alpha could in some way help to break the boundaries and make people aware of the situation. “I love being an Alpha,” he says. “It’s great, they taught me how to dance and step. I’ve done three performances so far.” Waagner said one of his best memories at NSU was during NPHC Probate. The new Alpha’s walked in the gym with faces covered. “When I took off my mask, everyone went crazy,” he



Submitted photo

Cody Waagner, senior Biology and Psychology major, is NSU’s Homecoming King for 2013.

says. “They couldn’t believe it.” He believes that his Alpha brothers at NSU taught him a lesson that he would not have learned elsewhere. “They taught me that there’s no such thing as no,” he said. “Even if it seems like you can’t make it, there’s always a way.” Waagner also serves at the Baptist Collegiate Ministry on campus. “The BCM has been encouraging to me because I see other young men and women that love God,” he says. He also values his experience in the National Guard. “It’s helped me mature as a man,” he says. “And it’s caused me to realize that a lot of the little things don’t matter.” Cody Waagner will be crowned King with Queen Alayni Guidry during halftime of NSU’s Homecoming game Oct 19.



Head to Voodoo Fest with KNWD’s Attack of the Jack O Lantern pumpkin carving contest

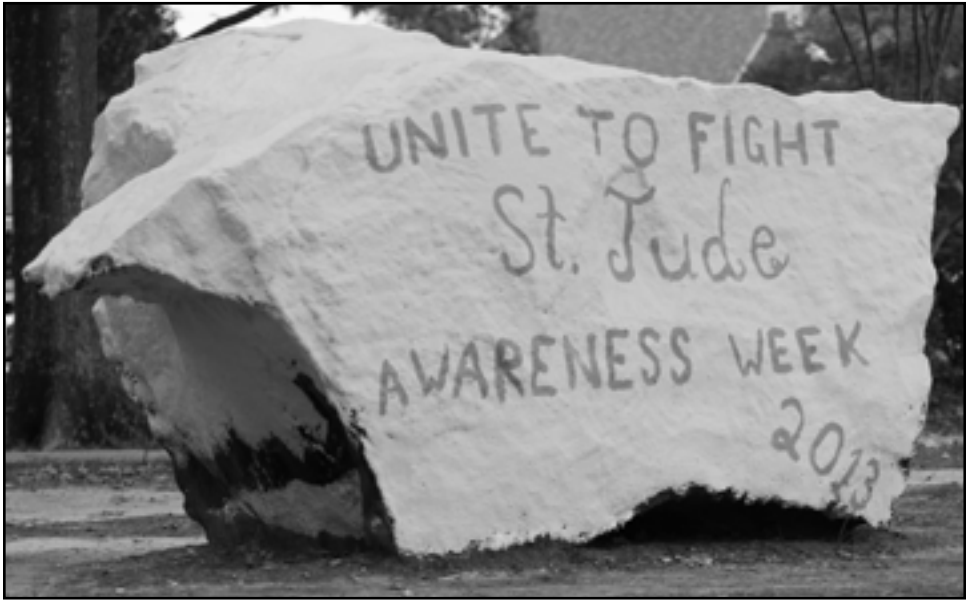
Micah Pickering
KNWD News Director

NSU’s radio station, 91.7 KNWD The Demon, will be holding their 2nd annual “Attack of the Jack O’ Lanterns” pumpkin carving contest in front of the Student Union on Oct. 24th 2013 at 6 pm. Like last year’s contest, the prize is a pair of tickets to Voo Doo Fest inNew Orleans. This year’s Voo Doo Fest starts Nov. 1 and will feature Kid Rock, Pearl Jam, Nine Inch Nails, and many more. Pumpkins must be submitted for judging in front fo the Student Union between 6:00-6:30 p.m., and they will be judged at 6:30pm. Each contestant will be asked to fill out a form with basic info attached to a number which will be written on the bottom of their pumpkin. Pumpkin stencils are allowed. Inappropriate carvings and/or rotten pumpkins won’t be accepted. Pumpkins will be judged by five NSU faculty members from various departments on originality, creativity, and detail. Attack of the Jack O Lanterns was created last year by former KNWD General Manager Tara Luck, and former KNWD Public Relations Director Richard Sharp. Last year’s creative pumpkins depicted Al Capone, The Death Star, and Lionel Richie. KNWD and its staff is looking forward to the big event and encourage all to participate.

‘Celebration of Song’ to premier October 22

Summer Evers
Staff Writer

Northwestern theatre will present “Celebration of Song” in A.A. Fredericks auditorium at 5 p.m. on Thursday, Oct. 22. The show will feature theatre majors who are concentrating in musical theatre. They will be getting together to celebrate song by presenting a collection of music from various Broadway musicals such as *Slide Show*, *Legally Blonde*, and *Les Mis*, just to name a few. “It’s an honor because I get to perform with other concentrators, and just have a group effort and learn how to work with each other,” sophomore Musical Theater concentration Hannah Hays said. “When we have a moment on stage the audience gets to be a part of that moment and that’s when the thrill of it all of it comes together. It’s great.” “Celebration of Song” has been presented here at Northwestern for three years and is directed by the director of Musical Theatre Concentration, Andrew Lewis. For senior Julian Anderson, this isn’t the first time to be a part of this production. “I’ve done this every semester I can think of,” Anderson said. “It’s fun to sing and it gives me performance time in front of people that I wouldn’t normally get.” Singing may be done for pleasure or profit but excellence in singing may require time, dedication, instruction, and regular practice. “If you can’t sing, you can take voice lessons to see if you can learn how to sing. You learn the placement of your voice,” Anderson said. “So if you practice it over and over and over again, it becomes a muscle.” Musical Theatre concentrator, DeAngelo Renard, has been intent on singing since he could remember. “I’ve always wanted to sing since I was little and I’ve always did choirs,” Renard said. “I didn’t do theatre until I got into high school and I just fell in love with it. There’s just an adrenaline rush that I get when I’m on stage to perform.” For all who chose Musical Theatre as their concentration, this is just the start of their career. “Hopefully, we will get jobs and have to do this many of times in front of large audiences like in New York City one day,” Renard said. “When you have a group of people who love to perform and who put on performances it’s just something special.” Students will be able to attend “Celebration of Song” free with their current Student ID. For others, tickets can be purchased at <http://theatre.nsula.edu>.



Photos by Tray Cooper

Student organizations paint on the rock to advertise for events. ‘Unite to Fight’ advertised their awarness week as part of a yearlong mission to raise money for St. Jude’s.

Who gets to rock ‘The Rock’?

Painted ads on campus boulder receive support from students

Emily Carter
Sauce Reporter

Placed between the Student Union and the Creative and Performing Arts Center, the Rock stands as a symbol of Northwestern State University. It is used as a message board to remind students about performances, philanthropic events, Lady of the Bracelet, Greek events, etc. It seems to imply the idea that “NSU rocks.”

The Rock first made its appearance on Northwestern’s campus in the summer of 2006. Several faculty members with the help of local contractor Pat Johnson brought it here.

Head of First Year Experience Reatha Cox was involved with bringing the rock to campus. She had seen this on other campuses, and it seemed to create excitement for student organizations to advertise events.

She knew it would be important here and now feels the Rock is an integral part of the spirit of Northwestern.

“It’s been really fun seeing the different personalities,” Cox said. RSOs put their personalities into decorating the rock like the Fresh man Connectors who put their handprints on their rock ad.

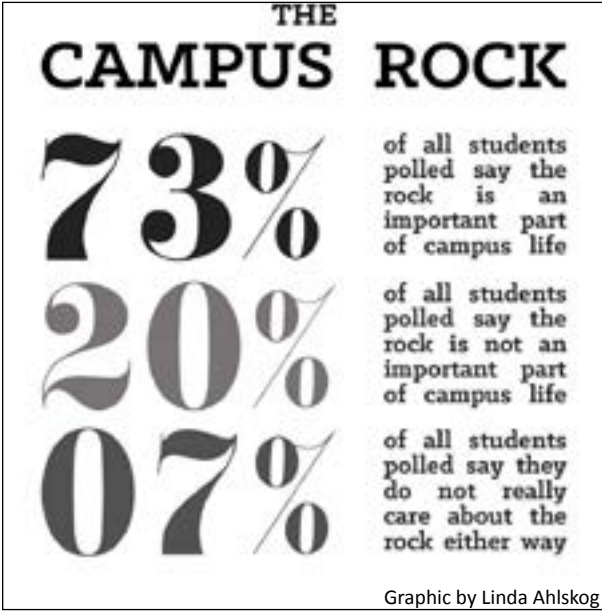
“Every year when it’s time for classes to start again, the rock is

there welcoming the new students, but it also feels like it’s welcoming me back,” an anonymous student said.

In a poll of 200 students, a majority said the rock is an important part of campus life. (see graphic).

The results suggest the rock is considered important to most students. This is especially true when someone is part of a registered student organization or club sport that advertises on the rock.

To reserve a spot for your organization to be represented on the rock, a form is available with administrative assistant Joy Johnson. She can be found in room 136 of the Student Services Center.



Don’t let your hair just fall this season

Tips to manage your ‘do’

Regine Lyons
Fashion Columnist



Now that it’s starting to cool down, we’re bringing out the scarves, the boots and the hats. But hair is so versatile and has much styling potential this season. From hats, accessories or just rocking an updo, your hair be styled many ways this fall.

First hair tip: wear those hats. Hats vary in their styles and functions, but a hat that can keep your ears warm is a seasonal must-have. Fedoras, cloche, berets and beanies are just a few types you can wear during this season.

Second hair tip: accessorize your do. Headbands are big this fall because they’re very affordable and come in a variety of colors and pat-

terns. There are also holiday themed hair clips, pins, bows and head wraps great for Halloween, Thanksgiving, and Christmas when you’re in the festive mood.

Third hair tip: do the updo. There are many elegant updos you can rock during any occasion. Putting your hair into an updo can also protect it from any damage during very cold weather. Pony tails and buns are also other styles that are great to wear for during this season.

Last hair tip: take advantage of the lower humidity this fall. Most girls struggle to straighten or curl their hair during hotter months due to how humid it is outside. Since the humidity is much lower now, you don’t have to worry about your hair frizzing up as soon as you walk out the door.

Hopefully these ideas will inspire you to do something different or be creative with your hairstyles within the coming months.

Who will be NSU’s next Lady of the Bracelet?

Pageant continues strong in 56th year as women compete for title

Damian Glover
Sauce Reporter

Tallies have been made and the judge’s votes are in. 19 girls have officially been selected to compete in the 56th year of Miss Northwestern Lady of the Bracelet in January.

The selected ladies will compete in areas of interview, talent, swimwear and evening gown. The first place winner will receive the title of Miss Northwestern Lady of the Bracelet for the 2013–2014 school year.

The title comes with a fully paid scholarship and a trip to Monroe where she will compete for the title of Miss Louisiana, which will result in traveling to compete in the Miss America pageant if she wins.

The process of competing in Miss LOB is considered a tedious but fun filled time with many memories.

“For me, competing in this pageant is not about winning or losing, but about proving to all of the faculty, staff, and students here at Northwestern that I am 100% dedicated to this campus. Since I am only a freshman, and since I have never been in a pageant before, I’m excited to be able to participate in an event as special as this,” LOB contestant Anna Rees said.

The ladies start out competing in a preliminary completion where they showcased their talents for several judges including Carrie Crowell, Kristen Reil, Paul Pharris and Greg Spencer.



Photo by Damian Glover

Grace Brumfield sings for her talent in the LOB Prelims before the final competition.

The next phase of the process requires the candidates to attend several closed mock interview sessions with community and faculty members to prepare for onstage questions and answers. In the final stage they will be competing for the bracelet in front of over 600 peers, family and friends.

In the early 1920s, NSU’s yearbook

Potpourri sponsored the first beauty pageant held on campus. The contestants were selected from photographs submitted to well-known producers for judgment and were chosen by their charm and beauty.

In 1958, Kahne Dipola was crowned the first Miss Lady of the Bracelet and she received a gold bracelet to wear when she represented the university in public. The bracelet has since been passed down to each holder of the title.

Through the efforts of Mr. Robert W. Wilson, Sr., the Student Union Governing Board purchased the first franchise from the Miss Louisiana Pageant in 1971, enabling the Lady of the Bracelet to enter the state contest.

The Student Activities Board has continued the tradition of sponsoring the LOB Pageant for the enjoyment of the Northwestern State community. The Lady of the Bracelet pageant has gained state recognition for production, scholarship, and quality of contestants.

Those who are competing include-Alaina Davis, Anna Rees, Caitlin Douglas, Erin Welch, Falon Jackson, Grace Brumfield, Haley Rhodes, Haley Brister and Kayla Marshall.Also competing in the pageant are Kyla Winey, Lakyn Ward, Leanne Perdue, Leanny Munoz, Lizzy Debileux, Marissa McMickens, Rebekah Burleson, Roxanne Leblanc, Taylor Walker and Taylor Layman.

The current Lady of the Bracelet is Breanna Collier, of St. Amant, LA.



Senior art major Courtney Hawkins painted ‘What’s your DOC’ (left) and ‘They’re Out For Themselves’ (above) for her senior show. All art majors are required to create a final exhibit before graduation.

Q&A with artist Courtney Hawkins

Behind the scenes on her exhibit ‘Inner Demons’

Q: How did you become interested in art?
A: I’ve always liked to draw, ever since I was little, so there isn’t really a reason aside from it’s always been like that. However, I didn’t know it’s what I would aim to do in life until the moment I started filling out college applications. I couldn’t see myself doing anything that wasn’t at least related to art.

Q: What inspired your art show? What are you hoping to accomplish with this show?
A: Through the later part of my childhood my Mom has struggled with addiction. It’s made it hard for all of us. I’m really proud of her though, 2+ years sober and counting! It’s because of her that I wanted to do this. I’ve seen a lot of good and bad come out of it and I just get tired of the stigma against it. It’s a sickness just like depression, we don’t throw depressed people in prison or restrict the jobs they can get so why so we treat addicts who are clean and sober so poorly? Even if my pieces are a bit on the metaphorical side, I’m just hoping someone learns something from it.

Q: What are your plans for after graduation?
A: I am hoping to get my MFA in fine arts/illustration and to start building my portfolio. I don’t have all the details hammered out, but I’ll be searching and applying to schools as soon as my show is over!

The show will run from October 21-25 in Gallery 2. Information from Emily Carter

Questioning the Court: What is the greatest impact that NSU has made upon your collegiate career?

“Northwestern State University has taught me the importance of networking and always being respectful of my elders. I cannot count how many times I’ve received more than the normal amount of help and cooperation from the faculty and administration of this campus just because of the personal relationships that I’ve developed with them.”
-Patrick Thomas

“When I applied for college I saw a brochure, “Find yourself at Northwestern”, I’ve honestly have found myself at this University. I am thankful for the friends I have made and the faculty and staff who have taught me life lesson. NSU will always be near and dear to my heart. Go Demons!”
-Alayni Guidry

“Perhaps the greatest impact NSU has had on me throughout my collegiate career is the Louisiana Scholars’ College. If it wasn’t for LSC, I honestly would not be at Northwestern today. The program has truly challenged me intellectually; however, I have grown so much through learning how to think critically in a wide array of academic areas.”
-Mathew Spence

“Northwestern has given me a home away from home. After, suffering from shoulder injuries my NSU softball collegiate career was over. I had the option to transfer back home, but NSU had become my second home. Looking back, my college experience would not have been the same without attending Northwestern.”
-Bailee Cartwright

“My time at NSU has been extremely rewarding. I have formed friendships that will last a lifetime and have grown not only as a leader but as a person overall. I have found not one but many families at this university, and for that I will be forever grateful.”
-Memrie Gibbons

“Coming to NSU was the best decision I have ever made. NSU has completely molded me into the person I am today; not only from the organizations I got involved in, but the connections and relationships I formed with such amazing leaders and influential people I can look up to.”
-Lundyn Hunt

“NSU has taught me how to adapt and become independent. Thanks to 2 friends that I met in the Presidential Leadership Program they were able to push me out of my comfort zone and thanks to them I have been able to become a leader.”
-LaMario Fortson

“Being a student at NSU has opened up my interests to areas I would have never imagined by encouraging me to get involved in campus and community life in Natchitoches. I have learned more outside of the classroom, including leadership, communication, and life skills through involvement in organizations on campus.”
-Taylor Layman

“The greatest impact NSU has had on my life has been it’s Greek community and joining Theta Chi Fraternity! The university’s Greek Life was so welcoming to me as a freshman and I found a group of guys that were family away from my New Orleans family.”
-Austin McCann

A first impression can be a life changing one

NSU students can make a difference with a simple smile. Once someone with a disability knows you, they will open up to you.

Victoria Novitsky
Student Opinions

A wave, maybe a hand shake, what about a nod, a “how are you?” or “hello” or maybe even a “good morning” but definitely a smile.

A smile is important when you are trying to make a good first impression, but also knowing what to say is crucial. First impressions can come in a business meeting, a new school, at a job interview, or maybe, just walking in a store or through town. One thing for sure is that no matter the situation, a smile is one way to make a first impression a life changing impression.

When we were younger we always stared at those who were disabled. We did not understand why they were in a wheelchair or why they “looked different”. Sometimes we would try not to stare, but we always seemed to find our eyes wondering in the direction of someone who is different.

There are many kinds of and severity levels of mental disabilities. Sometimes it is hard to see who has and does not have a disability. Though after spending an entire school year interning for the Special Needs class at Pearl River High School I have learned a lot about people with mental disabilities.

I know first hand how hard it is to differentiate the levels of disabilities and kinds of disabilities. One thing I have learned is that anytime I am around one of those students, I cannot help but smile.

Sure at first I was worried about my impression and how to act around them, but little did I know that they would change my life.

No matter the day, it never seemed to fail; they were always happy and positive. I was able to form friendships with students who struggled with communicating with others.

Ponchatoula High School Agricultural Science Students are paired up with students with mental health disabilities to help them excel in their agriculture class and Supervised Agricultural Experience in the FFA.

These are two schools that offer windows of opportunity to their students by allowing them to communicate with those who have trouble communicating for themselves.

A quote written by a boy with autism sticks out in my mind in the piece “The Reason I Jump” written by Naoki Higashida:

“He values the company of other people very much. But because communication is so fraught with problems, a person with autism tends to end up alone in the corner.”

So many people overlook the frustration those with disabilities have when it comes to communicating with others. But why?

Is it that we are afraid to try to communicate with those who are different? Are we unsure of how to help?

Students at NSU can make a difference with a simple smile. Once someone with a disability knows you, they will open up, just as your friends do. These unique people can be life changing marks in our lives; we just have to know how to get started.

I challenge you to get involved with organizations on the NSU campus to be an advocate and an ally for those with disabilities. Get involved with community groups. Be the voice for those who do not know how to speak for themselves. Your first impression may be a firm handshake, but for those around us who are unique, they may only have impressions that shine your way through a smile.

May is the National Mental Health Month, only seven months away! Now is the time to start making a difference so come May 2014, NSU students can teach others how to make their first impression a life changing one. Who knows what a simple smile can lead you to?



AP Photo/Fox, Adam Rose, File.

Late actor Cory Monteith performing a scene from “Glee.” Monteith was found dead in a hotel room in July. Tests showed his death was caused by a mixture of heroin and alcohol.

NS‘U’

FOREIGN-EXCHANGE VOICE

“What has been the biggest culture-shock since coming to The United States?”



“You guys say good morning when you see each other; we either kiss (kiss on the cheek) if we know them or keep walking because in France people are not polite. People here are very friendly. You guys have way more slang than we were taught back in France so we have a hard time understanding things.”

Angela Fernandez
JUNIOR, FRANCE



“I really miss the traditional music from back home, but I do not miss the weather. The weather here is so nice. The faculty here is very nice and caring for the students as well. It was very difficult for me to adjust to the language here, it took me almost a year and a half. Here people are very polite but in my hometown not so much.”

Emilio Castro
SENIOR, HONDURAS



“The street signs are very different and people like to dress really well just to go to school or work. I have also noticed American students do not show their professors respect like we do in Paris. We always look our professors in the eyes if we are talking with them. In France, it’s way more judgemental too.”

Yannis Tanic
JUNIOR, FRANCE



“The food portions are a lot bigger. The system of education is very different, the standard number of years a student attends college here is four years and in France it’s five years. And colleges only have one school in the college. For example, I went to college of business. In France we really dress up when we go out, like dresses and heels. Most people here wear shorts and flats.”

Neila Badirou
JUNIOR, FRANCE



“The culture is a lot different and the weather is also very different. It is always so humid, hot, and raining back home. You guys have much more appreciation for classical music, but I do like to salsa dance and here we don’t hear that kind of music. In Columbia people do not appreciate classical music.”

Maria A. Carmona Ruiz
FRESHMAN, COLUMBIA



“The food is different, there is more organic food in my home country. The portions of food served here is way bigger. You cannot live on campus at a Colombian college, everything is so spread out. I find it odd that there are dorms here.”

Oni Luz Melendez
FRESHMAN, COLUMBIA

THE CURRENT SAUCE STAFF

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We need writers!
Interested?
Come by our office, 227 Kyser. Meetings are Mondays at 5:30 p.m.

Gleeked out: Does the “Glee” tribute to late Cory Monteith glorify drug and alcohol abuse?

Instead of giving Montieth a tribute episode filled with sorrow for the actor, why didn’t the show focus on helping addicts and getting them the proper treatment they need?

Anonymous
Student Opinions

I am not much of a Glee Fan. I watched one or two episodes; I’ve heard a few songs. Beyond that, I don’t really know the show.

I knew the main characters, though. I was familiar with the actors and the character they portrayed. Like many others, when actor Cory Monteith passed away over the summer, I knew he played Finn on the show.

Glee recently did a tribute episode to Monteith, featuring costar and fiancée, Lea Michelle, as well as other characters that starred in the show with him. While the show was claimed by fans to be extremely sad, as well as emotional and heartfelt, the show failed to recognize the cause of Monteith’s death.

Montieth died of an overdose of heroin and alcohol. While it was ruled accidental, it was known that Monteith struggled with his drug addiction and only a small time before his death he did finish a rehabilitation program.

Maybe the rehabilitation program didn’t held Monteith, or maybe he simply succumbed to his addiction. Either way, the sadness of his death cannot be overshadowed with the fact that Monteith was in fact a drug addict.

Instead of Glee giving Monteith a tribute episode filled with sorrow for the actor, why didn’t the show focus on helping addicts and getting them the proper treatment

they need?

Glee and its fans, as well as relatives and family of Monteith cannot ignore the fact that he needed better support and help than he was receiving.

At such a young age, Monteith left behind a future with his acting career, as well as a future with his fiancée.

What prohibited him from seeking proper help? What happened to Monteith to submit to his personal demons after completing rehabilitation?

As a non-Glee fan, I may not sympathize with other fans that see the tribute episode as beautiful and touching. However, while I believe the episode was thoughtful, Glee needs to shed light on alcohol and drug abuse so it can influence viewers to seek help or to stay away from harmful substances. With such a large fan base, Glee has the potential to spread good advice and make an impact.

Maybe Glee could have kept the show as tribute to the actor but had a character dealing with substance abuse issues who then is guided towards getting help. This would show that Glee is not turning a blind eye to Monteith’s cause of death---something they have done since his death.

By not acknowledging Monteith’s cause of death, the show seems to glorify the actor without accepting that he was troubled.

Glee grazes over controversial topics—why can’t Glee focus on an issue that led to the death of one of its most prominent cast mates?

Soccer team plays through home stretch

Michael Johnson
Staff Reporter

Over three weeks, the Lady Demons (5-8-1, 3-3-1 in conference) played a gauntlet of matchups in Turpin Stadium. The trial began against the Central Arkansas Bears (6-6-2, 3-3-0 in conference). Scoring three goals in the 1st half, two by Central Arkansas's Forward Adriana Lucar. The Lady Demon soccer team was blanked 3-0 in a Southland Conference game on Sept. 29. UCA scored their first goal by penetrating down the middle between two defenders from 18 yards out to get free and score their goal in the 15th minute. "We were disappointed that we came out flat and played like we played", head coach George Van Linder said. "If we had played the 2nd half like we played the 1st half, then we would've been fine. It was really a tale of 2 halves." The second goal came on a penalty kick from Lucar in the 21st minute after she was fouled within the box. Lucar's second goal came on an assist from forward/midfielder Haley Montgomery when she dropped a pass to Lucar from about 30 yards out to score right outside the box. Central Arkansas outshot the Lady Demons 5-4 in the 1st half, but NSU put seven shots in the 2nd half raising their total to 11 while UCA only had seven for the game. However, UCA had more saves than the Lady Demons with four to NSU's two, which kept NSU scoreless. Shelby Wilson, Camila Ardila and Louise Enberg led the Lady Demons in shots with three each, while Balmer led the team in shots on goal with two. "It was a team effort out there. We have a lot of seniors and everybody has to play their role. We'll always have an advantage and we want to get the most wins as possible in a difficult conference," coach Van Linder said. "I feel good about where we're at and we learned a lot." The girls went into the next week with that thought in mind and bounced back from their loss went into double overtime the following game to get a win against Sam Houston State, (5-7-1, 3-3-0 in conference) 2-1 on



Photo by Gary Hardamon

Lady Demon goalkeeper Jessica Danko dives for a save against Abilene Christian. Northwestern has a string of five home games on their schedule starting in September and lasting through the first half of October and is currently 2-2 in the stretch heading into their final home match.

Friday, Oct. 4. After the big win, the ladies fell again, this time 0-1 to Abilene Christian (11-3-1, 5-3-0 in conference) on Friday, October 11th. The ladies bounced back against McNeese State, (5-9-1, 0-7-0 in conference) Sunday, Oct. 13th, 2-1. The Lady Demons are hoping to break the alternat-

ing win-loss pattern and move into a positive Southland Conference record with a win before finishing the season with a string of four games on the road. Heading into November, The Lady Demons will be traveling to conference foes Southeastern Louisiana, Oral Roberts, Incarnate Word, and Texas A&M - Corpus Christi. This string of road games will see the end of the

conference schedule and the regular season. But before that the home game streak will end Friday, Oct. 18th at the Lady Demon Soccer Complex as NSU meets Nicholls (10-3-1, 4-3-0). It is the Lady Demons' last home game of the year. The Lady Demons got their only Southland Conference victory of the year against Nicholls last year.



Photo by Michael Wade

NSU football head coach Jay Thomas and his staff look on at the Demons to see what needs improving.

NSU falls to Colonels, 21-33

Sports Information

The Northwestern State Demons were bedeviled on third down Saturday as the Nicholls Colonels roared to a big halftime lead and held off the visitors 33-21 in the Southland Conference football opener for both teams. Nicholls (4-2) won its third straight, and snapped a two-game skid in the series with Northwestern (3-3), by dominating play on third down. Offensively, the Colonels' overall 65 percent (13-20) rate included converting 7 of their first 8 third downs while going up 27-0, and 11 of 15 as the lead moved to 33-7 late in the third quarter. Meanwhile, the Demons, who were getting 39 percent of their third downs offensively entering the day, went three-and-out on four of their first five possessions as Nicholls took command. "When you don't win third downs, it's likely to be a long afternoon. We didn't play good third down defense. We won first down, we won second down, but we did not do the job at all on third down," said Demons' coach Jay Thomas, "and we didn't move the ball after the fumble." The Demons' opening drive foreshadowed Northwestern's frustrating afternoon. After Nicholls opened with a 13-play, 75-yard march for its first touchdown, the visitors were on the way to responding when Rob Walker picked up a third-and-2 as he sliced 10 yards to the Colonels 35, but lost the ball at the end of the run. That was it for the Demons' offense for quite a while. After picking up 42 yards on its first eight snaps, Northwestern got only nine more on the next 12 plays while punting four times. Before NSU opened the second half with Daniel Taylor's 57-yard explosion down near the Nicholls goalline, and Garrett Atzenweiler bolted across from three yards away on the next snap, the Demons looked like federal government employees have lately. That flurry to within 27-7 was more frustrating as Nicholls fumbled on each of its next two series, only to recover both, while producing clock-draining drives of 12 and nine plays that ended with a missed field goal and the career-best third touchdown of the game by

fullback Marcus Washington (touchdown runs from 2, 1 and 4 yards). Down 33-7, the Demons found mild success in the fourth quarter. Leroy Armstrong's fumble recovery on the opening play at the Colonels' 15 led to Taylor's 10-yard scoring scamper on second down. Northwestern salvaged a glimmer of hope with its only successful sustained series, a 10-snap, 80-yarder over 2:32 capped by Zach Adkins' 1-yard sneak with 4:18 remaining to draw within 12 points. The Colonels essentially salted away the outcome appropriately, with a 14-yard play-action pass on third-and-3 from their own 32 as the clock wound under three minutes remaining. "We've got to get better, and there's a lot we can get better at. Although you have to give Nicholls credit for playing so well, we have nobody to blame but ourselves," Thomas said. The Demons didn't appear to have returned from their off week in the first half, unable to sustain any offense or to contain the Colonels. Nicholls had two methodical scoring drives, of 13 and 15 plays, and took command with two touchdowns within two minutes late in the first half. Northwestern managed only three first downs, was 1 of 6 on third down, and produced only 79 yards on just 23 snaps. Nicholls ran 43 plays and piled up 241 yards, 174 passing with 10 of 16 aim as it zoomed up by four TDs at halftime. It was a bitter homecoming for Thomas, who was on the Nicholls staff for 14 seasons, including six (2004-09) as head coach. But while surrounded by adoring well-wishers from those years following the game, he sounded more determined than disappointed. "We have some guys who are doing things differently in games than they do during the week, and we've got to get to the bottom of why that happens, and fix it," he said. "We've got good players and we can be a good team. Three times this year already, we have been." "We have six conference games left, and four are at home. The schedule works in our favor. It's the Southland Conference and surprise is always right around the corner. Hopefully we can be on the other side of the surprise next time."

Demons meeting SELU for homecoming

Both homecoming and a conference game, the Demons look to bounce back from their loss last year against the Lions and their loss opening Southland Conference play last week at Nicholls.

Brian Cook
Sauce Reporter

Since 1951, this in-state rivalry has been going on between Northwestern State University and Southeastern Louisiana University. This Saturday marks for another big matchup in Turpin Stadium as the Demons host the Lions for homecoming. Junior wide receiver Casey Toussant says that he "looks forward" to homecoming games. "It's going to be a big game, not only because it's homecoming, but because it's also an instate rivalry." As far as preparing for the Lions, Demons defensive line coach Jake Landoll says that it "will be nothing different." "It'll be special because it's homecoming and a lot of alumni and family will be there, but [Coach Thomas] still expects his players to come out and work hard," says coach Landoll. Last year for homecoming the met the Nicholls Colonels on Saturday, September 27 in Turpin Stadium. The Demons won their homecoming game 27-26 last year on several huge clutch plays both early and late in the game. In the first quarter, the Demons blocked a PAT attempt that may not have seemed like a big deal at the time but proved in the end to be the one game-deciding point. Then at the end of the game, with the clock winding down, the Demons got a huge defensive stop on

fourth down that caused Nicholls to lose possession for the last time and sealed the one-point victory for the Demons. The big defensive play came after the Colonels scored 17 unanswered as they surged back late in the game to try to steal a victory away from the Demons, who led 21-9 early in the game. A pair of field goals and the big stop for the defense earned the Demon victory that day. Throughout their rivalry with Southeastern Louisiana University, the Demons have met the Lions exactly 44 times. Both teams have won the matchup 22 times and lost 22 times so both teams are looking to break the tie in their favor. Last year's matchup in Hammond ended in heartbreak for the Demons as the Lions came away with the victory, 22-27. Between being both homecoming and a conference matchup, the Demons look to bounce back from their lost last year against the Lions and the shocking upset loss opening Southland Conference play last week at Nicholls, 21-33. As Toussant said, "I just want to go out, play hard, and get the win."



Seeking former wrestler to coach start-up High School Wrestling Club on NSU campus 2-3 days per week. Please contact Dale Clingerman. dclingerman@lsmsa.edua (318) 357-2542

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07/13

Kendra Northover’s senior art show, ‘When Inspiration Strikes,’ allows others to delve into the mind of an artist

Emily Fontenot
Staff Writer

Students and guests visited NSU’s Creative and Performing Arts Gallery this week to view Kendra Northover’s senior art exhibit “When Inspiration Strikes.” The exhibit displayed notecards filled with words and character drawings hanging from the ceiling in a staggered arch amidst dangling light bulbs. The walls were decorated with famous quotes about imagination on large poster notecards.

“I wanted it to be like you stepped inside my mind,” Northover said. “I wanted it to be jumbled and confusing like you can’t take it all in, and you have to just kind of search.”

She hung the notecards from clear string to give the illusion of floating thoughts and scattered burnt notecards on the ground to lend the appearance of falling thoughts and ideas, some discarded or forgotten.

Northover began working on the

notecards in February of this year. Her love of drawing characters sparked the idea for the show’s concept. She says she drew whatever she was feeling at the time through characters and words. She also got her mom’s pre-school class to scribble on some of her cards.

“I noticed it was sort of weird that some cards were dark, yet the bright cards and the decorations made it look colorful, like a wonderland,” Northover said.

She spent two weeks putting holes and strings on each card and began hanging the cards on Oct. 5 for the Oct. 14 opening, spending 40 plus hours setting up the show.

The exhibit was opened to viewers from 8 a.m. - 5 p.m. Monday through Thursday and closed Friday at noon with the reception from 5 – 7p.m. Tuesday.

The reception gave the public the opportunity to view the exhibit with Northover present, ask questions, and enjoy refreshments.

“My teachers were always nice and really supportive,” she said. “It makes me not want to leave.”

She recalls a special memory from her first day in Dr. Yankowski’s class freshman year.

“Yanko looked out the window and said ‘Look, someone’s getting a ticket,’ laughed, and then he realized that it was his car and jumped out the window.”

She has been a member of Kappa Pi Art Honors Society for four years and a member of the Taekwondo club for two years.

She came to NSU her freshman year from her home in Pineville, Louisiana.

“My family has always been really supportive in everything I do,” Northover said.

Although she is still figuring out her long-term plans, she has always loved web comics and is looking into starting one.

Northover encourages underclassmen to cherish their experience at NSU while they are here before it leaves them.

“Enjoy your time, because it goes really fast,” Northover said. “It seems like yesterday I was starting college and it’s already gone.”



Photos by Travan Martin
Kendra Northover’s senior exhibit, “When Inspiration Strikes,” gave the audience a chance to enter into her mind and features inspiring quotes seemingly strewn about. The art show took over 40 hours to set up and was viewable from Oct. 14 - 19.



Photo submitted by News Bureau
The Demon cheerleaders perform at a pep rally that bridges the gap between the annual homecoming parade and the first ever Rocking on the Riverbank festival.

First ‘Rocking on the Riverbank’ festival brings food, fun to riverfront for Homecoming week

Emily Carter
Staff Writer

This year a new tradition was added to the Homecoming festivities; “Rocking on the Riverbank” took place after the parade and pep rally, and lasted from 6:30p.m.-10:30p.m.

This part of Homecoming week was added so students and alumni could tailgate on the riverbank. The event, which was cosponsored by the Historic District Development Commission, had booths selling NSU merchandise, food vendors, a mechanical bull, and live music by the band MoJaux.

Haley Blount, associate director of Alumni Affairs, thinks increasing the amount of homecoming activities will keep the crowds coming in.

“Our Friday parade and pep rally have become so popular with students, alumni and residents of Natchitoches, we decided to declare it a Homecoming festival and we expect a lot of participation,”

Rocking on the Riverbank was received well by many students, from fraternity members to freshmen. Trace Warner

and Todd France of Theta Chi Fraternity said the event allows for more participation from those who aren’t represented in the parade.

Plenty of hard work goes into Homecoming according to Falon Jackson.

“We’ve been preparing for this for the alumni to come home and see us,” Jackson said.

“It’s a lot of fun because it’s a lot different than our high school homecoming, so it’s a new experience. It’s also a lot more for us to do,” freshman Laci Parker

It is not only the spirit groups that prepare though. Sororities and fraternities compete all week in the Greek category, while other RSO’s compete in a general category. The activities include banner contests and a food drive. Lip Sync is also a major part of Homecoming; however, on Friday everybody was focused on the floats for the parade.

Despite being a new event, Rocking on the Riverbank seemed popular among Northwestern students. The work that goes into putting Homecoming on is extensive, but the response by students is extremely positive.

SAB turns the Union spooky with annual haunted house event

Summer Evers
Staff Writer

The Student Activities Board, “SAB,” is getting into the Halloween spirit by hosting their annual haunted house Oct. 28. in the Student Union Ballroom from 7-10 p.m.

Several years ago, the special event coordinators on the Student Activity Board came up with the idea of having a festive fun idea every fall for students to be involved in.

“Since some of the haunted houses in Natchitoches you have to pay to go to, this is a free event for all students to come to,” SAB special events coordinator Damian Glover said.

[Although] it is free, students must bring their ID because there will be ID scanners. All students must also be a full time student so that whenever they swipe your ID it will say that you’re clear,” Glover said. In order for the haunted house to be successful it takes preparation, time, and service.

“It takes a lot of planning from my part as the coordinator of it, but also my committees play a part. It takes a lot of volunteers as well,” Glover said.

At the beginning of the semester emails were sent out to all students and flyers were posted asking for talented volunteers to help with the haunted house.

“I held meetings all throughout the beginning of the semester. We basically broke it up into 3 different committees for the haunted house; set design, make up, and acting,” he said.

The committees then held weekly meetings and will come together to do several run-throughs of the house.

For those attending this spooky event, expect people to be up close and personal, lots of blood, strobe lights and screaming.

“Behind the scenes there will be a lot of blood, screaming, running around and just crazy fun,” Glover said.

“Just make sure that you’re ready to feel like you’re in a real haunted house.”

‘For Colored Girls’ uses song, dance to tell life stories in CAPA’s latest performance



Submitted photo
Following the lives of several different women as they search God, love and happiness, ‘For Colored Girls’ is a choreographed poem directed by theater and dance senior, Myesha-Tiara Dargner that begins on Oct. 25

Alexis Reliford
Sauce Reporter

Even “colors” tell individual stories of women’s struggles, intertwine their individual tales and come together to speak in a collective voice in For Colored Girls Who Have Considered Suicide When the Rainbow is Enuf, the choreopoem being staged in Northwestern’s Jack Wann Theatre.

Written by Ntozake Shange and directed by theatre and dance senior Myesha-Tiara McGarner, the play focuses on the struggles and hardships of different women as they find God, peace, love and happiness in themselves.

It’s told through a choreopoem, a poem set to dance. “Because the play is in poetry form I made it more personal so that the women are actually talking to each other and to the audience,” McGarner said.

As the first full-length play directed by McGarner, she said she could not have done it without seniors Clinisha Chandler and Polanco Jones Jr., who both helped choreograph the production.

‘For Colored Girls’, written in 1975 as a stage play, has been adapted

many times. Most recently in 2010 director and writer Tyler Perry released a film adaption, featuring actresses Janet Jackson, Phylicia Rashad, Kimberly Elise and Whoopi Goldberg.

When asked if the NSU adaption is similar to the movie, McGarner answered with a yes and a no.

“Yes in the sense that some of the monologues that the women perform in the movie are in the original script, that the movie is based off of, but no in the sense that the only people on stage are the women,”

McGarner said. “There are no men involved in my directorial version of the show.”

NSU’s cast also makes this adaptation very different from the movie. McGarner chose to go with a “color-blind” cast featuring talent from an array of races. As she read through the script, she realized just how much these women could be of any race.

Her goal was to show how every woman “goes through similar experiences” and that “your race does not define who you are.” The characters in the play have no names and are instead named after the colors they wear,

to show a universal connection.

Caitlin Douglas, a sophomore majoring in Nursing, portrays the Lady in Orange. “We are similar in the fact that we both have bold personalities and we both very sassy women,” Douglas said.

To develop her character, Douglas looked up different adjectives describing the color orange and applied their meanings to how she acts in her everyday life.

“The best part of being in the show is the feeling of liberation I feel when I speak,” she said. “It feels great to be a part of a show that has so much meaning behind it.”

The subject matter initially sounds heavy, but there is great joy in For Colored Girls, with the actresses at times clapping, and singing a cappella harmony.

Opening night, McGarner is looking forward to seeing how the young women she worked with have grown.

“It will be the proudest moment for me to show that a nursing major (Lady In Orange), a dancer (Lady In Blue) and musical theatre concentrations (Lady In Red, Yellow, Purple and Green), can come together and make a beautiful piece of art that hopefully sends a message to not just the audience, but to themselves,” McGarner said.

“The message being that if we all could just take a moment to love, support and listen to one another then we can truly make it through this crazy thing called life.”

Performances are at 7:30 p.m. Oct. 25 and 26; and 2 p.m., October 27. Tickets are free for students with an I.D. and current sticker and \$15 for non-students.

Forever young, but never free:how homecoming stress affects NSU

Olivia Martzell
Staff Writer

Northwestern State University’s 2013 Homecoming came to an end Sat., Oct. 19. The event’s theme this year was Forever Young. While organizations and students participated in the weeklong activities or rushed to meet deadlines, it seems NSU students aren’t forever young.

Homecoming is one of the busiest weeks in the fall semester, usually because it falls on the same week as midterms and also serves as the last week to finish floats, banners, and the all-important Lipsync routines.

As students scramble to study for midterms and participate in Homecoming, members of the Honor Court can be stressed representing NSU and keeping up their academics.

2013 Homecoming Queen Alayni Guidry

knew firsthand that she had to prioritize her time according to Homecoming week.

“Student Activities Board plans all of homecoming week and the Queen is usually in charge of the activities. By participating in SAB as well as serving as Queen, it was definitely a whirlwind,” Guidry said.

Without time management, she would have been caught up in the homecoming stress.

“Time management is what saved me through this whole processes. I still am very thankful to have Cody Waagner (King) because he was perfect at taking over when I was just out of it,” she said.

Breanna Collier also shared her experiences on Honor Court.

“Being on court was such a humbling experience. Knowing I was chosen by my peers to represent NSU is a great honor,” Collier said.

However, Collier faced stressful moments when preparing to serve on Honor Court.

“Having such a short amount of time to get outfits for the week as well as making appearances was the most stressful part of being on court for me,” she said.

“Being on court didn’t affect my grades, but it was difficult to balance the many duties I had in other organizations,” she said.

While both Collier and Guidry faced slight difficulties due to time management, both agreed that being on Honor Court is one of their most important experiences in college.

“I think the best statement that I’ve heard this entire time is ‘I’m so proud of you, you are so deserving, you inspire me’. Nothing could ever replace that,” Guidry said.

Overall, homecoming week turned out to be a success for those involved.

“All of the Honor Court made it through homecoming week while having a great time,” Collier said.

“I couldn’t have asked to be part of a better

Homecoming provides break from academics

Student Activities Board sponsored events throughout week to promote campus-wide celebration

Block Party

The Block Party kick started the Homecoming festivities on Monday, Oct. 14. Activities included various carnival games (left picture), rock climbing, zip lining (picture on right with Cody Waagner) and other fun-filled distractions.

The event was a successfull beginning to homecoming week with high attendance and positive reception.

“I had a lot of fun. I experienced zip lining, won tons of prizes and met a bunch of interesting people. If they had another block party I would definitely go because it’s always something fun to do there like socializing, music and dancing. This was a fun week,” senior Courtney Taylor said.

Information gathered by Sauce Reporter Summer Evers.
Photos by Travan Cooper.



‘Ice’ Skating

On Tuesday, Oct 15, SAB procured an ice skating rink for the students. The ‘plastic ice’ provided a skating experience not commonly found in the state.

Students were also provided jambalya and italian ice to eat before clumsily skating on the rink.

There was one question on many student’s minds: where did SAB get an ice skaing rink from?

Executive SAB representative at large Alexis Reliford said that it was quite easy.

“We simply googled it and called a few people, then we got prices and went from there,” she said.

In keeping with the theme of ‘Forever Young,’ the decision to include ice skating rink in homecoming activities was a throwback to Vanilla Ice song ‘Ice Ice Baby.’

Most students agreed that this was a very unique homecoming event.

Sophomore Haley Rhodes (right) and sophomore Anthony Pham (left) took advantage of this limited time event.

nformation gathered by Sauce Reporter Ashley Sherrard.
Photo by Kara Scouten.



Demon Tailgating

Demon fans tailgated on the alumni tailgating field before the Homecoming game on Saturday, Oct. 19.

“I love seeing my friends at all the different tailgating tents,” sophomore Kayla Logue said.

“I always tailgate at the Kappa Sigma house on organization row,” senior Mason Lee said. “We cook either gumbo or jambalaya for the day and people just hang out and get ready for the game.”

Senior Robery Guidry (left) was among many at the event.

Information gathered by Sauce Reporter Emily Frame.
Photos by Travan Cooper.



Photos by Kara Scouten

An NSU halftime show is not complete without the Spirit of Northwestern marching band accompanied by the Color Guard and Demon Dazzlers (above) and an appearance from Vic the Demon.

Adrenaline pumps at halftime

Mid-game show included performances by Spirit of Northwestern with spirit dance groups and presentation of honor court

Emily Fontenot
Sauce Reporter

NSU’s band and spirit groups performed their annual Homecoming halftime show on Saturday, Oct. 19 before the presentation of the 2013 Homecoming King and Queen and Honor Court.

The Purple Pizzaz Pom-Pon Line opened the show with a dance number to the song ‘Look-out Weekend’ by Debbie Deb.

“I thought it was awesome,” Pom Line member Katarina Haymon said. “I think we did really well. The crowd was pumped and so were we. We’re always nervous at first, but once we get ready to dance the adrenaline starts pumping, and the nerves go away.”

The Spirit of Northwestern Band followed the Pom Line’s dance with a tribute to rock band The Who. The set included a mixture of the songs ‘Who Are You,’ ‘Behind Blue Eyes,’ and ‘Won’t Get Fooled Again.’

“The performance tonight went well,” band member Rian Marshall said after the game.

“It was a bit chilly, but that didn’t affect the energy in the performance by the band as a whole.”

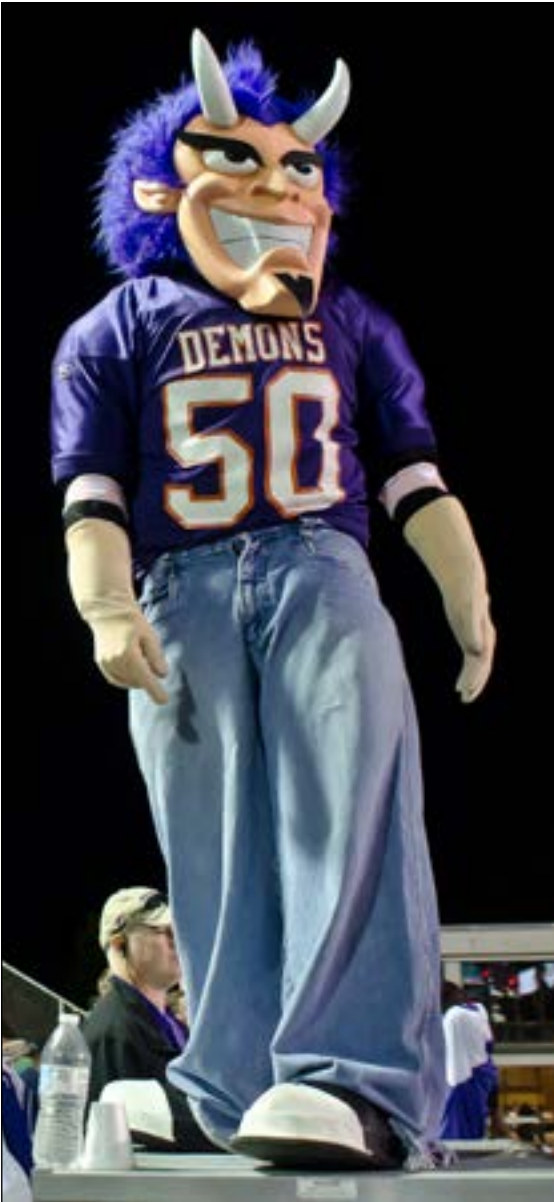
The “Demon Heat” Color Guard and the Demon Dazzlers Dance Line also performed with the marching band.

“I feel like it was one of the best performances we’ve had in a long time,” Demon Dazzler member Allison Dupre said. “I think it went really well, especially for all of us being so busy with Homecoming activities.”

Demon Dazzler director Renee Oates said preparation for the show was both demanding and time-consuming.

“It was a lot of work,” Oates said. “We practiced three days a week with the band and on our own twice a week to prepare for the show.”

The Court was presented after the band’s performance. Male Honor Court members escorted female Honor Court members across the field while a tribute to each court member highlighting their accomplishments and



providing their personal background was read over the intercom.

“Walking on that field for that short time brought to reality how blessed I am to have the respect of my peers and to attend a university where such an opportunity is available to me,” junior Honor Court member Memrie Gibbons said.

Last year’s homecoming king Kiley Louviere and queen Afton Owens crowned this year’s king and queen Cody Waagner and Alayni Guidry, respectively.

The halftime show ended with well-rounded applause and cheers from the audience.

“The band’s performance was exceptional as always, and the presentation of Honor Court was entertaining. My only reservation about the halftime show is the lack of recognition given to Mr. and Mrs. NSU. However, overall the show was well executed,” sophomore Crystal Dunning said.



Photo by Kara Scouten

Alayni Guidry and Cody Waagner were presented crowns from former king Kiley Louviere, queen Afton Owens and President Webb.

Shopping and bonding: Life and fashion on honor court



Regine Lyons
Fashion Columnist

The honor court had a lot to manage during homecoming week from buying multiple outfits to preparing for the week’s events. To wear the right outfit for each event meant a lot of shopping. Honor court member Alexis Reliford had to buy multiple outfits for the week.

“The court had to have an outfit for lip sync, the parade, a court t-shirt, a suit for the game and a large hat to complete the game outfit,” Reliford said.

Reliford bought her suit from Dillard’s and her hat from Sears.

Homecoming queen Alayni Guidry had a harder time finding the suit she needed because the homecoming queen always wears white.

“Trying to find white in the middle of October is not the easiest task,” Guidry said.

After searching through several stores, Guidry finally found her skirt suit at White House,

Black Market and her pantsuit at Stine Mart.

Suits have always been a tradition for the ladies on the homecoming court not only at Northwestern but also throughout the state.

“Suits and hats are definitely a Louisiana tradition. I still remember in high school we wore suits and hats. For the actual Homecoming Dance we would wear formal gowns,” Guidry said.

The pantsuit is worn at the pep rally and the skirt suit is worn at the football game.

Homecoming queen Alayni Guidry thought that the preparation for homecoming court was the best part because it helped bond the court together.

“Majority of the court got ready for lip sync at my apartment. It is certainly a long process and it did get stressful but preparing for lip sync made us all closer one way or another,” Guidry said.

Practice for the court’s Lip Sync performance occurred almost every day during homecoming week.

Preparing for homecoming week when you’re on court can be a long and stressful process. Yet, the fun had and bonds made make a hectic homecoming week worthwhile.

THE
CURRENT
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STAFF

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Student questions priorities during Homecoming week

Anonymous
Student Opinions

I fully understand that Homecoming is a collegiate tradition that has stood the test of time and has provided fond memories that students will always remember. However, in my four years of attendance at Northwestern State University, I have never been more stressed, sleep-deprived, and outright disappointed with homecoming week than I was this year.

My main problem with this year's homecoming was the fact that it fell on the same week as midterms. Absolutely no part of me, in my heart and in my soul, can comprehend why anybody could construe this as a good idea. As if the students were not already on edge, they now are all expected to do even more. And by "do even more", I mean that they then waste precious hours—that could be otherwise devoted to sleeping or studying—to stay up unrealistically late to learn choreography for lipsync and opt to skip class in order to build a ridiculous float that will be seen for no more than a half hour at a rainy parade. These actions alone are pretty outlandish, but then these students are expected to pull high scores on their midterm exams? Nearly impossible.

Everyone suffered from this, and not only in the aspect of their grades. Honestly, the products of this year's homecoming week (including, but not limited to, lipsync routines, floats, and banners) were underwhelming.

With only a few exceptions, I was not awe-struck by any organization's contributions. And I'm very willing to bet that grades also suffered. Way to go, Northwestern State University. Way to go.

The issue of sportsmanship is another that I feel must be addressed. The atmosphere surrounding any student, directly or indirectly, involved in homecoming completely changed. There is no denying that homecoming is a highly important event for all organizations. Lipsync is the most competitive IM sport, after all. Homecoming 2013, however, was on a completely different level. Fraternities and sororities were all spouting off (and tweeting) some mad fighting words about other fraternities and sororities. Even the organizations falling under the general category were saltier about each other than in previous years. Less congratulations were given and more tension grew. Maybe this is because we were all so anxious and stressed out about all of our responsibilities. Who has time to be nice and look presentable when you have to go paint the float? We surely didn't.

I personally stayed up for almost three straight days because I had no other choice in order to balance my schoolwork and the tasks expected of me for homecoming. I understand that we students make our own decision to neglect sleep, but we should never even have to consider it so much. I am beyond thankful that this will be my last homecoming and I never have to experience such a taxing week that isn't even dedicated to anything relevant. Very happy to see you go, Homecoming 2013.

School unity promoted through week's events and traditions

Olivia Martzell
Student Opinions

Homecoming is one of the most important and biggest events on Northwestern State University's campus. Yearly, the entire university unites with the common goal of beating the opposing football team, or harboring a desire for certain organizations to dominate the competitive events held.

Homecoming holds several traditions that are all too familiar to an NSU student. Whether it is lipsync, homecoming hunnies or the parade, these events forever etch themselves into every students' mind.

As an incoming freshman in 2011, I can still remember my first Lipsync competition. While it was stressful jumping right into homecoming and its activities, I remember mostly how much fun I had and how great those memories were. Every homecoming since then has reminded me that the Homecoming week can only get better with time.

Besides homecoming being fun and bonding with your organization, homecoming is important to NSU. Homecoming brings the entire campus together. Students who usually may not participate in school activities spend countless hours working with their organizations. Everyone unites and shows NSU spirit all throughout the campus and town.

It's nice to see students from all different aspects come together to enjoy Homecoming.

If students could cooperate together like they do at

Homecoming, I'm sure NSU would be even more united and strong. School spirit is prevalent on campus, but it'd probably be bigger and better if everyone kept the "homecoming mindset" and wanted to keep school pride strong.

Homecoming needs to remain an important part of NSU history and part of every student's collegiate experience.

I encourage all students to participate in homecoming at least once in their academic career. It is so rewarding to show the hard work to other students, and it shows how supportive NSU organizations are for the school and other organizations.

In the next few years, I think students should strive to make homecoming even bigger than the previous years. If homecoming continues to grow every year, soon homecoming can become the event that stays on everyone's mind throughout the year and eventually be the main event on NSU's campus.

While homecoming may already be a huge event, there is always room for improvement. Homecoming shouldn't be limited—why don't we stress the importance of more students participating? It's so great to see students and professors working together with a common goal.

Instead of just wanting your organization to win, let's focus on how Northwestern should win and succeed. Let's make homecoming a school-wide event that promotes unity, school pride, and love for our favorite demon, Vic.

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Gov. Jindal refusing Medicaid expansion may hurt LA residents without insurance

The Times-Picayune
The Associated Press

Gov. Jindal's refusal to accept almost \$16 billion in extra Medicaid money was destined to hurt thousands of low-income Louisiana residents who lack health insurance. That has been clear for months, as study after study — including the state's own — showed that tens of thousands of people would benefit if Louisiana accepted the Medicaid expansion that is part of President Obama's health care act.

But a new analysis by the Kaiser Family Foundation puts the situation in stark terms: Without the expansion, 242,150 poor Louisiana residents won't have access to the insurance offerings the Affordable Care Act was designed to provide.

That includes 87 percent of the adults in Louisiana — excluding the elderly — who live in poverty ...

The Affordable Care Act was written to change that and to close gaps in Medicaid by broadening coverage to a greater percentage of low-income residents.

But Gov. Jindal's rejection of the money means those residents are still out of luck in Louisiana.

Comments then by Dr. Don Erwin, the founder and CEO of the St. Thomas Community Health Center, were prophetic: "For those states that don't accept Medicaid expansion, that means the poorest of our people will not be eligible for anything. They won't be eligible for insurance exchanges, they won't be eligible for Medicaid, and they represent right now a real serious problem for our state."

Kaiser's new analysis shows just how serious the problem is. Gov. Jindal has said he is opposed to the Medicaid expansion because of concerns about costs to the state and not wanting to have so many people on government-provided insurance. Would he really rather they have no insurance?

The letters delivered to the governor by the ministers, doctors and other advocates in September emphasized that point. People are dying in our community because they lack health care, they said. There is no moral reason for Louisiana to refuse billions in federal dollars that could change that, they said.

No moral reason at all. Let Gov. Jindal know that. Call him. Email him. Get your friends and neighbors to do the same.

It's not right to leave all these people stranded when it would be so easy to help them.

Is competition too fierce among organizations?

Anonymous
Student Opinions

This year I was in charge of Homecoming for one of the largest organizations on campus, a position that should not be taken lightly. The pressure put upon not only me, but also my committee members, was tremendous.

In the land of homecoming, anything less than the best is losing and organizations will stop at nothing to claim the winning title.

The amount of work that is put into LipSync and the float competition can amount to hundreds of hours. As you can imagine, that was quite

a distraction during midterms! The all-nighters and days spent working begin to add up, leaving students physically and mentally exhausted.

As committee head it was expected that my grades would drop and that I would lose sleep. This is unacceptable, NSU.

In my opinion, this school has lost the meaning of homecoming. Instead of celebrating the alumni and honoring our dear NSU, we are creating competition and rivalries amongst the students.

Homecoming is supposed to unify students of all paths through NSU pride, but instead, students are thrown into fierce competitions between organizations. Where has our school spirit gone?

NS'U'
VOICE

What was your favorite homecoming week event?



"Besides the tailgating, I really liked watching the lip syncing because it was fun seeing what everybody came up with. It brought back a lot of childhood memories because the theme was throwbacks. I really do like tailgating, too."

Katarina Haymon
FRESHMAN



"Performing at the LipSync competition on Thursday was a lot of fun because the homecoming court got to do the opening number. The parade was also a lot of fun because we got to throw candy to little kids and to see their faces light up like they did was great."

Cody Waagner
SENIOR



"The football game is my favorite part just because you can see all the fans and all the people come together and cheer for the same things. I guess you can say I like the unity."

Bailee Gray
SOPHOMORE



"The kickoff party was the best, I thought. It was a lot of fun and SAB really went out with it all and did a lot to get people to come. They had a lot of different things for people to do."

Raven Maxile
SENIOR



"The Italian ice was great that they had at the ice skating rink. Honestly, that was the best part."

Cavonte Jones
FRESHMAN



Photo by Gary Hardamon

Junior quarterback Zack Adkins (8) aims a pass at tight end Tucker Nims (83) while running back Robert Walker (32) does his part on the play and picks up a block. Adkins completed 21 of 32 passes for 280 yards with two touchdowns and one interception as the Demons fell to the Southeastern Lions, 22-37. The Demons led the game through the first half but 30 second half points turned the tide.

Third quarter dooms Demons on Homecoming

Sports Information

Triggered by a 92-yard kickoff return touchdown by Xavier Roberson, who entered the game with the nation's best kickoff return average, Southeastern Louisiana roared from behind by scoring 16 points in just over three minutes midway through the third quarter and posted a 37-22 Southland Conference football road win at Northwestern State Saturday night.

The Lions (5-2 overall, 2-0 in the Southland) notched a safety two plays after Roberson's return, then drove 51 yards for the go-ahead score after the free kick, getting a 4-yard run by Kody Sutton to move ahead 23-16 with 5:33 left in the third period.

The Demons (3-4, 0-2) answered right away, driving 90 yards, getting the last 43 on a Zack Adkins touchdown strike to Bryant Mitchell, but Chris Moore's extra point kick was narrowly wide right.

The redshirt freshman kicker missed first-half field goal tries from 45 and 44 yards wide left. He is 8 of 15 on the season with his 3 field goals in 5 attempts against SELU.

Southeastern drove 62 yards after the NSU kickoff, going up 30-22 with 14:38 left to play on a 2-yard sneak by quarterback Bryan Bennett.

The Lions padded their lead with 3:35 remaining on Rasheed Harrell's 1-yard run ending a 36-yard march started after Denzel Thompson intercepted a fourth-down Adkins pass and returned it nine yards as the Demons gambled with the clock winding down.

Roberson was averaging 38.3 yards per kickoff return

beginning the night, and was contained on his first three attempts, netting a modest 54 total yards. But after Moore hit his second field goal of the game, from 30 yards go to with a 22-yarder with seconds left in the first half, the Lions' running back fielded the kickoff, broke a couple tackles on the SLU sideline and outraced defenders for his fourth career kick return TD to draw the visitors within 16-14 with 8:32 showing in the third quarter.

NSU's Ed Eagan, who had a stellar night receiving with 145 yards on seven catches including a 32-yard touchdown, couldn't handle the ensuing Lions' kickoff. A knuckleballing bouncer skipped through Eagan's hands, between his legs and out of bounds at the NSU 1.

On the next play, Adkins fielded a low snap and was tackled in the end zone by Southeastern's Kevin Harmon for a safety providing a stunning 16-all stalemate.

After the Demons kicked short and away from Roberson on the free kick, the Lions got a pair of Bennett passes for a combined 30 yards as they moved ahead to stay on Sutton's scoring run.

"That was a very rocky four minutes or so for us," first-year Demons' coach Jay Thomas said.

"We really had control of the game until the kickoff return, and then we couldn't field the knuckleball kickoff, got pinned at the 1, and had the bad play for a safety. Southeastern got a ton of momentum and got on a roll that we weren't able to cool off."

After largely being held in check, the Lions scored touchdowns on four of five possessions, starting with Roberson's kickoff runback, and drove 48 yards on 10

plays to the NSU 18 before losing a fumble forced by Cordarius Golston that was recovered by JeMarcus Marshall with 7:20 remaining.

The Demons moved 20 yards to a fourth-and-3, and after initially sending out the punt team, tried an Adkins pass to Eagan crossing the middle that Thompson jumped, knifing in front to pick it off.

The Demons dominated the first half while piling up 295 yards, but had only a 13-7 lead. They were poised to make it 17-7 in the closing seconds, but an illegal motion flag on third-and-goal inside the 1 contributed to having to settle for Moore's 22-yard field goal seven seconds before halftime.

Northwestern finished with a 490-387 total yard advantage and rolled up 27 first downs. Adkins completed 12 of his first 16 throws and finished 21 of 32 with the fourth-quarter interception, tossing for 280 yards.

Eagan's reception yardage total was 16 yards short of cracking the single-game school top 10.

"I was real pleased with how we played most of the game, but that stretch in the third quarter turned things around completely," Thomas said.

"We didn't make the most of our opportunities and should have had a bigger lead. We did a bunch of good things but made some costly mistakes."

NSU goes to Sam Houston State for another Southland Conference matchup next Saturday, Oct. 26, at 2:00 p.m. at Elliot T. Bowers Stadium in Huntsville, Texas.

The Demons are home again Nov. 2 against the Central Arkansas Bears at 7:00 p.m.



Photo by Kara Scouter

Robert Walker spots a hole and runs past Lions. He only notched 7 yards against Southeastern.



Photo by Gary Hardamon

Sophomore Ed Eagen beats a Lion for a pass. He caught 7 passes for 145 yards and a TD.

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Proceeds benefit the Huntsville Family YMCA's Partners program and the Huntsville Memorial Hospital Auxiliary. For more information visit the website, or call the YMCA at (936) 295-8009.

Soccer honors seniors and gets victory

Tiandra Williams
Staff Reporter

The Lady Demons honor eight seniors in a shut out game against Nicholls State University.

Friday, Oct. 18, NSU celebrated the careers of eight players during the pregame ceremony by playing both the American and Canadian Anthems to honor the first Canadian senior class. Also for the first time in Demon history the "demon head" logo was placed center field.

Ashlee Savona's two goals in the first half, Brooke Eastburg's goal in the second and with Jessica Danku's outstanding shut out performance in the net led the Lady Demons to a 3-0 win over the Nicholls Lady Colonels in Southland conference play.

"Every time you hear senior night, you get worried about the emotion and how the upper classmen will react," head coach George Van Linder said.

"Savona and Danku have been gamers ever since they came to NSU, and tonight was no exception. They were fantastic."

Despite that Nicholls outshot the Lady Demons 16-15, with four on-goal shots, NSU pulled out a 3-0 win. Sixth ranked NSU was right behind Nichols in the SLC standings in the fight to keep a top six seat for a postseason berth.

The team traveled to Hammond to take on Southeastern Sunday, Oct. 20.

Each team remained scoreless throughout the regular period. However the Lady Demons lost their first overtime battle, 0-1.

After the two bouts, NSU (4-4-1) moved up to fifth in the Southland conference standings.

Seeking former wrestler to coach start-up High School Wrestling Club on NSU campus 2-3 days per week.

Please contact Dale Clingerman.
dclingerman@lmsa.edua
(318) 357-2542



Photo by Gary Hardamon

The seniors smile with their head coach George Van Linder. The seniors of Lady Demon soccer were honored on Oct. 18 with senior night.

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Student horror film to premier this Wednesday

With Halloween fast approaching, senior Alexandra Cobb created a horror flick sure to scare

Emily Carter
Staff Writer

Alexandra Cobb, senior English major with a concentration in Film Studies, is premiering a horror film she filmed on campus. The characters in the movie include Sally, who is somewhat of a stuck up girl who hates anything scary, Dr. Carpenter the university professor, and Ellie, who is mentally disturbed. Cobb's interest in film and pop culture started a long time ago; however, she did not have the idea for a career in the film industry until her second semester at NSU.

This will not be her first film shown or shot on campus. Last year she shot a horror film called "Keeping Out the Dead," which was filmed in Bienvenu Hall.

This year's film concerns "... a group of students that join for a horror movie night and slowly get picked off one by one," Cobb said.

She has trouble deciding the best part of

the job between writing the script, filming or screening it. Though screening the film is the most nerve wracking part of the process Cobb said. She did enjoy the cast and crew she worked with. They include Myesha-Tiara McGarner (Sally), Cameron Metrejean (Dr. Carpenter), John Staton (producer and assistant director), and Justine E. Love (Ellie).

"Every group of actors and crew is always different, but I can honestly say working with the crew and actors on this short was a great learning experience. I wouldn't hesitate to work with any of them again," Staton said.

Cast members agreed it was like being with a family since they all have related interests. They had a great connection.

"This cast's crazier off camera than on camera, but in a good way," Metrejean said.

Everyone's future plans are still undecided, though they all know that they want to work in the film industry in some way.

Cobb's considering her options such as Millennium Studios in Shreveport, Court 13 in New Orleans and graduate school at NSU.

The movie will be shown Wednesday, October 30 at 6:00 p.m. in the television studio. People are encouraged to wear costumes, with the possibility of a costume contest being held.



Submitted Photo

The cast (Right) of Allison Rittmayer, Myesha-Tiara McGarner, Justine Love and Cameron Metrejean scream in terror during a scene of Alexandra Cobb's (Above) horror film that will premier this Wednesday at 6:00 p.m. in the television studio



Photo by Kara Scouten

Karla Ewing, sophomore, won tickets to Voodoo fest for taking first place in KNWD's Attack of the Jack O' Lantern pumpking carving contest.

Jenny Ramelli, freshman, also won Voodoo Fest tickets from KNWD. She took first in the trivia competition. Throughout the last two weeks KNWD would ask question on air and require listerners to call in with the correct answer. At the end of the competition Ramelli had the most points

Writing centers services help students succeed

Damian Glover
Staff Writer

The Writing Center offers tutoring to students in writing for all academic classes. The center provides eight tutors serving as staff members including two graduate students, five undergraduate students and advisor Dr. James Mischler.

"We want to help our students become better writers. However we don't simply "edit" the paper for them," Mischler said. "To edit would mean that we actually correct the paper for the student like an editor for a magazine does. When a student leaves a session, we want them to have learned something about writing that they can do on their own."

The center also provides several other services. In the Kyser Hall Location, there are five network-connected computers for research and writing papers and a printer for making copies of information and a scanner for making PDF files of printed articles. Another resource is a writing and research library that has materials for learning about college – level writing.

Courtney Martin, a sophomore general studies major, finds the center to be useful.

"They were friendly, willing to help and patient and that's why I recommend it to any student," Martin said.

Writers of all levels use the services provided at the center.

English major Ashley Moreau finds the writing center to be resourceful not just for her writing needs.

"The Writing Center is more than a place where you better your skills but also where you become a better writer and person," Moreau said. "The center sparks creativity for me and allows to be finding more information on any subject than I bargained for."

The Writing and Academic Resource Center is located in 335 Kyser Hall. The program is administered by the Department of Language and Communication but serves all of NSU students. The purpose of the center is to provide education and support in effective collegiate writing practices, including the use of technology.

For students to get involved in becoming a tutor next year, they must fill out an application available this spring. The application includes the main form and a writing sample of a recent academic paper written by an applicant.

The Writing Center is open 8:30 a.m. til 4 p.m., Monday through Thursday and 8:30 a.m. til 1 p.m. on Friday's. They also have a Watson Library "outpost" on the 2nd floor of the Reading Room on Tuesdays from 7 p.m. to 9 p.m.

Campus organizations put on carnival; creates fun, safe entertainment for students and trick-or-treaters

Summer Evers
Staff Writer

Thursday Greek Life will be teaming up with the Campus Living Villages and the President Leadership Program to host their annual Halloween Carnival, 'Which Way to Main Street' at University Place II from 5:30 – 7:30 p.m.

Individual invitations were to every faculty and staff member inviting them to bring their family. For the past four years, Greek Life has collaborated with other organizations in this Halloween carnival community.

Natalie Laurence is not only the director of Greek life on campus. She's also the head coordinator of the event.

"It's an opportunity for our students to give back to the faculty staff and to the students that attend the elementary lab," Laurence said.

"A lot of work goes into this. We create all the games and build the wooden games. The prep that goes into it is that every Greek provides one bag of candy, so that's over 500 bags of candy that is provided to give out to the children. It's just a lot of work," she said.

Food will be offered from the Campus Living Villages, and the President Leadership Program will decorate their doors on the first floor of University Place II to allow the kids to trick-or-treat.

"The Greek chapters send several representatives from their chapters dressed in kid friendly costumes to run the games supervise the bounce houses and help [the children] get through trick-or-treating," Laurence said.

Helping Hands Vice President and the Circle K International Vice President, LaMario Fortson, will be helping out both organizations with face painting and is looking forward to serving and having fun

with the little kids.

"It's a great way to get out to the Natchitoches community and that's something that we all should do," Forton said.

"Community service is something that needs to be done; it's a great feeling."

Sophomore Saxon Bumpus will be joining with her Alpha Omicron Pi sisters in giving out candies to trick-or-treaters.

"Just the enjoyment of being there and seeing everyone laugh will make me feel like a better person and that's what I need," Bumpus said.

"I get more of a bond with the sisters that I get to work with."

"Which Way to Main Street' is an opportunity for the children of Natchitoches to have fun. There will be a bounce house, spider walk, pumpkin bowling, cake walks, bean bag tosses, photo opportunities and much more.

SAB celebrates the season with scarecrow contests

Emily Fontenot
Staff Writer

Students celebrated Halloween this Tuesday with SAB's Scarecrow Contest as one part of NSU's week-long series of Halloween-inspired festivities.

"This was definitely an interesting activity," Freshman Patrick Qualls said.

"Being a scarecrow was itchy, but it was fun."

Three teams raced from the starting line in burlap sacks toward their respective student dress-up volunteers. They hopped from buckets filled with clothes and accessories to their scarecrow, each person carrying one item at a time.

Students chose decorations from a row of large buckets holding scarecrow paraphernalia.

One bucket held plaid flannel shirts, another held blue jeans and khaki pants, and the others held a variety of accessories. Straw hats, ties, scarves, spider webs, corn cob pipes, and straw filling were just a few of the items available.

The team that finished their creation first won t-shirts while the other two teams selected from the prize table where SAB cups, coozies, and lanyards were available

Kaymin Carter led the event as committee head of SAB's Freshman Factor.

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Kaymin Carter led the event as committee head of SAB's Freshman Factor.

"Being that it was my first event, I didn't know what to expect," Carter says.

"It turned out well when it was daylight, but once nightfall hit it kind of slowed due to the lighting. All in all, I think it was a success as well as a learning experience."

The 6:00 p.m. event took place beside Iberville Dining Hall. Admission was free and open to all students. Many people heading in and out of Iberville noticed the event and joined in the festivities.

"This was a great way to get involved on campus," Freshman Kyah Johnson said.

"I really enjoyed meeting new people."



Photo submitted by Kaymin Carter

Patrick Qualls quickly suits up in scarecrow attire in an attempt to win SAB prizes.

Kane's fifth book 'Paper Bullets' published

'I wanted to make myself laugh and started writing little, humorous poems'

News Burea

While speaking around Louisiana as the state's poet laureate, Julie Kane found that audiences enjoyed the humorous poems she used to end her talks.

Kane, a professor of English at Northwestern State, used much of the light verse she has written over the past five years in a new book, "Paper Bullets," which was published by White Violet Press.

"Paper Bullets" is Kane's fifth book of poetry. She has written "Jazz Funeral," "Rhythm and Booze," "Body and Soul" and "The Bartender Poems."

"It's a book of humorous light verse, but all humor has an edge to it," said Kane who completed a two-year term as Louisiana poet laureate in July.

"I had done several essays on women writers or light verse. I started writing the poems about five years ago as I was finishing 'Jazz Funeral,' which was quite somber. I wanted to make myself laugh and started writing little, humorous poems based on something funny that happened or an ironic event."

Kane said some of the poems came out of contest challenges she entered during the summer. Kane won a challenge from the London Spectator to take

an Elvis Presley song and write it in the style of a well-known poet. Kane wrote "Heartbreak Hotel" in the style of Edna St. Vincent Millay. She also had a limerick published on the Los Angeles Times opinion page.

"I didn't think these poems would be published or even be taken seriously," she said. "I love the work of Dorothy Parker and the poetry is in the same vain as her poetry. But the danger of light verse is that what is funny to you may not be funny to others."

The title comes from Shakespeare's "Much Ado About Nothing."

"It had a line about paper bullets that jumped out at me and was perfect for the title of this book," said Kane.

Kane will participate in the annual Louisiana Book Festival this Saturday in Baton Rouge. She will sign copies of "Paper Bullets," and introduce her successor as Louisiana poet laureate Ava Haymon.

The Brainy Acts Poets Society, a group of Northwestern State students with an interest in writing and presenting poetry, will participate in the Book Festival for the second time. The Brainy Acts Poetry Society (BAPS) was established in 2010 by alumni Brandi White and Clemonce Heard along with other

Northwestern State students.

BAPS put on its first event in 2010, Race of the Races, where several slam poetry type pieces were performed. BAPS began to coordinate a different performance a month with topics based on the emotions and vote of each poet. The group won an educational programming award its first year on at NSU.



Photo submitted by News Bureau

Poet laureate and English professor, Julie Kane, has published her fifth book a verse. A humours collection of poems, "Paper Bullets."



The barbershop Platinum Cuts opened its doors on Oct. 18 in the former Steamin’ Demon location (left). Owner Shawn Johnson hopes to cater to the needs of the nearby NSU community. Johnson is not only the owner of the business but also a hair stylist as well (right).

Cuttin’ Up: catering to student hair

Platinum Cuts opened on University Pkwy across from campus

Olivia Martzell
Staff Reporter

Platinum Cuts recently opened their doors to Natchitoches. Located in the former Steamin’ Demon coffee shop, Platinum Cuts is prepared to extend their services to NSU students and locals in Natchitoches. Owned by Shawn Johnson, the shop opened its doors for business Friday, Oct. 18. After seeing the location for sale after the closure of the coffee shop, Johnson knew he had to open Platinum Cuts. Johnson has been in the barbershop business for 10 years, but hadn’t decided to open his own store. “I had always wanted to own my own business, and this location came open, so I decided to step out faithfully and get it,” Johnson said. Johnson had competition against other business owners who tried to secure the building to use as restaurant. “I talked to the realtor about [the location]and it’s something different and I was

up against another person who wanted to put a restaurant here,” Johnson added. However, the realtor favored Johnson’s business proposition. “The relator liked my idea better,” he said with a smile. Johnson is hoping that Platinum Cuts will allow him the chance to give back. “I want to help out with the Boys and Girls Club and support some of the kids...Really, I just want to give back,” Johnson said. If all goes well with the business, Johnson wants to expand and make the store a chain across the state. “Hopefully it goes as planned and is successful so I can open up another one and eventually have a chain of stores,” Johnson said. Johnson also wants to offer discounts to NSU students since his business is so close to campus. “Oh yes, I want to give discounts,” Johnson said. While it’s still a work in progress, Johnson is still hoping to cater to students by offer-

ing a discount to students on a specific day every week called ‘NSU Day.’ Students can receive the discounts by presenting their NSU ID. As for Johnson, owning a business has always been his dream. “The opportunity finally presented itself with me to secure this location,” Johnson said. After several attempts to open his business in other locations around town, it was sheer coincidence he found the current location of Platinum Cuts. “I tried to get other buildings around town, but it seemed like the building was empty, but the door still wouldn’t open for me,” Johnson said. “I feel like this location was here just for me.” Platinum Cuts will be holding their Grand Opening in November, exact time and date to be announced. The barbershop is open for business and is located at 724 University Parkway, right across from the Watson Library.



Photo by Regine Lyons

(from left to right) Senior Burgandy Fairs, senior Ashleigh Todd, senior Nicole Patterson and freshman Mikayla Tudor show off their diverse selection of Halloween costumes and hard work carving unique designs into pumpkins.

Latest costume idea: Miley Cyrus..?

Inspiration comes in many forms to have the perfect Halloween

Halloween is finally here and with it comes candy, costumes, parties and haunted houses. Throughout the week, there are going to be many festivities leading up to Oct. 31st. But Halloween parties are what a lot of us look forward to the most because we’re able to get excited about putting on costumes like we did as kids trick or treating around the neighborhood. With that being said, here are some great ideas for costumes this Halloween. **First costume idea:** superheroes. Superhero movies have consistently done well at the box office. Their popularity has made people want to purchase their favorite character costumes. A very popular and classic superhero choice for both guys and girls is Batman. **Second costume idea:** Miley Cyrus. Ever since Cyrus came out in her pink bear and nude color outfits, it has been a big hit in positive and negative ways. According to Huffington Post, Cyrus’ look is one of the top trending costumes this



Regine Lyons
Fashion Columnist

Halloween. **Third costume idea:** minions from the movie “Despicable Me.” It is probably one of the cutest movies of all time and as a result being a minion is one of the latest and most adorable costumes. **Fourth costume idea:** be creative and make one yourself. Directions exist all over Pintrest, other websites and blogs on how to make different costumes ranging from leggo blocks to snowmen using reasonably priced items to make costumes. **Final costume idea:** just wear a mask. Some students don’t care to dress up or can’t find the time to think of a costume idea for a Halloween party. The great thing about wearing a mask is that you can easily scare people and it makes it hard for them to scare you back. There are more costume ideas you can come up with by visiting Halloween stores online or in person to find something you will be happy with.



Photo by Jacob Labutka

After the Oct. 10 fire that claimed the life of Ms. Elle Vator, students in Bienvenu Hall created a memorial in honor of her on the third floor of the building.

“Ms. Elle Vator:” burned & banned but not buried

Students must use stairs after Bienvenu elevator caught fire and stopped service

Ashley Sherrard
Freshman Intern

On Oct. 10, 2013 the life of Bienvenu elevator, now named Ms. Elle Vator, suddenly ended. She caught fire while taking her last ride. Her death surprised many students, and to show appreciation for her life several students created a memorial in honor of her. Located on the third floor of Bienvenu students have the chance to say their last goodbyes to Elle Vator. Since 1970, Vator has been serving the students and faculty of NSU by taking them to and from classes. Students who used her recently said they could tell the elevator wouldn’t last much longer. Many riders heard the struggle required of her ropes

and metal to get them to the top floor. Vator served her riders well, as there are only a few known incidents of people getting stuck between floors. Senior psychology major Breiah Daniels said why she will miss Vator. “I use to ride her every day and now I have to take all those stairs up to the third floor every day,” Daniels said. “It really hurts my heart that she is no longer with us.” Senior Shadrielle Robbins gave her regards to Vator. “I’m really upset the elevator is dead because it was my transportation to class,” Robbins said. “I don’t take the stairs very often and now I have to take them every day. Her life was truly a treasure”. Students will miss the life of Ms. Elle Vator, but her legacy will never be forgotten.

Haunted house: a spooky good time

On Monday, Oct. 28 the Student Activities Board turned the Student Union into a haunted house. A stampede of otherworldly creatures including zombies, chainsaw wielding slayers and the ever feared clown awaited students eager to be scared. Photos by Travan Cooper



Four corners of NSU: spotlighting students who must work away from the center of campus



The university print shop (aka Industrial Building) is where freshman Gabby Gomez of Baton Rouge, La. takes her Design 1 class. Gomez travels to the Industrial Building only twice a week for her class as she works towards a Liberal Arts and Photography degree.



Bienvenu Hall houses the Biology and Psychology departments and is also where Shannon Hale patiently waited before taking his biology midterm. Hale, a sophomore from Hornbeck, La., is in Bienvenu Hall for his biology classes that will go towards his premed biology degree.



Russel Hall houses NSU’s School of Business building and holds the Accounting, Management, Marketing, and Finance departments. Lakisha Garner of Many, La. spends her time at Russel Hall in different business and accounting classes that go towards her accounting major.



Nigel Fagbeyiro, a Computer Programming major from Shreveport, La., spends a lot of his time in study hall at the Athletic Tutoring Center. Fagbeyiro, a freshman and track athlete, also uses this building for track and coaches meetings.

NS‘U’ VOICE

What was the craziest thing you’ve ever seen at Halloween?”



“One time there was this guy dressed in a trench coat and he just started following people and he wouldn’t say anything. He just followed people. I wasn’t sure who he was.”

Shauntoria Shepard
JUNIOR



“I went to the haunted House of Shock and it was really scary because the monsters looked real. I was terrified to death.”

Dominique Smith
SENIOR



“A group of my friends and I dressed up as the entire cast from family guy and we acted the chicken fighting scene out. It was a lot of fun.”

Mike Breaux
SENIOR



“The weirdest thing I saw on Halloween is I went to Melrose and saw some actual ghosts. I was really scared, I ran so fast. So yeah, a ghost is the craziest thing I saw on Halloween.”

Breanna Metoyer
SENIOR



“Last year for Halloween someone was dressed as an evil possessed man from a scary movie. He did a really good job of dressing up, it just scared me really bad.”

LaTyler Conley
SENIOR



“Last Halloween on campus this dude was dressed up as a chick. And I mean he really looked like a chick. A really hairy chick, but non the less a chick.”

Zachary Williams
SOPHOMORE



“I was at a bonfire and all of a sudden I hear walking through the woods. When I looked behind me I saw a pair of glowing eyes! I started running and of course, like the horror movies, I fell. The next day I saw a bunch of two-legged tracks.”

Katherine LeBlanc
SOPHOMORE

Provocative costumes lack creativity

Victoria Novitsky
Student Opinions

Take a moment and think back to your favorite Halloween costume from when you were younger—for some of us, it may be a witch, a fairy, a policeman or maybe even a soldier. History shows that Halloween is a night when “evil spirits” roam the streets. Today, Halloween is celebrated with costumes and trick-or-treating. While the traditions have changed over time, so have the costumes people wear to celebrate Halloween. Many children, at least when I was growing up, wanted to dress like our idols or what we wanted to be. We imagined being someone we liked. We dressed like a nice witch or a teacher. Since then, there has been a change in imagination. Now, a witch costume consists of a short, tightly fitting, black thin piece of cloth with black leather boots. And a teacher costume consists of a tight, strapless dress with high socks, “pig tail” hair and high heel shoes. Teens, young adults and even grown adults have given in to these relatively new Halloween traditions. It is not uncommon to hear about Halloween parties consisting of sexy costumes and alcohol. Has Halloween become an excuse to dress up, “hook up” and drink? What are the possible dangers of this? What can be so harmful about

dressing up to look sexy once a year, drinking with friends and having “a little fun”? Many of us overlook these dangers like alcohol poisoning, predators and reputation. Alcohol poisoning is not that uncommon. Predators “strike” when people are most vulnerable. This can be at a party or maybe when you are walking home. One can be perceived as vulnerable by appearance. Finally, your reputation is at risk. With technology being so advanced, it is easy to capture a picture or video and upload it to the internet or social networking sites. Something many people do not know is that employers will explore one’s profile on a social networking site upon hiring them. A picture of you in a sexy outfit or drinking, may not be very appealing to your future employer. However, if you ever feel the need to monitor your social networking, you can go to www.reppler.com where it will “flag” any inappropriate tags, photos, statuses, etc. While the tradition of celebrating Halloween has transformed over time, you do not have to transform too. Make a change in your imagination. Instead of going for the sexy, provocative look this year, go for something a little more like you. You can still have fun without looking “inappropriate.” Remember, when celebrating Halloween this year, stay safe and be careful when considering all of the risks of going out.

Student questions STD testing cuts

Chloë Williamson
Student Opinions

I was recently and, might I add, rudely informed that Northwestern State University no longer offers STD and pregnancy testing as a health service through the school. Um, excuse me? I’m not sure I completely understand. This new change of available health services resulted from budget cuts. I have always questioned exactly how the budget runs at this institution, but this is just ridiculous. How could anyone at this school possibly justify such a decision? In case anyone (students, administration, or otherwise) was unaware, this is a college campus. This implies that the majority of those who reside on this campus are adults, and therefore should have easy access to free STD testing. I mean, we technically do pay for it through our student fees. But no. Apparently, an only somewhat necessary student services building has become more of a priority. I won’t even mince words here— NO. No, Northwestern, the building was not such a wise investment. A brand spanking new building does not change the fact that the financial aid office still operates as slowly as a nursing home relay race. A lack of STD and pregnancy testing will, however, change the sexual health of every student body. It is suggested that responsible sexually active adults get tested for STDs at least once every six months. Considering that most people experience their sexual peak around the time they are in college, it is only fitting that free STD testing would be offered by reputable college campuses. And lest we forget that Natchitoches was

once the syphilis capitol of Louisiana (write that one back home to mom and dad, freshmen). I have no shame in admitting that in my time at NSU, I occasionally—at least once every six months— took advantage of the STD and pregnancy testing offered by health services. There is something very comforting about knowing you can be responsible about your body and your choices through such an easy system. And that “something” is the sense of accomplishment you get knowing that you are functioning as an acceptable member of society, “something” that I was always told college would prepare you for. I suppose I was told incorrectly. I’m not trying to say that people couldn’t just go and get tested elsewhere. I understand that this is also an option and I by no means debase it. But there is no denying that students would be more willing to take care of themselves and their partners if they could get tested through the student health services. No longer offering testing can potentially lead to less students getting informed about the proper and safe procedures for maintaining good sexual health. Sure, there are still the free condoms and pamphlets about social diseases inside rejected school art project paper bags. But why only offer preventative measures? Which, by the way, if you’re opting to use the condoms from health services over better quality condoms, you might also be under informed about your sexual health. No amount of free condoms will change the fact that girls will still get pregnant and no amount of pamphlets will inform everyone about diseases. These misdirected budget cuts are keeping students one step further away from being physically responsible.

Parents should set examples of online safety and moderation for children

The Courier
AP Exchange

The American Academy of Pediatrics has some good advice: Keep track of where your children go, what they say and what they read when they are online. The academy suggests not just keeping track of children’s online behavior but limiting the time they spend online and keeping smart phones and laptops out of their bedrooms. The mere thought of this might make parents cringe, imagining the revolt that could take place. But the momentary trouble and turmoil can be worthwhile, the group says. Online behavior and language can have real-world effects, from bullying to violence to obesity, experts say. And parents need to stay on top of what children are doing online. A 2010 report found that children between 8 and 18

years old spend an average of more than seven hours a day using entertainment media. That seems excessive, therefore we must set a good example along with setting the limits. When we get home from work, do we rush to talk to our family members or do we plo down in front of the television or computer? Are idle weekend afternoons spent outside with the family or in the living room watching football or something else? Strasburger’s primary point, and it is a compelling one, is that parents must be aware of their kids’ activities and limit them to healthy amounts of time. That makes sense and so does this: Make sure you set a good example for how to use televisions, computers, cell phones and anything else in moderation rather than in the extreme. This will make limits on that activity more sensible and perhaps even unnecessary. More healthy interaction with our children can only help them and us.

Upperclassman reminisces about participation in Homecoming week

Mason Lee
Student Opinions

Although there are many things up in the air with my life, the possibility of this being my last homecoming at Northwestern State University was something that weighed heavily on my mind this year. Even though this year was my fourth homecoming, it seemed a lot more special than all the ones prior. As vice president of the Kappa Sigma Fraternity, this year’s fall semester has been an especially busy one for me. Along with overseeing chapter operations during homecoming week, I was also part of the committee tasked with building the float. Since I was kept busy all week working on school work, lip-sync, and of course the float; I never really had time to stop and take in the emotion of what was going on. My first real moment that I got to sit back and take in all that had happened was the night of lip-sync, after we had won first in the fraternity division. After winning we had a new drive to finish the float and make it one of the best ones done during my time in the chapter. I worked nonstop that night and when it was all finally over and we received first place on the

float, I was flooded with all the emotions of the week. That night, and the day of the game I spent my time relishing not only in the fact that we had won first place, but that we as a chapter came together to make our vision of NSU and Kappa Sigma being forever young come true. I’m so glad to be a part of the winner’s circle this year. Being an upperclassman has given me a new perspective on the work put into Homecoming in order to make it successful. Thank you, NSU, for yet another unforgettable Homecoming experience. It’s been one for the books.



Kappa Sigma Fraternity’s “Fountain of Youth” float placed first in the float competition on Oct. 18.

THE CURRENT SAUCE STAFF

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We need writers!
Interested?
Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 5:30 p.m. We hope to see you there!

Lady Demons “dig pink” in home performances

Tiandra Williams
Staff Reporter

The Lady Demon volleyball team wore pink in last week’s home matches against Southland foes, the Lamar Cardinals and the Sam Houston Bearkats, to show their support of Breast Cancer Awareness Month.

First, NSU defeated the Cardinals 3-1 (25-22, 22-25, 25-20, 25-21) on Thursday, Oct. 24, extending their win streak to six, tying their record for the season and allowing the Lady Demons to remain unbeaten in Prather Coliseum.

The Lady Demons gained a 21-14 lead in the first match, the largest lead of the match, and continued on to win. However, the Cardinals took control of the second match early and claimed their sole match-win of the night.

The Lady Demons, determined to break the tie, turned on attack mode and starting off the third match with a few kills of their own, registering five kills in their first six points while only allowing three for Lamar to begin the match. The momentum carried the Lady Demons to a 25-20 win in the third match of the night.

“We regained our identity somewhere in that third set,” said fourth year coach Hugh Hernesman.

Lamar battled hard in the fourth match to tie up the teams and force a tiebreaker, but their efforts ultimately fell short. The match was a match of streaks with four lead changes. Still, too much for Lamar, the Lady Demons took home another “W.”

Although Lamar hitter, Sierra Whittaker, recorded 18 kills for the game high, the Lady Demons remained unbeaten at home. Outside hitter Ashley Elrod led the Lady Demons with 15 Kills and 11 digs while Vanessa Coleman, middle hitter, connects for 13 kills recording her season high.

Stacy DiFrancesco also registered a double-double claiming 12 kills and digs for the game, as well as setter Emily Johnson dispersing 27 assist and 11 digs. Likewise, Natalie Jaeger also aided the Lady Demons with 26 assist while libero Keelie Arneson kept busy in the back row digging up 18 balls.

Still representing breast cancer awareness, the Lady Demons remained in their pink uniforms for a home game on Saturday, Oct. 26. NSU used the game to celebrate their sole senior, Jessica Gutierrez.

Despite the Lady Demon’s current winning streak, home court dominance, and a missed serve by Sam Houston to begin the game, the Bearkats (14-7, 11-1 conference) were able to clutch a 3-1 win handing NSU



Photo by Gary Hardamon

Sophomore Caiti O’Connell forces the ball past Lamar’s wall of defense in the Lady Demons’ 3-1 victory over the Cardinals. With the victory over the Cardinals and the following heartbreaker 1-3 loss to the Bearkats, the Lady Demon volleyball team is 13-10 this season, 9-2 in Southland Conference play. O’Connell recorded nine kills against the Cardinals and six kills against the Bearkats, with a dig in both games.

their first home loss.

The Lady Demons seems to have control of the first match when Sam Houston took their first timeout down 5-9. The Bearkats battled back and a missed serve by the Lady Demons secured the first match win for Same Houston (22-25).

Much like game one an error by Same Houston gave NSU the first point of the match, only this time the Lady Demons were able to get the 25-23 win.

With the game tied 1-1 the Bearkats took control of

games three and four playing quick and aggressive. Sam Houston demolished the Lady Demons 14-25 in the third and 11-25 in the fourth.

“Sam Houston played really good defense and we just got outplayed,” coach Hugh Hernesman said.

Bearkat and Southland-leading attacker Deveney Wells-Gibson put down 23 kills to lead the game.

Stacey DiFrancesco and Ashley Elrod led the front row for NSU, knocking down 11 and 10 kills respectively, while digging up seven attacks each.

Setters Emily Johnson and Natalie Jaeger a combined 32 assists, while libero Keelie Arneson, Southland Conference leader in digs, recorded 26 digs. Jaeger also dug up 11 attacks of her own, recording her third double-double of the season.

The Lady Demons host Oral Roberts, currently tied for third place in Southland Conference standing, on Tuesday, Oct. 29, at 7:00 in Prather Coliseum.

The Lady Demons will be wearing their pink Awareness jerseys again against the Golden Eagles.

Basketball team preparing for big season

Brian Cook
Sauce Reporter

With nine returning players and four new additions, the demon basketball team is looking forward to having some “bright moments” on the court this year, according to Head Coach Mike McConathy.

“I feel very comfortable with the team. We have very competitive people who want to play,” Coach McConathy said.

The Demons have officially started preseason practice; both players and coaches are expected to have another winning season.

“We have a lot of things to work on, but that’s what practice is for. We just have to come out each day to get better,” junior guard Tyler Washington said.

Washington missed all of last season recovering from a knee surgery, but appears to be healthy and very confident. He says that his team is playing with a “bulls-eye” on their back. He feels that a lot of teams are coming after them for having such a successful season last year. With all the momentum that the Demons have, it doesn’t look like they can be stopped.

Center Marvin Frazier is another returning player who feels like the Demons have “what it takes to get back to the same spot as last year, if not further.” Frazier expresses that it’ll be a good season.

“A lot of returning starters equals a lot of experience on the court, and even the new comers are coming along good,” Frazier said.

Coach McConathy stresses that they need to work on rebounding and defense, but he feels pretty good about their “shot of the basketball.”

The Demons went 23-9 last year, falling short to the Florida Gators in the second round of the NCAA Tournament.

With momentum still holding up on the court, the demons are looking forward to prevail again this year.

The Demons are set to have an inter-squad scrimmage that is open to the public Saturday, Nov. 2.

They open the regular season at home Nov. 8 against LeTourneau.

The Demons are scheduled to play five instate teams this year before Southland Conference play begins, with visits to LSU, ULL, and Louisiana Tech.

They also end the year facing Baylor and Texas El-Paso before finally starting their conference games.

The Demons kick off 2014 hosting Sam Houston State. It will be the first conference game for both teams.

“It’s not what you did yesterday, it’s what you do today,” Coach McConathy ended with as he plans to have another successful season this year.



Photo by Gary Hardamon

Demon basketball after their victory in the Southland Conference Tournament last year.



Photo by Gary Hardamon

Sophomore running back Daniel Thomas carries the ball into the Bearkat defense. Thomas averaged 5.9 yards on 10 carries against Sam Houston Saturday night in Huntsville.

Football routed at Sam Houston, 44-10

“It’s no doubt we can move the ball up and down the field. But, when we get in the red zone, we tend to struggle, but I think we’re going to have a different game plan and be aggressive.”

Michael Johnson
Staff Reporter

There was no contest on Saturday, Oct. 26 as the Sam Houston State Bearkats cruised to victory over the Northwestern State Demons, 44-10 at Bowers Stadium in Huntsville, Texas.

The Demons stayed in the game for the first half, but for the second consecutive week in a row, they give up a long kickoff return that resulted in momentum for their opponent. Losing the turnover battle with 2 fumbles, the Demons gave up 27 of the Bearkats’ 44 points in the second half.

This brings the Demons record to 0-3 in Southland Conference and 3-5 overall.

Even though the Demons haven’t racked up any Southland conference victories, head coach Jay Thomas still looks toward the next game at hand.

“We’ve got to maintain a good attitude down the stretch,” coach Thomas said.

“Because you know it’s so close and gets frustrating, but we’ve got to hang in there. Got to remember where we started. Got to remember this is year one of new schemes and new philosophies.”

Special teams have been a problem for the Demons the past two weeks as they look to fix the issue before their next game.

“We’re going to look to move some personnel around. Trying to add and give those guys some help because they’ve been doing it all season,” coach Thomas said.

“We’ve got to look at schematics and we’ve got to move it around to help our guys out to make sure they’re doing the right things.”

Players feel that victory is right there they just need to earn it.

“We do a lot of things well, but at times we slip up on the little things”, senior defender Lesley Deamer said.

“It’s no doubt we can move the ball up and down the field”, senior wide receiver Louis Hollier said.

“But, when we get in the red zone, we tend to struggle, but I think we’re going to have a different game plan and be aggressive.”

The Demon football team’s next contest will be against Central Arkansas (5-3, 3-1 in conference).

The Demons have not had much success against the Bears in recent years, losing the last two meetings including a 14-35 road loss in Conway, Arkansas last year. However, this is the Demons’ first year under head coach Jay Thomas, so he has never faced Central Arkansas as the Demons’ head coach.

Northwestern State Football meets the Central Arkansas Bears on Saturday, Nov. 2 at 7:00 p.m. in Natchitoches at Turpin Stadium.

Seeking former wrestler to coach start-up High School Wrestling Club on NSU campus 2-3 days per week. Please contact Dale Clingerman. dclingerman@lmsa.edua (318) 357-2542

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NSU's the running dead

5K Zombie run raises awereness and money for Empower Nepali Girls Foundation

Summer Evers
Staff Writer

Northwestern State University organizations collaborated with a few off campus organizations to stand against human trafficking last Wednesday, Oct. 30, by hosting the first 5K Zombie Run: Run for a Life.

The event was created to raise awareness for the Empower Nepali Girls foundation, who empower and support neglected, marginalized and young women in Nepal who are at risk to be forced into early marriage, sold into human trafficking or abandoned as orphans.

The collaboration of the psychology department, ROTC, Greek Life, and the First United Methodist Church, was really instrumental in creating 'Run for a Life.'

"We met once a week for about six weeks and I think we did a pretty good job with having each other's back and helping each other out," psychology professor Dr. Patrice Moulton said.

"For so many details, [the zombie run] came together pretty really smooth." Everyone was welcome to participate in the run, even children and between runners and those working, over 200 people were part of the event.

"We had question about whether the race was for children, but it was really for anyone," Moulton said.

"You didn't have to run the whole time, it was untimed, and you didn't have to be a 'runner' to do this. It wasn't just for runners to do; it was for the community."

Each runner was given a belt with two lifelines on it. The objective was for runners to complete the course while maintaining one of their lifelines.

Throughout the course were eight 'zombie zones' runners were chased by zombies as they completed the course.

"It's not a typical 5k run," said Connor Byrd, a minister at Northwestern Student Movement at First United Methodist Church.

"We were up and down hills, stairs and dirt roads."

ROTC Sr. Military Instructor Master Sergeant Scott Stetson said that the course was definitely unconventional despite the run both beginning and ending at the Student Union.

"The goal was to keep everybody on campus and away from the main traffic areas because campus doesn't shut down just because we're running a race," Stetson said.

Coordinators of this event include; director of Greek Life, Natalie Laurence, Psychology professor, Dr. Patrice Moulton, Beth Cole at First United Methodist Church, Sr. Military Instructor, Master Sergeant Scott Stetson, Health and Human Performance's, Dr. Mike Moulton and Northwestern Student Movement minister, Connor Byrd. The coordinators hope they will be able to go forward and do the Zombie Run again next year around Halloween.

"[This] was one of the more elaborate events I've seen on campus, with groups coming together for one cause and having fun," Dr. Patrice Moulton said.

Seniors Peter Szalwinski and Alex Clement participated and recommend everyone participate next year.

Szalwinski will be traveling to Nepal next year. He believes the race was a great way to help out for his trip.

"We do fundraising for the entire year before going on the trip and this is just one more thing we're doing," Szalwinski said.

"This zombie run is for a good cause because it's helping people out who can't help themselves."

Clement saw the marathon as his opportunity to run his first 5k as well as help out the Empowering Nepali Girls foundation.

"I liked the causes I was running for," Clement said.

"Everyone radiated with positive energy just as I expected, which made the whole experience fulfilling."



Photos by Kara Scouten



(Above, right to left) Melissa Cornett, Dana Bergson and Shanon Walsh dress up for the 5K zombie 'run for a life,' that over 200 students, faculty and community members participated in (right). The event raised money and awareness for the Empower Nepali Girls foundation, which helps human trafficking victims of women in Nepal.



Students (left) Emily Fontenot, Megan Guidry, Daniel Thiels, Rebecca Price, Cayla Mendow (right) Peter Szalwinski, Megan Guidry, LaMario Fortson and Bryant Dugas plant trees for the Environmental Beautification Project



Photos by News Bureau and Rebecca Price

Student volunteers beautify campus

Emily Fontenot
Staff Writer

Director of Grounds Gary Nolley and the Environmental Beautiful Project (EBP) along with student volunteers gathered on the sidewalk of Tarleton Drive Sunday Oct. 20 at 9 a.m. to begin the project of replanting trees along the roadside.

"Getting dirty and actually planting trees is just one exciting factor," senior EBP president Megan Guidry said.

"The other is knowing that there are others who are willing to get dirty with you in an effort to beautify the planet and clear up our air."

Red wood maple trees lined Tarleton drive from Chaplain's Lake to University Columns for over 25 years until the trees grew to heights that interfered with Natchitoches Municipal Airport runway FFA Regulations for aircrafts landing with only instruments.

Bynog Tree Service was contracted to remove the trees last year as a safety precaution. The trees were then run through a wood chipper and stored in NSU's farm area. The Grounds Department uses the mulch in campus landscaping and on the new trees planted along Tarleton Drive.

Gary Nolley has organized and led the Sunday tree plantings. Payne Landscaping is contracted by City of Natchitoches /FFA to replace the 35 maple trees with

35 large purple Catawba crepe myrtle trees.

NSU's Physical Plant and Grounds Departments have undertaken the task of planting more trees to help fill in the space with the smaller crepe myrtles as well as to honor NSU's commitment to Tree Campus USA.

The project of replacing the 35 maples with Catawba crepe myrtles has lasted three Sundays and will continue until all 35 trees are replaced and approximately one hundred more are planted.

"I actually really enjoyed it." Sophomore Bryant Dugas said.

"I didn't think tree planting was so simple, and I can't wait to come back and see them in ten years."

A growing number of student volunteers spend three hours each Sunday planting and nurturing new trees.

"With this particular endeavor, we have increased in volunteers and the number of trees we have planted every time we get out there." EBP president Megan Guidry says.

She also cherishes her position as leader of EBP. "This is the first time I've ever been a leader of a group, and I could not have chosen wiser." Guidry says. "To have a group of people dedicated to doing what is right for the earth is highly rewarding."

The project will continue until Tarleton Drive is again lined with an allee of trees. All students are welcome to participate. For more information contact Director of Grounds Gary Nolley at nolleyg@nsula.edu.

Doctor of nursing practice program approved; degree enters next phase of development

Emily Carter
Staff Writer

The Board of Supervisors for the University of Louisiana System has approved a new program for a Doctor of Nursing Practice. The degree would be the only one of its kind offered in North Louisiana, which would be advantageous to the state since students are leaving Louisiana for this program.

There will be two options for the program, one for people who already hold advanced degrees in nursing and one for people who have just finished their undergraduate degrees. This would add to Northwestern's prominent nursing community, where there are already two nurse practitioner concentrations in the Master of Science in Nursing program.

President Randall J. Webb said said he is grateful to the Board of Supervisers for their support of the DNP. "Considering Northwestern's prominent role in nursing education for over 60 years and the emphasis on

quality health care in our region, offering the DNP is a logical progression for our program," Webb said

The program should increase enrollment in Northwestern State Universities advanced degree programs.

"This will give nursing majors a way to further their education at the same place they received their bachelors and associates," nursing student and junior Deanna Bourgeois said.

She also said that she would consider coming back to Northwestern to obtain the advanced degree when she came to that point in her career.

The next is for the program to be approved by the Board of Regents. Once done, funding for the program will start. It will be an online program that is done mostly through videos.

The school is also waiting for approval to change the name from the College of Nursing and Allied Health to the College of Nursing and School of Allied Health. They are also looking for a new Dean for the school, since Dr. Norann Planchock retired in August.

Student Government Association update

Victoria Novitsky
SGA Member

The Student Government Association (SGA) is one of the two governing bodies of the Northwestern State University campus.

SGA holds meetings every Wednesday at 3:30 PM in the President's Room of the Student Union. All students are encouraged to attend and share their concerns of NSU with your SGA senators.

Students can also visit the SGA office, located in room 100 of the Student Union to meet your SGA senators, or to even get free scantrons.

SGA senators recently passed a piece of legislation amending the SGA Constitution, and will be discussing six bills in today's meeting, one being a bill that was layed on the table at our last meeting.

An over view of the bills are as follows: Commuters being denied access to campus, by the NSU Police, a SGA Mentorship Program, SGA Rules in Debate, SGA

Senator Bill Requirements, the SGA website being outdated, and Election and Voting Revisions. Students are free to attend the meetings and listen to the discussion of these issues. The meeting is at 3:30 p.m. in the ballroom of the Student Union.

SGA will hold a Fee Forum on November 19th at 5 p.m. in the President's Room of the Student Union. This forum is to inform students on what they are paying for when they are charged for University Fees. The annual Meet Your Senators Day will be December 3rd in the lobby of the Student Union. This is open to all students.

SGA will be serving cookies and hot coco until supplies end, and giving away free scantrons. There are no quotes from the Executive Board in this week's publication, but stay tuned in future publications to hear that the leaders in SGA have to say.

Finally, SGA is looking for feedback on campaigning for homecoming. Would you go to Watson on Saturdays, if they were open? Have you ever used the 24-hour H&HP lab? Give your opinion in the SGA office.

Transylvania strikes back

Annual Showing of Rocky Horror Picture Show is well received

Emily Carter
Staff Writer

On Halloween night, the Student Theatre Organization held their annual production of The Rocky Horror Picture Show in the Student Union ballroom directed by Austin Aschbrenner.

Students auditioned three weeks before the show. Auditions consisted of actors lip-synching to songs from the show using props or costumes of their choice. Once the cast was selected they rehearsed every day for about three hours.

“Most of the actors were ready and willing to work, but it was difficult due to the fact that we were all in high heels and corsets,” actor Jay Conova said. He said the directors had some trouble conveying their ideas to the actors during rehearsals. Conova is looking forward to working on the production again and wants to direct it one year.

The audience generally responded well to the performance.

“As a ‘virgin’ to Rocky Horror, both the movie and the performance, I had no idea what to expect going in there,” sophomore and Humanities & Social Thought major Cayla Mendow said. “I had a great time and the casting was spot on. My favorite part of the night was the Improv group! They kept the atmosphere interactive and fun!”

She said her biggest problem with it was that it started later than it was supposed to conflicting with other plans she had made causing her to leave the show early. Mendow and others said it was difficult to follow along with the script, but they considered the performance enjoyable nonetheless.

Many students attend multiple performances throughout their time at NSU. Senior and English major Catherine Beverly went for



Photos by Emily Carter

Cast members created posters to accompany the show including the rules every audience member should know when participaing in the antics of ‘Rocky Horror Picture Show’ (above).

her second time and said she preferred this year’s performance.

“One of the biggest parts of Rocky Horror is having tons of people to experience it with, and the participation was so much better this year,” Beverly said. She said the script for the audience members was a little unorganized, but otherwise it was great.

Audience members could purchase a

goodie bag to enhance their participation in the show. However, the number of bags and seating for the show was limited causing people to line up an hour and a half before the ballroom doors opened.

The Rocky Horror Picture Show is an NSU tradition that has been kept alive for years due to the work and time of the Student Theatre Organization.

A fabulous face is made in moderation

Dos and don’ts every girl needs to think about when applying her makeup

Makeup is a girl’s best friend! You can use it to hide blemishes on your face, have fun, try new things or get better at putting it on. When it comes to makeup, you either know what you’re doing and love the results or you don’t have a clue and wish you had someone’s help. Here are a couple of makeup dos and don’ts that every girl should know.

Don’t overdo the foundation on your face. The more foundation you put on your face the less natural it’s going to look. Also, apply even layers of foundation. If it’s not put on evenly it will leave streaks on your face.

Do find foundation to match your skin tone. Test the foundation out on your jawline rather than your hand, wrist or arm because your skin isn’t the same tone there.

Also, apply moisturizer to your face before foundation. Not only will it help keep your skin healthy, but it will also help the foundation blend into your skin.

Don’t wear full makeup every day. Full makeup is foundation, concealer, eyeliner, mascara, eye shadow and lipstick. Mascara and eyeliner is more than enough makeup for one day. Be sure not to cake on mascara because it can look clumpy and really messy on your eyelashes.

Do apply eyeliner as close to your eyelash line as possible. It will help enhance your eyelashes and bring attention to your eye color.



Photo by Regine Lyons

An important makeup ‘don’t’ is to not wear full makeup every day. Dariane Williams is wearing a simple makeup look that brings attention to her eyes.



Regine Lyons
Fashion Columnist

Eye shadow also helps enhance your eyes, but it’s best not to pick a shade matching your eye color. Using browns and blacks can give you an elegant or smoky look.

Don’t put on a bunch of lip gloss or lipstick. Too much lip gloss can make it look

like you’re drooling and that’s not the effect you want people to see.

Do complement your lipstick with the rest of the makeup on your face. If you want a bold lipstick color, then make sure you tone down the rest of your makeup to make your lips stand out.

Makeup is something you can grow to love if you know how to put in on correctly. Hopefully these dos and don’ts will help you out the next time you put on makeup.

Okay mom, I’m not in high school now

Students react to parent involvement

Damian Glover
Sauce Reporter

With college visits and senior days already in swing and orientations only a few months away, the time frame for parents to re-adjust to their children’s growing maturity and independence may not be as long as

they expected.

University policy states that all first time freshmen must live on campus with the exception of students who are from the Natchitoches area. Last summer, freshmen connectors learned that some parents have more worries about college living than others.

Sophomore and early childhood education major Jade Boudreaux volunteered for the first two freshman connections this past summer with the parent connection group.

“During my time with the parents of the now freshman, some expressed interest in safety of their children and also curfew times,” Boudreaux said. But others went to the extreme of jokingly bribing university students to be stake out watchers over their children

during their stay here at the university. I thought it was hilarious but I found it odd that someone would even joke about that.”

Freshman Tommy James feels that this is the time his parents should let him fly and explore rather than being guided and kept shaded.

“Freshman year, as I have seen on TV and heard from other students, is a time when you learn the most about yourself,” James said. “The first year of college is when parents should be there to support their child, not tell them what to do every step of the way.”

Although some may look at parent involvement as a hindrance, others see it as a plus and a sign of support.

Daily phone calls, encouraging text messages, and updates from home are what keep sophomore Haley

Smith confident in knowing she has people who have her back.

“Every morning I can count on my parents sending me a text messaging saying something sweet and hoping I have a good day,” Smith said. “By them being involved in my life, they know when I’m struggling and when I’m having a good day. I’ve never experienced college life before and they have which makes them wise in my opinion.”

Parent involvement all depends on the type of child that they have. Some children are bred to be independent by their parents, whereas other students, often only children, have a harder time leaving home while their parents struggle to watch them move on.

So many classes yet so little room in student schedules

A sneak peak at ‘interesting’ electives being offered during Spring 2014

Northwestern State University always offers various types of classes, whether they are major or minor specific. Students have to base their class schedule according to their major concentration, which usually tends to be core and major specific classes. However, students sometimes have room to take an elective.

Electives don’t have to be related to a student’s major. Sometimes students take electives because the subject matter reflects a hobby of theirs or the course material seems interesting and they want to know more about it.

While students may know about the common electives offered, some electives take a thorough browse through NSUConnect to be discovered. Here is a list of some of the electives offered in spring 2014 that you may not know we have:

Greek and Roman Art-SCRT 181W
Time: TBA

Course Description. An overview of the development of Greek and Roman Art organized to complement material presented in T&T1.

What this means for you: An exercise in verbal argument and analysis, can be taken by students in and out of Scholars’.

The U.S.,1919-1945-HIST 4360
Time: TR 9:30 a.m.-10:45 a.m.

Course Description: The Republican era of the 1920s, the Great Depression; the New Deal; World War II.

What this means for you: An interest in the Roaring Twenties through the Depression to WW2 would be helpful. Prerequisites: HIST 2010, 2020

Sociobiology and Evolutionary Sex-SLSC 4820
Time: TR 3:30 p.m.-4:45 p.m.

Course Description: Critical review of the theory of sociobiology. Special emphasis on theoretical basis for evolution and maintenance of recombination and the empirical evidence for evolutionary advantages of mating systems.

What this means for you: Seminar based class, so student involvement and discussion is a must, can be taken by students in or out of Scholars’. Prerequisites: SBIO1830, SECL 1910, or 1920; or SCTT 2810 and 2820; or ANTH 3050; or BIOL 3340.

Detective Fiction- ENGL 3850
Time: W 2 p.m.-4:50 p.m.

Course Description: The class explores various novels with notable detectives that are familiar in popular culture.

What this means for you: Variety of interesting books to be read with detailed discussions on the characters and authors.

Grant Writing- ENGL 4790
Time: M 2 p.m.-5 p.m.

Course Description: The course provides an overview of grant writing with emphasis upon location of funding sources, grant preparation, writing, and review.

What this means for you: Provides you with the skill and preparation needed to apply for grants. This skill is useful in a variety of job settings.

Hitler-SHIS 3880
Time: TR 6 p.m.-7:50 p.m.

Course Description: Intensive study of the life and work of Hitler, emphasizing his connection to WW2 and Nazism, and his influence since that period.

What this means for you: An in-depth look at Hitler’s life and his position in Nazi Germany, can be taken by students in and out of Scholars’.

Personal Self Defense-HP 1620
Time: TR 11 a.m.-12:15 p.m.

Course Description: Beginning level self defense; offensive and defensive maneuvers; physiological components of martial arts training.

What this means for you: Learn self-defense moves to boost confidence and reap the benefits of exercise.

NSU offers some different and exciting classes. With students usually stressing over core classes, it can be beneficial to take enjoyable classes to stimulate your mind.

For more information on electives offered in Spring 2014, please refer to the 2013-2014 NSU Course Catalogue.

To view the schedule for Spring 2014 Classes, click the Registration link in MyNSU and click Look Up Classes. After selecting Spring 2014, you will be allowed to view the times and dates for those classes.

Early registration begins Monday, Nov. 11 for graduate students, authorized ADA students with permit, honor Students with a 3.5 Cumulative GPA & 12 or More Hours and all student athletes.

Information from Staff Writer Olivia Martzell

CAPA Event Calendar

Nov. 7: NSU presents: Senior Recital: Christopher Williams, trumpet, 5:30 p.m.

NSU Faculty Recital: Paul Christopher, cello & Elena Bogaczova, pianist, 7:30 p.m.

Nov. 8: NSU presents: Guest Artist: Lin He, 7:30 p.m.

Nov. 10: NSU presents: Concerto/Aria Competition, 1 p.m. - 6 p.m.

Nov. 12: NSU presents: NSU Jazz Band Concert, 7:30 p.m.

Nov. 13-16: NSU Theatre presents: “Once On This Island,” 7:30 p.m. - 11 p.m.

Nov. 17: NSU Theatre presents: “Once On This Island,” 2 p.m. - 5:30 p.m.

Forensic Anthropology in the 21st Century, Myths, Magic, and Miracles

Thursday, Nov. 7, 2013
6:30 – 7:30 PM
*with a book signing to follow
Friedman Student Union Ballroom
The event is free and open to the public.

Mary Manhein, "The Bone Lady"

Author of "The Bone Lady," "Trail of Bones," "Floating Souls: The Canal Murders, and - most recently - "Bone Remains," Manhein studies topics such as human facial tissue depth, skeletal aging techniques, time since death, discarded bodies, and victims bodies recovered from the Mississippi River. She has also assisted with the recovery of the astronauts from the Columbia disaster, invited twice to lecture at Scotland Yard, and provided expertise for the analysis of a 2,500-year-old Egyptian Mummy.

All books will be available for purchase and signing after the presentation.

NORTHWESTERN STATE
Fleming Thomas Lecture Series

NS'U'

VOICE

What is one change you'd like to see at NSU?



"Parking is a big deal here and there is like nowhere to park. It's always so hard to find somewhere to park."
Kelsey Coutee
SOPHOMORE



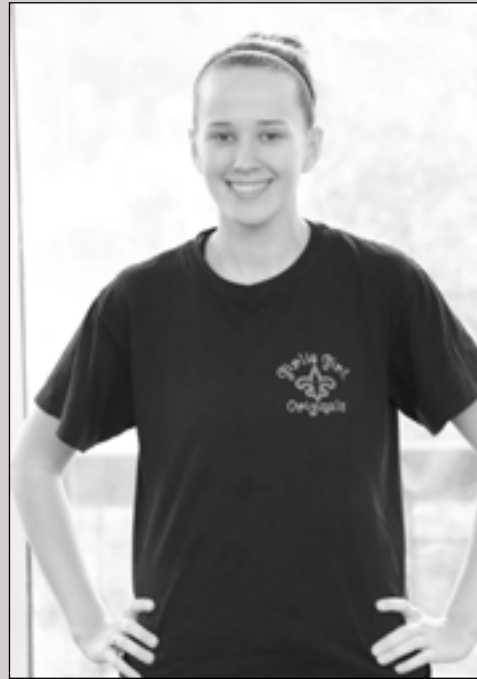
"They should have no classes on Friday every week. If every department could cancel class on Friday, that would be great."
Melissa Cornett
SOPHOMORE



"At the WRAC I don't like how for events they won't let parents in unless they pay \$10 and for an event that may only last 20 minutes, it's not worth it."
Justin Smith
SOPHOMORE



"They need to change the way they handle the dorm situations. They have me in Varnado and I'm not supposed to be there, especially for this long."
Shalexis Smith
FRESHMAN



"There are like a lot of pot holes everywhere. and in the grass there are a lot of random holes out of nowhere and people can really hurt themselves with that. And the parking is really bad. They need more parking lots."
Jamie Trichel
JUNIOR



"The roads here are really rough and hard to drive cars on. They really need to redo them now."
Dustin Allen
FRESHMAN



"I'd just like to see better food in the cafe. It's ridiculous. They just need more food and better selections. They need to cook like they know they live in the South."
Davareal Ledet
SOPHOMORE



"If I forget my ID card when I go to the WRAC, I have to spend \$10 or go to the ID place and spend \$20 to get a new one just to get in. All I should have to do is give them my ID number and my picture will pop up. That's too much to have to do for simply forgetting my ID."
Brandon Blake
SENIOR

THE CURRENT SAUCE STAFF

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Overpopulated La. prisons provide thriving revenue for state but cost taxpayers billions

"We don't have to reinvent the wheel, don't have to do anything exotic or creative. We just have to look at what other states are doing."

American Press
The Associated Press

Louisiana is number one in the world for the number of people serving time in prison. That is a grim statistic that presents the state with all sorts of problems. The cost is tremendous for taxpayers but bringing those statistics down without endangering the public won't be easy.

An unusual group made up of both liberals and conservatives recently met at the University of New Orleans' Jefferson campus for a discussion of how to reduce the state's incarceration rate, without harming public safety. In the past two decades, Louisiana's prison population has doubled, costing taxpayers billions of dollars. At the same time, the state's prison industry is a thriving economic engine for many parishes.

Controlling the costs of maintaining the state's prison population is critical, the panel members agreed. One way, according to Judge Federicka "Ricky" Wicker of the 5th Circuit Court of Appeals, is to move bedridden inmates to hospitals.

Wicker said Louisiana has already transferred millions of dollars from the general fund to cover the medical expenses of inmates, but the number of prisoners requiring care continues to grow. The impending crisis will "skyrocket" by 2017, she said, because of the aging of those inmates who were sentenced as the Louisiana law that requires convicts to serve 85 percent of their sentences took effect.

Wicker's proposed solution would allow for something called medical probation. Currently, ill inmates stay in prison, where the costs of their care is covered by the state. If they are transferred to hospitals or licensed

hospice facilities, the inmates' care would be covered under Medicare or Medicaid, Wicker said.

"These guys are on their death bed — the difference is whether they die in a hospital bed in a hospital, or die in a hospital bed behind Angola's walls," said state Rep. Joseph Lopinto, R-Metairie.

The challenge of changing sentencing laws is particularly difficult in Louisiana, Wicker said. She noted that many states she identified as southern and conservative, such as South Carolina and Texas, were able to push through changes within a year of identifying problems; incarceration rates in Texas, particularly, have dropped.

The Louisiana Sentencing Commission, however, has made only modest gains since 2009.

"Our culture is one of high sentencing," Wicker said, so "our work is incremental." Wicker serves on the Louisiana Sentencing Commission, as does Lopinto.

"It's politics," chimed in Lopinto. "No one got elected by saying 'I'm going to go up to Baton Rouge and let a bunch of people out of jail.'"

The Pelican Institute for Public Policy, which sponsored the discussion along with the ACLU, has been working with the Texas Public Policy Foundation to develop model legislation.

"We don't have to reinvent the wheel, don't have to do anything exotic or creative," said Kevin Kane, president of the Pelican Institute. "We just have to look at what other states are doing."

This is a thorny problem that needs to be worked out. We didn't get into this mess quickly and we won't likely come out of it quickly either. But at least all parties now recognize we need to find better, less expensive ways to handle sentencing and the prison population without endangering the public.

We need writers!

Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 5:30 p.m. We hope to hear from you!

Beauty v. brains: women prioritize the 'perfect' body over intelligence

Emily Frame
Student Opinions

Why are young women fretting over thigh-gaps and visible collarbones instead of focusing on pursuing dreams like medical degrees and business internships?

It kills me that we live in a society that values a woman's intellect less than her outward appearance. A woman is not interesting because of her perfectly symmetrical face and taut behind. She is made up of her personality, intelligence, emotion, culture and so much more. All this should not be less important than the physical body that these parts come in.

John Green said it best in his book "Paper Towns," "That's always seemed so ridiculous to me, that people want to be around someone because they're pretty. It's like picking your breakfast cereals based on color instead of taste."

Substance is beauty. So why do we pick our cereal based on color? Real women can't be expected to have blue eyes, full lips, hairless skin with a California tan, long legs, a JLo ass and perfect abs.

Instead, as women, we should expect ourselves to have an education, views on current events and ambition to fulfill our dreams.

Everyone has seen the videos showcasing exactly how a model's photos are edited before landing on your browser screen. You don't need my lecture. So why hasn't anything changed?

Young girls are exposed daily to pictures that distort their view of real womanhood and teach them that a fast-fix is the easier alternative to a healthy life-style. Pinterest and Facebook are littered with workout plans and crash diets. But why isn't being healthy enough?

Personally I'm tired of playing the exercise hopscotch - jumping from one fad diet to the next. There's an unhealthy focus on looking malnourished, even "heroine chic."

How can we expect our bodies to fuction as they're supposed to if we starve ourselves of essential nutrients? A calorie is not a fat cell, it is a unit of energy. Food is not our enemy, ignorance is. By focusing on the outward image rather than the inner substance, we rob ourselves of personal growth.

Our priorities are out of order. Having a 'perfect' body has become an obsession while we put our intellect on the back burner. Isn't it more important that the young women of today become the movers, shakers, activists, travelers and world changers of tomorrow rather than models and reality TV stars? I hope to see my peers become the next Condoleezza, not the next Snooki.

We've got to stop stressing about our bodies and start planning for our futures. A thigh gap won't give you the wisdom of a good book and your protruding hipbones won't land you an internship in New York City. Being a woman of substance, however, will.

Maybe if we changed our priorities, we could make intelligence the new standard of beauty.



Photo by Kara Scouten

Demon wide receiver Louis Hollier, Jr. (17) gashes the Bears after catching a short pass from quarterback Zach Adkins (8). Hollier caught four passes for fifty-five yards in Northwestern State’s victory over Central Arkansas. Hollier’s average improved to 16.1 yards per catch for the season.

Demons topple nationally-ranked Bears

Sports Information

Junior quarterback Zach Adkins threw touchdown passes of 25, 33 and 38 yards, and ran six yards for a crucial fourth-quarter score that made the difference as Northwestern State upset No. 15/18 Central Arkansas 31-28 Saturday night on ESPN3 in Turpin Stadium in Natchitoches, LA.

Junior Fred Thomas made an end zone interception in the third quarter to deny UCA a scoring chance, a pivotal play in a landmark win for first-year Demon coach Jay Thomas and his team.

The Demons snapped a three-game skid, improving to 4-5 overall and 1-3 in the Southland. UCA, ranked 15th in the FCS coaches’ poll and 18th in the Sports Network Top 25, dipped to 5-4 overall, 2-2 in conference games.

“I’m elated, for our players, for our coaches and staff, who worked so hard and kept believing in each other,” Thomas said.

“I’m happy for our administration and our fans who have been standing behind us. This was a heck of a win over a very good, very, very well-coached program.”

Adkins’ 6-yard TD with 8:05 remaining came on third-and-goal on a quarterback draw, as he knifed through a hole on the left side and darted across the goal line virtually untouched. That boosted NSU ahead 31-20.

The Bears closed within three points with 1:25 to go when Ryan Howard completed a 2-yard fade route to Courtney Whitehead and threw a two-point conversion

pass to Thomas Hart.

But redshirt freshman receiver Tuff McClain, who caught his first career TD pass in the second quarter, recovered UCA’s onside kick attempt allowing NSU to run out the clock.

Adkins completed 18 of 26 passes for 226 yards and led the Demons with 16 rushing attempts, a career high, for a net of 48 yards including four sacks. He gained 77 yards rushing but was thrown for 29 negative yards.

UCA led briefly twice, but each time NSU answered on the next series and regained the lead. The Bears moved ahead 17-14 on their opening possession of the third quarter on the second Willie Matthews’ 11-yard TD run of the game, but the Demons took the lead for good less than two minutes later on Adkins’ 38-yard pass to Daniel Taylor, making it 21-17.

UCA was poised to score to close the gap or take the lead when Thomas made his interception on third-and-goal at the 9. He brought the ball back into the field of play, then lateralled to Ryan Sorrell, who dashed 60 yards into UCA territory. The play led to a 41-yard Chris Moore field goal that padded the margin to 24-17.

“That was a huge play by Fred,” Thomas said. “We made big plays near the goalline on both sides of the ball tonight. They were about to score three or seven, and instead we got a field goal out of it. We won by three. A lot of plays made the difference for us but there weren’t any bigger than that one.”

Eddie Camara’s 25-yard field goal trimmed the lead

to 24-20 with 12:18 left to play. The Demons’ Purple Swarm defense halted an 87-yard UCA drive at the 8, with tackles Deon Simon and Lesley Deamer making key tackles to stymie the Bears.

Ed Eagan started NSU on the way to the clinching TD with a 43-yard runback of the ensuing kickoff across midfield to the UCA 46. Adkins converted a third-and-3 with a 13-yard pass to De’Mard Llorens to the UCA 26, and senior receiver Louis Hollier took a swing pass and faked out two Bears on an 18-yard gain to the visitors 7. Adkins scored three snaps later.

Adkins staked the Demons to a 14-10 halftime lead with touchdown throws of 25 yards to true freshman Shakeir Ryan and 33 yards to McClain. The second one pushed NSU ahead 14-3 midway through the second quarter, but UCA responded with a 10-play, 86-yard drive capped by Willie Matthews’ 11-yard bolt right through the Demons’ defensive line.

Until that drive, the Purple Swarm defense had played outstanding, quieting an offense that ran up 66 points and 681 yards a week earlier. Three sacks, two by Simon, had UCA at negative 22 yards rushing before the Bears roared back, blasting away up the middle for 63 yards on the ground in that possession.

UCA finished with 30 first downs and 438 total yards, 297 passing as Howard went 26 of 43 for 276 yards. Matthews ran for 109 yards on eight carries.

NSU posted 333 total yards and had no turnovers. The Demons will play at home again next Saturday in a 3 p.m. contest against Lamar.

Soccer finishes strong but comes up short in conference

Brian Cook
Sauce Reporter

The Lady Demons finished the year strong with a 3-0 win over Texas A&M-Corpus Christi, but unfortunately just missed out on the Southland Conference Tournament.

With the tournament in sight, the Demons needed a win themselves and a loss from either Nicholls or Central Arkansas to keep their hopes of making it to the tournament alive. But, despite the win they pulled off, they still failed to make it. Both Nicholls and Central Arkansas beat their opponents forcing the Demons out of the tournament.

“We are crushed that we didn’t make the tourna-

ment,” head coach George Van Linder said. “Although we had our chances, it is a painful lesson at the moment but it will create a lasting impact for the future.”

Stephen F. Austin, Oral Roberts, and Southeastern Louisiana University are the top 3 teams that are in the conference tournament that will take place Thursday at McNeese State University.

The Lady Demons (7-11-1, 5-6-1 Southland Conference) ended the year with five league wins, which is the most since the 2005 season saw six wins.

Against Corpus Christi, The Demons scored two goals in the first half and one in the second. The Lady Demons outshot the Islanders 14-13 and had an 8-5 shot on-goal advantage.



Photo by Gary Hardamon

The Lady Demons beat the Islanders up and down the field to end the season but still fell short within the SLC.

Niners unmask as possible contenders

Jimmie Walker
Sauce Reporter

Eight weeks into the NFL season and traditionally things begin to get interesting for most teams. Teams that began strong sometimes start to crack, and slow starters find their grooves.

One team that seems to groove more than to crack is San Francisco.

The 49ers (6-2) are one of two teams out west that most expected to dominate the first half of the season.

San Francisco’s defense and its read-option offense, led by second-year starter Colin Kaepernick, stand in second place in the NFC West Division behind the Seattle Seahawks (8-1) and their “12th Man.”

San Francisco’s two losses came early in the year as the team lost track of its identity and allowed Kaepernick to rely on the passing game too much.

You can’t blame them for trying after all the success the team had Week One against the Packers. Kaepernick trounced Green Bay, as he and newcomer Anquan Boldin connected 13 times for 208 yards and a score. Vernon Davis added to the passing game’s success with two touchdowns of his own.

But back-to-back losses followed the 34-28 win over the Packers, beatdowns from the Seahawks in Seattle and from Indianapolis in Candlestick Park.

“Certainly not proud of the way we played or

coached,” second-year head coach Jim Harbaugh said following the loss to the Colts.

In those two games, the 49ers ran the ball only 43 times for 223 yards. Running back Frank Gore carried the ball just 20 times in the two contests.

Faith was placed in the right arm of Kaepernick who took full responsibility for both losses.

“I have to get better,” Kaepernick said. In the two games he completed 26 of 55 passes and three interceptions.

“I have to throw receivers open and allow them to make a play.”

Since then, the team has gotten better. San Francisco has won five straight games by an average of 22.6 points.

Gore ran for 476 yards and 4 touchdowns in the five-game stretch, while Kaepernick was able to “Kaepernick” three times with three rushing touchdowns.

In the game against the Jaguars, he was able to do his signature “Kaepernicking” touchdown dance twice, as he scampered for a 12 and 9 yard score.

Next for the Niners will be quarterback Cam Newton and a revitalized Carolina Panthers team.

The Panthers are 5-3 and-like the Niners-have scored at least 30 points in the last five games.

If San Francisco wins over Carolina, the team would be set to face New Orleans in a game that has playoff home-field advantage implications.

Expectations high for SLC top ranked basketball team

Tiandra Williams
Staff Reporter

Just earlier this calendar year the NSU men’s basketball celebrated with each other and the many fans that traveled to Katy, Texas and watched as the Demons became the 2013 Southland Conference Tournament Champions and advanced to the NCAA Tournament. Now the 13’-14’ season is almost under-way and the Demons are looking to do even better.

The Demons had a stellar 2012-2013 season, leading the nation in points per game average 81 points. NSU finished 23-9 overall, 15-3 in conference, and placed second in regular season conference play just one game short of Stephen F. Austin. The Demons then dominated the SLC Tournament and faced Florida Gators in the NCAA tournament. As well the Demons were honored with multiple SLC and Louisiana individual player awards.

Unfortunately, the Demon’s postseason berth was short-lived. The Demons and the Gators were neck and neck the first half of their NCAA face-off, then the Gators took over the second half ending the game 79-42, concluding the Demons’ season with the worst shooting percentage of the year and 39 points below their season average.

“Last year’s success did not get the job done” Head Coach Mike McConathy said.

“We want to build off the frustration of not being able to show what NSU Demon Basketball is about in the last 10 minutes against Florida.”

Although the Demons are not complacent about last years’ successes, the Southland Conference was impressed, nominating NSU as this season’s favorites.

Senior transfer DeQuan Hicks and Redshirt-sophomore Jalan West are preseason first-team selections. Both Hicks and West’s first seasons with the Demons were last year and made a big impact on the court. Hicks, 6’7” forward from Racine, WI, averaged 14 points and 5.9 rebounds, was named Southland Conference Newcomer of the year and made SLC All-Tournament team and second team All-Southland. West, 5’10” guard from Bossier City, LA, was named Southland Freshman of the year, SLC All-Defensive Team, honorable mention All-SLC and lead the SLC in steals (2.4 per game) and free throw percentage (86.6%).

“I was really excited and very appreciative to be selected,” West said.

“It was a goal of mine last year to make one of the teams and for me to be selected preseason first team this year is an honor.”

Although the Demons are happy with preseason polls, the coaching staff knows that means their team is going to have to work even harder.

“Our players need to understand you can’t be complacent. You have to compete as hard as you can each game,” McConathy said.

“When we hear these type things, we have to work hard to not be full of ourselves, but instead continue to improve and be better than we were last season. “

The Demons graduated a few of their most dominant big men, which left them with a lack of height in the paint. However, the Demons have 12 returning players, amongst who are three seasoned players that are expected to make a difference in the team’s play. Those included are senior veterans Patrick Robinson, Gary Stewart and Brison White.

“The most important thing for me going into my senior is that I remain consistent the whole season,” Stewart, SLC Student-Athlete of the Year, said.

The Demons debut this season in Prather Coliseum on Friday, Nov. 8, against LeTourneau at 7:30 p.m. The game immediately follows the Lady Demon basketball debut at 5:30.

SLC Coaches Poll	SID Poll
1. Northwestern (10) 120	1. Northwestern (8) 118
2. Oral Roberts (2) 98	2. Oral Roberts (3) 108
3. Sam Houston State 96	3. Sam Houston State 89
4. Stephen F. Austin 93	3. Stephen F. Austin (1) 89
5. McNeese State 80	5. Southeastern LA 80
6. Southeastern LA 70	6. McNeese State 78
7. A&M-Corpus Christi 56	7. A&M-Corpus Christi 62
8. Nicholls 45	8. Nicholls 48
9. Central Arkansas 40	9. Lamar 41
10. Lamar 38	10. Central Arkansas 31
11. New Orleans 33	11. New Orleans 25
12. Houston Baptist 23	12. Houston Baptist 23

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07/13

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BAPs slams verses with poetry pros team SNO

NSU’s Brainy Acts Poetry Society returns from annual Louisiana Book Festival to learn from award winning Team Slam New Orleans

Summer Evers
Staff Writer

NSU’s Brainy Acts Poetry Society (BAPS) participated in the annual Louisiana Book Festival Saturday, Nov. 2 at Capitol Park in Baton Rouge. BAPS was able to partake in the Book Festival for the second consecutive year. They performed in the Senate Committee Room F at the State Capitol.

The Brainy Acts Poets Society (BAPS) is a group of Northwestern State students with an interest both writing and performing poetry. It was established in 2010 by alumni Clemonce Heard and Brandi White along with other students who had a passion for poetry.

Elizabeth King, one of BAPS’ two presidents, thought it was such an honor for BAPS to be the only college organization so far to be able to perform at the festival for a second year.

“For us to go that one time was a privilege and then for them to want us to come back again, was really major,” King said. “[It was] a great opportunity and something we can be proud of.”

“It’s just a good experience and an honor to be invited to a well-known [event] in Baton Rouge so we’re just honored,” said Barry. “It

was really good to just go and have that fellowship as a group outside of school.”

Members of the Brainy Acts Poetry Society who participated in the reading were Elizabeth King, Ashton Barry, Dennis Onyenma, Breonda Simmon, Chasity Smith, Joseph Jackson, Michael Vaughn, Matthew Mims, Olivia Hadams, Corbin Jones, Shaniqua Cobbs, and Ashli Prelow.

This past Saturday, BAPS advisor Dr. Julie Kane, invited national champions poetry group, Team Slam New Orleans to perform. Kane thought it was a great idea to bring them in as a reward to BAPS for all their hard work.

“Last year Dr. Andy Crank and I got a grant from the Louisiana Board of Regions to bring some speakers to campus,” Kane said. “I thought to bring in Team Slam New Orleans because The Brainy Acts students work so hard and give some much of their time and energy to the NSU community,” Kane said.

Team Slam New Orleans, also known as Team SNO, won the 2013 National Poetry Slam held in August. They went up against 70 other teams who were also competing for the national title as the Slam Champs of the United States.

The National Poetry Society is a national championship for spoken word poetry, in which four- to five-person teams from

across the nation compete against one another for the national team title.

Prior to their performance, Team SNO held a workshop with BAPS to critique and taught them various things about slam poetry such as eye contact, voice and breath control, the use of energy and how to just let loose.

“They taught us quite a bit in the workshop, so I respect what they’re doing,” Barry said. “It just pushes us to become better poets and I learned about the importance of giving your best performance at a slam. I really liked that.”

King thought the workshop was not only stimulating but very helpful.

“We got to ask them questions, perform for them [then] they critiqued us,” King said.

“I just see BAPS growing from that and being that much stronger. Now I just see us advancing from there.”

Team SNO also won the 2012 National Poetry Slam, with a different roster of champion poets. In order to be a part of Team SNO, one must earn their spot on the roster each year by going through various competitions. The 2013 team is made up of poets Kaycee Filson, Justin Lamb, Sam Gordon, Michael Moore and Akeem Martin.

Both Barry and King really enjoyed Team Slam New Orleans’ performance and gained



Photo by Summer Evers

Team SNO members(Right to left) Michael Moore, Sam GGordon, Justin Lamb, Kaycee Filson and Akeem Martin perform a poetry slam at NSU after workshoping with BAPS

a lot from them.

“A lot of the things they did were admirable and I hope that one day BAPS can reach that level of expertise,” King said.

“Or at least get to the point where we’re traveling to put on shows.”

Barry thought that every piece they put on was certainly remarkable.

“[Overall] it was just inspiration,” Barry

said. “It made me want to do something different, out the box wise. We’re going to piece up something together and try and do a slam that we’ve never done before”

Team Slam New Orleans performs at the Shadowbox Theater in New Orleans on the first Sunday of each month. If you’d like to know more information, visit their Facebook page; www.facebook.com/TeamSNO.



Submitted photo

CAPA’s ‘Once on this Island’ premier Wednesday. The musical is inspired by the children’s tale, ‘The Little Mermaid.’

‘Once on this Island’ premier Wednesday

Emily Fontenot
Staff Writer

NSU’s Department of Theatre and Dance will present “Once on this Island,” a one-act musical illustrating loves triumph over the forces of prejudice, poverty and death.

The show opens Wednesday, Nov. 13 in A. A. Frederick’s auditorium. Admission is free with NSU student ID or \$15.

“CAPA always has amazing performances,” Sophomore Bria Williams says. “I’m excited to see Breanna Collier perform a lead role. I haven’t seen her in action yet.”

The show features Ti Moune, a peasant girl played by senior Breanna Collier, who falls in love with Daniel, a wealthy boy from the other side of the island played by senior David Brumfield.

The plot illustrates the roles of fate, love and class struggle through the characters of Ti Moune, Daniel, four gods and goddesses and a number of shadow dancers.

“It actually made me cry.” Freshman theatre major and show spotlight operator Jonathan Carruth said after seeing the rehearsal. “The actors bring you into the story, and you truly feel the conflict hit home.”

Once on this Island was

written by Lynn Ahrens and composed by Stephen Flaherty. The story is based on Rosa

Guy’s novel My Love, My Love and inspired by Hans Christian Anderson’s The Little Mermaid. Anderson’s The Little Mermaid and Once on this island both display a girl who sells her soul for a boy from another world and conquers the fear of death with the power of love.

“It’s enjoyable to be able to watch the show from the beginning till now,” Senior theatre major and Assistant Stage Manager Erin Collongues said. “I’m excited to see the final outcome.”

The show is directed by Andrew Lewis and overseen by stage manager Mona Nasrawi along with Assistant Stage Managers Erin Collongues and Savannah Callais.

Other positions include lighting designer Paul Pharris, sound designer Brandy DiMatteo, scenic designer Phil Kidd, costume designer Jesse Parr, and choreographer Polanco Jones.

“It’s been a long process,” DiMatteo said.

“But in the end, when we open Wednesday, it’s going to be fantastic to see it all come together.”

Performances will run from Wednesday Nov. 13 at 7:30 through the Sunday Matinee at 2:00 pm.

‘Tiser’s Chance’ aims for \$100,000 goal

NSU’s skilled students use their talents to raise money for young kerneritcu victim, Tiser Lusk

Emily Frame
Staff Writer

Deaf and blind Tiser Lusk, a 3-year-old boy from Shreveport, was born with severe jaundice, which quickly developed into severe kerneritcu.

Victims of kerneritcu suffer a lack of proper bone growth. Because of this rare brain disease, Tiser is unable to experience true childhood as he cannot walk or even crawl.

In hopes to help Tiser’s parents pay for a \$100,000 experimental surgery, a collective of Northwestern students have coordinated and are hosting a talent show on Monday November 18th in A.A. Fredericks Auditorium at 6:30 p.m. Tickets cost \$5 for students and \$7 the public.

Event coordinator Roxi Lee said, “I am extremely excited for the show. I can’t wait to positively impact not only Tiser’s life, but also his family’s. I really think that this is something so much bigger than all of us and I’m thrilled that NSU is really coming together for this event.”

Roxi Lee, Kaylyn Martin, Kelsey Chesson, Kathryn Greene, Melissa Cornett, Dana Methvin, Dana

Bergeron, Tyler Cooley and James Lancon, a committee of Greek students at NSU, have collaborated and are working together to host the event.

“It’s refreshing to see events like this on campus that bring college students together with needy families with which we can help.



Submitted photo

Tiser Lusk, 3, suffers from kerneritcu, a growth disorder. Tiser’s Chance is a fundraiser to help Tiser’s parents pay for the \$100,000 surgery.

I’m really impressed with the way they decided to raise the money. It’s a really great, fun event that the NSU students can come together through. We don’t normally have a

talent show, so it’s an exciting, new way to raise money,” said senior Mason Lee.

Auditions to perform in the talent show were held early in the semester and there was an impressive level of student participation.

“As far as the acts we have selected, it will be a great show. We have a little bit of everything. Each act is amazing, so everyone will definitely be in for a treat,” said Lee.

The committee has chosen 16 acts to perform. Foshee and the Sigs will be performing as the opening band and the Alpha Phi Alpha’s will be performing at intermission.

With an entire week still before the event, the money raised for Tiser’s Chance Talent Show has already exceeded expectations, but the committee will not be revealing the total until the event. They are also not releasing information as to what the winners will receive.

“I think that Tiser’s Chance is an amazing way for our campus’ students to show their support to a child in need. I think it’s a great way for the student body to come together as a whole to help out such a worthy cause,” said junior Morgan Dailey.

SGA update

Victoria
SGA Member

The Student Government Association is one of Northwestern’s two governing bodies on campus. SGA holds open meetings every Wednesday at 3:30 p.m. in the President’s Room of the Student Union.

SGA senators recently passed a piece of legislation amending the election codes, and will be discussing 11 bills.

The bills cover an SGA Mentorship Program, SGA Senator Bill Requirements, an SGA/SAB mid-year retreat, a Fiscal Affairs Fee Forum funding bill, a Student Affairs bill pertaining to Meet Your Senators Day funding, a mailbox purchase bill, a bill requiring a senator to write and submit weekly articles to The Current Sauce and to speak on the NSU radio station, a Non-Discrimination Bill, a bill to purchase a new printer for the SGA office, an elevator inspection bill, and an incentives program bill for SGA Senators.

SGA will hold a Fee Forum on November 19th at 5 p.m. in the President’s Room of the Student Union to inform students on what they are paying for when they are charged for University Fees. The annual Meet Your Senators Day will be Dec. 3 in the lobby of the Student Union and is open to all students. Cookies, hot coco and free scantrons will be available.

Bead Town mural enters finals stage of completion

News Bureau

Artist Stephan Wanger announced the names of the most devoted volunteers of the Bead Town mural whose names will appear in “Une Rue Principale en Louisiane” during an appreciation reception Monday.

The top volunteers’ names will appear in the 48 x 8-foot bead mosaic, which will be unveiled Dec. 4 in conjunction with the premier of a documentary film about Wanger and his Bead Town projects and a visit by officials from Guinness Book of World Records.

“When people get involved you have to give back to them,” said Wanger, who for the last several months has coordinated workshops for community volunteers of all ages to cut, sort and glue recycled Mardi Gras beads to the mural, commissioned by the city of Natchitoches to celebrate it’s Tricentennial in 2014.

“Une Rue Principale en Louisiane (A Main Street of Louisiana),” is an intricately detailed panoramic view of Front Street and Cane River that incorporates many symbolic images that acknowledge the city’s historic past and regional and cultural influences.

The top six volunteers, Veronica Sturman, Mary

Smith, Lauren and Devon Mathews and Emma and Sophia Gruesbeck, Wanger’s “The Fantastic Six,” are depicted in the mural holding six Northwestern State flags. The number of flags symbolizes 300 years of Natchitoches history and 300 years ahead. Six blue flags depicted on the Fleur de Lis riverbank stage reflect this theme, Wanger said.

Veronica Sturman also contributed materials gathered from a fossil site near I-49 for the mosaic. The tiny shells and coral form the walkway of the Roque House on the mural, a detail that localizes the project, Wanger said.

Northwestern State student volunteers, Wanger’s “1,000 Hour Club,” are Chelsea Taylor of DeRidder, Ethan Stelly of Arnaudville, Tabrielle LaGrone of New Orleans, Marie Robichaux of Bossier City, Jasmine Jenkins of Norfolk, Va., and Callie Do of Pineville. Their names will also appear in the mural, along with Assistant Professor of Art Leslie Gruesbeck, Pam Hetherwick of University Affairs and community volunteers Tonya Sturman and Betty Ewing.

Wanger is a German-born artist who moved to New Orleans after Hurricane Katrina and began creating large-scale works of art using discarded Mardi Gras beads. The Natchitoches piece is his largest to date and local businesses and individuals raised

\$8,000 to cover fees for bringing Guinness World Records officials to Natchitoches.

In conjunction with the Tricentennial, Wanger initiated the Natchitoches Legacy Art Project, an interest-bearing educational trust that will benefit Natchitoches students 300 years in the future. The trust will be established through the sale of 300 prints of the Natchitoches mural and managed by the Cane River National Heritage Area.

He said it is appropriate that the trust benefit education, since Bead Town has been hosted by Northwestern State University’s School of Creative and Performing Art/Department of Fine + Graphic Art and housed in NSU’s Orville Hanchey Gallery since last summer.

Wanger’s work is also the subject of a documentary that will be screened at NSU in conjunction with the mosaic’s unveiling. Cataclysm Pictures created the 45-minute documentary profiling Wanger’s life and work that will be screened at 4 p.m. Wednesday, Dec. 4 and 4 p.m. Thursday, Dec. 5 in Magale Recital Hall on the NSU campus. Tickets are \$10 per person. More information on the film is available at beadtownfilm.com. Tickets are available by contacting Kym Habig at (318) 332-4503.

Samples of Wanger’s work can be viewed at gale-riaelegria.com.

On Saturday, November 16 the University of North Texas Dodgeball team will visit NSU to compete. The games will take place in the Health and Human Performance building, which is located next to Columns. The event will last from 1 PM- 4PM. Students’ are invited to attend the games. Water will be sold for \$1, along with 50/50 raffle tickets for \$2.

Author Kent Wascom leads fiction workshop

Emily Carter
Staff Writer

Award-winning author Kent Wascom led a fiction-writing workshop at NSU on Tuesday, Nov. 5. His recent novel *The Blood of Heaven* was originally part of his MFA Thesis Project, but he only kept about 150 pages from the original story.

It took him six months and three drafts to finish the project. For his first published effort, Wascom received the Tennessee Williams/New Orleans Literary Festival Prize for fiction. He also received positive reviews in publications like *The New York Times Book Review* and *The Washington Post*.

One of the first questions asked in the workshop was on the details of his writing process.

Wascom said his ideas come about by an interest in a certain topic followed by research on it.

“It’s not a sexy process,” Wascom said.

He said creating a novel takes a lot of time not just spent writing or coming up with ideas but finding the kind of style the writer enjoys working with. The process is filled with trial and error until both the writer and editor think its right.

“I enjoyed it, and I bought his book,” Kristen Hadley, a senior English major in the Louisiana Scholars’ College, said. “I love hearing writers talk about their profession. It is an interesting way of learning new things.”

Dr. Julie Kane asked Wascom to hold this workshop after learning he planned to visit his retired parents in Natchitoches. Kane said it is important for student writers to gain insight from published authors like Wascom.

“While I am a writer of poetry and creative nonfiction, we do not have a published novelist on the NSU faculty,” Kane said. “We were right in the middle of a



Photo by Kara Scouten

Kent Wascom, author of *The Blood of Heaven*, led a Q&A session with students interested in writing fiction.

search for a fiction writer, with a huge number of talented applicants, back in December of 2008, when the first state budget cut came down. The search was then canceled. So I like to take whatever opportunities I can

to expose NSU students to assistance and advice from visiting fiction writers.”

Wascom’s visit was funded by a grant given to NSU by the Louisiana Board of Regents.

Tips to tackle the novel

1. Writing is a process that takes time in terms of finding a style and genre that suits your tastes.
2. Prewriting is just as important as the novel itself. Research things well, and have an outline to go along with the story.
3. Do not get ahead of the story. The story-line may change as you write, so it’s best to be flexible in your plan.
4. Writer’s block will happen, whether it’s with story ideas or the writing process. If writing is the problem, then read to regain focus. If the problem is developing ideas, then take a break.
5. Commercial authors are important because they help keep the little guys afloat.
6. If you are listening to music while you write, make the sound match what you’re writing. For example, if you are writing a dark scene, you will not listen to something sounding light.
7. The first line of your story is extremely important. It shows off your writing style, which tells the reader what the book will be like.
8. Writing is a trial and error process. What works for you may not work for another.



Photo by Associated Press

This Dec. 12, 2012 file photo shows former Louisiana governor Edwin Edwards and his wife Trina Scott Edwards attending a luncheon for a Council For a Better Louisiana in Baton Rouge, La. Edwards returns to the spotlight with Sunday's premier of “The Governor’s Wife,” a new reality television series that puts his romance with wife Trina Scott Grimes out there for all to see. The couple- he’s 86, she’s 35- has a child together. Eli was born in August. The series follows Trina and Edwin’s decision to get pregnant and ends with the baby’s delivery and introduction to the world.

Edwards reality show ends its run on A&E

Associated Press

BATON ROUGE, La. (AP) — After three weeks and a dwindling viewership, the fairy tale appears to be over for former Gov. Edwin Edwards’ reality show.

A&E announced Monday that “The Governor’s Wife” has aired in its entirety.

The Advocate reports (<http://bit.ly/1a11eRc>) the network yanked they show from its Sunday night time slot this weekend after the show lost tens of thousands of viewers.

Episodes chronicling the former governor’s release from parole and the birth of his son Eli aired in a block of back-to-back shows at the same time as Sunday morning church services.

Edwards’ wife, Trina, and the show’s creator, Shaun Sanghani, said “The Governor’s Wife” still could have a future chronicling the former governor’s post-prison life with his daughters in their 60s, decades-younger wife, stepsons and newborn baby.

They declined to elaborate.

Information from: The Advocate

For the children: Phi Mu hosted Vera Bradley Bingo at coliseum

Olivia Martzell
Staff Writer

Rather than hosting the sporting events it’s known for, Prather Coliseum was filled with bingo tables and designer bags. Phi Mu Fraternity held their annual Vera Bradley Bingo on Tuesday, Nov. 5. The bingo is the fraternity’s major fall event to raise money for its national philanthropy, Children’s Miracle Network Hospitals (CMNH).

The event has ten rounds of bingo; each round offers the chance of winning a Vera Bradley bag in any size and style. After four consecutive years, Vera Bradley Bingo attracts not only students but local Natchitoches residents as well.

Phi Mu’s philanthropy chair, Jessica Viator, led the event coordinating and acquiring of the prizes. A four semester member of the fraternity, Viator began planning the event months in advance.

“I started planning for Vera last spring with my committee,” Viator said. “We met on a weekly basis to plan the event along with other philanthropy events we hold in the semester.”

To encourage more participation and increase donations, Viator found more ways Phi Mu could reach their semester goal.

“This year we added chicken spaghetti

dinners during bingo because it was held at dinner time,” Viator said. “This was very successful because our attendees could enjoy the evening and not have to rush because they were cooking dinner.”

Besides selling dinners, there were raffles held in between bingo rounds with gift cards, Vera Bradley party cups, and lotion gift sets as prizes for raffle winners.

Viator wanted to expand the turnout for the event by adding a men’s round.

“We noticed so many college men were supporting our cause by coming to Vera Bradley Bingo but were clearly not going to use the bags they won,” Viator said.

Men had the opportunity to win an ice chest filled with assorted items.

100 percent of the proceeds go to CMNH.

NSU’s Kappa Iota chapter of Phi Mu gets to visit a local hospital their proceeds benefit.

“Our funds raised goes directly to St. Francis Cabrini Hospital in Alexandria,” Viator said. “We personally visit the hospital once per semester.”

CMNH work directly for children providing the care and research needed to keep them healthy and active.

To date, Phi Mu Fraternity has donated over eight million dollars to the organization and continues to support CMNH.



Photo by Kara Scouten

Senior Bailee Cartwright holds one of the many Vera Bradley bags players could win at Phi Mu’s annual bingo. The event is held to raise money for the fraternity’s national philanthropy Children’s Miracle Network Hospitals. This year the bingo raised \$9000.

The 2013 Vera Bradley Bingo was a success for the Kappa Iota chapter of Phi Mu. The fraternity raised 9000 dollars, 4000 over their initial goal. They are hoping to do just as well at the event in 2014.

For more information on Children’s Miracle Network Hospitals and Phi Mu Fraternity’s involvement with the organization, please visit childrensmiraclenetworkhospitals.org.

KNWD Fall 2013 DJ Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday
7am	The Demon Morning Show	The Demon Morning Show	The Demon Morning Show	The Demon Morning Show	The Demon Morning Show
8am			Megan&Paxton Power Hour		
9am		Get Lit (9:30)		On Air with “The Jo”	
10am					Courtney Page
11am		The Soup Kitchen		Rhythm Culture	
12pm	News at Noon	Ian	News at Noon	The Soup Kitchen	News at Noon
1pm		Throwback Hour		Throwback Hour	NSU Sports Center
2pm	Gamer Tracks	Gamer Tracks	James David Johnson	The Cleanup Hour	Patrick Qualls
3pm		The Music Crib	P.R.A.I.S.E.	French the Bradford	Zachary Quiros
4pm	Tag Team	The Korner	DJ C Mac	The Sabertooth	
5pm	Dj Kyah	Shaniqua Lottinghall	Rock Bloc, Katie-G	Brittany B	
6pm		On Air with “The Jo”	World Music	The Mix Tape	
7pm	Live w/ the Legend	The Demon Pit	Dy Verse w/ DJ Vinyl & Scratch	The Sunset Hour	

Internet holds secrets to nail art

As the end of the semester approaches a lot of us are focused on projects while others anticipate graduation, but that doesn’t mean you can’t find a little free time to get creative.

Something that has become popular lately is nail art. Painting your nails has become more of a fashion statement than in the past.

Senior Burgandy Farris loves painting her nails whenever she has the down time to.

“I like to express myself through my nails and I can’t wait to try out some new ideas on my nails,” Farris said.

Most of you likely think that women know the ins and outs of painting nails, but lately new trends have popped up across blogs and tutorials all over the Internet.

Below I’ve listed a few websites for you to explore and discover the latest and greatest in nail art.

Pinterest has sections about nail design showcasing a variety of themes like holidays, Breast Cancer awareness, and



Regine Lyons
Fashion Columnist

even food. They also have a section for bridal nail art to give prospective brides ideas on what kinds of manicures look best for weddings.

Nailsmag.com contains everything you need to know about nail art varying from styling and technique to nail trends and fashion.

Forever 21 said on Instagram they’re trying to start a blog featuring tutorials dedicated to new trends in nail art.

Tumblr contains blogs about almost anything imaginable including many on nail art.

People think nail art can be hard to create, especially when you have to paint with your non-dominant hand. However, a browsw on the internet proves this is not the case at all.

Watching online tutorials will help tremendously. Being patient and setting aside ample time will help you achieve the design you want to create.

If you can, find down time to paint your nails and choose a design you can’t help but stare at.

NS‘U’

VOICE

What was your most embarassing moment?



“I had a birthday dinner at Buffalo Wild Wings and when they were bringing the cake out I span around in my chair. I guess I span too fast because I fell right out of my chair in front of all my party guests!”

Terrye Moore
FRESHMAN



“I spent about a week in the wrong class before I realized it was the wrong class. Instead of dealing with the embarrassment of going to the right class, I just dropped it.”

Austin Craft
JUNIOR



“I was hanging from the basketball rim and a guy came and yanked my pants off. Unfortunately everything came down with my pants, so I was hanging from the rim with no bottoms on.”

Clifton Brian
FRESHMAN



“I accidentally walked in the wrong class and stood there for a minute until I realized it was the wrong one. I heard them laughing as I walked out.”

Devin Metoyer
SOPHOMORE



“The other day in math class my teacher thought I was cheating, so he came over and ripped my paper up in front of the whole class.”

Christina Thiels
SOPHOMORE



“I’m on pomline and for the first football game last year we had just finished our pre-game and running off the field. I tripped over the orange markers in front of me and everyone saw it. Since then I always yell out, “Watch out for the yellow cones!”

Lo'gon Lombard
SOPHOMORE

We need writers! Interested?

Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 5:30 p.m.
We hope to hear from you!

Student urges others to assume civic-responsibility rather than relying on the government

“If power exists as a relationship, then the less the State monopolizes, the more someone else must assume. If that someone is the people, then as the government adopts a responsibility to wield its power in some way, so must we accept the burden of that responsibility.”

Daniel James
Student Opinions

Power exists as a relationship between the People and the State. The State exists to continue itself, in so far as its existence serves some function to the People. But what do the People exist for? Themselves, seems to be the answer that most readily comes to mind.

We exist to be people. But we take this as an excuse for hedonism. People take this to mean that We are supreme. And perhaps We are, but we are not. This is to say that people tend to fall into a cult of the Self, and that since government exists, in our American mythos, to serve the interests of the people, that it exists as some kind of godly figure to answer our prayers and intervene on our behalf.

To illustrate this, picture any disaster; picture Katrina. Now recall the public outrage at the ineffectiveness of government activity. Now imagine gun control, or prohibition, or the patriot act; recall the sensation of paranoia, recall the slippery slope of fear.

What is the government, the State, to do? Weak with our restrictions, it is incapable of acting on our behalf. Invested with rights and might, it becomes a cabal of evil. To make our reactions consistent, we must admit that we wish for government to be some kind of magical insurance that keeps the game rigged in our own personal favor.

My purpose here is not to argue either for a stronger, or a weaker government [and let us not for a moment forget that argument exists as a scale, not a polarity], but rather I hope to lay out the dilemma of our expectations.

If power exists as a relationship, then the less the State monopolizes, the more someone else must assume. If that someone is the people, then as the government adopts a responsibility to wield its power in some way, so must we accept the burden of that responsibility. But we don't.

We sell it off to the highest bidder, to the entrepreneur. There is profit in our laziness.

There is good use for the private sector, for business and enterprise. But there is an even better use for personal responsibility, for civic duty. A civilly responsible society is the only environment in which to foster liberty.

Of course there is a kind of liberty in hedonism, in the reckless pursuit of false happiness. But that's not what we mean. That's not our goal. That's not moral, nor is it responsible. And yet we have accepted it. And we have, in our time of luxury and prosperity [and we are luxurious, and we are prosperous], come to believe that our pleasure is our existence, and that the State must serve to increase our bliss.

Reject this. Assume responsibility. In some way, in some microscopic way assume the mantle of civic power that was the foundation for the idea of a Government of the people, by the people, for the people.

Comics lovers will be drawn to new Ohio State museum

Mitch Stacy
Associated Press

There is a place where Snoopy frolics carefree with the scandalous Yellow Kid, where Pogo the possum philosophizes alongside Calvin and Hobbes. It's a place where Beetle Bailey loafs with Garfield the cat, while Krazy Kat takes another brick to the noggin, and brooding heroes battle dark forces on the pages of fat graphic novels.

That doesn't even begin to describe everything that's going on behind the walls of the new Billy Ireland Cartoon Library and Museum on the Ohio State University campus, opening to the public Saturday.

"This is the stuff that makes me drool," says Jim Borgman, the Pulitzer Prize-winning editorial cartoonist who now draws the "Zits" newspaper comic strip. "I enjoy art of all kinds, but it's as if cartoons were segregated for many years and not allowed into such hallowed halls. And this is kind of a moment of setting things right, I think, giving cartooning its due when it has been in the wings all these years."

Jeremy, the kid from "Zits"? He's in there, too, since Cincinnati native Borgman donated most of his art and papers to the museum.

The whole thing started with Milton Caniff, the influential comic artist whose beloved "Terry and the Pirates" and "Steve Canyon" adventure strips lived in the nation's funny papers for a half-century.

Caniff graduated from Ohio State and loved the place so much that he wanted his original art and other papers to be kept here forever. He handed it all over to the university in 1977. Along with library curator Lucy Shelton Caswell, Caniff then began urging his cartoonist friends to do the same. Two classrooms in the journalism building soon began to fill with the new comics archive.

"Prior to that, most universities ignored that type of popular culture," says current curator Jenny Robb, noting that for many years original comic strips were just thrown out with the trash and animation celluloid sheets — known as "cels" — were routinely wiped clean and reused.

Today, the museum collection includes more than 300,000 original strips from everybody who's anybody in the newspaper comics world, plus 45,000 books, 29,000 comic books and 2,400 boxes of manuscript material, fan mail and other personal papers from artists. The university says it's the largest collection of cartoon art and artifacts in the world.

The museum has originals from everyone from Richard Outcault — whose "Yellow Kid" in a 19th century comic strip spawned the term "yellow journalism" — to Charles Schulz ("Peanuts"), classic "Pogo" story lines from Walt Kelly, Garry Trudeau's "Doonesbury," Chester Gould's "Dick Tracy," early "Blondie" strips from Chic Young and the entire collection of Jeff Smith, an Ohio State graduate who created the hugely popular "Bone" series of comic books.

It's all been moved to a new 30,000-square-foot home in a high-profile corridor of the sprawling Columbus campus, into a space renamed for Ireland, the former editorial cartoonist for The Columbus Dispatch who was one of the pioneers of the art form. His family donated a big chunk of money for the project.

The new place has also got what's been missing at the museum's two previous campus locations: a large gallery space for permanent and rotating exhibitions of comics and cartoon art that will finally give it the air of a proper museum.

Brian Walker, who collaborates on the "Beetle Bailey" and "Hi and Lois" newspaper strips created in the 1950s by his 90-year-old father, Mort, is putting together one of the first exhibits.

"I told my father, this is what we've all be working for for 30 years," says Brian Walker, who has written or contributed to three dozen books on the history of comics. "It's kind of like the ultimate dream that we hoped would happen someday, where all this great artwork is being kept safely and archived and made accessible to the public."

It's partly because of the Walkers that the museum is what it is today. They held thousands of original comics and artifacts donated to the Mort Walker-founded International Museum of Cartoon Art in Boca Raton, Fla. When the museum ran into financial trouble during the recession, the Walkers were persuaded in 2008 to donate the entire collection, which included 200,000 original strips, to Ohio State.

About a decade before, the museum got the entire collection of the defunct San Francisco Academy of Comic Art, which included 2.5 million clipped newspaper comic strips and Sunday color comics.

Robb says she's especially proud of the collection of original strips and other papers donated by Bill Watterson, the famously reclusive creator of the "Calvin and Hobbes" comic strip.

"We think this will be a destination for comics fans from around the country and around the world," Robb says. "We hope that Ohio State is synonymous with cartoons in the way it is synonymous with football."

The grand opening of the museum is timed to the Festival of Cartoon Art, which every three years brings artists and other to the university to talk about the craft.

Chloë Williamson
Student Opinions

When we were in high school, it was standard that our teachers made very clear what they expected out of us academically. Meaning, we were rarely uncertain about when a particular paper was due and procrastination was at least fairly under control. However, it is as if we completely abandoned any mindset even remotely concerned with academic priority and have instead adopted a much more irresponsible attitude about our work.

This is not to say that every single collegiate student is unproductive and lazy, but it certainly cannot be denied that the level of apathy for school usually significantly increases once a student leaves high school. What is it exactly that makes the difference? I believe that the reason might lie within the freedom that college students are allowed. Once a bright-eyed college freshman realizes exactly how much freedom is being bestowed upon them, many run rampant. You're telling me that my professor isn't going to take attendance? Then, obviously, why would I even go? As exciting as this freedom is, it can easily lead to put off assignments, lackluster essays, and a few too many hangover-related absences.

The blame cannot be solely on students. Professors and instructors also relish in the freedom that college students have. Many professors put forth most of their efforts for guidance when they make their syllabus and

then consider the rest to be up to their students. A few semesters ago, I took a class with a professor whose bastardized idea of "teaching" was giving us worksheets related to our lesson, telling us the answers, and then sending us on our merry and uninformed way.

Don't get me wrong—there were many a Friday afternoon when I loved nothing more than leaving class after only twenty minutes, but we seriously did not stay the entire fifty minutes once. The participants of the class, including myself, would often make less than satisfactory grades (because, you know, there was a severe lack of actual teaching) so our professor would just give us bonus points and set astronomically high curves in order to give us better grades. While this helped all of us out in the long run, I'm sure none of us could tell you anything we should have learned from the class. Why are teachers so concerned with grades and less concerned with how much we are actually learning?

In case anyone forgot, we pay to attend school and we deserve a legitimate education. There are few things that make me angrier than professors who do not put forth effort. Too many take on the approach that their students don't care, so neither should they. I understand that as college students, and, therefore, as adults, we are expected to take the freedom given and apply it in a way that still allows room for enough discipline to handle our schoolwork. But this in no way means that we should be expected to do so without even a little effort on the part of our teachers.

THE CURRENT SAUCE STAFF

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Senior running back Robert Walker (32) makes a break past the Cardinal defensive line while sophomore receiver Bryant Mitchell (81) moves to pick up a block. Walker averaged 6 yards per carry against Lamar and rushed in one of NSU’s five touchdowns in the 37-28 Demon victory. Two of the Demons’ other touchdowns came on the road and two came through the air. NSU also completed one field goal.

Photo by Kara Scouten

Demons clip Cardinals

Michael Johnson
Staff Reporter

The Demons held onto a close game last Saturday at Turpin Stadium to beat the Lamar Cardinals (4-6, 1-4 in conference,) 37-28.

With a two game home win streak, the Demons are back up to .500 for the season with a record of 5-5 overall but just 2-3 in Southland Conference games.

The Demons held the Cardinals, who scored 56 points last week against fellow SLC foe Nicholls, to just 5 yards rushing and 2 offensive touchdowns.

Senior defensive end Keiland Johnson led the team with 6 tackles, two of them for losses including a nine-yard sack.

He also had a deflected lateral and recovery, which directly led to a two play scoring drive for NSU.

“Coach gives us a task and we know to go out there and accomplish it,” Keiland said.

“Do whatever it takes. We go out and practice each and everyday work hard everyday and we keep that task in mind. It shows up on Saturday.”

The game was a big second-half turnaround for the Demons, who were down 17-21 at halftime.

“At halftime, we challenged our guys to come out in the second half and play a clean game of football. Our players stepped up and I’m very proud of them for doing that.” NSU head coach Jay Thomas said.

“We did a really good job of controlling the tempo of the game and made the plays when we needed to make plays.”

The Demons’ next opponent will be the McNeese State Cowboys, who are ranked number 11 in the Football Championship Subdivision and number one in the Southland Conference.

“Every year it’s tough to defend those guys,” Coach Thomas said.

“Coach Viator’s staff has been there a long time and had a lot of great success. They have a lot of good players across the board and plenty of speed. It’s going to be a tough task, but we want to go in and do what we do best.”

That game will be held at Cowboy Stadium in Lake Charles, Louisiana at 7 pm on Sat., Nov. 16.



Junior quarterback Zack Adkins (8) aims a pass downfield while senior center Warren Jones (73) blocks Lamar’s defensive line. Adkins completed 26 of 35 passes for 250 yards and 2 touchdowns.

Photo by Kara Scouten

Defending SLC champs begin strong with home opening win over LeTourneau, 92-76

Tiandra Williams
Staff Reporter

Friday night, 1,612 fans packed into Prather Coliseum to support NSU’s men’s basketball team in their season opener. The returning Southland Conference Men’s Tournament Champions put up 92 points to defeat the LeTourneau Yellow Jackets, 92-76.

Last year, the Demons ranked second in the nation averaging 80 points a game.

Friday night they did not disappoint, starting off the season with 92 points.

Three players led the Demons with 17 points each: True freshman Zikiteran Woodley, sophomore Jalan West, and senior DeQuan Hicks.

Woodley, the three-time Class C state player of the year at Pelican-All Saints High School, sank six of nine shots, made five of seven free throws and grabbed seven rebounds in 18 minutes of playtime on the court.

Hicks, last year’s Southland Conference Newcomer of the Year, added 10 rebounds, four steals and two blocks, recording a double-double for the night.

West, the 2012-13 Southland Freshman of the Year, snagged four steals after ranking 17th nationally last season with a 2.3

steals average.

Brison White also contributed by draining 12 points of his own.

Head coach of the Demons and the winningest coach in Louisiana, Mike McConathy’s unique style of player rotations allowed 13 players to see action and 10 to get on the scoreboard.

The Demons were 31 for 61 from inside the three-point arch, but were scoreless from outside that same arch.

Falling just short of the single-game record for blocks, 17, the Demons rejected 15 LeTourneau shots to make a serious impact on the game.

Junior center Marvin Frazier blocked a career-best seven shots and matched his career-best rebounds with nine.

The game remained tight throughout the first half, which ended with the score 39-34. But the second half saw the lead for the Demons slowly pull away.

NSU’s 30 of 35 free throws also had an impact on the game when compared to the Yellow Jackets’ only 14 attempts at the line.

“We had a nice crowd for a Friday night opener and we got away from making good plays trying to make flashy ones,” McConathy said.

“LeTourneau is very well coached, got a lot of back-cut layups on us, and played really hard



Photo by Gary Hardamon

Senior guard Brison White puts up a layup in the Demons’ 92-76 home opening win over LeTourneau. White scored 12 points while shooting 5 for 12 with 2 steals and an assist.

and well. We have work to do, but we did a good job of staying aggressive defensively and making shots at the free throw line.”

The Demons will not play again until Friday, Nov. 15, when they head to Auburn, Alabama to meet the Auburn Tigers at 7 pm.

After another 7 pm. meeting with Tigers, this time a Saturday matchup against LSU, NSU returns home for a Friday, Nov. 21 meeting with the UL-Monroe Warhawks in Prather Coliseum, also at 7 pm.

Seeking former wrestler to coach start-up High School Wrestling Club on NSU campus 2-3 days per week.

Please contact Dale Clingerman. dclingerman@lsmsa.edula (318) 357-2542

Ladies basketball starts season with victory over Southern Arkansas Muleriders, 77-53

Brian Cook
Sauce Reporter

Despite being behind for most of the first half, the Lady Demons managed to finish strong with a 77-53 victory Friday night over the Southern Arkansas Muleriders in front of 1,131 fans at Prather Coliseum.

The Lady Demons got off to a slow start during which they fell behind by as many as six points in the first half before breaking through and tying the game. The game was tied three different times with a little more than seven minutes left in the half. With only 5:43 left in the first half, the score was tied at 21 and that was the end of SAU’s chance.

Senior forward Trudy Armstead led the team with 27 points, 13 rebounds, and three blocks.

“Trudy was very, very aggressive. Going into the game, we thought if she played with that kind of energy level, she had a chance to have a big night,” NSU co-head coach Brooke Stoehr said.

She brought out that aggressive energy level, coming out of halftime scoring 20 points and leading the Lady Demons to an easy victory.

Armstead was the flame that ignited a 10-2 run four minutes into the second half. That lead continued to hold for the rest of the game, leaving the Muleriders with no hope.

Freshman guard Kourtney Pennywell led the Lady Demons in steals with three, scoring nine points herself with six rebounds. Sophomore guard Keisha Lee knocked down 18 points while dishing out a total of five assists.

NSU outshot SAU 50-24 percent in the second half. They made 73 percent of their free throws and passed around a total of 15 assists. The Lady Demons combined for 46 points in the paint to outscore the Muleriders’ 20.

“We really valued the basketball tonight. We’ve got to get better defensively but now we have that first game under our belts, and we have a good film to show and teach from, so it should be a good experi-

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Northwestern celebrates distance learning week

Emily Frame
Sauce Reporter

Northwestern State University participated in National Distance Learning week to celebrate the growth and achievements of distance learning at NSU. National Distance Learning Week, Nov. 11-15, is sponsored by the United States Distance Learning Association in hopes to promote and celebrate the growth of distance learning programs offered by schools, businesses and governmental departments today. Events were held during the week to celebrate NSU's accomplishments in distance learning and to provide information to faculty looking to improve their online teaching by the Office of Electronic and Continuing Education. "National Distance Learning Week provides a great opportunity for Northwestern State to celebrate its achievements in building an eLearning program that eliminates barriers to access and creates rich learning experiences," said Dr.

Darlene Williams, vice president for technology, research and economic development. "We will continue to lead through innovation as we reach students across the globe through our online programs and prepare our campus for the BYOD (Bring Your Own Device) Era." On Tuesday Nov. 12, NSU faculty looking to improve upon their online teaching skills attended a webinar with more experienced faculty to discuss their methods of distance learning and teaching. Wednesday, a feature on student and faculty thoughts on distance learning programs at Northwestern was presented. The history of the program was discussed as well as it achievements. Faculty recognized by the Quality Matters Program were recognized on Thursday, Nov. 14. On Friday, distance learning students participated in a photography contest featuring where they take their distance learning classes. Kandi Woodworth Gavin won for

her photo entry taken at her "happy place" atop Devil's Head trail outside Denver, CO. "eNSU has allowed me to have a full time job at a school while still being able to graduate in December with my Bachelors Degree. Because Internet courses allowed me to work, when I graduate I can get a job as a teacher in my district. At 29, my lifelong goal to be a teacher will finally become a reality because of eNSU," said winner Gavin. The runners-up were Caitlin McCallister for her photo taken on a boat in Black Lake, Campti, LA and Tiffany Burke for her photo of her son helping with homework in Winfield, LA. Distance learning faculty made Voki avatars using Voki.com. Faculty avatar will be featured alongside the student photography. There are 34 complete online degree programs available at Northwestern and hundreds of online classes offered. More than 3.5 million college students are cur-



Photo submitted by eNSU

Online student, Kandi Woodworth Gavin, used the above photo to win the photography contest held during distance learning week. The picture shows Gavin studying Devil's Head trail outside of Denver.

One man's trash is another student's art supplies



Photos submitted by Emily Deen Using "junk" and a Japanese technique, raku, senior Emily Deen constructed the above pottery. She also constructed the 'Game of Thrones' inspired dragon skull (right).

Janel Parfait
Staff Reporter

Like the rest of her classmates, Emily Deen's Ceramics II assignment was to create a clay sculpture much larger than her previous assignments. Amid her finished projects—miniscule clay pots and multi-sided dice—there sits a 3-foot-long dragon skull named Ely. Deen said the skull was made from a 50 lb. block of clay and took approximately one week to make. "It's definitely not a one-day project," Deen said. "You have to take it slow." Because of its large size, Deen said her biggest challenge was finding material to mold and support the horns. After one failed attempt at molding the horns out of old copies of the Current Sauce—the horns cracked during the drying process—Deen built them over recycled Styrofoam. Ely is not Deen's first large-scale project,

nor is it her first reptilian skull. Using an earlier dinosaur skull as a starting point, Deen modified it to make it more "dragonesque," as she said, to create ELY. Deen also used other dinosaur skulls and reference drawings of dragons from the video game Skyrim. "It also helps that I love 'Game of Thrones!'" she said. Using recycled materials is not uncommon

in the art department. While newspapers are used to mold sculptures, they can also be used to form a gloss over projects. The Japanese pottery technique raku involves moving a clay sculpture from the kiln, or furnace, straight into a canister of old newspaper strips, where it is smoked. The heat mixed with the newspaper forms a protective gloss

over the sculpture. In addition to using old newspapers, plastic is needed to keep clay projects from drying too quickly. Thus plastic sheets are constantly reused. Also, failed art projects can easily be wasted down to make clay again. Although this is Deen's second ceramics class, she is not an art major. Rather, she is a history major making use out of an old hobby. "I just really love art," Deen said. No prerequisites are needed for students enrolling in Ceramics I. Students do not have to be art majors to enroll in art courses. All a student needs to do is contact the class's respective professor and make arrangements. "I feel like the main job of the art department is that they want to see you make art," Deen said. Dr. Greg Handel is the acting director of the School of Creative and Performing Arts. He can be contacted at handelg@nsula.edu or, 318-357-4522 for more information.



Submitted photos

Tiser's Chance talent show raised \$2,683 for the 3-year old Kernicticus victim, a brain disease preventing full body control. BAPS poetry group won the talent show with a poem written for Tiser and presented his family with the check after the show.

Talent show raises near \$3,000 for child in need

Emily Frame
Staff Writer

Tiser's Chance Talent Show raised \$2,683 for kernerticus victim, Tiser Lusk. The money raised was awarded to Tiser's parents to help fund a \$100,000 brain surgery that could give him a normal life. Tiser has kernerticus, a rare brain disease that has left him unable to control his body and unable to walk or crawl because his bones do not grow properly. He is also deaf and blind because of the disease. There were 16 acts in the talent show, which was hosted by NSU students who know the Lusk family. The BAPS poetry group won overall for a touching poem written specially for Tiser. BAPS then gave their winning certificate to the Lusk family and Tiser's 7-year-old brother Mason accepted the check. "The Lusk family couldn't have been more happy or appreciative. They didn't expect Northwestern's campus to come together for their son," Roxanna Lee said. Alpha Phi Alpha Fraternity performed a step show during intermission with a surprise debut of the Phi Mu step team. Members of the Tiser's Chance Talent Show committee included Roxanna Lee, Kaylyn Martin, Kelsey Chesson, Kathryn Greene, Melissa Cornett, Dana Methvin, Dana Bergeron, Tyler Cooley and James Lancon.

CAPA entertains and teaches kids at "Music Morning"

Jessi Dodd
Sauce Reporter

The NSU Collegiate Chapter of the National Association for Music Education hosted "Music Morning" in the Capa Annex on Nov. 16 at 8 a.m. The event was meant to expose children to music, according to the facilitator of the event Jerilyn Wilhite. Only one school in the Natchitoches Parish school system has a musical program, said Wilhite. "I believe everyone should have that opportunity. And if they don't get it through the school system then why not here?" The event was divided into three stations. In instrument-show-and-tell children

learned about musical instruments. In musical games, children sang songs together and in musical crafts children made their own instruments and wrote a song to perform for their parents. The event was strictly volunteer, said Senior Music Education Major Elliott Rodrigue. "We get some observation hours, but it's minimal," Rodrigue said. "We're here because we think it's important, we want kids to know that music is important and valuable in its own self." "There used to be this sort of thing in elementary school," said Malena McLaren, a parent who brought her child to the event. "We're hoping this will become more regular."

Library opens exhibit on philosopher's 300th birthday

News Bureau

A celebration marking the 300th birthday of Denis Diderot will take place at 3 p.m. Thursday, Nov. 21 at Eugene P. Watson Library. The program will take place in the Cammie G. Henry Research Center on the library's third floor and will celebrate the opening of the exhibition of L'Encyclopedie and other volumes and objects influenced by the French Enlightenment that will be on exhibit at the Research Center through 2014. Diderot (1713-1784) was a prominent French philosopher, art critic and writer known for his contributions to the L'Encyclopedie, an encyclopedia published

in France between 1751 and 1772. Northwestern State acquired the L'Encyclopedie from the Prudhomme family of Oakland Plantation south of Natchitoches, who settled the area in the 1790s. "At that time the book would have been very modern and a sort of how-to book where they would have found information about how to put together carriages, make tools, tannery, how to cultivate indigo, etc., with illustrations," said Mary Linn Wernet, university archivist. "Diderot also believed the common man should know about life and philosophy, so the encyclopedia includes his perspective on everything from slavery to life in general. It was a revolutionary idea at the time that the common man could have imagina-

tion and vision and people like the Prudhomme family were coming to America to settle and break away from those conventional ideas and expand their lives." A costumed interpreter representing Diderot will to speak about his work and his surprise at finding the volumes in a Louisiana plantation home. Light refreshments and a birthday cake will be served. The event is presented by Cane River Creole National Historical Park, Fort St. Jean Baptiste State Historic Site, National Center for Preservation Technology and Training and the Cammie G. Henry Research Center and complements the commemoration of the Natchitoches Tricentennial, to be celebrated throughout 2014.

SGA update

Victoria Novitsky
SGA Member

The Student Government Association (SGA) is one of Northwestern's two governing bodies on campus. SGA holds meetings every Wednesday at 3:30 p.m. in the President's Room of the Student Union all students are encouraged to attend and share their concerns with SGA senators or students can drop by room 100 of the Student Union to meet senators or get free scantrons. SGA senators recently passed six pieces of legislation pertaining to an SGA Mentorship Program, a bill amending the SGA Senator Bill Requirements, including a Non-Discrimination policy in the SGA Constitution, three funding bills for Meet Your Senators Day, the Fee Forummand one for the SAB and SGA mid-year retreat. SGA Senators will be discussing nine bills in today's meeting, three of which were "tabled" last meeting. "Tabled" or "Layed on the Table" simply means that the majority of the Senate could not vote on a bill due to lack of information, dramatic bill change, or other reasons that restricted the Senate to be comfortable voting. The bills cover an Incentives Program for SGA Senators, an Elevator Inspection bill, the SGA Office Printer, Senator Office Hour Warning Procedures, Scantron Giveaway Duties, an Appointment Deadline for SGA Senators, implementing an SGA Gumbo Day, a Guest Speaker bill and a funding bill to send SGA Senators to COSGA in Texas next semester. Students may listen to and participate in discussion on any of these concerns at the SGA meeting today at 3:30 p.m. in the President's room of the Student Union. The annual Meet Your Senators Day will be Dec. 3 in the lobby of the Student Union and is open to all students. Cookies, hot coco and free scantrons will be available.

CaddoFest: off radio, on stage

KNWD hosts music festival with diverse lineup and crafty vendors

Olivia Martzell
Staff Wrtier

Following the success of Demon-Fest, KNWD is hosting another music festival.

On Friday, Nov. 22, Northwestern State University’s college radio station, KNWD, will hold the first-ever CaddoFest.

It is being dubbed the “pre-pre-game tailgate” to the football game against SFA, one of NSU’s biggest rivals, as the Demons fight to win Chief Caddo back.

From 2:30 p.m. to 10:30 p.m. in the Union, students can listen to musicians and visit booths from NSU’s various organizations. Students can also participate in a pep rally held by the Demon football team and spirit groups.

“We saw it as a good opportunity to have a music fest, and we want to encourage students to stay for the football game, as it is the Demon’s last game of the season,” KNWD General Manager Daniel Thiels said.

“It’s an event that’s hard to define as just one event. It’s kind of a concert, it’s kind of a tailgate, and it’s kind of a pep rally,” News Director Micah Pickering said. “We’ve got all these events and things going on at once.”

A banner contest will also be held during CaddoFest.

“The Greeks will have the chance to make a banner,” Thiels said. “It’s like homecoming—you can’t identify what organization you’re with, but we will pick a winner from each sorority and fraternity with the winners get-



ting a VIP section in the Inferno.”

The winner will be recognized on the field during the football game against SFA on Saturday, Nov. 23.

CaddoFest will hold the first-ever arm wrestling competition on campus. The winner’s prize is a championship belt.

“It’s kind of my brainchild,” Pickering said with a smile. “Get a table, get everyone

hyped up, and the winner will be crowned the first CaddoFest Chief ever.”

With many different event stations, KNWD planned accordingly to ensure the event would be successful.

“We got the idea for the concert a month and a half ago,” Thiels said. “Originally, I wanted to hold a concert each month and I hoped to hold two concerts this month since December would be too busy. We decided to cut out the first concert this month, and wanted to make this concert our main focus,” Thiels said.

“I couldn’t imagine planning two concerts,” Pickering mentioned. KNWD had help from other campus organizations to plan CaddoFest.

“SAB and IFC have really helped us with getting student organizations and Greek community involved and wanting to participate in the concert,” Thiels said.

The talent for CaddoFest includes a mix of NSU students and local bands or musicians.

“We have bands from Alexandria and Shreveport, some that are highly sought after in their towns,” Thiels said. “We also have students who will be performing, like French the Bradford, a DJ, and Paxton Britt, a singer who plays the guitar.”

Thiels said a diversity of musicians are scheduled to perform.

With arm-wrestling contests, musicians, and booths from NSU RSOs, CaddoFest may keep students from sprinting out of Natchitoches right away for Thanksgiving.



Photo by Associated Press

In this Thursday, Nov. 22, 2012, file photo, shoppers stand in line outside a Best Buy department store before the store’s opening at midnight. Thanksgiving is slowly becoming just another shopping day as at least a dozen major retailers are planing to open Thursday, Nov. 28, 2013.

Is Black Friday worth the fuss?

November 29th has been marked on many calendars for a while now. Black Friday’s jaw dropping deals will soon have customers waiting in lines over-night to snag limited deals.

Shopping on Black Friday is a tradition for a lot of American families.

“It’s tradition for my family,” freshman Jonathan Mercer said. “I usually go with my mom, grandma and sister. We go to the stores the night before and get into the long lines. I can get great deals and it’s an overall positive experience.”

Others view holiday shopping as a scary experience, especially on Black Friday.

“So much traffic and too many people. I don’t want to have fight through crowds to get what I want,” sophomore Marissa Bailey said. “I’ll probably just wait until the middle of December to get my shopping done.”

Junior Jody Maynard also dislikes Holiday shopping and believes it’s a scam for the customers.

“They mark up the prices the week before and they put them on sale at the

original price so the customers end up paying the original amount,” Maynard said. “It’s kind of ridiculous.”

Black Friday isn’t the only day you have to get good deals. Cyber Monday is good for those who don’t want to bother with traffic and crowds but still want

great discounts. According to CNN, last year’s Cyber Monday shopping reached

a new record, with online sales being 30 percent higher than 2011. Many are expecting this to be the best year yet for Cyber Monday.

Regardless of how you plan on shopping for the holiday season, be safe and enjoy the Thanksgiving break with your family and friends.



Regine Lyons
Fashion Columnist

‘We’re eating turkey again?’: international families create blended Thanksgiving meals

Emily Carter
Staff Writer

Many Americans remember their Thanksgiving dinners with turkey or ham, mashed potatoes and stuffing, and pumpkin pie for dessert. This, however, is not what was served in this nation’s beginning. Fish and corn were more common holiday dishes.

For international families, Thanksgiving can be a chance to combine different cultural influences. For example, a Japanese family, in addition to turkey and potatoes, may also serve sushi as a side dish.

For senior Linda Ahlskog, celebrating Thanksgiving began when her family moved to North Carolina from Kuwait. Ahlskog tried turkey for the first time when her family ordered a fried turkey.

She said her family acquire’s the fried turkey from the same place every year. Her mom also makes sweet mashed potatoes and ribs to accompany the turkey.

Senior Jebha Babu did not celebrate Thanksgiving until she and her family moved to Louisiana from India. Babu’s Thanksgiving meals are typically small

gatherings and her family usually serves a combination of Indian and American food.

This is a common occurrence for international families, but it is not unusual for people to eat a main entree besides turkey. In a poll of 200 students conducted in Vic’s and Iberville, 59% of students traditionally have turkey, 20% of students traditionally have ham, 13% of students generally have deer, 5% generally have fish, and 3% of students traditionally have some other, unspecified type of meat.

Other traditions for Thanksgiving include the Macy’s Thanksgiving Day Parade, football, and in some families, Christmas movie marathons. Generally, Thanksgiving is as diverse as the family celebrating it.

This holiday supports the idea of America as a melting pot of cultures. On Thanksgiving, this is represented by a diversity of foods from around the world and locally. Turkeys will always fly off grocery store shelves, but other cultural foods and traditions are also important parts of the Thanksgiving meal for many students and their families.



Lobby Life on Nov. 19 featured both entertainment and relaxation. Students could listen to the live performance of Cas Haley (left) while taking advantage of spa services. Shandi Russell is using the iSqueeze foot massager and receiving oxygen therapy by attachment to an O2 machine.



Photos by Travan Cooper

SAB Lobby Life, relaxing for ears and feet

Emily Fontenot
Staff Writer

SAB hosted a lobby life event in the Friedman Student Union on Tuesday, Nov. 19 from 10 am-2 pm as part of a series of functions aimed at involving and entertaining students during the week day.

The event featured a performance by musician Cas Haley in addition to spa treatment by the Relaxation Station.

SAB members learned about both of these opportunities through the service company APACA at their conference.

“The concert was good,” senior Edward Norwood said. “I think the students enjoyed it.”

Haley sang and played guitar to a number

of his original songs in addition to song covers, including some by Bob Marley.

“It went very well,” junior John Wang said of Haley’s performance. “There was a very wide choice of songs and very well played music. He had a good voice as well.”

Many students enjoyed both experiences by opting to relax at the spa while listening to Haley’s music.

“It’s a mobile spa set up like an assembly line,” spa therapist Jennifer Schmid said.

Students began at the first station with a hand massage and a paraffin hand bath in which they dipped their hands in hot wax.

Participants then reclined in mechanical massage chairs while enjoying a foot massage and oxygen therapy.

An O2 machine pumped a combination

of oxygen and restorative extracts near the nose. They also placed their feet in an iSqueeze machine that compressed and released the foot at regular intervals to relax the muscles.

“The foot massage is the best I’ve ever had,” Jonathan Ramsey said.

Students then proceeded to the final station in which a professional therapist gave them each back and neck massages.

“I’m even skipping class for this, so yes, it’s really worth it,” Ramsey said when asked whether he felt the event was a success.

The event was free for all students, as are all events hosted by the Student Activities Board. For more information on upcoming lobby life events and other SAB functions visit studentactivities.nsula.edu.



Photo by Kara Scouten

Junior Kyla Winey is the 2013 “Miss Black and Gold”.

Competing for the crown: Alpha Phi Alpha hosts annual ‘Miss Black and Gold’ pageant

Ashley Sherrard
Freshman Intern

Since 1976, the men of Alpha Phi Alpha have put on the Miss Black and Gold pageant, this year held on Wednesday, Nov. 13.

“Miss Black and Gold is one of our national programs we hold to find distinguished young ladies on campus and we also offer them a scholarship,” Alpha Phi Alpha member Devin Metoyer said.

The pageant featured 11 young women competing for the title Miss Black and Gold.

“I am here to support my friends who are competing and to support my Alpha friends as well,” pageant attendee Quiana Robinson said. “I am most looking forward to seeing the competition among the young ladies.”

The show began with dancing from the contestants before they introduced themselves to the audience and 3 judges. After the introduction, contestants competed in a talent show with performances such as painting on stage, cheers, singing, dancing and monologues.

The events ended with the question and answer ses-

sion with contestants in their evening gowns. Then, the moment everybody waited for arrived: the crowning.

“I think it’s really nice the girls are really giving it their all, but it is a bittersweet moment knowing I am giving up my crown, but I guess it’s time,” last year’s Miss Black and Gold Clarissa Morgan said.

Judges tallied up their votes and crowned junior Kyla Winey the 2013-2014 Miss Black and Gold. “It feels amazing and it’s definitely a lot of hard work but you gotta stick to it but at the end of the day it all paid off and I’m just so happy for this,” Winey said

The following women won titles in the pageant:

Miss Black and Gold: Kyla Winey

Miss Congeniality: Kori Rachel

Best Talent: Kori Rachel

People’s Choice: Janay Trellis

Most ads sold: Kori Rachel

Best swimsuit: Kyla Winey

1st runner up: Bria Williams

2nd runner up: Holli Conway



Photo by Kara Scouten

Kori Rachel performs a skit from “For Colored Girls”.

Spirit of Northwestern member argues marching band as sport

Summer Evers
Student Opinons

Sports. When most people hear that word they think about football, basketball, soccer or even tennis. But what about the sports that aren't 'considered' sports but should be? Marching band should be considered a sport for many different reasons. There are many requirements that marching bands meet to be formally called a "sport". As a member of the Spirit of Northwestern marching band, I know good and well that we put forth an astonishing amount of time, effort, sweat as well as a great deal of practice to become the great athletes we are today.

As a member of a marching band, I know how hard we all work. In one season, I've drank three times as much water then when we weren't practicing. I also lost ten pounds in one season. We practice daily for hours upon end. Fatigue, muscle soreness and injuries associated with competitive sports and athletics are commonly experienced by band members.

There are many studies evaluating how much marching band members perform. One study shows that one marching band member during a parade works harder than a football player does during a game. When compared to a parade, a marching band member works about twice as hard in a field show.

What's a sport? According to the Oxford Dictionary, a "sport" is an activity involving physical exertion and skill in which an individual or team competes against another or others for entertainment.

But also one of the most commonly accepted definitions of a sport activity is: "a physical activity which involves driving a mass through space or overcoming the resistance of a mass." In marching band, the color guard (the girls with the flags, etc.) toss flags, rifles, sabers, etc.

into the air. And regarding the instruments - some can weigh forty pounds or more. That's definitely more than any other sports gear. After all, marching band gets you a physical education credit and in many cases a varsity letter.

Another study shows that in order for you to be in marching band you will need to have skills.

As a member, you will work every part and muscle of your body. You will need to know how to properly march and have your music completely memorized. You will need to count, move, play and remember everything you will need to do during the show all at the same time. We're crazy. For example, how many football players can count and catch a ball at the same time? Probably not many. Football players need skills too, but not as many. Marching band members have to remember at least six different things all at once. Now, that my friend is talent.

In addition, other studies define a sport as "a contest or competition against or with an opponent." As far as competition, in some cases drum majors' compete in their own categories. The marching band and color guard have their own competitions. There are many competitive marching bands out there that compete against countless opponents at each show. One of the best competitive marching band shows is the World Championship Finals, publicized each year on ESPN - a sports channel - just like other sports.

In conclusion, marching band is 95% mental and 5% physical. With that being said, that 5% of physical activity is more than enough to classify marching band as being a sport. It is the most mentally taxing activity you can do. "Marching band is not a sport." Well, not by the "popular" culture's definition, but I sure can assure you that if you don't feel that marching band is as physical as other sports, you've either never done it, or you're doing it wrong.

THE CURRENT SAUCE STAFF

The Current Sauce is published weekly by the staff at Northwestern State University. We can be reached at 318-357-6272 or check out our website www.nsucurrent-sauce.com

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A student's call to arms in the war against academic apathy

Daniel Jones
Student Opinons

This is a rant at a specific type of student, and it is a mentality that I think anyone can touch on even with brevity. Yet it is something that we still must avoid.

Why are you here? Why spend approximately four years of your life at university? It can not simply be for the diploma; the diploma is only a kind of proof of concept. So I will take the liberty of quickly summing it up: You are here, because, for some reason or another, you believe that attending school will increase your lot in life, that you will be happier for the time and effort invested in academia.

But why do I then see so many people wasting their time?

I have come across a fragment of the student culture that is not only lazy, apathetic, and aimless, but entirely nonsensical. And we have become acclimated to it.

I have a class in the evening, and I will usually arrive early, when the previous class is just wrapping up. Nosey as I am, I will peek in and listen to the closing of a lecture.

But what I see is not a room of observant students or curious minds intent upon the words of their professor. I see cell phones, I see gameboys, I see people packing

early or already brushing past me to leave. And the professor lectures on, eyes zoned to another reality.

I find no offense or insult on his face. I hear no indignation in his voice. He has no reason to criticize you, no reason to tell you to sit down and pay attention.

Because you are an adult. Your spot in that class is a luxury that has been rented out to you. And just like you can own something without ever using it, so too can you own that spot and ignore it.

But then what the hell are we here for? If not to learn, if not to improve upon our innate human condition and become something more than what crawled out adolescence, why are we bothering? There is plenty of room out there, out in the intellectual dead zone with everyone else who refuses to care.

Don't mistake our purpose for being here as the acquisition of a diploma; the diploma is only a sign of what we are really aiming for. Respect your teacher with at least the facade of attention, and respect yourself with an earnest effort toward self improvement.

Or just leave. Because you won't leave a mark on this world. No one will remember you, because there will not be anything to remember. But somewhere there is someone who, with the resources that you squander, would wrest a little more from life. We should take our luck a little more seriously.

LA colleges and universities in pursuit of educational excellence through tougher entry standards

"The colleges and universities of Louisiana are trending upward, and that is a good thing for everyone involved."

Houma Today
Associated Press

The colleges and universities of Louisiana are trending upward, and that is a good thing for everyone involved.

The students will gain by being better prepared when they enter college, a fact that will make them more likely to succeed at high levels once they are there.

Our colleges will benefit because they will become more competitive among their peer institutions across the nation, meaning they can draw in a better crop of students each year, each of whom will be more likely to remain in school and receive a degree.

Our businesses and government agencies — the places that need tomorrow's nurses, teachers, lawyers, doctors, businesspeople, chefs and other professionals — will benefit from having large numbers of qualified graduates coming out of nearby colleges.

And our communities will benefit from our children being able to remain close to home to pursue their high-quality educations.

There is no doubt that improving excellence at our colleges and universities has broad effects across our region — all of them positive.

There are, however, some changes needed to the ways

we have traditionally gone about education.

The most drastic change will be increasing the admissions standards, which will require students to be more prepared when they are applying to and entering college.

Part of those increasing standards will carry with it the elimination of many of the remedial classes that have helped students make the transition to college.

In the long run, this change will work to the benefit of everyone.

In the short term, though, it could be a serious disruption to hundreds of students.

Fortunately, there is a pilot program at Nicholls State University that allows students to take some remedial courses along with their introductory courses, meaning they can attend school, get the remedial help they need and continue on their educational journeys.

The eventual goal is to get all students qualified before they enter college. That is a noble goal, one that should work out well for the students as well as for the colleges.

Bridging the gap from where we are to where we want to be, though, is an essential part of the process.

Nicholls State's pilot program is one that is addressing the present need with an eye toward further improvements in the future.

We need writers!
Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 5:30 p.m. We hope to hear from you!

NS'U' VOICE

What are you looking forward to most about Thanksgiving break?



"I'm looking forward to seeing my family, eating good food, and having a break from school."

Zach Adams
SENIOR



"I get to show one of my teammates from Canada where I'm from and I get to hang with my family! And most definitely the food."

Shelby Balmer
SOPHOMORE



"Really just being with my family and of course eating. I also need this break from school work to give my mind a rest, because once I come back it's time to study for finals."

Sterlin Foster
Freshman



"I'm really looking forward to seeing my family and my brother who just got back from Afghanistan. It's also a good stress releif from school."

Christian Broussard
SENIOR



"Getting to sit outside drinking hot chocolate is a big tradition of mine, and getting to spend time with my family. And also being crafty with my paint."

Amanda Bain
SENIOR



"I'm looking forward to a break from all the school work, and I'm really looking forward to the holiday food."

Blair Allman
FRESHMAN



"My birthday is during the break. I turn 19, so I'm really looking forward to that."

LeAaron Alexander
FRESHMAN



Photo by Gary Hardamon

Senior wide reeiver Louis Hollier, Jr. runs for extra yards after a catch in the Demons’ 17-43 loss to the McNeese State Cowboys. Hollier caught six catches for 106 yards and a score in the game. Hollier was a major help in secuing junior quarterback Zach Adkins a chance to break NSU’s single season passing yard record in the Demons’ upcoming finale game.

Demons wrangled by Cowboys, 17-43

Brian Cook
Sauce Reporter

The FCS ninth-ranked McNeese Cowboys (9-2, 5-1 in conference) finished strong, edging past the Demons (5-6, 2-4 in conference) in an overwhelming victory Saturday night at Cowboy Stadium, 17-43.

With only 312 total yards compared to the Cowboys 480, the Demons couldn’t rally despite being up by three points with 8:27 left in the second quarter. The Demons went ahead at first when Quarterback Zach Adkins connected with Louis Hollier Jr. for a 34-yard touchdown pass in the first quarter. McNeese scored early in the second quarter off a blocked punt to tie the score, 7-7. Minutes later the Demons connected with a field goal that gave them the last lead they saw.

The Cowboys managed to score twice in the last seven minutes of the second quarter, going into halftime up 21-10. McNeese came out of halftime stampeding over the

Demons, scoring another 22 points before the Demons could finally score again. Adkins connected with Ed Eagan late in the fourth quarter for a 25-yard touchdown pass that put the Demons on the board one last time.

“We left some points out there and didn’t create too tall a hill for them to climb,” head coach Jay Thomas said.

“They started pounding away at us and we weren’t able to make the stops we needed. That’s what they’ve done in all their wins.”

The Demons rushed for only 70 yards compared to the Cowboys 285, which ate the clock away giving McNeese a total possession time of 38:52.

However, despite an abysmal running game, Adkins ended the game 19 for 33, throwing for 242 yards and two touchdowns with no interceptions.

With this performance, Adkins tied NSU’s single-season passing yardage record at 2,393 with a game still let to play in the season. The record has stood tall for 25 years, set by Scott Stoker in 1988. And Stoker had 13 games to set that

record; Adkins has only played 11 so far.

Adkins’ lead receiver against the Cowboys was Hollier, who caught six receptions for 106 yards, scoring one touchdown; making this his second career one hundred yard receiving game.

Adkins hopes to break the record Saturday as NSU hosts the Stephan F. Austin Lumberjacks in the Battle for Chief Caddo, with the winner taking control of the largest rivalry trophy in college football. NSU leads the overall series 28-18-2 but the Lumberjacks have held the statue of Chief Caddo for the last four years.

The game will also be senior night, and the Demons are calling for an orange out from the fans so if you’re heading to the game make sure you wear orange.

Coach Thomas plans to keep Chief Caddo in Natchitoches and send SFA home empty-handed, “This team will be ready. It’s NSU-SFA, a great rivalry, and these guys have worked too hard for too long not to get after it next week in practice and be ready Saturday at 1 p.m.”

Volleyball team finishes record-setting regular season

Morgan Thorpe
Sauce Reporter

The Lady Demon volleyball team has wrapped up their best regular season in the history of Northwestern State University volleyball.

First, on Tuesday, Nov. 12 the Lady Demon Volleyball Team played their last home game against the University of Central Arkansas Bears (26-3, 18-0 in conference), the number one team in the Southern Conference.

Despite solid play from the Lady Demons, pushing two of the games into extra points, NSU fell to the Bears, 1-3.

“That was really good volleyball on display for both sides, and we’ve always had a lot of respect for Central Arkansas,” fourth year co-head coach Hugh Hernesman said.

“For us to give them everything they could handle in this match, it goes to show how far this program has come.”

Bouncing back from the loss, the Lady Demons were able to secure second place in the Southland Conference with a road victory over the Stephen F. Austin Ladyjacks (16-15, 8-10 in conference), 3-1.

“We’re very happy with our consistency today. It carried over from Tuesday’s match and I’m hopeful that we’re at the mental focus and physical effort level that we need to be,” coach Hernesman said.

The win gave the Lady Demons the highest regular season win total in school history as they close the season 19-11 overall, 15-3 in conference play.

The second place finish leads the volleyball team into the upcoming Southland Conference Tournament in Corpus Christi.

“I think if our team stays focused and locked in the entire time, we will come out on top,” freshman Natalie Jaeger said.

“A big emphasis for us this season has been on mental preparation and staying mentally and physically focused for the entire match.”

The Southland Conference Championship Tournament will be held Nov. 22 through Nov. 24 at the Dugan Wellness Center in Corpus Christi, Texas.



Photo by Gary Hardamon

Kiesha Lee puts a shot up over a defender as she helps lead the Demons to a 74-70 victory over the University of Houston Cougars. Lee scored a career-high 28 points to earn Southland Conference Player of the Week honors.

Lee leads Ladies Basketball past Houston Cougars, 74-70

Tiandra Williams
Staff Reporter

Sophomore Keisha Lee’s career high performance led the Lady Demons (2-0) past the University of Houston Cougars (0-2) in NSU’s second match of the season and their second home matchup, 74-70.

Not only did Lee’s career-high 28 points and seven rebounds lead the Lady Demon’s to a win last Wednesday, but they also helped earn her the Southland Conference Player of the Week title.

“Keisha had that attack mentality offensively. ‘I’m so proud of her, and she kept us in it in that first half,’” said Lady Demon co-head coach Brooke Stoehr.

“When she’s aggressive it makes us that much better, and she did it efficiently. She had five steals and only one turnover, and she had a bunch of rebounds for us down the stretch.”

The sophomore started the game off hot, banking in back-to-back 3pointers. She remained consistent throughout the night sinking 4 of 7 from behind the arch and shooting 53 percent on the night.

Despite early foul trouble for senior Trudy Armstead, another Lady Demon offensive threat, Lee’s 21 points in the first half allowed the Lady Demons to head into the locker room with a five point halftime lead.

Armstead, who redshirted last season, had 27 points opening night for the Lady Demons. Despite foul trouble, she was able to put up 13 points against the

Cougars and seven rebounds in 19 minutes of play.

And to round off the double-digit scores of the night, Janelle Perez, 2013 Southland Conference Freshman of the Year and preseason polls SLC First-Team nominee, contributed 10 points and five assists of her own.

The largest lead of the night was 11 points by NSU, but Houston did not lie down easily. The Cougars rallied back to gain the lead in the second half. Jessieka Palmer was the top scorer for Houston with 16 points, followed by Tyler Gilbert with 15 and Alexia Sanders with 11.

Although the outcome of Wednesday night’s action was a close one, the Lady Demons remained in control for the majority of the night, allowing Houston to hold the lead only for 36 seconds in the second half. Armstead was key down the stretch for NSU after they gave up the lead; since Houston’s lead she scored six points and had four rebounds with a block.

“It’s exciting. I’m just really happy for our players; they believe in themselves and we try not to listen to a lot of outside talk. We just try to keep telling them to do their job and get better everyday,” said Stoehr.

“I’m just really happy for our fans. They deserve this. This is a great basketball town and I’m just really proud for them to experience that.”

Next for The Lady Demons is a road trip to Waco, Texas to participate in the “Athletes in Action Classic” on Nov. 22. They will face Texas-San Antonio, Baylor, and Savannah State.

72 second-half points lift NSU over Auburn Tigers for second win, 111-92

Sports Information

Northwestern State erupted in the final 16 minutes, erasing a 14-point deficit behind career scoring nights from guards Jalan West and Gary Stewart to trigger a 111-92 basketball victory at Auburn Friday night.

West, last year’s Southland Conference Freshman of the Year, poured in 30 points on 10 of 15 shooting (5-8 on 3-pointers), and added a career-best nine rebounds along with six assists and three steals from his point guard slot. Stewart, a senior, added 23 points, also going 5 of 8 on 3s while shooting 7 of 11 from the floor and 4-4 at the free throw line.

Northwestern (2-0) outscored Auburn (1-1) by 72-44 in the second half, sinking 68 percent of its shots in the final 20 minutes. The visitors shot 50 percent overall, along with making 25 of 29 free throws including their last 14 straight.

The Demons posted their first win over a Southeastern Conference foe since a 76-75 overtime triumph at Mississippi State in the 2005-06 season.

NSU snapped an eight-game skid against SEC teams heading into a visit to LSU (0-1) Saturday night at 7 p.m. at the Pete Maravich Assembly Center. The Tigers topped the Demons 102-95 last season.

True freshman guard Zikiteran Woodley added 18 points in 16 minutes for the Demons while senior guard Brison White had 16 points and a career-high

seven rebounds. Senior forward DeQuan Hicks scored 14 with four rebounds.

“This was special,” NSU’s 15th-year head coach Mike McConathy, the winningest coach in Louisiana college basketball history, said.

“It’s one of those games that nobody thinks you’re supposed to win, but you better believe you can. We came in expecting to win, with all due respect to Auburn. You have to bring that mentality.”

“It means you’re for real. It’s a different day when you get a win like this,” he continued.

“It’s a road win, and in college basketball you’re not supposed to win on the road, and certainly not by a margin like that.”

“It’s only one game, but it shows we’re capable of beating the team we hope to become when it matters most in March.”

The Demons wiped out a 63-49 deficit, the Tigers’ biggest of the night, with 16:26 remaining.

Twelve unanswered points in just over two minutes pushed the Demons into a commanding 103-87 lead at the 1:47 mark. NSU sank its last 14 free throws in the final 3:39 as Auburn tried in vain to rally.

After going 0-17 on 3-pointers in last Friday’s opening win over Division III LeTourneau, NSU sank 14 of 27.

“We can shoot the basketball. We were 86 percent at the free throw line tonight, 85 percent last game. I knew we weren’t going 0-17 on 3s again. That law of averages came into play,” said McConathy.

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07/13

Multicultrual concert celebrates Christmas spirit

“It’s a beautiful concept; it’s a large celebration for not just Christmas but for gathering of community for all ages.”

Summer Evers
Staff Writer

The fifth annual Multicultural Christmas concert was held Tuesday afternoon at the Treen Auditorium at the Louisiana School for Math, Science and the Arts.

The concert celebrated diversity along with the joy of Christmas with groups throughout the Natchitoches area who performed.

The Multicultural Christmas Concert is sponsored by the Louisiana Folklife Center at Northwestern State, the NSU Office of Cultural Diversity and the Louisiana School for Math, Science and the Arts (LSMSA).

Amongst those who were featured were the Natchitoches Parish Detention Center Choir, Hardrick Rivers & Friends, the Tunica Language, Angels Praise Dance Group, the NSU E- Lab Performers, Revitalization Project & Tunica-Biloxi Youth and Natchitoches Central choir as well as other soloists.

The schedule also included performances by NSU’s very own Natchitoches-Northwestern Horn Society conducted by Dr. Kristine Coreil, students senior Sarah Jones and junior Alaia Cobb, and the opening act of the concert, The Sazz Network.

The Sazz Network is a “network” of musicians

made up of NSU students. Memebers of the band are freshmen Jack Salyer and Ethan Moun-ton, sophomore Jasmon Clayton, and senior Tajh Derosier.

This was the first year The Sazz Network was able to perform, not only that, but they earned the honor of beign the opening act at the concert.

“It was surely packed!” Clayton said. “The crowd was large and every seat was filled. On top of that, there was such good energy coming from the crowd. It was a wonderful celebration of the season.”

This is the second year for soloists Sarah Jones and Alaia Cobb to be able to participate in the concert by song

Jones said that taking part in the concert added to the emotional feel of the Christmas season.

“I had such an amazing experience with the Mul-ticultural Christmas concert last year that I commit-ted myself to performing every year I was able to,” she said.

“It’s a beautiful concept; it’s a large celebration for not just Christmas but for gathering of commu-nity for all ages.”

After receiving an email about the multicultural concert, Cobb couldn’t help but sign up to perform again. This year, she sung one of her favorite pieces

titled “Mary Did You Know.”

“[The concert] was really interesting. I liked how there were so many different types of people. I think it definitely lived up to the term Multicul-tural,” Cobb said.

“I [was] a little nervous but it was fun because everyone was nice and excited about it.”

The Concert performances included a wide range of talents such as dancing, small bands, vocal musi-cians and song in sign language.

Sophomore David Cantera, who is a second year member of the Natchitoches-Northwestern Horn Society, thought that the concert was a fantastic opportunity for the audience to experience a wide array of the arts.

“I wanted the audience to take away a little bit of everything and [along with] experience and enjoy the arts through dance, song, and instrumental music,” he said. “Most importantly I wanted [the audience] to take away the joy of the holiday spirit.”

The Sazz Network is looking forward to their per-formance at next year’s Multicultural Concert.

“We are all extremely pleased and have the high-est respect for the concert and its hosts. They have put together something wonderful that we encour-age everyone to be a part of.”



The Natchitoches-Northwestern Horn Society, (above) directed by Dr. Kristine Coreil, performed at the fifth annual Multicultural Christmas concert Tuesday, De-cember 3. The event, sponsored by the NSU Office of Cultur-alDiversity and LSMSA had a diverse list of performers and musicians. Alaia Cobb (right) participated for the second year in a row with a solo.



Photos by Summer Evers



This summer trip goes from Ireland to Amsterdam and is open to students, faculty and the public.

Earn class credits while visiting Europe

Emily Fontenot
Staff Writer

Professor of hospitality management and tourism Dr. Lynn Woods has opened the 2014 European tour up for enrollment.

“If you have ever wanted to stroll down the Champs Elysees, bicycle through the streets of Amsterdam or learn how to Celtic clog, now is your chance,” Woods said.

“Our tour of Ireland, France, Belgium and the Netherlands is packed with exciting activities and a chance of a lifetime experience.”

Students will be given a three-hour class credit for the trip through HMT 3150. They also may receive credit for a course within their major. They must enroll in the spring A-term one-hour credit course HMT 3130 as a prerequisite for the trip. Students from other universities also may be able to receive credit for a course within their major.

The all-inclusive price is \$5100, which covers roundtrip airfare, all accommoda-tions, all breakfasts and dinners, and all at-tractions and activities. Students may pay in full or sign up for the trip on-line now and pay a portion of the cost each month until May.

“The European studies tour helped me become a rounded and cultured student.” Senior Tyler Fluit said of his experience travelling to Europe with the university, “I was exposed to a larger realm of the travel industry that I anticipate to be consider-ably applicable in my endeavors in the field.”

The entire trip will cover 14 days, from May 16-29. The group will arrive in Ireland, take an overnight ferry to France, travel to Belgium, and depart from the Netherlands.

Activities include a medieval banquet at Bunratty castle, Celtic music night at an Irish pub, a tour of the Louvre in Paris, wine-tasting at a vineyard in the Loire, a performance at the Moulin Rouge, choc-olate-making in Brussels, a visit to Anne Frank’s house, and cycling in Amsterdam.

Woods said the trip is the perfect Christ-mas gift.

“For those who wonder ‘What can I get him or her?’ this is the perfect solution,” she said.

Trip information and daily itiner-ary are available at efcollegestudytours.com/1371490RJ. For more information, contact Dr. Lynn Woods at llwoods@nsula.edu or call (318) 357-5085.

Grad students participate in counseling project

NSU volunteers help Red River High seniors apply for their secondary education

News Bureau

Counseling students from Northwestern State University lent as-sistance to students at Red River High School in Coushatta during College Application Day.

“This is a national initiative designed to help all students, but especially seniors who are first-generation college students, but assisting them in applying to at least one postsecondary institution,” said Dr. Gerra Perkins, associate professor and coordinator of NSU’s graduate program in coun-seling.

Perkins and graduate students Julie Evans of Goldonna, Krysten Duncan and Annie Grogan of Lake Charles, Anna-Kate Oglesby, Danielle Jones, Chernika and Jessica Adams of Natchitoches, Catherine Lytle of Pineville, and Michael Lacour of Pollock teamed up with Red River High School school counselor Kyle Wren to help the high schoolers as a service-learn-ing initiative for the aspiring school counselors.

Evans is a counseling student intern at Red River High School and worked with Wren to structure the meetings with over 70 high school seniors.

“A key part of the partnership is sending the message to students that the college is interested in them,” Perkins said.

“The project was designed to give NSU a unique and exciting opportu-nity to be well-represented in an area school, provide positive interactions for high school seniors at Red River High School, provide a meaningful and exciting learning experience for our counseling program candidates, support NSU’s Gallaspy College of Education and Human Development’s Models for Learning, and further the university and college’s recruitment efforts. We were there to represent NSU and to help these students with the college application process, regardless of if that application was to NSU or to different universities. Our NSU students were thrilled to have the opportunity to work with the seniors one-on-one.”

“Seeing the students get so excited about their next steps made us all the more eager to work with them. I personally learned so much going through this process,” Oglesby said.

Adams related that a special moment for her was when one of the stu-dents did not think she met the admissions criteria for the university she wished to attend; after Adams encouraged her to look again while they were online she realized that she did.



Photo submitted by News Bureau

NSU counseling grad students assisted Red River High seniors in sending off their applications for college.

“She couldn’t wait to get her application submit-ted to her dream school,” Adams said.

Lytle summed up the experience by saying, “When we left the school, I really felt like both the NSU stu-dents and the RRH students were equally thankful for the interactions we had today.”

Perkins expressed gratitude to colleagues in the Gallaspy College of Education and Human Develop-ment who chose to fund the service learning project through the Freeport McMoRan Endowment, Dr. Vickie Gentry, dean, and Dr. Paula Furr for their support of service learning in the college and Steve Gruesbeck, director of service learning at NSU. She also expressed thanks to Wren for his collaboration

and enthusiasm for the project, and to Red River High School Principal Carroll Daniels, Evans, Librar-ian Donna Prosperie, faculty and students at RRH for the warm welcome.

“It is amazing to work with professionals who recognize and place a priority on meeting the needs of our high school students. And, it was an absolute pleasure to see our NSU students in action. I am continually amazed by their dedication and passion for school counseling,” she said.

For more information on the counseling program at Northwestern State, visit delt.nsula.edu/school-counseling or contact Perkins by e-mailing perkin-sg@nsula.edu or calling (318) 357-6915.

Natchitoches burns bright for Festival of Lights

“Turn On the Holidays!” The “City of Lights” opening ceremony was Saturday, Nov. 23.

The all-day affair had events for the whole family to enjoy including guided walking tours of the Natchitoches Historic District, musical enter-tainment on the downtown riverbank stage and the Festival of Lights opening night ceremony and fireworks.

Front Street shops and restaurants were open late, too, as part of a Holiday Open House sponsored by the Historic District Business As-sociation.

The Natchitoches Motorcycle Riders also hosted a Toy Run charity drive from the Bank of Montgomery to the festival grounds.



Photo by Tray Cooper

Natchitoches’ Festival of Lights kicked off the on Saturday, November 23 and will last until January 6.

Pre-sale armbands are \$6 for adults 12 and older and \$4 for children age 6 – 11. Pre-sale armbands for festival day can be purchased now through 5:00 p.m. Friday, December 6 at the following Natchitoches locations:

- Bank of Montgomery • City Bank & Trust Company • Exchange Bank
- First Federal Bank of Louisiana • La Capitol Federal Credit Union • MidSouth Bank
- Sabine State Bank • Brookshire’s • Causey’s Pharmacy • Hampton Inn & Suites
- Neebo Bookstore • Online at www.NatchitochesChristmas.com

Armbands may be purchased on festival day, December 7, at ticket booths along the gated festival area. The cost it \$8 for adults 12 and older and \$5 for children age 6 – 11. Children 5 and younger are admitted free.

SGA update

Victoria Novitsky
SGA Senator

All students are encouraged to attend today’s meeting, which will be held in room 321 of the Student Union.

SGA Senators will be discussing seven bills in today’s meeting, five of which were “tabled” last meeting. “Tabled” or “Layed on the Table” simply means the majority of the Senate could not vote on a bill due to lack of information, dramatic bill change, or other reasons that restricted the Senate to be comfortable voting.

The bills cover an the SGA office printer, senator office hour warning procedures, scantron giveaway duties, an appoint-ment deadline for SGA senators, implementing an SGA gumbo day, reconsidering of a piece of legislation that was passed in a previous meeting, and a bill that will send SGA, Kyla Winey, to Washington, D.C. to represent NSU.

The annual Meet Your Senators Day held yesterday was a big success. SGA appreciates all of the concerns students shared with us. We have committees working on addressing all of the given concerns.

Please do not hesitate to meet with SGA Senators for any concerns, Senators are available in the SGA office.

Correction - In the November 18 issue of The Current Sauce, the pictures for the article “One man’s trash is another student’s art supplies” were incorrectly credited. The photos were taken by staff writer Janell Parfait. The pottery piece was constructed by an advanced ceramics student named James.

Surviving Hell Week

Emily Carter
Staff Writer

As the semester comes to a close the infamous hell week draws near. At the end of every college semester students endure an intense week when all their finals, papers, and projects are due.

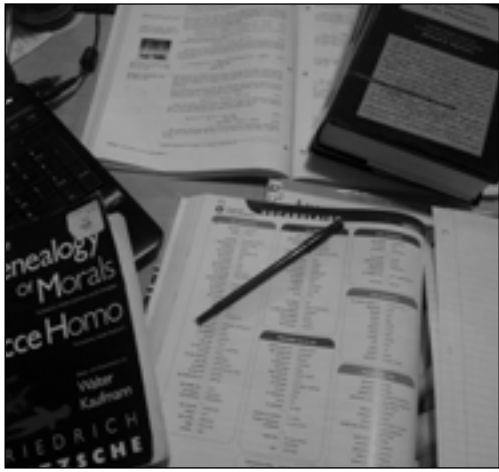
According to Urban Dictionary, hell week has four stages: denial, anger, fear, and acceptance.

Denial occurs the weekend before, when students procrastinate on their work.

Next, anger happens when students realize the large amount of work they have and wonder how professors could give so much. When students try to figure out how to finish all the work while also thinking about the possibility of dropping out of school they experience fear.

The last phase is acceptance and involves getting the work done and then catching up on lost sleep. Even though this week happens across most college campuses, the way students deal with it varies.

One way students deal with the stress of hell is by taking the week prior to use the week prior to only do schoolwork, if that's possible financially. Sophomore Gabbi



Left photo by Jacob Labutka and right photo by Emily Carter

Students must deal with heavy workloads that take up much desk space during hell week. Like many students, senior Becca Hunt (left) must constantly be on her laptop to finish work.

Thomas usually works nights at a restaurant, but she always take that week off to have time to study.

“By studying and organizing the details of my notes into something that is understandable, I can study the main ideas later and just recall the details,” Thomas said.

Some students use websites to block access to certain web pages, especially social media outlets known for inducing procrastination, for a set period of time like finals week. Websites such as www.getcoldturkey.com and www.anti-social.cc provide this service.

Cold Turkey gives users the option to pay

what they think the service is worth (including \$0) and also donate a percentage of their payment to the Against Malaria Foundation.

Although students must find ways to deal with hell week workloads, professors advise students not to overdo caffeine consumption and get plenty of restful sleep. These factors help students to focus on their work while reducing their chances of getting sick.

Hell week remains stressful but an unavoidable part of college life. However, students have been dealing with this for years and some who experienced it in years past have some crucial advice (see list to right).

It's beginning to look a lot like Gala

Olivia Martzell
Staff Writer

It's that time of year again. Worn out students scramble to study for finals, get enough sleep, and eat properly. No, it's not just the end of the semester. It's Gala Week.

One of Natchitoches' and Northwestern's Christmas traditions, this year marks the 25th anniversary of Gala, held in accordance with the Festival of Lights.

With two to three performances daily for three days, it's easy to see how CAPA students become frazzled and tired.

2013 Gala performers Breanna Collier, Tyler Price, and Courtney Wilson are all too familiar with how to manage their time during Gala Week.

As third year veterans in the show, these NSU juniors participated in the months long Gala preparation.

“It is so intense,” Price said. “We began rehearsing in October and had so many rehearsals to make sure that our moves were precise.”

However, as Gala opens right before finals, study time dwindles.

“It's hard for us, as students, but you make time to study and get it all done,” Wilson said.

Despite sacrificing study time for long rehearsals, the performers can't get enough of the stage.

“Any chance I get to perform, I take it,” Collier said. “I love being on stage because it is



Photo by News Bureau

The Gala cast sings at rehearsal in a Christmas tree formation unique to this year.

always a pleasure to perform.”

Having an excited audience is always an incentive to perform and usually pumps up the actors involved.

“I love GALA for the children performances! Kids have such vivid imaginations and they can feel the magic the most during the show,” Price said.

Sometimes actors will have two children's shows per day, so they strive to keep the Christmas spirit alive. It is the actors' job to make the audience believe Natchitoches has magically changed into the North Pole.

“The stress of Gala is worth it at the end,” Collier said. “We carry out the tradition and put a smile on the faces of Natchitoches locals as well as its visitors.”

With the population of Natchitoches drastically increasing during Christmas, many visitors and locals alike attend annual Gala.

Fan-favorite skits such as the “Wooden Toy Soldiers” and the “Glow in the Dark Percussion Ensemble” will be in this special edition

of Gala as well as some new, unseen skits.

There will be performances from the NSU Chamber Choir, Dance Company, the Rockettes, Out on a Limb Improv Troupe, and the Symphony Orchestra.

“This is the one time a year that CAPA gets together and unities to put on an amazing show for the community. It is so rewarding,” Wilson said.

2013 GALA opens on Wednesday, Dec. 4 with five performances for local schools at 9:30 a.m. and noon until Dec. 5.

Show times for visitors, locals, and students will be at 7 p.m. every evening with a 9 p.m. performance Friday, Dec. 6, the last day of Gala. Tickets are free for NSU, LSMSA, and BPCC students with current I.D. and sticker.

Regular admission for the public is \$10 for nighttime performances and \$3 for the children's performances.

Seating is limited, so make sure to arrive promptly to ensure the best seat in the house will be yours.

Essential tips to endure Hell Week

1) You **SHOULD** get at least six hours of sleep every night. **DO NOT** use caffeine or energy drinks as a substitute for sleep.

2) **DO NOT** go to parties during Hell Week.

3) **DO NOT** study for hours on end. Instead, study for 50 minute intervals and then take a ten minute break.

4) **DO** a place to study that works for you, like the library or an office on campus that you have access to.

5) **IF NECESSARY**, block social media sites while you are studying or for the entire week.

6) **You SHOULD** eat properly, and not overindulge on heavy foods that will slow you down.

7) Study groups are good, **BUT** limit them to no more than five people.

8) **KNOW** in advance all the work you have to do that week. This way you are not shocked when it hits you

9) **STAY CALM AND BREATHE!**

Dating tip for guys: wear the right pants

Publicist conducts survey to determine how a man's choice of pants alters a girl's view of him on a date

When a woman goes on a first date with a guy what is the first thing they notice about his appearance? Is it his eyes, hair, smile, body or what he is wearing?

Publicist for Barley and Britches and their Everyday Chinos Cody Pittman conducted a survey to discover if college girls judge their first date based on the type of pants their male dates wear.

According to the survey, if guys want women to think they're the perfect long-term partners, then they should wear khaki colored pants. If guys want to seem spontaneous, then they should wear colorful pants like dark red or bright blue, but this may be risky for guys because spontaneity could also be taken to mean just wanting a hookup.

Dark but colorful pants, such as dark purple, on guys were found to give women the impression that their dates like the finer things in life.

Guys who wear green pants give the women they date the impression of being world travelers who may also live with their parents.

Senior Jordan Young thinks the subject matter of the study is intriguing but she remains unconvinced by the findings.

“I think the idea of judging by the kind of pants a first date wears interesting but not accurate for me,” Young said. “On my first date that I had with my husband, I judged him by the shirt he wore. He wore a nice button up which to me showed that he cared about his appearance and wanted to look nice but it wasn't tucked in which would have made me think he was uptight.”

Freshman Eric David thinks it's weird that girls may judge guys based on the

type and color of pants they wear on dates.

“I think that it's somewhat relevant but ultimately it's just a matter of the guy's preference,” David said.

David said he would wear a nice pair of dark jeans because that's what he feels most comfortable in.

So the question is: What do guys judge girls on during the first date? David said appearance plays a role but it's not the only aspect that matters.

“The most important thing for me as a guy is a girl's ability to hold a conversation and my interest,” David said. “There's nothing more unattractive than a boring girl,” David said.

At the end of the day, appearance matters but not as much as how people carry themselves, especially on first dates. Most college students judge people on having a great personality and just being themselves.



Regine Lyons
Fashion Columnist

'12 Days of Christmas' items top \$114K

Kevin Begos
Associated Press

PITTSBURGH (AP) — The price of lords-a-leaping and ladies dancing has spiked this holiday season, but other items mentioned in the carol “The Twelve Days of Christmas” still cost the same as they did last year.

Buying one set of the gifts mentioned in each verse costs \$27,393 in stores, or 7.7 percent more than last year, according to the so-called Christmas Price Index that PNC Wealth Management updates annually. And if you buy all 364 items repeated throughout the carol, you'll pay \$114,651 — 6.9 percent more than last year.

Last-minute shoppers who turn to the Internet will pay even more for all the gifts — about \$173,000.

“We were surprised to see such a large increase from a year ago, given the overall benign inflation rate in the U.S.,” said Jim Dunigan, managing executive of investments for PNC.

The federal government's core Consumer Price Index rose only 1.7 percent this year.

In the three decades since the list was started in 1984, year-over-year increases have averaged 2.9 percent, which is exactly the same number as broader U.S.

inflation. But it's a fickle list because the price of some items has barely budged, while others have soared.

Seven swans cost \$7,000 this year, the same as in 1984, while the cost of a single partridge went from \$12.57 to \$15 during the same period. One pear tree to put that partridge in? Thirty years ago it cost \$19.95, but will now set you back \$184.

The cost of nine ladies dancing is now \$7,553, or 20 percent more than last year's \$6,294, while 10 lords-a-leaping jumped 10 percent, to \$5,243.

Seven items on the list cost the same as they did last year, including gold rings and turtle doves, while pipers piping, drummers drumming, and the pear tree showed only modest changes up or down.

The swans are the most expensive item at \$1,000 each. The eight maids-a-milking still cost a total of just \$58 because the federal minimum wage hasn't risen. At \$7.25 each, they're the least expensive gifts in the song.

PNC Financial Services Group Inc. checks jewelry stores, dance companies, pet stores and other sources to compile the list. Among its sources this year were the National Aviary in Pittsburgh and the Philadelphia-based Pennsylvania Ballet Company.



Alexander McCullough performed in the Student Union ballroom. She regularly sings at NSU and Natchitoches venues.

Sophomores Taylor Thomas (right) and Tommy Remson (left) performed in the Student Union lobby. KNWD set up multiple stages at CaddoFest to accommodate both students and local musicians.

Photos by Katelon Ramos



Wearing a festive headdress, sophomore Hammond Lake was one of many to attend CaddoFest.



Even Vic the Demon stopped to make appearance at the musical event. He took advantage of the live music to break out his “inner dancing demon.”

Animals from shelters spread holiday cheer

Paige Anderson
Student Opinions

As the holiday season is right around the corner, many are in search of the perfect companion to call their own. What better way to wake up on Christmas morning than to find a bright-eyed, cuddly puppy wagging his tail in delight under the tree, or a kitten nestled in a stocking?

A great deal of those who desire puppies and kitten shell out hundreds, maybe even thousands, of dollars to obtain the furry friend that they picture in their mind. However, what most fail to realize is that 60% of dogs that get stuck in shelters every year will be euthanized. If you are in search of a kitten, the rate for cats is 70% per year.

The annual cost for animals to be taken off of the streets, housed, and be disposed of—in most cases—comes to \$2 billion. The conditions that most of these animals must face are deplorable. They sleep on the cold, hard concrete or metal floor of a kennel, often getting very little time outside.

They get the bare minimum of care: cage cleaning, food, water, and short walks. They get very little attention otherwise. Even then, an animal’s stay at a shelter is usually very short lived.

Within weeks, sometimes days, they are euthanized to make room for the next homeless pet that comes through the shelter doors. A staggering number of shelter dogs and cats will never know the joys of a loving family, playing fetch, or curling up in a warm, soft bed.

Many are turned away from shelter animals because they want a specific breed. Breeders are not always reliable, and it is important to remember that some breeds carry genetic health problems that can limit the longevity of your pet’s life. Breeders oftentimes fail to share these health problems with prospective customers. A dog or cat found in a shelter may be a mixed breed, but usually does not have these kinds of genetic health issues. Interestingly, a quarter of the dogs that pass through a shelter each year are purebred. Nevertheless, a “mutt” can be just as loving and bring all the fun of a pet that any high-priced dog can bring.

No value can be placed on the pet that is right for you. A value can also not be placed on the life of an animal, whether it is being euthanized in a shelter or sold by the most respected breeder. Before you start searching the newspapers and internet this season, take a minute to stop in your local animal shelter. You just may find your new best friend, and you will have also saved a life. There is no better way to get in the holiday spirit.

Journalists protest threats to free press by Kenyan parliament

Emily Frame
Student Opinions

In the United States, the first amendment protects journalists’ freedom of press. But what would happen if that freedom were taken away from us?

In Kenya, that scenario is becoming a reality. Kenyan journalists and civil rights activists are protesting monetary fines being put in place by parliament to discourage government criticism.

The laws being tabled by parliament would allow the government to fine journalists up to \$5,500, and media companies \$230,000, if found guilty of breaching the code of conduct that stipulates the need for accuracy, fairness, independence and integrity.

Sounds good, right? Accuracy, fairness, independence and integrity are all good things, especially in the media. But the bill is intended to target journalists after media exposure about the legislators giving themselves significant raises.

Kenyan legislators are trying to cover up their resistance to efforts by the Salaries and Remuneration Commission to regulate their pay, including attempts by parliament to impeach commissioners. Before the commission was created with Kenya’s 2010 constitution to determine government salaries, legislators determined their own salaries.

Earning more than \$15,000 a month, Kenyan legislators are among

the highest paid in the world. Those are staggering figures compared to the average \$200 a month that journalists earn.

This bill is nothing but a scare tactic against the press. The chairman of the Kenya Correspondents Association, William Oloo Janak, said this bill would shrink Kenya’s democratic space. “They are targeting the media more because the media is the one giving space to all the other critical voices,” he told the Associated Press.

More than 300 people began protesting outside parliament and the president’s office last week. Carrying posters and wearing tape across their mouths to symbolize the ‘gagging of the media,’ the protesters brought worldwide attention to the injustice.

Boniface Mwangi, photojournalist and civil rights activist, opposes the bill because it allows for anonymous complaints. He said the government is just trying to muzzle the press to avoid accountability.

Kenyan journalists display placards protesting the new Media bill. More than 300 people participated.



AP Photo/Sayyid Azim

On Tuesday, Dec. 3, Kenyan journalists and civil rights activists marched the streets of Nairobi, Kenya to protest the harsh, new press laws being tabled by parliament. The laws were created in reaction to government criticism brought on by the media.



AP Photo/Khalil Senosi

THE CURRENT SAUCE STAFF

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reached, this issue will continue to hang over our heads, affecting our property values and our ability to buy and sell property.

The effort to attack these changes in court is one that deserves this state’s support.

But for a permanent solution to this vexing issue, Congress will have to take action.

Let’s all hope that action comes soon rather than later.

Meet the Staff

What is the most interesting fact about you?



“Something interesting about me is that I am obsessed with sign language. I love what it stands for and how it was derived. It’s such a beautiful language and I am currently teaching myself how to sign. If there is any language that I would love to be fluent in someday, it would be sign language.”

Summer Evers
STAFF WRITER



“Interesting facts? Favorite number: 18, Favorite color: Teal, Favorite movie: Jurassic Park, Favorite video game: Pokemon, any of them. Favorite sandwich: Peanut Butter and Jelly. Anything else?”

Jarred Roberts
EDITOR-IN-CHIEF



“I can count to ten in five different languages: French, Spanish, English, Russian and German. English is my native language, I picked up the Spanish, I’ve been learning French on-and-off for as long as I can remember, I learned the German in band and I’m taking Russian in Scholar’s College.”

Kara Scouten
PHOTOGRAPHER



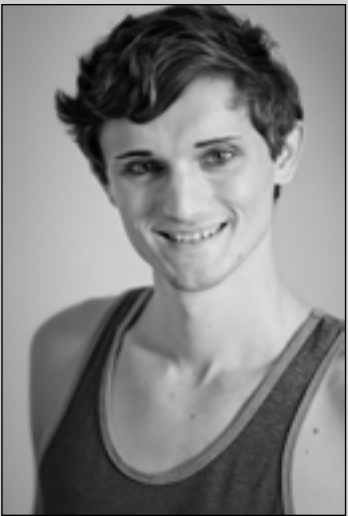
“It either has to be that I was a gymnast for 13 years or that I’ve traveled to more than 15 countries. My favorite country is probably Honduras because so many of my friends moved here from there.”

Emily Frame
OPINIONS EDITOR



“I’m a huge Green Bay Packers fan. Like, I scare people sometimes. I have a cheesehead and a Rodgers jersey and a mug and socks and a cow pillow pet with the G on it. It’s even extended to college football and now I’m a Wisconsin Badgers fan. Go Pack Go!”

Chris Degeyter
SPORTS EDITOR



“I would have to say it’s a toss up between my being an ardent feminist with an interest in urban gender issues and being able to impersonate Cher’s songs from “Burlesque”. I recorded my Cher voice on my phone once and, regrettably, it went off in my French class for a good 30 seconds.”

Jacob Labutka
LIFE EDITOR

State joins lawsuit against disabling, risk-based flood insurance price increases

The Courier, Houma, La.
The Associated Press

The fate of widespread and unfair flood insurance price increases will likely be decided in Congress, not in the courts.

But it doesn’t hurt to seek help wherever it might be found.

Louisiana has joined in a lawsuit filed by Mississippi against the federal government, seeking a delay in the cost hikes that will result from implementation of the 2012 Biggert-Waters Flood Insurance Reform Act.

Mississippi is arguing that the new flood rules unfairly affect flood-prone residents and businesses that rely on flood insurance to help protect their largest investments.

Louisiana has just as much to lose in this process as Mississippi, and our state officials have understandably added Louisiana to the lawsuit.

While the fight for fairness in the debate over the future of the National Flood Insurance Program is of vital importance to Louisiana’s people and businesses, it is a fight that will probably not be decided in court.

Instead, Congress must reconsider the act that is bringing on these changes, which could be disastrous for the local area.

Members of the Louisiana congressio-

nal delegation must work to convince their colleagues from around the nation that the new rules are fundamentally unfair.

In doing away with federal subsidies and imposing a strictly risk-based pricing to flood insurance, along with implementing new mapping and risk determination, the government will be punishing people who have abided by the rules all along.

That alone is a compelling reason to reassess the changes.

A further reason to do so is the economic chaos that could ensue.

In coastal and low-lying regions across the nation, drastic flood insurance price increases could sap real estate markets and drain the value of property.

So rather than protecting people from natural disaster, the flood insurance program would become a crippling influence on many communities — including the local area where much of our land is at or near flood zone elevations.

The state purpose of the federal reforms was to make the program better able to sustain itself without government subsidies.

In the real world, though, these changes are likely to deprive the very people who need it most of the protection of flood insurance.

It is a fight worth pursuing both in court and in Congress.

Until a congressional consensus is

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Photo by Gary Hardamon

The Demons and Chief Caddo, the largest trophy in all of sports, celebrate their victory over the rival Lumberjacks of Stephen F. Austin. Chief Caddo finally calls Natchitoches home again after being away at SFA for four years.

Demons secure Chief Caddo with victory over SFA Lumberjacks, 40-27

Sports Information

Quarterback Zach Adkins and receiver Louis Hollier had milestone performances Saturday, while Northwestern State's Purple Swarm defense and a ball-control offense helped the Demons contain Stephen F. Austin's explosive offense for a 40-27 NSU triumph in the annual "Battle for Chief Caddo," the largest trophy in sports.

The rivalry game on a chilly, damp day at NSU's Turpin Stadium ended the season for both teams. Northwestern finished 6-6 overall, its best mark since 7-5 2008, and at 3-4 in the Southland Conference football race while SFA ended 3-9 overall and 1-6 in the league.

Adkins threw for 333 yards and Hollier, one of 22 seniors ending their NSU careers, had 165 yards. Both performances ranked 10th on NSU's single-game lists. With seven catches, including touchdowns of 23 and 38 yards, Hollier finished second in school history on the career receptions list with 114, 12 receptions shy of the 126-catch record.

With his first completion, a 2-yard touchdown pass to Bryant Mitchell, Adkins broke the Demons' 25-year-old single-season pass yardage record set in 13 games by Scott Stoker. The junior college transfer finished with 2,726 yards and also a school-record 21 thrown touchdown passes.

"Chief Caddo," a 7-foot-6, 320-pound statue of a

mythical Native American that pays homage to the common heritage of the universities and their hometowns, stayed with the Demons for the first time since 2008. SFA's four-game win streak in the series was the longest by the Lumberjacks since the teams began playing for the trophy in 1961.

SFA, which brought the nation's No. 2-ranked offense (581.3 yards per game) and No. 1 passing game (395.7) in the FCS into the contest, but was held to 465 total yards, only 120 after halftime and just 41 in the fourth quarter as Northwestern protected a 37-24 lead going into halftime.

SFA threw for 315 yards but NSU intercepted three passes, two by junior cornerback Imoan Claiborne, including one on the game's fifth play that he returned untouched for a 48-yard touchdown.

Ignited by that play, the Demons raced to a 16-0 lead just 3:49 into the game. On the first play after the ensuing kickoff, a high snap in a shotgun formation bounded into the end zone and was recovered for a safety by SFA. After the free kick, the Demons needed just five plays to get the Adkins to Mitchell touchdown toss with 11:11 showing in the first quarter.

Hollier's two touchdowns came in the second quarter as NSU's lead wavered between 13 and 20 points. SFA closed within 37-27 early in the third quarter after an 80-yard drive produced only a 23-yard Jordan Wiggs field goal but the Demons answered with a Chris

Moore 36-yard field goal on their next series, and neither team scored in the final 20:18.

Northwestern held the ball for 21 of the 30 minutes after halftime, running 43 plays to only 23 for the explosive Lumberjacks. SFA had only six first downs in the second half after getting 19 in the first two quarters.

But the NSU defense played more than one half, despite SFA posting 345 yards by halftime. The Purple Swarm stiffened near the goalline, forcing a failed 32-yard field goal into the wind late in the first period, a 22-yard field goal by Wiggs ending a 13-play drive by the Lumberjacks midway through the second quarter, and the 23-yard field goal early in the third period.

"They have a tremendous offense and we set a goal of holding them to 28 points, which was going to be pretty tough," Demons' coach Jay Thomas said.

"It took a combined effort by our defense and our offense. At halftime, coach (defensive coordinator Chris) Boone made some nice adjustments, we changed up some personnel groupings and a couple of coverages, and it paid off. Our offense was productive all day and did a great job grinding the clock away after halftime."

The Demons ran 25 of the game's last 34 plays from scrimmage while holding the Lumberjacks at bay.

"It's a great feeling, to get to six wins, and especially to bring the Chief home to Northwestern," Thomas said, wrapping up his first year as the head coach of the Demons.

"Especially for a great group of seniors, who deserved to end their careers this way ... it's a beautiful way to end it. I wish I could bring them all back. They've been through a lot and they never stopped fighting and doing things right."

Northwestern senior safeties Ryan Sorrell (12 tackles) and Bert White (9) topped the Purple Swarm defense, along with senior linebacker Pat Black, who had 8 stops to finish the season with 112. He entered the day as the leading tackler in the Southland and his closest competition, SFA's senior Ortavious Hypolite, also made 8 tackles and finished with 97.

Senior defensive tackle Lesley Deamer notched only the eighth sack of the year against SFA late in the game near the NSU end zone, pointing at "Chief Caddo" outside that end zone in celebration.

"I don't have the words for what I was feeling then, or now," Deamer, an all-conference pick as a sophomore who has faced double-teams most of the past two seasons, said.

"I have to credit my teammates for being able to make that play and also for making my final game with them one I will always remember."

The Demons set a single-season team offensive record for first downs, posting 27 for a season total of 257, topping the 15-year-old mark set in 14 games by 12. NSU posted 469 total yards, getting 98 yards rushing including a 2-yard TD by junior Garrett Atzenweiler.

NSU Basketball gets revenge for last season defeat against Niagra, 107-100

Brian Cook

Sauce Reporter

Demon basketball got the payback they wanted when they held on to beat Niagara in an inter-sectional college basketball matchup, 107-100. This was a game they desperately needed early in the season, ending their three-game losing streak.

The Demons (3-3) kept the game close throughout the first half while trailing the Purple Eagles (1-9) for the first nine minutes. Freshman Zikiteran Woodley got a pass from sophomore Jalan West, which he put up to tie the score at 20 with 11:56 left in the first half. That burst the Demons into a long scoring frenzy where they lead by as much as 11 points with 8:31 left in the half. West

scored as seconds ticked off to end the first half, going into halftime up 53-46.

The second half was quickly turned around as the Purple Eagles tied the score at 55 four minutes into the half. Purple Eagles managed to take the lead by as much as six in the second half as the game was going back and forth between the two teams. With 8:01 left in the half, the score was tied at 79. That was the last time the Purple Eagles saw light as the Demons took the lead, and never looked back afterwards.

"We changed up some defenses, and when we went back to man-to-man, we did a good job of locking down and taking them out of a rhythm," Head Coach McConathy said.

Senior forward Dequan Hicks posted a season-best 22 points



Photo by Gary Hardamon

Freshman guard Zikiteran Woodley notches a block against a Purple Eagle shooter en route to a 107-100 Demon victory.

with two blocks, and West came right behind him, scoring 20 points while dishing out 10 assists to help lead the Demons to victory.

NSU also picked up 55 bench points, as five players scored double-digit points, including Woodley who had three blocks to go along with his 17 points.

The Demons held Niagara's nation-leading scorer, Antoine Mason, to just 33 points, as he topped his season average but still didn't do enough to lead his team to victory. The Demons were again outrebounded, 41-33, but they managed to

shoot 59 percent from the field compared to the Purple Eagle's 47 percent.

The contest was the first one for the Demons with both teams scoring at least 100 since a 123-101 victory in 1994 over the Texas-Arlington Mavericks. NSU, an NCAA Tournament entry last season, avenged a 92-76 BracketBusters loss last Feb. 23 at Niagara, which played in the NIT last season.

The Demons' next game will be played Saturday against nationally ranked Memphis. Their next home game is Dec. 14, against Louisiana College.

Volleyball falls in Southland Conference Tournament Championship Match, 2-3

Sports Information

Southland Conference tournament All-Tournament team members Ashley Elrod and Keelie Arneson led the Northwestern State volleyball team in a heart-breaking 3-2 (25-19, 25-20, 13-25, 14-25, 12-15) loss to Central Arkansas in the tournament championship match at the Dugan Wellness Center in Corpus Christi, Texas.

Despite the loss, the Lady Demons have posted the best record in program history, collecting a 21-12 overall mark.

The Sugar Bears (29-3) claimed the regular season championship after posting a perfect record in league play. They notch their second conference tournament championship and NCAA tournament appearance in a row, and extend their active win-streak to 22.

"First of all, congratulations to Central Arkansas. They do things the right way and are worthy champions," fourth year co-head coach Hugh Hernesman said.

"There hasn't been a stronger team in this conference in our time here, and I think a strong case can be made that this is the best team the Southland Conference has seen in its history."

"That being said, this is a difficult and bittersweet moment for us. While we would like to recognize, once again, the best season in program history, the bottom line is that we came up short of our goal for the

season," Hernesman continued.

"We were close, and I believe we gave UCA everything they could handle today, but we just weren't able to sustain that success and momentum we were able to generate in the first two sets. We put ourselves in position to win the match in the fifth, but as always in great matches, it comes down to one or two plays. Unfortunately, we came up just a bit short."

Elrod and Stacey DiFrancesco registered double-doubles on the day, knocking down 12 and 10 kills, respectively. Elrod dug up 11 UCA attacks while DiFrancesco notched 17. The duo also slapped down a pair of service aces each.

Setters Emily Johnson and Natalie Jaeger dished out 21 and 20 assists, respectively. Jaeger knocked down three service aces to lead the team, contributing the team's eight overall.

Libero Keelie Arneson recorded her third 34-dig performance of the season en-route to her All-Tournament nomination.

"We're very proud of this group and this season and as time passes, I believe we'll be able to appreciate this historic season a little bit more than we can at the moment," Hernesman said.

"This will fuel us as we head into the offseason and into the 2014 season."

The Lady Demons will lose only one senior next year, Jessica Gutierrez, who was a member of the Hernesmans' first official recruiting class.



Bead Town mosaic enters Guinness Book of World Records

Jarred Roberts
News Editor

Natchitoches has one more thing to be proud of. The now finished bead art project, “Une Rue Principale en Louisiana (A Main Street of Louisiana),” entered the Guinness Book of World Records as the largest beaded mosaic ever recorded. At 384 sq ft. the mosaic is more than double the size of the previous record holder.

The record became official during the Dec. 4 unveiling ceremony, where Natchitoches Mayor Lee Posey spoke on the impact that Bead Town has had on the community. “I feel like it’s another piece of the puzzle that makes Natchitoches special,” Mayor Posey said. The project was proposed in early spring when artist Stephan Wanger brought in a smaller mosaic as an example, but Mayor Posey had not been able to fully wrap his head around the scale of the project until now he said. Guinness official, Mochan, also spoke a few words at the unveiling before she presented Wanger with the award. Only four percent of applicants successfully achieve a world record she said. A volunteer committee raised over \$11,000 just to get a Guinness official to come to Natchitoches.

Wanger has been working in Louisiana since moving to New Orleans from Germany shortly after Hurricane Katrina, and “Une Rue Principale en Louisiana” isn’t his only mosaic. It is just a (large) piece in a collection of over 80 beaded mosaics. Natchitoches was chosen as the inspiration and location of the record setting mosaic in honor of its tradition and as a celebration of its Tricentennial. Art professor Matt DeFord was one of the many volunteers working on the project and freed up the sculpture facility for Wanger to use. “He saw Natchitoches as a good representation of Louisiana people, history and tradition,” DeFord said. Part of these themes of tradition and history are represented in the bits of several hundred million year old fossils that were contributed by Veronica Sturman. The materials were gathered from a fossil site near I-49 and shells form the walkway of the Roque House on the mural. While Wanger did much of the planning and design, this was far from a one-man job. Over 1,500 volunteers of all ages put in work for 4 1/2 months to turn four million beads into the record breaking mosaic. “It teaches incredible team spirit to

accomplish something special together,” Wanger said. The top six volunteers, Veronica Sturman, Mary Smith, Lauren and Devon Mathews and Emma and Sophia Gruesbeck, were Wanger’s “The Fantastic Six,” and are in the mural holding six Northwestern State flags. The six flags symbolize the 300 years of Natchitoches history and a successful 300 years ahead. A documentary profiling Wanger’s works and life was shown at the unveiling. “Une Rue Principale en Louisiana” will be open to the public in Hanchey gallery until late December. Then it will move to different cities around the country as part of a larger exhibit ending in Chicago. Bead Town was sponsored by the Cane River National Heritage Area and hosted by Northwestern State University’s School of Creative and Performing Arts with support from several local civic, community and economic development groups, businesses and individuals. Wanger also initiated the Natchitoches Legacy Art Project, an interest-bearing trust fund established to benefit future students. The trust will be established through the sale of 300 prints of the Natchitoches mural. Information on Wanger’s work is available at galeriaalegria.com.



Stephan Wanger (above) speaks to the crowd during the unveiling ceremony of the world’s largest beaded mosaic (left), “Une Rue Principale en Louisiana (A Main Street of Louisiana).”

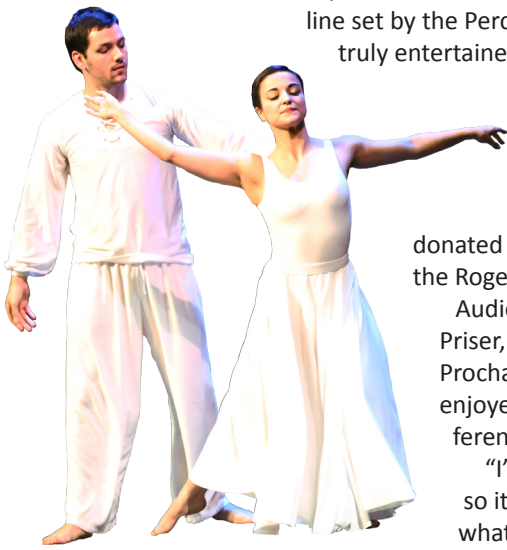
Photos by Kara Scouten

Gala continues the Christmas tradition in style

25th annual performance brings new acts to the scene as well as reviving a few classic pieces



The 25 annual Gala took place from Dec.4-6 and featured the return of classic Gala performances, Short Circuit, while introducing new pieces such as “Ask the Children” and numbers from the “Nutcracker Suite”



Photos by Tray Coopoe

Olivia Martzel
Staff Writer

Musical melodies, high kicks, and the sound of jingle bells filled the air at this season’s performances of Gala, an annual Christmas tradition in Natchitoches. Similar to the previous 24 years’ shows, this year’s Gala was magical and filled with Christmas spirit. Being the 25th anniversary of Gala, the show was slightly altered from the norm, but maintained its reign as being one of the most entertaining shows. A.A. Fredricks Auditorium was packed each night of Gala with close to sold out shows as the audience crowded the floor and the balcony seats. With brand new skits like “Ask the Children”, where children are asked about their favorite acts in Gala, and old favorites like “Short Circuit,” which featured a glow-in-the-dark drum line set by the Percussion Ensemble, Gala truly entertained and pleased the crowd. Another Gala additions was a new number from the “Nutcracker Suite,” which was enhanced by a digital organ donated to the performances by the Rogers Organ Company. Audience members Desiree Priser, Junior, and Meredith Prochaska, Sophomore, both enjoyed this year’s Gala for different reasons. “I’d never seen Gala before so it was really exciting to see what the hype was about,”

Prochaska said. Of course, by the end of the show she knew what skit was her favorite. “Ava Maria was such a beautiful dance. The level of talent in NSU students truly amazed me,” Prochaska added. Priser had a different skit that interested her the most and was equally entertaining. “I really enjoyed the Short Circuit and Rockette performances,” Priser said. With such stimulating performances, it’s hard not to enjoy all the talent presented in Gala by various concentrations in the Creative and Performing Arts Department. “Everyone worked really hard on their routines,” Priser said. “They did a great job; their hard work shone through their performance!” Despite the changes in skits in Gala this year, the audience was still on the edge of their chair, eager to see what the rest of the show held. “I loved how they had familiar bits and new additions as well,” Priser said. With Gala now over, actors, singers and dancers involved have a chance to “relax” and put their mind to their studies for finals. Junior Courtney Wilson, who performed in the Chamber Choir in Gala, is ready to hit the books. “It’s hard being a student when Gala falls the week before exams,” Wilson said. “However, studying definitely gets done in between breaks in Gala and after the show is finished.” Even though Gala week is tense, the actors involved still love being able to bring magic to Natchitoches. “It’s like an hour long sleigh ride,” Tyler Price, Junior, said. “Everyone is so jolly!”

ROTC cadets awarded for semester achievements

Emily Fontenot
Staff Writer

The ROTC award’s ceremony was held Friday in the BCM. Cadets were recognized for their achievements this semester and challenged to improve in the future. “It sets an example for others to follow,” operations officer and ceremony director Mark Bolton said. A number of cadets were awarded for excelling or improving in certain areas of discipline including GPA, physical fitness, and commendable service. “It’s about the motivation and determination to meet and exceed standards,” said retired first sergeant Edward Kelly, who now works as a civilian contractor for the ROTC. The ceremony was organized by Bolton, Kelly, and the cadets. Student battalion commander senior Johnathan Cojocar and senior Timothy Chung conducted the ceremony following a brief motivational speech by Bolton.

Bolton challenged the students to improve as leaders and continue striving to become better soldiers and better men and women. He also recognized the honored guests in attendance: the Department Head for Science and Technology Dr. Temple, assistant operations officer Kelly, alumni and retired major Richard Hooter and National Guard recruiting officer Tim Connelly. Cadets then walked to the stage where Bolton handed them their award. “It went pretty well,” Freshman cadet and Commendation medal recipient Joshua Perkins said. “It was well-planned, and it was a pretty good feeling getting an award for all our hard work.” The purpose of the ROTC is ultimately to cultivate military leadership, communication, and teamwork, in addition to enforcing and instilling in each cadet the army’s core values: loyalty, duty, respect, selfless service, honor, integrity, and personal courage Bolton said. “We’re able to pass our words of wisdom to them, because they’re the future of the army,”

Bolton said. Each cadet is trained to excel at the Leadership Development Assessment Course (LDAC) which they attend during the summer of their junior year. They are then evaluated based on the results of their physical fitness tests, land navigation assessments and peer evaluations. Their results determine to what branch they are assigned. Cojocar and a group of cadets went to Fort Louis, Washington this past summer to participate in LDAC. Cojocar did remarkably well, earning the title of senior battalion commander. After graduating from the ROTC, cadets are commissioned by the federal government as second lieutenants and placed as supervisors over groups of 30-35 soldiers. They can be called to combat in as little as three months after they are commissioned. They then move on to advanced training in their specific field. “It has been absolutely amazing,” Cojocar. “After this I plan to put in about 20-25 years and become a full-bird colonel.”

SGA update

Victoria Novitsky
SGA Member

The Student Government Association (SGA) is one of Northwestern’s two governing bodies on campus. SGA holds meetings every Wednesday at 3:30 p.m. in the President’s Room of the Student Union all students are encouraged to attend and share their concerns with SGA senators; however, today’s meeting will be held in room 321 of the Student Union. Students may also drop by room 100 of the Student Union to meet senators or get free scantrons. SGA senators passed four pieces of legislation during the final meeting of the semester last week. SGA senators approved the funding to send SGA President Kyla Winey, to Washington, D.C., the establishment of Senator Appointment deadlines, the realigning of committee duties pertaining to scantrons, and the procedure that will be followed when senators fail to report office hours. SGA’s first meeting for the Spring semester will be held January 15, 2014.



Photo by Summer Evers

(left to right) Frida Monjardin, Jennifer Pulsifer, C.J. Jarobe, and Mikayla Tudor wear tacky, spirited Christmas sweaters. Ugly holiday sweaters have become increasingly popular in previous years despite being formerly despised by many consumers.

‘Tis the season to wear ugly Christmas sweaters

Remember those ugly Christmas sweaters we were forced to wear as kids and absolutely hated? Those ugly Christmas sweaters are now a holiday tradition many young adults enjoy wearing.

Christmas sweaters were worn as early as the 1980s but they recently became popular again. “Ugly Christmas sweater parties” now fill the holiday season.

The Washington Post spotlighted three men, Brian Miller, Adam Paulson and Kevin Woolm, who wrote a book on how to throw an ugly Christmas sweater party called “Ugly Christmas Sweater Party Book: The Definitive Guide to Getting Your Ugly On.”

The authors of “Ugly Christmas Sweater Party Book” run the website uglychristmassweaterparty.com. It has a vast selection of ugly Christmas sweaters to choose from where you can buy most sweaters for under \$30 and a more expensive sweaters for \$65.

If you don’t want to spend that much on a Christmas sweater, then check out stores like Goodwill and Wal-Mart. Freshman Mikayla Tudor excitedly purchased an ugly Christmas sweater from Goodwill.

“My friends and I couldn’t wait to go to Goodwill and look for ugly Christ-

mas sweaters,” Tudor said. “I’m pretty sure we started looking for sweaters in October.”

Once embarrassing and unfashionable, the ugly Christmas sweater is making a comeback in events throughout the holiday season. Young adults aren’t the only ones who celebrate the ugly Christmas sweater tradition.

On his talk show, Jimmy Fallon plays an annual Christmas special called “The 12 Days of Christmas Sweaters.” During this segment, Fallon gives away a Christmas sweater to an audience member.

The design for Christmas sweaters has changed a lot in the last decade. Every year, designers find a way to create even tackier sweaters. But no matter how tacky the sweater become, this tradition is an undeniable part of the holiday season.

The idea of wearing or even owning an ugly Christmas sweater used to be scorned by most, but now they’ve turned into something many people love.

This tradition has manifested into the annual holiday “Ugly Christmas Sweater Day” on Dec. 20. Be sure to buy the ugliest Christmas sweater you can find to



Regine Lyons
Fashion Columnist



Photo by Summer Evers

This Psi Iota Christmas sweater is one example of how students can affordably make their own holiday themed clothes instead of shopping at more expensive in-store and online retailers.

Ho-Ho Holiday drag off

Lambda promotes AIDS awareness through fun, informative events

Olivia Doucet
Sauce Reporter

Drag queens transformed the ballroom stage into a catwalk during Lambda’s Ho-Ho-Holiday drag show. The event was part of NSU’s LGBTQ-Straight alliance’s campaign to promote STD awareness after World AIDS Day on Dec. 1.

On Thursday, Dec. 5 Lambda, commemorated the event by holding an informational in the Union and handed out red ribbons, information and contraceptives.

“Giving people contraception is the best way to prevent the spread of HIV and AIDS,” PR committee member Katelynn Doucet said.

Events commemorating World AIDS day seek to promote an understanding of the disease and remove the stigma surrounding it.

“It’s no longer a death sentence,” performer and Lambda president Larry Nelson said.

During the night of Dec. 5, the “Ho-Ho-Holiday Drag Show” featured lively performances by NSU’s own drag queens: Chanell La’Sha, Evangeline Made and Ashlynn Slaughter. Each lady dressed in their own unique style and performed engaging lip syncs leaving the audiences cheering for more.

Between acts, the show also held games to involve the audience. Musical chairs, a twerk-off and the drag-in-a-bag competition engaged attendees throughout the evening.

During drag-in-a-bag, volunteers were randomly selected to receive a bag with make-up, costumes, wigs and a song. Four audience members, dressed in amateur drag, performed their best impromptu lip sync.

All performances were well received by the audience, but La’Terian Stephens won first place and received the crown.

The drag show also hosted guest performer Edward Dancing Doll Helen who enthralled audiences with his high kicks and twirling flags.

Lambda’s Ho-Ho-Holidays drag show proved entertaining for the audience while also putting an approachable spin on a very serious issue.

They succeeded in handing information and tons contraception during their informational and at the show.

Lambda also collected canned food at the door donated to local church Trinity Episcopal. This was part of their effort to unite with the Natchitoches community to make a difference, especially during the holiday season.

Meetings are held every first and third Monday of the month at 5:30 p.m. in room 315 of the Student Union. Stop by if you are interested in-group discussions and being a part of planning creative ways to support important issues such as AIDS awareness.



NSU’s own drag queens (left to right) Ashlynn Slaughter, Evangeline Made and Chanell La’sha performed at the show hosted by LGBTQ-straight alliance Lambda.



Senior Jake Revolt, Evageline Made, lip syncs for the audience at the Dec. 5 event.



Photos by Olivia Doucet
Lambda president Larry Nelson, stage name Chanell La’sha, performs. As RSO president, Nelson was involved in the coordination of the events on Dec. 5.

SGA holds late night study in Union

Summer Evers
Staff Writer

Students have the opportunity to study into the night for finals using campus resources. SGA will be continuing their second annual late night study hall on Wednesday, Dec. 11 and Thursday, Dec. 12 in the Student Union from 10 p.m. til 2 a.m.

SGA held the first Late Night Study Hall last fall. The organization invites the student body to enjoy nights of studying, games, movies, and relaxation in preparation for the finals.

The Academic Affairs Committee of SGA is in charge of coordinating this event. The committee chairwoman is sophomore Caitlyn Douglass.

“Students will enter the student union and disperse according to what activ-

ity they would like to participate in,” Douglass said. “Whether they visit the tutoring center for questions or they kick back and relax by watching their favorite childhood movies or playing their favorite childhood games, this event helps students feel at ease before finals week.”

Junior LaMario Fortson, also on the Academic Affairs Committee, thinks the study hall is a good idea and hopes to have the same turnout as last year.

Junior Ivory BreeLand attended the late night study hall for the first time last year and is making it a priority to attend.

“My first time attending the study hall I got a lot accomplished there than I would have if I stayed home,” BreeLand said. “I think everyone should go because it’s truly a really great opportunity to let go of steam and stress by just relaxing while also getting work done.”

Hanchey hosts local artist

Emily Carter
Staff Writer

The work of local artist Mary Louise Porter is currently being showcased in Hanchey art gallery. She teaches Fine Arts Survey for Louisiana Virtual School and is the Louisiana Roster Artist. Her work is in several galleries and private collections.

Porter received her bachelor’s and master’s fine art degrees from LSU, teaches Fine Arts Survey for Louisiana Virtual School and is currently the Louisiana Roster Artist.

She is a contemporary landscape artist whose paintings showcase her travels and experiences being raised in the South.

“Color is energy. It affects people. There is a lot of thought that gets put into color,” Porter said.

This is reflected in her use of bold colors and the manipulation of light, texture and patterns.

“It’s fitting that she has a lifelong adoration of ‘The Wizard of Oz,’ the story of a young girl who opens a door and finds her new world awash in brilliant hues,” Natchitoches Times writer Natasha S. Johnson said. “For Porter, a freshly colored world is worth recreating (and embellishing) on canvas.”

Attendees at the opening reception immediately observed Porter’s use of color.

“The colors remind me of the beauty of nature, and it makes me appreciate things so much more,” sophomore and Scholars’ student Paige Anderson said.



This piece was featured in Mary L. Porter’s show.

For more information, you can visit the artist’s website at www.marylouisiana.com or email her at mlporter@marylouisiana.com. The show runs from Thursday, Dec. 5 through Friday, Dec. 20, during regular hours.

FINALS BY THE FIVES

5 TOP WAYS TO PROCRASTINATE

5 TOP SHOWS TO PROCRASTINATE TO

5 TOP COMFORT FOODS

5 TOP BANDS TO STUDY TO

5 TOP PLACES TO STUDY

1) Netflix	94*	47%**	1) Breaking Bad	60	30%	1) Chocolate	99	49.5%	1) Macklemore	106	53%	1) Dorm/Apartment	122	61%
2) Facebook	39	19.5%	2) South Park	55	27.5%	2) Pizza Rolls	43	21.5%	2) Miley Cyrus	43	21.5%	2) Hallway outside of		
3) Sleeping	35	17.5%	3) Teen Mom	34	17%	3) Coffee	33	16.5%	3) The Beatles	29	14.5%	their classrooms	42	21%
4) Working Out	19	9.5%	4) The Walking Dead	26	13%	4) Ice Cream	22	11%	4) One Direction	11	5.5%	3) Vic's/The Grill	21	10.5%
5) Drinking/Partying	13	6.5%	5) Adventure Time	25	12.5%	5) Salad	3	1.5%	5) Taylor Swift	11	5.5%	4) Library	9	4.5%

*Number of students who responded with that answer **Percentage of students who responded with that answer

Survey results collected by Staff Writer Emily Carter from 200 students in the Union.



Remembering Nelson Mandela

Victoria Stringfellow
Student Opinion

As college students, sometimes it can be hard to stay up-to-date with current events and news, especially world news. We are not used to relying on our own will to read newspapers, news websites, or watch the news on the television. Our constant struggle of staying out of the loop is a serious hindrance on our knowledge of what’s going on around us.

A recent example that really made me realize this was the death of Nelson Mandela. Celebrities were confusing him for Martin Luther King, Jr. on Twitter, one of the most popular social media sources today, and countless people had no idea who he was or what impact he had on South Africa.

It almost seems that unless it floods social media or directly affects our everyday lives, this type of news gets skimmed over.

I am certainly guilty of purposefully staying out of current events because I do not feel like I would understand it or that it really affects me, but I am also the first one to admit that it is not okay.

Nelson Mandela’s life and accomplishments were truly important, even if they did not directly affect our immediate surroundings.

He was awarded the Nobel Peace Prize for a reason. His legacy will live on and the story of his life, accomplishments, and the impact he made on South Africa will never go away.

Although there are people who do not agree that he was as great and deserving as he seemed, that is the most interesting, as well as frustrating, part of our generation.

If we are better informed on what is happening in the world around us we can form our own opinions and have intelligent conversations with our peers. Different opinions on subjects are what make interactions interesting and help us better understand what exactly is going on by challenging what we already know.

All it takes is for us to make the effort to get informed. No, we may not have a newspaper delivered to our doorstep every morning, but every single person on this campus has access to the most convenient database of news from all over the world – the internet. All it takes is a few minutes and the desire to know more about our world.

There’s a difference between existing and living, in my opinion. Living is a working process and takes effort. Why wouldn’t we want to know as much as we can about the world we are trying to enter as self-sufficient adults and truly live in it?



AP Photo/Gabriel Pecot

A woman holds a candle and a program showing former South African President Nelson Mandela during a memorial service held to honor Mandela in Madrid, Spain, Tuesday, Dec. 10, 2013. World leaders, celebrities, and citizens gathered on in South Africa to pay respects during a memorial service for the former president and anti-apartheid icon who died on Dec. 5, 2013.

THE CURRENT SAUCE STAFF

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Are ‘study drugs’ adderall, concerta necessary to pass?

Chloe Williamson
Student Opinion

Let’s be completely honest here. Any student who tells you that they don’t resort to cramming for at least one of their final exams is a liar. While the idea of a student who actually studies for every single one of their exams in a timely and efficient matter is nice, it is also completely naïve. Most students find it incredibly difficult to manage their time amongst all of their classes and this often leads to extremely late nights.

There is definitely something to be said about all-nighters. Everyone has pulled them, and if you never have, you probably aren’t as dedicated to your schoolwork as you should be. There is nothing quite like the sinking feeling you get when you realize that it’s 2:38 in the morning and you still can’t make any sense of your textbook. Or that you’ve only written the introduction to your 8 page paper. Seriously, it happens to the best of us.

While coffee and energy drinks are staples in the all-nighter world, they eventually become mere child’s play to an alternative option— prescription ADHD medication. Whether it’s adderall, vyvanse, concerta or so on, these pills (which are, not so surprisingly, mostly taken by people who aren’t diagnosed) become a beacon of hope for students desperate to do well on their assignments.

Adderall is to stressed out students as steroids are to athletes. It provides them with the boost they need in order to sustain their progress and achieve their goal. You mean to tell me that by taking this pill, I’ll be able to stay up all night and focus my work? Um. Sign me up.

Taking adderall also has its economic benefits. A standard energy drink costs roughly around \$3-\$5. This means that by purchasing an energy drink, the consumer has essentially paid \$5 for about three hours of adequate energy followed by a crash and a slight headache.

Similarly, a standard 20 milligram adderall costs roughly \$3-\$5. The difference, however, is that a by purchasing the adderall, the consumer has paid \$5 for about six hours of energy followed by a crash. Double the energy for the same low price. Students who resort to abusing prescription pills might not be the most responsible, but they are undeniably smart shoppers.

I honestly find the controversy of college students abusing ADHD medication to be blown out of proportion. Yes, it is an irresponsible and potentially dangerous choice to abuse prescription medication, but the vast majority of college students who abuse adderall do so in order to benefit themselves through their schoolwork. Ultimately, a student who doesn’t care wouldn’t have any use for these medications. And of course, there are consequences associated with excessive consumption of these medications, but the same can be said about most over-the-counter drugs.

I will be the first to admit that I oftentimes take advantage of the benefits of adderall, especially during finals. I’m not trying to advocate drug abuse, I just believe that if taken with proper precautions, ADHD medication typically produces positive results. Sure, my attitude concerning drug abuse might not be something to brag about, but my GPA is.

That being said, if anyone still harbors negative feelings towards abusing ADHD medication, I feel compelled to propose the question— if the student body never took advantage of adderall, how would NSU test scores look?

Awareness, action key tools in preventing young suicide

American Press
Associated Press

The statistic is jarring, troubling. Last year, Calcasieu Parish ranked fourth in the state of Louisiana in the number of suicides per 100,000.

That’s not a surprise to counselors like Katie Blum, who works with teens and families at the Family and Youth Counseling Agency.

The elderly have the highest rate of suicide, but suicide is the third leading cause of death among people ages 15-24.

Blum says that although each individual is different, there are normally tell-tale signs that indicate a young person is contemplating suicide.

“Being depressed is not enough,” she said, “but when somebody is severely depressed, that’s normally the first warning sign to get them some help.”

That can be manifested in a person abandoning those things that normally interested him or her, a dramatic drop in grades, not seeing their friends as much or sleeping much more or less.

“It’s usually a huge shift. Some people will start giving their stuff away. Or some of them appear to be much better and they are happy and they finally got through it. For some teens and people the final decision to kill themselves and move forward with it gives them some relief,” said Blum.

For some teens, Blum said, suicide is less about death and more about shutting off their problems and not dealing with them.

“Everyone goes through that at some point in their life,” she said. “It’s possible when they speak of suicide it’s more along those lines, but there’s a severity to it.”

We need writers!

Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 5:30 p.m. We hope to hear from you!

NS‘U’ VOICE

What’s your number one study tip for finals?



“Eat junk food and go in the library to study. Leave all your distractions at home and focus on your work.”

Dana Methvin
SOPHOMORE



“Do not procrastinate! Only pull, at the most, two all-nighters because sleep is key.”

Dana Bergeron
JUNIOR



“Be consistent with studying. Cut out all the distractions, like turning off your cell phone, and be confident when taking the test.”

Kyah Johnson
FRESHMAN



“Do not wait until the last minute. Start studying as soon as you get the information.”

Ernest Miller
SENIOR



“Study certain material every night. Cramming and doing all-nighters does not work.”

Kimberly Hardenman
JUNIOR



“Study a little bit of each subject every day, and don’t wait. Also, get eight full hours of sleep.”

Qyxiaan Elliott
SOPHOMORE



“The key to studying is to actually study. When we say we are going to study, most times we just read information and don’t actually take in what is being said. Have fun with it! Make a song to help you learn the material.”

Adriane Lemoine
SENIOR

All photos taken by Travan Cooper.

Demons can't match Memphis, 76-96

Brian Cook
Sauce Reporter

Stats didn't mean a thing as the Demons (3-4) suffered a 20-point loss Saturday afternoon in the FedEx Forum as No.16 ranked Memphis (6-1) maintained a large, early lead to win 96-76.

Six Demons scored in double digits, led by sophomore guard Jalan West, who scored 15 while dishing out nine rebounds.

West went 4 for 11 from the field and 1 of 5 from behind the three-point arc in 29 minutes on the floor. He also shot 6 of 8 from the free throw line. He currently averages 17.6 points per game and set his new personal season-high with five blocks against Memphis.

The Tigers never looked back as they took their early lead, leading by ten just eight minutes into the first half.

With sloppy playing from the Demons, they could never come close to tying the Tigers' score.

Memphis managed to lead by as much as 20 with 3:17 left in the first half. West missed a late 3-pointer as the Demons went into halftime down by 27, 56-29.

"We kept taking the ball to the bucket, where we didn't get fouled and didn't make shots. We stood around waiting for a call and they ran out, ran out, ran out," Demons' head coach Mike McConathy said.

The Demons struggled offensively in the first half, hitting slightly under 30 percent from the field and missing all but one of their 10 shots from 3-point range.

NSU sank 52 percent of its shots after halftime, and made 11 of 13 free throws, but that didn't seem to make a difference, as they still couldn't quite tighten the score.

"We didn't quit, and we very well could have laid down when it got to be 29 and 30 (point leads)," he said.

"We continued to fight and do it. We have to figure out how to get something out of these games, and that's what we did."

The Tigers led by as much as 30 points,



Photo by Gary Hardamon

NSU players Matt Killan (13) and Sabri Thompson (21) stand in the face of a shooter as the Demons come up short against national #15/16 Memphis Tigers, 96-76.

with 6:26 left in the second half, but the Demons continued to play and fight hard.

West led the team while forward DeQuan Hicks came behind him with 13 points and four steals, then Patrick Robinson with his 12 points.

Hicks shot 6 of 16 from the field in 25 minutes of play

time while Robinson shot 6 of 9 in his 23 total minutes on the court.

NSU played without senior guard Gary Stewart, who won't return to play until early January due to arthroscopic knee surgery.

Stewart was integral to the Demons' big win over the

Auburn Tigers of the SEC and has been a big loss to the team, which has gone 1-4 since his injury has kept him off the court.

The Demons will visit Louisiana Tech Wednesday night, December 11, and play their only home game of the month against Louisiana College on Saturday, December 14.



Photo by Gary Hardamon

A swarm of Lady Demons try to keep their defense strong in their 53-74 loss against Arkansas.

Womens' basketball falls to Arkansas Razorbacks, 53-74

Sports Information

Free throw shooting woes contributed to a Northwestern State women's basketball team 74-53 loss at the hand of Arkansas Friday night at Bud Walton Arena in non-conference action.

NSU (4-3) was only 14-of-24 (58-percent) from the charity stripe. Arkansas (10-0), who received votes for the USA Today Top 25 Coaches Poll, outrebounded NSU 38-25 and scored 21 points on the Lady Demons' 14 turnovers.

UA forces their opponents into an average of 22 turnovers a game.

"One of our goals is to make more free throws than our opponents attempt, and we did that tonight," Lady Demons co-head coach Brooke Stoehr said.

"Going into the game we felt like we could get to the line, and it's just baffling that we would shoot 58-percent. That's just concentration and mental focus, and we'll address that and go back to the drawing board."

Northwestern State was 37.8-percent (17-45) from the field and 29.4-percent from behind the arc. Arkansas was 27-of-59 from the floor and 10-of-24 from behind the 3-point line.

Trudy Armstead led all scorers with 21 points on the night.

Armstead shot 6 of 11 from the field for a total .545 shooting per-

centage in 36 minutes on the court, her most playtime of any game so far this season.

She got one block, one steal, and four rebounds in the game and went 8 of 12, .667 percentage, from the free throw line.

"[Armstead] got the foul line 12 times, and if she can get to the foul line 12 times during conference play she could be very, very difficult to guard," Stoehr said.

Keisha Lee also scored in double-figures with 13 points. She only made 3 of 11 from the field for a .273 shooting percentage in her 29 minutes on the floor.

This dropoff from Lee certainly didn't aid the Demons, as in their last big win against the Houston Cougars, Lee came up huge, turning in her best career performance. She shot .526 from the field and sank 4 of 7 from behind the 3-point line in that game and finished with a total 28 points.

Jessica Jackson scored 16 points to lead Arkansas in scoring. Jhasmin Bowen finished the night with a double-double of 15 points and 12 rebounds.

Keira Peak (11), Callie Berna (11) and McKenzie Adams (10) all scored in double-figures as well.

Kourtney Pennywell, Chelsea Rogers and Janelle Perez all tied for the Lady Demon lead in with five rebounds each.

NSU, who trailed by 11 at the

break, came as close as eight with 16:50 to play and nine with 13:58 to play. After Beatrice Attura scored a layup with 13:58 to pull the score to 43-34, UA put together a 23-6 run that started with a Berna 3-pointer at 12:50 to play left in the game.

"We had a stretch where we gave up a few offensive boards, and we were neck-and-neck with them in rebounding and felt like we were in the game because of it," Stoehr said.

"We just have to do a better job with those stretches. They're a good shooting team and they score very well."

The 53 points that NSU scored was tied for the most points UA had allowed had allowed all season; Kansas scored 53 on Wednesday.

"I think we got better today. We started the second half and got four straight stops at the half. We made some adjustments at the half and the players responded well," Stoehr said.

"We had a number of players that gave us good minutes. My biggest concern is the free throw line, and that is pretty important getting into conference play."

The Lady Demons will play for their 700th program win on Wednesday at Louisiana Tech. That game is a doubleheader with the men's team and begins with the women's game at 6 p.m.

Coach McConathy, men's team using early season in fall semester to gear up for tougher competition in Southland Conference play in upcoming semester

Morgan Thorpe
Sauce Reporter

So far, the Northwestern State Demon Basketball team (3-4) hasn't started the season as well as hoped. Head Coach Mike McConathy says that despite the rocky start to the season that saw a big win over SEC foe Auburn (4-3) but a disappointing loss to UL-Monroe (3-1), the Demons have made progress in getting ready for the Southland Conference play that begins January 2nd, 2014.

Coach McConathy says that the team is getting ready for the difficult conference line up. NSU opens conference play with the Sam Houston State Bearkats (7-3), which Coach McConathy admits is a very talented team. He is ready to see how his team is improving.

Coach McConathy says that the Demons this year "can really run the ball offensively better than any other team" he has coached.

A factor that may keep the players from doing their best is the injury of NSU senior Gary Stewart. Stewart scored 23 of the Demons' 111 total points scored against Auburn.

However, the very next game, the next night against the LSU Tigers (5-2), he injured his knee and was speculated to be out potentially for the rest of the season.

Now, Stewart has had successful surgery, but will be out until the first conference meeting with Sam Houston on January 2nd.

Coach McConathy says that it's always hard to lose a senior like Stewart who has a great shot and is a great overall team member.

The Demons meet the Louisiana Tech Bulldogs (7-2) on Wednesday, December 11. Coach McConathy says that the team is ready for the matchup. He says that Tech has great shooters and will be a good challenge



Photo by Gary Hardamon

Demons' head coach Mike McConathy coaches the Demon basketball team from the sidelines in a home game. Coach McConathy led the Demons to a Southland Conference Tournament victory and an NCAA tournament berth last year with a 23-9 overall record.

for the Demon's defense.

The Demons then play Louisiana College (3-1) on Saturday, December 14, and then Baylor (8-1) the next week. McConathy says that these next few games are what the team needs to get ready for Southland Conference regular season play.

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Taylor Layman crowned 56th Lady of the Bracelet

Emily Frame
Staff Editor

Taylor Layman was crowned the 56th Miss Northwestern Lady of the Bracelet Friday Jan. 17 and will receive more than \$8,000 in scholarships and prizes as well as represent Northwestern State in the 2014 Miss Louisiana Pageant this summer in Monroe.

“There are so many people that helped shape me into who I am today, and my heart is full of appreciation for all you’ve done for me. I’m more than excited to see what God has in store for me this year. I am so blessed to be the 2014 Miss Northwest-

ern Lady of the Bracelet!” Layman said.

From St. Gabriel, Layman is a junior liberal arts major with a minor in communications in the Louisiana Scholars’ College. She is an executive member of Phi Mu Fraternity and is captain of the Purple Pizazz Pom Pon Line.

Layman was also a freshman orientation leader and a member of the 2014 Homecoming Honor Court. A member of Alpha Lambda Delta, the Student Alumni Association, Demon Volunteers in Progress and the Fellowship of Christian Athletes, Layman is the daughter of Brian and Lori Layman.

Miss Louisiana 2013, Jaden Leach, led the pageant as Mistress of Ceremonies.

Contestants participated in swimsuit, talent, evening gown and on-stage question competitions.

The swimsuit competition was worth 15 percent of the overall score. Evening wear and the on-stage question were worth 20 percent and the talent competition was worth 35 percent.

Entertainment was provided by singer-songwriter Rachel Brown, the NSU Tap Ensemble, Leach, Make Your Own Theatre, the NSU Jazz Orchestra and NSU’s A Capella Group.

Breanna Collier, Miss Northwestern Lady of the Bracelet 2013, performed “Moving the Line” by SMASH (continued on life)



Photo by NSU photolab

Taylor Layman won the 56th Lady of the Bracelet pageant.



Photo by Tray Cooper

Students can go to the health services building on campus for vaccinations against this years strain of flu, a return of 2009’s H1N1.

H1N1 strain returns for new flu season

Olivia Martzell
Staff Reporter

It’s the second week of the spring semester at Northwestern State University and you can’t hear your professors. You hear sneezing, coughing, and sniffling.

It may be the start of a new semester, but it’s also the start of Flu Season, and NSU is being hit hard.

The flu, formally known as Influenza, is a virus with symptoms like sore throat, runny noses and a cough.

From October to March, the virus has an outbreak and becomes widespread. The six month outbreak is known as flu Season and Louisiana is reporting high activity for the illness.

The Health Services Department at NSU offers testing to determine if students have the flu. Director of Health Services, Stephanie Campbell, spoke with the Current Sauce on how to stay healthy this season.

“Flu season activity peaks in January and February, so Health Services is encouraging all students to come get a flu shot which is free of charge with student insurance,” Campbell said.

Before skipping class to head to Health Services, students must display common symptoms of the Flu.

“A fever over 100 degrees is a sure sign a patient has the flu. Other symptoms include body aches, coughing, sore throats, and fatigue,” said Campbell.

When getting tested for the Flu, Health Services sends a patient’s samples to the Center for Disease Control, who then tests and analyzes all samples.

“The CDC monitors the flu and flu-like illnesses. NSU works with the CDC weekly to monitor the different strains of the flu,” Campbell said.

The CDC is reporting Louisiana as having a widespread outbreak of the flu. In Natchitoches, the Louisiana Department of Health and Hospitals shows the spread of the Flu and flu-like illnesses are very high with over 600 specimens testing as positive for the virus.

“The flu is contagious! Most patients are unaware that the virus can spread through physical contact as well as speaking with another person,” Campbell said.

“At the onset of symptoms, students should visit the doctor and get checked.”

Because the flu is a virus, there is no medicine that can stop the illness, but there are medicines to decrease the severity.

“Tamiflu reduces the duration of the Flu, but it must be taken within the first 2 days after noticing symptoms,” said Campbell. The CDC reports that much of the United States is experiencing widespread Flu activity with the most common strain in patients showing to be H1N1.

H1N1, a very common strain, was also the same strain that caused a global pandemic in 2009 and dubbed ‘swine flu’.

In the 2013-2014 Flu season, forty-four H1N1 deaths have been reported, but the severity of the strain is not as serious as was in 2009.

The best way to prevent students from catching the Flu is to receive a flu vaccination, a shot students can receive from Health Services or other drugstores, like Walgreens or Rite Aid.

“Health Services is open Monday through Thursday from 7:30 A.M. to 4:00 P.M. and 7:30- 12 P.M. on Friday. We are a walk-in clinic and an appointment takes about thirty minutes,” Campbell said.

For more information, visit <http://health-services.nsula.edu/> or call (318)-357-5351.

Scholars’ professor Jay Means passes, students, faculty celebrate his impact



Submitted photo

Dr. James “Jay” Means passed away January 11 after a short battle with cancer. Having spent 22 years at NSU and just retiring last semester, Dr. Means had a profound affect on students and faculty with his kindness, wit and stories.

Emily Carter
Staff Writer

Dr. James “Jay” Means was born in Little Rock, Arkansas on July 30, 1943 and passed away January 11, 2014 after a brief battle with cancer.

He has been a professor at NSU since 1991. His 22 years at Northwestern will be remembered due to his intelligence, wit, and tendency to derail class with outrageous life stories.

He received his Undergraduate degree in English from Hendrix College in 1965. His Masters of Philosophy in English came from The University of London, where he was a Marshall Scholar to Great Britain from 1965-1968. His Ph. D. in English came from The University of Virginia in 1972.

He was awarded many honors, such as a National Merit Scholar from 1961-1965, a Danforth Teaching Fellowship from 1968-1972, and a recipient of a grant by the American Council of Learned Societies to study the manuscript diary of Thomas Warton the Younger in 1976.

He was well-known for his work on The Grave by Robert Blair, with several publications on it.

Dr. Means taught various undergraduate and graduate courses in English, including Oscar Wilde, T.S. Elliot, and Democratic Vistas.

Many people will be affected by this loss, particularly the many stu-

dents he taught over the years. One student, Kristen Hadley, a senior in the Louisiana Scholars’ College, said she will remember, “His very unique perspectives on works of literature and his stories.”

She is also considering dedicating her thesis, a novel regarding The Great Gatsby, to Dr. Means.

Katie Acosta, a junior in LSC, said of Dr. Means, “He always said that the most important thing he could teach us was to find our true selves and to live life doing what we love. He taught us that reading, travel, delicious food, and good wine was the recipe for happiness and to always laugh.”

He had such a great impact on his past students that when some found out about his cancer diagnosis they contacted him to see if their professional knowledge could help him in any way.

“I am actually getting professional emails from several of my former students who are now physicians, giving me advice and their phone number so I can “call them at any time.” You think that isn’t moving,” Dr. Means was remembered saying.

Students are not the only ones who will miss him. Professors also enjoyed Dr. Means’ company. Dr. Rick Jenson was one of Dr. Means’ close friends. They met in the fall of 1995 at a faculty meeting when Dr. Jenson first joined the staff.

They became extremely close friends, so much so that Dr. Means would be a guest on the five trips

SAB starts year with elections

Damian Glover
Staff Writer

The Student Government Association and the Student Activities Board have big plans not only for the spring semester but the new year.

SAB is holding elections for their executive board today. The candidates for president are, Alayni Guidry, who is running for her second term, and Cody Whitaker, who is currently serving as the secretary.

Running for vice president is, Judy Franzen, current treasurer, Breanna Collier, committee head chairperson and Damian Glover, special events coordinator.

These individuals will be given, three minutes for a speech where they state the reasons why they are running for the position and what they will do during their term. Following the speech will be three minutes for question from the fellow board members as well as members of the student body. Concluding the questioning will be a discussion amongst the board members as well as student body members about the candidates and how they feel they would be an asset to the board.

Yonna Pasch, director of student activities and organizations and advisor for SAB feels that the current election process is fair and well run. However, during election season she looks several things in the potential executive board.

“I look for cohesiveness amongst members, compatibility, drive and the passion to

plan events for the students,” Pasch said.

Afterwards SGA and the newly elected board will undergo intense training by leadership expert Ryan Penneau this weekend. Expected attendees of this event include, Vice President of Student Affairs, Dean of Students and Executive Director of Student Union Life.

While SAB is planning more events to involve students, SGA is changing the way they cater to the student body as well.

LeMario Fortson, speaker of the senate plans to reintroduce the process of bill requirements.

Currently every senator is responsible for being a primary or secondary author of a bill. Fortson wants to change this to where senators will be writing and proposing bills for their particular committee. The internal affairs committee will write bills dealing with internal affairs and so on. This plan of action will go before the cabinet before being finalized.

In other news, students could be faced with a huge task of deciding whether they are for or against increasing the tuition. This increase will be by four percent and will benefit the athletics department. The reasoning behind this intended change is to become more competitive with surrounding universities.

The proposed bill will go before senate at the upcoming meeting and if approved it will then be directed to the board of supervisors. If passed, the final vote will be by the students.

Phifer steps in as interim director of Scholars’

Emily Fontenot
Staff Writer

Curt Phifer stepped in as interim director of the Louisiana Scholars’ College after Davina McClain retired her seven-year position in order to teach full-time. Phifer served as interim director once before in 2005 and 2006.

“There’s a lot to learn,” Phifer said, “Dr. McClain has been very helpful. Things have changed, and although I’ve done this before, I have a lot to catch up on. It’s been pretty busy.”

Although his course load has decreased from last semester’s full schedule, Phifer continues to teach Biology courses as well as an MCAT preparation course.

As director, Phifer’s primary duties are to oversee scheduling, attend to the needs of students and faculty, and play an active role in recruiting for the Scholars’ College.

Secretary Rhonda Woods along with past director McClain have aided him in this transition.

“I feel fortunate to be a part of this environment and to be able to teach students who are interested in learning.” Phifer said of his experience in the Scholars’ College.

“The interaction with such a diversity of faculty is really something unique that I



Photo by Travis Story

Dr. Curt Phifer will step in as interim director of Scholar’s College until a new director can be found.

probably could not find elsewhere.”

Phifer will hold the office of director throughout the recruitment process until a permanent director is appointed.

Phifer was president of Northwestern State’s Faculty Senate from 1999-2001 and served on a variety of committees, including chair of the Human Subjects Institutional Review Board for two separate terms.

In 2012 he received the Fleming A. Thomas Faculty Information Literacy Award.

Students explore New Year’s resolution psychology

Summer Evers
Staff Writer

Each January, nearly half of Americans declare to make at least one change for their New Year’s resolution. Some resolution-makers last a week while others stick it out to Feb. 1 but few manage to achieve their goal through December.

The turn of the year may be another chance to start over, but others are steering clear of this New Year’s tradition. Sophomores and psychology majors Tabitha Adams and Alyssia Gremillion vow to have no resolution as their resolution this year. They now take a psychological approach to this fad.

“It’s a mental illusion to procrastinate without making you feel guilty,” Adams said. “It’s just an

excuse for you to put things off that you know you should be doing but you don’t want to put the time and effort into doing it.”

Both students have made resolutions in the past and quickly found they were just a waste of time. They believe people shouldn’t start over just because it’s a new year.

Rather, they should just build on what they have already and make progress. Although they have no resolution, Adams and Gremillion were more than happy to give advice to anyone making one.

“In the past, I’ve made resolutions to read my Bible regularly and it didn’t happen. I then realized that I didn’t want to read it, so I changed the way my mind thought about it,” Adams said. “It was then that I was able to stick to it and I did it. After I changed the

way my mind saw my resolution that’s when I knew I wanted to progress and I did.”

When choosing a New Year’s resolution, one must first set achievable goals and be realistic about them. For example, losing weight might not be within one’s control but eating healthy can be.

“I’ve made resolutions years ago but I never stuck with it. I told myself I was going to lose weight and that didn’t happen. Literally the day of new years I failed in my diet,” Gremillion said. “It just doesn’t work because resolutions are tradition and tradition isn’t true. It’s just a waste of time and a pure horrible excuse to do something the right way.”

Having a support system to help resolutions become a reality is ideal. When people are around to provide support it prevents goals from becoming

dismantled.

“If you have a support system, then you’re making it easy for you then you’ll gradually make progress so that you won’t be disappointed in yourself even if you don’t reach your goal,” Adams said.

“Before you even make a New Year’s Resolution you need to have self-discipline as well as commitment,” Gremillion said. “If you’re not going to stick to it then don’t even start because then you’ll feel bad about yourself and you don’t want to have that grudge on your back.”

Gremillion offered a final piece of advice to resolution makers.

“Commitment means staying loyal to what you said you were going to do long after the mood you said it in has left you,” she said.

Boot Camp offers WRAC goers new challenge for 2014

Chloe Williamson
Sauce Reporter

With the new year in motion, many students take this as their opportunity to better themselves. One popular way to do so is to improve health, which is why some students begin making more frequent visits to the WRAC. Besides weight machines, indoor courts, and classes, the WRAC also offers Boot Camp that differs from other classes such as yoga or Zumba.

Boot Camp workouts target different areas of the body each day through different methods of exercise. Every day ensures a full body workout ranging from weight training to body weight exercises.

Boot Camp has earned itself the reputation of being exceptionally challenging but not impossible. Se-

nior Riley McCalister instructs the afternoon session.

“I designed the afternoon Boot Camp to be modifiable,” McCalister said. “This allows people of any fitness level to be able to complete the Boot Camp and have amazing results.”

The intention of Boot Camp is not to be impossibly difficult, but rather to work the body in ways that ensure proper muscle building and physical results. In McCalister’s afternoon session, a body fat composition measurement is taken of each participant on the first and last day of Boot Camp in order to chart the progress of all participants.

It’s no secret that Boot Camp is intense, but instructors and participants insist that with enough dedication, the payoff will outweigh the difficulty.

Senior Casey Deen attended Boot Camp for an

entire semester. Deen saw positive results and recommends every student at least give it a chance.

“The secret is that you just can’t give up,” Deen said. “It’s really hard and it definitely hurts sometimes, but that’s how you know it’s working.”

Senior Jason Templet is currently taking on the challenge of Boot Camp. Templat attends Boot Camp as part of his New Year’s resolution and has maintained his attendance. His favorite part of Boot Camp is seeing everyone put in the effort and enjoying themselves.

Whether part of a resolution or not, Boot Camp offers undeniable benefits to those willing to take on the challenge. The class is offered every Monday, Wednesday, and Friday at 530 a.m. or 6:30 p.m. in the WRAC and costs \$35 for students.

New Hanchey exhibit offers viewers vistas of New Mexico land

Olivia Doucet
Sauce Reporter

On Monday, Jan. 6th, Hanchey Art Gallery opened its first art show of the semester: “The New Mexico Experience.” Both NSU students and faculty contributed to the show.

The inspiration for the show is drawn from a trip taken to New Mexico where they stayed at the Ghost Ranch in Abiquiu during the summer of 2013. Ghost Ranch boasts some of the most scenic natural landscapes in the western U.S., which were featured in the paintings of renowned artist Georgia O’Keeffe.

The show reflects how traveling to New Mexico was an inspirational experience. Faculty and students alike brought back a piece of the landscape as seen through their eyes and captured in their work.

“The New Mexico Experience” is a multi-media show hosting everything from paintings and photography to stained glass and artistic videos. While the art styles are varied, the message of the exhibit is made clear to the viewer.

The works portray sprawling landscapes captured in both vibrant and dull colors. The predominately western feel is tinged with the beauty found in butterflies and sunsets. Gretchen Murchison’s fantastical photography particularly adds an air of other-worldliness that can only be experienced seeing such vistas.

Ashley Lynchard’s “Cowboy” acts as one of the pieces that give the show its distinctly western feel. Mary Louise Porter’s acrylic, “Ghost Ranch Starry Night” delivers a twist on a classic piece that, when combined with the New Mexican landscape it portrays, creates a unique feel of it’s own.

Faculty contributor Matt DeFord’s video pieces play gently in the background as the viewer walks through the gallery, one of which features the folk music of fellow faculty member and contributor Clyde Downs. The music provides an appropriate ambience for viewing the other works and helps the gallery feel immersive.

“The New Mexico Experience” is located on the second floor of the gallery and “Photos of New Mexico” by Downs can be found on the first floor. The Hanchey Art Gallery is open from 8 a.m. til 5 p.m. Monday through Thursday and from 8 a.m. til noon on Friday.

The show will be hanging through January 31st. Anyone interested in attending a future New Mexico summer trip is encouraged to contact the art department for details.



Photo by Ashley Sherrard

Wi-Fi enabled on Front St. for the holiday season still runs a month later. Users like freshman Kassidee Kennedy (pictured above) remain unable to access the public internet on laptops and also claim it runs slowly on phones.

Front St. Wi-Fi users remain unimpressed with slow connection and spotty service

Ashely Sherrard
Freshman Intern

The Christmas lights have come and gone, but the free Wi-Fi remains downtown. However, users are running into more problems then connection.

After Christmasfest ends the city usually takes down the free internet. This year the free Wi-Fi remained for public use. Users have found that the Wi-Fi runs slow but the connection slightly improves closer to the river.

Downtown Wi-Fi only works on cellphones so visitors should not expect to use internet on their laptops. Freshmen Kassidee Kennedy gave the internet downtown a chance, but it failed to server her needs.

“It’s disappointing that for some odd reason the Wi-Fi doesn’t work but since it won’t connect on my computer,” Kennedy said. “The Wi-Fi downtown is a good idea, it just seems as though it needs a little bit of working on. I really like the feel downtown and it would be nice to sit outside and catch some fresh air while doing work on my computer, but I guess that just won’t work.”

Most shop owners downtown were not aware that the Wi-Fi would remain. Cane Break Cafe owner Lee Gaudet has not used it but from the reviews he plans on avoiding the public internet.

“Here in my shop I provide my own Wi-Fi and hearing what people have said about it I will just stick to my own Wi-Fi,” Gaudet said.

Visitors and business owners have not received word on how long the Wi-Fi will remain and if any improvements to the service will happen.

LOB a true team effort for all involved

10 contestants danced and strutted their way across the A.A. Fredericks stage to compete for the title of 2014 Lady of the Bracelet. Preparation for this pageant began several months ago. Sophomore Leanny Muñoz started preparing in August because the pageant process is new to her.

“It’s been a rough ride,” Munoz said. I have never been in pageants so all of this is brand new to me.”

Muñoz also received help from the other constants throughout the pageant.

“The other girls were very nice and supportive,” she said.

Several LOB participants thought it was set up differently from other pageants. Freshman Leanne Predue has attended 3 pageants prior to LOB and thought this one had more variety.

“In the past pageants that I have been in we didn’t have an opening number dance or bikini,” Predue said. “All we had was formal wear.”

The cost of several outfits contestants need, however, can go over a typical student budget. Muñoz received aid from her Alpha Omicron Pi sisters to acquire the clothes needed for the pageant.

“All of my clothes, shoes, and accessories are borrowed,” Munoz said. “My amazing Alpha Omicron Pi sisters have been graciously helping me with getting ready.”

Behind the scenes, other students helped prepare the contestants for their night in the spotlight. Senior Greg Spencer and 2013 Lady of the bracelet Breanna Collier choreographed the opening dance.



Regine Lyons
Fashion Columnist



Photo by Photo Lab

Several participants in this year’s pageant included (from left to right) Alaina Davis, Taylor Walker, 2014 Lady of the Bracelet Taylor Layman, Marissa McMickens and Leanny Muñoz .

This was a way that for the contestants to bond with each other and have fun during preparation.

Being in a pageant takes a lot of time and effort, but the process can help those involved boost their self esteem. Predue was diagnosed with a rare leg disease called Legg-Calve-Perthes that affects the hips of children and can cause problems later in life.

“Pageants gave me the confidence that I needed because of my leg disease,” Predue said. After competing in Lady of the Bracelet, Predue will participate in the Miss Crescent City New Orleans next month.

It takes a lot of work, but at the end of the day LOB is rewarding for all involved.

Lady of the Bracelet
Continued from page 1

and gave her farewell speech in her last moments as Miss Lady of the Bracelet. Miss Louisiana 2013 also performed a song by SMASH, “I Can’t Let Go.”

Taylor Walker of Shreveport was named first runner up and Marissa McMickens of Pineville was named second runner up. Third runner up was Alaina Davis

of Sulphr and Leanny Munoz of Abbeville was fourth runner up.

Munoz won the talent competition for her opera singing and Walker won the swimsuit competition. Haley Brister was named Miss Congeniality and Taylor Layman won the Liz Carroll People’s Choice Award, which is chosen by the pageant audience.

“To the nine other beautiful contestants, congratulations to all of you,” Layman said. You are all bright,

beautiful and talented ladies, and I am so lucky to have gotten to know each of you more throughout this experience.”

Participants in the pageant included Kyla Winey, Haley Brister, Taylor Walker, Leanny Munoz, Haley Rhodes, Alaina Davis, Anna Rees, Taylor Layman, Leanne Predue and Marissa McMickens.

Miss Northwestern Lady of the Bracelet is a part of the Miss Louisiana Organization and serves as a preliminary pageant for Miss Louisiana.

Spotlighting contestants from 2014 Lady of the Bracelet pageant



Marissa McMickens models her swimwear for the swimsuit preliminary competition.



Leanny Muñoz displays her vocal ability for the talent preliminary competition.



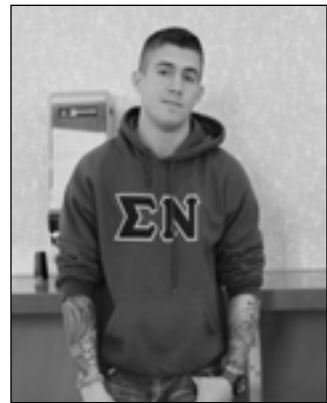
2013 Lady of the Bracelet Breanna Collier bestows the honor of 2014 LOB on Taylor Layman.



Haley Brister models her evening gown and prepares to answer her on-stage question.

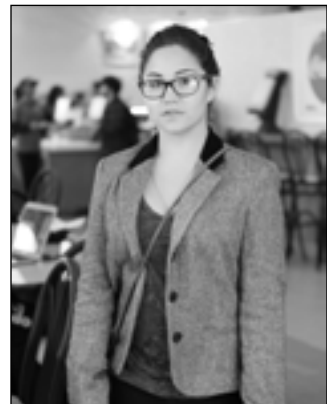
Photos by Kara Scouten

What's your New Year's Resolution and have you cheated yet?



"I want to get more tattoos because they set me apart from people. So far I haven't gotten anything new this year, but that will change soon."

Patrick Crawford
SOPHOMORE



"I want to not get as distracted this year. I want to stay focused more on my goals. I have been doing great so far!"

Laura Jones
SOPHOMORE



"I want to try and save up money to get a little bit of a savings going for myself. I've been kind of successful, I guess. Once I get past buying books, then I will be good."

Brad Billeau
JUNIOR



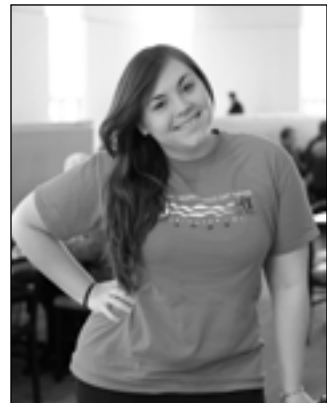
"To get refocused on life, and I have been keeping up with my resolution so far."

Evanne Leblanc
FRESHMAN



"Stop being so friendly. Last year I let people talk to me any kind of way, so my New Year's resolution is to not be such a push over."

Caitlin Douglas
SOPHOMORE



"Just to make it through the semester alive! So far I have been doing well, and I hope to continue to do well with this resolution."

Tommie Espy
FRESHMAN



"To lose 20 pounds by April. I gave up all starches and fast food and I've been keeping up with it so far!"

Myshnae Swan
SENIOR



"My resolution is to pass my classes this semester. As long as I keep up with my organization then I should be okay."

Sarah Sabley
SOPHOMORE

Sorry Sylvia Plath, Dr. Means will always be my outrageous, boisterous hero

Janell Parfait
Student Opinions

Last November we covered Buried My Heart at Wounded Knee and I had to lead the seminar with a position paper –AMERICAN GENOCIDE, I wrote. As I read my four-page paper to the class, he interrupted with several “uh-huh’s” and “oh that’s interesting’s”. Despite us three students who had to present their papers that day, the class period was not yet over, so we had time to kill. He suggested that we all go around the classroom and share our hopes and dreams and ambitions. Some wanted to go to graduate school where as others had all of their babies’ names planned out (marry a nice Japanese man and have three kids!). When it was my turn, in typical Janell fashion, I made a half-hearted attempt at making fun of something potentially tragic.

“Well, since my term paper is on Sylvia Plath and I’ve been reading her a lot, I think I’ll do like she did and not see myself live past thirty.”

I’m not really good at laughing it off anymore.

This is the part where Dr. Means (bless him!) comes in, for lo, these events took place in the seminar of the Means!

I talked about my paper a lot with Dr. Means. Maybe not as frequently as the students of yesteryear, but it was enough to drive me into an obsession with my Plath topic. I wanted to be Sylvia so badly. I wanted to get published, take internships, and illustrate all before age 30, when she committed suicide. But most of all, unlike Plath, I wanted to be understood.

Means and I may not have been closer than simply teacher and student, but the small talks about my paper topic made me realize that we weren’t so different.

See, he was a sad man at one—maybe several points. But that was all during the Quebec days, way before he came to teach at Scholars’. In Scholars’, he laughed off personal tragedies, something I wanted to do someday. But the difference between Means and Plath was that he had more time to recover, more time to learn how to laugh it off, more time to compile his wild tales.

He was the epitome of a man who lived life to the fullest.

Anyway, there must have been moments in Means’ life where he never saw himself living past 30, 40, 50, and so on. There must have been moments where he thought he would never leave the bitter snows of Quebec.

Still, he endured. He survived. He didn’t go out as Tolstoy or Ivan Illych, both of whom spent their final days surrounded by apathetic family members who never acknowledged their past successes. If anything, Means went out like Oscar Wilde, who complained about the dreadful wallpaper until the very end.

Dr. Means may not have left behind any family of his own (beyond his sister and nephew), but who is to say that someone must have a family in order to be successful? Families are obligated to stick with you whether they like it or not, but you run the risk of still dying alone like Tolstoy or Plath.

No, Dr. Means spat out witticisms until the end, and his Facebook page is a testament to this claim—if you can dig beyond the R.I.P.’s. According to his obituary and fellow professors, he was surrounded by people who legitimately cared enough to visit and stay with him. He achieved this

transcendence, this realization that “Yes, I DID live a good seventy years.”

Dr. Means may not have left behind any family of his own, but (my God!) tell that to the hundreds of students he taught and the colleagues he worked side-by-side with.

As for that seminar, if I could go back, I would reword absolutely everything. I admire Plath, I really do, but I would like to live long enough to see my fame, thank you very much.

As ridiculous as it sounds, I’d like to live like Dr. Means, someone who dined with Anastasia imposters and made priests confess at French Quarter bars.

I’d like to shove decades of experience and adventures into my pre-retired life, and then shove a few more decades of experience and adventures into my life after retirement. And then I want to live to tell these wonderful tales, whether it’s written and printed or told at a party.

Sorry, Plath, but like I said, I want to live first.

And Dr. Means, wherever you are, you’re most likely laughing at my declaration to live like you.

Navy drama, “Lone Survivor” earns ‘SEAL’ of approval

Justin Vance
Student Opinions

Despite January’s reputation for releasing less than stellar films I am happy to report that there is hope and its name is “Lone Survivor.”

“Lone Survivor” follows the true story of four navy seals (Mark Wahlberg, Taylor Kitsch, Emile Hirsch and Ben Foster) on a mission to terminate a high priority target. The stakes are quickly raised when the decision to spare a civilian leads to an intense fight for survival.

This film may not win a Oscar but it does present a compelling story in a realistic manner reminiscent of “Black Hawk Down.” “Lone Survivor” does an excellent job of bringing the audience in with excellent visuals and audio.

Director Peter Berg masterfully utilizes these factors to create an immersive experience that places you in the dirty, bloodstained boots of the main characters.

The movie also does a surprisingly good job of making the audience care

for soldiers whom you barely know. Not much time is set at first to develop each protagonist, but when the bullets start flying you are drawn to the edge of your seat and pray they come out alive.

Besides tugging on your heart strings, “Lone Survivor” also provides premium action for those of you who like the occasional adrenaline rush. The action sequences were a refreshing break from the stereotypical Michael Bay-style fire works displays and are instead presented in a grittier and realistic manner. This stylistic approach makes each fire-fight feel like a real struggle instead of a cakewalk for bullet proof heroes.

Packed to capacity with action, tears, and heart; “Lone Survivor” was a thoroughly enjoyable experience and is a preferable alternative to the movie that was released on the same day, “The Legend of Hercules” which was a steaming pile that only affirms January’s reputation for releasing less than decent movies. Why go to see the Greek zero when you can support real American heroes?



(AP Photo/Universal Pictures, Gregory R. Peters, File)

Taylor Kitsch, left, as Michael Murphy and Mark Wahlberg as Marcus Luttrell in a scene from, “Lone Survivor.” The Navy SEAL drama earned \$37.8 million in its first weekend of wide release.

New Year’s resolutions proves effective with persistence and support from peers

Daniel Jones
Student Opinions

We are now two weeks into the New Year which is about the time when most people ought to be giving up on their resolutions. In these past two weeks, I’ve read much about both the ambitious scope and ultimate ineffectiveness of some resolutions.

Of course, the issue is not that there is an inherent problem with New Year’s resolutions. Rather, our cynicism comes from a common-sense belief that people will not keep their resolutions and merely fall back into old habits. Most people, (I make this claim with no statistics, so perhaps someone will correct me), fail in their resolutions, likely in correlation to the scope of the goal, and thus not only build within themselves a self-defeating perspective, but also they add

to the commonly held pessimism on self-improvement that we are now burdened with. So how can we best enact changes in our own lives to make ourselves into the type of person that we wish to be?

First, perhaps, I think we should note that the typical human is a communal creature, having evolved not in isolation, but in congregation with brothers and sisters. The unit of society was the tribe or village, or perhaps the family. If there were a fault in a person, the rest of the family would work to correct that fault. This sounds rough to our individualistic ears, but I think that many people would enjoy such a heavy hand in their weightless routine or to see to their work ethic. Individuals on the whole have not shown themselves to be very effective at self-change.

It is beyond the reach of this article to critique the current unit of

society on its merits further than what is needed for exposition, but I think it is sufficiently supported - and I expect enough of the readership will find it agreeable - that there are simply things we cannot do alone. But we have gotten far too used to the idea of individualism taken to an extreme.

Form a group. There are plenty of others at arm’s reach wanting to hit the gym several times a week. For example, there are plenty of people who find it too expensive to smoke and could use the presence of someone also trying to quit to help them kick their habit.

Find someone who encourages you to work harder, to expand your work ethic and to strive to be above the bare minimum. Enable, support, and critique one another. We are communal creatures; it’s how we evolved as a species, and it’s how we must still evolve as individuals.

Finally, if, or when, the first resolution fails, grieve for the mistake, and then start over. The New Year has obvious connotations with “fresh starts” and “renewal.” It is, objectively, as a good a time as any other to improve ourselves, but subjectively it is a very suggestive period worth taking advantage of.

Now, I have transmitted the best advice on this subject that I know. You are likely to find the same in just about any other paper, more or less; it is intuitive. I will end with a distillation of my opinion and a final suggestion. Our culture has largely lost the concept of restraint; it has been marketed and bought right out of our heads. So when you make your actual resolutions, or will to enact change in your life, remove yourself from the specifics (gyms, smokes, grades, boys, girls), and go to the abstract. Resolve to decide differently.

We need writers!
Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 6:45.

THE CURRENT SAUCE STAFF

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Photo by Gary Hardamon

Sophomore Janelle Perez blocks the Ladyjacks’ passing lane as she helps the Demons trump conference-leading Stephen F. Austin, 66-54. Perez, who won 2013 Southland Conference Freshman of the Year, joined senior Trudy Armstead in leading the Demons in scoring against SFA with 15 points each. Perex also chalked six assists and two steals during the game.

Lady Demons chop down Ladyjacks

Tiandra Williams
Staff Reporter

Hundreds of fans poured into Prather Coliseum to watch the Lady Demons defeat the longtime rival and conference leader Stephen F. Austin University Ladyjacks, 66-54. The match was a game of runs between the two conference rivals with ten lead changes in the game including just four in the first half. SFA (10-7 overall, 4-1 in conference) came strong out of the gates for the first match-up of the spring semester. The Ladyjacks went on a 12-4 run midway throughout the first half. A little spark off the bench gave the Lady Demons (10-7 overall, 3-2 in conference) just what they needed to regain the lead with 8:47 left in the half. Beatrice Auttura, freshman from Frisco, TX, came off the bench and produced two back-to-back buckets to start the 9-0 run for the Lady Demons, followed by a three-pointer from junior transfer Chelsea Rogers. SFA’s Daylyn Harris put an end to NSU’s run with a midrange jumper, giving the Ladyjacks the lead again. A three-point miss by Ladyjack Taylor Ross gave NSU a last-second attempt at a basket before halftime. Chelsea Roger rebounded the SFA miss and quickly moved the ball up the court, leading to a buzzer-beating jumper by Emily Specter assisted by Keisha Lee. The Lady Demons finished the first half leading by seven points, 28-21, despite the rough start.

Rodgers and Auttura led the Lady Demons in the first half with six points each. Fifth-year senior Trudy Armstead, who did not start the game for the first time this season, only had two points in the first half but finished the game as leading scorer for the Demons alongside Janelle Perez, 2013 Freshman of the Year, with 15 apiece. “We went into the halftime and clarified what it was we needed to do on the defensive and offensive ends of the court,” Armstead said. “The difference between the start of the game and the end of the game is that we came out an executed on both ends. Our energy level also played a big part in the win. We are much better when everyone has great energy, everyone from the five on the court to those on the bench.” The lead changes continued throughout the second half of the game, finishing with one last tie of the game with 7:45 left to go in the game. From then on the Lady Demons snatched the lead, and held on to it, eventually gaining the largest led of the night of 12 points. Accompanied by 15 points and three blocks, Armstead shared the rebound title of the night with SFA’s Antionette Carter and Taylor Ross. Ladyjacks Daylyn Harris and Porsha Roberts finished the game with 17 and 16 points respectively. Freshmen Kourtney Pennywell finished with ten points and NSU’s overall leading scorer Keisha Lee finished with eight points, seven points shy of her average, snapping her 12 game streak of double digit points. The Lady Demons next game will be on the road against the Central Arkansas Bears in Conway, Arkansas on Thursday, Jan. 23, at 5:30 p.m.

Basketball scores lowest in two years against SFA, 58-74

Brian Cook
Staff Reporter

The Demons posted their lowest scoring total in two years as rival Stephen F. Austin ran away, winning the game 58-74 Thursday night in a Southland Conference basketball matchup. Deshaunt Walker led SFA (16-2, 5-0) with a total 22 points. Behind him were Desmond Haymon, who scored 16 points, and Jacob Parker, who had a total of 13 rebounds and 11 points, the only double-double of the night. Brison White led the Demons (5-11, 1-4) with 14 points, while sophomore guard Jalen West led with six assists and managed to score 13 points before fouling out late in the second half. Marvin Frazier swatted away five of the Lumberjacks’ shots and matched West to also lead NSU with six rebounds. NSU abandoned its regular substitution pattern for the game as SFA outscored their bench, 28-3. The game, tied a total of seven times, was only ever led by the Demons until the 6:25 remaining mark in the first half. After all of the switching scores, the Lumberjacks managed to take a seven-point lead going into halftime. “We’re just not getting it done and that’s the most frustrating thing when you have a lot of talent and ability,” Demon head coach



Photo by Gary Hardamon

Brison White jumps for the basket as the Demons fell to Stephen F. Austin, 58-74. White added an assist and two steals to his 14 point night despite the overall losing effort from the Demons.

Mike McConathy said of the frustrating lack of performance so far this season. “We just need to get that one win to jump-start us and get us in the right direction.” Northwestern got no closer than nine points after the opening dust of the second half cleared, which they reached with 8:42 to go. The Demons trailed by as many as 19 points late in the game. The low-scoring game came as a shock for the Demons, who entered the game leading the nation with an 89.7 scoring average. However, the team was also the worst in the

nation in allowing points. This was the first meeting between the Demons and Lumberjacks since the Southland Conference championship game last March. That game was decided in the final 10 seconds of play, with NSU winning the match 68-66 to advance to the NCAA Tournament. The Demons move on to play at Central Arkansas on Thursday, Jan. 23 and at Oral Roberts on Saturday, Jan. 25. They return home to start a streak of four home games against the Incarnate Word Cardinals on Thursday, Jan. 30, at 7:30 p.m.

Baseball geared up with 24 new incoming players

Morgan Thorpe
Sauce Reporter

Northwestern Baseball is ready for a new season. The team saw disappointment last year, finishing at 16-40 overall and just 5-22 in Southland conference games. The Demons hope to bounce back this year with 24 new incoming players and just nine returning starters from last year. The first series for the team is on the road against the Jacksonville State Gamecocks, February 14-16.

The Demons met Jacksonville State two years ago in Natchitoches, winning the only played game 4-2. The other two games scheduled for that series were cancelled. The Gamecocks finished last year at 32-26. Southland Conference play begins Friday, Mar. 14, with a three-game road series against the Oral Roberts University Golden Eagles. However, the Demons do meet the Southland foe McNeese State Cowboys in two non-conference home games before official conference play opens. The Demons will

eventually travel to the Cowboys for their official conference series later in the year. Home play begins for the Demons against the UL-Lafayette Ragin’ Cajuns. The Demons lost at the Cajuns last year, 3-12, in what was the Demons’ first road game and first loss last year. The Demons’ first game against the Jacksonville State Gamecocks is Friday, Feb. 14, at 3 p.m. The Demons’ opening home game against the University of Louisiana-Lafayette Ragin’ Cajuns is slated for Wednesday, Feb. 19, at 6 p.m.

Seahawks’ Jeremy Lane extends NSU’s tradition in Super Bowls

Sports Information

Seattle Seahawks cornerback and special teams standout Jeremy Lane has become the 11th Northwestern State product to reach the Super Bowl and hopes to become the sixth Demon to capture a Super Bowl championship. Lane, a 6-foot, 190-pound second-year pro who was chosen in the sixth round of the 2012 NFL Draft, has made 25 tackles while getting three regular-season starts at cornerback in addition to his special teams role and playing time in pass coverage package throughout the entire season. The Tyler, Texas, product from Tyler John Tyler High School earned four letters as a safety and cornerback for the Demons from 2008-11. He played in 43 games and made 137 tackles (57 solo), recording 24 pass breakups, intercepting four passes and recovering three fumbles. He had a career-best nine tackles, including a sack, at LSU as a senior. Lane was the Defensive Player of the Game after

making eight tackles and a pass breakup in the Casino Del Sol College Football All-Star Game after his senior season as a Demon. The Seahawks were the NFC’s top seed and reached the Super Bowl with a 23-17 victory over San Francisco the NFC Championship Game. They play the AFC Champion Denver Broncos in the Super Bowl on Sunday, Feb. 2. Fourteen previous Super Bowls have involved at least one former NSU player. The 11 Demons who have participated have won a total of eight Super Bowl championship rings. The last former Demon in the Super Bowl was former center and assistant coach Bill Johnson, the New Orleans Saints’ defensive line coach, who helped New Orleans win Super Bowl XLIV. NSU’s Super Bowl tradition began when running back Sidney Thornton helped the Pittsburgh Steelers win Super Bowls XIII and XIV. Tight end Jackie Smith, in his final season of a Pro Football Hall of Fame career, helped the Dallas Cowboys reach Super Bowl XIII.



Natchitoches turns 300

Nearly 200 events planned for city’s tricentennial celebration

Emily Fontenot
Staff Writer

The city of Natchitoches is turning 300 this year and the city has partnered with Cane River Heritage Area and the National Historic District Development Commission (HDDC) to celebrate. “This is the largest event the city of Natchitoches will ever host,” project manager Ron McBride said, “And it’s probably the most important.” Each month has a specific theme with events every second Saturday in addition to other events throughout the month adding up to more than 175 events planned this year and more on the way. January’s theme was Sacred Faith, which highlighted the rich history of Catholicism introduced by the Spanish in colonial Natchitoches. The month included exhibits at historic churches, Mass at Fort St. Jean Baptiste, a lecture on the Catholic Church in the 1700s, and exhibits displaying wedding and christening gowns used in the early settlement of Natchitoches. This month Natchitoches will celebrate black history. Events start this weekend with the Freedom is Coming: Songs of Freedom, Resistance & the Underground Railroad Concert 7:30 p.m. Friday at Asbury Methodist Church and even more events this weekend. Natchitoches Area Convention and Visitors Bureau will focus this year on promoting the Tri-Centennial.



Photos submitted by Ron McBride

Over 150 events will go on all over Natchitoches this year in celebration of the city’s 300 year anniversary. Each month will have a different theme and events will correspond to that theme.

Annual Saxophone Fest highlights musical talent

Chloe Williamson
Sauce Reporter

The NSU Saxophone Studio hosted the seventh annual Saxophone Festival with Dr. Paul Forsyth Jan. 31 and Feb. 1 in Magale Recital Hall. Open for anyone to enjoy, the festival was a public event. The festival generated a positive turn out, bringing in music students, non-music students and community members. The festival kicked off with Dr. Forsyth’s faculty recital, “The History of the Saxophone.” On Saturday, a Saxophone Quartet recital was performed featuring three student ensembles. Special guests of the event included Dan Gelok, saxophone professor at the University of Houston. Dr. Gelok hosted a master class on Saturday afternoon and performed a recital with a guest artist that evening. Stephen Bynum, junior and alto saxophone player, said of the event, “The Saxophone Festival was a great experience for our studio and music department. Dr. Forsyth put together an incredible faculty recital. Mr. Gelok is a fantastic teacher and a great performer as well. It’s always a great time to hear professional level saxophonists perform at NSU to re-inspire you to keep learning and studying music.” Stephen served as one of the students of Mr. Gelok’s master class and spoke highly of his talents. Todd France, junior and saxophonist, was to perform for the festival, but unfortunately has to leave town and miss the event. Disappointed he said, “Despite having to miss out on my own performance, I would have loved to see the faculty, students, and guest performers from our own music department. If you missed out on the festival, you missed out on some truly top-tier playing.” Students and attendees of the festival all agree that the efforts and dedication of Dr. Forsyth and the NSU Saxophone Studio can be easily seen through events such as the Saxophone Festival.

NSU launches new global security program

Emily Fontenot
Staff Writer

As terrorism and disaster management rises to the forefront of the international agenda, NSU prepares its students for the many developing careers in global security with a recently approved Post Graduate Certification in Global Security and Intelligence. The 18 hour program will be offered online to students who have completed a Master’s of Science in Homeland Security. Courses will be taught by a number of distinguished professors in the field, including CEM and president of World Disaster Management Kay Goss of Washington D.C., attorney Bill Flanagan, Dr. Richard Hubank and NSU’s Dr. Donald Stewart. The program will begin this fall and will build on

the university’s recently established Masters program in Homeland Security three years ago. “We are trying to enhance the program to provide the opportunity for public safety officials who are place-bound to get the advanced education,” said Joe Morris, head of the Department of Criminal Justice, History and Social Science. Morris expects that the advanced certificate will continue to bring recognition to NSU and expand the university’s existing curriculum in homeland security, which has more than doubled since its beginning in 2012. In 2012, the Masters program in Homeland Security had 17 students and five graduates. In 2014, the amount of students enrolled rose to 62 with 11 students graduating. “I expect it’s going to continue to grow,” Morris said. “It’s just about doubled every year since we started, and I think the global security program will

do the same thing.” The program’s six courses will deal with terrorism in the 21st century, organizational leadership, philosophy of ethics, research methods, organizational psychology, and interdisciplinary studies in policy and governance. Although terrorist attacks such as 9/11 brought Homeland Security to the forefront, Homeland Security covers more than just terrorism. It also includes a variety of local, state, and national protective services including the following: Citizenship and Immigration Services, Customs and Border Protection, Federal Emergency Management Agency (FEMA), Immigration and Customs Enforcement, Secret Services, and transportation security. For more information on NSU’s Global Security and Intelligence certification, contact Joe Morris at crim_justice@nsula.edu.

Demon cheerleaders place fourth in national competition

Olivia Doucet
Sauce Reporter

NSU’s cheerleading squad took fourth place at the Collegiate Cheerleading National Championship. From January 17-20, the team was in Florida competing in the Division 1 – Large Co-Edu Category. Despite any nerves they may have felt team captain Kierra Cunningham said the team was determined to show that hard work and practice pay off in the end. “We got on that mat and did what we came to do: let them know who Northwestern State University of Louisiana was! We did amazing,” Cunningham said. “I want to thank our amazing coach Amy Dodson for believing in us even when things got tough. Without her this dream of competing at nationals would have never came about.”



Submitted photo

NSU’s cheerleading squad took fourth place in the Collegiate Cheerleading National Championship in Florida

Meat and fast food center of NSU diets

Emily Carter
Staff Writer

Despite the stereotype, college diets include more than ramen and beer. The many kinds of diets students partake in make the way they choose and prepare their food diverse.

Diets are commonly chosen based on food consumed growing up and current personal budgets. People financially well off may enjoy more luxurious food, while those on a budget must settle for what’s cheap.

Over the course of a week, 200 NSU students and faculty were asked about various aspects of their diets. Two questions were asked:

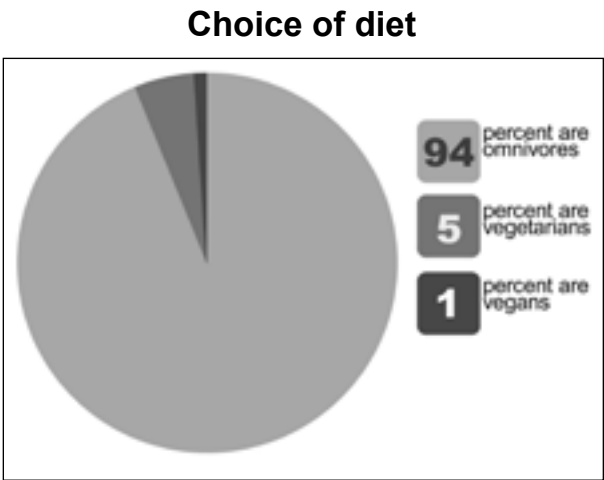
Do you prepare your own food or do you prefer to eat out? Do you have a specific diet you follow, such as veganism, vegetarianism, etc. and why do you choose that particular diet?

All respondents said that they eat in at a restaurant at least twice a month. 56% of respondents said they eat fast food at least once a week, with the average fast food consumption being three times per week. Otherwise, food is either bought on campus or prepared at home.

The majority of people asked said that they are omnivores. Those with specific diets like freshman and vegetarian Katelynn Doucet often uphold an ethical reason behind their decision.

“I morally don’t believe in taking another life to sustain my own,” Doucet said.

Only one percent of those surveyed are vegan.



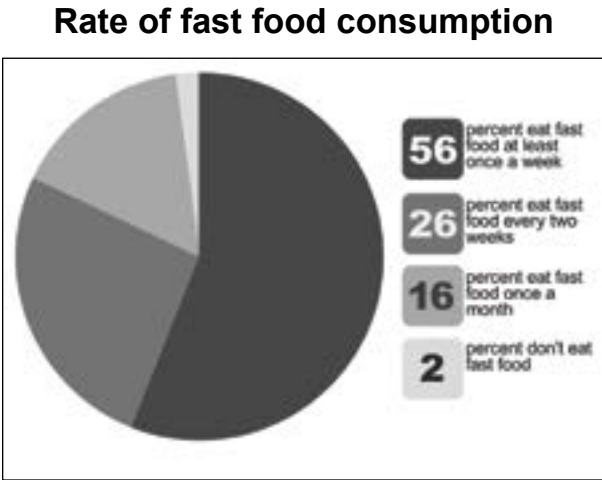
The poll results came from the input of 200 NSU students and faculty at various locations on campus including Iberville, Vic’s, Watson Library, and the WRAC.

Five percent identify as vegetarians and several respondents claimed they hunt despite not eating meat. They avoid it because of the taste and usually give the meat to their families.

Diverse diets also exist among faculty. However, distinct dietary differences usually exist between professors and students. Professors generally cook more meals at home whereas students tend to eat fast food more frequently.

While some professors still go to Vic’s when they are on campus, others avoid it entirely. Scholars’ English professor Dr. Holly Stave tries to buy as many organic foods as possible to avoid GMOs while having a palate for foods worldwide.

“I don’t cook the same meal twice,” she said.



“I don’t want to die not tasting every food on the planet.”

Stave said the most exotic food she’s ever tasted was Rocky Mountain Oysters while her favorite food is in France. Students with fewer culinary experiences have more localized definitions of “exotic” food. One student claimed the most exotic food he ever consumed was deer.

Even in a smaller college town like Natchitoches diverse dietary trends exist. Some experiment with their diet by switching from eating meat to just being a vegetarian or try going gluten-free. Most people stick with the omnivorous diet. Although with the hustle and bustle of college life, students typically opt for food that can be ready in less than five minutes.



Photo by Regine Lyons

Freshman Mikayla Tudor sports a trendy, cozy look before heading out in the polar vortex.

How to stay cute amidst the chill



Regine Lyons
Fashion Columnist

Just when you thought the weather was getting somewhat warmer, it decides to snow. Dealing with freezing temperatures isn’t fun, especially when you’re not expecting them. Given the sudden polar vortex, do you need ways to look cute but still stay warm and comfortable? Here are several trendy ideas you can use to look cute and stay warm during this season.

Leg warmers with jeans and boots. This has become really popular recently because they make a simple look and anyone can make them look cute.

Leg warmers come in a variety of colors. Find a pair that go well with your favorite jeans and warm boots and you’re good to go! Leg warmers also look great with leggings if you’re not in the mood for jeans.

A dress with tights. This outfit has always been a personal favorite of mine. Get your favorite dress and pair it up with some tights!

What if you don’t have a dress that you think looks good with tights? Don’t fret because stores like Rue 21, Stage, Maurice’s or Forever 21 have dresses that go well with tights.

You can pretty much find tights everywhere; it all depends on your preference. If you’re looking for colorful tights, stores like Walmart and Rue 21 have a variety to choose from.

Leggings with oversized sweaters. This is a trend a lot of NSU students are wearing.

Leggings are an essential part of a college girl’s wardrobe so pull those out and buy a sweater a few sizes too big to match. Some girls buy men’s sweaters or even go to thrift shops where they find old school sweaters to create an outfit.

Tribal print leggings. Tribal print has been around for a while now and the fact that it is finally available on leggings is every girl’s dream. Pair these up with a cream sweater, or a color featured in the tribal print, and it will be a cute outfit ready to go!

For college students it’s always important to stay trendy within a budget. With the weather showing no signs of warming up, this is a great time to go bargain shopping for winter outfits before rising temperatures strike back once again.

NSU Athletics hosts chili cook-off

Winners

- 1st: City Bank
- 2nd: Atmos Energy
- 3rd: Kappa Sigma Fraternity
- People’s Choice: City Bank



Several Natchitoches businesses and campus organizations competed to see who makes the best chili. The winner received a trophy, 2 baseball season tickets, 2 softball outfield passes, an autographed basketball, and will throw the first pitch at the baseball game against Southern. Proceeds from the event will go to NSU Athletics.

Information collected by Freshman Intern Ashley Sherrard

Abortion supporters praise repeal of clinic rules

Melinda Deslatte
Associated Press

BATON ROUGE, La. (AP) — Abortion rights supporters Tuesday applauded the decision of Gov. Bobby Jindal’s administration to shelve its rewritten licensing regulations for Louisiana’s abortion clinics, but they worry the clinics have won only a temporary reprieve.

“We were loud, and we were heard. But this is not over — far from it,” said Bethany Van Kampen, a board member of the New Orleans Abortion Fund, at a protest outside the Department of Health and Hospitals building.

The New Orleans Abortion Fund, which gives financial help to women who can’t afford the procedure’s cost, and other abortion rights groups said the now-rescinded licensing rules would have shuttered Louisiana’s five abortion clinics.

The health department enacted the new regulations before Thanksgiving and was working to put them into place permanently. But the 20 pages of rewritten licensing standards drew a firestorm of criticism, and DHH announced late Monday that it was scrapping the regulations and would rewrite them again.

DHH said it’s trying to protect patients, while also consolidating two years of regulations enacted in a piecemeal fashion as state legislators passed new abortion laws.

“We will work diligently to complete a new (set of rules) that offers clarity and consistency and furthers our primary objective of protecting the health and safety of Louisiana residents,” department spokeswoman Olivia Watkins said in an email statement.

About three dozen supporters of the state’s abortion clinics protested at the DHH building Tuesday. They also delivered 6,000 written comments about the now-scrapped regulations, in the hopes of getting to weigh in before the next rules are written.

“Most of them are just telling the department to stop passing regulations that are trying to shut down the clinics,” said Ellie Schilling, a New Orleans lawyer representing the clinics. “We would hope that if they do intend to revise them that they would work with the providers on regulations that are common sense.”

Schilling said the now-rescinded licensing standards went far beyond the limitations and requirements that are in state law. She said DHH added new paperwork, mandated clinic buildings to be larger than they currently are, and increased staffing requirements,



Photo by Associated Press

Ellie Schilling, center, a lawyer representing Louisiana abortion clinics, speaks at a protest outside the Department of Health and Hospitals building on Tuesday, Feb. 4, 2013, in Baton Rouge, La. Abortion rights supporters say DHH issued rules that would have shut down all of the state’s abortion clinics. The department rescinded the rules this week.

while eliminating certain appeal rights.

She said the changes seemed aimed at making it impossible for clinics to comply with the rules, in a backdoor attempt to force their closure.

Language also was added into the standards that would have required a pregnant woman to get a blood test 30 days before she could seek an abortion. Critics said that added a new waiting period not required under state law and could make it impossible for some women to get an abortion before the 20-week deadline of pregnancy.

Anti-abortion organizations defended the rescinded standards, saying they were designed to ensure abortion clinics meet the requirements of other health facilities.

“DHH has been under strident attack for the last two weeks by aggressive abortion profiteers who support the deregulation of the abortion industry in Louisiana,” said Gene Mills, president of the conservative Louisiana Family Forum, in a statement.

DHH hasn’t said when it will issue the new set of regulations, and Schilling said the clinics haven’t gotten any assurances that they will be included in the discussions before the rewritten rules are released.

“We frequently work with providers and stakeholders on rule changes, including using their questions to clarify language,” Watkins said.

- Spring 2014 PRIDE Events
- Valentine’s Mixer: Feb. 11
 - Bake Sale: Feb. 13
 - Drag Show: Mar. 13
 - Garage Sale: Mar. 28
 - Drag Bingo: Apr. 3

PRIDE reaches out

Morgan Thorpe
Sauce Reporter

RSO People Recognizing Individuality Diversity and Equality, or P.R.I.D.E. advocates equality for the LGBTQ community and ally involvement. P.R.I.D.E., formerly known as LAMBDA, strives to make the NSU campus a safe and welcoming place for LGBTQ individuals.

Last semester, P.R.I.D.E. hosted a drag show to raise awareness for HIV and AIDS awareness. In the coming weeks the organization will host more meetings and events to promote and educate the community on the importance of additional LGBTQ issues.

P.R.I.D.E. meets on Mondays at 5:30 p.m. in room 318 in the Student Union. New members are welcome. Interested students can follow the organization on Facebook, Twitter, Instagram, and YouTube.

Polar vortex leaves behind snowy campus



Natchitoches was one of many southern cities surprised with snowstorms. Students like Rebecca Lefante (pictured bottom right) spent the time off from school playing with snow and ice. Many took this opportunity to experience conditions rare for this area and see how it changed the look of the town.

Photos by Kara Scouten (top left and bottom right) and Sarah Mariano (top right).



Distinguishing between corporate rights and public good

Daniel Jones
Student Opinions

In the case of Verizon vs. FCC (decided on January 14, 2014), the US Supreme Court overturned previous rulings on Net Neutrality. Your Internet Service Provider (ISP) may now decide that it doesn't want to provide access to Facebook to increase traffic for its own social media site or arbitrate prices for services based on demand and traffic. To simplify, certain ISPs may now be able to selectively price or prohibit the content that goes through their infrastructure.

Simply as a consumer, I find this discouraging.

But the more interesting part of this dialogue is that we may, and we do, approach the topic from at least two legitimate directions. There is the economic discussion concerning the protection of market competition, and

the social discussion as one of public welfare.

Simply, should a business be able to set discriminatory prices to maximize profit based on consumer demand? Should an ISP be allowed to charge Facebook more merely so that consumers can access it? Does it have the right to make Bing load slower because Google paid more? Perhaps it does. The corporation does not owe its customers any service not stated in contract. Nor is the consumer prohibited by law, if perhaps by circumstance, from changing ISPs. If this is alarming, perhaps you will be comforted in thinking that the market ought to sort itself out when customers demand what they deem proper access. Well, it might.

But many consumers seem worried that increasing corporate power will, or even merely could, be used to diminish their welfare by limiting choices or freedom of speech. For example, were some ISP to be structured

under some political or religious ideology, might it have the authority to forbid contradictory content? Furthermore, if an ISP charges some site, such as Netflix, more for access simply because it is in high demand, Netflix may charge consumers more to cover its new costs. The danger of a monopoly, even a legal one, is to some a threat to the very idea of a competitive market and perhaps even social liberty.

People seem to want both protection for consumer rights, and business sovereignty. Both of these concepts seem pillars of our Western liberal tradition. But at some point, these desires must conflict. We must make a value judgement and decide which liberty best serves us. However, before we can sit down for that discourse, we must know how we are approaching this problem, and most importantly, we must recognize the issues on which we speak.

Adoption should take place at home before outsourcing

Morgan Dailey
Student Opinions

In the United States there are so many children just sitting and waiting to be adopted yet it is becoming a trend to adopt out of the country.

There are currently 74 million Children in the United States to date; of those 74 million, 399,546 are in the foster care system with thousands more entering it every day. I know what you're thinking "not all of those children are up for adoption", you would be correct. Of the 399,546 nearly 200,000 are up for adoption.

I have begun to notice that it is becoming a trend among 30 somethings to adopt children from outside the U.S. I have an issue with this for many reasons. First because there are SO many children sitting and waiting for a good home right here in the United States. Children ages newborn- 17 are being put into the foster care system at an alarmingly increasing rate every day and it seems as though American adults who are capable of adopting here would rather adopt from overseas. Don't get my words confused and think I am saying that children overseas don't need homes because I am not. I am saying that we should take care of our own and we should provide stable homes for our youth.

Second it seems as though adoption is being treated like it is something to brag about and a way to get another punch in your good deeds card. Why is it that we as Americans have an issue with doing something just out of the kindness of our hearts and not to reap benefits for ourselves? Are we really too selfish to see outside of our own single mindedness and just do good for the sake of doing good?

Recently I had a family member adopt a little boy from China; this is what sparked my brain and lit my fire. Not only do they already have 3 children but they are also candidates for U.S. adoption. The selfishness was exuding from them throughout the whole process, they treated it as if it was just another way for them to get into heaven. It was apparent that they were treating their trip to China as a chance to tour and see the country rather than going and handling their business and coming home to their 3 other children who they left in the care of their elderly parents for 17 days. Their experience was "one we will never forget, we are so grateful to have been able to experience another culture and do good deeds for God", so you're telling me that you adopted a child from China, took him away from his culture and everything he knows just so you could experience another culture and impress God? I must say I don't think he is very proud of your selfish behavior. But who am I to judge.

My point through all of this is that if you are looking to adopt children I urge you to adopt within your home country, no matter what country that is. Take care of your own. Care about what happens to the youth of your country and show them that they have a purpose and are loved.

THE CURRENT SAUCE STAFF

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To Greek or not to Greek: one student's dilemma

"There's a popular anecdote concerning Greek life which says, "from the outside looking in, you can't understand it. From the inside looking out, you can't explain it." While cliché, the phrase perfectly explains Greek life."

Chloe Williamson
Student Opinions

DI. Non-greek. AGP. Geed. These endearing terms are just a few of the titles attached to collegiate students who choose to abstain from Greek life. Now, I'm sure that a non-Greek, such as myself, is the last person that Greek students want to hear from concerning Greek life. However, I'm not out to write another cliché story glorifying the idea that Greek students are paying for their friends.

On the contrary, in fact, I actually find Greek life is be a wholly positive experience for those who choose to commit to it. But this is only true when considering the fact that Greek life is simply not for everyone.

I won't lie, I've grown very tired of hearing, "why didn't you want to go Greek?." I'm downright sick of being asked, "How could you just not want to be in a sorority?." And I swear, I will scream if one more person asks, "So what do you do then?" I have very good answers to all of these questions. They're well thought out and understandable. But the reason these questions irk me so much is because I know that no answer will satisfy the person asking.

The main issue most people have with Greek life can be chalked up to the fact that they flat out don't understand it. The entire conflict is made up of vast misunderstandings. And it's as simple as that.

There's a popular anecdote concerning Greek life which says, "from the outside looking in, you can't understand it. From the inside looking

out, you can't explain it." While cliché, the phrases perfectly explains Greek life. No matter how many times my Greek friends have berated the subject and tried to get through to me, I absolutely cannot see the appeal. Equally, my Greek friends can't see the appeal of being non-Greek.

Personally, I don't find much appeal in joining an organization where I would be surrounded by girls and given instructions on how to behave. But that's me. If everyone went around with the mentality that I have, nobody would go Greek. The students who go Greek do so because they focus on the positive aspects of Greek life. That's an inherent difference between those who go Greek and those who don't. It ties right back in with the misunderstanding theory. I don't understand how you can focus on the positives, and you don't understand how I can focus on the negatives.

It might sound pretentious, but Greek students live in a completely different world than students who aren't Greek. I don't care how much anyone wants to dispute the point, I firmly stand by it. My entire perspective on a lot of fronts differs from my Greek peers. There are certain things I can do that they would never even consider, and vice versa. This argument might more applicable to Greek women, but the idea is still there.

Overall, I think the entire conflict should be settled with an "agree to disagree" arrangement. So long as everyone is doing what makes them happy, exactly why should the why even mater?

NS'U'

VOICE

What is your dream job?



"My dream job is to tour right out of college with a dance company or a cruise line. Them move to a big city like LA so that I can get signed with a company."

Logon Terrell
FRESHMAN



"I want to do international worship ministry. I've wanted to do this since I was a senior in high school."

Christopher Taylor
SENIOR



"I want to work with the child protection agency since I'm in social work. I've wanted this since I was in the seventh grade."

Brooke Howard
FRESHMAN



"I want to work in a crime lab doing DNA testing and things like that. I've been wanting this job since I was in middle school."

Jasmine Philips
JUNIOR



"My dream job would be to become a famous musician. I've wanted that since I was about five years old."

Josh Griffin
FRESHMAN



"My dream job is to be a third grade teacher. I've wanted to do this since the sixth grade and I'm excited to be in college making it happen."

Jaisley Barnes
FRESHMAN

Time right for La. to move on legalizing marajuana

The Times, Shreveport, La.
Associated Press

Marijuana has been in the headlines a lot lately. Partly, that is because it is now being sold legally for not only medical use but recreational as well in Washington and Colorado. However, in recent state meetings, there have been indications Louisiana lawmakers might once again revisit easing the penalties faced by those caught with marijuana in this state.

While that would certainly be a good start, lawmakers really should take the issue much further. Indeed, Louisiana should be the next state to just go ahead and legalize it. No matter from what angle one looks at the issue, which makes the most sense.

Marijuana is a Schedule I(C) hallucinogenic substance under state law, which is one of the harshest in the nation. Currently in Louisiana, those caught in possession of marijuana may find themselves jailed for as long as six months just on a first offense. A second offender may be sentenced to up to five years and fined up to \$2,500. Anyone convicted three or more times is looking at a possible 20-year sentence and a \$5,000 fine. The numbers are even direr in instances of distribution or cultivation.

Laws with such stiff penalties for non-violent crimes like marijuana possession are part of why our state has such a high incarceration rate.

Obviously, we can't continue on this path. Not with our state's struggling budget. The answer, though, is not to stop enforcing the law — the numbers prove law enforcement has been having an impact on what is on the books as a crime — but to look at changing the ways the law works. And adjusting what is and is not legal.

The history of marijuana prohibition has been a series of expensive and ineffective tradeoffs such as spending billions in enforcement costs and arresting hundreds of thousands of individuals each year for something as simple as possession. Essentially, current marijuana laws seem to make a lot of criminals yet do little to actually prevent crime.

Louisiana's, and indeed the nation's, true payoff from the legalization of marijuana will not be the tax revenue that might be gained, but the many losses that will be avoided.

The bottom line as we watch (and hopefully learn) from the legalization experiences of Washington and Colorado is that marijuana can, and should, be moved from the realm of the criminal to legitimate business. As such, it can be a tightly regulated and taxed industry that could help the state save money.

Indeed, now is the right time for Louisiana lawmakers to seriously look at the complete legalization of marijuana for our state. We should go all the way.

We need writers!
Interested?
Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 5:30 p.m. We hope to hear from you!



Photo by Gary Hardamon

Guard Brison White brings the ball to the hoop en route to a career high 24 points to help the Demons clip the conference foe Incarnate Word Cardinals. White’s effort helped the Demons hit the 100 point mark for the fifth time this season. He added five rebounds and three steals.

Demons streak past Cardinals, 100-86, reach fourth win in a row

Brian Cook
Staff Reporter

The Demons (9-11, 5-4 in Southland Conference play), up by 17 points at halftime, led by as many as 30 in the second half, as they sent SLC foes Incarnate Word (16-5, 4-4 in conference) packing, 100-86.

Sophomore guard Jalan West, with a career-high 10 assists, posted his first double-double of the season with 27 points and Guard Brison White had a career-best 24 points as they led NSU to their third straight win Thursday night.

The Cardinals were led by guards Kyle Hittle, who scored 23 points, and Denzel Livingston, who scored 20 points, but couldn’t grab the lead back

after NSU took hold of it just 3;16 into the game.

“The biggest thing is that we ran and we ran and we ran, and then we were active on defense,” Head Coach McConathy said.

NSU freshman Zeek Woodley, third in the nation with his 61.7 shooting percentage, made 7 of 11 shots in a 14-point outing while senior DeQuan Hicks added 10 points and seven rebounds.

The Demons shot 50.7 percent, including 61.1 (11 of 18) from 3-point range. Draining 19 of 22 free throws, they have raised their aim to 86 percent (72 of 84) during their winning streak.

NSU took control with a 17-1 run over four minutes midway through the first half and was up 47-30 at the break.

The Demons went on a 21-8 tear in the first six

minutes after halftime to go up by 30 in front of season-high 2,512 fans in Prather Coliseum.

Incarnate Word made 15 of 32 3-pointers but shot just 38.8 percent overall.

The Cardinals tried to make a comeback, as they got within 12 in the final half-minute, but the Demons held strong.

NSU posted their fifth 100-point total of the season, the best in McConathy’s 15 seasons. It was also the 15th time in his career his Demons have cracked the century mark, the ninth time in the past two seasons.

The McNeese State Cowboys come to town on “Gumbo Cook Off” night on Thursday, Feb. 6. at Prather Coliseum in Natchitoches at 7:30 p.m following the ladies game against McNeese.

Softball gearing up for season opener

Sports Information

Following a season of great success and records, the Northwestern State softball team looks to make 2014 an even better one as it kicks off its intense 50-game schedule on Friday at the Troy Subway Invitational, with contests against North Florida, the host Trojans, Alabama and Middle Tennessee State.

The Lady Demons return the entire infield for the third season in a row, and have brought in a strong 10-member freshman class that will add a world of depth and talent to the already impressive squad, who claimed the program’s fourth Southland Conference tournament championship and berth to the NCAA Tournament in the spring last season.

“To say we have talent is an understatement, so we’re really focusing on bringing that talent together to make it a final product,” sixth-year head coach Donald Pickett said.

“With such an experienced infield, we’re really leaning on them to be the backbone of this team.”

After a team vote, seniors Cali Burke, Kaylee Guidry, Tara McKenney and Brianna Rodriguez have been named captains, and will lead the team alongside a number of other strong individuals.

The entire infield received preseason All-Southland Conference accolades, including first team selection Rodriguez, who will anchor the first base corner along with junior Brittany Virgoe on the opposite side at third. McKenney and Burke will hold down the middle at shortstop and second base, respectively.

Behind the plate, Cheyenne DelaGarza, who notched All-Southland honorable mention last season, returns after putting a dent in the NSU individual record book, recording a .993 fielding percentage (5th) in 2013.

Guidry, Rodriguez, McKenney and Virgoe also notched College Sports Madness preseason first team honors, and Pickett selected for preseason coach of the year, announced Monday morning.

The outfield trio is still in the works as returners Shenequia Abby and Natalie Landry compete for positions with freshman Brittney Jones, Amanda Fulkerson and Micayla Sorosiak, who each bring their own special talents.

Guidry will lead from the circle after nailing down a 2.06 era while striking out 76 batters in 98.1 innings last season. She sets the pace for a young group of pitchers composed of sophomore Baylee Gray and four freshman, including fall season standouts Skylar Cagle and Micaela Bouvier.

Seven returners garner spots in the NSU individual and career records books, highlighted by McKenney and Rodriguez holding six different marks in the two ledgers.

On top of the league-high six preseason All-Southland Conference selections, NSU has been chosen to share the 2014 crown with league foe McNeese State, as voted upon by head coaches and sports information directors throughout the league.

The Lady Demons received 77 points in the coaches’ poll and 69 points in the SID poll, while notching four first-place votes from the coaches and five from the SIDs.

Northwestern State opens its home slate on Feb. 14 with a three-game series against Mississippi Valley State at five o’clock at the Lady Demon Softball Complex.

General admission season tickets can be purchased for \$50, while admission to the Outfield Club is \$75, and the chairback club is available for \$125 with includes a \$75 donation to the Athletic Association and an Outfield Club pass. Tickets can be purchased at nsudemons.com or at the ticket office in the field house.

Ladies basketball slashes ACU Wildcats, 76-72

Tiandra Williams
Staff Reporter

A second half surge locked down another win for the Lady Demons (12-9 5-4 in Southland Conference play) as they knocked off Abeline Christian University (12-10, 3-4 in conference), 76-72.

Sharp shooting behind the arch by ACU’s Alexis Morgan, shooting 3 of 4 in the first half, and Suzzy Dimba, a perfect 2 for 2, aided the Wildcats in their first half success.

Going into the locker room at half time the Lady Demons were down seven, 31-38.

But NSU stole the second half, outscoring ACU 45-34. The Lady Demons began the half on a 14-8 run and led by one with 14:57 left in the game.

After that run, neither team led by more than ACU’s initial nine-point lead in the second half. The rest of the game saw two ties, two lead changes, and a battle down to the final buzzer.

In the last minute of the game there were

12 free throw attempts between the teams and a last chance three-point miss by the Wildcats, after they shot 47 percent behind the arch in the first half, which would have sent the game into overtime.

Kourtney Pennywell set a new personal high 17 points. She led the Lady Demons in scoring for the first time this season.

The freshmen also pulled down nine rebounds, just short of a double-double on the night.

Wildcat Alexis Mason led all scorers with 18 points, shooting 6 of 10 from the field and 5 of 9 from three-point range.

Three other ACU players recorded double-digit scores: Whitney West with 12, and Renata Marquez and Sydney Shelstead with 16 apiece. Suzzy Dimba, who was 2 of 2 from three-point range, snagged a game-high 11 rebounds for the Wildcats.

Other NSU offensive threats were Trudy Armstead, Janelle Perez and Keisha Lee with 13, 12 and 11 points respectively.

Armstead also pulled down 8 rebounds

and accounted for 4 of the 6 made free throws for the Lady Demons down the stretch of the last minute.

NSU out rebounded the Wildcats 38 to 35 and accounted for nine more bench points. ACU won the turnover battle, 13-16.

The Lady Demons are two for two so far in their four game home stand with the other game a 72-66 win against Incarnate Word (8-12, 2-6 SLC), where five NSU players scored double digits.

Lee led with 14 while Armstead had 13. Perez grabbed 11 points and six assists. Junior guard Chelsea Rogers scored 11 while freshman guard Beatrice Attura added 10.

Pennywell snagged 10 rebounds and scored seven points against the Cardinals.

Lady Demons seek to continue the streak Thursday against McNeese State, currently tied with the Lady Demons in Southland Conference play.

That game will be in Prather Coliseum in Natchitoches at 5:30, p.m. It will also be showing on ESPN3.



Photo by Gary Hardamon

Freshman Kourtney Pennywell shoots past ACU’s defense as she leads the Lady Demons over the Abeline Christian Wildcats with a career-high 17 points.

Walker, Williams, Griffin give NSU top finishes at Houston competition

Sports Information

Medal stand finishes by All-American senior Justin Walker in the 200 meter dash, senior Quiana Griffin in the women’s 400 and junior Emmanuel Williams in the long jump topped Northwestern State’s results Saturday in the second and final day of the University of Houston’s Howie Ryan Invitational indoor track and field competition.

Williams nearly won the long jump with a 23-11 3/4 best mark topped only by the 24-1 1/2 from the Cougars’ John Horton.

Williams also claimed fifth in the triple jump and was the second-best collegiate jumper, going 48-10 1/4. Teammate Zhaquan Porter finished 10th at 46-7 1/4.

Walker ran third in the 200 at 21.88, behind unattached winner Errol Nolan (21.56) and Grambling’s Kameron Cowan (21.60). Walker was ninth in the 60 meter dash in 6.78.

Griffin took third in her specialty, clocking 57.34 as the second-fastest collegiate finisher. Carline Muir of Pure Athletics won in 56.49.

Griffin also ran the lead leg on the ninth-place 4x400 relay team, with Keshira McKnight, Nijah Lain and Consuela Lindsay following to post a 3:58.60 time.

Keenan Jackson gave NSU fourth in the men’s 400 (49.39). He was the third collegiate finisher as Clinton Collins from North Texas took the win (48.23).

Demons high jumper Quinton Helaire was the fourth-best college competitor and finished seventh overall in his specialty with a 6-4 3/4 clearance.

Also giving NSU a seventh place was Por’sha Thomas, going 38-2 in the triple jump.

Lady Demon long jumper Jayneisha Berry covered 18-1 to finish ninth. Kawanza Andrus gave the Lady Demons a 10th place 42-2 mark in the shot put.

The event came as the Demons’ second meet of the season after a meet in College Station, Texas on Jan. 17.

At their first meet, Walker and Williams led the pack for the Demons as well, again taking first in their specific events.

NSU will compete next on Feb. 14 at the Cupid Classic hosted at the Birmingham, Ala., Crossplex by Southern Mississippi University.

That venue is the site of the Feb. 26-27 Southland Conference Indoor Championships which will wrap up the indoor team season for NSU.

Demon Track and Field resumes after that meet for the outdoor season on Mar. 14 at the Jim Mize Invitational at LaTech in Ruston, La.

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Alumnus returns in US Navy band

Olivia Martell
Staff Writer

Northwestern State University hosted the United States Navy Band, Monday Feb. 9 in A.A. Fredricks Auditorium. As part of their 2014 National Tour, the band was lucky enough to stop by Natchitoches—although they admitted they couldn’t pronounce the town correctly.

With over 172 enlisted musicians, the Navy Bands plays in over 270 concerts and 1,300 ceremonies per year. The musicians have played at venues like Carnegie Hall, or smaller venues like rural civic auditoriums. The band is not referred to as “The World’s Finest” for kicks.

NSU is fortunate enough to have former student, Joshua Arvizu, be a member in the band.

Arvizu, who earned his Bachelor of Music from the university, has been a member of the Navy Band since Sep. of 2009. Since becoming a member, Arvizu has also managed to complete his Master’s Degree and is currently working on his Doctorate Degree in Musical Arts.

The Current Sauce spoke to Arvizu about

the success he’s had with his career as a musician and what it is like to be in the Navy Band.

How did Arvizu decide that music should become his career?

“I’ve been playing the oboe since I was in 8th grade—so almost 20 years—and I started playing it after my mom bought the instrument for me, and it just worked out.”

However, Arvizu never expected to become a member of the Navy Band.

“I worked really hard to get here. It’s a dream job.”

However, there were some challenges along the way that Arvizu encountered.

“Boot camp was something that wasn’t all that fun, but in the end, I would do it again if I had to. I love the people and this job.”

One of the biggest challenges for Arvizu, though, is that as an oboe player, he makes his own reeds.

“I take cane and I fold it over until it makes the sounds I want it to make,” Arvizu said with a laugh.

Despite some of the hardships he faces, Arvizu doesn’t plan on leaving the Navy Band anytime soon though.

“I just enlisted again for six more years, so



Photo by Tray Cooper

NSU alumn, Joshua Arvizu, and the rest the US Navy band played a concert in A. A. Fredericks Auditorium as part of their 2014 national tour.

I’m with these guys for a while.”

Six National Tours with the Navy Band has not discouraged Arvizu, either, despite long days and far trips by bus across the country.

“The tour has been great. It’s still early in the tour; it’s only day six of an almost month long tour,” Arvizu said.

Luckily for Arvizu though, the tour has been moving quickly.

“I’m glad we aren’t doing any six hour bus rides lately though,

we’re now getting into two hour bus rides,” Arvizu said.

Arvizu is certainly living the dream, and he encourages any aspiring musicians to take advantage of NSU’S resources and departments.

“If you can dream it, do it,” Arvizu said.

For more information of the US Navy Band, please visit <http://www.navyband.navy.mil/> for tour dates and audition information.



Photo from nsula.edu

Bill Brent will be the first inductee into CAPA’s hall of fame. He will be honored with a gala displaying students’ talents on April 4. There will also ge a silent auction and reception.

Bill Brent becomes first inductee in CAPA Hall of Fame

Emily Carter
Staff Writer

Bill Brent will be honored as the inaugural inductee in the Mrs. H.D. Dear Sr. and Alice E. Dear School of Creative and Performing Arts Hall of Fame. This honor comes after 30 years of dedication to NSU as the director of bands and director of CAPA.

Brent’s education background includes the Bachelor of Music Education and the Master of Music from the University of Texas, Austin.

He is member of the College Band Directors Association, Louisiana Music Educators Association, Texas Music Educators Association, and Phi Beta Mu. In 2002, he was honored with the Northwestern “Distinguished Service Award,” and in 2007, he was inducted into the Louisiana Music Educators Association “Hall of Fame.”

His dedication to improving the band can be shown in how much he helped it grow.

When Brent first arrived at NSU there were only 48 students at that first rehearsal. On helping the band grow into what it is today he said,

“I was just crazy and young enough just to start recruiting. I remember one January within my first couple of years, while

still on semester break, I took a University vehicle and drove to high schools as far south as Houma and New Orleans and as far north as Monroe and over to Shreveport in five days recruiting and visiting schools. Most other college band directors were still on vacation. I was working. I basically lived out of the car.”

Brent has retired from his position as the director of bands and the director of CAPA. Dr. Greg Handel as the director of CAPA, and Dr. Jeff Mathews as the director of bands have filled his positions.

He plans to stay on staff to help with recruiting for CAPA and fundraising for the NSU Foundation.

Many students have said that they felt he did a lot for them, and improved the band greatly.

They are saddened to see him leave his positions as the director, but know that Handle and Mathews will not disappoint them.

Brent will be honored at the President’s Command Performance, a gala that shows the talents of students in CAPA on April 4.

There will be a cocktail reception silent auction, and a musical performance. Tickets are \$65 per person or \$125 for a couple. To purchase tickets call (318)357-4414.

Emily Fontenot
Staff Writer

Spinning their theme off of Miley Cyrus’ hit song, the Student Government Association launches its annual week of events dedicated to strengthening student connection with the Student Government Association (SGA).

This year’s “I Heart SGA Week” began with a birthday party in the Student Union Monday to celebrate SGA’s 87 birthday here at NSU.

Free cupcakes were given out while a booth of SGA members noted student concerns. Although the booth had to move locations due to the rain; they were able to set up in the Student Union.

“It went very well,” SGA member Kyla Winey said. “We got lots of student concerns to work on and we gave away all of our cupcakes.”

Tuesday’s dinner part and taxi services were cancelled due to weather conditions. Events are still scheduled for the week.

Wednesday’s “Party on the Brickway” was a success with music provided by KNWD and 100 free t-shirts given away.

Thursday, “The Dinner Party” will replace the scheduled “Breakfast Party” from 6:30-8:00 PM due to its earlier cancellation.

SGA members will eat dinner together in Iberville Café while gathering student concerns.

“Every year SGA sponsors ‘I Heart SGA Week’ as a fun way to give back to our students,” event director Bria Williams said. “Although we do legislation each week, this is more exciting and interactive for the students and the SGA members.”

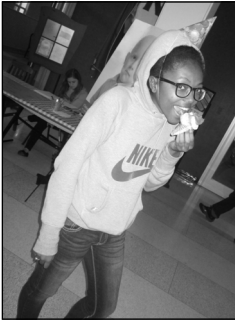
As communications director for the SGA, Williams is head of the external affairs committee that hosts each year’s SGA week.

Brian Cook, Chantasia Grasty, Destiny Reynolds, and Ashley Ledet helped to organize each event as committee members.

“It’s been hectic,” Williams said. “The overall picture was easy to grasp, but doing all the small details can be time consuming.” Williams feels SGA has enhanced her college experience by providing a place for her

to be involved and make a difference.

“Overall my experience has been good,” Williams said. “SGA is a really positive group and we’ve bonded a lot. We just want to grow and for NSU to be a place that students are happy to pay tuition to attend.”



Photos by Emily Fontenot

Cupcakes were handed out to students Monday for “Party in the SGA” week, which celebrates student government and gets students involved

Award winning pianist to perform next week

News Bureau

Pianist Washington Garcia will perform at Northwestern State University Tuesday, Feb. 18 at 7:30 p.m. in Magale Recital Hall. The concert is part of the Louisiana Piano Series International. Tickets are \$15. Students are admitted free.

Dr. Francis Yang and Dr. Christine Burczyk Allen are the organizers of the Louisiana Piano Series International.

Information on the Louisiana Piano Series International is available at music.nsula.edu/lpsi.

The program will include works by Bach, Beethoven, Gerardo Guevara, Ferruccio Busoni, Ravel and Chopin.

García is associate professor of piano and assistant director of the School of Music at Texas State University-San Marcos where he is also the coordinator of the piano department. He is the founder and director of the Texas State International Piano Festival, and faculty member at the InterHarmony International Music Festival in Tuscany, Italy.

García holds a bachelor of music from the National Conservatory of Music in Ecuador, and master’s and doctoral degrees from the Peabody Institute of Johns Hopkins University, where he graduated at the age of 25 as the youngest Latin American to have received a doctoral degree in piano performance at the university.

He was awarded first prizes at the Guillermo Wright-Vallarino National Piano Competition held in Quito, the Elizabeth Davis

Memorial Piano Competition and the 19th International Young Artist Piano Competition in Washington D.C., the 2004 Baltimore Music Club Piano Competition and the Harrison Winter Piano Competition.

Since his debut with the Ecuadorian National Symphony Orchestra at the age of 15, he has been an active recitalist, soloist, and lecturer in prestigious venues in Italy, Switzerland, Austria, France, Spain, Hungary, Canada, Israel, Chile, Mexico, Ecuador, Colombia, Japan, China, Indonesia, Singapore, Taiwan and the United States.

His most recent performance at the National Recital Hall in Taiwan was received favorably by the critics and audience, leading to further engagements in Asia.

In the United States, he has offered solo recitals and master classes in nearly 30 states.

García’s international debut took place in Santiago, Chile, where he performed for former President Patricio Aylwin at the Claudio Arrau International Piano Seminar. Subsequently, he was chosen from a large field of contestants from 33 countries by the Kennedy Center for the Performing Arts in Washington D.C. to receive one of two \$25,000 grants awarded to pianists in its Fellowships of the Americas Program.

Under the auspices of the program he was invited to play at the Kennedy Center Terrace Theater, the Organization of American States, the World Bank, the Inter-American Bank, the Corcoran Gallery of Art, the Department of State and the Mexican Cultural Center in Washington D.C.



Photo submitted by News Bureau

Award winning pianist Washington Garcia will be playing in Magale Recital Hall Feb. 18 at 7:30 p.m.

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Photo by Associated Press

A couple walk past a lingerie shop advertising the upcoming Valentine's Day holiday in the Sochi city center, Monday, Feb. 10, 2014, in Sochi, Russia, home of the 2014 Winter Olympics.

Opinions on the holiday of heart-shaped candies

Chloe Robinson
Sauce Reporter

There may be two sides to the heart of Valentine's Day, but at least one side seems highly commercialized. For most, this holiday means celebrating your loved ones and displaying how much you truly care about them. For others, it means spending an unnecessary amount of money on things that your significant other won't even care about, strictly for the purpose that society tells you to.

According to recent reports, approximately 150 million Valentine's Day cards are exchanged each year, making this the second most popular card-sending holiday after Christmas. Valentine's Day is undisputedly one of the most exploited and commercialized holidays we celebrate and the majority of the public cashes in to the hype annually. These pressures to spend money and impress others are one of the main reasons many dislike Valentine's Day.

Valentine's Day gifts are usually some sort of combination of flowers, cologne, candy, boxers, wine, and jewelry. And let's not forget the giant teddy bears.

I'm going to take the opportunity to speak for everyone here, and say that there is absolutely no justifiable need for a giant teddy bear. What are you supposed to do with that thing? Keep it in your room? That's creepy and a colossal waste of money.

For those of us on the broke side of the spectrum, these options are anything but appealing. Magazines and blogs about cheap Valentine's Day ideas usually include picnics, personalized knickknacks (such as coffee mugs, t-shirts, or literally any other item you already have in your house), and DIY projects (because nothing says "I love you" like time dedication).

Another way to save money is to look into cheap date ideas. Since the point of Valentine's Day is to show your love, it's probably more appreciated to do so without relying on money to do the talking.

Sophomore Amanda Jenkins explained why the typical and oftentimes expensive gifts aren't that special.

"I don't get why flowers and candy are such a big deal," Jenkins said. "When I was in high school, my boyfriend got me flowers and candy. I honestly think those gifts are too played out and disingenuous. Go on a picnic or something else that's fun and doesn't cost a ton of money."

Junior Johnathan Foreman ignores the pressure to put a monetary value on his feelings.

"If the girl I'm with at the time feels the same way about me as I do about her, I don't see why the amount I spend is important," Foreman said. "The expectation to spend money is exactly why I hate Valentine's Day. For the past two years, my girlfriend and I agree to save our cash for Valentine's and just spend the day together".

I personally feel that Valentine's Day is blown completely out of proportion and ultimately a scam. But all opinions aside, it can't be denied that it's possible to enjoy this holiday without breaking your bank account.

This year, try focusing more on your valentines than buying their affection. Or just agree it's a pretty pointless holiday and pretend like it doesn't even happen.

Exercise in style with Tribal Fusion

Summer Evers
Staff Writer

Want to sway your hips without being in a crowded and noisy nightclub? The continuing education department now offers a six-week tribal fusion dance class for those with little or no dance experience.

"Tribal Fusion belly dancing is not what most people think when they think of belly dancing," instructor Cheryl Gianforte said. "Tribal fusion comes from the fact that we dance as a group (tribal) and we incorporate lots of different styles of dance (fusion)."

NSU alumna Gianforte is a member of the Port Belly Project troupe and Lotus Studio and held the title Lady of the Bracelet in 1976.

She said Hollywood presents images of the typical cabaret style of dancing and that is not what tribal fusion does. Cabaret focuses on individual dancing and is adapted for nightclub use.

"I had no idea that this type of dancing was out there," Gianforte said. "I was mesmerized the first time

I saw a tribal fusion performance so I immediately started taking classes. Every few steps I gained confidence and I haven't stopped after 4 and a half years."

Tribal Fusion performers wear more ethnic and organic clothing rather than glittery and glamorous Hollywood attire. Attire often features layers, large pantaloons, big skirts, and tribal jewelry, as well as flared pants with flowered hair.

"I hope my ladies in the class have a good time so by the end of the course they find that they can do something they couldn't," Gianforte said. "That would give them some confidence and ability to not be afraid to try something new."

The six-week, non-credited belly dancing course starts with the presentation of basic steps that will be incorporated into a simple, choreographed dance by the end of the course. Students will also learn how to use improvisational cues to dance in a tribal style.

"Belly dancing gets your body moving and exposes you," Gianforte said. "There's a whole belly dancing world out there that nobody knows about. It will defi-

nately open up your eyes."

Gianforte founded her own dance troupe in Natchitoches called "Indigeaux" in September of last year and the group first performed in November. Gianforte said Indigeaux is the most supportive group of women she's ever been around.

"Cheryl is a really excellent teacher because she drills and challenges us and I think that really builds our confidence," class and troupe participant Scotti Rodgers said. "I just got hooked on [belly dancing] and I love it. It's a great workout. I'm hoping to see more and more people get an interest so we could build our troupe."

Wear comfortable exercise pants and a top to class. Dancing usually occurs barefoot in a studio.

The first class was held last week and will run every Thursday night through Mar. 28 in the Health & Human Performance dance room. The cost is \$65.

Registration for the course will be open until Feb. 13. Anyone interested can call 318-357-5682 or email Melanie Bedgood at bedgoodm@nsula.edu. Call Gianforte at 318-352-6068 with questions about the class.



Photo by Lindsay Alleman

Senior Lindsay Alleman traveled to South America and observed the modern and traditional wardrobes of locals in several communities. Pictured above are Quechua women in Peru hand making blankets, sweaters and table runners.

Blending old & new: Beyond U.S. fashion

There's nothing wrong with a cute pair of jeans, but sometimes it's necessary to travel places where they aren't commonplace. Throughout the year, students study abroad to gain credit hours and international experiences. With that in mind, how different are the fashion scenes abroad?

Senior Burgandy Farris traveled to Italy, Greece, Germany and France with the student program EF college break. Farris noticed many similarities in fashion taste, but one difference stood out.

"I noticed that they put more time into getting dressed," Farris said. "They never just threw something on and go. It always seemed like they were dressing well no matter what they were going out for."

International fashion is worth observing because of how heritage-oriented places incorporate modern fashion into their cultures. Senior Lindsay Alleman noticed during a trip to Ecuador and Peru last summer that many locals wear prints on their clothing.

"I remember one small mountain village where all the women wore the traditional outfits of their ancestors," Alleman said. "The people tended to incorporate more native designs, especially in hats and sweaters made of llama wool."

Local fashions also depend on geography. People who live in rural areas are more likely to abide by local dress customs. Mexico native and junior Frida Monjardin sees many similarities to American fashion in cities but not in smaller towns in her home country.

"People who live in really rural areas or towns that make a living as farmers have style that's more folk," Monjardin said. "They have more traditional Mexican wardrobes compared to the big cities found deeper in Mexico that have grown and drifted from just the typical wardrobe."

Overall, traveling abroad can expose you to a blend of traditional and modern fashion away from the drab of Walmart clearance items.



Regine Lyons
Fashion Columnist

Sinkhole collapses part of Corvette Museum in Ky

Bruce Schreiner
Associated Press

BOWLING GREEN, Ky. (AP) — A gaping sinkhole collapsed part of the National Corvette Museum in Kentucky on Wednesday, damaging eight prized cars that plunged in a heap while the attraction geared to the classic American sports car was closed to visitors.

"They're all just kind of nose down in the bottom of the hole," said Western Kentucky University engineering professor Matt Dettman, part of a team brought in to assess the damage and the stability of the surrounding area.

Six of the cars were owned by the museum and two — a 1993 ZR-1 Spyder and a 2009 ZR1 Blue Devil — were on loan from General Motors, said museum spokeswoman Katie Frassinelli.

The other cars damaged were a 1962 black Corvette, a 1984 PPG Pace Car, a 1992 White 1 Millionth Corvette, a 1993 Ruby Red 40th Anniversary Corvette, a 2001 Mallett Hammer Z06 Corvette and a 2009 white 1.5 Millionth Corvette.

Bowling Green city spokeswoman Kim Lancaster said the hole opened up at about 5:40 a.m. CST Wednesday, setting off an alarm and a call to the fire department. Frassinelli said no one was in the museum at the time.

The hole opened in part of the museum's domed section, and that area will remain closed. That's an original part of the facility that was completed in 1994. The fire department estimated the hole to be about 40 feet across and 25 to 30 feet deep.

Pictures of the sinkhole showed a collapsed section of floor with multiple cars visible inside the hole. A few feet away, other Corvettes sit undamaged and undisturbed.

"It's certainly a sad day here," said museum executive director Wendell Strobe.

Frassinelli said the rest of the museum was open Wednesday. Visitors trickled into the museum, some unaware that the main exhibit area was closed.

"That's a whole lot of money just to throw down a hole," said Alida Kriete, who stopped with her family on their way back home in Indiana after a vacation to the Gulf Coast.

Dettman estimated it could take weeks to months to repair the damage. The cost could run into hundreds of thousands of dollars, depending on the extent of any structural damage, he said.

Lancaster said information was still being gathered about what exactly happened, but it appeared to be the first problem of its kind at the property.

Bowling Green sits in the midst of the state's largest karst region — the Western Pennyroyal area, where many of Kentucky's longest and deepest caves run underground. A karst display distinctive surface features, including sinkholes.

Sinkholes are common in the area but usually don't occur inside buildings, Dettman said.

"It was unique for a lot of reasons," he said. "One, it's full of Corvettes, and two that it was inside a structure."

Geologists were still trying to determine what caused the sinkhole to open up.



Photo by Associated Press

In this image provided by the National Corvette Museum shows several cars that collapsed into a sinkhole Wednesday, Feb. 12, 2014, in Bowling Green, Ky. The museum said a total of eight cars were damaged when a sinkhole opened up early Wednesday morning inside the museum.

Some of the foundation beneath the dome's main tower had been undermined, Dettman said, but "the primary foundation system around the perimeter of the structure hasn't been undermined."

Strobe said at least two of the Corvettes could be "recovered and saved," but museum officials were still trying to determine the extent of the damage. He didn't know how soon the cars could be retrieved.

"We've overcome adversity before and will certainly overcome this," Strobe said.



Photo by Associated Press/ Anheuser-Busch

Lt. Chuck Nadd and his girlfriend Shannon Cantwell wave as they ride on the wagon pulled by Clydesdales aboard the famously-red Budweiser beer wagon in a parade, led by a marching band in Winter Park, Fla. The brewer has fashioned an ad around the parade that [ran] during the Super Bowl.

GameDay ad reactions

Olivia Doucet
Sauce Reporter

For those without a DVR, commercials can be a bothersome part of television. Many companies try to make ads more entertaining year-round, but none grab viewers' attention like those during the Super Bowl.

For this game, big-name companies spend millions of dollars to put out some of the most outrageous and talked about commercials of the year. 74 NSU students were polled to see which ads held their attention.

Of the NSU students who watched the game, 62% of those interviewed said they tuned in just to watch the commercials.

The Coca-Cola commercial "American is Beautiful" stirred up a controversy across the country. The ad portrayed the diversity of American people by featuring the patriotic song "America the Beautiful" being sung in multiple languages.

NSU students polled were generally unaffected by the commercial. Only 12% of students disapproved of its content, whereas the other 88% either approved or were unaware of the controversy.

Most students polled preferred funny commercials to the rest. 57% of students favored ads like RadioShack's 1980's takeover or Audi's Doberhuahua. Only 26% preferred heartfelt commercials like Budweiser's "Puppy Love" and Honda's "Hugfest," while 17% liked promotional trailers or didn't bother to watch the ads at all.

Those who missed the Super Bowl can look up the ads on YouTube to see why Americans nationwide had strong reactions to these commercials.

Glory to the nerds, NSU at New Orleans Comic

Taylor Furr
Student Opinions

Last week I went to New Orleans for Comic Con which is an annual convention for those who are fans of comic books, anime, video games and other nerdy things. Comic Con is one of those magical places that allows you to completely immerse yourself in your hobby and be surrounded by other people who have the same interests as you do. There are many things to do there. Of course, one of the most prominent aspects of Comic Con is buying all kinds of cool swag. I bought swords, t-shirts, plushies, accessories, art and all sorts of cool stuff. One iconic element of Comic Con is that there are people who are dressed up as characters from games, comics and other things surround you. As you can see from the pictures, some people really go all out on their costumes.

One of the best things about Comic Con is that many celebrities are known to appear there. Due to schedule conflicts, I was only able to meet Yaya Han. She is essentially the goddess of Cosplay. Other celebrities that were there included Stan Lee, Jason David Frank and Matt Smith. If you have heard my radio show, “Gamer Tracks,” you know that I am an avid fan of Pokemon. Yours truly had a total of 22 battles at this convention. I returned undefeated. If anyone wants to challenge me to a battle, stop by KNWD on the first floor of Kyser Hall. To see pictures and videos of my time at Comic Con, check my Facebook page: Facebook.com/gamertracks. Also remember to listen to my show on KNWD 91.7 the Demon every Monday at 2:00 p.m. All glory to the nerds!

Photos submitted by Taylor Furr

Student Taylor Furr battles the green ranger at New Orleans Comic Con



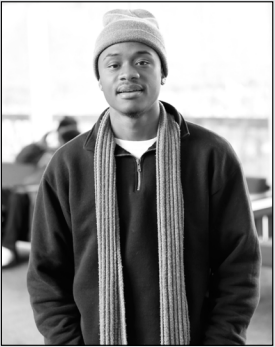
NS‘U’ VOICE

If you can visit any decade what would it be and why?



“I would go back to the 90s because that’s when everything on TV was good, music was still good too.”

Bria Winston
SENIOR



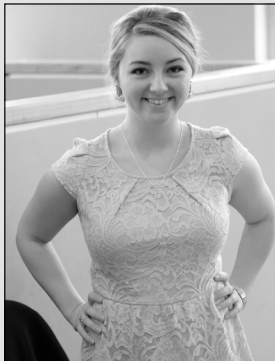
I would go back to the 90s because that’s where all the great stuff happen and the clothing style were really nice. Lots of great music came out then too.

Jalen Fleming
Freshman



“Because I am Bi-racial, I am happy in the decade I am in and would not travel back to any other decade because if I go back then I would not be accepted.”

Kyah Johnson
FRESHMAN



“I would go back to the 20s because the clothes were fabulous, parties were fabulous, and Broadway was at its best.”

Kathy Kerner
SOPHOMORE



“I would go back to the 90s, because life was so simple, everything was laid back, hip hop was taking over at the time. Everything had a message to it, music, movies, what people wore.”

Joe Scott
SENIOR



“I would go back to the 90s because it’s where my childhood was and I really enjoy the 90s because that’s when music was really good and tv shows.”

Chase James
SENIOR

Friends review others favorite album

The Fallen of Ideals

Hank Jarboe
Student Opinions

A friend and I are reviewing albums for the newspaper so he gave me his favorite album and I gave him mine. Both of us have terrible taste in music, but few people are aware of this being published, so I think we’re fairly safe from ridicule... anyway. All That Remains is a heavy metal band hailing from Springfield, Massachusetts. The five-piece band has undergone numerous lineup changes since their foundation in 1998, so their `long-standing presence in the modern metal scene is nothing new. Despite this, I’ve heard very little about them until this album and the subsequent review. So here it is: Each individual musician that makes up the body of this group is notably talented. The singer/screamer has incredible vocal range on his screams as well as his cleans. The drummer from this album is also immensely talented, albeit a little bass drum heavy (and with the type of dull bass drum sound I dislike). This album is for early 2000’s heavy metal lovers. It hits hard and fast from the opening track, “This Calling” to the end of the album with only a few motif changes during the whole of the LP. In songs like “Six”, “Whispers” and “The Air That I Breathe”, though, they occasionally differ musically from the fast and loud. “Six” entertains several different musical ideas including an acoustic sounding refrain, a more melodic guitar solo and the usual face pounding double bass drum that I quickly came to expect. This type of



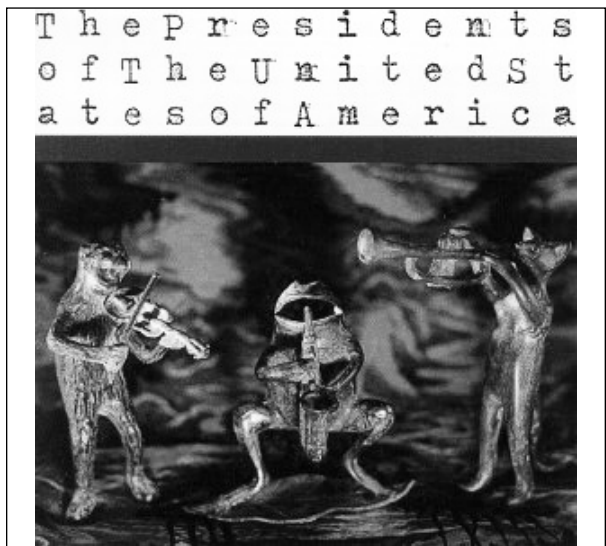
The Fallen of Ideals is the third studio album by All That Remains. It was released in July of 2009. This album was the band’s first to enter the Billboard 200 charts.

diversity makes it one of the stronger songs on the album as a whole. My major critique of this album is repetition. Rarely does All That Remains stray from the path of: 1. Intro, 2. Verse, 3. Chorus, 4.Verse, 5. Chorus, 6. Solo, 7. Chorus, 8. Outro, etc. etc. Even the lyrical ideas are almost always about overcoming some sort of hardship, which is hard to ignore. Despite the flaws in this album, it is still musically interesting, fairly technical and worth a listen. However, I would not recommend buying the entire album because of the repetition, but a few songs to look for are “Six” and “This Calling”. I give this album a

The Presidents of the United States of America

Brandon Swann
Student Opinions

The Presidents of the United States of America is an alternative rock band from Seattle that formed in 1993. Their self-titled debut studio album was released in 1995 and they have had four albums since then. The latest album will be released in February 2014. Although this is probably not a band I would listen to in my free time, this album does have some things to celebrate. For one, it is a very fun album. Most of the songs are catchy enough to keep you listening to the whole thing. The tracks “Peaches” and “Back Porch” have instrumentals and vocals that are fun and energetic. My favorite songs on the album are “Feather Pluck-in” and “Stranger.” “Feather Pluckin” has a very mel-



The self titled debut album of The Presidents of the United States of America was released in 1995. It was certifid Plattnum by the Recording Industry Associa-tion of America.

Creationalism in School; a moral threat

Student gives opinion on religious fundamentals that demands our vigilance

Daniel Jones
Student Opinions

With Bill Nye’s debate at the Creation Museum last week and South Carolina’s decision to “teach the controversy,” Creationism (The belief that the world was created six thousand years ago by the Christian God, with all species formed as they are now formed; not to be confused with mainstream religion) has been getting quite a bit of spotlight recently. Some think that the Creationists should not be given any attention in the public forum, that aggressive fundamentalist ideologies will naturally fade away under the weight of progress. For a while, I agreed. My mistake was to indulge in the good nature and intelligence of the religious communities that I have recently become familiar

with, and forgetting the dogmatic and unreasonable tenants that some people hold. I use the word unreasonable in a philosophic context, rather than an implicative context. The faithful hold, by the nature of their faith, that their beliefs may be wrong but that they should and must believe anyway; for the context of this article, there is no problem. Reasonable people may allow themselves to convert, or modify a belief; if they become convinced it is appropriate. But if it were divinely revealed that the Earth were more than six thousand years old, would the Creationist modify their claims? If so, then why claim that no evidence could be posited that would make them do so? Ken Ham said that nothing could change his mind; I doubt he means that, but his cause and congregation demand it. But how do we

communicate with such a person, how do we hold them as part of a global and scientific community? The problem is not about promoting or forbidding religion. The problem is with rearing and educating our children to be unreasonable and anti-scientific; we cripple ourselves by assuming that science and religion are necessarily contradictory. The detriments of organized religion, such as they are assumed to be, are not the foundation nor the motivation for wishing a secular and specifically scientifically curriculum in school. Public schools are a public investment in the children and future social infrastructure of our society. Thus, how we invest now dictates how we should expect to view the future. We harm ourselves, now and in the future, when we distract our children

and ourselves with extremist views in an inappropriate setting. This does not necessarily need be restricted to religious ideals, but do we not best serve our children by arming our them with the most productive knowledge as early as possible, instilling them with a rigorous and demanding way of thinking? To claim that Creationism is a viable theory is to completely undercut our standard of evidence and weaken us for the professional and academic world. The dismantlement of our scientific progress in states such as South Carolina is a threat, to the religious and the irreligious, because this is not a fundamentally religious problem; it is a moral problem. It is a problem that demands our vigilance, and allowing “blokes” like Ken Ham to subvert our culture’s scientific work is a disservice.

THE CURRENT SAUCE STAFF

We need writers! Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 6:45.

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low verse with great undistorted guitar with a Lynyrd Skynyrd feel. “Stranger” has a ballad-type verse and tells the story of him meeting a stranger. It seems like a “love at first sight” type of story in some aspects. There are also points in this album where it was hard for me to be excited listening to it. Some of their choruses are just the same phrases repeated over and over again. The opening track “Kitty” is a great example where the chorus says “Kitty at my feet and I wanna touch it” eight times. OSome of the songs on the album didn’t really seem to fit in anywhere or bring anything exciting to the rest of the album. Songs like “Dune Buggy”, “Body”, and “Candy” bring practically nothing lyrically entertaining and seem out of place to me. Overall, this is an okay album. It is very fun and some of the songs will probably never get boring. On the other hand, if you are into meaningful lyrics and songs of that nature, you should not pick this album up. Lyrically only one or two songs stick out (barely) to me but many of the songs still do put a smile on my face and can be listened to multiple times in one sitting. I

Demons fry Colonels, 86-73

Brian Cook
Staff Reporter

The Demons (11-11, 7-4 in Southland conference) won their sixth Southland Conference basketball game in a row Saturday over visiting Nicholls State (10-10, 7-4 in SLC), 86-73.

DeQuan Hicks scored 17 points and pulled down nine rebounds, Jalen West finished with 12 points and nine assists while Brison White added 11 points and had a career-high five steals to go along with some of his high-flying dunks.

Guard Zeek Woodley scored 13 points, as his team went on a 21-4 scoring streak that led them into halftime up 45-32. With 9:28 left in the half, that spurge consisted of tomahawk dunks and alley-hoops that rocked Prather Coliseum with excitement.

After falling behind by as many as 17 in the first half, Nicholls twice clawed back within three points.

Northwestern ran off eight straight points midway through the second half to regain control, 71-59, and posted five unanswered, three by White after a rugged Robinson basket inside ended a 10-0 burst by the visitors to within 74-71 with 3:34 remaining.

“Nicholls is very well coached, very good at what they do, and we were able to hold them to 40 percent shooting and 26 percent on 3-pointers,” head coach Mike McConathy said.

The Demons displayed their newfound defensive acumen, which has combined with good rebounding and hot 3-point shooting



Photo by Gary Hardamon

Senior guard Brison White puts the ball up for a slam as he leads the Demons to their sixth win in a row over the Nicholls State Colonels. White put 12 points on the board with nine assists as Northwestern put on a spectacle performance.

as key factors in their winning streak.

Northwestern held the opponent to 40 percent aim or worse for the fourth time in the six wins, won the rebounding battle

(41-38) for the fourth straight game, and its 41 percent 3-point aim was the fifth over 40 percent in the streak as the Demons have canned 47 percent overall.

Colonel Dantrell Thomas matched his career best with 28 points as he drained 14 of 16 free throws. He also snagged 10 rebounds, but the Colonels had only one

other double-digit scorer, T.J. Carpenter with 10.

Thursday night, sophomore point guard Jalen West scored 30 points with eight assists and four steals that sparked Northwestern State to its fifth straight Southland Conference basketball win.

The Demons pulled away with an 85-74 victory over visiting rival McNeese State in front of a season high 2,812 fans in Prather Coliseum. Hicks added 19 points and 13 grabs for his 11th career double-double. The Cowboys were stung by 23 turnovers as the Demons notched 12 steals by seven different players.

The Demons wrapped up a four-game homestand while extending their win streak to the third longest run in McConathy's 15 seasons.

Last year's 23-9 NCAA Tournament team posted nine wins in a row, the best by the Demons in 37 seasons. The 2007 Demons had six straight victories, and the 2006 NCAA Tournament squad twice notched eight consecutive.

The Demons travel to Sam Houston State on Thursday, Feb. 13, to continue conference play and to begin trying to ride their streak through a five game road series.

The Demons lost their previous meeting with the Bearkats earlier this season, 104-107. That game, played in Natchitoches, went into double overtime before the Bearkats finally came out on top.

The Demons' road series will also include previous Southland conference foes Lamar and Stephen F. Austin.



Photo by Gary Hardamon

Freshman Kourtney Pennywell takes a shot over a Cowgirl defender in the Demons' loss to McNeese.

Last second basket dooms Demons against McNeese State Cowgirls, 55-57

Tiandra Williams
Staff Reporter

One year ago Janelle Perez sank a 3-point basket with 4.5 second left against the then two-time Southland Conference Champion McNeese State Cowgirls (13-8, 6-4 in Southland conference play). This year the tables were turned.

With 2.1 seconds remaining in the game, Cowgirl Cecilia Okoye banked in a game-winning runner to send McNeese prevailing over the Lady Demons (13-10, 6-5 in conference), 57-55.

The game saw seven ties, six lead changes, and heart pounding down to the wire action between these two Louisiana rivals, including a 55-55 tie with 20 seconds remaining in the game.

Despite back-to-back 3-pointers by Chelsea Rodgers that put NSU within two points with just under three minutes to go, and two made free throw attempts by Perez that tied the game for the final time of the night, the Lady Demons were not able to get the necessary final defensive stop.

McNeese only had one player to reach double-digit scoring: Victoria Rachal had 11 points on the night. Cecilia Okoye, who scored the final basket, had six points

and led the night snagging 11 rebounds.

NSU shot a low 26 percent in the first half but got in the groove shooting an above average 46 percent in the second half. The Lady Demons had four players double-digit scoring for the night. Keisha Lee, Janelle Perez and Kourtney Pennywell had 13, 12, and 11 respectively. Trudy Armstead had the matchup's only double-double with 11 points and 10 rebounds. Rodgers also added 10 rebound of her own, tying Armstead.

Coming off the loss, NSU fought NSU as Nicholls State came to town and fell to the Lady Demons, 76-70.

The Lady Demons started off the game on a hot 64 percent shooting in the first half against SLC fourth ranked Nicholls, and continued their dominance throughout the second half. This matchup had no ties or lead changes.

“I think everybody that went into the game contributed,” Co-Head coach Brooke Stoehr said.

“We were a very unselfish team today with 17 assists and we shot the ball well, just proud of our team for its energy and effort.”

“We had a tough loss on Thursday and I thought we turned the page quickly and bounced back,” she said.

NSU will start a five-game road stint on Thursday, Feb. 13, against Sam Houston.

Tennis team earns Top 75 national ranking

Morgan Thorpe
Sauce Reporter

The NSU Tennis Team is now nationally ranked at No. 72.

The ITA bases their decision of the top 75 national teams on their performance in prior weeks. On Saturday, the Demons pulled a 4-3 win over Southern Mississippi but suffered a loss to Alabama-Birmingham.

In February of last year, the team faced Southern Mississippi and won 7-0. This year, the matches were much closer.

“This was a very good match with very good tennis all across the board. The outcome could have gone either way, and we were fortunate to come away with a victory on the road,” head coach Patric Dubois said.

Singles players Kateryna Piatakova (6-4, 6-4), Natalye Krutova (6-1, 6-3), and Aliona Ladutska (6-3, 7-5) all

pulled victories on Saturday's game. Aliona Ladutska was also paired with Amy Williams in a doubles match where they won 6-1.

On Sunday, the team lost 4-3 to Alabama- Birmingham.

“This was a very disappointing loss as we had our chances to win. A lot of credit goes to UAB for fighting hard and hanging in there in some very close matches,” coach DuBois said.

Polina Konop and Tatiana Larina (6-1) made a quick win in their doubles match along with Natalya Krutova and Kateryna Piatakova (7-5). Natalya Krutova (6-1, 6-1) and Aliona Ladutska (7-6) also pulled the only singles wins for the team.

The Demons will be playing this Saturday in New Orleans against Auburn and then again on Sunday against LSU. The team will also play Louisiana-Lafayette on Feb. 22 and Texas-San Antonio on Feb. 23.

Softball falls to Middle Tennessee State, 12-7

Sports Information

Despite a powerful spark in the fourth and fifth innings to tie the game, the Northwestern State softball team dropped a 12-7 decision to Middle Tennessee State Sunday afternoon in the final day of the Troy Subway Invitational at the Troy Softball Complex.

The Lady Demons dipped to 1-4 overall as the Blue Raiders (1-4) picked up their first win of the season.

“This was another tough one for us,” sixth-year head coach Donald Pickett said.

“We had some good offense in the fourth and fifth innings, but weren't able to hold Middle Tennessee from scoring. We faced some very good teams, and can only use this weekend as a learning experience.”

The Blue Raiders sent seven runners across the plate in the third inning off five hits and one NSU error to build a lead. Northwestern State began to break into that lead in the fourth inning.

Brittany Virgoe led off by reaching first on an error, and moved to second when Brianna Rodriguez was walked.

With no outs, Cassandra Barefield ripped her second home run of the season to bring the Lady Demons within four but the next three batters were all unable to get on base.

In the fifth, NSU loaded the bases with the first three batters and drew Virgoe in the lineup. The Anaheim, Calif., native put the ball on the ground and was out at first, but allowed pinch runner Tashana Triplett to score.

Rodriguez walked once again to bring up Barefield, who singled and advanced to second on an error from catcher Laura Dukes, allowing two runs to score.

Trailing by one, Kayla Boening pinch ran for Rodriguez as Kellye Kincannon stepped up. Kincannon grounded out to second base, but the fielder's choice allowed Boe-



Photo by Gary Hardamon

Brittany Virgoe swings at a pitch in the Lady Demons' loss to the Middle Tennessee State Blue Raiders. Virgoe had one run and one RBI in the team's fourth loss.

ning to score and tie the game.

Middle Tennessee did not hesitate to answer the Lady Demons as five runners would score off three hits and another NSU error to take a 12-7 lead in the bottom of the fifth.

NSU was unable to get on base in the sixth, and left two on in the seventh, allowing the Blue Raiders to come away with the win.

Barefield led from the plate going 3-3 and picking up four RBI, followed by McKenney and

Jones posting individual 1-3 performances.

Freshman Shelby Sells noted the start from the circle, throwing 2.2 innings and striking out four before Kaylee Guidry (0-1) stepped in for 1.2 innings.

Skylar Cagle and Baylee Gray combined for the final 1.2 innings of the game.

The Lady Demons open their home schedule on Friday as they host Mississippi Valley State at five o'clock at the Lady Demon Softball Complex.

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Fortson v. Winey for SGA

Emily Fontenot
Staff Writer

The Student Government Association (SGA) will open elections for president and vice president on-line next Wednesday following a week and half of campaigning centered around Thursday’s presidential debate.

Students will have the option of voting for one election alliance. Current SGA president Kyla Winey and vice president Garrett Pierce will run against presidential candidate LaMario Fortson and vice presidential candidate Morgan Briggs.

Ballots will open online at 8 a.m. Wednesday Feb. 26 and close 4 p.m. the following day. The election link will be sent out to students and posted on the SGA website.

Students will also have the opportunity to vote “yes” or “no” to the proposed athletic fee affecting all student tuition. They may also vote for SGA meeting times and for next year’s featured celeb-

city artist on campus hosted by the Student Activities Board (SAB).

Candidates will have the option of campaigning according to the guidelines of SGA’s Election Board through social media, student and group talks, and a variety of election items promoting their alliance.

As part of candidates’ week and half campaign, a presidential debate will be held Thursday Feb 20 the Kyser Hall TV Studio at 6:00 p.m. This will give students the ability to hear the goals of each alliance and the chance to ask them questions once the floor is opened for debate.

“It really allows them to show differences between the two tickets and to articulate their positions on specific topics relevant to the offices they are running for,” said SGA advisor Shayne Creppel.

Creppel served as SGA president as an undergraduate at NSU and knows firsthand the great responsibility and opportunity these two positions of leadership involve.

“These students serve as the voice of the students of Northwest-



Photo submissions by Fortson (left) and NSULA.edu (right).

SGA presidential candidates LaMario Fortson (left) and Kyla Winey (right) Elections open Wednesday Feb. 26 at 8 a.m. and close 4 p.m. Thursday Feb. 27.

ern State,” said Creppel. “They oversee budgets, create programs to assist students, offer suggestions to the administration, and really share in the governance of the institution.”

Creppel urges all NSU students to have an open line of communication with the SGA.

“It is so important that students make their needs known so that these student leaders can do their best to affect positive change on their behalf.”

For more information on the election process contact Shayne Creppel at creppels@nsula.edu.



Photo submission by AAC at NSU (above) and NAACP at NSU (below).

The AAC (above) and the NAACP (below) work toward racial unity at NSU and within the Natchitoches community.



Historically black organizations return

National Association for the Advancement of Colored People

Summer Evers
Staff Writer

As black history month is coming to a close, two historically black organizations step up to regain their presence on campus.

The mission of the National Association for the Advancement of Colored People (NAACP) is to educate and communicate to the students of NSU and the community.

“It’s for all races - we welcome everyone,” president Chantasia Gratsy said. “As a chapter we are in tune

with the current political and social undercurrents of our time, particularly in the categories of criminal justice, health, voter empowerment and economic development.

Gratsy says that they hope to build a moral sense of unity on campus as well as go out to build civic service throughout the community.

“We want to inform everyone on the problems affecting minorities in this campus and community,” Gratsy said. “That is the number one goal for this organization is improving the status of all people everywhere.”

At general meetings everyone breaks into their committees and takes views from the organization on different political events. At the upcoming meetings the organization will be focusing on voter empowerment.

Meetings are held in the President’s Room of the Student Union bi-weekly on Wednesdays at 7:00pm. Anyone can attend and participate.

“We will simply inform the members about what is happening on our campus and have them vote,” Gratsy said.

“I want to encourage everyone to come out.”

The African American Caucus returns for first time since 2010

The African American Caucus (AAC) held their first meeting last month as a newly reinstated organization.

“There are a lot of organizations on this campus that cater to different groups and ethnicities but this is catered especially to African Americans,” AAC president Bria Williams said.

“It’s a platform for African American students to have a stance on this campus again by providing them with the opportunity to come together, promote awareness and have intellectual conversations to stimulate the growth that we need for Northwestern.”

There are two meetings held each month: a discussion and a planning period.

During the discussions, stimulating questions are drawn at random according to the conversational topic agreed upon.

Everyone has a chance to answer the question according to his or her opinion on the topic.

“We want involvement from everyone and their voice to be heard. We just feed off of each other’s answers and it turns into a really interesting conversation,” Williams said.

The planning period is where much of the brainstorming happens. There, the group plans different service projects and events they want to see on campus.

They also establish conversation topics for upcoming discussions during the planning period.

Much like the NAACP, Anyone can join the African American Caucus as long as he or she is a currently enrolled graduate or undergraduate student.

Once you’ve joined the organization you are required to pay a one time \$10 fee.

“It’s open to everybody. Of course it’s catered to African American students but anybody can be affected by this organization,” Williams said.

“I want all of us to come together. Northwestern is small, so there’s no reason why we shouldn’t be as close as possible.”

Lineup for second annual DemonFest released

KNWD Press Release

Northwestern State University’s student run radio station KNWD 91.7 FM is putting on its 2nd annual music festival, DemonFest 2014, starting at 11 a.m. on March 22, 2014.

DemonFest 2014 will be held at the Iberville Field on the NSU campus. Admission to Demonfest is \$10 for non-NSU students, and NSU/LSMSA/BPCC students get in free with a current ID.

Demonfest 2014 will feature bands from across the country, including England in 1819, Steel Bill, Peanut Butter Lovesicle, Shayliff, Engine, Dubonauts, and many more. We are excited to announce that this year’s headliner will be the indie-funk-rock band from Athens, GA, Of Montreal. Of Montreal will be in Natchitoches one night only as the group will resume their international tour just days later.

There will also be a pre-concert featuring a handful of NSU artists on Friday, March 21 at 5 p.m. at the Iberville field.

There will be plenty of activities throughout the festival along with numerous food vendors and t-shirts for sale. For more information, go to the Demonfest 2014 Facebook event page or our website at www.KNWDRadio.org. Those interested in volunteering for DemonFest 2014 should contact KNWD Assistant Music Director Courtney Page at courtney.page@live.com.

KNWD is NSU’s student-run radio station and has held many concerts within the past year including CaddoFest 2013 and DemonFest 2013. KNWD’s series of concerts is done as a service not only to the students of NSU, but the community as a whole. KNWD is a non-profit student run organization whose mission statement is this: “At KNWD, we believe in four basic principles. We aspire to connect, teach, introduce and entertain by providing a resource to inspire and benefit the student body and community.”

For more information on Demonfest 2014 or KNWD Radio, visit www.knwdradio.org

Natchitoches water tested and proven safe

Chloe Williamson
Sauce Reporter

The contamination levels and conditions of public water are taken very seriously, and the condition of Natchitoches water is no exception. The City of Natchitoches Water System is continuously responsible for checking and maintaining the quality of the drinking water. If the water quality falls below the Environmental Protection Agency’s standards, the city must then provide its residents with water from an appropriate reservoir.

Robin Jones, a recent graduate of Northwestern, conducted her own research concerning the contamination levels of Natchitoches water. For her research, Robin used gas chromatography-mass spectrometry in order to detect Volatile Organic Compounds (VOCs) in the city’s drinking water.

She tested samples of water from three different main water pipes around the city, raw water and water samples taken through various stages of the treatment process. The treatment process includes chlorination with chloramines, coagulation with alum, filtration and pH alteration.

After nine weeks of collecting data, chloroform, chlorobenzene, toluene, benzene, ethylbenzene and bromobenzene were all detected in Natchitoches water. Out of 45 samples, chloroform was

detected in 40, which was to be expected, as it is a byproduct of the treatment process.

Jones stressed, however, that, “due to time limitations, my results are strictly qualitative, not quantitative. I cannot make any remarks on whether these compounds were present above or below their respective maximum contamination limits, which are set by the EPA.”

“I compared my results to those obtained by the Office of Public Health (OPH) Chemistry Laboratory in 2012. In the 2012 report, chloroform, bromodichloromethane, toluene, chlorodibromomethane, m-xylene and p-xylene were detected, and all were reported to be under their maximum contamination limits. Of the 6 VOCs found in this research, 4 of them (benzene, chlorobenzene, ethylbenzene and bromobenzene) were not detected in previous samples taken in the year 2012 conducted by the OPH,” Jones said.

Ultimately, the contamination levels in Natchitoches water do not exceed the maximum levels set by the EPA. According to Jones, “While chloroform was detected in the majority of samples taken after chemical treatment in this research, this does not seem to pose a significant threat to consumers’ health.”

So what does all of this mean? Natchitoches’ drinking water may forever have that funny taste to it, but research shows that drinking the water will not cause severe illness or death.

BEGINNING
AUG. 1, 2014

NORTHWESTERN STATE

Welcome to our
Tobacco-Free
Campus!

University Policy prohibits tobacco use on all University property.

Everywhere ~ By everyone ~ At all times

www.nsula.edu/TobaccoFreeUniversity/

LA R.S. 40:1300.253-263

NSU becomes tobacco-free

News Bureau

Northwestern State University will become a tobacco free campus effective August 1. The new policy will prohibit tobacco use on all Northwestern State campuses.

According to Vice President for University Affairs Marcus Jones, the policy will cover all interior spaces on Northwestern State’s Natchitoches campus and branch campuses, properties leased or operated by the university, all campus housing, indoor and outdoor athletic facilities, vehicles owned or leased by the university and personal vehicles on the Northwestern State campus whether they are moving or parked. The policy will apply to Northwestern State faculty, staff, students and visitors to campus including contracted personnel, contractors and vendors. The policy applies to all university events and events held in university facilities.

Northwestern State has had a smoke-free campus policy, which prohibits smoking within 25 feet of campus buildings and at

outdoor athletic facilities.

“This policy is designed to create a healthier environment for students, faculty, staff and visitors on Northwestern State’s campus by minimizing tobacco use,” said Jones. “We hope to prevent or reduce exposure of individuals to secondhand smoke and help reduce tobacco use among NSU students, faculty, staff and campus visitors.”

Under Act 211 of the 2013 session of the Louisiana Legislature, all public post-secondary institutions in Louisiana are required to be smoke free. Each institution has the option to become tobacco free. The policy covers all tobacco derived or containing products, including, but not limited to, cigarettes, cigars and cigarillos, pipes, hookah-smoked products, oral tobacco and e-cigarettes.

Those who violate the policy are subject to a fine.

The policy will be communicated through orientation sessions for new students, safety meetings, internal communications and mail outs to alumni and athletic ticketholders.



Photos by Kara Scouten

(Pictured above) Cast members rehearse a scene from the upcoming musical “Hairspray.” The production runs from Feb. 19 til Feb. 22 at 7 p.m. with a matinee performance on Feb. 23 at 2 p.m.

NSU ‘Hairspray’ spectacular

Olivia Martzell
Staff Reporter

Get ready to do-wop, shimmy, and sing your heart out with the cast of “Hairspray” opening this week. After the original John Waters film premiered in the 1980s, it became a Broadway musical. The last remake of “Hairspray” was made in 2007 with actors John Travolta and Zac Efron

Director Pia Wyatt, Associate Professor of Theatre, knew “Hairspray” would be the perfect season opener.

“The musical is very similar to the movie,” Wyatt said. “Hairspray is the ultimate feel good show,” Wyatt said. “I think everyone is expecting to see John Travolta on the stage because of the 2007 film he was in.”

Main character Tracy Turnblad, played by Addie Wilson, is a “pleasantly plump” teen from Baltimore, Md. in the 1960’s aspiring to be part of the “nicest kids in town.” The musical touches on subjects like racial segregation, political changes and finding one’s own individuality.

Wyatt said this musical is good for the department and community because of how it inspires its audience.

“Theatre should be able to educate,” he said. “People should be able to come away from theatre feeling changed and different and that they discovered something inside them that they want to realize.”

Rehearsals required time and effort the



The cast of Hairspray promoted their upcoming production by performing “You Can’t Stop the Beat” in the Student Union on Monday, Feb. 17

director felt made preparation hard on the actors and the tech crew who had to contend with an unexpected setback.

“We still had A.A. Fredericks being used for other events while we were also trying to use it for Hairspray,” Wyatt said.

Those cast in the musical dedicated three and a half hours a day for six days a week in rehearsals. Since casting in December, the show has lost two actors due to difficulties with their schedules.

“In five weeks, we had to recast and try to teach them anything they may have missed,”

Wyatt said. “It gives other students an opportunity in the show where other students didn’t want to.”

This show is a large-scale performance for the department and cast members like Tyler Price consider themselves lucky to be a part of the production.

“I was initially cast as part of the ensemble, but when we held auditions again, I got the role of Motormouth Maybelle,” he said.

Although Price had begun to set his schedule around the role he was first cast in, he didn’t mind the challenge of a new role.

“I was a little nervous to re-audition,” he said. “I was trying really hard to get the role of Motormouth Maybelle because I never knew this role was an option before.”

A man usually plays the role of Motormouth Maybelle despite that the character is female. Price enjoyed rehearsing the part, even through wearing 16” heels.

Price offers advice to those aspiring to be in musicals: “Work hard and play even harder.”

“Hairspray” opens tonight at 7:30 p.m. in A.A. Fredericks. The show will run until Feb. 22 at 7:30 p.m. with a matinee at 2 p.m. on Feb. 23. Tickets are free for NSU, LSMSA, and BPCC students with a current student ID.

Tickets cost \$15 for adults and \$12 for children and seniors. Reservations are not required.

So, get your dancing shoes on, your hair big and pull out your 60’s wardrobe because Hairspray is coming to town.

The many pet peeves of fashion

Everyone hates certain fashion trends, but are there some pet peeves that bother many when it comes to clothes and accessories.

In a poll of about 30 students, more than half agreed their ultimate pet peeve is when girls wear leggings as pants. Even many Facebook users agree. The page “Leggings are NOT pants” has 355,000 likes.

So besides leggings, what are other fashion pet peeves students feel strongly about?

Sophomore Morgan Webb’s biggest pet peeve is multiple neutral colors.

“Pick one, brown, white, black and tan do not look good together,” she said. Webb also doesn’t care for see through leggings.

Junior Nick Myers doesn’t like how some wear incompatible patterns.

“I hate it when people like plaid and stripes together,” Myers said.

Sophomore Cady Hunt said that crocs are probably her biggest fashion pet peeve. Crocs were a big fashion pet peeve years ago but widespread hatred of them have died down with their falling popularity.

A lot of people also hate mixing gold with silver. This use to be a big rule in the fashion world years ago but now it’s becoming less of a big deal. Even collegefashion.net encourages readers to not be afraid to layer gold and silver jewelry.

While others feel strongly about their fashion pet peeves, junior Jennifer Pulsifer thinks people should not be at the mercy of other people’s tastes.

“I really like the idea of people being able to express their selves through fashion in whatever way they want,” Pulsifer said.

Given the variety of opinions on fashion, can there ever be a consensus on universally acknowledged pet peeves? Short answer: probably not.



Regine Lyons
Fashion Columnist



Photo by Regine Lyons

Even popular fashion publications can contain some of the most aggravating pet peeves. Senior Burgandy Farris points looks disappointingly at a magazine as she looks for some of hers.

ΦMA Serenades

Phi Mu Alpha fraternity offered its annual service of singing to students’ loved one’s for Valentine’s Day. For a small fee they go where and when requested to sing their serenade. ΦMA was contracted to sing to several girls in Phi Mu (pictured right).



Graduation, professional school and now... oh my!

Emily Carter
Staff Writer

The time to finish applying to graduate and professional programs is fast approaching. At the same time, they must also do exit interviews, register with the Alumni Center and finishing their final semester of classes.

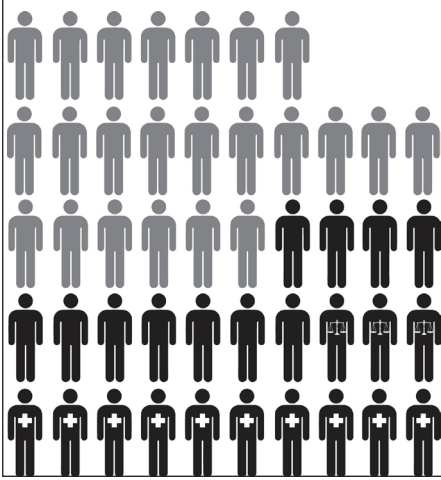
The best method for dealing with this stress is to properly prepare for it. Brandi Vincent, a senior in Louisiana Scholars’ College, said she started researching prospective programs in her junior year, so she could apply early.

Vincent recommends thegradcafe.com which has forums with topics as varied as jobs, writing and presenting and specific subject categories.

The site also offers tips for current and future applicants, the main one being students must remain calm.

Thegradcafe.com also has a section where users can report whether they were accepted to a specific program or not. This is away for people to connect with others applying to the same places, but posts focus on the positives even in the face of rejection. Students can also network and find support from those interested in the same programs.

If you need any help with applying to post-graduate programs, contact the Counseling and Career Services Center, located on the third floor of the Student Union. There are also counselors there



Graphic by Linda Ahlskog

In order to get an idea of how juniors are feeling about future plans a survey was conducted, where 47 students were asked whether they felt prepared to apply to post-graduate programs. Out of the 47 students asked, 49% said they did feel ready to apply to post-graduate programs. 45% were interested in graduate school, 21% are interested in medical school, 6% are interested in law school, and 28% are unsure about whether they want to continue their education or focus on getting a job.

to help students deal with stress. Susan Hussay, the Job Location & Development Officer, can be reached at (318) 357-5430, while the counselors can be reached at (318) 357-5621.

EVENTS

February

19-23

HAIRSPRAY IN
A.A. FREDERICKS

26

SGA ELECTIONS

LOBBY LIFE WITH
MATT BEILIS IN
STUDENT UNION
@ 11AM - 2PM

March

3-5

MARDI GRAS BREAK

5-15

NSU JURIED BASKET
STUDENT BALL GAME
ART SHOW WITH
CENTRAL ARKANSAS

6

7:30PM AT
PRATHER

7

UNITE TO
FIGHT SIGN
UP DEAD
LINE

10

NSU WIND
ENSEMBLE
& SYM-
PHONIC
BANDS
CONCERT
AT MAGALE
@ 7:30PM

13

VEGAS
NIGHT IN
STUDENT
UNION
@ 7PM

18

LOBBY LIFE
FT. NASH
FUNG @
11AM-2PM

27

NSU CHAMBER CHOIR &
INTERNATIONAL CHORALE AT
MAGALE @ 7:30PM

NS'U'

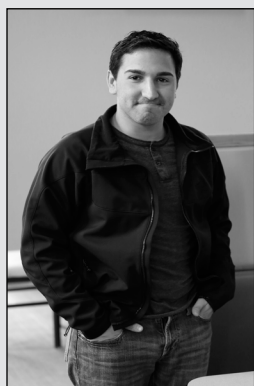
VOICE

How did you celebrate Valentine's Day?



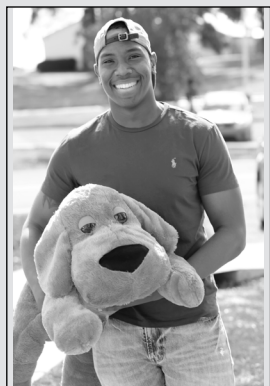
We went to Shreveport and I took to her favorite restaurant which is Cheddar's. Then we went to the movies and saw about Last Night. It was a great night.

Ryan Brown
FRESHMEN



My girlfriend and I went to Tunks Cypress Inn to eat. Then, we came here and recorded a song in the studio because she likes to sing.

Josh Wahlder
FRESHMEN



She asked me for a dog, knowing we can't have dogs on campus. So I bought her a big stuffed dog, her favorite candies and we are going to an indoor trampoline house back at home.

Cavonte Jones
FRESHMEN



My boyfriend came to school and surprised me with a great dinner.

Shelby Clark
FRESHMEN



My friends and I watched movies. I'm glad I have my girls.

India Argro
JUNIOR



I did a wine night with strawberries with my friends.

Symone Giles
SENIOR

We need writers!

Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 7:00 p.m.

Human rights issues in North Korea

How involved should America be in foreign affairs?

Daniel Jones
Student Opinions

North Korea is a human rights' horror-show. A recent report from the UN levels accusations of torture and murder on a massive scale, though I doubt that will be shocking to any reader. We have alluded to the North Korean nightmare consistently in our media, film, and literature. The idea is common place; it's household.

We know when we eat and play and work that there are places in the world outside of our local sphere of comfort where the quality of life is less than abysmal. North Korea, though secretive, is no secret. We know this, and we feel sad or guilty, but we resign ourselves to our own powerlessness. After all, it is the role of governments to deal with governments, not individuals; that might be terrorist. But what is it we are really powerless from? Certainly we cannot, as an individual or

even moderate coalition, impede a State such as North Korea. So we do not expect any individual to bear an obligation to any degree more than he is given the power affect that obligation.

Such power resides in States. So while the Libertarian should certainly cringe, as we all should, at the abuse and degradation of the North Koreans, we do not expect a coalition or cohort of individuals to arise to secure the fundamental human rights in jeopardy. We rightly level this charge at our government and our military. But if our government has the capability to interject itself, does it also have the obligation to do so?

Some off hand criticisms might say it would be nice, however: we would risk upsetting global balance, we might incur the wrath of China, the lives saved by intervention would not be worth the lives and resources spent doing so, or that the threat of nuclear exchange on the Korean Peninsula is too grave a risk.

The first would suppose a meaningful global balance not dominated by the Western Liberal tradition, of which human rights are an important pillar. The second

criticism implies China is incapable of taking on moral and regional authority. The third criticism begs a number of questions pertaining to the value of life which is outside the scope of my intent, but I encourage you to ponder.

The fourth criticism is most interesting because it seems the most reasonable objection to military intervention. Note that military intervention does not have to be at the sole hand of our government, but that is also outside of our immediate scope.

These are the four criticisms that first come to mind, though by no means are an exhaustive or even extensive list of objections. Intervention seems to be morally obligatory if we wish to be consistent. The details appear as we respond to that moral obligation with the limits of practicality. My intent here was not to lay a plan for intervention, but to raise again the sufferings of fellow beings out of the commonplace and the mundane. I could only hope that should we suffer similarly, those who aid us would not be so hesitant.

Student reviews: Aja by Steely Dan

Brandon Swann
Student Opinions

Steely Dan is an American based jazz/rock group whose popularity peaked in the 70s. Aja was their sixth studio out of a total of nine and was released in 1977.

I honestly cannot think of anything to say about this album because it leaves me speechless every time I listen to it. A combination of some of the most beautiful and diverse instrumentals I've ever heard and a very soothing voice coming from Donald Fagen and his huge cast of background vocalists throughout the entirety of the album make every song a great experience. One thing that I loved most on the album were the solos many of the songs had.

Songs like "Aja" bring in many different instruments including piano, keyboards, guitar, and even a whistle in for an almost five minute instrumental break that is as relaxing as it is technical. Others like "Deacon Blues" highlight one instrument, in this case the saxophone, in its solo.

Lyricaly they are very diverse and every song feels like a breath of fresh air. They sing about encounters with

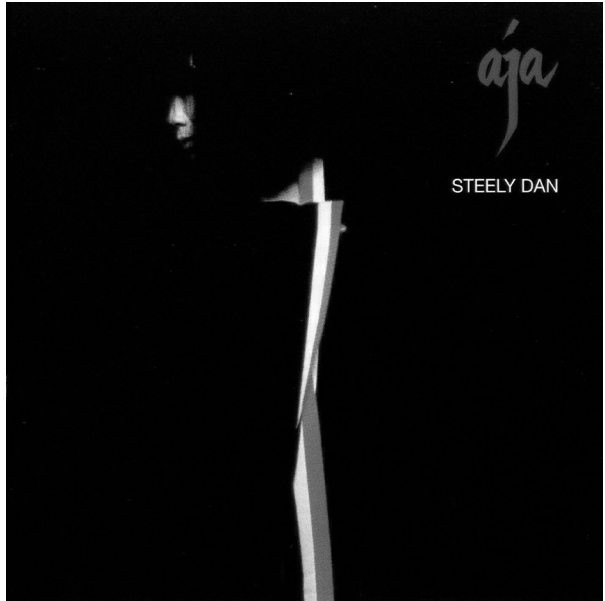
specific people, though I am not sure if these are real people or fictional characters and also have very uplifting lyrics. The song "Home at Last" has lyrics about the feeling of a person finding himself and where he belongs.

There may not be anything bad to say about this album, or if there is, I surely have not found them. One thing that I noticed is that they turned away from their long breakdowns towards the end of the album, mostly by the second half of the album. These solos were shorter and in my opinion not as memorable.

This by no means takes away from these songs, but I fell in love with the saxophones, guitars and other instruments they were showcasing in the first half of the album that would play for two or three minutes.

I think it is safe to say that I am a huge fan of this album. It is some very complex music, but also has a simpleness to it that is hard to explain.

There is so much going on that multiple listens to this album is a must. Regardless of this complexity, it is easy to hear that everything works at every turn in every song. I would like to thank Taylor Thomas for recommending I review this album and I give it a 10/10.



Aja was the sixth album recorded by Steely Dan in 1977. Different than previous albums, Aja shys away from long breakdowns and memorable solos, but according to Swann--the album is still worthwhile and he rates it as a 10/10.

U.N.C. UNDER FIRE FOR STUDENT ATHLETE READING RATES

Janell Parfait
Student Opinions

The word of the day today is "whistleblower."

You may have heard that term when former NSA contractor Edward Snowden disclosed evidence of national and global surveillance. Now, "whistleblower" is being used to define a University of North Carolina faculty member whose research revealed that a large percentage of student athletes at her university read at an elementary level. Enter Mary Willingham, the researcher under fire.

Between 2004 and 2012, Willingham researched 183

UNC-Chapel Hill student athletes and found that 60% read at fourth- to eighth-grade levels whereas 8-10% read at below a third-grade level. UNC was in the media in 2011 when an investigation revealed that student athletes were enrolled in "paper classes," courses where a student could easily pass by turning in one paper. Attendance was optional.

"For almost two decades, we were running a curriculum geared towards student athletes, and I was a part of that for seven years," Willingham said in a Huffington Post interview.

"We shuttled these students in these paper classes to keep

them knowledgeable. The reason why we did it is because a lot of student athletes were underprepared for the academic rigor of this institution." As a learning specialist for athletes, Willingham admitted that she "took part in cheating, signing her name to forms that said she witnessed no NCAA rules violations when in fact she did," according to CNN.

University provost James Dean has since admitted to transforming "UNC's former African and Afro-American Studies Department into a factory churning out fake grades from phony classes disproportionately attended by varsity athletes." But what

about the school's most recent scandal?

Dean's responses vary from "Willingham made a mistake in her research" to "As a matter of fact, 97 percent of our student athletes meet the academic threshold," despite the fact the UNC has yet to carry out its own investigation.

Willingham's research is not yet peer-reviewed, which, in the eyes of her contenders, disqualifies her findings as legitimate. Ironically, her 2009 graduate thesis, "Academics & Athletics—A Clash of Cultures: Division I Football Programs," which in itself is a prototype of her current findings, managed to get

published without controversy.

In the Huffington Post interview, Willingham believes that most of the university's athletes, with a majority of them being African-American, came from academically underprivileged backgrounds.

There has always been an educational inequality between student athletes and their non-athletic peers, but the fact that we are only now upset by Willingham's discovery only proves how distorted our views truly are

"We can't move forward until we admit to our failures," Willingham said to the Huffington Post.

Ex-Mayor Ray Nagin found guilty of bribery, embezzlement

Associated Press

It was July 2002 and Ray Nagin, the newly elected mayor of New Orleans, was discussing his administration's crackdown on corruption in the city's automobile inspection and taxi permit programs.

"This is a battle," Nagin said. "This is a battle for the soul of New Orleans, as far as I'm concerned." Exactly when he switched sides is unclear. What is clear as a result of his corruption conviction last week is that the guy who came in promising to clean up corruption was only halfway through his first term when his administration gave a no-bid contract to a technology vendor who later paid for his exotic trips. Also clear: The guy who won re-election by portraying himself as a champion of the city's displaced and downtrodden after Hurricane Katrina seems to have increased his desire for graft during the recovery.

Jurors who watched Nagin on the witness stand saw an edited down version of what residents of New Orleans saw over eight years. Nagin went from being the smiling, charming embodiment of confidence and competence to a defensive, dodgy politician, flippantly dismissive of critics and short on plausible explanations.

The longer version had more twists: Nagin enters as a genial, up-and-coming businessman, elected on a promise to clean up city government. But, after catastrophe strikes the city, he becomes a buffoon, ill-prepared and profanely calling out the federal government for its failures. He puts his foot in his mouth regularly, saying "New Orleans will be chocolate again" and that a burgeoning violent crime problem "keeps the New Orleans brand out there." Having won his first election by courting business-minded reformers and carrying the white vote, he wins re-election in 2006 by playing on the fears of black voters who worry that they are being left out of a sluggish recovery and muscled out of city politics. But he exits City Hall in 2010 under a cloud of suspicion.



(AP Photo, Gerald Hebert)

Ray Nagin leaves a New Orleans courthouse after being found guilty of bribery on Feb. 12.

He was term limited but that hardly mattered with his approval ratings tanking. "He didn't really like being mayor. He didn't like to work," recalled Chervenak. "He enjoyed the ceremonial part of being mayor." And the perks. Like a city credit card with which he purchased expensive meals for his family after having laid off thousands of city employees.

Ironies and hypocrisies mounted fast in Nagin-land: The reform mayor eating on the city tab after putting workers on the street. The anti-corruption warrior making national retailers apprehensive about shakedowns. The business-friendly mayor who made sure city contractors were friendly to his family business. But, of all the nasty ironies in the short, bizarre political career of Ray Nagin, the biggest may be that the man who entered city government as a fresh face made the city tired of fresh faces. Of all the candidates who ran to succeed him in 2010, none was more steeped in politics than Mitch Landrieu.

Landrieu won in a landslide that year. And he won in another one four years later — as Ray Nagin prepared to face the vote of a jury.

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Missed shot ends streak at six

Brian Cook
Staff Writer

As seconds ticked off to end the game, guard Zeek Woodley's 35-foot 3-point shot fell just short of the rim as Sam Houston State (18-7, 10-3 in conference) hung on to top NSU (12-12, 8-5), 67-64.

The Demons, who were down by 12 points at half time, managed to get the runs they needed as they tried to keep the score tight during the second half. NSU was down by nine, 64-55, with 33 seconds to go and by eight, 66-58, with 19 seconds left. Overall, the Demons used a 20-8 run over six minutes to get within 66-64.

Jalan West, who had a team-leading and career-best 10 rebounds, also led with nine assists and 12 points as he sank three free throws with three seconds left to get NSU within two points of the Bearkats.

In the final seconds after West's free throws, the Bearkats' first inbound try was knocked out of bounds. After needing a timeout to avoid a turnover on a five-second violation on the second try, Sam Houston finally got the ball inbounded to Paul Baxter, who hit the second of a two-shot free throw opportunity with 1.8 seconds left. Finally, the Demons got the ball and the last seconds on the clock drained as Woodley missed at the final buzzer.

"I don't know if I've ever had a team that faced so much that went wrong, and battled back to have a chance to tie or win the game in the final seconds," thirteenth-year Demon head coach Mike McConathy said.

"I'm very, very proud of how hard we fought, how well we competed against a very good team to get that opportunity to win."

Guard Brison White, who scored 19 points, led the Demons in points. Forward DeQuan Hicks had seven rebounds to go along with his 16 points.

The Bearkats outrebounded the Demons 49-39 as Bearkat forward James Thomas led with 11 rebounds and added 10 points. His teammate Terrance Motley led Sam Houston with 19 points.

The teams, who fought to a 107-104 double overtime SHSU win in the league opener Jan. 2, were each unable to approach their scoring averages (NSU second nationally at 87.4 per game, SHSU 30th at 79.1) as they combined to make just 35 percent of their shots in the game.

"It was extremely physical and we struggled to adjust to that



Photo by Gary Hardamon

DeQuan Hicks dribbles by a Sam Houston defender in the Demons' 67-64 loss. Hicks had 16 points but only 2 assists against the Bearkats.

style of play. We weren't as tough as Sam Houston was as they took control of the game," coach McConathy said.

The Demons rebounded from the loss to handily defeat the Lamar Cardinals (3-22, 2-11) on the road, 87-67. These games were the first of North-

western's current away stint, whih continues on Saturday, Feb. 22 against the Stephen F. Austin Lumberjacks.



Photo by Gary Hardamon

Amy Williams runs to the ball as she battles against the Auburn Tigers. Williams played doubles with partner Aliona Ladutska against both Auburn and LSU.

Tennis team falls to duo of Tigers

Morgan Thorpe
Staff Writer

The Lady Demon Tennis Team lost on Saturday to No. 20 Auburn (4-1) as well as to No. 58 LSU on Sunday (5-0).

On Saturday, the team faced Auburn for the first time in over two years.

"I felt that we competed well today, but in the end Auburn just played better than us," head coach Patrick Dubois said.

Natalya Krutova and Kateryna Piatakova played at second doubles (8-5), while Aliona Ladutska and Amy Williams played at third doubles (8-1). The first doubles and singles No. 3, 4, and 5 were left unfinished.

After Auburn the Lady Demons met LSU and suffered defeat. They played LSU last year and lost 4-3.

"We came out and competed today, but it just wasn't enough." Debois said.

Tatiana Larina also was unsuccessful at No. 1 singles (6-1, 6-0) and Polina Konop left her second singles match unfinished (7-5, 4-0). Natalya Krutova left her No. 4 singles match unfinished as well.

Pairs Polina Konop and Tatiana Larina (8-2) and Aliona Ladutska and Amy Williams (8-4) all fought against the Tigers but did not prevail.

The Lady Demon tennis team plays this weekend on Saturday, Feb. 22 against the Louisiana-Lafayette Ragin' Cajuns and again on Sunday, Feb. 23 against the Texas-San Antonio Roadrunners at the Jack Fisher Tennis Complex in Natchitoches. Both matches will begin at 10:00 a.m. on their respective days.

Lady Demons crush Devils in three games

Tiandra Williams
Staff Writer

The Lady Demon softball team (4-4) shut out the Mississippi State Valley Devilettes (1-7) in a weekend-long three-game series.

NSU used the series to make a quick turnaround in the early season despite facing tough matchups last weekend at the Troy Sub Invitational that lead to a 1-4 start on the year.

This weekend the teams played a game on Friday evening and two games on Saturday at the Lady Demon Softball Complex.

The Lady Demons performance rendered the Devilettes completely runless across the entire weekend series finishing the games 9-0, 11-0, and 8-0.

"Our performance this weekend will be good fuel heading into next week," Head Coach Donald Pickett said.

The Lady Demons wore out Mississippi Valley State, scoring a season high 11 runs on 23 at bats in the second game early Saturday afternoon.

Senior infielder Briana Rodriguez led at bat, hitting twice and driving home one RBI in three at-bats. She started the scoring as well for the Lady Demons off a single from another senior infielder, Tara McKenny.

McKenny also got two hits in her four at bats that afternoon.

NSU spread out the rest of the scoring between seven other players: Cali Burke, Brittney Jones, Kellye Kinannon, Natalie Landry, Micayla Sorosiak, Cassandra Barefield and Brittany Virgoe all came home during the first Saturday afternoon game.

Mississippi State Valley was scoreless on just 17 at-bats in the five-inning game.

Lady Demon Kaylee Guidry was at the mound for majority of the earlier Saturday afternoon game.



Photos by Gary Hardamon



Freshman pitcher Shelby Sells throws a pitch for a Mississippi Valley State Devilette in the 9-0 shutout of the Devilettes Friday night to open up home play (above). Freshman outfielder Micayla Sorosiak gets a hit in the Lady Demons' following 11-0 shutout of the MVS Devilettes on Saturday afternoon (left). The Lady Demons went on to top MVS a third time on Saturday evening, 8-0.

Student Media Leaders Needed

Annual positions open starting summer 2014

- Argus Editor in Chief
- Potpourri Editor in Chief
- Current Sauce Editor in Chief
- KNWD General Manager

Applications available:
Potpourri and Current Sauce on bulletin boards outside Kyser Hall room 225
Argus 316G or 316N
KNWD 316D

Deadline to submit: March 25
Scholarships Available

For more information, contact:
Argus: Dr. Julie Kane, kanej@nsula.edu
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07/13

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SGA elections: vote today

Damian Glover
Staff Writer

A new year calls for a new executive alliance, or as some students may suggest, staying with the current executive alliance. The Student Government Association hosted a debate between presidential candidates Kyla Winey, the incumbent student body president and LeMario Fortson and vice presidential candidates Garrett Pierce and Morgan Briggs. The event took place in the NSU TV station and was mediated by Dean of Students, Frances Conine.

The evening started out with each presidential and vice presidential candidate being able to give an opening statement addressing their reasoning for running for president and their platform as well. Presidential candidates were given seven approved questions by election board and five questions from students who were present at the debate. Questions ranged from the current state of the athletic bill to how each candidate felt about

the biggest fault of the previous year.

Kelsey Johnston, freshman general studies major, viewed the debate on NSU TV. Johnston thought both candidates gave great arguments for what they wish to do during their term.

“After viewing the debate, my decision of who I am going to vote for became a harder decision. As a freshman, I came in not really knowing either candidate. I feel it all comes down to who the better leader is, not the better speaker or who has the most supporters,” Johnston said.

Thomas James, a sophomore education major, listened to the debate through KNWD and is confident in who he is choosing to represent him as the next executive alliance.

“During my high school career, I was very involved in student government and the voice of the students means a lot to me. After listening to the debate, my answer of who I am voting for has been validated more because of the answers that were given and the points of view that were presented. I find it benefiting of

the university to have a debate because it allows student participation,” James said.

LeMario Fortson, a history major, currently serves on SGA as a senator and speaker of the senate. He has also served as the committee head for the governing body. Morgan Briggs, Forston’s running mate, currently serves on SGA and is the president of Theta Chi Fraternity. The Forston and Briggs platform is “Divided we can do nothing TOGETHER we can stand”.

The main goal of Fortson/Briggs 2014-2015, if elected, is to bridge the communicative gap between the faculty, students, and the other governing boards on our campus, such as the Student Activities Board, the Louisiana Scholars Forum Council, the Student Athletic Advisory Council, the Faculty Senate, and all registered student organizations on our campus.

Kyla Winey, a senior communication major, currently serves as the student body president and Garrett Pierce, current vice president is a politics, philosophy and economics major at the Louisiana Scholars College. The Winey and Pierce platform is “Rebuild, Retain

and Renew”.

Winey and Pierce plan to provide more avenues for communication and opportunities for networking among SGA Senators and the NSU students they serve. They believe they clearly define, delegate and delineate the respective duties of all three governmental branches of the SGA, in order to increase effectiveness of the SGA as a whole. They plan to revive the Demon Discount Program, which will offer students discounts and promotions at local Natchitoches businesses. They also plan to continue to foster the growth of the SGA senate and improve senate retention-rate through established incentive programs, so that the SGA can continue to increase student representation and strengthen the student voice.

Voting will take place today through tomorrow, ending at 4:00 p.m. Also in the ballot will be a chance for students to vote on a percentage increase for the Athletic Association as well as voting as who they would like to see SAB bring to NSU in concert next year.



SGA ELECTIONS

FORSTON & BRIGGS

“DIVIDED WE CAN DO NOTHING. TOGETHER WE CAN STAND.”

FORSTON:
HISTORY MAJOR
SGA SENATOR
SPEAKER OF SENATE
COMMITTEE HEAD

BRIGGS:
MEMBER OF SGA
THETA CHI PRESIDENT

GOAL:
TO BRIDGING GAP
BETWEEN FACULTY,
STUDENTS, AND
GOVERNING BOARDS.

WINEY & PIERCE

“REBUILD, RETAIN, AND RENEW.”

WINEY:
COMMUNICATIONS MAJOR
STUDENT BODY PRESIDENT

PIERCE:
PPL MAJOR
VICE PRESIDENT OF STUDENT
BODY

GOAL:
NETWORKING
OPPORTUNITIES
RESTART DEMON DISCOUNT
PROGRAM
SGA SENATE GROWTH



Justin Lindsay, Tajh Derosier and Max Spedale performed as a part of the NSU Tuesday Night Jazz Combo on Monday night. The combo performed Charles Mingus, Civil Rights, and Jazz, a tribute to Charles Mingus and the jazz combo’s first civil right’s performance.

Jazz concert highlights civil rights’ sounds

Summer Evers
Staff Writer

The Tuesday Night Jazz Combo took a path to the past by presenting a musical celebration of Charles Mingus and his music from the Civil Rights era this Monday.

The program included “Better Git It In Your Soul,” “Fables of Faubus” and “Haitian Fight Song” by Mingus and “Stars Fell on Alabama” by Frank Perkins and Mitchell Parish.

Dr. Paul J Forsyth is the director of the group and said when he was in college he heard concert held by jazz director Rodney Whitaker that inspired him to hold his Civil Rights concert.

“I knew about Mingus’s music but I didn’t know what it meant until I went to Rodney Whitaker’s concert,” he said. “It opened my eyes and inspired me to do this concert.”

Charles Mingus is said to be one of the most important historical figures of the twentieth century American Music. He was a virtuoso bass player, accomplished pianist, bandleader and composer.

“He’s probably the most well known civil rights activist in terms of his music. When you’re doing music that represents the civil rights era Charles Mingus is who you choose,” Forsyth said.

He added that there was other pieces that weren’t played by Mingus that are civil rights related but chose the ones that worked well with the program and enjoyed the most.

Sophomore Justin Lindsay has been a part of the NSU Jazz Combos for two consecutive years.

“This concert is about civil rights and often times in America we get hung up on black civil rights,” he said. “There are civil rights of all kinds and all variety which this concert portrays through numerous songs.”

In preparation for the concert, the jazz combo read the lyrics to the songs and researched the tunes and what they were about.

“Before we play we try and get the image of the civil rights era in our mind so that when we played the first note, we were in that setting.”

Senior Tajh Derosier liked all the pieces they played at the concert. One song in particular had a strong effect on him.

“I’m Haitian myself, so the Haitian Fight Song really hit home for me,” he said. “I know what they went through back then first-hand, so that song really is my fight song.”

Tajh said that all the musicians did a great job of coming together and making such a great show.

“I think this is like the best its could’ve been,” he said. “I want everyone to stay true and make sure that everyone is treated right. Its something we just have to fight.”

The Tuesday Night Jazz Combo includes Justin Lindsay on soprano saxophone, Tajh Derosier on tenor saxophone, Max Spedale on trumpet, Edgar Avilan on piano, Jimmy Leach on vibes, Adam Leblanc on bass and Nestor Mercado on drums.

NSU orchestra makes ‘A Joyful Noise’

The Spirit of Northwestern’s annual concert season kicks off with upbeat, happy performance.

Summer Evers
Staff Writer

The Spirit of Northwestern Wind Symphony will kick off their annual concert season tonight with their first concert of the season, “A Joyful Noise.”

Conductor Jeffrey C. Matthews, the Director of Bands, will lead the ensemble in the program which will feature music from Samuel Barber, David Gillingham, Philip Sparke, Percy Grainger and Roger Cichy.

The Wind Symphony is the premier concert group on campus that’s made up of about fifty musicians, primarily music majors and music graduate students.

“If you haven’t heard a wind band do-its-thing before, this would be a great one to come listen to,” Matthews said. “The music is exciting and it’s going to be a lot of fun.”

Matthews will be conducting two of the four concert bands: Wind Symphony and Fredericks concert band, while the assistant director of bands, Steve McKiethen conducts the other two: Wind Symphony and Magale concert band.

Auditions are held in the fall to decide placements for the concert ensembles in the spring. Band members are then placed into one of the bands based on their audition.

One of the pieces the Wind Symphony is playing entitled, Cantes Lates, is the motive behind the theme of the concert.

“Cantes Lates translated is ‘A Joyful Noise.’” Matthews said. “The music is pretty upbeat, happy and fun so we decided to theme it that.” Matthews said.

Other songs in the program will be very cinematic or have a jazz influence.

Themes in the March 10 concert will consist

of Americana type music and other things of that flavor.

“One of the pieces we’re doing will focus on baseball which is always a spring tradition.” McKiethen said.

“The theme is American Pastime because we have a lot of American themed music, which is also a title of one of the pieces.”

Both Matthews and McKiethen are ready to kick off the season tonight starting with the Wind Symphony. March 10 will be the second concert of the semester with the remainder Wind Ensemble, Fredericks and Magale Concert Bands to take the stage.

“You’re going to hear great music, and see people perform at a high level and it’s always good to get away from the books and put stuff down and just listen for a while. It’s going to be good for the audience to hear what the ensembles are capable of.”

St. Jude’s Unite to Fight combats cancer

Olivia Doucet
Staff Writer

Unite to Fight, formerly Up ‘til Dawn, is the philanthropic organization under the Student Activities Board. It is a service organization here at NSU dedicated to raising funds and awareness for St. Jude Children’s Research Hospital.

Held annually, Unite to Fight is an event held in Prather Coliseum that brings students together for a rewarding cause. Unite to Fight is primarily a letter writing campaign. Teams of students compete by filling out letters addressed to family and friends requesting them to donate to St. Jude. Unite to Fight director Jessica Viator described the event as being “a fun night with a purpose.”

Unite to Fight is a themed event where students are encouraged to dress up and decorate tables according to the theme. This year’s theme is Peter Pan. During the letter writing event, free food and entertainment will be provided to the participants, including a performance by Super Water Symphony. St. Jude patients and family members will also come to speak during the event.

“It really hits home when friends and family describe their experiences with the hospital,” Viator said.

At the end of the night, the team with the most letters written receives a title of honor.

Letter writing is not the only way to contribute to St. Jude. The Unite to Fight teams are also encouraged to collect can tabs to raise money.

An ice chest full of can tabs raises roughly around \$100, an last year NSU raised more than \$37,000 for St. Jude.

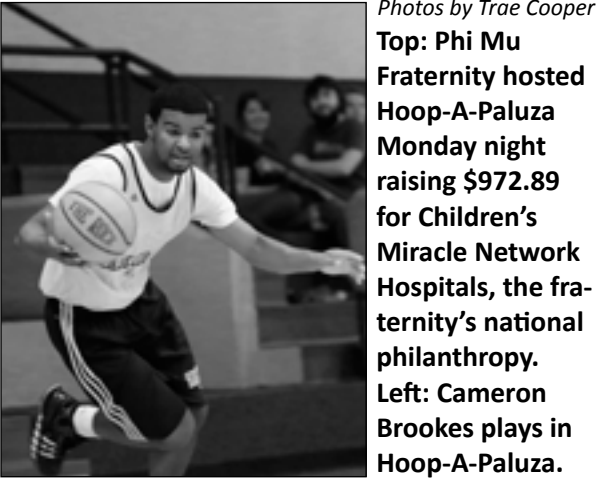
Starting March 17, Unite to Fight will also be selling paper stars to raise money. These stars will feature the donator’s name and will be displayed at the event.

Student involvement has grown this year. Unite to Fight recruitment coordinator, Megan Duhon, said, “This is probably the most successful year we’ve had in terms of the number of teams that have registered. Already we have six teams, which is approximately 200 students thus far.”

The registration deadline is March 7 and teams can register by going to the Up ‘til Dawn orgsync (the page has not yet been renamed). Teams can be two or more people and can be either an organization or even just a group of friends.

“I feel like there is no reason not to participate, as it is a night of fun while giving back,” said Duhon.

A Unite to Fight informational meeting will be taking place on March 4 in the student union. Volunteer meetings will also be held March 11 and 18 in the Cane River Room. Those interested in getting involved with Unite to Fight are encouraged to attend.



Photos by Trae Cooper

Top: Phi Mu Fraternity hosted Hoop-A-Paluzza Monday night raising \$972.89 for Children’s Miracle Network Hospitals, the fraternity’s national philanthropy. Left: Cameron Brookes plays in Hoop-A-Paluzza.

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Photo by Associated Press

A mannequin wears a wool sweater, scarf and hat by American designer Ralph Lauren in the pop-up shop at USA House in Olympic Park in Sochi, Russia, on Wednesday, Feb. 19, 2014. The shop sells some of the same clothing worn by American athletes in the Olympic opening ceremony, along with USA Hockey gear.

You either love or hate Team USA’s Ralph Lauren cardigans



Regine Lyons
Fashion Columnist

Whether a bold statement or a tacky display, the Ralph Lauren sweaters worn by Team USA in the 2014 Sochi Winter Olympics caught the public eye. Team USA’s cardigans received mix reactions from many who watched the opening ceremony. Viewers like sophomore David Cantera thought the cardigans were hideous.

“They’re pretty ugly,” Cantera said. It looks like their grandmas made them.”

Cantera wasn’t the only one to make such a comparison. According to an article in The Seattle Times, as soon as the cardigans made their debut Twitter exploded. Twitter users compared the cardigans to ugly Christmas sweaters, and some also tweeted that they looked like a grandma knitted them herself.

Cantera also believed the cardigans didn’t look professional at all.

“I was expecting them to look more sporty, since it’s for the Olympics,” Cantera said.

Despite all the jokes and criticism, other viewers liked the cardigans.

“I think they’re really cute especially with the white turtle neck underneath,” freshman Carlie Miller said. “It looks like something you would see in a JC Penny catalog.”

Team USA’s opening apparel was sold online at a price of \$595 for the sweater and \$195 for the matching pants, but the quickly sold out.

According to teamusa.org, the designer has been an official outfitter of the U.S. Olympic and Paralympic teams since 2008. Ralph Lauren also designed Team USA’s 2014 Closing Ceremony Parade Uniforms.

Unlike the 2010 Team USA uniforms, the 2014 uniforms were made domestically. According to inhabitat.com, the public was surprised to learn they were made in China. Following consumer backlash, Ralph Lauren ensured this year’s uniforms were made in the USA.

How did you feel about Team USA’s attire in the Opening Ceremony? Did you think that it was too much, too flashy or did you absolutely love it?

Farewell to a smoking campus

Ban on tobacco-related products received mixed reactions from students

Emily Carter
Staff Writer

As of Aug. 1, all NSU campuses will officially be tobacco free. This ban includes cigarettes, cigars, e-cigarettes, chew and other tobacco related products.

The change is a result of Act 211 from the 2013 Louisiana Legislature session. Act 211’s allows public, post-secondary institutions to decide if they want to become smoke free. Vice President of University Affairs Marcus Jones said the goal is to reduce the exposure of students and faculty to secondhand smoke and reduce and/or eliminate tobacco use on NSU campuses.

The policy covers all campuses, housing facilities, indoor and outdoor athletic facilities, vehicles, and other properties owned and leased by the university. This extends to faculty, students, and visitors.

Views of the new policy are mixed among students and faculty. In a poll of 150 people, only 36% agree with the new policy, while 12% do not care about it. The remaining 52% disagree with the policy. Those against it believe their right to smoke should not be interfered upon. Those supporting the policy expressed concern about the harm of secondhand smoke.

There was a middle ground among those surveyed. Freshman and Scientific Inquiry major Claire Landry had mixed feelings about the new policy.

“I agree with the ban on tobacco products because some people, including myself are allergic to the smoke,” she said. “I disagree with the ban on e-cigarettes, though. They contain nicotine, but not tobacco, so I don’t see the problem with it.” She also said that e-cigarettes don’t smell bad.

Other like senior Humanities & Social Thought major Katie Beverly sees the issue from both sides.

“It may have been a bad idea to completely abandon smoking on campus as it inconveniences a lot of students,” she said. “At the same time, the previous 25 foot rule was never adhered to so I can understand why people would want to completely ban smoking.”

Violators of the policy will have to pay a fine. The NSU community will be informed of the policy in future student orientation as well as emails and memos as Aug. 1 approaches.

Graphic by Linda Ahlskog



Emily Fontenot
Staff Writer

Many NSU students will be spending their time off next week away from the hustle and bustle of Bourbon Street.

Although beads, parades and extravagant ball gowns often characterize this season’s most significant Louisiana tradition, some Mardi Gras fans opt to personalize their celebration by making some unique traditions of their own.

Senior Emily Cogburn experienced her first Mardi Gras in 2009 after moving to Louisiana from Tennessee. Instead of catching beads and discarding them, she has made a curtain out of her collection.

“It’s one big party,” Cogburn said. “I just love everything about it.”

Sophomores Sarah Harris and Danielle Tyrney go weeks before Mardi Gras to pick out purple, green, and gold tulle for their Mardi Gras tutus. They hand make each tutu along with matching bedazzled headbands to adorn the group of friends they bring to the New Orleans parades.

NSU student Braxton Haire’s family centers their Mardi Gras around the king cake. They get together and try different homemade king cake recipes to find their favorites.

Sophomores Zach Doucet and Bryson Babineaux attend the annual Mardi Gras chicken chase in Mamou with their families each year. This age-old Cajun tradition, known as the “Courir de Mardi Gras,” started in France among the rural community to ring in the season of Lent and continues today in rural Cajun country.

People dressed in old French regalia go from house to house dancing for a chicken. The chicken is then released to be fought for by the group of contestants and used at the end of the race in a celebratory pot of gumbo.

Sophomore Summer Evers and a group of NSU friends will be getting a little more than beads this year on their day of celebration. They plan to get tattoos as a unique way to celebrate the season and make a lasting memory.

Senior Dan Feltz feels that Mardi Gras in Louisiana is a unique event in itself after moving here from his home in the northern US.

“To me just to be able to go to New Orleans and be on Bourbon Street and experience that culture- that’s unique enough for me,” Feltz said.

Mardi Gras is a pre-Lent tradition of celebration and community which students at NSU choose to enjoy in their own way each year, honoring the rich heritage and culture of this unique Cajun custom by making their own special memories.



Photo by Associated Press

First lady pays visit to new ‘Tonight Show’ host

Associated Press

Michelle Obama stopped by Jimmy Fallon’s revamped “Tonight Show” to chat about family life in the White House and promote two of her causes, healthy eating and fighting fat.

The first lady also put in a plug for her husband’s health care law.

Mrs. Obama appeared in a silly skit with Fallon and comedian Will Ferrell. Then, in a sit-down interview Thursday, told Fallon, who’s wrapping up his first week as host of the long-running NBC show, that President Barack Obama and Vice President Joe Biden are getting ready to show America “how they move.”

With her signature charm and humor, Mrs. Obama also talked about the challenge of raising two young daughters, ages 12 and 15, in the rarified world of the White House.

“They want nothing to do with us,” she laughed. “They really want normalcy and the White House isn’t normal,” Mrs. Obama said. “I’ll say ‘Don’t you want to invite your friends over to watch a movie?’ They say ‘No one wants to come here.’”

She then cautioned that her older daughter turns 16 this summer and is ready to learn to drive.

“Ladies and gentlemen in D.C. —watch out,” she warned with a laugh. “Malia Obama on the road. Frightening.”

The first lady also took advantage of her national TV audience to talk about her Let’s Move exercise and diet initiative.

“What we’re asking people to do is show us how you’re moving. We want people to Facebook it, Tweet it, Instagram it.” She wants to see “how people around the country are moving.”

The hashtag is #LetsMove. If there’s enough response, “we’ll have a little surprise. The president, and maybe the vice president, will show us how they move,” Mrs. Obama said.

She also pitched the Affordable Care Act, encouraging young people to sign up for health insurance before the end of March deadline.

Young adults, she said, can now be covered for as little as \$50 a month, “less than the cost of gym shoes.”

Campus Life Highlights

NSST (NSU Society for Secular Thought) holds group discussions on various social issues and current news. Last week, the RSO discussed human rights violations in North Korea.

Photo by Matthew Jester

AOΠ sisters attended a chapter bonding retreat last weekend. Activities included painting one another, playing group games and “confession time” so sisters could learn more about each other.

Photo by Amanda Boudreaux



P.R.I.D.E. gathers to discuss LGBTQ issues and future fundraisers and outreach projects. They will be speaking to foster kids and their parents about acceptance and understanding of the LGBTQ community later this week.

Photo by Morgan Thorpe

Information collected by Morgan Thorpe



NSU VOICE

What's your favorite Pandora Radio station?



Kendrick Lamar's is the best to listen to.

Crystal Brooks
SENIOR



I like to listen to Slayer radio because it has a mix of heavy metal that I like!

Austin Brosset
JUNIOR



Get Down On It radio is my favorite station.

Robin Wilder
SENIOR



I like to listen to Kendrick Lamar.

Jeremy Cooper
SOPHOMORE



I make my own Pandora station so I listen to my own which consists of the Broadway show-tunes.

Michelle Heselton
FRESHMEN



Mariah Carey's radio station is my favorite!

Kaitlin Oliphant
FRESHMEN

We need writers! Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 6:45.

Hairspray 'fun, fast, energetic'

Natchitoches brought to their feet with catchy tunes, dance moves, humor

Olivia Martzell
Student Opinions

I've seen a lot of shows that seem to be happy and safe staying within the small boundaries of certain limits and topics that Natchitoches hasn't really experienced or doesn't want to discuss. It's hard to convey stories of the characters in performances when the audience can't identify with them. I think this chain of playing it safe has ended. This weekend, Hairspray, the Broadway musical ran several performances in A. A. Fredricks. With its fair share of naughty jokes and innuendo along with its graceful presentation of some heavy issues that occurred in the 1960s, Hairspray was certainly determined to not stay within these so called small boundaries. But this time, the audience loved it. But this time, the audience loved it. They cheered it, they applauded it, and they couldn't get enough of it. As a student at NSU and LSC, I've never seen the crowd eat a show up. Every action was so perfectly calibrated, every note so resilient, every emotion reaching into our hearts. The show begins as Tracy Turnblad (Addie Wilson) dances around stage, welcoming Baltimore into her day as she exclaims nothing will get her down. At first, it seemed Wilson was unsure of her confidence, but she quickly warmed up. It was a joy to watch as the audience was introduced to best friend Penny Pingleton (Sarah Roberts), her mother (Hannah Hays) and the jubilant Edna Turnblad (Christian Dantes), Tracy's mother. The stage—of course it must be mentioned—was very

colorful and exciting to see as an audience member. It was impressing to see such a minimalist stage appear so vibrant, full, and lively. At this point, the crowd may have gotten slightly confused. Although Edna is a female, the role is written for a male to dress in drag. Dantes did this in such a way he almost convinced the audience that this was perfectly normal. Next, the audience is introduced to the Nicest Kids in Town, the local high-school dancers from the Corny Collins show, a dance program on television that Tracy aspires to be part of and watches with Penny as often as possible. The octet of dancers is ruled by Amber Von Tussle (Marissa McMickens) and her mother, the show's producer, Velma Von Tussle (Alexia Mullaly). Both women were fabulous in Hairspray. Mullaly almost stole the show away with her rendition of "Velma's Revenge". Her performance amazed the audience as she descended the dimly-lit stage. McMickens, however, brought humor to the audience for her portrayal of Amber. While her voice was the same caliber as Mullaly's, the role McMickens played had more chances for Amber to be portrayed as humorous as she dished out insults to Tracy, snide comments to fellow 'Nicest Kids in Town' dancers and treat heartthrob Link Larkin (Luke Matherne) like her property. The audience begins to see that Tracy is head-over-heels in love with Link, and you see some on-stage chemistry happen when Tracy is united with Link as he sings for her. It's heartwarming that Wilson and Matherne connected so well because it allowed the audience to experience the relationship between them. At this

time, touchy topics like racism are brought up as Tracy befriends black dancers in detention who teach her their coveted moves. While Tracy earnestly fights for desegregation within the Corny Collins show, she gets shut down for her radical thoughts by the others, except for loyal friend Penny who is raised by an extreme traditionalist mother, afraid of the changes the 1960s brought. It's food for thought and maybe that's just what this town needs. It's heavy, but in a light-hearted way. The humor takes away the sting of the realizations of these topics. As the musical progresses, you see Tracy's endeavors as she navigates her life between her friends, her family, and her beliefs. There is a monumental scene in the show where Tracy's friend she had met in detention, Seaweed Stubbs (Deangelo Renard) is with his sister, Little Inez (Holli Conway) and mother, Motormouth Maybelle (Tyler Price) where you can feel the emotion swelling in their hearts as they sing "I Know Where I've Been," referring to how hard Motormouth fought for desegregation. That number hit the audience hard because the actors embodied the importance of the message. Towards the end of the musical, you've laughed, cried, even gotten upset a few times, but nevertheless: you enjoyed the musical. That's how I felt during the duration of the musical. I never once tried to make assumptions about the play during it, or even tried to guess the conclusion, because I was always on my toes about what could happen next. I'm glad we can show Natchitoches it's okay to have differences with the simple use of a happy and fun musical that we can all relate to.



Duality was Captain Murphy's first album released under the alias of producer/rapper Flying Lotus. The album was rated as 7/10 for its strange vibes but good beats and production, despite its faltering lyrics. The album is a narrative discussing cult logic and how to become a leader.

'Duality' is eerie, strange, but one of the best albums of all music

Brandon Swann
Student Opinions

Captain Murphy is an alias for the producer/rapper Flying Lotus. Duality is his first album released under this name. This may be one of the strangest albums I have ever heard out. The album is a narrative on how to become a cult leader and control people. The album has a long music video for it and is as strange as the music. The first six songs, all shown in the video, are very hypnotizing and are lyrically focused on the ways to attract people to your cult. With songs like "The Ritual" talking about cult sacrifices and "Children of the Atom" sounding like he is talking to someone about how great their new lives will be, these songs introduce the album with an eerie vibe. The next three songs are about him exclaiming he is a god. My favorite song on the album, "The Killing Joke," is the last of these three songs. He compares himself to Batman, but says at the end that if you look closer you will see he is also the Joker. He rules the world as a bad guy, but is viewed as a hero. The final songs are the final step of his plan, which includes sex and drugs. This is shown in the lyrics of "Gone Fishing" and "Shake Weight" which includes vivid pictures of what he is doing to keep his followers happy. As far as production goes, this album is one of the best. The beats throughout have a strange vibe but bring something unique to each song. There are breaks in the music with a man talking of how to apply his seven rules adding a different feeling to this album than any other. As far as negativity on what this album brings to the table, the lyrics are not of the highest quality. Though the content is unique, the way it is presented is at some points elementary and other times the only thing keeping me interested is the video. All around, I enjoyed this album. A very original idea mixed with great production made this album enjoyable and an experience in music that will never be done again. I will give this album a very strong 7/10.

AZ. law allows businesses to deny service on grounds of religious freedom

Daniel Jones
Student Opinions

Arizona legislators have recently passed a bill that allows businesses and individuals to discriminate based upon religious sensibilities. Thus, if a business decides that it doesn't want to service some person of X demographic, they have legal protection in doing so. The consequence seems to be that businesses will now be safe to deny service to people of non-traditional sexuality. I often hear this argument framed as a moral issue: it is immoral to require a business to perform a service that it does not wish, or it is immoral to allow people to be forbidden services that others are entitled to. But this really isn't a moral issue unless the business at hand is one upon which life or political participation depends. For instance, it must be immoral to deny access to basic water, food, or voting instruments. But people have no such entitlement to luxuries, if they do, further argument must be made. To allow a business to forbid a luxury service to some demographic hurts the demographic. In fact, it promotes access into the market for a less discriminatory

competitor. This is not to say that the kind of discrimination we are discussing is good for the economy; we can say that it is economically and rationally risky for the businesses. Some businesses serve niche functions. A baker might decide to only bake and sell cupcakes, but not muffins. This seems arbitrary, and likely a loss of profit, but we would consider the baker's decision legitimate. So with discrimination of luxury services. The issue becomes concerning in scenarios where the consumer is trapped in small markets. Further so if we posit that some individuals are unable to leave their market to find one that accommodates their demographic. Then is this something we should oppose? To answer that, we have to know what our goals are. In light of this do we prefer a certain type of social structure dictated by law, or do we prefer a certain set of personal freedoms? This is a problem that will self regulate. That does not mean that society will not suffer needless friction should such freedoms become commonplace. I think it is a waste of time to try out discriminatory policies, but this country is fascinated with the unlimited expansion of liberties. As we will see how Colorado performs with its weed, we will see how Arizona performs with its bigotry.

NSU students furious about approval of LA. smoking bill

Janell Parfait
Student Opinions

Last summer, Gov. Bobby Jindal signed Act 211, a law that would ban smoking and tobacco use from college campuses under the University of Louisiana system. The Current Sauce published an article on last September providing details to the bill as well as student reactions. And NOW everybody freaks out. The truth is, The Current Sauce has known about this from the beginning. We published it as soon as we reached the presses. We informed the public. Yet the student body chooses to react now? After nine months of knowing? Granted, the most recent student reactions occurred immediately after the News Bureau published this chunk of news on NSU's website and Facebook page. Thus it can be assumed that nearly all NSU students (or a significant number of them, at least) get their campus news primarily from the News Bureau. What if I were to tell you that the News Bureau isn't the only campus news source? Or that the News Bureau isn't the only news source in general? I'm not saying PICK UP YOUR COPY OF THE CURRENT SAUCE TODAY, because you already picked this newspaper up. I'm saying that students shouldn't rely on a Facebook page as a primary news source. If there is one thing I'll remember from my mass com-

munication courses, it's that social media is only a stepping-stone to an even bigger story. As a journalist, you use social media to shamelessly plug your stories or to keep your audience at the edge of their seats until you finished typing out the promising article. I get that print media is on the verge of dying out, but have we really come so far as to put our faith-in-humanity in micro-blogs? Online publication is too easy; just hit "Publish!" and it's there. Forever. Print media takes a team of writers and editors to painstakingly compile the black scribbles on your crawfish party tablecloths. That is not say you should be reformed to trust only print media (OBEY!), but that it would help for you the reader to also do some research for yourself. If a sentence ends with, "according to websiteURL.gov," you check that source out for yourself. Check all of the .gov and .org websites an article mentions. Maybe check an online news outlet if it was quoted. As an inky scribble on a piece of folded paper, I ask that if you want to form a pitchfork-wielding mob in reaction to injustice, check your sources. And then check the date. If the news is outdated, extinguish your rage-torches. I could have written an encyclopedia on the smoking bill last September, but I condensed it to: new bill, student outrage, police quote, ends. My goal was to inform the public, which it seems I failed to accomplish.

THE CURRENT SAUCE STAFF Editor-in-Chief, Jarred Roberts	Sauce Life Editor, Jacob Labutka	Sauce Reporters: Emily Carter, Bryan Cook, Olivia Doucet, Emily Fontenot, Damian Glover, Michael Johnson, Daniel Jones, Summer Evers, Olivia Martzell, Morgan Thorpe, Tiandra Williams, Chloe Williamson Freshman Intern: Ashley Sherrard	The Current Sauce is published weekly by the staff at Northwestern State University. We can be reached at 318-357-6272 or www.nscurrentsauce.com . The views expressed in this publication do not necessarily reflect The Current Sauce of the University. All submissions may be edited for clarity and length. Guest columnists must be by NSU students, but letters to the editor are welcome from anyone. All submissions become property of The Current Sauce. Information about our letters policy can be found on our website.
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Last second shot dooms NSU v. SFA

Brian Cook
Staff Reporter

Stephen F. Austin's forward Jacob Parker scored nine points, two of them coming as he intercepted a pass and went for a game-winning slam dunk with 0.3 seconds left of play, leading the Lumberjacks (25-2, 14-0) with a 68-70 win over the visiting Demons.

The Demons (12-13, 8-6) fell for the second time in the last nine games, missing a chance to end SFA's 22 game win streak.

NSU had the lead 68-66 with 47 seconds remaining after Gary Stewart made a layup. SFA's Desmond Haymon, with team-high 18 points, made two free throws to tie the game before Parker won it with the dunk.

"We went to a play against their zone, trying to get the ball back to Janan for the last shot, and made a pass back to the top that Parker jumped. Great play by him," Head Coach Mike McConathy said.

"I probably should have called a time-out with the clock winding down. I'm just proud of how we gave ourselves a great chance to win in a tough environment against a really, really good opponent."

Sophomore guard Janan West led the Demons with 21 points, seven assists, and eight rebounds but he couldn't quite do enough to seal a victory. Behind him were double-digit scorers DeQuan Hicks with 10 and Gary Stewart with 11.

The Demons, leading by two at halftime, lost despite shooting 58 percent. They committed a season-worst 21 turnovers. Although the Demons battled even on the



Photo by Hardy Meredith

Janan West dribbles to the hoop past a Lumberjack in the Demons' 68-70 loss. West led the Demons with 21 points in the game, and added seven assists and eight rebounds, but his effort was not enough to stop one game-ending steal.

boards with the Lumberjacks at 32 apiece, the Lumberjacks scored 23 points off De-mon miscues.

NSU went on a late 16-2 run late in the second half to erase a 60-48 Lumberjacks lead, the biggest lead of the night which

resulted from a 15-2 burst by SFA at the beginning of the half.

"It was an awesome ballgame. We're

down 12 points on the road to a tremendous team, and we reached deep, were led by our seniors, and fought back to take the lead. I'm really proud of the kids," McConathy said.

"Gary Stewart and Patrick Robinson were outstanding even if their stats don't show it."

The game for the Demons was their third straight road game and they have two more next week, playing Thursday at Southeastern Louisiana and Saturday at the University of New Orleans.

They come home for the last two regular-season contests Thursday, Mar. 6 against Central Arkansas and Saturday, Mar. 8 against Oral Roberts.

The Demons have not faced the New Orleans Privateers or the long-time in-state rival Southeastern Lions, who they faced twice last year, due to the expansion of the Southland conference leading to a new schedule this season.

However, NSU has faced both the Central Arkansas Bears and the Oral Roberts Golden Eagles once this season already.

First, the Demons beat the Bears 76-68 on Thursday, Jan. 23. That game was coming off of the Demons' crushing home loss to SFA, 58-74, so the Demons are hoping to once again use the Bears to spring back into winning.

After the Bears the Demons met the Golden Eagles on Saturday, Jan. 25, and defeated them 87-83.

These road victories were the first two wins of the Demons' six-win streak that brought them back into Southland conference tournament contention.



Photo by Gary Hardamon

Tatiana Larina volleys the ball in her 4-3 doubles victory over Prairie View A&M. Larina also won her singles match against UL-Lafayette the previous day.

Tennis team sweeps home opponents

Morgan Thorpe
Staff Reporter

This past weekend, the Lady Demon Tennis Team (5-3) pulled three victories from home games against Louisiana-Lafayette, 6-1, Texas-San Antonio, 4-3, and Prairie View A&M, 7-0.

On Saturday, the tennis team played at home against Louisiana-Lafayette and won 6-1. The Demons won all six of the singles matches as well as one of the three doubles matches. Kateryna Piatakova won her singles match (6-3, 6-2) as well as her doubles match (8-3) with Natalya Krutova who also won her own singles match (6-2, 6-0).

"I was very proud of the way we came back in singles after the start. We were very focused and played well in all of our singles spots," head coach Patrick Dubois said.

The win over UL-Lafayette got the Lady Demons back up to .500 on the season heading into their Sunday matches.

On Sunday, the team played two games

against Texas-San Antonio, 4-3, and Prairie View A&M, 7-0.

"After a very tough four-hour win over UTSA and a 30-minute break, we had to dig down deep to play well in all positions to defeat Prairie View in each match," coach Dubois said.

The Demons were able to pull victories in three of the singles games as well as two doubles games against Texas-San Antonio. Kateryna and Natalya, again, were able to win both their doubles match (8-2) as well as their individual singles matches.

Once the team had finished their matches against the Roadrunners, the immediately went on to dominate against Prairie View. The Demons won every match against the Panthers.

The Lady Demons will host their next game against Texas State Sunday, Mar. 2, at 10 a.m., as well as a game against Grambling State later that evening. The team will begin playing their Southland Conference games at Abilene Christian on Mar. 8.

Turnover troubles curse Lady Demons, 51-68

Tiandra Williams
Staff Reporter

Turnovers doomed the Northwestern State Lady Demons in their away matchup against Southland third-ranked Stephen F. Austin.

The Lady Demons (14-12 Overall, 7-7 SLC) started off the game on a 6-0 streak, but 13 turnovers in the first half by NSU only fueled the Ladyjacks (15-11 Overall, 9-5 SLC).

"You know it's always going to be tough when you come into the arena here at SFA," Second-year co-head coach Brooke Stoehr said.

"We turned the ball over 13 times in the first half and we average that per game."

Once the Ladyjacks got the lead with 14:43 left in the first half they did not look back. SFA strung together 13 of 28 buckets, going 4 for 12 from behind the three-point arch, for a total shooting 46 percent and three-point 33 percent.

To accompany NSU's 13 turnovers in the first half, they shot just 37 percent from the field, 12 percent behind the arch and 56 percent at the free-throw line.

Both teams were even with 15 rebounds apiece before halftime, with SFA leading the score 30-20.

SFA's Porsha Roberts led all scorers for the match totaling 18 points and seven rebounds while Brentney Branch followed up with 13 points, knocking down three of her six three-points attempts. To round out the Lumberjacks double-digit scorers was Kali Jerrell dropping 11 points of her own.

SFA's shooting percentage remained above average, draining 53 percent from the field in the second half and 50 percent for the night while shooting 80 percent from the three-point arc in the second half and averaging 47 percent on the night.

The Lady Demons did a better job of holding on to the ball in the second half, only suffering five turnovers, but were still unable to get hot shooting from the field.

Although they hit more often in the second half, NSU remained below their season

average offensively.

The Lady Demons average 64 points on 41 percent from the field and 32 percent from the three at 5.2 three-pointers a game. In Saturday's matchup NSU fell to 37 percent for the night only pulling out with 51 points, and banking in 3 out of 19 attempts from the three-point line averaging just 15 percent.

"I thought they did a great job being aggressive. They took some things away from us and made us make some adjustments," coach Stoehr said.

"I don't think we valued the ball very well and didn't make shots."

Senior Trudy Armstead led the way for the Lady Demons, snagging a double-double with 11 points and 10 rebounds.

Janelle Perez dropped 11 points and six assists, the only other player to reach double digit scoring.

Current second-leading scorer Keisha Lee, averaging 13.9 points-per-game, was only able to add six on the night.

Freshman Kourtney Pennywell received four personal foul calls against her, leaving her on the bench most of the night, but accumulated 16 minutes of play and eight points in her limited time.

NSU will continue their road stint Thursday, Mar. 6 at Southeastern Louisiana and Saturday, Mar. 8 at the University of New Orleans before returning home to finish off the season.

The Lady Demons currently sit at the eight spot in Southland conference ranking.



Photo by Hardy Meredith

Trudy Armstead avoids giving up a steal to a Ladyjack defender as she looks for a passing lane in the Lady Demons' 51-68 loss to Southland rival Stephen F. Austin.

Student Media Leaders Needed

Annual positions open starting summer 2014

- Argus Editor in Chief
- Current Sauce Editor in Chief

- Potpourri Editor in Chief
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Applications available:
Potpourri and Current Sauce on bulletin boards outside Kyser Hall room 225
Argus 316G or 316N
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A collage of black and white photographs from the 1960s, including sports teams, a protest sign that says "GIVE OUR TEACHERS A RAISE", a Northwest Airlines plane, a marching band, and a person in a donkey costume. Overlaid on the collage is the text "100 YEARS" in large, bold, purple letters.

Current Sauce

1914

Jokes

Miss Hulsart: What is the feminine of fish?
Smart little boy: Mermaid.

“What is the difference,” asked the teacher, “between caution and cowardice?”
Johnny, who observed things carefully for so youthful a person, answered: “Caution’s when you’re scared and cowardice is when the other fellow’s scared.”

1915

Dr. Cooley: Is there any one in this class who has never seen a deaf mute?”
Eunice B: I have had several people to tell me that they were; but I did not believe them.

“So he praised her singing did he?” “Yes; said it was heavenly.”
“Did he really say that?” “Well not exactly, but he probably means that. He said it was unearthly.”

1916

THE TRAGEDY.
Little dog.
Railroad track.
Toot! toot!
Sausage

“Bobby,” asked the the teacher, “what was the name of the first man?”
“George Washington,” replied Bobby with conviction.
“Oh no, Bobby, Washington didn’t come until long afterward. Adam was the first man.”
“Aw, well,” snorted Bobby in disgust, “of course if you are talking about foreigners.”

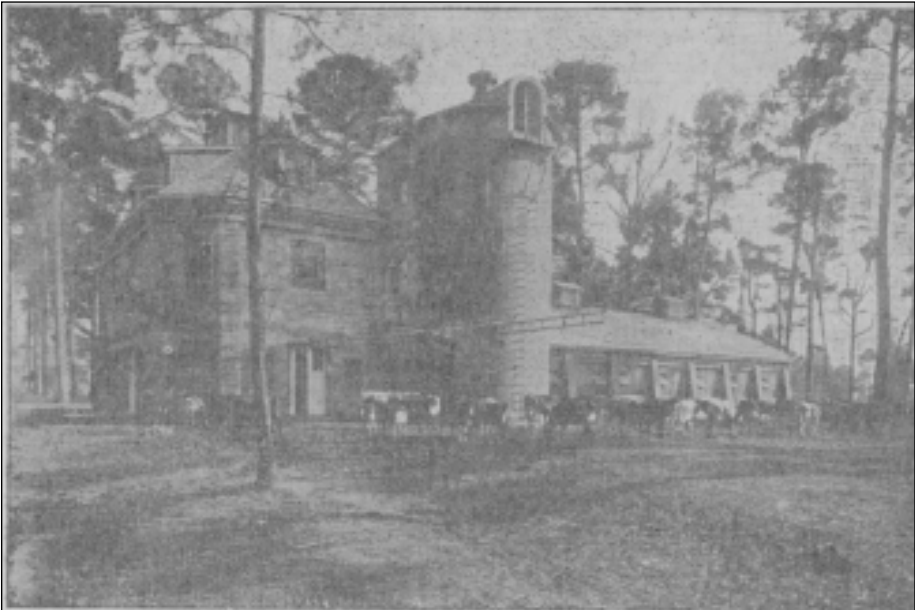
1917

Practice Teacher: “Now, children, I want you to think before you answer my next question.”
A Bright Youngster: “Why, I don’t have to think; I am half of a philosopher now.”

1918

1919

1920



The local dairy behind Normal supplied milk for the students and was awared second most sanitary dairy in the state.

LA state normal college dairy

1922

Have any of you ever stopped to think about the place from where you get your milk each day? Some of you perhaps do know something about the Normal Dairy but the most of you do not. All of you do know that behind Dining Hall there is a dairy and that the Normal Club uses milk from it every day—but do you know any more about it than that?

Is there a single one among you who does not like to see natural beauty? I dare say that there is not a single one of you but who does not admire Nature’s beauty. Have you ever looked at the Normal Dairy in the light of the rising or setting sun, on a clear day, through unprejudiced eyes which were looking “for a beautiful picture? If you would, you would see as pretty a scene of Nature that one can find.

What is more delightful to gaze upon than the brilliance of light and the patterns of dark shade that come filtering through the boughs of those noble grand pines upon the green grass of a rolling hill? And, too, there are several picturesque little roads that wind in and out, and around and through the grounds of the Dairy. On the top of the hill, seemingly as a temporary background for this picture, is as pretty a modern dairy as one could find in this state. Off to the side stands i little lake that looks like a pool of silver between its two hills. The lake is bordered with weeping willows whose drooping branches overhang its waters. What prettier picture could one desire than this?

1921

1922

1923

1924

Students voice opinions, vote on women suffrage

1916

Since the organization of The Young Woman’s Study Club, quite a bit of interest is being manifested in the subject of woman suffrage, on Normal Hill. The ladies of the town of Natchitoches, who are interested in the subject, originated the idea of a straw vote to be cast by the Normal students for or against woman suffrage. This was done on Monday, but previous to that time, the students showed their interest by making extemporaneous speeches during assembly on Friday. These were followed by other manifestations of interest, among which were: Friday evening the boys took possession of the tennis grand stand and expressed their views freely on the subject to a number of the club girls, who responded with a suffragette parade.

At breakfast Saturday morning over one of the girls’ tables hung a large poster, which bore these words “Votes for Women.” At dinner on the same day over the boys’ tables hung a similar poster which bore these words “Down With the Women, Boys.” The women refusing to be downed showed their spirit in political meeting held just before dinner on Saturday evening, in which they conceived of themselves as candidates for offices in the state in 1928.

Miss Marjorie Connor presided over the meeting, and each candidate was given the

privilege of speaking. Those who responded were Misses Anna Bell, Hilda Moody, Edna Fant, Pearl McVey, Elaine Lazard, Zaidee Boatner. Their speeches were received enthusiastically by a large number of the students. Messrs.

Barre, Griffin and Norrid, young men of unusual courage, answered these, Mr. Norrid Speaking in behalf of the cause. Thus the question was raised to the highest point of interest by Monday when the straw vote was to be taken. Monday was a much more favorable day and there were visitors from town, both women and men, to witness the closing of the campaign. Mr. Roy was in charge of assembly period and he asked some one to get up and explain the purpose of the meeting and give directions as to how the voting should be done. One of the ladies explained that the purpose of the meeting was merely to see how the students of the Normal stood on the question and to have it discussed.

The student body elected eight commissioners to look after the voting and count the votes. The commissioners elected were Misses Anna Bell, Marjorie Conner, Elaine Lazaro, and Hilda Moody and Messrs Edmond E. Corkern, Meady Armstrong, Bernard Nelken, and Murphy J. Sylvest.

This explanation and arrangement being made the house was again opened for discussion on the main issue. The negative had had the last speech at the assembly Friday and the affirmative was the first to get the floor

on Monday. Those speaking on the affirmative were Misses Mary and Elaine Lazaro, and Marjorie Conner, colleagues of Misses Hilda Moody and Anna Bell who spoke on Friday. Mr. Sylvest, who was a colleague of Mr. Alton Alford on Friday closed the negative side of the debate. There being no further time for the assembly to sit, the commissioners took their boxes and took the votes as the people passed out of assembly.

After the votes were all taken the commissioners retired to the Faculty room to count them. This was an eager job for the commissioners, and all the ladies and men from town, as well as those of the Normal who had a chance, stood around very anxious to hear the returns of the election.

Some were predicting that the election would be ten to one for the affirmative and some making other calculations, but when the results were announced many were surprised. There were 596 votes cast, 360 for equal suffrage and 236 against.

There being only about one hundred boys in school, and the others being girls, many thought the affirmative would have carried by a larger majority, but many girls without hesitation voted against the proposition just as a few of the boys voted for it. The anti-suffragist claim that it was a victory for them, while the pros claim they did well. Several of the students refused to vote at all. This was a very lively issue in the Normal, just as it is becoming to be lively in the nation.

Student finds evidence of evolution

1923

Evolution is a subject discussed by the great ones, some believing firmly on one side of the question and others just as firmly on the other. It remains to be proved to the unbelievers. In Normal we have an example of Evolution, that would be satisfactory to William Jennings Bryan himself.

Years ago a two-story building stood in the Academic Court and was used as a class room building, and from a class room building it advanced one stage. Changes were made and it was used as a dining hall.

Alas! The building was to make another advance. Normal’s growth demanded a larger dining hall. Then the old building took a trip to another part of the campus. It was to be the home of boys and the boys themselves named it “The Shack.” The “Jessie James

gang” and the “Buffalo Bill gang” held sway. The old furnace room was the meeting place for many gangs and many plans were discussed there. Surely some planks in the building remember the “Derby Brigade,” and other frolics. Many a brave admirer stood on the porch to wave good night to his equally brave admirer as the hall bell called all to study. Surely while the old building rang with laughter of young men, and her room and walls were bathed by water fights, it must have felt that this, its latest stages, were its greatest.

Again the shack was moved, repaired, cleaned, and prepared for another life. No longer was it to be the home of boys, but it was promoted and made a home for girls. Soft voices now fill the halls and rooms, light footsteps now tread the ‘floors. The old name was dropped and a new one was adopted. The place is now known as the “Brown Cottage.”

First student to spend four at normal relates experiences

1924

Needless to say, my four years of College life have been spent at the Louisiana State Normal College.

I planned to get my higher education here, left my home in September, 1920, with that intention, and strange as it seems, I really carried out that intention.

Just how much higher my education here has been maybe found by a glance at my Dad’s bank account.

Possibly the greatest event of my Freshman year, next to the thrill of going home a full-fledged Sophomore, was getting my hair bobbed. I had it done, and haven’t been sorry ever since; it is such a relief to have it off.

As a Freshman, I was properly impressed with the grandeur and beauty of the Hill; I looked with awe upon the President when my comrade told me in a stage whisper, “There is Mr. Roy”; and I dutifully admired the wisdom and excellence of the sixth termers. That is a necessary part of a Freshman’s life.

Then at the end of the first year, I spent my vacation at home. In fact, for the last four years, I have been living at the Normal, and spending three month’s vacation in Chesbrough.

Returning to Normal for my Sophomore year was great fun. I met so many friends I had not seen for three months, and the coaches of the T. & P. “special” rang with the various forms of greeting peculiar to students of the Normal.

For the greater part of that nine months, I pursued “the even tenor of my way,” my existence being pleasantly punctured by the terrors of practice-teaching and being chosen Faculty Rep, of my class. The last was very thrilling.

Returning for my Junior year was quite another story. My chums and “bunch” had graduated with me and gone out into the new profession just opened to women: teaching, hence, I was lonesome at first, until I could get my newest clique organized.

We existed happily together and are still on fairly good terms. The Junior trials were off-set by our “P. G. privileges”—which are still very much the same.

The most outstanding event of that year was my ability to make the debating team and take a trip to Conway, Arkansas, where we went down in defeat,

but bravely smiling all the while. We were told that a defeat was very good for one’s constitution.

The Senior year with its privileges, its pleasant outings with the class at Grand Ecore, its work in dramatics that to me was the most pleasant course in the college—the victory over our Arkansas rivals, and the many associations, will soon be over.

I have been told that I am distinguished by the fact that I am the first A. B. graduate who has spent four years straight—exclusive of the summer terms! This adds spice to the graduation honors!

Ships went out to sea and ships came home from sea, and the many years rolled by, and ceased to be.”

As I stand on the eve of my graduation, the four years seem as nothing, and my Freshman days are not far back in the past.

Anyway, a Senior is only a four-year-old Freshman. And even though we are Seniors, we are very soon to learn that the only thing we can show of our college education is our diploma.

It is a sad and depressing thought—but partly true, nevertheless. Life must build on the foundation laid by our Alma Mater.

I have written about my four years at college in a very brief way—and have come to the end of my subject matter.

If the gentle reader recalls the activities of his own days here, he may be assured mine are similar in a general way, for things are pretty much the same now as they were in those “old” days. Sixth termers asked permission to walk to the Gate, and we “simply adored” long vacations.

But for me and my classmates those days are about to become numbered in the archives of the past. At leaving, the hardest thought for use will be the knowledge that our Normal will continue to function without us - that we will soon be forgotten by the President, by the faculty and the students!

But while we realize that they will suffer a great loss at our leaving, our loss will be much greater and more lasting - but such things must be.

Speaking of graduation brings me back to my intention of concluding my first purely literary attempts (which has no literacy characteristics) five paragraphs back. Such being the case, my adieux I’ll make and disappear behind the “Current Sauce” horizon!

1924

Normal’s new gymnasium

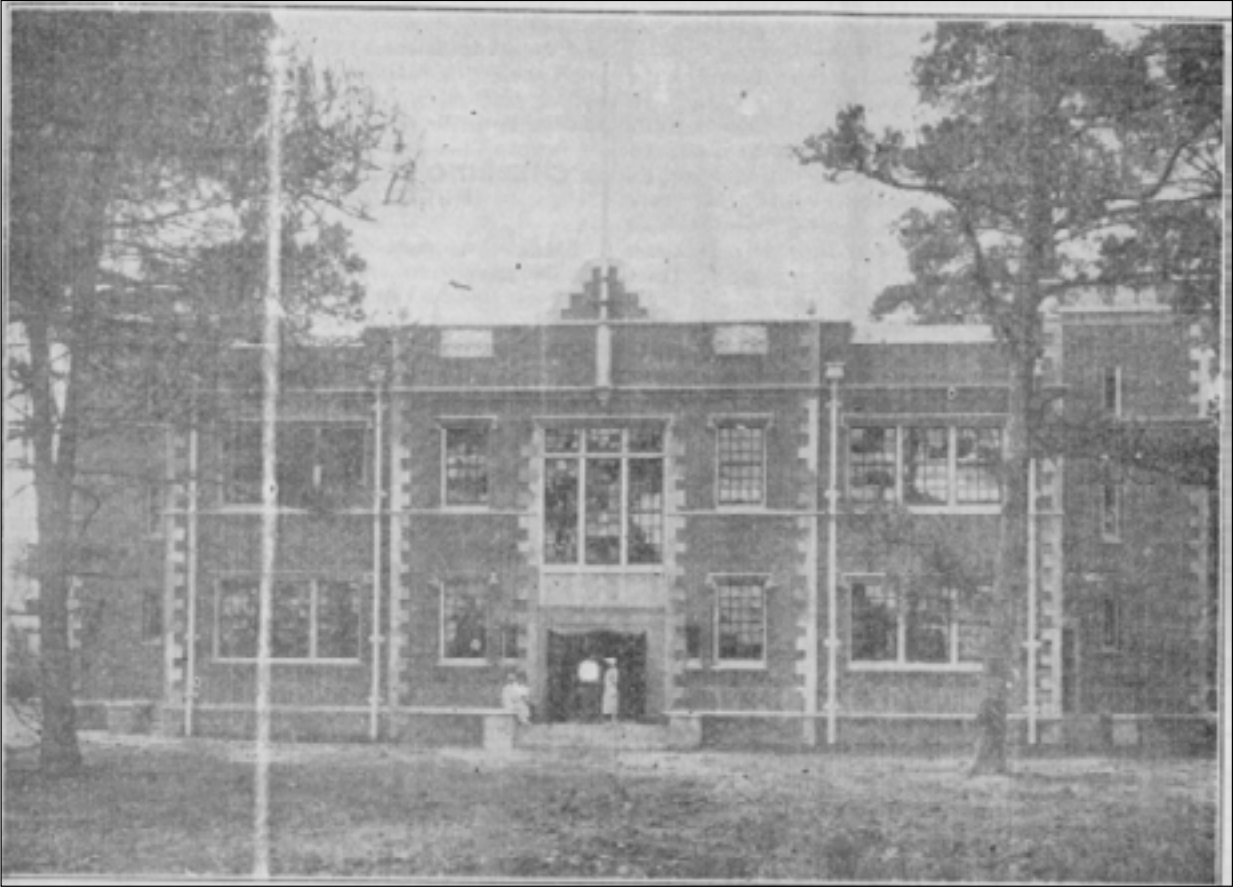
1923

In recent years many and vast improvements have been made, but none as significant of the phenomenal problems of Louisiana State Normal College as the building of the new gymnasium.

This gymnasium is easily one of the very best in the South. Seventy-one thousand dollars was the total expenditure for the building and equipment. When thrown open to the public, bleacher seats are quickly erected, allowing a seating capacity of (several) hundred.

One of the principal features is the indoor Running Track of which few gymnasiums in the South can boast. There is also various equipment regarded for apparatus work, Indian clubs, dumb-bells, wands, horses, rings, weights, punching bags, horizontal bars, balance boards, and ladders.

A highly important feature is the locker, which each girl has the privilege of using, by depositing fifty cents. In this way, the uniform composed of white middy blouse, black tie, black bloomers, black hose, and white tennis shoes can be safely kept, and unnecessary worry



This gymnasium is easily one of the very best in the South. Seventy-one thousand dollars was the total expenditure for the building and equipment. When thrown open to the public, bleacher seats are quickly erected, allowing a seating capacity of (several) hundred.

avoided.

There are, of course, different classes or forms of physical education: hand gymnastics, folk dancing, erective exercises, apparatus work. All methods in physical education. It is unnecessary to dwell upon the advantages derived from these forms of gymnastics. There are practically innumerable. The previous lack of a well-equipped gymnasium was a serious handicap, which

has now been overcome. Heretofore many sensible students of the State Normal College have turned away upon learning of the lack of gymnasium equipment. Now, however, due to the existence and permanence of a new gymnasium, open to both boys and girls, the College will be doubly attractive.

Physical education is not established in the curriculum of the State Normal College, on a firm basis. At

the head of the girls’ department has been placed a splendid and capable instructor, Miss Thelma Zelenka. One can easily realize the responsibility of overseeing the physical training of numbers of young ladies. However, the student body has the utmost confidence in the ability of Miss Zelenka, whose proficiency is evident by virtue of the responsible position she now holds.



Demon Screams!

1926

Say, friend, did you ever watch a crowd of mischievous little boys play? Can’t you see the glow of happiness in the faces of the winners? Can you hear them shouting: “Oh! Boy! We’re the champions!”?

If you didn’t, you can see a happier look on the faces of each of the Demon Five of 1926, on the jolly face of “Doc,” and in the twinkling eyes of Coach. Why? There’s a reason, all right. The Demons of ’26 are the Cage Champions of Louisiana. Oh boy! Doesn’t that sound great?

I’ll say it does. Our boys made us proud at the beginning of the season; as time passed we became prouder, and now, we’re just the proudest folks in the state of Louisiana and in the whole United States.

Gee, I wouldn’t belong to any other place but Normal. It may have its UPS and DOWNS, old top, but it surely has more UPS than DOWNS.

So, old fellow, just quit your grumbling, you can be proud for the great old Demons are Louisiana’s “Champeens.”

State Normal rated among best in nation

Local college placed in A-1 class at meeting of American Association of Teachers Colleges

1928

The Louisiana State Normal College was rated in the A-1 class along with 22 other teachers’ colleges in the United States at a meeting of the American Association of Teachers’ Colleges in Boston, Mass., last week, according to President V. L. Roy, who represented the State Normal at the meeting.

The State Normal holds membership in the American Association of Teachers’ Colleges, the Southern Association of Colleges and Secondary Schools. A graduate of the State Normal College is eligible to teach in any secondary school in Louisiana.

During the last six years the State Normal of Louisiana has

more than doubles its attendance, 1,919 students being enrolled in the college department in residence last year.

At present 900 students are enrolled and 625 taking courses through the mail. The Normal now has more than 6,000 graduates; sixty-seven per cent. of the trained elementary teachers of the state are graduates of this college.

Situated in a picturesque section of the state, the Louisiana State Normal College with its permanent dining hall, its modern fireproof dormitories, its splendid academic buildings and its beautiful campus afford an environment for study second to none in the state.

Every effort has been made to surround the students with

an atmosphere of true school spirit. The literary societies and clubs, the music organizations, the college publications, and the religious organizations inspire the students to carry out the best educational principals into the state.

The cost of attending the State Normal is small, the entire expenses of a term of twelve weeks being but \$83.50. Practically any course may be pursued at the State Normal. Thus a student may secure a foundation for any of the professional courses as well as the courses that will fit him to become a teacher in the public schools.

The summer term quarter opens on June 5 with registration and classification. Regular classes will begin on June 6.

Demon Cagers win four straight

Demon quintet wins four of five games played last week; defeats three conference foes.



1929

Playing five games last week with only one night off, the Louisiana State Normal Demon basketball quintet came out on the big end of the count with four victories and only one defeat. The thing which counts most in these clashes is the fact that the Demons defeated all three of their S. I. A. A. foes in the games last week, thereby raising their stock in S. I. A. A. championship circles in the state.

To start the ball rolling last week, the Demons journeyed to the camp of the Lumberjacks at Nacogdoches, where they split the bill with the Texans, taking the first game easily Monday night, 50 to 27, but dropping the second on Tuesday night 31 to 13.

The real fireworks of the week started, however, when the Demons opened their guns on the Southwestern Presbyterian University five of Memphis, Tennessee, here Wednesday night and overcame a substantial lead which the visitors had piled up in the early minutes of the game to defeat them 39 to 28.

Then on Friday night before a capacity house the old Demon really showed what he could do when he found himself in a pinch and nosed out the Wild little Kittens of Louisiana College 36 to 33, after the visitors had staged a sensational comeback to pass the local squad at 30 points when Prather’s five had a lead of ten points soon after the start of the second frame. That was a hectic game, to say the least.

With both Jackson, center, and Aiken, star

guard, out on four personal fouls, the Demon defense and offense were both weakened almost to the breaking point.

But those Demons were in there to defeat those Kittens and no matter the condition of the squad they did it.

If you were there, you know the rest. This writer actually believes that the continued yelling of the students won that game, and he basis his contention upon the fact that one of the star forwards of Louisiana College remarked after the game that he thought the walls of the old gym were going to cave in. Something caved, all right, all right; but it was not the walls. It was the LUCK of the central Louisiana team.

But the Demons were not satisfied with just taking two S. I. A. A. games in one week; so when the Centenary Gentlemen from Shreveport journeyed all the way down to the Indian City Saturday night, the old Demon just got angry and took their measure 39 to 30 in a rather listless game compared to that of the night before.

By the yarn, Ladies and Gentlemen, there hangs a tale. The three games won from conference foes last week place the Demon quintet on an even basis with Louisiana College, conference leaders in the state.

These games gave the Demons eight won and four lost. The Wildcats have six won and three lost to their credit.

President Roy tenders resignation, Professor Tison named successor

Blow softened by Tison taking place, says Roy. Prof. Tison is Louisiana man; Normal graduate. Resigning head of Normal cheered by students.

1929

V. L. Roy, president of the Louisiana State Normal college here for 18 years, whose resignation was accepted Wednesday by the state board of education at Baton Rouge, was cheered at the regular assembly Thursday by the 1100 students and 90 faculty members as he mounted the platform to address the assembly.

In speaking of his resignation as head of the State Normal, Mr. Roy stated he could nothing else and, in tendering his resignation, he thought he had done the right thing and has served most effectively the best educational interests of the state.

“When I handed in my resignation yesterday I felt as I do today, and that is, that if this were July 4, 1911 and I were entering upon the duties of president of this school instead of going out, I would pursue the same course and do the same things that I have done during the time that I have held this position,” Roy said.

“I would be governed always by the consideration of the best interests of the college and of public education. I should seek to meet my responsibilities to the parents who send their sons and daughters to the Normal and I should continue fearlessly and unswervingly to discharge my duties.”

William White Tison, president-elect of the Louisiana State Normal College here, is a native of Louisiana. He was born at Colfax, Grant

Parish, in 1884. He was educated in the public schools of Grant parish and was graduated from the two-year class of the Louisiana State Normal school at Natchitoches in 1904. He received his A. B. degree from the Louisiana State university in 1914 and his M. S. degree from the University of Chicago in 1925.

Mr. Tison has taught in the public schools of the state for 25 years. Three years were spent teaching in the grades, 10 as high school principal, and 12 as professor of chemistry at the state Normal college, which he is now to head. He also taught chemistry for one term at Peabody college.

President-elect Tison was made a member of the teaching staff of the college in 1917 and from that time he has served as the head of the department of chemistry.

He is popular among both students and faculty at the State Normal college. His election came as a shock to most of his most intimate friends as it was not generally known that he would be considered by the state board.

It was learned last Wednesday that he had his application presented to the board for the presidency of Louisiana Tech at Ruston, but that he was not expecting the position at the Louisiana Normal.

No successor to the head of the chemistry department has yet been appointed, it was announced Wednesday. Alfred L. Ducourau is the other member of the department of chemistry at the State Normal.

1925

1926

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1934



1934

Normal celebrates fiftieth anniversary

Final plans made for holding golden jubilee program at state Normal

1935

Final plans have been completed and everything is in readiness for the celebration of the Louisiana State Normal College's fiftieth anniversary here Friday and Saturday, it was announced by Dr. J. E. Guardia, Chairman of the General Committee.

1936

Thousands of alumni representing every parish in Louisiana and visitors from surrounding states are expected to file back onto the old campus where they once held sway as the student body. The visitors will be given a free hand in meandering around the site of the college that has sent out 800G graduates and will have the opportunity of renewing old friendships and reminiscing until their hearts are content.

1937

The Normal College, for the past four months, has been preparing for what is expected to be the greatest event in the history of the institution. An extensive two-day program, which is to be featured by the appearance of practically every prominent educator in Louisiana, and Governor O. K. Allen will serve as entertainment for the visitors.

1938

Dr. H. L. Donovan, president of the Eastern Kentucky State Teachers College and presi-

1939

dent of American Association of Teachers Colleges, will deliver the academic address of the anniversary gatherings.

Societies, Clubs, Fraternities, and Sororities will hold open house during the Golden Jubilee in order that the returning alumni who were members of the respective organizations may have the opportunity of making new acquaintances and viewing the progress made by the organization of which they were once active members.

The Golden Jubilee program will get under way Friday afternoon at four o'clock, when the State Normal College Band, under the direction of Gilbert T. Saetre, gives a concert on the East campus. At five-thirty o'clock, the American Legion and Boy Scout troops of Natchitoches and surrounding cities will conduct a Flag service. After a short program, "Ties that Bind," which is expected to especially delight the "old heads," and a concert of Ensemble Music by the Normal School of Music faculty, the day's activities will be topped off by an informal reception at nine o'clock in the Social Hall.

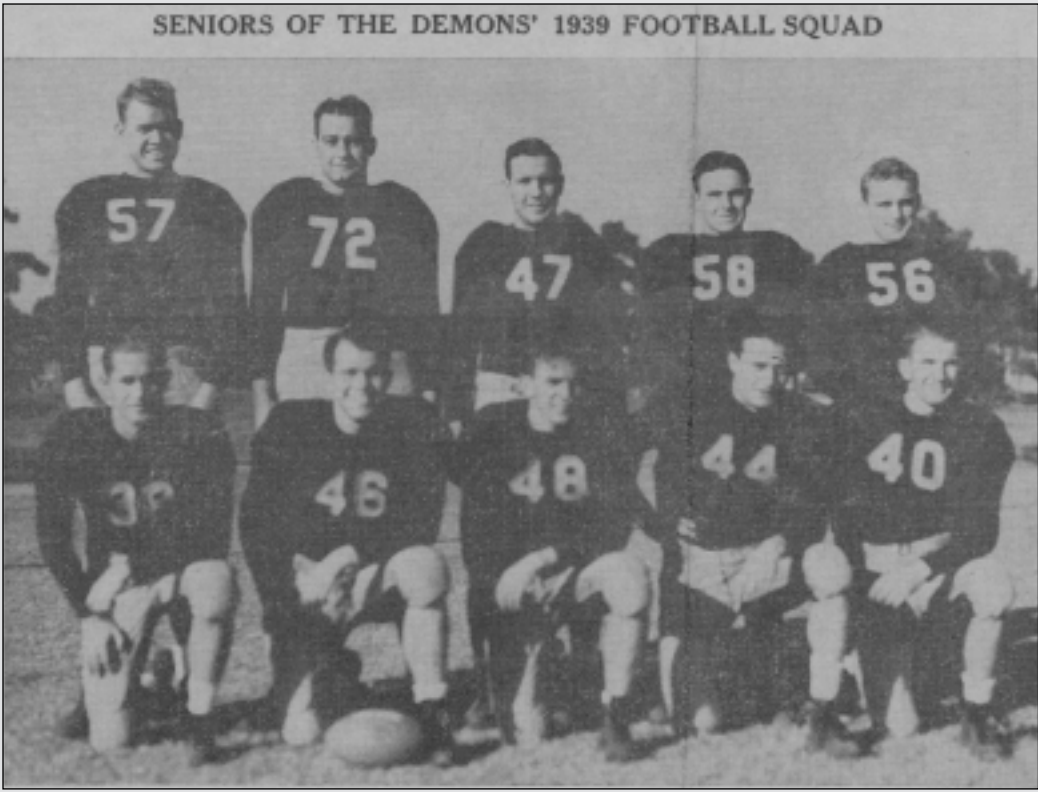
Saturday is featured by so many important programs that classes will not be held in order that students may take advantage of the many

events during the day. The day's activities will start with the Anniversary Program in the Men's Gymnasium at ten o'clock. It is on this program that the presidents or representatives of every college and university in Louisiana, besides some out-of-state institutions, will appear to bring greetings to the State Normal College. Governor Allen of Louisiana and H. L. Donovan of Kentucky will also speak on this program.

A great time is expected to be had by all at the Barbecue at noon Saturday. This barbecue is free to everyone and will take the place of the students' noon-day meal.

While the various campus organizations are holding their reunions on the campus from two until four o'clock Saturday afternoon, the leading educators of the state will hold a symposium at two-thirty o'clock in Caldwell Hall. At five o'clock, Miss Annetta L. Wood will present the Pageant, "Fifty Years of Service and Progress," in which 500 students will take part. While the anniversary program will be the most dignified, the pageant will be the most spectacular.

The entire Jubilee program will be climaxed Saturday night with a College Dance in Men's Gymnasium at nine o'clock.



Normal's football squad will be minus these ten huskies, pictured above next year. The boys are, from left to right, front row, Maddox, Haynesville, end; Eason, Monroe, guard; Kelly, Junction City, Ark., guard; Renwick, Monroe, guard; Bell, Franklin, fullback. Second row, left to right, Creighton, Oakdale, end; Gentry, Haynesville, tackle; Murrell, Crowley, fullback; Saucier, Eunice, guard; Gilson, Shreveport, quarterback.

Demon 11 finishes perfect season

James (Scoop) Anderson
1939

The Louisiana State Normal Demons finished their first undefeated, untied season in the history of the college, here Thursday afternoon, before about 4500 shivering and soaked fans, when they won their eleventh straight game, whipping the Southwestern Bulldogs, 6 to 0, on a field drenched with rain and covered with mud.

The Demons scored late in the first period when Gus Boucher circled left end and raced 69 yards for a touchdown to give them their margin of victory and the S.I.A.A. and Louisiana Conference crown.

Saucier's attempt for extra point missed being good by just inches. From this point on the game turned out to be mainly a punting duel between Normal's great tailback, Parker Wiggins and little "Shorty" Atkins of the Bulldogs.

Wiggins kept his punts high and long and had four go out of bounds between the goal line and ten deep in the territory of the Bulldogs.

At no time during the entire game was the south Louisiana team able to penetrate deep into Demons' territory and after the first period the Demons were kept well up in mid-field.

The only invasion past the locals' forty was when Clarks blocked Wiggins' kick and fell on it on the Demons' 39. However, they were unable to gain any ground and had to kick on the fourth down.

With this victory under their belt, bringing their total to eleven for the season the Demons will rest on their laurels to await some kind of

Bowl bid, or postseason game.

The Demons outplayed the Bulldogs in every division, making 6 first downs while holding S.L.I. to only one and gaining 253 yards to the 48 for the Bulldogs.

Boucher led the Demons in yardage gained, 83 yards, carrying the ball 8 times for an average of 10.3 per try. Wiggins was second, gaining 74 yards in 16 tries.

Frank Eason, E. H. Gilson and Edmond Saucier were the mainstays of the Demons' defense as they played their last game of their college careers, unless some post-season contest is arranged, and showed the fans that they will be missed a great deal next year.

On the offense Boucher and Wiggins were the leading yard gainers, but little Sollie Mayers and Willie Black gave good accounts of themselves also. On the ends Ernest Tyler and Harry Creighton were standouts both on offense and defense. Kirkpatrick displayed some of the most beautiful blocking ever witnessed in a football game and also gained quite a few yards.

Gaspard and Miller kept the Bulldog backs, back and were in on almost every play. The entire Normal squad played a great game of football and deserves all the credit that goes to any major football team.

Although the Demons won and outplayed their old rivals, the Bulldogs put up a good fight and gave the fans their money's worth.

Perhaps had there been a dry field the score might have been higher, but at the end of the game there wasn't a Normal supporter there that wasn't satisfied with the six-point margin of victory.

istic of this versatile lad to let other men be on committees,

extol their achievements to the heights, and otherwise make their existence abominable to a well-ordered society.

The airport in Natchitoches was built through the combined efforts of ex-mayor John H. Keyser, Coach H. Lee Prather and Raymond Breazeale. From the time of the construction of this field Ray has made it a haven, a sanctuary, and, needless to say, his citadel. He has worked with it, pleaded with it, cajoled it. As a result of his effort it is one of the best C. P. T. P. fields in the country.

It always has ten to twelve planes in the hangar, not including transients. It started as an approved repair station, then advanced to

an approved primary flight school, thence to the enviable position of an approved advance flight school—all through the efforts of this quiet, steady little fellow.

Not satisfied with knowing the most there is to know about flying planes, Ray builds them. All planes used for the local organization known as Raymond Breazeale, Inc., Aerial Crop Dusting, are designed and constructed under the supervision of Raymond, otherwise known as the "boss."

Distinction comes his way because he was the first man in the South to build crop dusters complete, and also because he was the first man in the state to sow rice and fertilize it by air.

It is fitting in closing to say that a more qualified man could not be found in the country, insofar as training students for civilian flying is concerned.

He is tough, as one would expect, but the student knows he received the best the best has to offer.

To be or not to be

Time: End of first semester.
Place: L. S. N. C.
Character: Me.

Act One

Scene 1:
Me: Shall I cheat on these tests?
Scene 2:
Me: I am uncertain. I will toss a penny...
Scene 3:
Me: Huh! I have no penny. I will borrow one from teacher.

Act Two

Scene 1:
Me: I have cheated.
Scene 2:
Me: My conscience is hurting me!

Act Three

Scene 1:
Me: Now... my conscience is clear. I have given teacher back his penny.

(Curtain)

He sails through the air

Reuben Estopinal
1940

It was at some time during the year our Lord '04 that an infant was born on Cane River, in Natchitoches parish. The fact that a child was born passed without incident, until one night said child began flapping his arms, and after a precarious "take-off" made an excellent "three point" landing on the floor; therein lies the basis of this story.

The newly-born was named Raymond E. Breazeale, who, when he reached that stage of development at which the child ceases uttering so-called words, and begins putting words into sentences, let the world know that he intended to take his place among the celestial wonders of the cosmos. Since making that simple statement this "little" big man has done the work of ten men; he is a veritable dynamo of energy.

The flying bug first bit the local boy when a daring barnstormer came to Natchitoches. Seeing the "new-fangled" invention of the Wright Brothers, which that populace called the diabolical schemings of the Archangel, placed on earth to wreck man, was too much for Ray. He had to touch it, then sit in it, and before he knew what was happening he was soaring through the ether at



Local Raymond E. Breazeale first took to the air in 1923.

the heart-rending rate of eighty miles per hour.

From that moment flying has so obsessed the mind of this birdman, that it is at once a job, a hobby, a first love, and an ambition.

It was in 1923 that this local hero first took to the air, and he has never since come down to earth. In spite of the fact that he is a member of the "Quiet Birdmen," an organization formed by members of the air corps of the A.E.F., which is non-profit and exclusive, he carries himself with excessive modesty.

The Q.B. boasts of such famous members as Rickenbacker, Doolittle and Lindbergh. It is character-

the heights, and otherwise make their existence abominable to a well-ordered society.

The airport in Natchitoches was built through the combined efforts of ex-mayor John H. Keyser, Coach H. Lee Prather and Raymond Breazeale. From the time of the construction of this field Ray has made it a haven, a sanctuary, and, needless to say, his citadel. He has worked with it, pleaded with it, cajoled it. As a result of his effort it is one of the best C. P. T. P. fields in the country.

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1944

Communist or not, we must feed starving Europe

1944

The president of the United States recently called a special session of Congress to determine a way if possible to supply the nations of the world with much needed food-stuffs and to stave off the threat of starvation for countless numbers of peoples in dire need of help.

The question we are interested in here is, "Should we feed Europe at the present time?" Many people are skeptical for they feel that in aiding these people we will only be sowing the seeds for another attempt at world conquest by one of these nations. Perhaps they are right, but then again, we followed a hands-off policy after the last war and it certainly did us no good. To allow these people to starve or even go hungry would be a veritable admission that the United States does not believe in the fundamental policies of philanthropy and humanitarianism which have become an integral part of our democratic society. Hunger breeds discontentment and such discontentment brought about World War II and will be a constant source of fertile soil for the growth of organisms undesirable in a democratic, or at least, a peaceful world.

Policy politically sound

Politically, the policy is sound, for in Europe we see our last diplomatic and political bulwark against the communist Russia. If the larger nations of Europe become communistic, the on-rushing hordes of Reds will never again be stopped by peaceful means. Some maintain that such aid will only make these nations parasites ever willing to feed from the American horn of plenty. To deprive these people of the essentials of life is to take a life and no one desires such a thing on his conscience.

From an economic standpoint this plan certainly has its advantages. Since as early as 1865, the United States has been in search of new and better markets. In Europe we can find for the next ten years at least that desirable market for our farm surplus and manufactured goods, and find, at lease temporarily, that sought after balance of trade.

After talking with numerous persons on this campus I found that they were as a rule in favor of giving Europe the needed help. Most said that an out-right loan of money would be bad, yet they all recognized the fact that something should be done.

America responsible

The responsibility for these people rests on our shoulders, for America has within her hands the power to rescue these starving millions from the grips of death and oppression. If we act now, we can almost surely depend on these people to look to us for an example when they reform their governments. If we continue to pursue a policy of half-hearted spasmodic aid, then we have failed in the unending fight for the betterment of humanity.

I don't mean this to sound idealistic. In return for these products, we should expect and receive some guarantee against communist intervention and these supplies should be distributed by representatives of this government. In short, the United States has been a sucker long enough.

Last, but not least, this proposed aid would help to preserve a peace so bitterly won. If we allow ourselves to forget so fast we cannot expect to avoid another world conflict. In this program of humanism we are allowed to make a choice. Will it be wheat or uranium? I think most of us would, without a moment's hesitation, choose the former.

Draft women?

1951

"Why not draft women?" Mildred McAfee Horton, wartime head of WAVES, asked in her article in the February issue of Ladies Home Journal.

She points out that our hard to fill quotas would be much easier to supply if we drew from 16,000,000 young men AND women, instead of attempting to equip our army from 8,000,000 men.

The main purpose of an Army of Navy is combat, and it is Agreed that women should be non-combatant. However, there is much which women could do behind the front lines.

Currently, there seems to exist some sort of gallantry which prevents the use of women in a war. They must be saved and protect from all which is undesirable. It is hard to see just how we can say they are protected when their husbands are being drafted, leaving them with families to rear alone.

There is also a so-called chivalry which has led many people to believe that girls in uniform are not quite so good as the rich girls who stay at home to work in a factory. Most of the rumors which spread about their manners and actions were untrue.

The experiences of most of the servicewomen was a healthy, morally sound experience, enriching and maturing their lives. Oftentimes, armed service proved much less dangerous places than factory jobs, where less care could be taken of the welfare of the personnel.

American girls proved to be a fine lot of human beings whether or not they were in military uniform.

1945

1946

1947

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1949

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1954

Constitutional Amendment No. 16 authorizing Northwestern State College of Louisiana is passed

1944

According to unofficial press and radio reports released late this week following Tuesday's election, Constitutional Amendment No. 16 which sought to change the name of the college to Northwestern State College of Louisiana passed by a substantial majority.

The amendment was given better than a three-to-one lead in New Orleans with 62,557 votes for and 20,840 against. Natchitoches parish voted 748 for and 441 against the amendment, and Ward One, comprising the city of Natchitoches voted 484 for and 182 against, according to unofficial returns made public yesterday.

The amendment will become effective 20 days after the Governor's proclamation which will be issued following the official promulgation of the state-wide vote by the Secretary of State next Wednesday. Thus the name of the

college will be changed officially some time early in December. However, to those on the campus the name is changed to Northwestern as of date.

The action of the voters of Louisiana Tuesday climaxed a long fight to secure a new name for the college. Two years ago a proposed amendment introduced in the House of Representatives seeking to change the name of the institution to Louisiana State College failed to pass and the move was defeated.

At the last session of the Legislature the bill to change the name to Northwestern State College of Louisiana was introduced in the Senate. Prior to its introduction, the amendment was endorsed by the faculty, the administrative staff, and the students of the college, the Alumni Board of Directors, and leading civic and fraternal organizations of the city of Natchitoches.

Move Widely Publicized

The movement was given wide public-

Carondelet Hall, not girls, gets face lifting job

1947

Amidst the confusion of lumber, tiling, wood shavings, and various essentials for building, stands a particularly renovated dormitory.

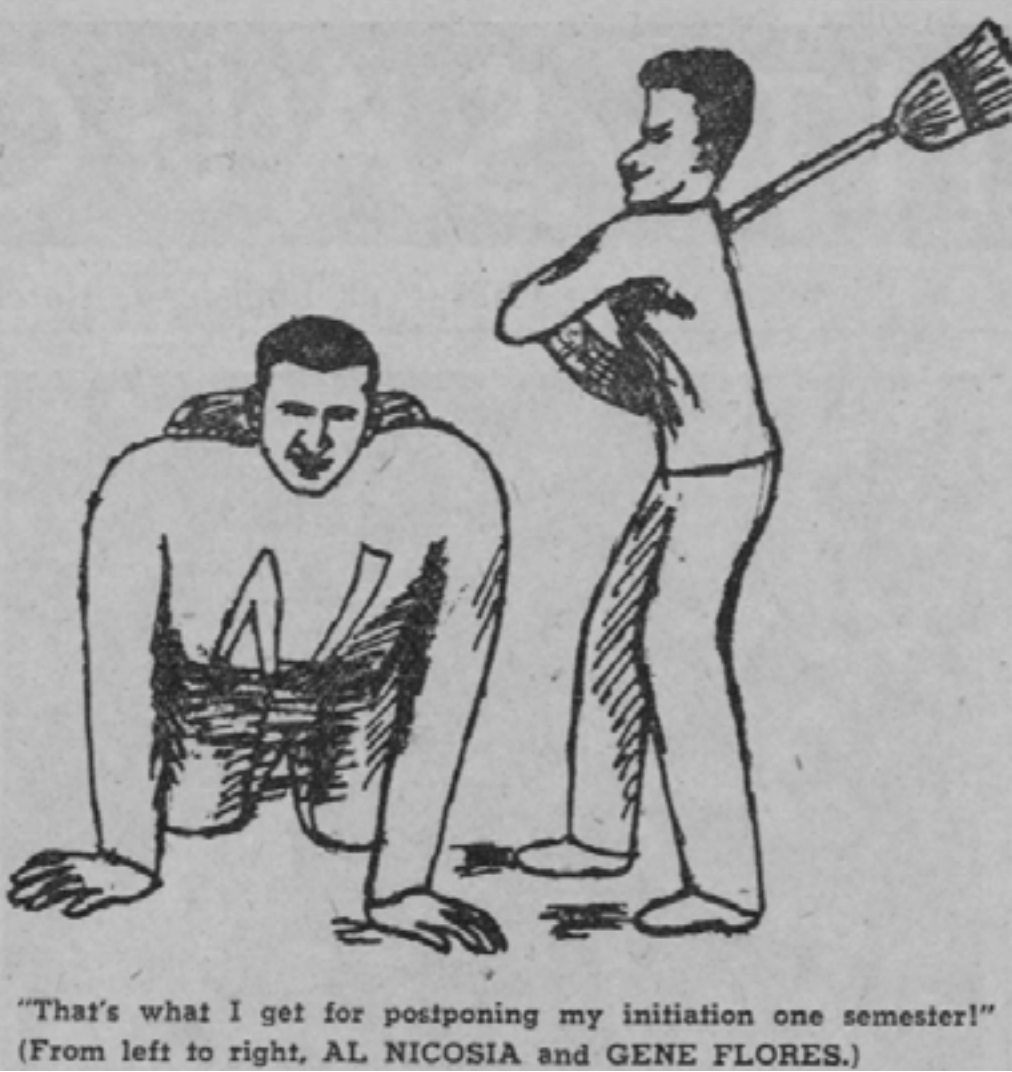
Carondelet Hall is having its face lifted! The rooms have been completely remodeled with new tiling on all floor space and modern lighting and bath facilities. This dorm has a capacity of approximately eighty girls. Four rooms accommodate two girls to a room, the rest with three girls in a larger room.

The walls are painted in cream, enabling the girls to use any color scheme they might wish. Each girl's room Has three beds, three desks and chairs, two dressers, a lounging chair, and three large closets that are large enough to stand in without falling over shoes, tennis rackets, and last week's forgotten laundry.

A kitchen, for dormitory use, adjoins the House Mother's spacious quarters. Across the hall is the reception room with walls of green.

At present the girls with the first floor rooms are residing with the second floor occupants, whose room are completed. Although the dormitory will not be finished until next month.

1948



Pair of murder on campus quickly solved by officials

1953

Sherrod Towns and Glen» Stuckey are being held for murder by Northwestern State College officials following a pair of slayings that occurred on the NSC campus during the past week and a half.

Dead from gunshot wounds from a .22 rifle owned by Towns is one armadillo. Dead is one rattlesnake from heavy blows inflicted from an 18-inch wooden window stick. The pair of killings were connected in no way and occurred on different part of the campus.

Towns, head of the music department at Northwestern, admitted to the slaying of the armadillo just outside the Fine Arts Building last Monday morning. Miss Stuckey, a freshman nursing major from Eros, confessed to the murder of the rattler in the basement of Carondelet Hall on the night of Oct. 16.

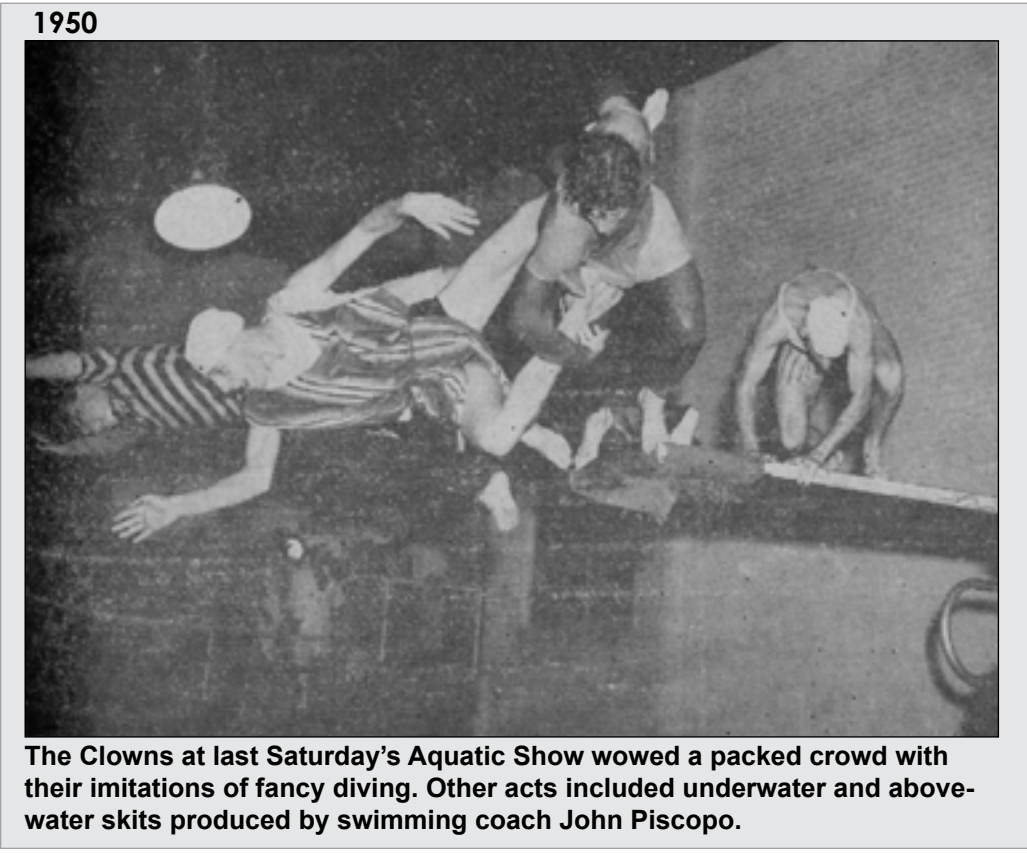
When asked for a reason for the slaying, Towns stated that the animal was rooting about the base of an expensive mulberry bush outside the Green Room. Towns said he spotted the trespasser, ran to get his gun, and fired one shot. The animal died instantly.

Miss Stuckey, in her confession, said she attacked the rattler with the window stick when the reptile frightened a group of the girls in her dormitory. The victim was crawling up the basement wall when the murder occurred.

Funeral services have already been held for the victims of the two slayings. The names of survivors was not available. Towns and Miss Stuckey are being held in the Northwestern State College jail awaiting trial.

that Northwestern was organized for white students.

The case has direct similarity with an incident at Southwestern Louisiana Institute at Lafayette. A suit brought by four Negroes who were denied entrance at SLI has been set for hearing in federal court at New Orleans next Friday. Attorney in this case is A. P. Tureaud, Sr. of New Orleans, whose son was denied admittance at Louisiana State University last fall.



Four Negroes denied admittance to NSC will appeal to federal courts

1953

Four Negro students from the Natchitoches area were denied admission to Northwestern by Registrar Otis R. Crew on February 2 when the group appeared at the college thirty minutes before registration closed for the day.

An attorney for the group said the case will be taken to the State Board of Education and, if turned down there, to the federal courts.

The four had appeared the previous Wednesday, but were turned down then on the grounds that early registration was closed and that no one could register. They were told to come back on registration day, which was Feb. 2.

Daniel E. Byrd, a New Orleans attorney, and Dr. E. A. Johnson of Natchitoches accompanied the group. Byrd said his case would be based on economic discrimination.

The New Orleans attorney said the case would not be based upon whether or not

Northwestern could offer courses that could not be obtained at Louisiana's two Negro colleges, Southern and Grambling, but upon economic discrimination.

Byrd stated that many young Negroes around Natchitoches were too poor to pay room and board at Grambling or Southern, but could attend Northwestern and remain at home.

The four seeking admission were: Algirtha Lewis, 21, a high school graduate seeking admission in the secretarial science program. She is from nearby Bermuda.

Elena Moses, 25, seeking admission in the secretarial science program. She is from nearby Natchez.

Louise Winslow, 20 of Natchitoches, seeking entrance into the nursing school. Marie Bradley, 22 of Natchitoches, a graduate of Southern University, seeking admission into the school of business education.

Crew told Byrd he could not allow the four to register because state laws specified

1954

1955

1956

1957

1958

1959

1960

1961

1962

1963

1964

Northwestern coeds get new rules; later hours, more nights included

1955

The old rules governing women students at Northwestern are no more! Through the cooperation of the Student Senate, the AWS, the faculty, and the entire student body, a new and almost completely different set of regulations have been passed and will go into effect at the beginning of the summer semester.

The changes, which had been pending for several months got the final okay from the women students this week in what amounted

to a mere technicality, as they voted overwhelmingly in favor of the revised rules. The former regulations had been in effect since 1942.

Although all of the minor changes won't be listed here, those that concern the student body as a whole are as follows.

Weekday curfew has been extended from 7:45 to 8 p. m.; Friday, from 10:30 to 11 p. m.; Saturday, from 11 to 12 p. m.; Sunday, from 10:30 to 11 p. m. Date nights during the week have a 10:30 curfew.

Extra date nights depend on the classifica-

tion of the student. First semester freshmen are allowed only Friday, Saturday, and Sunday.

Second-semester freshmen with a B average have one extra night, all sophomores get one extra night, juniors are allowed two, first-semester seniors three, and second semester seniors have every night.

Sophomore counselors, juniors, and seniors may take a 25 minute break between 8 and 10 p. m. on week nights.

No freshman or sophomore may make or receive a phone call between 8:15 and 10:15 p. m., and calls will not be received after 10:45 p. m.

'Reds intend taking over' says Evans

1955

"Communism is an organization that intends to take over."

This definition was offered by Dr. Medford Evans, recent editor of Facts Forum magazine, in a 10 a. m. general assembly of the Northwestern student body Thursday.

Dr. Evans "jumped into the middle" of a series of six Summer lectures by beginning with Topic

Number Three, "What is Communism?" His next lecture, "The Attack on America," will be given

In the court between Caldwell Hall and Russell Library Tuesday at 8 p. m.

"Take over what?" continued the Lufkin, Texas, educator. "Everything," he answered.

Unlike other forms of government, Dr. Evans explained. Communism is not content to control any one area of life, but intends to monopolize everything—including thought itself.

After broadening his definition of Communism as an organization that intends to "take over," the author of "The Secret War For The A-Bomb" gave two other definitions of Communism as an economic system and as a philosophy.

As an economic system, he stated that Communism had been discarded even by its leading advocate, the Soviet Union. The system of providing for all from a communal source has been proven unsuccessful in every trial.

Dr. Evans pointed out that the USSR, as a necessity for self-preservation, has been constantly modifying its Communist economic system with Capitalist methods. Lenin discovered long ago that pure Communist economics wouldn't work.

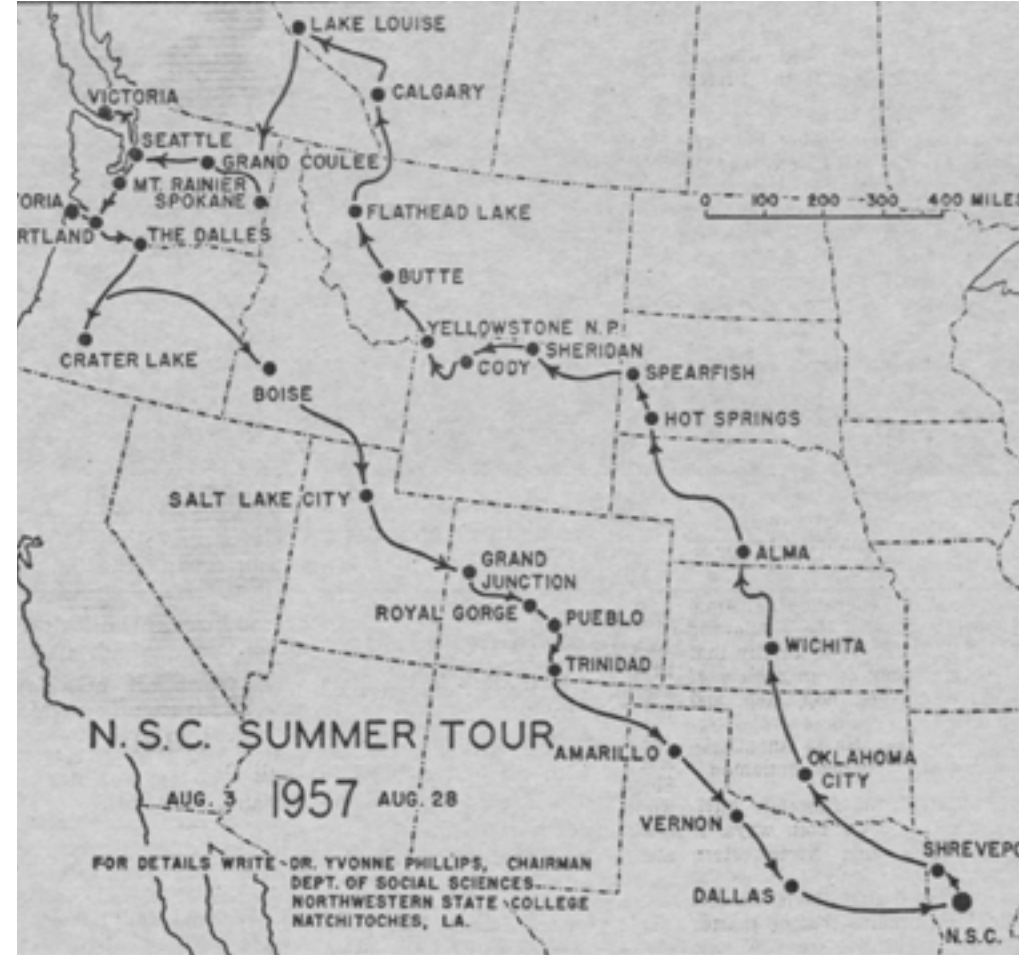
The philosophy of Communism started with Karl Marx' "dialectical materialism," Dr. Evans stated. The Communist philosophy places all history in a pattern of class evolution, with Communism pictured as the climax of this evolution.

According to Communist philosophy, the 48-year old Yale graduate continued, slavery, serfdom and capitalism have been the steps leading to the end result—the "Worker's Paradise."

But this philosophy is disproven by the fact that the Class Revolution which Marx predicted came in Russia—one of the weakest nations at that time (1917) in the world—instead of England — the most advanced—Dr. Evans stated.

The growth of Communism is unparalleled in history, he stated. It has engulfed half the world in 37% years and, by reasonable projection and simple mathematics, should take in the other half in another 5-10 years unless stopped.

And, the Ph. D. from Texas concluded, the only thing which the Communists themselves believe can stop them is the United States of America.



The social sciences department trip will follow this route around the U.S. and Canada.

Social sciences department completes annual summer tour arrangements

1957

With reservations coming in earlier than ever before (six persons have already signed up), the Social Sciences department is completing final arrangements for its seventh annual summer field trip through the Northwestern United States and Canada.

Dr. Yvonne Phillips, department head and conductor of the educational tour this year, said interest in the trip seems to be higher this year than in previous years.

Twenty-five days of study and sight-seeing through some of the most scenic parts of the country are scheduled. The itinerary includes visits in 12 states, two Canadian provinces and eight national parks and

monuments, besides other special points of interest.

Dr. Phillips said the price of the tour—to be taken in an air-conditioned bus—has been set at \$249, which includes hotel, transportation, admission and sight-seeing fees, baggage tips, insurance and course fees. Food and personal expenditures are extra.

Anyone interested in making the trip this summer, either with or without college credit, is asked to contact Dr. Phillips. A deposit of \$50 is required to reserve a place on the bus.

The tour carries six hours undergraduate credit or three hours graduated credit in geography, she added.

Dates for the study tour have been announced from August 3 through August 27.

"Ten good reasons"

1956

Nobody but a "square" would raise a ruckus over something like breaking into chow lines — especially when the lines are as long as they sometimes get here. And The Current Sauce is definitely no "square," cat (measure it if you don't believe us.)

But we figure that when some one gaily skips past a few dozen pairs of glaring eyeballs, he ought to have some good reasons. So here they are, borrowed from the October 31, 1951, edition of The Current Sauce:

"Ten Good Reasons Why I Cut Into Chow Line"

1. I am the most important person on the campus.
2. I am the most thoughtful person on the campus
3. It makes Mr. Stubblefield very happy.
4. I am one of the very few people having an 11 o'clock class.
5. No one else in line is as hungry as I am.
6. My parents taught me this air of courtesy.
7. I, for one, hate to stand out in the hot sunlight.
8. Everybody else does it.
9. It is a good way to be seen and, therefore, become popular.
10. It is the only way I can get ahead in college.



EXPLOSION AND FIRE at the NSC Power Plant brought darkness to the campus Wednesday morning. An electricity shortage resulted with restricted amounts of power allowed that night. In the above picture, firemen try to aid in extinguishing the already non-existent flame.

Explosion, fire cause power failure

1962

NSC's complete power failure, which came Wednesday morning was caused by an explosion and fire. The fire, which was caused by the explosion, caught on the cable trays that feed from the generators to the switch gear of the power plant.

The fire broke out at 7:26 a.m., but was under control shortly. Extent of the damages is not fully known, but superficial damage includes cracks in the generator head covers, broken windows, and smoke damage in the generator room and charred electrical cables.

Complete power failure resulted after the explosion and fire, disabling the College's 1,250 kilowatt generator, but the use of a 400 kilowatt unit on campus and 800 kilowatt unit supplied by the City gave the essential electricity needed for the College to operate.

When the explosion came, Frank Brown, the power plant engineer on duty, had just left the

generating room. Immediately Brown cut off the main valve controlling gas lines, so eliminating the possibility of a fire. There were no injuries in the accident.

Power was restored to the dining halls at 8:45 Wednesday morning, so all meals were served as scheduled.

At the Elementary School, students were served a cold lunch for dinner because the gas stoves had been temporarily shut off. Dr. Fowler, principal of the school, said that they did "less reading and more talking and planning" because of the shortage of operating lighting facilities. Power was restored to the building in the afternoon.

According to Dr. William Erwin, professor of biology, there was no serious damage in the biology department.

All refrigeration was restored in time to prevent having to move certain supplies to other areas where refrigeration was available.

1960



Current Sauce

1964

A letter from Viet Nam, “I’m still kicking”

Ray King, a Jonesville journalism major, permitted the printing of the following letter from Viet Nam.

1966

Dear Ray,

I thought I'd drop you a few lines and let you know I'm still kicking. You know it'll take more than a few "gook" Viet Cong to put me under. I've been wounded twice, but like they say, the third time is a charm. I'll put it to you straight. It'll take an act of congress to get me back into them damn swamps again. I swear man, I've never seen a country so mixed up in my life. You've never seen anything that can compete with Viet Nam. The leeches in the rice paddies are as big as the biggest snale. You let them stay on for ten minutes and you wouldn't have a drop of blood left. I can't tell you everything about it in just one letter so I won't even try. Ray, I sure do hope you don't have to go there. Sometimes I wonder if it's worth it. But, I know deep down in my heart that it is. I love my country and I'm willing to give my life to defend what I believe in. When I was wounded this last time, my whole squad got killed. It seems to me as if it's one big nightmare. I've seen a lot of fine men die that had families and a lot more to live for than I do. You take David Elman, for instance. He was only 18 years old. He was one of my best buddies. Dave was planning on marriage when he got home. It was all taken away from him in a split second. Then, there's Sgt. Horton. He'd been in the service for 12 years, and he told me to go to Germany with him and stay in the service. He once told me that when he got his twenty years in, he was going to buy himself a big yacht, and all he'd do was fish and throw parties. It was a nice dream, don't you think? Ray, I told him I'd never leave him for dead if he got wounded. Well, when he got hit, I went after him, but they got me too. None of the other guys came out to get us. I crawled up to him and he was dead. The lieutenant that took over my company called an air strike with the Skyraiders. I had to pull back. They evacuated me and I stayed in Qui Nhon for a while. Then they sent me here. I suppose Japan is okay, but I wish they had sent me home. I'd like to be there for Mom's operation. I don't need any cigarettes or anything, so you just keep writing and tell everyone hello for me. They shot me through my left elbow this time. I'm coming along fine and I'll be home before too long. They've taken the cast off. I bought a polaroid 60 second camera, so I'm sending you a photo I had taken earlier today. If you do come in service, don't be a paratrooper. We get the hardest missions. I'll close now so write back when you find time.

Your kid brother,

Gus,

p.s. After all, you have been like a brother in the past.

1965

1966

Guardia in ashes

1967

Guardia is gone. The fifty-five year old landmark, which housed classrooms, art studios, language laboratories, faculty offices, and one of the finest archeology collections in the South, burned to the ground early Wednesday morning.

Guardia was the second oldest building on campus, and, with the renovation of Caldwell Hall, woud have been one of the last of the old Tudor structures in the area. She stood since 1912 as a sturdy symbol of permanence and academic stability until fire raced through her interior in the night and the gutted brick frame fell to wreckers this week.

College president Arnold Kilpatrick announced Thursday that it would take \$1.5 million to replace Guardia, and that he would appeal to state and federal agencies for the grant.

The fire was discovered shortly before 4 a.m. Wednesday by Campus Security officer John Watts.

Natchitoches Fire Chief Prince Gantt directed the work of two pumpers and

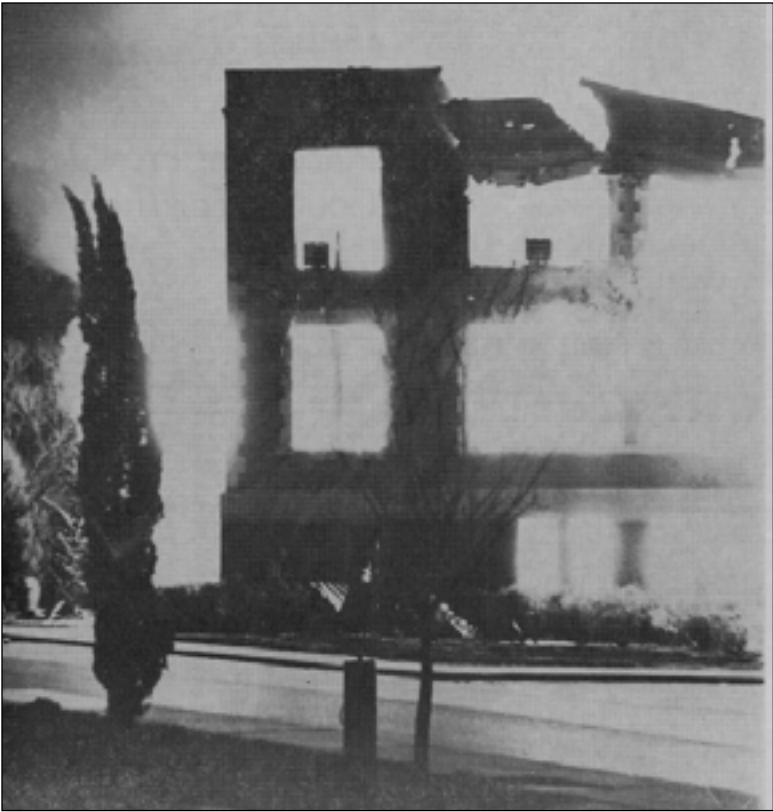
all available firemen, but the crew was unable to salvage any part of the building or its contents.

The cause of the fire is unknown. Watts reported that the building had been burning for some time before the fire was discovered. Flames were not visible through the windows until it was too late.

Destroyed in the disaster were equipment and furnishings of a ceramics studio laboratory, other art studios, an agriculture department laboratory, a language labortory, a cartography laboratory, the social science department film library and map collections, and two classrooms equipped for television instruction.

A major loss was the collection in the Williamson Museum, a project nationally recognized as a major contribution to the sciences, chiefly representative of Louisiana pre-history.

Guardia Hall housed offices for 30 faculty members and six graduate assistants. Personal losses by those teachers were particularly heavy, including not only books but collections of notes and



Guardia Hall burned down Wednesday morning against the efforts of firemen, taking with it the Williamson Museum.

instructional materials accumulated over a period of many years.

Louisiana Studies, the five-year old quarterly publication of the Louisiana Studies Institute, was compiled and edited in Guardia, and the institute's photographic collection, five years of back files,

and the printing plates for the magazine destroyed.

By Thursday afternoon, Guardia's charred frame had been completely leveled by wreckers, and the ashen rubble still smoldered Thursday night as the campus went to sleep.

34 arrested in panty raid

1968

Thirty-four students were arrested Oct. 31 as a result of a campus disturbance labeled as the now famous Halloween "panty raid."

Thirty-three of the students were charged with simple disturbing the peace. The other was booked with charges of assault, resisting arrest, interfering with an officer, and disturbing the peace. Those charged with disturbing the peace were released on \$25 bond late Friday afternoon from the city jail. A \$200 bond accompanied the release of the student with multiple charges. Twenty-two students forfeited their bond while three pleaded guilty.

Two of the three paid a \$25 dollar fine and cost of court. The remaining one will be sentenced Monday.

Nine students pleaded not guilty and will be tried Monday at 4 p.m. President Kilpatrick stated that those involved will be brought before a disciplinary board made up of students and administration. No definite date has been set for the hearings.

1967

1968

1969

‘First Thing Is To Be Sincere’ Charles Says After Hit Concert

Jim O’Quinn

1968

Ray Charles, blind genius of Negro Soul music, performed Tuesday evening before the largest crowd ever assembled in Prather Coliseum.

It was a sensational concert, running the gamut from big-bandstyle wah-wah-coronet blues to go-go-dancing rock. But the main attraction was The Man, singing and piano-playing the unforgettable music which for more than a decade has served to define the depth and breadth of the American Soul experience.

“The first thing is to be sincere,” Ray Charles told a silent crowd of fans during a recorded interview session after Tuesday’s performance.

“When you’re sincere the people know it, and they stay with you.

You can feel them with you.”

“I love you people,” he continued.

“You people don’t sit around on your hands—when you feel it you

show me, and then sometimes when I know what you feel, I get things out of me that I didn’t even know was in me.”

The audience had felt it, and it showed from the very beginning. Outstanding soloists from the 16-member Ray Charles Orchestra spotlighted the first half of the show, crooning and wailing behind budding recording artist Truman Thomas and Charles’ own back up unit, the spectacular Raceletts.

The second half of the show belonged to The Man at the Piano. With a dazzling smile, commanding stage presence, and an emotion-packed style, the 38-year old performer recalled the classic Charles standards and carried the most responsive audience of the year to its feet with applause.

“This was just the second show we’ve done this season,” Charles noted later at the interview.

“I’d rather be up there singing than any place else I can think of.”

“You give it all you got,” he added, nodding sagely behind the dark glasses. “That’s the only way you can do it.”



Campus photographer Ronnie McBride captured the excitement of the soul of Ray Charles as he appeared on the Coliseum stage Tuesday.

1971

Blacks at NSU, “See through color and perceive a person”

1971

The black man has come a long way since the time of slavery. He has accomplished a great deal in various fields, but he has accomplished most in the field of education. However, he had to overcome numerous obstacles. It is no secret that the majority of these obstacles were created by the southern white “red neck.”

The greatest contributions for black education came from white northern philanthropists and churches. Very little came from the southern white man.

Yes, blacks have progressed in the field of education. They have now reached the point where they can attend the same schools, sit in the same classrooms and share the most modern educational facilities with whites. But there are still people who are unwilling to accept the fact that blacks have progressed, and that blacks should be able to attend the same schools as whites. Again, these people are mainly southern bigots!

One could rationalize very, easily that there are many people here at NSU who simply will not accept the fact that a dual system of education should not exist. This poses a real problem,

because it creates diversity. Just one of these problems exists within the classroom.

There is hardly ever more than five blacks in the same class, and the class has to be relatively large to have this many. When a black walks into a classroom, he receives two looks from the white “redneck.”

The first look is the look that they would give any student who enters the class, or the natural look. The second look is most effective, because it makes the black student conscious of the fact that he is one of two or the only black student in the class.

This could cause his thoughts to be scattered and prevent him from doing his very best in his school work.

But to the intelligent black student, that second look reveals to him exactly which students are not able to see through color and perceive a person.

This second look that I speak of is not be associated only with the student, because it is also characteristic of many of the instructors.

In many cases, both students and instructors expect more from black students. They really expect them to be “super” blacks. It seems logical to think that the white students and instructors would think that the blacks were inferior in the classroom, but this is not true.

1972

1973

1974

Current Sauce

1974

1975

1976

1977

1978

1979

1980

1981

1982

1983

1984

And what's so bad about burnt orange?

1975

(ED. NOTE: We're not trying to promote any ideas, but we think this burnt orange looks pretty good. Of course, it will just be a trim color, but it's a step in the right direction - McD.)

No, we're not changing our colors to red and blue or any other such odd combinations. The way it stands now, we're not even adding a color to the present purple and white. This was the final decision of the Athletic Council and selected other groups in reference to an addition of a color to the official symbols of the university.

The request, made by athletic officials and other college groups, stirred up a great deal of controversy recently, most of it due to a major misunderstanding. The misconception held by many people, including a large number of alumni followers, was that the school wanted to junk the good old purple and white and completely change colors.

The other mistaken notion was that the proposed new color was to be on an equal basis with purple. These are not at all valid. There was never any proposal to alter the existing colors. The only reason for the proposed addition was to provide a trim color for uniforms for athletics and other organizations.

The reason that this is necessary is because Northwestern is actually working with only one color. All schools consider white as a part of their uniform, and use two other colors on these uniforms. In fact, athletically speaking, teams are required to wear white jerseys on the road. The proposal

was made to add a color, therefore, to be used for the purposes of trimming, to make them more eye-appealing and to add some life to uniforms, which have been drab to say the least.

Burnt orange was recommended and was the choice if a color was to be added. However, right about this point is where everything fell apart.

A group of alumni and other interested parties spoke out in violent protest to any plans to change the old standards. It was not brought up that the Demons had taken the field with a trim color in the not-too-distant past, under head football coach Jack Clayton. The basketball jerseys used by NSU already use a touch of gold as a trim color. Nothing has been said about this.

Because of all the flak, the Athletic Council junked the idea. Uniforms for athletic teams have already been ordered now, with more attempts to do something creative with purple and white.

Probably the reason for all the complaining is that those doing most of the beefing have not looked at the overall appearance and the overall situation. It is obvious from one glance that the jersey with the orange trim color is much more appealing. The athletic department had several sample jerseys to show the obvious difference.

Unfortunately, many chose to ignore this, instead insisting to stay with the old ways. This is where the question lies. Will Northwestern continue to stick by tradition solely for the sake of tradition, or will the university move not only toward adding a color, but toward improving on what is already a pretty good thing?



EXTRA, EXTRA! —This issue of Current Sauce, dated May 20, 1915, was found in one of the three time capsules unearthed a couple of weeks ago. As you can tell the paper is somewhat damaged due to moisture leak in the capsule. All of the items found in the capsules are now on display in the La. Room in the Watson Library.

Three time capsules found in cement posts

1976

A little over two weeks ago an NSU electrician, Mr. Lester Burleson, removed the bronze plaque from a cement post to check the inner wiring of a light fixture.

What Mr. Burleson found was a small copper box encased in cement planted over 60 years ago by students of the "Normal."

There had been no hint that three time capsules were planted in cement posts at central locations across the campus.

Mr. Bill Carter of the maintenance department explained that the oldest of the three dated back to November, 1914. It held a perfectly preserved play program of William Shakespeare's "Midsummer Night's Dream."

The box was found in a post near the front gate and was 2x5x2 inches in size, as were the other two boxes.

"Imagine how we felt when we found the box, was it exciting! ... And then I found another one. I just wish we would have gotten more photographs," exclaimed Mr. Carter.

The other two time capsules were hidden in the posts between Roy and Caldwell Halls. They contained an issue of the "Current Sauce" and an individual slip of paper for each 1915 graduate of the Normal.

The "Current Sauce" was dated April, 1915 and consisted of one long slim sheet of paper with the graduating class picture on the top.

The capsule containing this paper was not sealed against damp air as the older box was, so the paper was not as well preserved.

On each slip of paper was a graduate's signature and his comment about graduating.

One young lady said, "T'was no tears on leaving the Normal," while another said that, "I thought I would be happy upon graduating, but I have such a lump in my throat it could choke me."

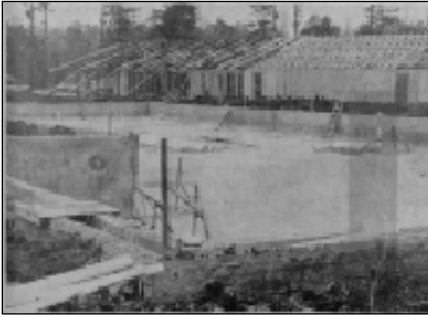
On the other side of the paper slips were notations, such as "best athlete," "best dancer," and "most beautiful eyes."

Also included in this time capsule was one long list of the entire graduating class of 87 students signed by the president of the university and governor of the state.

"They went to a lot of trouble to do it, whoever did it. I think it's wonderful," commented Mr. Carter about the discovery.

Mr. Carter also stated, "I think it would be very nice if the students would reciprocate and fill the same boxes with bicentennial information. We could use the same boxes and put them back into the same posts. Those cement columns will be there for — oh, I don't know how long and the bicentennial year would be an excellent year to do something."

The time capsules will be exhibited during Homecoming Week in the Student Union and will then be moved to the Louisiana Room for display.



COMPLEX OPENS The NSU recreation complex is shown here in its three stages. Construction began on the facility in Spring 1973 and was finally completed this past spring. The pool is open Tuesday through Sunday from 1 to 8 p.m. and admission is free to students with ID's.

New NSU rec complex opens

1977

How about going for a swim on these hot summer afternoons after you get out of class?

Or, maybe you would like to soak up a few of the sun's rays?

The NSU Recreational Complex pool facilities are open for the summer and all fulltime students with IDs are welcome to come out and use the pool and its facilities.

The L-shaped swimming pool, which includes a 15-foot diving well, and the accompanying 5,200 square foot pavilion will be in operation Tuesday through Friday from 1 to 9 p.m., Saturday from 11 a.m. to 9 p.m. and Sunday from 1 to 9 p.m. during the summer months.

Dr. Richard Galloway and Bob Wilson have announced that membership to utilize the swimming pool facilities are

also available to the general public. Special identification cards will be required for admission to the facilities.

Any persons interested in obtaining memberships should complete applications which are available at the swimming pool office and the Student Union.

Dr. Galloway stated that Northwestern students who have graduated since the spring of 1974 and who paid student fees that contributed to the development of the facility will be issued special alumni identification cards entitling them to swimming pool privileges.

A few simple rules have been established to insure the safety of the persons utilizing the pool and its facilities.

All persons are required to take a shower before entering the pool.

No food, drink or tobacco will be allowed on the pool deck.

Only people wearing swimsuits or hemmed cutoffs will be allowed on the pool deck.

Only one person will be allowed on the diving board at a time.

Admission will be refused to those people who have contagious diseases, infections, or any condition having infectious appearance.

Unnecessary splashing of water, roughness, and tag games will not be permitted.

Smoking is prohibited in the bath house and pool area.

Everyone must walk, not run, everywhere in the pool area.

Whenever additional rules are deemed necessary for the proper conduct at the pool and the protection and safety of its patrons the management is authorized to issue and put into effect such rules, either printed or verbal.

Demon mascot kidnapped from dorm



The Demon Mascot was kidnapped from his dorm room by three masked intruders at 4:30 a.m.

1981

The Northwestern State University Demon Mascot was kidnapped by three masked intruders around 4:30 a.m. today.

According to his roommate, who wishes to remain anonymous, he, "Woke up to a loud noise and saw three masked shadows carrying out the Demon."

When asked if he had any ideas about who kidnapped the Mascot, his roommate said that he didn't know, but he wished that they would bring him back because the bills are due.

After the first reports of the kidnapping, KNWD's Clifton Bolgiano told reporters that he had received a phone call from an obviously disturbed woman threatening to kidnap the Demon Mascot just hours before the Mascot was abducted.

Several hours later after the first news reports of the kidnapping were broadcast over the radios, Bolgiano was again contacted, apparently by the same person, who directed him to act as the liaison between the kidnappers and police. Bolgiano, who was visibly shaken, declined any further comment to reporters.

Chief James K. Lee, of the University Police said that his department had every available man on the case. Lee also said that his department, while not having a clear suspect, did have some definite leads into the case. Lee refused further comment on the incident except to say that the Mascot would be found.

"I base the reputation of my department on it," he said.

In a related matter, Natchitoches Parish Sheriff, Norm Fletcher, a former NSU play-by-play announcer for both the football and basketball teams, said that his department was doing all it could with the case, but that most of their men were staking out

another marijuana field in Campti.

Chief-of-Police for the City of Natchitoches, James Reichel said earlier today while investigating the abduction that his department did not have much to go on, but that they would do everything possible to get the Mascot back. Reichel also announced that anyone having any information leading to the arrest and conviction of the guilty parties should leave word with Richard Filet at KNWD.

Back at Northwestern, NSU President Dr. Rene J. Bienvenu expressed total shock and disbelief, and pledged Northwestern's full cooperation with the various law enforcement agencies involved with the case.

Dr. Bienvenu issued an appeal to the kidnappers saying, "The Northwestern Demon Mascot is an intricate part of this institution. He is more than a representative of the students, he is a representation of the University itself."

Dr. Bienvenu was clearly upset that such a violent act could have lent its name to Northwestern and declined all further comment on the kidnapping, except to say that he hopes the Mascot is found soon because the suit cost the University \$300 in cleaning fees and it was not insured.

Witnesses close to the investigators at the scene of the crime stated that the only tangible evidence in the case was a single old brown work glove and some broken glass.

With rumors going wild at this point, it would be pure speculation to try and guess names and places, but one thing is generally agreed upon. The person or persons who took the Demon mascot are indeed...SICK.



1984



“Vic,” from Victory, was chosen as the name for the Demon mascot by Ray Carney.

Demon mascot named Vic

1988

Demon Dynamite blasted off to a successful debut before the Abilene Christian game, according to Nan Holmes, manager of internal operations for the athletic department. The weekend’s events which were capped off by an NSU victory, also included the naming of the Demon mascot.

Ray Carney, director of external affairs, emerged from among 300 entrants to pin the name of “Vic,” short for Victory, on the Demon. Carney wins a weekend for two at next months State Fair Classic. Holmes sand that the name “is positive and something that we can use for all sports. Most of the entrants were from area residents so the interest in Natchitoches is building.”

The interest certainly reached a peak on Saturday afternoon as approximately 1,000 tailgators drank and danced to the sounds of the NSU Entertainers and the rock group Southpaw. Holmes was pleased with the turnout at all of the weekend’s events.

“Attendance at Friday night’s attitude adjustment and- pep rally was excellent. The rain on Saturday morning wiped out our intramural events, but I have to say that the oven response was tremendous said Holmes. Holmes looks for increased attendance at the Demon Dynamite festivities for

Homecoming weekend, which will get underway Friday with a street dance in front of the Union.

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Bill introduced to void SGA

Greg Kendrick
Managing Editor, 1987

With the SGA vice presidential election run-off complete, with Dave DeCuir the victor over Gynger Ingram, the SGA attempted to confront another controversial subject in their meeting Monday night. The issue concerned a bill drawn up by senator John Walsh to abolish all SGA positions and functions for an entire year, allowing the association to reevaluate the constitution and restructure its functions. According to Walsh, the reasons for drafting the bill were due to poor effort an com-

munication on the SGA’s behalf in catering to the student body’s needs. “Not a damn thing has been done this semester,” said Walsh adding, “hopefully the initial bill itself will get people on the SGA fired up.”

Tommy Moore, vice president of the SGA backs the bill stating the SGA is not serving the student. Though Moore wishes the SGA to go into an inactive status, he believes the newly elected senators and executive council should be responsible for setting up a new policy.

Johnny Cox, president of the SGA, opposes the proposed bill saying, “If we get rid of the old meat we can function. And

we must function to better ourselves.”

“We need to get our priorities together. Neither our executive council or our senators are cooperating,” Cox said.

He plans to start by scrutinizing the newly elected senators at the annual SGA banquet, where the new SGA members will be sworn in. “If nobody shows up, forget it,” Cox said, adding, “We’re going to hit the road without them.”

Newly elected senator David Wolfe proposed that the senate quorum be dropped to a 50 percent minimal, which would allow for more material to be voted upon with fewer senators present. Johnny Cox is convinced that the stu-

dent body will not vote for the abolition of the SGA. “The SGA will not be abolished, because it is the student voice. It is going to keep going even when I am gone,” he said.

Fred Fulton, director of student affairs, discussed the critical issue of senator quorum at SGA meetings, saying that it is “a catch twenty-two situation.”

“We would like to have enough senators here to change the quorum, but we can’t get the quorum to make the change.”

If there is a quorum the proposed bill to abolish the SGA will go before a senate vote next Monday night.

Regents approve Scholars’ College

Craig Scott
Editor, 1987

The Louisiana Board of Regents, in action Friday, established a Louisiana Scholars’ College for the Liberal Arts and Sciences at Northwestern. The College will serve academically gifted and artistically talented college students and will be apart of Northwestern’s main campus.

Dr. Robert Alost, president, said the Scholars’ College will be highly selective in the admission of students. Northwestern’s open admissions policy will continue throughout the remainder of the university.

A legislative resolution requested last year led to the Regents’ study of the feasibility of establishing a “College of Liberal Arts for academically gifted students” at a Louisiana university.

The Board began accepting proposals for the Scholars’ College in December of 1986.

Rep. Jimmy Long of Natchitoches, chairman of the House Education Committee, was author of the proposal for the establishment of such a college.

Northwestern’s plan for the creation of the Scholars’ College on the Natchitoches campus was endorsed by the University’s governing body, the Board of Trustees for State Colleges and Universities, before being submitted to the Board of Regents.

Alost said recruitment of students for the Louisiana Scholars’ College will begin immediately, and the first class will enter in the Fall. He indicated that the Scholars’ College could have an enrollment of 200 in the Fall of 1987 and that enrollment could reach 1,000 by 1990.

Scholarships will be available to students selected for admission. Applications will be accepted from out-of state students, but a minimum of 90 percent of the students selected will be from Louisiana.

Alost said students for the Scholars’ College will be chosen on the basis of high school academic records, scores on national achievement tests, recommen-

dations of high school principals, teachers and counselors, interview sessions, special testing at NSU and other criteria.

Students in the Scholars’ College will be engaged in an intense Liberal Arts Degree program with three primary areas of concentration, which include pre-professional, high technology and creative and performing arts.

“The Louisiana Scholars’ College will be the state’s first public selective admission program in liberal arts for Louisiana’s finest scholars,” Alost said. He added that the selection of Northwestern as the site of the College “moves the University from a regional mission to a statewide mission.”

“The institution’s commitment to excellence, its innovative plan for the creation of the Scholars’

College and the experience of President Alost in the establishment and development of the Louisiana School for Math, Science and the Arts” are the reasons Northwestern was chosen to establish the College, according to Dr. Dale Thorn, vice president of academic affairs.

Alost was the founding director of the Louisiana School and the guiding force in its creation.

Located on Northwestern’s campus, the Louisiana School is a residential institution for academically and artistically talented high school students. It is the only one of it’s kind in the nation.

Alost went on to say that faculty members for the College will be recruited nationwide.

The college will have a full-time faculty of 10 in the first year, including two master teachers. Adjunct professors, artists and writers-in-residence and guest lecturers will also work with Scholars’ College students.

According to the president, the Scholars’ College will be highly competitive, accelerated, personalized and highly accountable.

“The Scholars’ College will provide rigorous and challenging academic programs for students selected to participate,” Alost concluded.



Over 4,700 people aim to be extras in Steel Magnolias.

‘Steel Magnolias’ casting

Sonya Rigaurd
Editor, 1988

More than 9,500 people answered the open casting calls held June 16-18 and June 20 hoping to be discovered.

Individuals interested in working as extras in the Rastar Production of “Steel Magnolias”, which will begin filming on July 12, were invited to attend the casting calls in A.A. Fredericks Creative and Performing Arts Center here at Northwestern.

The June 16-18 sessions were for people 18 years of age or older. The June 20 session was a separate open casting call for children only.

The June 16-18 sessions attracted about 4,700 people, while Monday’s session attracted over 5,000 mothers and children. Of Monday’s session Tommy Whitehead, local contact, said, “It’s one of the biggest crowds in the history of Northwestern for a non-athletic event.”

Bill Dance, extras casting director for the picture, used the open casting calls to look for people of varied ages and

characteristics.

Dance said the purpose of the calls was to allow him to begin developing files on individuals who are available to serve as extras for the pictures.

The sessions were informative, with Dance outlining the procedures of working as extras and summarizing the plot of the movie. Those individuals who attended were informed of responsibilities as extras and pay.

Dance had all applicants in the auditorium fill out forms during the June 16-18 sessions.

Usual information such as name, address, phone and social security number was asked to be reported. Applicants were asked to give shoe, waist and bust sizes along with information on formal wear, casual wear and sports wear.

Dance started each session by giving background information about himself, the movie, the actresses and the production team.

He studied music and English at UCLA was a member of the New York City Ballet. Before spending the last 10 years casting, Dance did some acting and singing.

Yo-yos make big comeback at NSU

Brian McPhearson
Staff Writer, 1988

Remember back when you were a kid? You had hula hoops, pop guns, jacks, Tonka trucks, Slinkies, Play-Doh and Silly Putty. Everyone had a favorite toy, the one you carried with you everywhere, even to bed. Mine was the yo-yo.

Between the ages of seven and ten I must have gone through at least thirty of those suckers. I could do all the basic tricks: walk-the-dog, rock the cradle, around-the-world. I finally gave it up for Lent when I entered junior high, thinking it wasn’t “cool.”

Now, the yo-yo is making a comeback. The Yo Social’Club (YSC) is a “new campus organization for the “enjoyment, preservation, and appreciation of the yo-yo.” Of the genesis of the club, Yo-President Tim Johnson said, “Reality is too cruel and life too short. You have to enjoy every moment of it and not care what others think. That’s what we’re basically” trying to do here, provide an escape from reality while having a little bit of fun doing it.”

The YSC Constitution encompasses ideals that the organization tries to uphold as well as the qualifications for membership:

1) Our objectives for this club is to add a little bit of lunacy to this hard, cold world we live in. In layman’s terms: “Don’t worry, be happy.”

2) One does not have to know how to use a yo-yo to be in the club. We would like you to try. If you can’t, no problem. Fake it!

3) If one has the desire to be a “yo-person” but does not have a yo-yo, it’s okay; you are considered an honorary member until you can afford to buy a one. Once a person gets their own yo-yo they become a full-fledged member.

4) The yo-policy toward conversation



The yo-yo club uses a love of yo-yos to unite people.

topics is totally liberal. In other words, no matter how weird or bizarre the thought, it’s welcome. This works out well because most of our members are either weird or bizarre.

5) This club is open to anyone daring and brave enough to desire membership, male or female, short or tall, thin or fat, ugly or pretty. Whatever.

Michelle Weego, the YSC’s first female member, joined the club because she thought that “the whole concept is a excellent idea. Showing all the tricks you can do is a great way of expressing your individuality.”

“It’s a great way to meet people,” stated yo-man Thomas Burge. “That may sound cliché, but I really have made a lot of friends through the club.”

Yo-man Bill Spillman said, “It really helps me to relax and take my mind off of my troubles. Just standing around and yo-yoing requires no worrying, which is pretty much why I enjoy it.”

The YSC has no real dues (except possibly for the \$2.11 for a yo-yo at Wal-Mart) and there is no minimum grade point average requirement at present.

Unofficial meetings are held anytime you see a yo-person yo-yoing.

‘Fall in love with knowledge’ Bradbury urges crowd to follow their dreams

Sharon E. Stroud
Staff Writer, 1990

In the best attended lecture of Northwestern’s Distinguished Lecture Series, author Ray Bradbury advocated a belief in one’s self and abilities and promoted an interest in education.

Students and faculty packed the A.A. Fredericks’ Fine Arts Auditorium last Thursday to hear the world-famous author and futurist speak, while during the informal afternoon meeting at the Scholars’ College, there was standing room only.

When asked for a definition of science fiction, Bradbury cited the last line of Yeats’ poem, “Sailing to Byzantium,” which reads “Of what is past, or passing, or to come,” and offered the phrase “ideas birthing themselves” as the definition. He said this definition could carry science fiction back to the days of the caveman that drew pictures on the wall of a cave, whether to explain the concept of the hunt or natural phenomena. He also said that once this explanation or a solution is achieved, science fiction becomes fact.

Bradbury began with stories about his childhood and events in his life that influenced him to embark on a writing career. He recounted his memories of a carnival star named Mr. Electrico, whose act was to sit in an electric chair and “electrocute” himself. During one of his

acts, the showman touched the end of Bradbury’s nose and told him “live forever.” Bradbury considered that to be “very good advice,” passing it along to his audience, encouraging them to find a career or interest that would promote this feeling of immortality.

He also advised the audience to fall in love with knowledge and to stay in love with it. He used examples from his own life to illustrate how these loves will affect every area of your life. As a boy, he collected comic strips and science fiction magazines, from Tarzan to Buck Rogers. Years later, he was asked to write introductions for the collected works of Edgar Rice Burroughs, the author of the Tarzan stories, and for a collection of Buck Rogers stories.

At the beginning of the lecture, Bradbury said that his purpose was “to turn you back to yourself.” He encouraged students to believe in themselves, calling himself an “optimal behaviorist.” He said that if you do something constructive everyday, you will improve at it and earn a feeling of optimism. “Anything you decide you want to do, there is nothing to prevent it in our society,” he said.

Bradbury also deplored the negativity seen in the media today. “We have too much news, we’re inundated with it and so much of it is negative,” he said, and warned that the results would be a belief that the world is a horrible place.



Walmart Supercenter preys on small business

Robylynn Glass
1994

I am very opposed to the new Wal-Mart in Natchitoches. I don't like it because it takes away from local businesses and it has an unfriendly atmosphere. For the past 3 1/2 years, I have watched Natchitoches grow into a busy little town. The commerce was good and new businesses popped up.

With the renewal of Front Street, I have seen The Landing and Merci Beaucoup move and expand, and the bakery, deli and candy store move as well. New businesses on Keyser and "the strip" opened as a result of the increase in college enrollment. I have just seen the Super Wal-Mart move in and take over. It's as big as a mini mall. The parking lot is too. Believe me, I used to go in and get out as soon as I could. Yes, unlike two friends of mine, I have been there. (They have joined me in the boycott.)

As much as I regret it, I have seen it. And I felt very guilty when I went there. When I walked in, I felt like the size of an ant. No senior citizen was there to tell me hello. I used to enjoy the grandfatherly man standing in the doorway. No one seems

willing to help you find the product buried in the store somewhere—especially after 10 p.m. No one ever seemed to want to help me or even be there themselves. That seems like bad business to me. They stay open late, and then they are rude after hours. Everywhere in large print is the reminder that they will honor any competitor's prices, because the "Sell for less Always." Who cares? The other stores need our business. The Wal-Mart Supercenter does not. Wal-Mart never needed our business. They have been known to undercut themselves in order to run all the small stores out. Then who are you going to turn to when they raise prices? Everyone else will be gone. Don't think the Supercenter's prices are the same either. They have gone up. Who do you think is going to pay for the convenient mall they just built? YOU are. I find more satisfaction going to different stores to find my groceries and school supplies. I would rather spend 10 cents more at a local business than give my money to Wal-Mart.

I am a journalism major. In my news class, I had to cover the Supercenter saga for the semester. My contact told me several times that the independent businesses in the front of the store were going to be opened by local people. A National Hair Care Center, a video center, an optical center, and a cleaner called "S' MART" opened inside. You decide how local they are. I am no longer doing that story due to my boycott.

That is not the only thing that bothers me. There is a branch larger than the Supercenters. They are called Hypermart. This mini-mall is only 202,000 sq. ft. and Hypermarts are only 280,000 to 300,000 sq. ft. Now, that mall must be really insane. My plea for you is to give up the "convenience." There are solutions to overspending late at night after the bars close down. Now don't think they just decided in a college town to stay open late at night so people could shop. They knew this college town would light up the store at night. Literally. Support the real merchants in this town.

Supreme Court restores drinking age

Andrew Martin
1996

I think that it is about time that the state repealed the law; it wasn't fair to a lot of people," Jay Fair, sophomore business major, said of the state supreme court's decision to repeal the drinking law that made the sale of alcohol to persons under 21-years-of age illegal.

Some local business begin to serve 18-, 19-, and 20-year-olds during the weekend. The Louisiana Supreme Court ruled that the law that prohibited the sale and consumption of alcohol by 18, 19- and 20-year-olds was unconstitutional late last week and, following a 4-3 vote, struck the law down. The court said that the statute, passed last summer, "unconstitutionally discriminates on basis of age" according to the opinion written by Justice Catherine Kimball. Kimball also noted that in Louisiana a person reaches maturity at 18 and is accorded "that most fundamental of rights in a democratic society, the right to vote."

She stated

that the drinking law treated 18- to 20-year-olds "as though they are still children when it comes to the purchase and public consumption of alcoholic beverages."

Students under the age of 21 were excited about the possibility of being able to drink legally once more. "I don't necessarily agree with the law being changed," Shannon Gayer, freshman political science major, said, "but some friends and I are going out to celebrate it."

Many students said that the law that prevented them from buying alcohol was never very effective. "I knew enough people that were 21, and I halfway look 21, so I wasn't ID'd," Fair said of the law's ineffectiveness.

The law was passed last summer to close a loophole that allowed store owners to sell alcohol to those under 21, but it was illegal for persons under 21 to buy. The loophole was originally put in place by Louisiana lawmakers attempting to satisfy the government who was threatening to cut funding unless the state joined the nation in making the legal age 21.

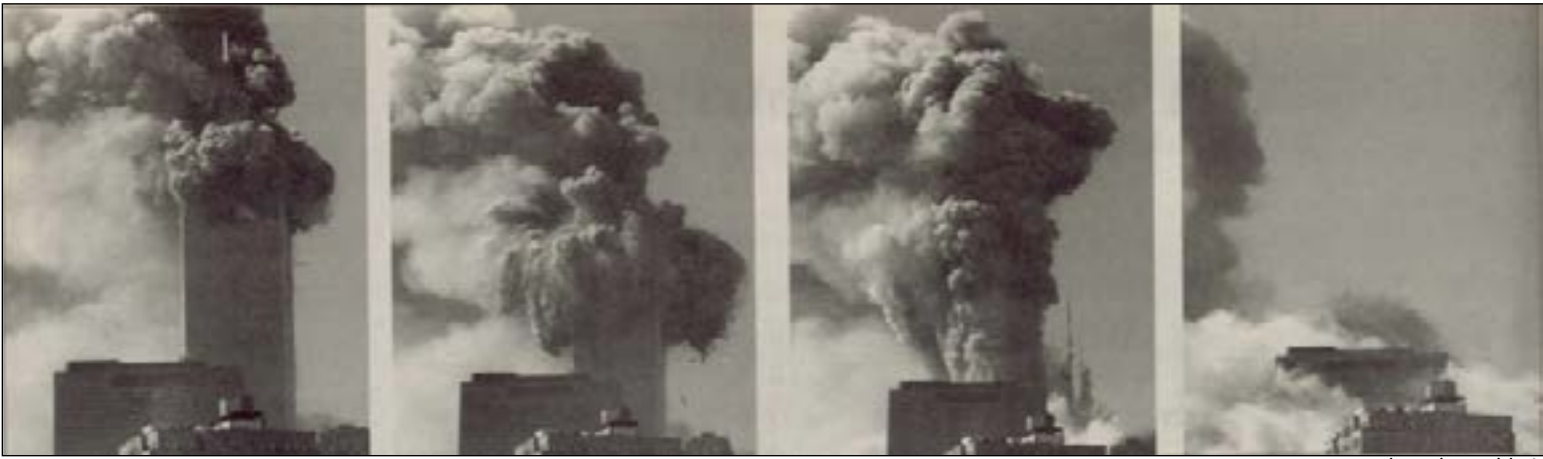


Photo by Todd Pin

Over the course of an hour, the struck twin towers toppled over after an airplane flew through the building.

What's next? Students and faculty react

Elona Boggs
2001

Shock and disbelief describe the emotions of Rocky Colavito, head of the NSU Department of Language and Communication, after learning of the terrorist attacks in New York and Washington on Tuesday, Sep. 11.

"The video of the second plane hitting the World Trade Center will stay with me for the rest of my life," he said. Colavito felt so strongly he canceled his classes and told his students to "go home and pray."

Colavito was one of several people questioned by journalism students on Tuesday about the terrorist attacks. Most students shared their emotions.

Matt Ball said he feels uncertain about America's safety. "Personally, it's freaking me out. I'm not sure how everything is right now. Americans are pretty complacent," Ball said. "Hopefully George Bush is mobilizing."

Freshman Tony Smith said he watched the news this morning until he had to go to class. "At first, I thought it was an accident until the second plane hit it (the World Trade Center). I was thinking about the people in it," Smith said. "After class I learned Bush was at Barksdale."

Sophomore Naomi Chrissoverges did not like the thought of the president being in Shreveport on Tuesday. "I am worried because Air Force One is in Shreveport,

and that's my home. I'm scared who ever did this will try to attack Shreveport to get at the president," she said.

Students like freshman Shelly Sparks, have family and friends in the military and are concerned about the possibility of war. Sparks' brother is in the Air Force and is stationed in Korea. "We are seriously worried about the situation," Sparks said.

"We can't call him or anything. Contact between all civilians and military personnel has been shut down." Sparks fears that her brother will be called to duty. "That's the risk you have to take when you join the military," she said. "This is definitely a catalyst for war."

'NSYNC set to star in 'Grease 3'

Randall Frederick
2000

The members on 'NSYNC will soon be strutting their stuff on the big screen. All five members, JC Chasez, Joey Fatone, Lance Bass, Chris Kirkpatrick and Justin Timberlake have a nounced plans to star in "Grease 3" as modern T-Birds at Rydell High.

Lance and Justin have already acted. Lance had a guest role on "7th Heaven", Justin appeared in Disney's "Model Behavior". The other band members have yet to act.

In the past, "Grease" has proved to be a vehicle for talent, with box-office stars John Travolta in the first, and Michelle Pfeiffer in the sequel. Their talents have been showcased and it is expected that the popularity of 'NSYNC will draw from both the "Grease" fan base and the band's fans. Although the story line is still being developed,



'NSYNC members pose for the camera.

Entertainment Weekly reports that the group will start in pre-production once the actor strikes are settled in Hollywood. "We're going ahead and getting the script written," says Lance Bass. "It's a go from the studios and we've just got to wait until the strike is over, then we can start filming." Pop sensation Britney Spears is also said

to have a part in the film.

If Spears does accept a role, it could easily be assumed that she would play a Pink Lady. In addition, Britney Spears' rival female singer Christina Aguilera is also being rumored to be in talks about joining the film as a Pink Lady. "It's gonna be a huge, huge movie, and we've got some major, major people in it," Bass added.

not seem to mind giving up being at the head of the parade, rushing up to Winfrey's car to pose with her before the parade started.

"He's the king, it's his parade," Winfrey said, smiling broadly and wearing large dark sunglasses. "I'm just crashing his parade." As Winfrey traversed the

parade route, parade goers--many of whom didn't know Winfrey was in town--reacted with shrieks of "We love you, Oprah!" and the occasional greeting from folks in lawn chairs and porches calling out to her as if she was just another friend passing through town. At the pep rally concluding the

parade, Winfrey shouted her support of the Demons. Webb, presenting Winfrey with an gifts, emphasized how much the national exposure of Winfrey's visit can help Natchitoches and NSU. "I want to thank you for making this the best Homecoming in the history of NSU," Webb said to Winfrey.

Wireless Internet now available

Robert Lummons
2004

This fall, to the interest of many students who are technology junkies, a handful of locations on campus have become wireless hotspots. This will allow students with laptops or personal data assistants with the right hardware to access the Internet, check their e-mail or just instant message their friends from wherever they stand.

However, with locations such as Prather Coliseum, Roy Hall, the President's Office and Leesville's campus, some students wonder why the locations chosen are not in the most accessible areas.

"The basic goal is to provide as many locations on campus for students to connect at any time," Tracy Brown, director of technical services, said. "The dream is to have the entire campus wireless one day, so that anyone with a laptop can get online wherever they might be."

Dreams or not, the hotspots already in place on campus have raised questions by many students. "I really don't go to those places that much," said Phylisca Gibson, a sophomore, mentioned.

Friedman Student Union, Watson Library and Kyser Hall are all tentative locations.

"The dream is to have the entire campus wireless one day, so that anyone with a laptop can get online wherever they might be on campus."

Although the idea of being online from anywhere at any time is exciting to some students, others do not have a laptop or PDA to use the network. "I don't use the wireless network, but it would be easy to use because you're not tied down to a desk," said Ashli Daigle, junior English major.

For those who are wireless capable, Brown said that the operating systems supported are Windows XP, Windows 2000 and Mac OS X, for Apple users. Those with wireless network cards that support 802.11b will probably not be supported, since the network will conform to the wireless Wi-Fi Protected Access standard and newer hardware will work fine.

"We use the latest and greatest in security systems, and the older systems won't work," Brown said. "If you go to Wal-Mart and get the latest and greatest access card, it should work."



Photo by Garret Guillote

Oprah speaks to a Natchitoches woman on the river front.

Oprah crashes homecoming

Garret Guillote
2002

Celebrity can have its little perks. Just ask Oprah Winfrey. NSU President Randall Webb welcomed the billionaire talk show host and media producer to the head of this year's homecoming parade less than an hour before its scheduled start.

Winfrey's unplanned Parade appearance stunned "not only much of Natchitoches but also Winfrey herself. "I'm just in town for a visit and now I'm in a parade," Winfrey shouted from the back of a cherry red Chevrolet convertible, riding alongside Natchitoches resident Peggy

Plunkett. Plunkett invited Winfrey to town two weeks ago as an audience member on "The Oprah Winfrey Show," saying everyone in Natchitoches loves Oprah.

After surprising people in shops and restaurants, Winfrey visited Webb's house on campus and chatted with him and his wife. After emerging from Webb's house, Winfrey posed with the Homecoming Court, signed autographs, and climbed onboard the Parade-leading car. Northwestern State's University's Homecoming King Quincy Spencer did

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Made in marriage: same sex couples fight for their rights

Christal Navarre
2004

Controversy over same-sex marriage has stormed across the nation. The gay and lesbian minority has found a voice, and they have found a sympathetic ear for their cause. The recent chain reaction started with the court case of Lawrence v. Texas.

On the night of Sept. 17, 1998, sheriff's deputies entered the home of John Geddes Lawrence after a neighbor reported seeing a gunman enter the premises. Instead of a gunman, the deputies found Lawrence and another man, Tyron Gamer, engaging in homosexual activity. This was a violation of Texas Penal Code section 21.06. Both men were held in jail overnight and each issued a \$200 fine for violation. Lawrence and Gamer then challenged the Texas Penal Code claiming that it violated their rights to equal protection and

privacy, as is given by both Texas and United States constitutions. Harris County Criminal Court stated that the penal code did not infringe upon any claims to equal protection provided by the constitutions.

Lawrence and Gamer appealed, and after three more separate court hearings the United States Supreme Court heard the case. On June 26, 2003, in a 6 to 3 vote, the Supreme Court struck down the Texas anti-gay law. In November of 2003, a Massachusetts court ruled that allowing for civil unions between same-sex couples was not enough, that same-sex couples deserved marriage. According to USA Today, on Feb. 11 legislators in Massachusetts were fighting over whether or not to try and amend the state constitution. The amendment would overrule any decision made by the state Supreme Court to legal-

ize same sex marriages.

USA Today reported that at the members of the House and the Senate had already defeated two proposals. The Massachusetts high court ruled that starting on May 17 the state must issue marriage licenses to same-sex couples.

Following in the footsteps of Massachusetts, on Feb. 12, San Francisco went against the California state constitution and began issuing marriage licenses to same sex couples. The marriage licenses are in violation of Proposition 22, which bans the recognition of same-sex marriages in California. Proposition 22 was approved by the voters of California in 2000. The San Francisco Chronicle reported that San Francisco Mayor Gavin Newsom argued that the state law, which defines marriage as being between a man and a woman, was unconstitutional and discriminated against gays and lesbians. By the end of the first day, 118 marriage licenses

had been issued. "I believe this is just one small part of a bigger picture," said Assistant Professor of Social Science Greg Granger. "It's an indicator of the splits within this country. I don't think this is going away any time soon."

The first marriage to kick off the momentous occasion was performed for Del Martin and Phyllis Lyon. According to the San Francisco Chronicle, the lesbian couple, who had been together for 51 years, exchanged vows at 11:06 a.m. The San Francisco Chronicle also reported that the wording on the marriage licenses was changed to make the certificates gender-neutral. "Bride" and "groom" became "first applicant" and "second applicant," and in the ceremonies "husband and wife" was changed to "spouse for life." As of Monday, San Francisco was still issuing same-sex marriage licenses. The San Francisco Chronicle reported that by the end of last week 3,400 same-sex marriages

had been performed. The question remains of whether the marriages would be honored. Or if the licenses would be nothing more than pieces of paper.

On Feb. 14, the San Francisco Chronicle reported that the county clerk's office was handing out disclaimers with the licenses, informing newlyweds that because of the marriage they could lose rights as domestic partners and that the marriages may not be valid anywhere except San Francisco. There has been some backlash.

Because of these challenges, President Bush has begun to hasten a push for a United States constitutional amendment stating marriage must be between a man and a woman. "I'm worried about the idea of a federal constitutional amendment," Granger said, "because I agree with those who say that constitutional amendments expand rights, and now we have one that is going to limit our rights."



Photo by Cheryl Johnson

NSU admins participate in groundbreaking ceremony for new dorms.

New dorm on its way to NSU

Jamie Webb
2005

NSU officials are hoping the first building of a new residence hall complex will be completed Aug. 1 in time for the fall 2005 move-in. Jennifer Anderson, director of auxiliary services at NSU, said the second building should be completed Aug. 22, the first day of the fall semester, and the third building "will be completed no later than Oct. 31."

Justin Owen, assistant director of the University Columns, said the complex's timely completion depends on the weather. Students living in the new facility will have the option of choosing a 9-month lease or a 12-month lease, depending on whether they want to stay in the dorm during the holidays.

Students will also be able to choose a double bedroom apartment with two students per bedroom or a single bedroom apartment with one student per bedroom. Owen said each building of the complex, which will be located

behind Sabine Hall.

Each building of the new dorm will have card access doors, and there is a possibility that each individual apartment will have card access, Frances Conine, director of student services, said. Owen said each apartment will have a couch, chairs, desks, a coffee table, twin beds, dressers with two and three drawers, closets, a refrigerator, a microwave, a sink and two bathrooms.

This dorm is the beginning of a plan to renovate other dorms on campus, Conine said. Provost and Vice President of Academic Affairs Anthony Schefler said upon completion of the new dorm and the relocation of Rapides residents, Rapides Hall will be torn down. One of the main problems with halls such as Rapides is the heating and cooling systems, Conine said. The systems are so old that replacement parts for them are difficult to find. Conine said the second phase of this modernization project will involve hiring consultants, as officials did when planning for the new dorm.

Cane's comes to Keyser

Kera Simon
2008

Natchitoches plans to add Raising Cane's to its fast food menu, but no definite dates have been set for the completion of the project because initial approvals must be met before construction can begin.

The old Goodyear site on Keyser Avenue was divided into two parcels and has been approved for construction, according to the Natchitoches Planning and Zoning Department director, Juanita Fowler, but now

that the old building has been torn down, construction is stalled.

The development company in charge of the project, Royal Seal Development, must get approval from the Louisiana Department of Transportation for the entrances and exits.

Royal Seal Development is currently hosting engineering studies to report the new business' effect on Keyser Avenue traffic.

Sam Pascal, architectural and engineering coordinator of Royal Seal Development, said the study should be completed

by the end of this week and will be submitted for approval.

"We're excited to work in a community like Natchitoches," Pascal said. "We were warmly received by everyone there in the city."

Students are also looking forward to adding Canes to their menu. Ericka Rush, senior business administration major, said she used to stay at the original Baton Rouge Raising Canes until 3 a.m. when she lived in New Orleans. She loves it.

"We always need more food on the go...something quick," Rush said.

Junior biology major Gavin Montgomery said Natchitoches already has enough fast food, but he is excited to have a Raising Canes.

Both Rush and Montgomery agreed that the Natchitoches dining market is relatively small. Rush brought up how it might be hard for a food chain to break into the Natchitoches community.

"Natchitoches doesn't really have a big enough population to support a large national food chain, but a smaller regional on [like Raising Canes] may do better," Rush said.

The location of the new

Raising Canes also adds to its appeal.

Andre Vige, a senior general studies major who works at the Natchitoches Regional Medical Center, said the location is well-suited for hospital workers and patients' families.

The two properties created from the old Goodyear site will be home to Raising Canes and another food chain.

Negotiations are still underway for the second property, Mayor Wayne McCullen said.

Pascal said there are a number of businesses interested in developing.



Photo by Gary Hardamon

The plans to renovate Caspari Hall are shown above.

Student Services Center construction continues

Ty Johnson
2011

The construction of the new Student Services Center is progressing toward completion for 2012, NSU Physical Plant Director Chuck Bourg said. Construction workers have laid the majority of the underground work, such as piping and plumbing. Within the next few weeks, the team will add structural steel beams to begin the framing of the center. Bourg said that despite the rainy weather the last few days, it has not hindered progress on the building.

"We've been blessed," Bourg said. "We've had rain the last couple of days, but the weather has been phenomenal as far as construction goes, so we're not behind schedule." The Student Services Center will be located on

the site of the former West Caspari Hall.

It will provide students with an enrollment area and financial aid in the same facility. It will house the offices of University Recruiting, Student Success and New Student Programs, Financial Aid, Scholarships, Undergraduate and International Admissions and Enrollment Management including the Registrar's office, Student Accounting and One Card Office.

The three-story, 34,451 squarefoot building is funded from the \$98.4 million in surplus funds from the 2007-08 budget year set aside by Gov. Bobby Jindal and the state legislature for construction projects for state colleges and universities. The project was expected to be complete within 15 months, but

Bourg predicts the center will be finished before.

"Everything is going according to plans so far," Bourg said. "I believe the building will be finished before Jan. 2012, but everything will be moved inside by that spring semester." Bourg is not the only one anticipating the Student Services Center opening.

Sophomore accounting major Ashley Sylve said she's looking forward to the convenience of having the student services all in one building. "It beats having to drive or walk to different buildings on campus to get things taken care of," Sylve said. "This project is really catering to the students."

The Student Services building will be the first-state-funded building for student use on campus since 1981.

New law prohibits smoking on campus starting next fall

Janell Parfait
2013

On June 10, 2013 Gov. Bobby Jindal signed a bill banning smoking on Louisiana public college campuses. These campuses include the Louisiana State University system, the Southern University system and the University of Louisiana system. Northwestern State University falls under the UL system.

The new law, Act 211, will "prohibit smoking on the grounds of...institutions managed and supervised by...the Board of Supervisors for the University of Louisiana system." Act 211 took effect on Aug. 1 of this year; however, universities under the UL system are not forced to comply until 2014.

According to the Louisiana State Legislature, "smoking" is defined as the burning, exhalation and even the possession of lit cigarettes, cigars, cigarillos, and tobacco pipes. Despite the new statewide legislation, smoking still prevails on NSU grounds.

Brittany Farris, a freshman nursing major with asthma, must tread through the cloud of smoke on the steps of Kyser Hall to get to class. "I can't catch my breath as

easily and I'm already in a hurry," she said. "Even though you're 25 feet from a building, that only puts you closer to another building." "I've seen faculty smoking by Kyser, and I've seen police officers walk past them and not do anything about it," Austin McCann, a senior business major, said.

NSU campus detective Douglas Prescott admitted, "no citations have been written [about smoking near any building]. "Not that we won't issue citations, we just haven't issued any," Prescott continued.

In the spring semester of 2010, NSU's Student Government Association enacted the policy prohibiting smoking within 25 feet of a building.

"[Louisiana legislation] already implemented all these rules, so I don't see why they should change," senior Kristen Richardson said. Sophomore English major Kirk Bailey thinks the new legislation "infringes on personal liberties," yet he thinks that as a law, Act 211 should be followed.

Farris thinks because smoking will be impossible to eradicate on campus, she would rather "have smoking areas off the beaten path, so you'll know where [the smoke is] and you can avoid it."

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2011

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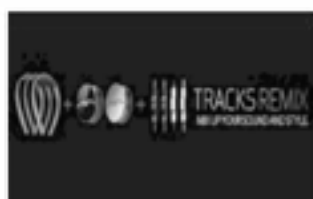
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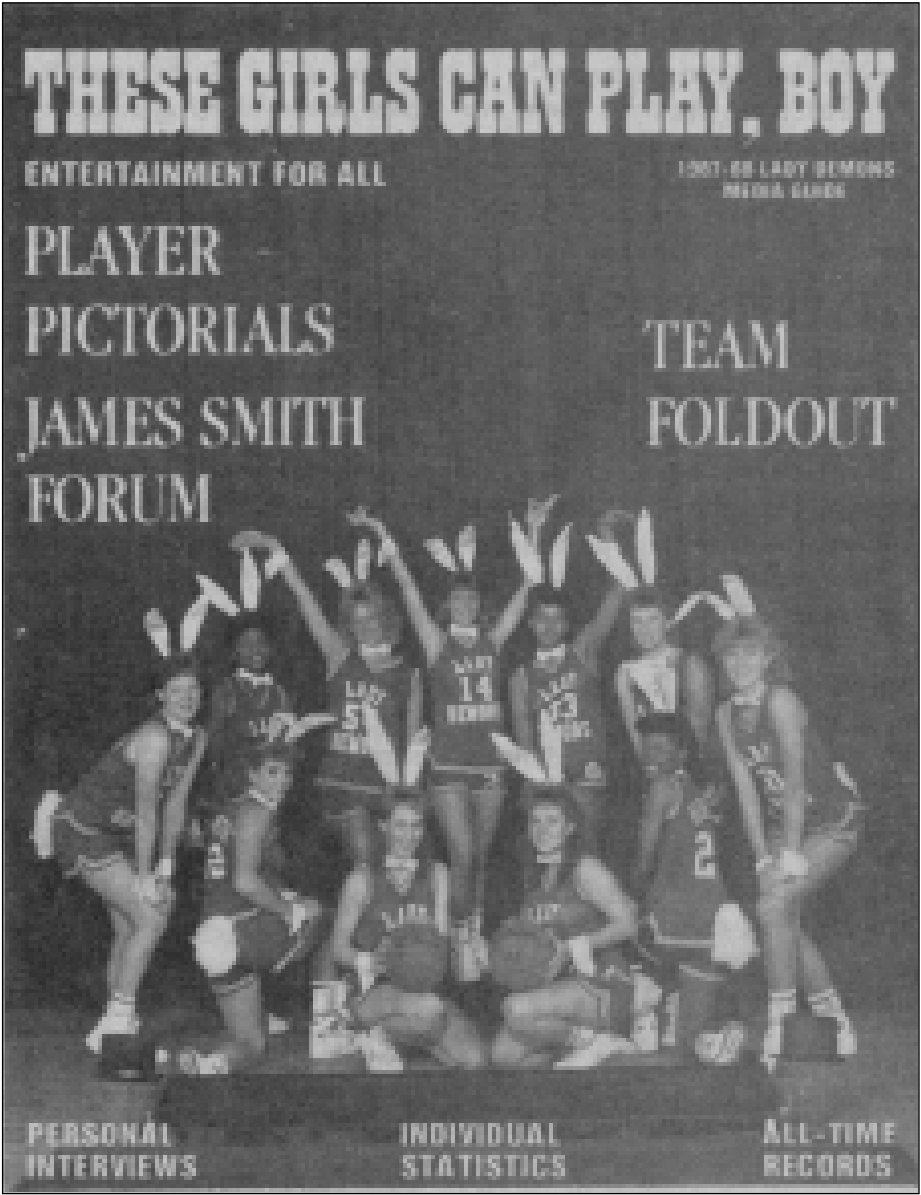
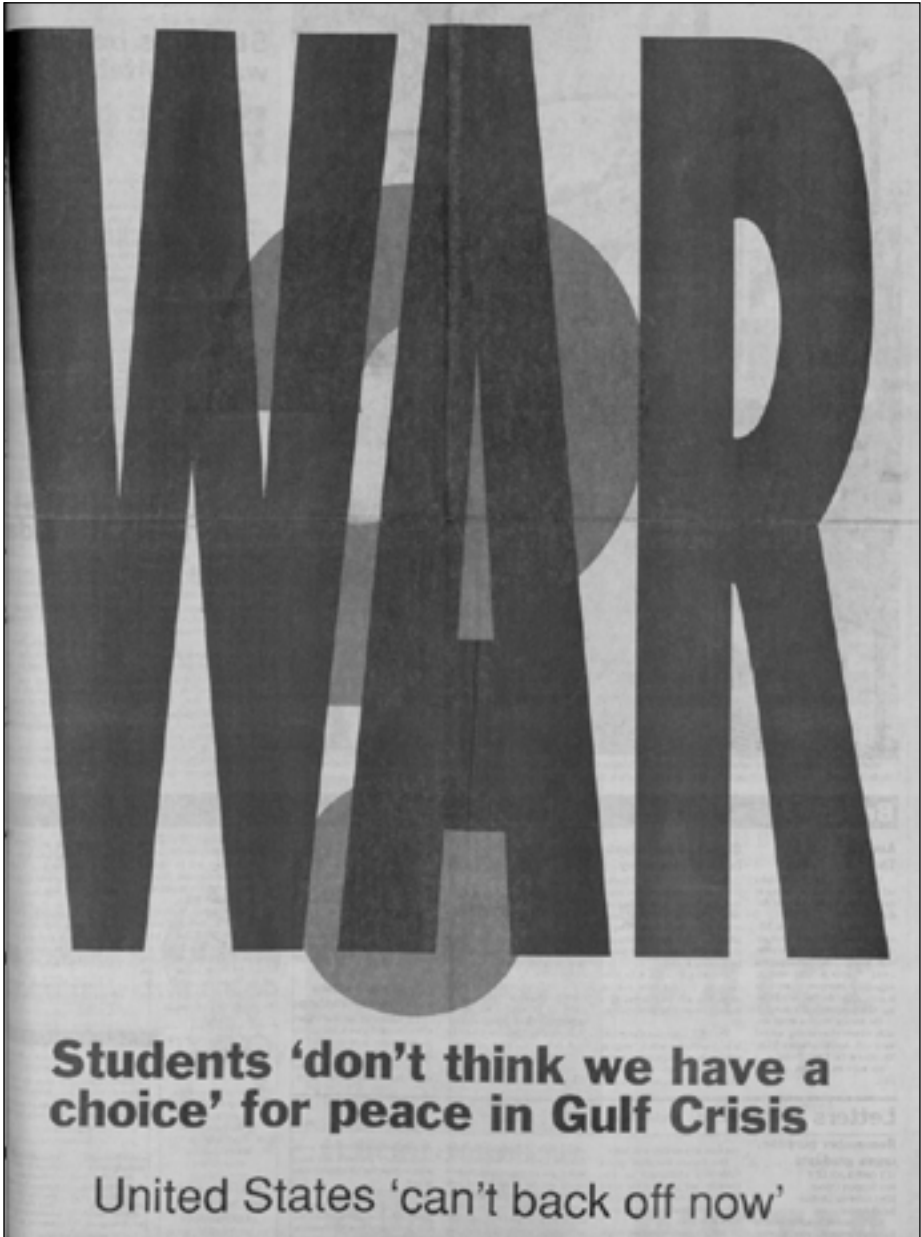
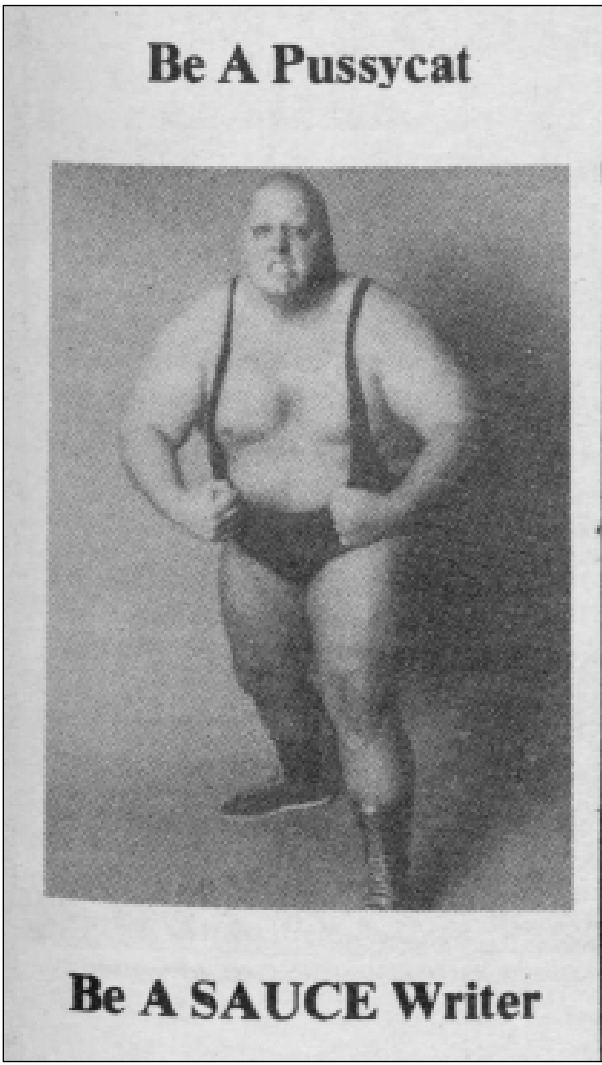
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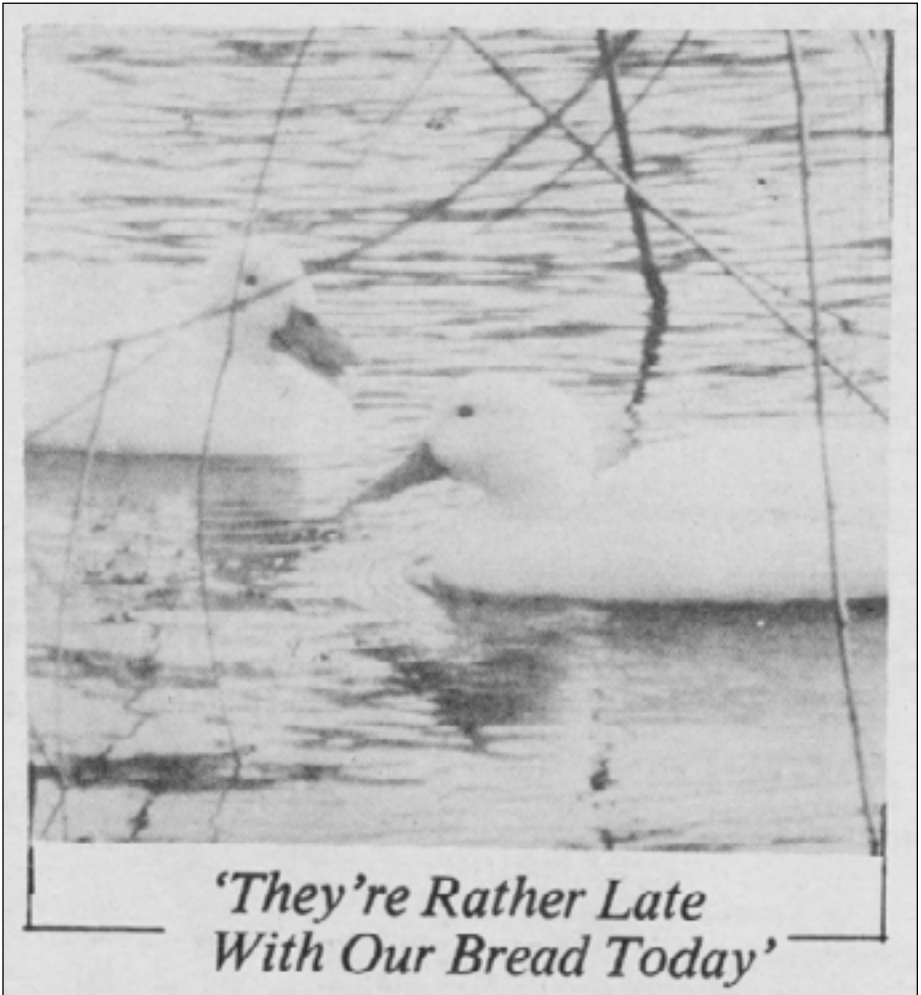
Photos of the century



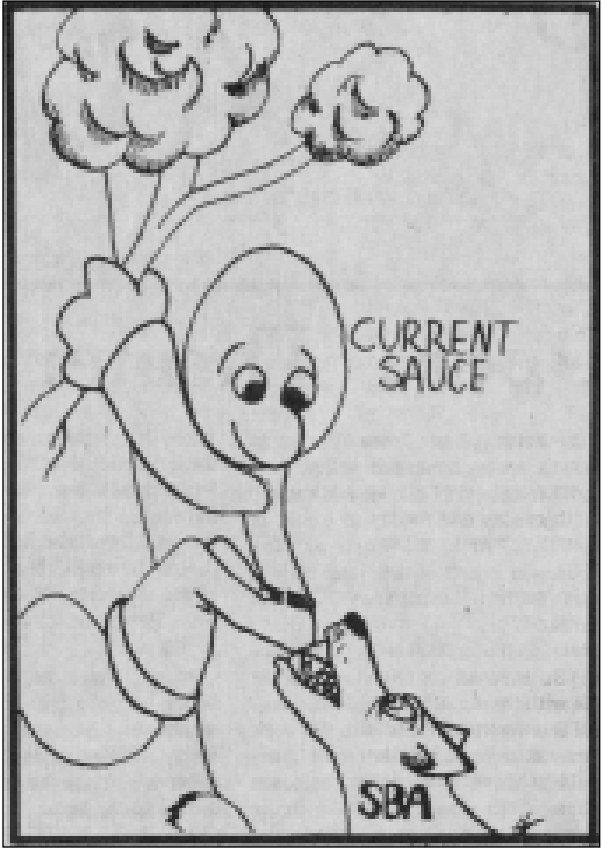
A 1987 media guide depicting the ladies' basketball team that was accused of being sexist for its portrayal of the team in "Playboy" attire.



Vic the Demon in his 1965 incarnation at a foot-ball game cheering on the Demon team.



A 1924 ad urging students to attend the Thanksgiving Day football game against Southwestern Louisiana, now known as UL-Lafayette.



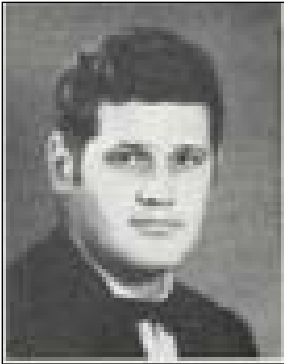
Letters from the editors

Albert Caperton
Editor-in-chief, 1960-61

My most vivid memory of being editor of the Sauce involves an editorial of mine that was censored by the publications committee. That led to a brief flurry of stories in state newspapers and a change in the way editors were selected. The student body selected me as editor in a contested election. In the immediate aftermath of my term, editors were appointed.

About that censored editorial. That year the legislature had passed a law requiring that all students at Louisiana colleges and universities before graduation take a course in Americanism versus communism. The course materials were even specified, and these came from a publishing house closely linked to the John Birch Society. This struck me as a legislative leap too far, and I wrote an editorial questioning the wisdom of the law.

The day before the Sauce was to be published I was informed that there would be a rare meeting of the publi-



cations committee. I was informed at that meeting that the editorial was not appropriate for a student newspaper and would not be published. That obviously left a hole on the editorial page. As we left the meeting, Roy Clark, offered to help me find something to fill the space since we were right up against the deadline. I recall saying something to the effect: “We’ll just leave the space blank.” That is what we did.

This tactic, of course, is a historical way editors have let readers know that something had been censored. And the stories in state newspapers probably drew more attention to the issue than publication of my editorial would have. Northwestern then decided that editors should be appointed.

My years at Northwestern and on the Sauce were wonderful. I met my wife in my freshman English class. The journalism program under John Merrill gave me a lifelong love of newspapering. And I went on to a 40-year career that included stints as executive editor of papers in Macon, GA., Norfolk, VA., and Indianapolis, IN.

Dan MacDonald
Editor-in-chief, 1974-75

If they were completely honest, every person on this list of former Current Sauce editors would admit to questions, doubts and concerns about taking over this role.

Was I prepared for this? Hell, no. I was a sports addict, one much more comfortable with sitting at courtside or standing on a sideline, watching and documenting, preparing to put my Royal portable manual typewriter to use knocking out a story. I still have that typewriter, just in case a zombie apocalypse destroys the power grid and renders my Toshiba laptop useless.

But for a year, I put off what would eventually become my lifetime job and moved upstairs in Warren Easton Hall, where at the time the journalism department and the Current Sauce coexisted.

A little over a year later, I was back on those press boxes full-time, taking my first post-graduate job on the sports staff at the Alexandria Daily Town Talk. Fifteen months after that, I was back on the Northwestern campus as sports information director -- another role that at age 22 I was ill-prepared for.

But I learned a ton about work ethic from that year of putting the Current Sauce out every week, and also learned from the best two years of staffs this school’s paper has ever brought together. Some of the other folks who are writing on these pages may disagree, but they’re not going to change my mind. Deal with it.

More importantly, my two-semester run in 1974-75 as editor gave me a primer on how a university operates. I was privy to a lot of information on what has to happen on a daily basis to keep a campus operating, and it wasn’t until after I came back to Northwestern to work full-time that I realized how huge it was to have that background.

Of course, I wasn’t thinking about that info-gathering at the time. I was more concerned with how many pages worth of copy our little writing group needed to put together, if we had photos to help tell the stories, if we had enough advertising to cover our costs ... basically, if



we’d planned things out well enough to get a newspaper distributed on campus every Tuesday morning. And once that happened, it was time to do it all over again.

We were involved with a few things that changed the university. We fought editorially for a shift in the way student government was set up, and those changes happened. We pushed hard for a proposed addition of a trim color to the school’s classic purple-and-white, and now there’s a little bit of orange all over the campus. We urged, begged and cajoled students to impose a fee upon themselves to start KNSU, the school’s first radio station, and it went on the air on a Tuesday when we devoted the entire front page to its first broadcast day. And, yes, some of us were also around on Sept. 20, 1973, when Jim Croce’s plane went down at the Natchitoches airport.

Through it all, the task didn’t change. When I finally convinced our little band to join the quest, we promised to make deadlines, to fight our way through technology that would be laughed at a decade later, and to give the student body the best quality publication we could each and every week.

Did we reach that goal? Well, we were at the Natchitoches Times offices every Monday pasting up the pages (more outdated technology), and we never missed a Tuesday delivery. Those who have assembled these pages over all these years know how difficult that can be.

Not bad, considering that managing editor Shelley Hilton had to convince me that going to the first Student Government Association meeting of the semester was more important than walking down to watch football practice. I don’t know if I ever thanked her for that ... or for her anchoring when I was sailing uncharted waters ... or if I thanked her, Joani Rosenthal, Jane Grovenberg, Sheila Barron and my life-long friend Philip Timothy on the editorial staff, photogs John Wright and Michael Alexander, and the business staff of Lindsey Torbett, Gary Wise and Pres Hartt for keeping me sane during a year that I wouldn’t trade for anything. Forty years too late, I’m thanking you now.

The first staff picture of the Contemporary Life Club, which was in charge of The Current Sauce in 1917.



Diane Nickerson Bates
Editor-in-chief, 1967-68

The year 1968 was one of turmoil. Martin Luther King and Robert Kennedy were assassinated. Protesters rallied against the Viet Nam war and for civil rights. Collegiate editors courageously used their editorial voices to take stands against the status quo, often clashing with the administration.

The same was true with the Current Sauce in 1968. The editorial staff took on the university’s administration, refusing to back down on an editorial expose that President Arnold R. Kilpatrick felt embarrassed the university.

The controversy began innocently. A staff reporter spotted a tractor trail truck, painted brightly with the name of a popular dog food company, backed up to the loading dock of the dining hall.



When she reported what she had seen, we knew that we had a story, maybe even a “Stop the Presses” story. We needed to know exactly what a dog food company truck was delivering to a student cafeteria.

First, we sent a photographer to the scene to capture a picture of the dog food truck.

Then, we began searching for the story behind the picture. If, indeed, the university was serving dog food to the students, we needed witnesses.

We contacted students who worked in the student cafeteria and reached out to the food service personnel, who adamantly denied ever using dog food in any student food.

It was during our dog food investigation that we uncovered the soon-to-be controversial Weevil Incident. A student on the serving line at the cafeteria discovered cooked weevils in the noodles that he was about to serve. He went to the person in charge and said, “There are weevils in the noodles.” He was shocked when he was told to serve the noodles anyway.

Serving students weevils (even though they

Joe Cunningham, Jr.
Editor-in-chief, 1981-83

In the school years of 1981-82 and 82-83, Northwestern was in critical shape. Rumors were flying that the governor was going to close the university and make it a prison -- or worse. There was little money at the university for anything, and in the journalism department, there was no journalism.

In the Fall of 1980 I was a freshman business major who was the sports editor of the Current Sauce only because during the previous summer, my friend David Stamey recruited me to play intramurals and he thought I might be able to write a friendly article about his team, the University of Yang, in the school paper.

I certainly wasn’t qualified to be Sports Editor, but I was 17 and I wanted David’s free beer and I needed the money that the scholarship paid me (\$100 a month) and after flag football, happy hour at Antoon’s, and lunches at Pearl of the Orient, I was available.

By the Spring of 2001, everyone on that staff except David was graduating or otherwise leaving, and there was no one left to run the paper for the next year. The only person I knew with any journalism talent and experience, Doug Ireland, was long gone. The rules for Editor said that the applicant had to be a journalism major and had to be at least a junior. I was neither and the only other person who applied for the job was the Demon mascot. Faced with that option, Jerry Pierce, who is still at the University today in spite of this

colossal error in judgment, called me in to his office and asked me to “apply” for the position. In a narrow vote, I beat a non-speaking, velvet-fingered, pitchfork-carrying, purple cartoon character for the job.

When I took over the Sauce, it was \$4,000 in debt, a huge sum at that time, and the university was considering shutting it down. The journalism department was completely uninvolved in the publication. I recruited a few friends to help sell ads, deliver papers, and write a story or two.

We borrowed extensively from the NSU News Bureau. We typed all the stories on electric typewriters, using typesetting punctuation code (on the rare occasion where we recognized our grammatical errors) and then we “printed” the stories on a loud, obnoxious printer. We cut them out with x-acto knives and waxed them to the papers. These “cut and paste” papers were then run through a press where occasionally a story would “fall off” or a Times employee would put the incorrect picture with a story, way too often substituting a male student’s face for a feature on a Lady Demon basketball, or an Omega Psi Phi’s face for the rodeo team.

Two years later the paper was solidly profitable, and shortly after we left the building, the journalism department was able to re-involve itself in the paper and upgrade the equipment to something beyond Gutenberg’s press.



One Monday night in October 1982, I was laying out the paper by myself at the Natchitoches Times building when someone called me to say that Caldwell Hall was on fire. I drove back to campus and met our photographer who took pictures of the burning building while I talked to some of the administration and some of the hundreds of students who were also on the scene.

I went back to the Times offices around 1am, wrote the story, finished up around 6am, and we delivered the Sauce later that morning at 9am, the ink still runny. We were the only newspaper anywhere to have the story of the fire at Caldwell Hall that morning, all while the fire trucks were still at the smoldering building.

One thing we did do well for the first three years that I was involved with the Sauce, including my last two as editor, was to continue the publication of an April 1st “Lampoon” edition, which was far and away the most read edition that we published each year. No one was spared, including ourselves. I wrote most of the ‘81-’82 and ‘82-’83 editions myself, and while the humor was sophomoric (which tailored nicely with my standing in school), we stretched what were the then-limits of NSU-centric satire.

Sonya Rigaud
Editor-in-chief, 1988-89

Northwestern’s student yearbook, the Potpourri, once quoted me: “Being a member of the Current Sauce staff has helped me develop the self-confidence I need to pursue a career in journalism.” As a staff writer in 1988, I had no idea the significance of that statement or the impact this opportunity would have on my future.

I eventually advanced to the position of editor, which really prepared me most of all. After graduating from Northwestern, I became a high school journalism and English teacher and had the tremendous luck of becoming the yearbook advisor for 17 years and the newspaper advisor for 8 years. My job as Current Sauce editor prepared me so much more than I could have ever imagined. I had the layout skills and management skills needed to run effective and timely publica-



tions. My students respected me because I had the experience necessary to teach them correct journalistic writing, layout, and design. Several of them even went on to work on their college publications because their love of journalism was sparked while in my class.

I have so many fond memories from my time as editor. Some people might think we had more fun than we actually worked, but that’s the joy of doing something you love with people you love working with.

Monday night was crunch time in Keyser Hall...we usually didn’t get much sleep on those nights. Often we worked into the wee hours of morning. Thank goodness, I had a journalism class at 9:30 on Tuesday mornings and not a class in some other subject. I usually got a little sympathy for my lack of energy and enthusiasm in class.

Favorite memories that come to mind are our Monday night staff “meetings” as we devoured pizza from a local pizza place and our frequent requests to Northwestern’s radio station KNWD to play Farrenheit’s “Goofy

Boy” and other staff favorites. I loved listening and singing to the music of KNWD as we worked on the newspaper.

I was especially fortunate to have been editor during the filming of Steel Magnolias. I was honored to be one of the interviewers at a press conference held in the Student Union Ballroom. That was so exciting, and I can remember being so nervous when it was MY turn to ask the panel of actresses a question.

My Current Sauce family consisted of amazing people, some a little quirky, some a little more serious. All of them made my journey at Northwestern so worth it. My Managing Editor H. Scott Jolley held a special place in my heart and by my side. He kept me going and motivated when I got totally frustrated. Of course, his extreme dedication landed him the position of editor when I left.

Speaking of jobs, yes, working on the Current Sauce was a job. I never really thought of it as such since it was so much more exciting and fun than any other job I had while attending Northwestern. Nothing else offered the sense of accomplishment, or the scholarship money the Current Sauce provided. Because of the Current Sauce, I left college debt free, and for that I am especially grateful.



A picture of The Current Sauce staff in 2014, in charge of the paper 100 years later.

THANK YOU

We'd like to give a special thank you to Tommy Whitehead for arranging the 100th anniversary celebration, for the renovations to the newsroom and for his guidance throughout the centennial. To Dr. Paula Furr for advising the staff and sharing her wisdom from years of media experience. Thank you to the staff for their hard-work and dedication, their late night's don't go unappreciated. And finally, thank you to our readers for creating an active campus community worthy of being represented in student media, thank you for your participation and thank you to all who have commented or who have quietly read what we have had to offer. We look forward to the next 100 years.



Students Randi Ditta, Kayla Jacob and Brandi Vincent each participated in NSU’s annual Research Day by presenting portions of their thesis. Awards were also given to students for the winning scholarly research and creative works.

Obscure theses earn research awards

Emily Carter
Staff Writer

With senior thesis hovering overhead, Jules Guidry finds unexpected success presenting a portion of his research last Thursday during Research Day.

He received the Phi Kappa Phi Research Award for his presentation “A Theory of Inter-generational Reparations in Nozick’s Historical Conception of Property Rights.” His faculty sponsor described the paper as “one of the best student papers in his career.”

Research Day, hosted on March 13, provided a venue for undergraduate and graduate students along with faculty to present scholarly research and creative works.

Using posters and oral presentations along with refereed oral presentations for faculty, each participant presented their topic for 15 minutes followed by five minutes for questions.

Other awards given out include the Dr. Marrietta Lebreton Louisiana Studies Award and the Dr. Mildred Hart Bailey Research Award.

Matthew Petty, a graduate student, also received the Phi Kappa Phi Research Award for “A Survey of Modern Trombone Techniques.”

Randi Ditta, Jules Guidry, Destiny LaRue and Brandi Vincent were chosen to represent NSU at the University of Louisiana System Academic Summit for oral presentations. Ditta presented on the Lolita Fashion Subculture, LaRue presented on the “Neurological Effects of Caffeine on Individuals with Bipolar Disorder” and Vincent presented on the New Women Movement. All of these presentations were a small portion of each of their undergraduate thesis.

The recipient of the Dr. Marrietta Lebreton Louisiana Studies Award was Dr. James McDonald and Dr. Richard Jensen received the Dr. Mildred Hart Bailey Research Award.

Faculty members gave mini-lectures regarding

research prospects in their different fields. The most common advice was about connecting what they do in the classroom to practical applications. For nursing students it is, “...getting students to do research is to show nurses how to analyze patient care practices.”

According to people from the art department, art is not something that a university education is required for but it does allow for people to get an idea of not only how to use various materials, but also how to work in various disciplines in order to convey different emotions.

The most important sentiment from the different speakers was that, “Lecturing someone on how something works is different than them actually doing it themselves and learning.”

Research Day is an annual event put on by NSU. President Webb thanked those that put it together as well as the presenters for their hard work and the faculty sponsors who encourage their students to attempt this kind of research.

Waking up with The Asia Project

Damian Glover
Staff Writer



Photo by Damian Glover

“Awakening,” a poem performed by The Asia Project, is what most people experienced after leaving the duo’s spoken word SAB hosted performance.

Lead performer Asia Samson, 36, faced a battle with cancer in the early months of 2006. Around that time, he considered retiring from poetry, convinced that his voice wasn’t unique enough to stand out among the multitude of poets. It wasn’t until after he recuperated that he realized cancer would save his life.

“I made a vow to God that if I became healed, I would no longer take life for granted, that there is an insurmountable amount of truth in the cliché, “Get busy living or get busy dying,” Samson said.

The Asia Project consists of Asia Samson and his guitarist brother, Jollan Aurelio. Together they make poetry an experience viewers consider inspirational and moving.

Olivia Stewart, freshman biology major, is an avid follower and fan of The Asia Project.

“Even before coming to NSU, I wrote my own poetry, was involved in the poetry society at my high school and eventually got word of The Asia Project,” Stewart said. “After listening to them on YouTube I fell in love with their work, but seeing them in person, was an absolute gift.”

SAB President Alayni Guidry described the poetic event as inspiring to her and her future.

Asia has been featured on Russell Simmons’, HBO Def Poetry and Black Family Channel’s Spoke. He was named the 2006 Performer of the Year by the Association for the Promotion of Campus Activities and took first place at the 2008 Southern Fried Poetry Slam Championships.

The Asia Project also performed with music artists like Mos Def, Jill Scott, DMZ, KRS – One and Dead Perez. Together they have written and composed over 30 pieces of poetry performed worldwide.

The duo was contracted through the SAB while away at the Regional Association for the Promotion of Campus Activities Conference. The Asia Project has performed in Natchitoches one previous time as a coffee house act, and plans on returning in the future. BAPPS will serve as the opening act.

Upcoming events for SAB include ‘Vegas Night, a Classy Affair’ on March 20 at 7 p.m., Unite to Fight, a St. Jude Event, Spring Fling and Demon Idol. Open board meetings are held on Wednesdays at 2 p.m. in the Cane River Room of the student union.

For more information on The Asia Project, visit <http://www.theasiaproject.com/poetry/home.php>.



Gamble your luck at Vegas Night

Emily Carter
Staff Writer

On March 20, the Student Activities Board will be hosting ‘Vegas Night,’ in the student union ballroom and lobby, from 7 to 10 p.m.

Miss LOB 2014, Taylor Layman, will emcee the event. Prizes available will include a Macbook, an iPad Air, a digital camera with a carrying case and SIM card, three Walmart gift cards, two pair of Ray Ban sunglasses, a PlayStation 4, an Xbox 1 and a 40’ flat screen television.

The first thirty guests who enter will be recognized as V.I.P.’s for the evening.

Damian Glover, coordinator for the event, said, “The subline ‘a classy affair’ basically just brings life to the event and bringing Vegas to students.”

Semiformal attire is recommended but not required for entrance into the event. Vegas Night is free for students with their current student id.

More information can be found at <https://www.facebook.com/NSUSAB>.

Demons ‘BUKU’ proud of DJ French the Bradford

Chloe Williamson
Sauce Reporter

The Buku Music and Art Project, more popularly known as Buku Fest, is an annual three-day music and art festival held in New Orleans. The festival features both well-known and local headlining acts.

Bradford Seaton, a senior and local DJ, narrowly missed the opportunity to be among the many local acts featured at Buku Fest.

In February, the BASSIK 2 BUKU DJ competition was announced on the official Buku Fest Facebook page. Buku asked DJ’s to submit a mixtape of their original work via Facebook. The final prize of the competition is a featured spot in the Buku Fest 2014 lineup. The first round of the two-round competition depended on the DJ’s mixtapes, which were publically posted so that the public could vote for their favorites.

Bradford, who DJ’s under the name, French the Bradford, entered the competition. From early on in the voting process, Bradford’s work garnered very positive feedback from the voters, even claiming the number 1 spot for some time.

When voting closed, Bradford was ranked third among all the entries, making him eligible for the next round.

The final top five DJs whose mixes received the most votes were advanced on to the next round, where they competed against one another in front of an audience. This performance was held at Republic, a New Orleans club, on March 7. Audience response and voting at the live performance at Republic determined which DJ would ultimately win the competition, earning them the spot in this year’s Buku Fest lineup.

Bradford unfortunately did not win the BASSIK 2 BUKU DJ Competition, but only had positive thoughts about the experience, claiming to have really enjoyed playing the show and seeing the other DJ’s perform.

“I have been producing electronic music for two years, but after attending Buku Fest in 2013, I decided to try and be a DJ,” Bradford said of his DJing.

“I have only been a DJ for a year, but I have played some shows throughout Natchitoches and south Louisiana. I’ve tried to make sure that as a DJ, I am always playing original and unheard music”.

Despite not coming in first place, Bradford’s experience in the competition proved to be beneficial.

He said, “The contest opened a couple of doors for me. It mostly just got my name out there, which is what I wanted most from the contest.”



Photo submitted by Bradford Seaton



Left picture by Tommy Whitehead and right picture by
Student media leaders Daniel Thiels (KNWD), Alexis Reliford (Potpourri), Jarred Robers (Current Sauce) and Katie Beverly (Argus) attended the Current Sauce’s 100th anniversary celebration (pictured on left, listed from left to right). Select Potpourri, KNWD and Current Sauce staff members toured the Vanity Fair office in New York City while attending the 2014 College Media Association convention (pictured above).

From poetry to politics to play-by-plays

Student Media seeks new staff for 2014-15 academic year

Emily Fontenot
Staff Writer

It’s 3 a.m. on a Tuesday night. He scans the page one last time before pressing the final send. Done. He lifts his hands off the keyboard and looks around. His team breathes a sigh of relief. Every student media worker knows the feeling, the stress, those certain things that won’t leave the office walls after one too many hours of staring at the screen. But they’ve also experienced the joy of that final send, the finished yearbook, that hit music festival. “As annoying as it can be sometimes, I wouldn’t

trade it for the world,” Current Sauce Editor and chief Jarred Roberts said. “It’s nice to be a part of something, and I don’t find school alone does that.” NSU student media is made up of four separate groups: KNWD radio, Potpourri yearbook, Argus student publication, and the Current Sauce newspaper. For those wanting more out of their college experience, positions offered in student media might just be the big break they’ve been waiting for. “Try it out and get a good feel for it,” KNWD’s news director Micah Pickering said. Pickering joined the staff with little interest or knowledge in radio and discovered what he claims has become his passion. He encourages students to keep applying to the KNWD radio station until they are accepted. DeeJay positions are open to all students who are interested in hosting their own show. Applications for show times

will be available at the beginning of the year, and applications for KNWD staff will be available in the next few weeks outside their office on the first floor of Kyser. “To anyone who would like to get involved in student media: do it,” Argus editor and chief Katie Beverly said. “It can be a lot of work, but it will teach you how to act as a team and how to go outside of your comfort zone. Most of all, you’ll leave NSU knowing a little of everything.” Beverly asks those interested in joining the staff to email her at argusnsu@nsula.edu. Argus is now preparing to print. They are also hoping to start expanding their content, especially online. The Current Sauce is also hoping to establish a stronger online presence after returning from their trip to the College Media conference in New York last week. Positions for the Current Sauce staff are now open and

forms are available outside their office on the second floor of Kyser. “We’re really open,” Roberts said. “If you want to write, we’ll let you write. If you want to photograph, we’ll let you photograph. Everyone starts off on a volunteer basis.” Potpourri editor and chief Alexis Reliford encourages students to drop by the on the second floor of Kyser office to talk to the staff and pick up an application. She feels the yearbook is headed in a positive direction after the trip to New York last week. “Those new to yearbook now get all that goes into it,” Reliford said. “Now they have a lot more ideas to add. They are able and willing to input more now.” For more information on student media in general contact Stephanie Masson atmassons@nsula.edu or Paula Furr at furp@nsula.edu.

PELL MELL'S EVALUATION OF A CO-ED			
NOTE TO FROSH - - - READ ACROSS PAGE			
IF SHE'S A FRESHMAN	SOPHOMORE	JUNIOR	SENIOR
She blushes at naughty jokes.	She smiles at naughty jokes.	She laughs at naughty jokes.	She tells naughty jokes.
She says, "Oh, please stop that."	She says, "Oh, please stop."	She says, "Oh, please."	She says, "Oh".
She wants to marry a football player.	She wants to marry a movie star.	She wants to marry a capitalist.	She wants to marry a man.
She thinks a college education leads to things social, cultural, and aemendical.	She thinks a college education leads to things social and cultural.	She thinks a college education leads to things social.	She thinks a college education leads to things.
She thinks midnight is late.	She thinks midnight is pretty late.	She thinks midnight isn't so late.	She thinks midnight is midnight.
She reads "What every young girl should know."	"How to win friends and influence people."	"The art of love."	"Care and feeding of infants."
She won't date a boy who has ever had a drink.	She won't date a boy who has just had a drink.	She won't date a boy who has had over one drink.	She won't date a boy unless he drinks.
She thinks things learned in college leave one intelligent.	She thinks things learned in college leave one fairly intelligent.	She thinks things learned in college leave one intelligent enough.	She thinks things learned in college leave one.
She tells her mother everything.	She tells her room-mate everything.	She tells her diary everything.	She doesn't tell a damn thing.
She likes to smooch.	She likes to smooch.	She likes to smooch.	She likes to smooch.
Her motto: Mother Knows Best.	Death before dishonor.	Nothing ventured, nothing gained.	Boys will be boys.
She thinks all boys are nice.	She thinks some aren't nice.	She thinks most men aren't nice.	She thinks none are nice.
She drinks cokes on a date.	She drinks pink ladies on a date.	She drinks hiballs on a date.	She drinks anything, anytime Anywhere.

This “evaluation” ran in the June 12, 1948 issue of The Current Sauce. The table describes the evolution of the college woman, at the time referred to as “co-ed,” over four years of college.

The Co-ed and the curse of midnight

Post WWII Current Sauce issues reflect status of women in middle of 20th century

Jacob Labutka
Life Editor

Once upon a time, young co-eds like Betty Sue and Mary Frances dressed in the latest gingham skirts and chemises for their weekend dates. And just like a fairy tale, these young girls returned home by midnight. Yet unlike Cinderella and her nameless prince, co-eds returned to their dorms not because of a magic pumpkin but, rather, due to university policy. Until the last few decades, women in universities across the nation were subjected to institutional sexism and strict regulations like early curfews. The Current Sauce shows the history of female student involvement on NSU’s campus and how women, repeatedly referred to as “co-eds,” endured male scrutiny. Even as the gap between men and women slowly began to close in the middle of the 20th century, gendered stereotypes filled many news stories and editorials. While both men and women critiqued the “opposite sex” over the years within the press, the voice of male criticism filled more layout space. In 1948, a table displaying how to evaluate a co-ed by classification ran on an issue’s front page. According to the table, when a co-ed is a freshman she “wants to marry a football player,” but as a senior she just “wants to marry a man.” A freshman co-ed will likely read “What every young girl should know,” but by her senior year she’ll be reading “Care and feeding of infants.” The only consistent quality of a co-ed across four years of college was that “she likes to smooch.” The table represents the stereotype that co-eds arrived at college as dainty ladies and left as adventurous women ready to settle down in marriage. An article printed in a 1950 issue described how psychologist Dr.

F. J. Bailey offered a course on finding a husband in 60 days. The writer describes class participant Louise who snagged a date (or victim as the article said) despite being dateless for eight years. That same year, another article appeared in the Sauce on the energy expenditure of various activities performed by men and women. The list of activities under each gender suggests a difference in expectations. Several of the activities for women included ironing, dishwashing and sleeping while carpentry, driving auto and sawing wood were a few from the men’s list. Despite such female representation, the occasional article ran in support of greater equality between men and women. In 1951, the editorial “Draft Women?” questions why women remained undrafted during war efforts. Although most people during the 1950’s agreed women should not fight in war, the writer eargues they could be used in a variety of support functions. “Currently, there seems to exist some sort of galantry which prevents the use of women in a war,” the writer said. “They must be saved and protected from all that is undesirable. It is hard to see just how we can say they are protected when their husbands are being drafted, leaving them with families to rear alone.” Post WWII America didn’t immediately foster the social conditions necessary for gender equality. The Current Sauce did provide a media outlet both for students satisfied with their identities within the contemporary society and those who planted the seeds of change. Many years later, the curse of curfew would be broken and co-eds could roam Natchitoches without fear of punishment. The term “co-ed” eventually fell out of popular use and what remained were educated women not dependent on illusions of Prince Charming or magic pumpkins.

Dear winter: time for my spring wardrobe



Regine Lyons
Fashion Columnist

Spring is finally here so it’s time to transition from being cold and dreary to warm and fabulous. Students like senior NeNe Cooks witness the transition firsthand. Cooks works at local clothing store Room 135 where staff must prepare the shelves for spring merchandise. “It’s time to put away the high waist jeans and pull out the maxi skirts and dresses that females adore so much,” Cooks said. “Those are a really big trend.” Other students look forward to the change in footwear. “I love colorful wedges, bright colors especially,” senior Rivers Berryhill said. Spring is the time to wear the bright colors not found in the winter wardrobes. “I love coral and mint green was extremely popular last year so I’m sure they will be this year too,” Cooks said. She believes that due to the season shift currently popular colors Kelly and mustard green will be replaced with sunshine or pastel yellow. According to an article in the Seattle Times, cut outs will become popular because they easily add spice to an outfit and there are many different styles to choose from. For example, if you’re not comfortable with cut outs being on the back or sides of the stomach, some designers make dresses with cut outs on the neckline. Plus Model Magazine predicts that floral prints will be big this spring. This isn’t really a surprise since floral has been popular for years. Other spring items to wear to are crop tops and high waist shorts. To those who thought they wouldn’t stay around: you were wrong. Crop tops are versatile. You can dress them up with a maxi skirt or dress them down with high waist shorts. What colors or styles are you looking forward to modeling around campus this spring?



Illustration by Linda Ahlskog

Dirty dogs meet suds at Bathe a Dog Day



Vet Tech club members Tati Rangel (left) and Tenashia Bailey (right) bond with their canine client Brownie.



Vet Tech club president Lauren Leger (left) and secretary Sarah Morris wash a dog named Tuesday.

Photos by Tray Cooper

100 years of Current Sauce



photo submitted by Leah Jackson

The 100th anniversary of the Current Sauce occurred on March 8th, 2014. Beginning with a brunch between editors old and new, there was then a tour of the newly remodeled Current Sauce office in Kyser, 227 and a presentation on how to access all the previous issues that are now digitized and online. The day concluded with a banquet for all previous editors, current staff and more featuring speakers Dr. Ray Strother, Stevel Colwell from the Natchitoches Times, current Editor-in-chief of the Current Sauce Jarred Roberts and NSU President Dr. Randall J. Webb



The 50th anniversary, or Golden Jubilee, of the Current Sauce occurred in 1964. (Top) Shown cutting the Current Sauce's birthday cake are Associate Editor Duffy Wall and Editor Robert Gentry. (Left) Former media advisor Ralph L. Ropp gets caught with his eyes closed while giving a speech. (Above) The panel evaluates the college journalism program at "Current Sauce" day Saturday.

Halfway here: how the Current Sauce celebrated 50 years

Robert Gentry
Editor-in-chief 1963-64

The Golden Jubilee of the Current Sauce was celebrated May 1 and 2, 1964. Robert Gentry, a native of Marthaville, served as editor during the paper's 50th Anniversary. The Sauce issued a 28-page anniversary edition on May 1. It was the largest Sauce printed up to that time, and the circulation was 3,000. President and Mrs. John S. Kyser feted the Sauce staff with a coffee on Friday evening at the President's cottage. On Saturday at 1 p.m., a program was held in the then-new Prather Coliseum, which opened with a welcome by Dr. Kyser.

A panel discussion on "The College Journalism Program" was led by Bill Baker of Shreveport, a former sports editor and columnist for the Sauce. On the panel were Everett Webber, Associate Professor of English and Journalism at Northwestern; Tom Kelly, who was graduated from Northwestern with a degree in Journalism; and Gordon Nelson, owner of The Coushatta Citizen.

Eighth District U.S. Congressman Gillis W. Long spoke concerning "A Free Press and A Free Government." Albert A. Fredericks, former president of Louisiana State Normal College, was also a speaker, as was Ralph Ropp, retired president of Louisiana Tech, who taught at Northwestern 23 years and served many years as advisor for the Sauce.

Dr. John C. Merrill, a former professor at Northwestern, led a panel discussion on "The College Press." Joining him were Attorney John Makar of Natchitoches, a former Sauce Editor; Dwight B. Hutchinson, who ed-

ited newspapers in both California and New York; and Dallas Roper of Monroe, who served on the Sauce staff his four years at Northwestern.

The Sauce Golden Jubilee Banquet was held Saturday night at the Town House Restaurant, with Purchasing Agent Weldon Walker serving as toastmaster. The invocation was given by Wayne Malone and the welcome by Lola Ross Grafton. Diane Taylor introduced guests and Sauce Advisor Edwin Winslow Rice recited "Invictus."

Guest speaker was William J. (Bill) Dodd, State Superintendent of Education, who was a former sports editor for the Sauce and also editor of the Potpourri. He told the gathering, "I am doubly proud that the Current Sauce, as is other college newspapers in Louisiana, is a newspaper in every sense of the word. It prints the news. It is free to print what its responsible editor and staff should have in their newspaper. It enjoys the cooperation of the college administration, but operates under complete freedom of the press."

Incoming Sauce Editor Duffy Wall introduced his editorial staff and Gentry presented awards to Sauce staff members. The benediction was given by Sue Burgdorf, "Miss Current Sauce."

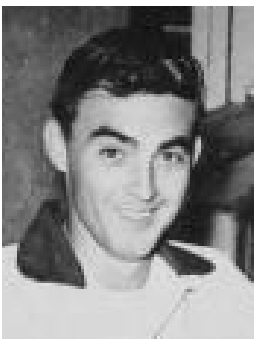
An editorial in the Golden Jubilee Edition closed: "So let us pledge to one another at this half-century mark to labor and love and live and aspire that the Sauce of tomorrow might be even better than it has been in the past 50 years. Let us look forward with hope and assurance to the good day when those who come after us shall celebrate all future birthdays of the Sauce, secure in the knowledge that the paper has continued to register progress and mark up accomplishments."

Essays from editors of the past

Floyd McBride
(1954-55)

Some background from my time as editor: As I recall, I entered the race 15 minutes before the deadline, and won by three votes against two or three other candidates. I think the NSC enrollment when I arrived (Spring 1952) was about 1200 and may have doubled by my graduation in 1956. The paper was printed at one of the downtown weeklies in the "hot lead" era. I would go down each week and layout the paper in the back shop. The staff was volunteer journalism students. My associate editor was Hester Brown and the sports editor was Jerry Byrd, both dedicated and serious writers. Jerry spent many years as a sports writer in north Louisiana (Shreveport) and may still be active there. I have wondered what Hester did after college. I could picture her as a woman's right activist (and a good one.)

I remember two issues where the "Sauce" took an editorial position. The first involved getting the women's curfew extended from 10PM to 11PM on Fridays, and from 11PM to midnight on Saturdays. The change did occur, but I can't say the "Sauce" can claim credit (perhaps some.) The other issue concerned a food poisoning episode from the cafeteria—a lot of sick students. The "Sauce" did not have kind words for the administration on this incident. During my tenure as editor, the Faculty Advisor was



DR John Merrill, who had an illustrious career with the University of Missouri, and later served as Director of the LSU School of Journalism. I thoroughly enjoyed my year as editor and learned much from it. Upon graduation in the spring of 1956, I worked for a year on the Minden Press Herald-sports editor and general writer. MY ROTC commission obligated me to serve some active duty time, which stretched into a 25 year career. Some highlights from my career follow. I served as a Hawk Missile battery commander in Germany during the Cuban Missile Crisis. I was later selected to join the Public Affairs specialty. The rest of my Army life involved jobs in that specialty. Two of them I found especially satisfying.

I commanded the American Forces Radio and Television Network Europe for three years, and after a stint in the Pentagon, finished my career as Director, American Forces Radio and TV service in Hollywood, California. That job entailed acquiring and distributing radio and TV news, entertainment and sports programming to our worldwide AFRT outlets and ships at sea. Following my retirement, I taught broadcast journalism at

LSU for some years, which I also thoroughly enjoyed. My wife, Donna, who was a working RN through most of my army years, is a product of the NSC Nursing Program and was a great Army wife. We have 3 children, a daughter in banking, a son in the US State Dept (currently serving in Afghanistan), and a son who retired last year after 30 years in the Airborne Infantry. There are 8 grandchildren and 2 great grandchildren all beautiful and smart, of course.

Dave Precht
1968-70

It was at Northwestern that I learned the meaning of "Afghanistanism" — the tendency of editors and reporters to focus on news in faraway places while ignoring local events and issues that really matter to their readers.

The term lost its relevance long before the United States became embroiled in wars in Afghanistan (ironic, isn't it?) and Iraq. Media over the past 40 years have done a good job of balancing emphasis on local, national and global matters.

I wish I could say the same for my tenure as editor of the Current Sauce. A sea change in U.S. politics and society began to develop in the period from 1968-1970, when I served as editor. Think about it: Martin Luther King and Robert F. Kennedy were assassinated months apart in 1968.

Coverage of the My Lai Massacre exposed the brutality of the Viet Nam War. The draft lottery began in 1969. (I sometimes struggle remembering my ZIP code, but I'll never forget my draft number: 153.) President Lyndon Johnson signed the Civil Rights Act of 1968. And protests against the war spread across college campuses, leading to the Kent State "massacre" in 1970.

I wasn't oblivious to these goings-on. Like any good J-school student, I read the Shreveport Times and watched the evening news on television. But I can't

recall that I ever devoted much space in the Current Sauce to the war, the protest movement or politics in general. It was Afghanistanism in reverse. I ignored relevant national issues to focus on topics directly related to my university.

Extending the curfew for women from 9 to 10 p.m. was a hot-button issue, as was Sunday afternoon visitation by women in the men's dorms.

We were encouraged not to focus much attention on controversial national news. I don't remember being told what not to print, but we were coached that way.

I respected Ezra Adams and our other professors and probably wouldn't have pushed back anyway. But those were times of transition, and changes were slow to reach the backwaters of Natchitoches, La.

Especially in the '70s, student editors began fighting for independence, making inroads in some areas. Where campus officials held a hard line, independent campus newspapers were launched.

Turmoil led to changes in the way news was presented and journalism was taught.

With history providing perspective, I believe the independence movement was a positive development. It taught journalists to stand up for what they believed to be right, and it helped introduce students to news and information that was truly relevant.

And I believe it has helped prepare journalism graduates to be bolder, more aware and more influential than ever before.



Bessie Brock Barrick
1971-1972

When I look back on the years I spent as editor of the Current Sauce, I have to smile. If I had only known then what I know now; however, I guess we can all say that. But, as a teenager from the middle of nowhere, I had a lot to learn. My experiences as editor, with the guidance of Franklin Presson as advisor, helped me see the advantages and disadvantages of being a journalist and helped prepare me for my career.

During my tenure, the Current Sauce went from a tabloid-sized paper produced by the college through a letterpress printing process to a full-sized paper printed by offset printing at the Natchitoches Times, giving me and those on the staff some experience we wouldn't have otherwise had. A typesetter had already typed the copy, which was produced as holes in paper about an inch wide referred to as "tape." The punched tape was on a reel, which was fed into a computer that printed the copy in columns. The columns were then cut out with scissors, run through a waxing machine, and pasted on the pages according to the layout we had given to the Natchitoches Times. The ladies at the Natchitoches Times had the pages ready before we



Doug Ireland
1979-1980

In the first Current Sauce edition of my freshman year, I made the front page. I was photographed standing with newfound buddies, at a fraternity rush party, with one waving a fifth of whiskey. That didn't raise many eyebrows on campus, but it created quite the stir among those who read the NSU student paper in the library at my alma mater, Jonesboro-Hodge High School. I wasn't a drinker. Until that week.

A year later, I was making out the front page. During my year as editor, I'm sure some administrators, politicians, alumni, and student leaders thought we were probably getting sauced while putting out the Sauce. We did take our shots – on a weekly basis, in print. Our goal for the 1979-80 Current Sauce was simple: make it interesting enough that there weren't hundreds of copies of last week's edition to be thrown away when the circulation director went across campus with that Tuesday's paper. Thanks to a very young, diverse staff that had relatively little journalism training (other than four of us soaking in the outstanding introduction to newswriting class under Jerry Pierce) and even less understanding of how the real world worked, we didn't waste much

arrived and we would proof them. They would reprint the lines needing corrections and we would cut, wax, and paste the corrections over the lines with mistakes. Not only did we produce the first full-sized paper, but we also printed the first color edition, which I believe was during Wreck Tech weekend. I also recall that I was contacted by someone from a sorority who wanted to know why we didn't have more reporting on what the Greek organizations were doing on campus. I put her (Scott Thompson) in charge of gathering the Greek news and we had a page reserved for it. As editor, I also had the privilege of meeting some newsmakers of the day and interviewing them, including Hubert Humphrey when he was running for president, news correspondent Eric Sevareid when he had just returned from his visit to China (until then, China had been closed to visitors), Vice President Spiro Agnew, and consumer advocate Ralph Nadar. I asked Eric Sevareid what he thought about the name Current Sauce and told him we were thinking about trying to change the name. His advice was that it was unique and that we shouldn't change it. I also had the privilege of presenting Spiro Agnew with a clock that ran backward after he spoke at a banquet in 1970. The experience I gained was priceless. It helped me get my dream job as a copyeditor/proofreader/writer. I have fond memories of my time as editor.

newsprint. If our coverage wasn't compelling enough, our ads were. Hiring Natchitoches native and best buddy David Stamey as our ad manager was a brilliant move. His ad sales allowed us to put out large editions, and they featured plenty of discount coupons for pizza joints, restaurants and local businesses. It was smart to grab a copy of the Current Sauce each week even if you didn't read a story or look at a photo. The revenue he produced, and how business manager Karen Carr managed it, provided us with plenty of space to fill. We didn't follow the advice of one of our predecessors, who said, "run big pictures." We did study what other Sauce staffs before us had done well, borrowed ideas and approaches, and invented some of our own. We ran big stories. Both in terms of length, and focus, we gave readers plenty to consider. We stumbled into a cornerstone staff member in Mike Gallien, a senior who had edited the Potpourri, and was eager to be our "issues editor" doing an in-depth story each edition addressing relatively "big-picture" campus topics. We ignited conversations around campus and the



Shelley Hilton Pace
1975-1976

First, I have to say how very proud I was to have served as Editor of the Current Sauce. It was the highlight of my years at Northwestern. But my stint as Editor wouldn't have happened at all without my friend and fellow former-editor, Dan McDonald. My year as Dan's Managing Editor helped put me in line for Editor, and I wouldn't have had either opportunity without Dan pulling me into the Current Sauce fold as a Reporter somewhere during my Freshman or Sophomore year. So... thanks, Dan! The Current Sauce was very interesting in that way...one group of student writers and editors continually handing the reins off to the next group of student writers and editors. Looking back I think I continued my preference of thinking of the Current Sauce as a small town newspaper (the small town being NSU) that started when I was a reporter. I wasn't very political (then) regarding the administration or student government, or NSU's relationship with the City of Natchitoches. (I DID get involved as a Registrar in the first on-campus voter registration held in 1972. City office-holders were a little freaked out at the potential of NSU students impacting local elections, but



all most of us really wanted to do was make sure we could more easily vote in our first Presidential election. In recent years one of my college friends has served on the Natchitoches City Council, but I couldn't have imagined that then.) My "beat" was always student activities, organizations and student projects in different academic departments, drama and music department performances, window painting at Christmas, the start-up of then-fledgling KNWD-FM. Spreading the word about what was going on with "student life" (yes, voter registration, but also entertainment and social activities) continued to be my main focus during my year on Dan's team and the following year as Editor. I hope we helped inform students about "all things NSU"...and encouraged their involvement on campus. I like to think we did. Because now, more than ever, it still rings true that college life is as much about the friendships, the spark of new interests and learning adult skills like independence and responsibility as it is about the courses you take or the degrees you earn. Being on campus was a FUN and exciting place to be in the mid-1970s... and I wouldn't have wanted to spend those years any place other than at NSU in the newsroom of the Current Sauce! Learning while running a weekly paper (OTJ training) was definitely a big part of the college experience for me.

community with our coverage and our opinions page. When faculty and staff began pulling us aside, offering advice, tips and praise, our ambitions were validated. When we got angry anonymous letters and calls, and endured confrontations protesting what we'd written, we felt accomplished, if not slightly shaken, at times. We aggressively covered student government, where in then-typical Louisiana fashion, we had an election scandal to report. The battle between well-intended Shreveporters bent on "preserving" the Old Line Avenue School building, which took space badly needed by the Nursing School, was chronicled. We instigated a badly-needed cleanup of Chaplin's Lake, smothered at the north end by discharges from the city water station. We called, unsuccessfully, for the firing of the head football coach after five seasons. When we saw April 1 fell on our publication day of Tuesday for the first time in four years, we put together a lampoon edition that skewered some administrators and policies while we did our best impression of Mad Magazine. Our office featured a poster of John Belushi posed in his Saturday Night Live Samurai gear. We arranged

David La Vere
1980-81

When I entered NSU's Journalism program back in the fall of 1978 – it was Journalism back then, not Communications – I was just out of the Marines and so was a little older than most students, and maybe a little more worldly, though in some ways just as naive. I had come of age during the time of Watergate and the investigative journalism of All the President's Men but had also been influenced by Hunter Thompson's "gonzo journalism" of Fear and Loathing in Las Vegas. I'd also spent a year or so as a reporter for the Natchitoches Times, where I'd learned that "controversy sells." So I took these lessons with me when I became editor of the Current Sauce in 1980 and was determined that the paper would have a more attacking, muckraking edge to it.

That was a wild year for the Current Sauce. If there was controversy at NSU, we were on it. We wrote stories on misplacled money, university of fire illegal use cases, before the Supreme Court, and always thing the Student Association or the Government did or how they appropriated. Poor Dr. Rene Bienvenu, then President of NSU; he hated to see me coming. But he was always patient, friendly, and charming. God bless him for it because I know I was just an overly aggressive college student. I was often yelled at by Administrators, and I know we gave the SUGB fits, but we really did try to stand up for the students. Looking back thirty-five years, I think I might have found more ways to work with the university than always against it. Fortunately, the paper had a great staff that year: Mike Gallien, David Stamey, Buddy Wood, Joe Cunningham Jr., and others who made the Current Sauce better despite me.

If anything, my year as editor had a profound impact on me personally. Essentially, I had to run a business. For the first time I had to fire someone. I remember how difficult it could be to put out an edition every week and lost a girlfriend because of the time spent doing it. But being editor also revealed a darker side. I soon learned that the power of the Press could be manipulated by what I chose, the angle of a story, where it was placed inside the paper, or when a criticizing letter to the editor ran. That's all common media stuff today, but it shook me. So when I graduated in 1982, rather than newspaper, I went to Dallas and became a copywriter at an ad agency. Later I returned to graduate school to study history, and I'm a Professor of History at the University of North Carolina Wilmington. I still write, but it's on American Indian history and not the jabs and tussles of a newspaperman.



John Ramsey
1984-86

I served as editor of the Current Sauce for five semesters, which is probably a record. My tenure (1984-86) was during a difficult time for Northwestern, which was facing declining enrollment that began during the late 1970s. Empty dorms were filled by the new Louisiana School, the Demons played in something called the Gulf Star Conference and budget cuts were pretty commonplace. (Some things never change!) I was literally in the right place at the right time to become editor as I started my sophomore year. After working on the Sauce during my freshman year, the editor decided to vacate the job and I was appointed. I only had a one year gap between the editorial tenure of my high school and university newspapers! I made mistakes and some were doozies, as they say, but I think overall the many changes we made to the Current Sauce were well-received by students, faculty and community. Feedback, positive or negative, was one of the hardest things to get as no social media or online presence existed. I've often wondered how today's

Sonya Rigaud Johnson
1988-1989

Northwestern's student yearbook, the Potpourri, once quoted me: "Being a member of the Current Sauce staff has helped me develop the self-confidence I need to pursue a career in journalism." As a staff writer in 1988, I had no idea the significance of that statement or the impact this opportunity would have on my future. I eventually advanced to the position of editor, which really prepared me most of all. After graduating from Northwestern, I became a high school journalism and English teacher and had the tremendous luck of becoming the yearbook advisor for 17 years and the newspaper advisor for 8 years.

I have so many fond memories from my time as editor. Some people might think we had more fun than we actually worked, but that's the joy of doing something you love with people you love working with. Monday night was crunch time in Keyser Hall....we usually didn't get much sleep on those nights. Often we worked into the wee hours of morning. Thank goodness, I had a journalism class at 9:30 on Tuesday mornings. I got a little sympathy for my lack of energy in class. Favorite memories that come to mind



Sauce staffers deal with instant criticism...they must have thick skin! We switched from a tabloid format to a full-size broadsheet at some point during my time as editor and even managed to win some accolades from the American College Press as a "five star" publication. We always operated with a small staff and Mondays were nearly always chaotic as this group of four or five tried to get this weekly paper to press each week! Several people on my staff were journalism majors but others were not. I always liked the fact that we represented a pretty decent cross-section of life at NSU. While iPads, iPhones and iEverything's are popular now, the Current Sauce was a pioneer...we were among the first college newspapers in the country to use the then-new Macintosh. These small boxy creatures replaced our typesetting machines which, bluntly, we could no longer afford. The Macs had WYSIWYG (what you see is what you get) technology and allowed



H. Scott Jolley
1990-1991

The Current Sauce was a major part of my NSU experience almost from day one. I started working on the paper as a freshman, reporting on and even photographing news events around campus and town. I think I shot more than 20 rolls of film covering the Steel Magnolias press conference back in 1988, when the movie's cast appeared before the media at the Student Union. Then it was back to Kyser Hall to develop and print the film, write the story, layout and paste up the week's paper. That was the weekly routine, which would stretch late into the night on Mondays as we put the paper to bed. We cranked up KNWD to keep us entertained and broke the deadline pressure with hallway chair races every now and then. I loved every minute of it. I vividly remember the year I was editor, 1990-1991, when the Gulf War started. Tensions ran high on both political sides, with anti-war protests and support-the-troops rallies on campus, and the Current

us to adjust column width very easily on screen. Previously, word processing and typesetting equipment required clunky code. Current students would giggle at the "technology" used in the mid 1980s, of course, but for us Apple was a godsend. And it was stuff we could afford, which was even more critical at the time! Despite the university's fairly low enrollment we kept the Sauce running with advertising. Our biggest advertiser in the 1980s? BEER! The drinking age was still 18 and beer companies and bars had weekly ads in the Sauce. I graduated with a journalism degree and went to work at LSU in the sports information department. Quickly decided I didn't like the long hours, late nights and cheap motels (!) so moved to California and changed careers. Returned to Louisiana to get my MBA at Tulane and now own a successful Bed and Breakfast in New Orleans' French Quarter area. So, my advice to current NSU students is to get that degree but don't feel "locked in" once you graduate. The world's a big place with lots of opportunities, so keep an open mind!

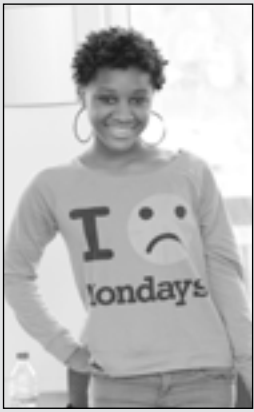


Sauce covered it all. We were going to press on the eve of war being declared, so I moved the paper's usual multi-story front page to page 2, devoting page 1 to a huge tabloid-style headline: WAR?, with the question mark ghosted over the type in red. (It might have worked better if the paper was an actual tabloid instead of a broadsheet, but hey--it was the 90s and stretched type was a thing.) One other Current Sauce memory stands out. In 1989, I reviewed a Christmas play that featured lots of Natchitoches kids alongside student talent and professional actors. The review was mainly positive, but I included a snarky line about how the little kids were being, well, little kids and being adorably silly on stage. When the paper came out, the review's headline--not written by me, I swear--was LOCAL TALENT BOGS DOWN GOOD PERFORMANCE. We received dozens of angry letters, many of them from the children themselves (with more than a few in crayon), calling me all sorts of horrible names. I took my well-deserved lumps, and we gave their letters a full page in the following week's issue.

NS 'U'

VOICE

If money wasn't an issue who would you want to see come to perform at homecoming and why?



I would want to see Jhene Aiko, because I feel like her music is underrated. She has great music and I feel like people would really enjoy her genre.

ALEXXA MOORE
SOPHOMORE



I would like to see Red perform. They do a lot of rock Christian music. I like their music because it speaks to people on all levels. I also had a chance to meet them before but I couldn't and this could be my second chance.

ALBERT BENNER
FRESHMEN



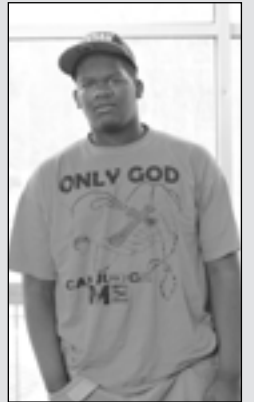
I want to see John Legend, because his music is very authentic. The fact that he can naturally sing and play the piano, it show vunural-bility and it opens connection between artist and audience.

KADEEM BAILEY
FRESHMEN



It would be in between J.cole and Drake. I love J. Cole because that's 'my husband', and he is also an inspirational rapper, and Drake just sounds good.

BRITTANY HYMES
FRESHMEN



I like the choice which was chosen which was Juicy J, because I listen to all his music and he is the Turn Up King.

JOHNNY HANSON
FRESHMEN



I would want to see drake because everybody knows and loves his music.

AVERY VANBUREN
SOPHOMORE

Anti-vaccination movement risks public safety



The 1918 flu pandemic was one of widest outbreaks for its time and called for the use of vaccinations after the tragedies it caused across America

Daniel Jones
Student Opinions

Vaccination is a weapon of the devil. No, wait, sorry dear readers, it's the first step to mind-controlling the American people.

Or is it a sign of our impending colonization by strange lizard people? I just can't remember.

Our reality is perhaps a little duller than that, as vaccinations are none of the above (sorry folks). Vaccines are, however, a vital part of any plan to reduce mass death and suffering. If that is the kind of thing that sounds good to you, then you likely don't find yourself in the "anti-vaccination" crowd.

Yes, there are people who believe that vaccines are actively and necessarily harmful. The most popular "argument"

linking vaccinations with autism, though there are no papers to support this (there was one, but it was withdrawn due to the author's falsification of data). Further, no study has corroborated such findings. Still, people don't need much to fight for a cause, no matter how shaky the foundations.

And now New York can enjoy all the benefits of a measles outbreak. Is this the direct cause of people who refuse to get vaccinations? I don't know; I don't have the data to support it. But we can say with confidence that the probability of outbreaks is significantly decreased with appropriate vaccination efforts. It is one thing-- a sad thing-- when people are infected because they don't have access to medication. It is another thing when the public is put at risk because a family refuses to vaccinate their children. Even if those folks are well

meaning, even if they presumably act with the safety of their child in mind, the best intentions do not correct for bad information. The meat of the argument is whether citizens are under an obligation to vaccinate for the good of society. Presumably, we allow people to put their own safety in danger, and uncomfortably turn an eye when they risk the lives of their children.

But this is their liberty, right? Maybe, maybe not. But our public risk increases as a result of the refusal to vaccinate and that itself is certainly a problem.

But Daniel, if you are vaccinated, and I'm not, then presumably if I get sick, you will be fine, right? So what's the big deal? Viruses adapt; they evolve. I may be vaccinated, and my likelihood of being infected will be reduced.

But when someone converts their body in a breeding ground for infec

tious diseases, we only tempt fate.

But the anti-vaccination isn't even based on an argument of social obligations and personal liberty.

It is based on the fallacy of either vaccine inefficacy or terrible side effects. Vaccines do not always work, and rarely side effects do occur.

But we are dealing with probabilities here, probabilities for minimizing suffering and preventing epidemics. Do we toy with those consequences on the basis of fallacies? Of course not. We don't gamble with lives and call ourselves responsible.

This movement is something we must oppose. It isn't one about rights, or about freedoms. It's a movement of ignorance and misconceptions.

This is not enough to justify the risk to public safety. This is not enough to justify denying children medication and vaccination. This is not enough for people to die.

Cake's 'Fashion Nugget' blends alt. rock and country

'The diversity in the styles will keep you guessing on what is coming next and will surprise you' - Brandon Swann

Brandon Swann
Student Opinions

Cake is an American alternative rock band hailing from Sacramento, California. After forming in 1991, they have released six studio albums, including Fashion Nugget, which was their second studio album.

This album is all over the place musically. There are so many different styles portrayed that it is really hard calling this a rock album.

There is hip hop influence on this album in songs like "Distance" and "Nugget." "Distance" has a feel similar to that of Tribe Called Quest in

his flow in the verses. Older rock sounds come through on it in songs like "Open Book" where the opening guitar is a gut-wrenching Primus-like riff. "She'll Come Back to Me" is a ballad where Cake has a southern rock/country feel to its guitar. Although it skips around from genre to genre almost the entirety of the album, it does have some songs that classify as alternative rock.

The song like "Friend is a Four Letter Word" is a great ballad on the album.

"Stickshifts and Safetybelts" is my favorite song on the album with great lyrics and a rockabilly style guitar. They also surprised me with their



lyrics almost all the way through the album. The songs "Friend is a Four Letter Word", "Perhaps," and "Italian Leather Sofa" are great lyrically and provide stories within the lyrics.

I also have to mention their two covers of Gloria Gaynor's "I Will Survive" and Willie Nelson's "Sad Songs and Waltzes."

All of Cake's covers are great tributes but have a twist to them that Cake seems to put in the music.

Some points in the album that I was not fond of were tracks such as "Open Book."

The backing vocals in the chorus ruined the song for me. "Daria" and "Race Car Ya Yas" were nothing special if not completely strange.

"It's Coming Down" was another song where nothing was hitting me and had the weakest instrumental break in my opinion. Overall this was a fun album and a great listen.

The diversity in the styles will keep you guessing on what is coming next and will surprise you. I give this album a strong 8/10.

NTSB finds leak in gas main at NYC blast site

Many factors involved in what could have caused the explosion that killed eight locals in the Mar. 12 in a Harlem neighborhood, NTSB can't determine cause until end of investigation



An explosion resuting in eight dead and two buildings in Manhattan leveled was caused a gas main leak on Tuesday.

Associated Press

A gas main leak has been found at the site of the explosion that killed eight people and leveled two Manhattan buildings, federal investigators said Tuesday but cautioned that they're still a long way from determining what caused the blast. The leaking gas main was adjacent to 1646 Park Avenue, one of the buildings destroyed in the March 12 blast, the National Transportation Safety Board said.

According to the NTSB, the leak was detected during a pressure test on the 8-inch main beneath Park Avenue. A tracer gas escaped under normal operating pressure, investigators said.

Authorities have said the blast erupted about 15 minutes after someone from a neighboring building re

ported smelling gas. And the NTSB said Friday that that underground tests conducted in the hours after the explosion registered high concentrations of natural gas. However, board spokesman Eric Weiss said investigators were far from deciding what caused the explosion.

"We don't determine the probable cause until the very, very end," he said.

The NTSB said it will excavate the area near the leak to expose the gas main, parts of which are made of cast iron and date back to 1887.

A camera probe will be run inside both the gas main and a damaged water main on Park Avenue and the resulting video will be examined, the board said.

The NTSB has said it was unclear if the broken water main somehow contributed to the explosion or was caused by it. The water main dates back to 1897.

The board also said segments of the gas service lines into the two buildings have been recovered from the basements and will be shipped to the NTSB lab in Washington for tests. A cracked segment of the water main will also be sent to the lab.

The NTSB said tests on service lines into adjacent buildings have shown "no significant findings" so far.

Officials said Monday that the victims died of blunt trauma, smoke inhalation or burns.

They were identified as Griselde Camacho, 45, a Hunter College security officer; Carmen Tanco, 67, a dental hygienist; Andreas Panagopoulos, 43, a musician from Greece; Rosaura Hernandez, 22, a restaurant cook from Mexico; her mother, Rosaura Barrios, 43; George Amadeo, 44, a handyman; Jordy Salas, 22, a restaurant worker; and Mayumi Nakamura, 34, from Japan.

We need writers!

Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 6:45.

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THE CURRENT SAUCE STAFF



Photo by Gary Hardamon

The Lady Demon women's basketball team stand and pose with their first place trophy. The Lady Demons captured the Southland Conference title after a 62-44 thrashing of the Stephen F. Austin Ladyjacks.

Southland Conference champions

Tiandra Williams
Staff Writer

First round bye, three wins, a one-point upset over top-seated Lamar, 140 minutes, 192 points, eight blocks, 33 forced turnovers, three days and 120 minutes later, the SLC's eighth-seeded preseason pick Lady Demons upset the conference and took home the title of 2014 Southland Conference Tournament Champions.

Only two years after a six-win season, Friday night began NSU's 23rd appearance in the Southland Conference Championship Tournament. The team's win over regular season Co-Conference Champions Stephen F. Austin marked the schools first win in 10 championship game

meetings over the long-time rivals in the SLC tourney.

"It's been a long time coming," sixth-year senior Meredith Graf said. "This is what we work so hard for, and to finally get it is so special. I am just grateful to be apart of it."

The Lady Demons, granted a first-round bye in the tournament, beat Nicholls State Friday night, 69-65, with a late 6-0 run, moving the team to a semifinals match-up against Lamar.

A five-point deficit with less than a minute to play Saturday against Lamar did not stifle the Lady Demons' urge to win the conference. The semifinal game only had two lead changes but remained tight the whole way. The Lady Demons ended the game on a 11- 5 run,

keeping it close enough for last year's SLC Freshman of the Year Janelle Perez to swoop in and save the day.

Perez connected on three layups, the last one coming with 2.4 seconds remaining, giving her 14 points on the night with six coming in the last minute, giving the Lady Demons the one point win and the chance to play SFA for the title.

"I can't take all the credit," she said. "My teammates played hard and I love being around this group of girls. The last play... I just knew I had to score."

"As far as the offensive possession, there is nobody in this league that I want ball in their hands more than Janelle (Perez)," co-head coach Brooke Stoehr said.

"She's clutch, and clutch players make clutch plays at very critical times. I told her at halftime she was made for these moments, and she came through today in a big way."

Sunday afternoon's following 62-44 win over SFA captured NSU's third NCAA appearance, their first since the 2004-2005 season.

NSU controlled the majority of the game, but SFA rallied back within four points in the second half. A layup by Trudy Armstead cut the run short.

The Lady Demons held the lead the last 32 minutes of the 40-minute matchup. The win margin over the Ladyjacks noted the largest deficit of the night by the Lady Demons, at 18.

Leading all scorers for the night,

junior Chelsea Rogers who was scoreless against Lamar, put up 16 points, draining 4 of 5 from three-point land.

Rogers, a transfer from Jacksonville College, led the Lady Demons from long-range shooting, draining 41 percent from behind the arch this season.

Perez also ended up with double digit scoring, picking up 10 points and four assists, averaging the same stats throughout the tournament.

Armstead, fifth-year senior and Third-Team Conference selection, added 12 points and 13 rebounds in the championship match, but it was averaging 17 points and 10 rebounds throughout the tournament that landed her the Tourney MVP honor.

"This means everything to me," Armstead said.

"This has been something I have been wanting since my freshman year. We have gotten to the tournament before, but never had the chance to taste victory in the championship. Being named MVP is a real honor. I came into the tournament with the mindset to just do whatever it takes to get to the championship game and win."

The Lady Demons are a 16 seed in the NCAA March Madness Tournament. The team faces 1-seed University of Tennessee Lady Vols (27-5) at 3 p.m. CST Saturday, March 22, in Thompson-Boling Arena in Knoxville.

The game will be televised nationally on ESPN2.



Photo by Gary Hardamon

Jalan West guards a Lumberjack as he makes a play in the Demons' 85-78 loss to Stephen F. Austin.

Third time's not the charm

Brian Cook
Staff Writer

Southland Conference Defensive Player of the Year, Jalan West, posted a career-high 36 points, but his exceptional play wasn't enough to make it out of the Southland Conference Championship Tournament semifinals. Stephen F. Austin managed to stay on top of the Demons again this season, winning 85-78 over the defending tournament champions.

Desmond Haymon led his Lumberjacks (30-2) with 27 points, as they put an end to the Demons (17-14), beating them for the third time this season.

"We've got to congratulate SFA and give them credit for making the plays to win, but I'm so proud of my guys," Demon head coach Mike McConathy said.

"I can't say enough about the guts they showed and the togetherness they displayed. What a battle it was. It just didn't end to our liking."

SFA took their first lead five

minutes into the first half and never looked back, going into halftime up by 10. To start the second half, the Demons outscored SFA 32-13 in the first 12:22 of the half. The Lumberjacks did not score a field goal for 9:20 in that run that saw the Demons take a 3-point lead, 68-65, overcoming a 16-point deficit. Minutes later, SFA tied the score at 74.

The Demons continued to put up a fight, but SFA went on a game-ending 14-4 run over the final 4:40 and clinched it with four free throws in the last 18 seconds. Late defensive stops and forced decisive mistakes by NSU gave the Lumberjacks points they needed to finish and win the game.

"A great college basketball game. I hope the nation got to see that and enjoy that," first-year SFA coach Brad Underwood said.

"Two good teams and a lot of really good basketball players. That was a high-level game. I've been in a lot of places in my career (most recently as an assistant at South Carolina and Kansas State) and

haven't seen a game (before) where everybody just made plays."

West's career best scoring game came along with five rebounds, four assists and two steals. Teammate Zeek Woodley came behind him scoring 12 points and pulling down seven rebounds while Dequan Hicks pulled down eight rebounds and scored 10 points.

On the other side, the Demons held the Southland Conference Player of the Year, Jacob Parker, to only 10 points but his teammate Deshaunt Walker scored 15.

During the quarterfinal match, the Demons got an easy 88-72 victory over Nicholls State. Hicks led his team with his 10th double-double of the season, scoring 21 points while snatching 10 rebounds. Teammates West and Marvin Frazier both scored 18 points, while Frazier had three blocks and pulled down seven rebounds.

West, having four 30-point games, ended his season with 78 steals, breaking the schools single-season steal record of 76.

Tennis aces nine straight matches

Morgan Thorpe
Staff Writer

The Lady Demon tennis team is slicing through the competition as they currently sit on a nine game winning streak.

In their Saturday match against conference foe Incarnate Word, Natalya Krutova, Kateryna Piatakova, and Daniela Simonova won their singles matches, each one finishing 6-0, 6-0.

"We're really pleased with our win-streak right now, and with today's performance," head coach Patric DuBois said.

Polina Konop played at first singles, taking the first game 6-1 but lost the second game 6-3, but won the tiebreaker 10-8.

The team went on to win again on Sunday against Texas A&M-Corpus Christi, 5-2. The win marks the team's longest winning streak since 2010, when the team won 19

straight matches.

Polina Konop was off to a rough start in her singles match, losing 4-6, but was able to win the second game 6-4 and prevail in the tiebreaker 6-3.

"Tatiana and Aliona played so smart in very windy conditions, and both ended almost simultaneously for that clinching point," coach DuBois said.

"Natalya is playing some of her best tennis in her young collegiate career, as she set the stage by getting off the court in singles in quick fashion."

The team plays again on Friday, March 21 for a makeup match due to rain against Abilene Christian. The game is at 10:30. The Demons will then take the rest of the weekend off before hosting a match against Stephen F. Austin on March 29 beginning at 11:00.

The Lady Demons played Stephen F. Austin last year on the same day

and won 4-3. They won five out of the nine total games played.



Photo by Gary Hardamon

A Lady Demon returns a serve in the 7-0 sweep of Incarnate Word on Saturday, March 15.

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DEMONFEST 2014



VOLUME 99: ISSUE 20

KNWD's DemonFest entertained students on the Iberville field with performances by bands like of Montreal, Peanut Butter Lovesicle and The Sea Wolf Mutiny. Turn to Page 3 to learn more.

Photo by Kara Scouten

Bon voyage!

National and international exchange programs give students an avenue for personal growth

Emily Carter
Staff Writer

Across the world, various universities open their doors each year allowing a variety of students to live and learn on their campuses. Students can either stay in the United States using the National Student Exchange Program (NSEP), or they can go to another country using the International Student Exchange Program (ISEP).

At an informational that was held last week, two students spoke about their experiences abroad. Junior Taylor Nelson has visited several different states and countries over the years, but her most recent trip was to the University of Indiana at Bloomington, where she participated in the school's Summer Language Workshop.

While there Nelson studied Russian, which allowed for her to clep out of Russian II. Next year, as a senior, she plans to go to the University of Tartu in Estonia. She plans to use that time to research for her thesis, along with making global connections.

The other student speaker, Louisiana Scholars' College freshman Taylor Freeman, spent two weeks in the Dominican Republic building a medical clinic.

Phi Beta Delta, the honor society for international scholars, hosted the panel. The society received its NSU charter in 2010, when 25 faculty members and students were inducted into the organization.

"The most important thing about traveling and studying abroad is not the contacts or the friendships you make but the personal growth you will get from learning how to cope with a situation you did not expect," said Sharon Joy, the president and chapter coordinator of Phi Beta Delta. "That is the most

important thing about international travel, learning how to cope with the unexpected."

Students have many options when considering studying at another university. Each university that participates has their own

unique programs and extracurricular activities that students can choose from.

The payment plan also varies depending on whether the student chooses the exchange program or the direct program.

They can either (a) pay NSU tuition with ISEP exchange or (b) pay the tuition of the school they are going to with ISEP direct. However, the second option does not allow for many of a student's scholarships to be used.

The application fee for ISEP is \$390 and additional fees include international airfare, a \$350 ISEP fee, visa costs and health insurance. The application fee for NSE is \$150 in addition to domestic travel. For more information contact Dr. Keith Dromm at drommk@nsula.edu or (318)357-5179.



Submitted photo

The 2014 Freshman Connectors won first place in the song and dance competition at the Southern Regional Orientation Workshop in Clemson, SC on March 16.

Demons win again! Connectors take first at SROW

Damian Glover
Staff Writer

NSU's Freshman Connectors excelled above more than 60 schools' college orientation leaders, winning first-place in the song, dance and skit competition at this year's Southern Regional Orientation Workshop (SROW).

The demons were among more than 2,000 orientation leaders and professionals from across the world that attended the convention in Clemson, SC.

The workshop included educational sessions, leadership and professional development workshops and transition and retention workshops pertaining to college student orientations.

"My experience at SROW was very interesting," said junior freshman connector Kim Gallow. "We met many different individuals during our time at the workshop and we learned many new skills that we hope to put to use in the future and up and coming freshman connection sessions."

At the workshop, the NSU freshman connectors

participated in the song, dance and skit competition against more than 60 schools, including Louisiana State University, Florida State University and University of Louisiana at Lafayette.

Sophomore Anthony Cannata is currently serving as a freshman connector for the 2014 school year.

"I became a connector not only because I wanted to impact my school and incoming students," Cannata said. "But I wanted to build my skills that I could build after college. Being a connector teaches you how to communicate effectively and network properly."

Each fall semester, Reatha Cox, director of first year experience, collaborates with her team and the student life department to plan the upcoming freshman connection sessions.

The application process for students who wish to become connectors includes several interview sessions.

The 2014 Freshman Connectors are C.J. Anderson, Alyssa Farmer, Taylor Layman, Micalee Jeansonne, Leighann Westfall, Adrian Alfaro Fontalvo, Regan Wild Dylan LaBorde, Beau Russell, Anthony Cannata, Nathan Magner, Myranda Degraw, Kim Gallow, Emily O'Glee, Tommy Remson, Hailiey Huggins, Caroline Tucker, Emilie King, Carlos Mario Camargo Patron, Austin McCauslin, Jack Fletcher, Bria Williams, Jo Johnson, Matthew Whitaker, Dani Carter and Jacob Carter.

NSU's freshman connection program is available three times throughout the summer. The first two sessions are two day longs and involve a host of events for future demons.

Connectors pair off into teams to give students tours, help them schedule courses and encourage them to enjoy several festivities while visiting NSU such as a Pep Rally, dessert at the BCM, touring the WRAC and attending an organizational fair.

Session one will be held May 29 – 30, session two will be held June 19 – 20 and session three will be held July 17. All sessions include freshman connection, parent connection and kid connection.

More information can be found at <https://studentlife.nsula.edu/nsu-first-year-experience-freshman-connection-2/>.

From Neverland to St. Jude

"Without the contribution of individuals who send out these letters and who open them and then donate, we [my family] wouldn't have survived."
- Tyler Thomas

Damian Glover
Staff Writer

Under new direction and name change, Unite to Fight's spring event is only one week away.

More than three hundred students from Northwestern will join together to help St. Jude Children's Research Hospital on Tuesday at 7 p.m. in Prather Coliseum.

Under the Student Activities Board, Unite to Fight, formally Up 'til Dawn, will revolve around the theme, Faith, Hope and Pixie Dust, Sending Hope from Neverland to St. Jude.

Hailey Broussard, sophomore early childhood education major, is excited to attend UTF's event.

"Last year I was not able to attend but this year I will be able to. I have been saving up my can tabs and collecting addresses for the letter writing campaign," Broussard said.

The spring event will have a variety of stations for students to participate in, but the main goal of the event is to have students write letters to family and friends providing knowledge about St. Jude and asking for donations to the organization.

Super Water Sympathy, a band of NSU alumni, will provide entertainment and hot dogs and drinks will be available to volunteers.

Tyler Thomas, sophomore criminal justice major,

wanted to thank Unite to Fight for putting the event.

"This letter writing campaign means more to me than just sending out letters and enjoying food and music," Thomas said. "My family has had to depend on St. Jude twice for treatment of both my younger siblings. Without the contribution of individuals who send out these letters and who open them and then donate, we wouldn't have survived."

UTF is a student-led, student-run program that has been hosted by more than 375 colleges and universities across the country since the program's inception in 1999. Students learn about the mission of St. Jude by holding fundraising events like Unite to Fight.

St. Jude Children's Research Hospital is celebrating its 52nd anniversary this year. The hospital is internationally recognized for pioneering work in finding cures and saving children with cancer and other diseases. It is the first and only pediatric cancer center to be designated as a Comprehensive Cancer Center by the National Cancer Institute.

Founded by the late entertainer Danny Thomas and based in Memphis, Tenn., St. Jude freely shares its discoveries with scientific and medical communities around the world. It's the only pediatric cancer research center where families never pay for treatment not covered by insurance.

No child is ever denied treatment because of the family's inability to pay.

GREEK WEEK

MAY THE GODS BE EVER BE IN YOUR FAVOR

DISTRICT 1	DISTRICT 5	DISTRICT 12
ΣΣΣ	ΑΟΠ	ΦΜ
ΑΦΑ	ΖΦΒ	ΑΚΑ
ΚΑ	ΘΧ	ΣΝ
ΚΣ	ΠΚΑ	ΤΚΕ
		ΠΚΦ

MONDAY
Block Party @ 5:30 p.m.
Step Show @ 8 p.m.

TUESDAY
Unite to Fight @ 7 p.m.

WEDNESDAY
Hunger Games @ 4 p.m.

THURSDAY
Day of Service
Victors' Dinner @ 7 p.m.

FRIDAY
Victors' Village Golf
scramble @ 12:30 p.m.

Music fraternity Sigma Alpha Iota hosted their annual Mr. Hero of the night male pageant on Monday, Mar. 24. The event is a fundraiser that contributes to the fraternity’s mission to support music. SAI member and event coordinator Jebha Babu stands next to the category winners of the pageant.

Photo by Olivia Doucet



Pageant heroes delight fans

Olivia Doucet
Sauce Reporter

Backed by popular demand, the ladies of Sigma Alpha Iota once again hosted their all male pageant, “Mr. Hero of the Night.” This year, Joshua Mitchell took home the title. The night kicked off with an introduction to the contestants in their formal wear: Mark Poirrier, Dmarcus Molette, Patrick Crawford, Donovan Baker, John Roche, Carlos Mario Camargo Patron, Taylor Arnouville, Joshua Mitchell, CJ Smith and Kaymin Carter. At the end of the night, Roche was given the award for best formal wear. Following the formal wear portion came the swimsuit competition complete with

exaggerated flexing. Baker was awarded with best swimsuit. In the following round, contestants battled with talents such as musical performances. Mitchell was awarded best talent for his a capella performance of “Til The End of Time” by Timothy Bloom. The third stage of the competition served as the interview phase. Contestants dressed up as superheroes and had to answer questions in character. Popular heroes such as the Man of Steel and Captain America made appearances, but some lesser known heroes were also represented, such as the brightly colored D-man and the chill Frat-man. Smith appeared as Music Major. “You have to have super powers to make

it through this major,” Smith said. Poirrier was awarded best costume for his appearance as the white Power Ranger. At intermission, the audience members were invited to vote for the crowd favorite, and Molette was awarded with People’s Choice. SAI also held a bake sale to contribute to their fundraiser. After intermission, the audience witnessed SAI members Jebha Babu and Jamie Guillot perform a Bollywood style routine to a medley of songs. The awards were handed out and the audience was invited to attend another signature SAI fundraiser: Miss Lady of the Night, an amateur comedic drag pageant. Miss Lady of the Night will be held on April 3 at 8 p.m. in the Bill Brent band hall.

PJ’s: for the lazy & comfy



Regine Lyons
Fashion Columnist

Students across campus show up to class in pajama pants. Are these students fashionable or just lazy? “I wear pajama pants at least once a week,” Sophomore Victoria Sloan said. “I normally wake up late because I stay up late. I’m always studying or practicing the clarinet. So they’re more of, I’m late here’s something quick,” Sloan said. Some students wear pajamas to stay relaxed during class. “They’re really comfortable,” freshman Carlie Miller said. “I wear the guy ones. They have pockets so it’s really convenient for my cell phone,” Freshman Carlie Miller said.

Students don’t seem to mind others wearing pajama pants to school, but do professors approve? “One time I wore Christmas pajamas to class and my professor asked if I was having an off day,” Miller said. “He even has a problem with my pants that have holes in them!”

Even though some professors dislike it when show up to their classes in pajamas, that doesn’t bother students like Sloan. “I don’t care,” Sloan said. “I know people look at me differently but I just don’t care,” Sloan said. Students who wear pajamas to class generally don’t do so for the sake of fashion. “I was just trying to be comfortable,” Miller said. “I never wear stuff to make a fashion statement.” Not every student rolls out of bed and comes to school in what they sleep in.. “I have to be in a weird random mood to wear PJ’s, senior Dalton Cozier said. “It’s one of those things where I plan to wear pajamas, I don’t just roll out of bed.” Overall, it comes down to whether feeling comfortable or looking professional is

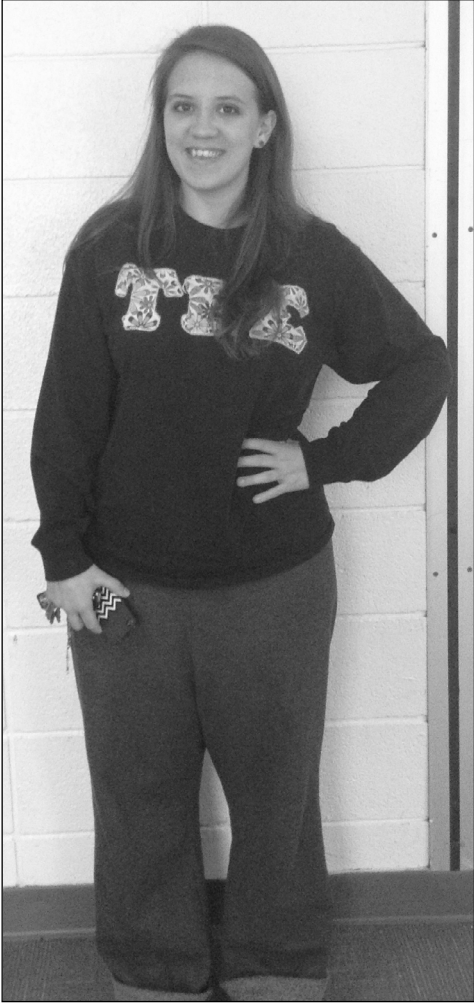


Photo by Regine Lyons

Senior Laney Turner shows off her comfortable pajama wear. more important in the classroom. Miller changed her perspective on wearing pajamas to class after her professor’s comments. “I don’t wear them to school anymore because of my professor,” Miller said. “In class, they said its really unprofessional to wear pajamas to school.” Cozier doesn’t see a difference between the types of clothes one wears to class. “Is it less professional to wear pajamas?” Cozier said. “Yes. But it’s no different from wearing blue jeans.” It’s clear that students who wear pajamas aren’t trying to make a fashion statement, but are they making a statement at all?

NSU bathroom graffiti museum

3 THINGS I HATE

1. VANDALISM

2. LISTS

3. IRONY

why cant we all get along??

SHE DOESN'T EVEN GO HERE!!

Guyz are dumb!

WHAT IS CHOICE WITHOUT REASON?

WHAT IS LIFE WITHOUT EXPECTATIONS?

WHAT IS RIGHT WITHOUT WRONG?

ALL OF THESE THINGS CO-EXIST PEACEFULLY. WHY CAN'T WE?

WHY MATH WHY

Typography by Linda Ahlskog

Rollin’ out the dice at Vegas Night



Photos by Kara Scouten

On Thursday, Mar. 13, SAB hosted their annual Vegas Night in the Student Union balroom. Students were given “fake money” to gamble away at an assortment of gambling games like poker (pictured above). The 2014 Lady of the Bracelet Taylor Layman made an appearance at Vegas Night (pictured left).

100 RECIPES

Peanut butter cornflakes cookies
by Kassidee Moore

Jar of peanut butter
1/2 cup dark corn syrup
1/2 cup of sugar
1 regular size box of cornflakes

1. Melt peanut butter, sugar and corn syrup in pot on heated stove top
2. Pour cornflakes in large bowl
3. Pour melted peanut butter mixture over corn flakes; stir quickly before ingredients dry
4. Quickly make little balls from mixture
5. Let balls cool before serving

RECIPES 100

Rotel Dip by Terrye Moore

1/2 a block of Velveeta cheese
1 can of Rotel
1 package of hamburger meat
1 package of sausage
Slap ya mama seasoning
1/4 cup of milk

1. Cook hamburger meat til fully cooked (season with Slap Ya Momma to taste)
2. Cook sausage (season to taste)
3. Place milk and sliced Velveeta in a pot
4. Melt ingredients in pot on heated stove top
5. Pour can of rotel dip in pot and mix
6. Mix meat in pot
7. Let dip cool off before serving

100 RECIPES

Pigs in a blanket
by Rebecca Lefante

1 package of small cocktail sausages
2 packages of crescent rolls
2 cups shredded cheddar cheese

1. Preheat oven to 375 degrees F
2. Open crescent rolls and cut each one in half
3. Place a cocktail sausage and a sprinkle of cheese on each roll
4. Wrap dough around the sausage and cheese
5. Bake for 12-15 minutes, or until golden brown
6. Let cool for 5 minutes before serving

RECIPES 100

Chocolate chip cookie brownies
by Candance Jones

One roll of chocolate chip cookie dough
One box of fudge brownie mix
2 eggs
1/3 cup of water
1/4 cup of vegetable oil

1. Preheat oven to 335 degrees F
2. Mix brownie mix, eggs, water, and oil in large bowl
3. Put brownie mixture into pan
4. Spread cookie dough on top of brownie mixture
5. Bake for 30 minutes in preheated oven
6. Let cookie brownies cool for 10 minutes before serving



Photo by Kara Scouten

DemonFest 2014 headliner of Montreal jams out during the second night of KNWD’s annual music festival.

REVIEW: of Montreal’s ‘The Sundlandic Twins’

Brandon Swann
Music Reviewer

Of Montreal is an American rock band from Athens, Georgia. It was founded by the singer Kevin Barnes in 1996 and since then they have come out with a very impressive 12 albums, The Sunlandic Twins being their seventh.

Though they are classified as a “rock” group, they have many more themes in their music than just rock. There are dance music influences on the track “The Party’s Crashing Us,” electronic music sounds in “So Begins our Alabee,” and blues/jazz can be heard on a number of tracks throughout the album. This album started off very slow for me and after the first three songs I thought I was in for a long 40 minutes. Starting with the second half of the song “Forecast Fascist Future,” they proved me wrong. The album started out with every song having a very similar, annoying snare drum beat and then the album completely changes. They start shying away from this with tracks like “So Begins our Alabee” and “I Was a Landscape in Your Dream.” Every track starting from “So begins our Alabee” is refreshing. Great instrumentation is in almost every track along with very diverse and great lyrics along with a singer with a strong voice that controls the



direction of the songs. They have three instrumentals in the album, “Our Spring is not yet Fleeting,” “Knight Rider,” and “October is Eternal.” The only one I had a problem with was “October is Eternal” because I feel it could have been a whole minute shorter with the same effect. My favorite song off of the album is “Death of a Shade of Hue.” This song has a very atmospheric instrumental that is complimented tremendously by the very eerie singing and chilling lyrics.

My main problem with this album was the beginning with tracks like “Requiem” and “Wrath Pinned to the Mist and Other Games.” Not only did I feel they were not as creative or experimental on these tracks, they were also some of the most sub par in my opinion. My least favorite song was “Oslo in the Summertime.” This track Was hard to listen to. The singer mellowed down his voice almost to a speaking tone and completely takes away from the very powerful presence it held in all of the other songs.

Overall this was a good album. It grew on me after the first listen and I actually enjoyed listening to it. I give this album a 7/10.

THE BANDS OF DEMONFEST



The Sea Wolf Mutiny (top left), Peanut Butter Lovecicle (left and top right) and, Engine (above) were just a few of the bands that played at the 2nd annual DemonFest on March 22. The music festival was put on by NSU’s campus radio station, KNWD 91.7 FM The Demon

Photos by Kara Scouten (top left, top right, left) and KNWD/Katelon Ramos (above)

Up-and-coming local artists savor the spotlight at DemonFest

Summer Evers
Staff Writer

Being on stage playing music for people is basically the peak of my existence,” junior songwriter Denver Clark said.

Clark is a liberal arts major with a concentration in humanities and social thought. Aside from the books, he enjoys indulging in music, performing and writing.

“Music itself has given me everything it seems and without it I don’t know what my goals or aspirations would be,” he said.

This past weekend Clark was one of the many artists performing in the student showcase at Demon Fest. He opened up Friday’s lineup singing four covers along with three of his original songs entitled “Evergreen Sanctuary,” “Morning Call,” and “Sun and Moon.”

Growing up Clark learned various instruments through being a part of his grandparents’ traveling band. He learned the guitar and soon after learned to play bass, drums, trombone and baritone.

“That was my musical beginning and I’m thankful that music has always been a huge part of my life,” he said.

Clark’s musical influences are Coldplay, the Beatles, and Fleet Foxes, but they don’t essentially motivate him to write his own music.

“I wouldn’t say that any one person or thing inspires me to write,” he said. “Rather, my music contains themes of a larger scope, like truth, love and reality.”

Like Clark, Symone Giles was featured in the Demon Fest showcase singing covers and a few of her own songs. Although Giles performed at Demon Fest last year, this year was her first to actually experience a real concert performance.

“It was exciting and nerve racking,” she said.

“Seeing people dance or sing along to music that I’ve written was a definite accomplishment because I’m really passionate about my writing.”

Giles tells us that her musical influences are artists of the old school soul and R&B genre such as Erykah Badu, Janelle Monae, Stevie Wonder and Lauryn Hill. To her, those artists speak on real life situations as well as love, peace and happiness.

Giles’ emotions and surroundings play a huge part in her songwriting. She wants her music to have a positive message to carry around the globe and believes her musical influences aid her in doing so.

“It definitely perturbs me when I hear the same people over and over singing about the same thing, negativity,” she said. “There are plenty of other great

artists out there that have a message a little bit more positive than most.”

Both Clark and Giles thought Demon Fest was such a success and are looking forward to next year with high hopes of performing again.

Giles thought the audience at Demon Fest was very laidback, but positive in feedback.

“I gave out a few mix tapes, received a couple of compliments and networked with other artists, so I say it was really productive,” she said.

Although Clark does not have any performances lined up at the moment, he would love to perform anywhere. At Demon Fest he didn’t expect anything but to enjoy the moment.

“I definitely had a ton of fun thanks to everyone one there listening. It was a wonderful experience, and I can’t wait to be a part of Demon Fest again.”



DemonFest kicked off with a set of local artists on Friday, March 21. (Above) Symone Giles performs shortly after Tajh Derossier and his band (left) finish thier set.



Photos by KNWD/Katelon Ramos

100th

Continuing the celebration of 100 years

The final batch of editor essays close out The Current Sauce's centennial

Jane Gibby
1995-1996

Reminiscing about my time as Current Sauce editor all those years ago, one of things that really stands out is switching over to the new publication technologies. As a fledgling reporter and then a section editor, Mondays were spent printing out sheet after sheet of text, photos and graphics and then running them through the waxing machine so we could cut and paste them onto the master template. Finally, emerging from the building blurry-eyed and exhausted, we would stumble home to our dorms.



Even after the unending night fueled by Dr. Pepper and Honey Buns, once the newspaper had been printed, some of the text and photos would inevitably be crooked or even missing. It was sooooo very frustrating.

The year I became editor that all changed. While we had designed the newspaper entirely on the computer before, now we no longer had to slave away chained to light tables with the editors whip cracking above our heads. Instead, we could save it to a behemoth but fragile Syquest disk (now, you could probably fit more than a hundred of them on a cheap flash drive that can survive the washing machine), and deliver it to the Natchitoches Times. I did not miss using wax and exacto knives. Of course there were hiccups along the way. I would come to my office on Tuesday morning waiting to hear

if there were any missing fonts, graphics or photos (mostly from the ads), but I didn't mind those minor hiccups since we were all able to go home at a reasonable hour. The ease of creating a clean layout let us to focus more on the content and quality.

I also loved working with the digital camera. I remember when we first purchased it for the paper. It was a bulky, odd looking thing but it took good photos. Digital cameras are so common now it's hard to believe we didn't always have them, and difficult to explain what we did before them to anyone who didn't experience it first hand. The time consuming process of developing the film made a last minute photo addition a headache and nightmare rolled together. With the digital camera, we could run out and take a couple of photos around campus and then immediately put them in the computer and onto the page.

I also loved using the Internet. I designed and put the Current Sauce online for the first time. Not only students but alumni could now access it on the web and get all the latest news and sports information. Everyone from newspapers to local cable channels were starting to put their information online.

I enjoyed working with the great people drawn to journalism. My section editors and reporters were amazing. Collaborating to produce a quality newspaper was fun and rewarding, and I will look back at my time as editor with fondness and gratitude for this wonderful opportunity.

Joe Cunningham
2009-2010

It was a big year. I was working as the news director and talk show host at a local radio station, I was the editor-in-chief of The Current Sauce and I was taking two 21-hour semesters. I was utterly swamped, and working as best I could to get everything done.

It was an interesting year for the university, which was going through another wave of budget cuts. Programs were being slashed and students were becoming aware that their future was uncertain. At the time, I was worried that the future of the paper was going to be uncertain, as well.

You see, that year, there was a lot of overlap in the student media. I was the editor-in-chief and a columnist, the Potpourri editor was our opinions section editor for a semester, the lifestyles editor was also an editor for the yearbook, the managing editor (my successor, David Royal) was the news editor. Reporters were working for both



publications, and of course, there were still their classes. Some of them were broadcast students and had to do their video packages for NSU TV, as well.

As a result, the paper was narrowed down to a four-page print edition. We lost our design editor to other life problems and we had to double back to catch mistakes all the time. It was perhaps not the most effective year of the paper, but it was nonetheless a learning experience. We were lucky in that we had the help of our adviser, Jarrett Reeves, whose voice I still hear in my head to this day. David was a solid leader, and I'd like to think that it was more my input than, say, ROTC, but I could be wrong.

I remember the little things we did – more editing during the day so we weren't in the newsroom until 6:30 a.m., changing the masthead, shrinking to four pages, the old password to the e-mail – and I remember leaving at around midnight on Tuesday nights with David, thinking we'd done a good job, only to be lectured the next day because of this error or that layout design.

I ran for the job on a whim and got it.

Andrew Martin
1996-1997

When I reflect upon my time as editor of The Current Sauce, I find myself with mixed feelings with regards to the experience. Pride, happiness, and a just a twinge of regret all rush through my mind. My overarching sentiment is one of extreme gratitude because the experience has served me well, both personally and professionally, in my days since leaving NSU.

I learned many valuable lessons in the computer lab late at night while trying to put an edition of the Sauce to bed. I learned that it never pays to start late and, if you do, you must be prepared to pay a price. I learned that life is much easier if you keep your superiors (i.e. Tommy Whitehead) happy. I learned work hours are decidedly less painful if you earnestly like your co-workers. I also learned that you are never too old to build

a fort out of yearbook boxes or have a chair race in the hallway.

Some of the friendships I established at the Sauce have lasted ten times longer than my stint as editor. I could easily pick up the phone and reach out to Kenn Posey, Sara Crooks, Tatum Lyles, or anyone else I had the pleasure of working with. I could get in touch with them much easier than I could many of my fraternity brothers or, in some cases, even some of my family. Those friendships forged in Kyser Hall have proven to be far more robust than I ever would have imagined.

I am a firm believer that everyone needs a mentor in their life. A good mentor is an invaluable resource and sounding board during life's highs and lows. I met my mentor, Steve Horton, because of my experiences



at the Current Sauce. Steve, in many ways, operated as the conscience of the paper during my stint as editor. He was the one who cooled hot heads, reminded us that we were accountable for our actions, and kept us out of more trouble than I probably realize even now. My friendship with him alone has been worth every hour spent wrestling with the absolutely maddening minutiae of font sizes, text box links, and column inches.

There will always be a piece of me that wishes I had done more with the role while I was at NSU. The opportunity to serve as the editor of such a long-lived student publication was a once in a lifetime opportunity and I certainly feel it was worthy of more energy than I poured into it. It was an experience that I consider to be one of the most important in my life and one that I will always look back on with great fondness.

Shawn T. Hornsby
1998-2000

The Current Sauce was the single most instrumental means of me finding my voice as an adult...and it happened by accident. As a political science major, I had no academic connection to the Journalism Department much less the Current Sauce. Yet, an invitation to cover Lady Demon Softball in the Spring lead to a position as News Editor in the Fall and later that semester I became the editor because illness prevented the previous editor from completing the semester.

I served the better part of two terms as editor of the Current Sauce which also included simultaneously serving a year as the SGA President. My tenure focused on giving a voice to the students and realizing the responsibility we all have in challenging structures of authority. At the beginning of my term as editor, we en-



couraged students to again write for the student newspaper. At the time, many students quit writing for the Current Sauce because of previous requirements from editors. Much of the "news" printed at the time came from the University's News Bureau which was and remains misnamed. The NSU News Bureau

only shares the positive achievements of the University because they are in effect an in house public relations office. The Current Sauce lost the student voice and became the student subsidized mouthpiece of the University's public relations office. This bothered me at a deeper level because I knew campus life entailed much more than what degree program received accreditation or which faculty member

published something new. While these issues and others were worth mention, they hardly constituted a full representation of the news of university life. What came from our pursuit of reporting the interests of NSU students was a series of stories that created conversation, tension, and energy around student

David Royal
2010-2011

My time as the editor of the Current Sauce at NSU is what I look back on as the year in which I learned more about myself than I had throughout my previous years of college combined. When I became editor, it occurred among strife and drama; budget-woes, late approval of contracts/scholarships, and interpersonal personality conflicts. Since I am already a non-confrontational person, I had to quickly learn how to delegate, how to be diplomatic, and also how to pick my battles. Since contracts weren't approved until September, Current Sauce was particularly late that year; due to constraints on the budget, there were weeks of only four-page papers. With a lack of distribution manager, Lela Coker (the freshman scholarship recipient that year) and I were distributing papers ourselves every Thursday, with occasional help when staff members' classes permitted. Considering the issues that the Current Sauce had that year, it made all of us closer as a

staff and as friends. As the year progressed, we finally gained a budget manager (Rodney Clements), as well as new writers and photographers from new journalism students. The hardest thing that year became adjusting to printing according to ad sales to preserve the budget, which resulted in my greatest accomplishment: as far as I know, we kept the paper in the black all year.

It was taxing. It was exhausting. It became one of the hardest things I've ever done. It was also one of the most rewarding. Wednesday nights would loom with equal parts dread and anticipation; hours of screaming "SAVE YOUR WORK!" to each other through the computer labs, playing music at top volume, the desolation of Quark crashing and losing everything at 2 a.m. and having to start over-Leaving the computer lab at 5 a.m., only to sleep for an hour and a half before bringing that week's paper to the Natchitoches Times at 7 a.m. like I was carrying a bomb, only to

go straight to school for my 9:30 a.m. class (because chances were I still had homework to finish anyway). Waiting until the papers were dropped off to finally rip one open and look at it, when finding mistakes was like taking a bullet to the chest, a feeling of why didn't I catch that?

Probably because it was 3 in the morning. It's difficult to pick a moment that stands out, because they were all important. I learned how to be flexible, but also how to dig my heels in and fight when needed. I will always be grateful to the staff and our professors, and how the diversity of our backgrounds and experiences allowed us to see a more complete

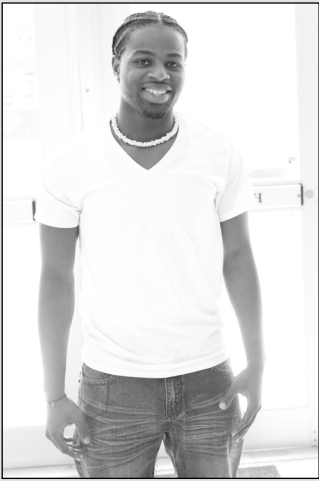
picture, hopefully producing a paper reflecting those experiences. When the year was done, there were things I looked back on that I would have done differently. However, I was glad when the year was done, and I looked forward to seeing how the editors that followed handled that responsibility, all of us changing the Sauce to leave our own mark.



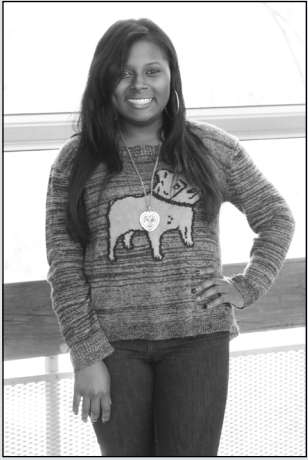
Many previous editors of The Current Sauce came together to celebrate the 100th anniversary. From left to right: Scott Jolly, Linda Caraway Amberg, David Royal, Sonya Rigaud, Joe Cunningham II, Joe Cunningham, Leigh Guidry, Jarred Roberts, David La Vere, Lora Shepard, Diane Nickerson Bates, David Precht, Avon McBride, Robert Gentry and Shelley Hilton Pace

NS'U'
VOICE

What's your
favorite part
of spring?



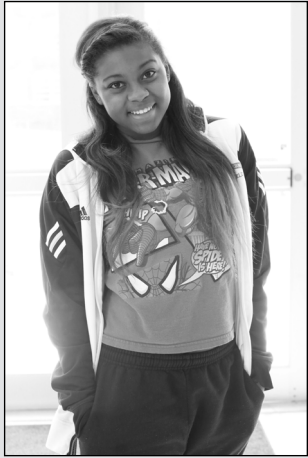
"I love sun during the spring time."
MARQUES WASHINGTON
JUNIOR



"I love the spring color. I love the color options you have to wear in spring."
INDIA ARGO
JUNIOR



"I love all the on-campus activities, like spring fest and things like that."
GENECIA SPENCER
JUNIOR



"I love the weather change; I get to wear shorts."
Lo'gon Lombard
SOPHOMORE



"I love how the sky is clearing up and I'm able to enjoy the sun a lot more without it being as hot as summer."
NICHOLAS BOTTERON
SOPHOMORE

Photos by Travan Cooper



Photos by Alexei Nikolsky/ Associated Press

(Left)
Russian President Vladimir Putin debriefs the media on the Russian invasion of Crimea.

(Right)
President Putin meets with IOC Chairman Jean-Claude Killy.

Is U.S. foreign intervention best?

Daniel Jones
Student Opinions

U.S. intervention in global affairs is, regardless of one's preference for isolationism or imperialism, almost taken as a given of international politics. The popular opinion seems to be that, even if it would be best for America to keep to itself, the U.S. has moral authority when it takes military or diplomatic actions against another country or nation. We even tend to dismiss the accusation of hypocrisy leveled at us when we tell others to respect international law and the sovereignty of states. Is it then wrong for us to dictate to Russia - or any country - how it may exercise its powers, while still ourselves ignoring such advice? Obviously, details are important. There is unarguably some moral obligation to protest the violation of human rights, or to stop certain forms of aggression. Whether or not the country as a whole, as a body of collective power is bound by these moral obligations is another argument entirely. There are a few ways to look at this. One is that the

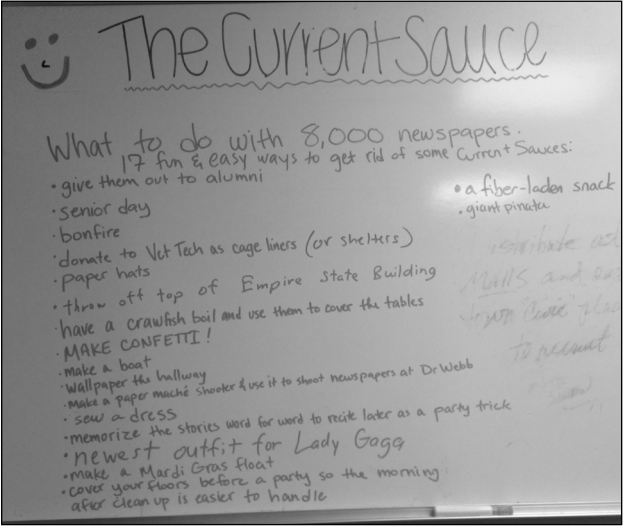
U.S. has the military and economic power to police the world, at least to some marginal extent that is still yet greater than any other state. Given this power imbalance, it may be argued that even were we somehow to be deemed immoral, no one could punish us, thus rendering morality of this scale moot. This position is rather shaky, given that the world is complexly interconnected via global communication, liberal organizations and a global economy; even America must be careful where it sticks its fingers. But this is a pragmatic critique, and says nothing of the underlying morality of this "might makes right" argument. A system is either moral, immoral or amoral. The international community might be an anarchic collection of states, with no singular body powerful enough to enforce arbitrary judgement. We might find it comfortable to call this system amoral, but still there is a level upon which we find it necessary to label a situation immoral; when people begin to suffer in certain ways, we know something has gone wrong. The existence of North Korea, for example, might not necessarily be moral or immoral, but the suffering of its people, and

the complacency of the government in that suffering, we can label such. Then what about Russian involvement in the Ukraine, or Chinese involvement in Africa, or our own involvement in just about anywhere? Is there a distinction to be made, some saving grace or exception for America? Well, maybe. Some people would argue that the world under the thumb of Freedom is better than we get with commies. But it's not nearly so crisp a dilemma. Each state acts toward its own self interest. The U.S. advances its own agenda, as does Russia, as does China. Perhaps we are safe when we say "It is against American interests for Putin to do X, Y and Z in Crimea," but it is less honest to simply call it immoral. Though, the honesty of a statement only holds so much bearing on its utility. Words concerning morality are of fuzzy use in America's international politics until they become apparent. We of course know when something is immoral, but it is harder to see what might become immoral before our eyes, and what merely is conflicting with our national interests.

When life gives you 8,000 issues, make a boat

Chloe Williamson
Student Opinions

After months of preparation and innumerable all-nighters, the centennial issue of the Current Sauce was put to bed on March 6, lifting a rather large burden off of the weary staff. With half-closed eyes and a tired brain, editor-in-chief and valiant commander of the paper, Jarred Roberts sent the 16 page issue to the Natchitoches Times for print. Preparing for the anniversary issue was no laughing matter. The staff dedicated countless hours to meticulously sorting through decades of digital copies of the Current Sauce, sacrificing precious hours of sleep and years of potentially good eyesight. Perhaps it was due to his severe lack of sleep after the final 36 hour push to print, but whatever the reason, our valiant commander made a crucial mistake. Instead of ordering 800 copies of the paper, as is standard procedure, Jarred accidentally ordered 8,000 copies. The 8,000 copies of the special issue were abundant and cumbersome, almost entirely occupying the entrance to Kyser Hall and demanding a tremendous amount of floor space in the Current Sauce office. Stunned with the burden of 7,200 extra copies of the paper, and slightly giddy from days without sleep, the optimistic staff decided to run with the challenge and compiled a list of possible uses for the excess of copies. Items on the list included fashion opportunities such as making hats, sewing dresses and making an outfit



The Current Sauce story board became the butt of a newsroom joke after 8,000, rather than 800, issues of the 16 page centennial edition were mistakenly ordered earlier this month.

for Lady Gaga. More practical thinkers suggested donating the issues to the animal shelter for cage liners and passing the issues out to alumni and students at Senior Day. Other staff favorites included a fiber-laden snack, a bonfire and covering the newsroom floor to throw a celebration party with easy clean-up. All ideas are good ideas and contributions to the list are appreciated.

Defining yourself is a difficult but worthwhile challenge

Denver Clark
Student Opinions

Every day people are attempting to define themselves. In this endeavor, an individual would work hard to ensure that their portrayal to others is perfect. By doing this, that individual's actions would be based upon creating the best portrayal rather than based in reality and love.

We must begin to define ourselves as a whole. Destroying the foundation of "portrayal first" in one's mind isn't easy, but it takes is practice of the opposite. Begin to be completely honest with yourself and with what is happening around you and get out of your own way. At first, this'll result in confusion and discomfort, but as we release our portrayal and begin to act in our true nature, the less distant connections with other individuals will feel.

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Does NSU value student-athletes more than academic equality?

Kaitlyn Bourg
Student Opinions

Northwestern State University is known for its beautiful campus and small town atmosphere. Students come from all over the state and even several other states to study in Natchitoches and on this campus that holds such majesty with everyone who visits. Ask any Demon where he will be on a Saturday in fall, and your answer will most likely be the football stadium. However, with increasing budget cuts, a higher percentage of money is being given to the athletic departments, and the university's academic standards and physical exclusiveness are suffering. Buildings are in need of repair, and academic programs are being cut left and right, but athletics is still fully functioning. Don't get me wrong, for I am as big of a Demon fan as the next Natchitoches resident, but it should be a choice for non-athletes to contribute to athletic funds. Non-athletes, academic departments and routine maintenance should not be ignored simply to withhold the reputation of athletics. Northwestern's SGA recently held an election to determine if a percentage of every student's tuition would be contributed to athletics. If NSULA is going to add tuition to pay for departments, it would be wise to have each student's fees go to the department of their major and/or school funded

extracurricular activities. With this plan, all departments are given the same chances to keep up with the latest researches and technology and give students the best experience possible. Funding is not the sole way that athletics are held to a higher esteem on NSULA's campus. It is also noted that student athletes have first priority for class scheduling, regardless of GPA or standing, while other students must wait to register with their class rank. It is understandable that athletes need to get into their required courses so they can continue to excel in school work and play their sports, but all other students are trying to graduate as soon as possible as well. More so, student athletes often have athletic scholarships that help them pay for tuition. Thus, when an upperclassman non-athlete must complete an extra semester of school because his required class was filled by a freshman student athlete, he may not have the funds available to finish his education past his scheduled four years. Likewise, student athletes often receive textbook orders before other students at bookstores in Natchitoches, leaving non-athletes waiting to receive back orders before they can complete their work for classes. I understand that athletics increase NSULA's livelihood, and athletes are needed for this, but in funding and academics, all should have opportunities to succeed and flourish.

We need writers!
Interested? Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 6:45 p.m.

A tale of two halves

Despite just a 2-point deficit at halftime and a tied game early in the second, the Lady Demons were not able to stop the Tennessee Lady Volunteers from running away and scoring 48 in the second half for the win, 46-70.

Tiandra Williams
Staff Writer

A Tennessee 48–26 second half surge sent the Lady Demons back home in the March Madness opening round.

The Lady Demons (21-13) played with nothing to lose as they gave 1-seeded Tennessee (28-5) a run for their money in the first half, in attempt to be the first 16-seeded team since 1998 to upset a 1 seed in the women’s NCAA tourney, a feat that has never happened in the men’s tournament.

“I could not be more proud of my team and the way they competed,” co-head coach Brooke Stoehr said.

“I think fearless was a word that we kept using over and over this week. “

“We didn’t try to focus on what other people thought was a mismatch,” Trudy Armstead said.

“We just tried to come out and compete as much as possible.”

Armstead, Southland Tourney MVP, lead the Lady Demons in scores with 12 points and six rebounds.

The fifth-year senior finishes her career eighth on NSU’s all-time scoring list with 1,505 points, and sixth on the all-time rebounding list with 787 boards.

Tennessee, the only team to reach the tournament every year since the NCAA started running the event in 1982, improved its record in NCAA tournament home games to 53-0.

The Lady Volunteers began on an 11-2 run, making five out of their first six attempts, but only managed to hang on by a thread for the rest of the half.

Tennessee only scored two more from the field for the rest of the half and went entirely scoreless from the field under eight minutes.

The only Tennessee buckets after the eight-minute mark came from the free-throw line.

NSU’s defense held the Lady Vols to seven of 33 shot attempts, only 22 percent shooting and only one for 10 from three-point land in the first half.

The Lady Demons had a two-point deficit at halftime, and a running floater through the lane by Janelle Perez, Southland Honorable Mention honoree, tied the ball game with 18:43 left in the game.

Tennessee didn’t want any confusion after that, going on a 12-0 run and never looking back.

They were 18 for 31 in the second, shooting 58 percent from the field.

“They went toe-to-toe in the first half, and UT



Photo submitted by Tennessee Athletics

Trudy Armstead takes the ball to the hoop over the Lady Vol defense in the Lady Demons’ NCAA tournament loss to Tennessee, 46-70. Armstead finished her career leading the Demons with twelve points in the game, and added six rebounds. She reached eighth overall of the Lady Demons’ all-time scorers.

started the run in the second half, and we knew it was coming,” Stoehr said.

“We did not stop fighting for a moment. I told them to challenge themselves to get better in areas to make this team better during the offseason.”

Only one other Lady Demon member scored in the double-digit columns.

Beatrice Attura, only one of two freshmen to play in every match this season, had 11 points. She was three for six from the three-point line, scoring NSU’s only

three-point baskets.

NSU also shot better in the second half, connecting on 11 for 25, shooting 44 percent from the field.

They were well below average from their 32 percent shooting from the three this season, only shooting 16 percent Saturday afternoon.

Perez and Kourtney Pennywell, the other freshman to play in every game this season, finished the game with eight points.

Keisha Lee and Robin Richardson had four points and

three points respectively.

NSU’s trip to the NCAA tournament turned their culture into a winning one, when only two year ago the program suffered a 6-23 season.

“When you believe in something and you buy into it, you can do a lot of good things,” Stoehr said.

“For them to get to an NCAA Tournament and win a conference championship builds confidence Winning breeds winning... I’m so proud that they got to experience that.”



Photo by Gary Hardamon

The Demon football team running practice plays from scrimmage dressed out in full pads and jerseys. The practice scrimmage was part of the Demons spring training to prepare the team for next season.

Springing to life

The Demon football squad began spring practices this week to get their feet wet and ready for the season next fall.

Brian Cook
Staff Writer

The Demon 2014 Football Season got off to a kick Saturday morning as they ended their first week of spring practices. The practice marked the team’s first time practicing full gear as they got their first 11-on-11 activity of the practice season.

“I look at this today as a practice, not a scrimmage. Today allowed the guys to adapt and get back in rhythm with each other,” head coach Jay Thomas said.

Being out since November, some guys still seem to be a little rusty, but as the practice went on everyone was loose by the end.

“I think todays practice went real good,” senior cornerback Imoan Claiborne said.

“We’re starting to move along more and everybody is picking up more quickly.”



Imoan Claiborne

Defensively, things are a little different, given that the Demons just got a new Defensive Coordinator, Mike Lucas.

“It’ll be kind of hard trying to adapt, a lot of things have changed,” Claiborne said.

With plans of taking it day-by-day, Claiborne says all his team needs is “time to learn.”

“I have no predictions on how our season will be, all I know is that I have a good group of competitive guys, in a good program surrounded by good coaches,” Thomas said.

Thomas stated that next Saturday’s practice will be a bit more physical, as he plans to “pick up more steam.”

“You know the old saying, you have to crawl before you walk, and walk before you run. We’re in the crawling stage now,” he joked.

Spring practice will run through April 10, with the 25th Annual Joe Delaney Bowl spring game capping the season of workouts.

Baseball overcomes SFA

Morgan Thorpe
Staff Writer

NSU Baseball (12-10) pulled out a win over Stephen F. Austin (10-12) on Sunday at Brown Stroud Field, 5-3. Chase Daughdrill’s two-run double gave the Demons a 4-3 advantage in the sixth inning and the Demons held on to that advantage as they closed out the game.

With Sunday’s victory, the Demons beat the Lumberjacks in their Southland conference series, 2-1, to take their second conference series of the season.

“Our pitching staff was tremendous today,” Head Coach Lane Burroughs said.

“They gave us a chance to win the game.”

After Daughdrill’s double, three more players hit the bases giving NSU their extra run for cushion.

Joel Atkinson, Cort Brinson, Regan Kaufam, Nick Heath, and Logan Garrett all landed hits in the game.

The Demons made nine hits total and held SFA to six.

Brinson, a sophomore who returned from an injury only seven games ago, leads NSU (12-10) in batting average (.370) and runs scored (7) since his return.

The Demons will go on the road next to meet Sam Houston State in a three game series that starts at 6:30 pm on Friday. The second game is at 4:00 pm on Saturday and the final contest is a 1:00 pm on Sunday.

The Demons played Sam Houston State last year at home in a three series game, losing all three games



Photo by Gary Hardamon

Chase Daughdrill swing s at a pitch to hit the game-winning double in the sixth inning of the Demons’ win over SFA Sunday evening, 5-3.

(3-4, 2-11, 3-11).

In the first game, the team scored the most in the third and fourth inning with the batting lead by Nick Purdy, Toby Cornejo, and Will Watson. In the second game, Cornejo was the only one to score in the third inning. And in the third game, Brinson, Zack Costa, Todd Wallace made runs in the sixth and seventh inning.

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Dear cancer, you suck

Emily Fontenot
Staff Writer

It's the number one cause of disease-related death in children in the U.S. Cancer hits hard, but so do those who fight back. Unite to Fight filled Prather Coliseum Tuesday night with banners, letters, music and edible pixie dust. The most anticipated guests of the night, however, were set apart from the gilded pomp and circumstance of the event.

With little warning, a boy and his mother strolled up to the stage and stood before the microphone. The mother began by telling the story of her son's diagnosis. The gymnasium grew quite as she described his three-year remission and subsequent relapse. She then revealed his second remission in July of last year, lightening the mood.

Todd Munger had been diagnosed at six years old with a form of lymphatic cancer.

"We just had so much hope when we got there that everything was going to be ok, and it was," Mrs. Munger said. "They take everything off of you, and that allows you to focus on your child."

St. Jude maintains that no child will ever be denied treatment because of an inability to pay. Since its beginning in 1962, St. Jude has successfully increased the overall U. S. pediatric cancer survival rates from 20 percent to 80 percent.

The survival rate for Todd's disease, Hodgkin Lymphoma, increased from 50 to 95 percent since 1962.

The second St. Jude guest, Kami Chauncy, also survived an early bout with cancer. Survival rates for acute lymphoblastic leukemia, the cancer Kami was diagnosed with, increased from 4 percent to 94 percent since 1962.

"We love our children,
we love St. Jude and
we love ya'll."

Just under 900 NSU students from around 50 organizations came together for the annual letter-writing campaign. Working together to raise money for this worthy, but expensive, cause.

It takes 1.9 million dollars a day to run St. Jude. Chauncy and her parents encourage students to realize that the smallest efforts can make a difference.

"If my daughter was born 30 years ago and had this cancer, she would have died," Jill Chauncy said. "We love our children, we love St. Jude, and we love ya'll."

The reality of what these funds can do hits home here at NSU as well. Haley Genovese recalled the time in which a neighbor underwent treatment at St. Jude.

"I appreciate this event more because it shows what they did for him," Genovese said. "He's healed now because of St. Jude."

Yonna Pasch also feels this event holds special importance for her as a two-year survivor.

She said cancer research has always been something close to her heart.

After being asked to sponsor the Up 'til Dawn chapter at NSU five years ago, she happily accepted. She is pleased to see the event still going strong.

Although numbers and statistics that surround the Unite to Fight campaign are undoubtedly impressive, the true triumph is knowing that NSU students are making a real difference in the lives of St. Jude patients battling cancer.



(Left) Todd Munger, a St. Jude patient, spoke at Unite to Fight, NSU's letter-writing campaign, on Tuesday.

(Below) Leanny Munoz dressed as Peter Pan for the costume contest.

Photos by Kara Scouten



(Above) Super Water Sympathy performed at UTF, providing entertainment to students writing letters to raise money for St. Jude.

(Left) Sarah Evans and Kayla Logue dressed as Peter Pan and his shadow, winning the UTF costume contest.

Photo (above) by Kara Scouten
Photo (left) by Emily Frame

80%

St. Jude Children's Research Hospital has raised the survival rate for pediatric cancer from 20 to more than 80 percent.

The survival rate for acute lymphoblastic leukemia has increased 90 percent since 1962.

90%



Steel Magnolias

Olivia Martzell
Opinions Editor

“Pink is my signature color,” Shelby loudly ex-claimed to the gaggle of women around her. A classic quote that is still said by southern women, will be said at NSU during the opening of Steel Magnolias, Natchitoches’ own play written by local playwright and NSU alumnus, Robert Harling. The play directed by Vicki Parrish, will be presented for the third time on NSU’s campus. Updated to a modern setting in the year 2014, Steel Magnolias presents a cast of six women who experi-ence all elements of life and love while gossiping away in Truvy’s hair salon. The plot involves laughter and happiness, but the audience can also see the pain these women experience in their respective lives. Harling wrote the play in 1985, but Parrish decided the play needed to be set in the present year to rep-resent the changes that have happened in society and the diversity women represent. “We’re trying to have our women be modern wom- en,” Parrish said. “We have a colorblind cast. We have combined ethnicity with educated women.” Because the play is so wide known in Natchitoches, it can sometimes be challenging to recreate it on stage. “Well, Steel Magnolias is one of Natchitoches’ finest because it’s based on characters that are well known in this community.” However, Parrish isn’t afraid of a challenge. This is the best time of year, she asserts. “This year we mark the anniversary of Natchi- toches,” she said. “This is the 300th year. How better to highlight Natchitoches than to highlight the city in Steel Magnolias?” However, the city is still a small town and may react differently to the colorblind cast than Parrish hopes for. “Some will be surprised, and that’s what we want,” she said. “Why come to something you’ve seen three times?” Parrish said. Parrish predicts the audience will come knowing she has something up her sleeve (just don’t expect Julia Roberts to be on stage). “Everything that occurs in the play occurs in one setting and that is Truvy’s Beauty Shop,” Parrish said. “[The audience] believes there is men in the play and there is not, they believe the scene changes, and it just does not.” With a tough schedule for rehearsals, the cast worked hard with the time they were given.

“We started the second week in the semester, but we had conventions and snow days and all kind of conflicts,” Parrish said. However, the cast had to learn more than just the script. They also had to learn how to curl each others’ hair because that is the action happening in the play between characters. The cast also has to display extreme emotion on stage while still staying in character. “I feel strongly that to do justice to the play we have to delineate each character,” Parrish said. “I want the audience to see six strong women standing on stage but each with her own character and individuality.” One of the most emotional characters is M’Lynn, played by junior Alisha Munds. “It is very hard to convey the emotion,” Munds said. “I’ve had to do a lot of research for the role. I actually talked to my mother about it.” Munds said she had to let go of herself and chan- nel her inner “mother.” She wants to give justice to the play, because she believes it’s an accurate representa- tion of life. “This play shows the strength of women that people usually don’t get to see,” Munds said. “All that we experience in the show is what people go through in real life.” Munds’ hopes her experience for the audience will be like seeing a friend or a family member on stage. It may be a challenging role for Munds’, but she is still happy to play it. The performance Munds will display will be a positive experience for the audience, despite what the audience will see her character go through. “In many cases, the audience has memories brought back by what they see on stage and that is the true purpose of theatre,” Parrish said. “Through pain, through suffering, and through dif- ficulties: we survive and we are. We just go on.” The play opens at 7:30 p.m. on Wednesday, April 2 and also plays at 7:30 p.m. on Saturday, April 5, Tues- day, April 8 and Friday, April 11. There will be a 2 p.m. matinee on Sunday, April 6. Performances are located in Louisiana School for Math, Science at the Arts’ Treen Auditorium. Reserva- tions are required. Ticket prices are \$15 for adults and \$12 for seniors over 65 and children 12 and under. Admission is free to students enrolled in NSU, LSMSA and Bossier Parish Community College at NSU with cur- rent ID and sticker. To reserve tickets, call Jane Norman at 318-357-4483.



Photos by Tray Cooper

The cast of Steel Magnolias had to learn to curl hair before taking the stage. Jessica Miller (pictured top left sitting down) will play the role of Shelby. Alisha Munds and Mona Nasrawi (pictured top right and above) will play the roles of M’Lynn and Annelle, respectively. And Shannon Komlosfske and Tyra Moission will play the roles of Caliree and Ouizer, respectively. The events of the play all take place in Truvy’s (played by Ashley Webster, pictured above) Beauty Shop.

Why the ink?



Regine Lyons
Fashion Columnist



Photo by Regine Lyons

Senior Nicole Patterson shows the tat- too she got in memory of her father.

What is it that makes this generation want tattoos? Before you succumb to the ink, make sure it’s something you’re willing to wear forever. “If you get something tattooed on you that doesn’t mean anything, it will be worthless in two or three years,” freshman Jae Walker said. Walker has seven tattoos on his body and all have meaning to him. One of his tattoos dedicates his brother and father. “My brother is my life,” he said. “Everything I do is for him. If it weren’t for my dad, I wouldn’t be playing music,” Walker said. Senior Breiah Daniels has three faith inspired tattoos. “My second tattoo is ‘Joy cometh in the morning,’” Daniels said. “It’s a part of Psalm 30:5 in the Bible.” At a memorial service Daniels attended for a sorority sister, the preacher said this verse and it stuck with her. “No matter what you are going through, you will find joy,” she said. “There will be better days.” Daniels isn’t the only one with a faith inspired tattoo. Sopho- more Cady Hunt has the Chinese symbol for “faith” tattooed on her foot. “I got it because I walk by faith,” Hunt said. “Tattoos are an art of expression on your body,” alumnus Ashleigh Todd said. “They are reminders for me to look at and never forget.” Todd’s got her first tattoo after her grandfather died in 2003. “Getting a tattoo shows that life isn’t as bad as I thought it was,” she said. “The passing of a loved family member, or an event in my life that I was overcoming, I was able to overcome it,” Todd said. Senior Nicole Patterson also got a tattoo for her parent who died during her freshman year. “My tattoo is for my dad,” Patterson said. “I put it on my right shoulder because that’s where your dad walks you down the aisle,” Patterson said. Walker offers a final piece of advice for anyone considering a tattoo: “If you make the decision to get something tattooed on your body, make sure it has some type of meaning.”

NSU’s “urban” dictionary

- “Addy” – Abbreviation for Adderall, the popular prescription ADD/ADHD drug. Modern science has not yet figured out why college-aged young adults like abbreviating things.
- “All-nighter” – An event in which a student stays up all night in order to accomplish tasks like writing pa- pers, studying for tests, writing a thesis, building homecoming floats, etc. See also – “The reason half of your peers manage to graduate.”
- “Frat lap” – A Greek student’s fifth year of college.
- “Frocket” – The front breast pocket on a t-shirt. “Frocket” is a blend of front and pocket, or frat and pocket.
- “Jungle juice” – Commonly served at parties, jungle juice is a beverage consisting of little Kool-Aid and a lot of alcohol. Those who consume it will quickly become intoxicated, but they may also just as quickly throw all of it up on the floor.
- “Norts” – Nike shorts. At least 75 percent of the time, any given girl wearing a letter shirt will also be wearing these.
- “Sorostitute” – Derogatory term referring to a sorority girl.
- “Super senior” – Title applied to students who take more than the standard four years to graduate.
- “Thirty rack” – A 30 case of beer. Typically the preferred packaging of beer, and typically Natural Light.
- “Turn down for what?” - Due to the vast popularity of the song by DJ Snake and Lil John, college students rely on this phrase when partying. The phrase “turn down for what?” is often all the explanation neces- sary when a reason for partying is questioned.
- “UOENO” – A stylized and modified corruption of the phrase, “you don’t even know”. UOENO is an expres- sion of someone’s lack of knowledge about a certain situation or circumstance. However, whether or not the person actually lacks knowledge is irrelevant, as the phrase can be used either way.

Tumbame Los Dientes

Q&A with the Artist

with Linda Ahlskog

Q: Where are you from?
A: I was born in Sweden, but I’m a citizen of Finland and I was raised Colombian.

Q: What is your major?
A: Liberal Arts with a concentration in Fine and Performing Arts.

Q: What does the name of your exhibition mean?
A: “Knock my teeth out.”

Q: What was your inspiration?
A: It was inspired by the sexist and racist issues I’ve experienced in my life. Also, the way that these stereotypes have affected me and the way I perceive the people around me. I basically painted the experiences I had growing up.

Q: What materials did you use?
A: I used watercolor, absorbent ground and graphite on all wood pieces.

Q: Who is your artistic inspiration?
A: Audrey Kawasaki was the artist that inspired me to do the wood pieces, but Catalina Estrada was the person who inspired me to pursue art in the first place.

Q: What are your plans after graduation?
A: To not be a hobo.



Linda Ahlskog’s senior art show **Tumbame Los Dientes** runs from **Monday, Mar 31 until Friday, April 4** with a reception on April 4 at 7 p.m. The piece on the top right is called “Devil’s Spoke/Wild Wasted Waters/Trouble with the Lord and the bottom right piece is called “Tumbame Los Dientes.”



Marshall (Aaron Paul) confronting Dino Brewster (Dominic Copper).

Photo submitted by Dreamworks

Review: Need for Speed

Justin Vance
Student Opinions

Racing onto screens this month is Need for Speed. Based off of the popular video game franchise, Need for speed follows Breaking Bad’s Aaron Paul who plays Toby Marshall, a street racer who is framed by a business. This movie is a breath of fresh air for those of you who enjoy a mindless adrenaline rush riddled with crazy stunts and no tangible plot. We follow Marshall, fresh out of prison for a crime he did not commit, on a cross-country trip to compete in an underground race to prove his innocence to the world... somehow. If that doesn’t sound like a good time our hero also has to avoid the law and other obstacles put in his way by the generic villain, Dino Brewster played by Dominic Cooper. Going into Need for Speed I was honestly not expecting much, while I enjoy a good racing movie I don’t share the same fondness for films based off of games. Being a fan of the franchise I was fully expecting another heart breaking adaptation of a videogame from my past. Surprisingly Need for Speed proved me wrong and as I watched the film I enjoyed myself. Despite the subpar

acting the film served its primary purpose, entertainment. Unlike other films that fail to deliver, this film does not try to be something that it is not. One could literally look at the movie poster, read the title and glean everything about this movie. As the plot unfolded itself I will not deny predicting almost every twist and turn this film threw at me. This being said predictability is not enough to give this movie a 23% on Rotten Tomatoes. If anything this film’s predictability complements the novelty of this film. The acting sequences were solid so long as the laws of physics aren’t taken into account, the 2-dimensional plot seems fully aware of its lack of originality and plays off of that, and the cars are fast and shiny. What more could one expect or ask for from a movie titled Need for Speed? I cannot stress enough that this movie does have flaws, but it is still a solid movie and unless you really want to watch Russel Crowe build a boat what do you have to lose? Even if you are that person who makes it their personal mission to point out every flaw in the movie I suggest you pick up your pin and paper and enjoy. Teaming with fast cars, a plot that may or may not be stolen from the auditorium next to yours, and Heisenberg’s Robin, I give Need for Speed a solid **3/5**.

Review: Shyne Coldchain II by Vince Staples

Brandon Swann
Student Opinions

Vince Staples is a west coast rapper that has done most of his work with the hip hop group Odd Future. This is his fourth mixtape being released but his first one after being signed to the label Def Jam. After being away from reviewing rap albums for a while, this was a very nice entrance back into the genre. Vince Staples brings a very nice flow throughout this entire 10 song mixtape and offers some variety in his lyrical content. Though it is mainly a gangster rap record, he opens up on songs like “Nate” about his father and also on “Earth Science” about a girl he has (or had) feelings for. The beats on this thing are also very enjoyable. “Oh You’re Scared” presents a very eerie environment with the very atmospheric background sounds, and along with the very rough lyrics makes it a highlight on the album for me. The song “Turn” has a very unique beat with many things going on. Snappy snares and in the background chant-like vocals provide a great listen. The second half of the album is the most enjoyable to me. The only song I didn’t really enjoy on the album is “Humble.” This song has a very weak hook on an album with mostly weak hooks in the first place. My favorite album on the mixtape is “Shots.” Vince offers some decent wordplay in this track over a beat with more snappy snares and a simple but enjoyable synthe-



sizers. The hook on this track is also simple but for some reason the bass along with the way he delivers the line “They sending threats, we sending shots” is unusually catchy. The weakest part of this album is the hooks. He is a young rapper so I’m sure they will get better over time but for right now they need serious work. This was a very enjoyable listen and I’ll give it an **4/10**.

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Demons skin Bearkats

Brian Cook
Staff Reporter

Demon baseball scored in the first inning of every game in their three-game road series against conference preseason favorite Sam Houston at Don Sanders Stadium.

Austin Tanner’s and Steven Spann’s pitching led the Demons (14-12, 6-3) to a 2-1 series victory in the rubber match.

The Demons started with a 12-1 win Friday and finished the series with a 3-1 win Sunday afternoon.

In the last series game, Tanner, a freshman, had two innings in which he sat down every batter he faced, as he started on the mound for the Demons and worked 4.2 scoreless innings.

“My assistants persuaded me. I wanted to go with Spann first and they wanted to go with Tanner first and bring in Spann, and they were right,” said head coach Lane Burroughs.

“The bigger the moment, the better Tanner performs, and that is the way he was in high school.”

Tanner avoided a big inning from the Bearkats (19-10, 4-5) in the fifth of that game. Shea Pierce led off the inning with a single through the right side and took second base on an infield single by Luke Pluckeck one batter later.

After Colt Atwood grounded out and Tanner walked O’Hearn to load the bases, Spann took the mound and forced Azar to fly out to right field to preserve what was at the time still a shutout.

The Bearkats had another chance to score from third base in the sixth inning, but a catch from Caleb Dugas on a line drive at first base off the bat of Pierce kept Toups from scoring.

Hunter Courson led off the eighth inning with a single, and Spann cut him down on a comebacker that turned into a double play turned by Gomez to end the inning. Spann struck out Pluckeck after the single.

“We didn’t turn the double play yesterday (in the Demons’ 4-9 loss Saturday afternoon), but we got it today,” said Burroughs.

“Great job from coach (Chris) Curry and the pitching staff, and to walk only one batter on the weekend is



Photo by Gary Hardamon

Austin Tanner winds up his pitch as he strikes out a Bearkat in the Demons 3-1 win Sunday afternoon. Tanner started and worked 4.2 scoreless innings.

incredible.”

The Demons play next on Wednesday night at Louisiana Tech in Ruston. Afterwards they will host Nicholls for a three-game Southland conference set that starts with a first game on Friday at 6:30 pm.

Nicholls currently leads the Southland conference with a 7-2 conference record.

Last year, NSU lost their series against Nicholls overall, but a 7-2 victory in the second game allowed the Demons to outscore the Colonels overall in the series,

10-9. However, the Colonels seem to have improved this year as much as the Demons have improved. The conference-leading Colonels only won nine conference games total last year, a mark they are about to eclipse halfway into the season this year.



Photo by Matthew Bonnette

Justin Walker finishes a relay at the Texas Relay. In the 100-meter dash, he coasted to a 10.29 finish. Walker was one of eight Demon athletes that finished in the top ten in their events in Texas.

Track team tops in Texas meets

Tiandra Williams
Staff Writer

Senior All-American Justin Walker led NSU in top finishes for Northwestern at the 87th Annual Clyde Little Field Texas Relays, the second largest track and field event in the nation.

The meet hosted about 5,000 athletes at the high school and university levels and brought in about 50,000 spectators throughout the weekend in Austin, TX. NSU also traveled to San Marcos, TX, to Texas State and completed in the Bobcat Invitational starting on Wednesday and lasting through the weekend.

“The Texas Relays, you have to qualify for them. All the field events you have to qualify and some of the running events you have to qualify. Not all of our field event kids made it in, so it’s nice to have a meet that’s what they call kind of an “overflow meet” in Texas State, which is only about 45 minutes south of Austin in San Marcos” NSU Track and Field head coach Mike Heimerman explained.

“So we’ll have, of course, our bus, and we’ll have a van that does a lot of shuttling. But mostly, we’ll have a couple of coaches that do some shuttling, we’ll have a couple of coaches that stay at the San Marcos meet.”

Walker, 2014 Southland Conference 60 and 200 meter indoor champion and school record holder for the 100 (10.13) and 200 (20.49) meter dash, debuted in the 100-meter dash Friday at the Texas Relays.

He coasted to a 10.29 finish that landed him in the finals on Saturday. Walker, not able to match his time from the previous day, finished seventh in the final 100-meter dash competition.

“Justin has looked very, very good this spring and ran a spectacular anchor leg on our 4x100 relay last Saturday at Louisiana Tech, so I’m excited to see what

he can do this weekend in one of the greatest meets in college track and field,” coach Mike Heimerman said.

Alongside Walker, NSU had eight top 10 finishers and many athletes recording a personal record between the two meets.

At the Texas State meet, Por’sha Thomas and Taylor Walker finished third and sixth in the triple jump.

In her first multi-event outing, Mawi Berkhadley earned a total of 4,068 points and placed ninth overall in the heptathlon.

In the shot put, Rechelle Bessard took fourth place with a throw of 45-10 ¾ while Keona Jackson took sixth with a throw of 45-3 ½.

Kenya McDaniel jumped 18-1 ½, finished eighth in the long jump.

Janynisha Berry finished tenth out of 40 competitors in the 200-meter dash with a time of 24.55.

NSU men’s jumper, Quinton Helaire, finished just off the podium at fourth place, jumping 6-4 ft.

At the Texas Relays, Shakemia Johnson threw just shy of a top ten finish with a throw of 151-5 for an eleventh place finish in the section-B women’s discus.

In the running events, the women’s 4 x 400 meter relay team, consisting of Quiana Griffin, Nijah Lain, Consuela Lindsay and Keshira McKnight ran 3:45:34 recording a season best.

Brent Gidden also recorded a few personal records of his own. He clocked 14.61 in his specialty event, the 110-meter hurdles as well as posting a 55.42 time in the 400-meter hurdles.

The men’s 4x100 meter relay, consisting of Keenan Kackson, Aaron Williams, Christian Willis and Walker took 26th place clocking in a time of 41:54.

The Northwestern State Track and Field will compete next weekend at Stephen F. Austin in the Sketchers-SFA Alumni Invitational.

Streak snapped at 11, still perfect in conference

Morgan Thorpe
Staff Writer

The Lady Demon tennis team (13-4, 6-0 in SLC) defeated the Stephen F. Austin Ladyjacks (8-7, 4-2 in SLC) this Saturday, 4-3. The match gave them their eleventh win in a row.

“This was a good, tough win for us. I was very happy with the way we competed in each spot,” Head Coach Patric DuBois said.

Natalya Krutova and Kateryna Piatakova won their No. 2 doubles early with an 8-6 win.

Aliona Ludutcka and Daniela Simonova played at No.3 doubles and lost. Polina Konop and Tatiana Larina came up to win their No. 1 doubles match 8-7.

The Demons and the Ladyjacks split the singles matches in half with wins from Larina (6-3, 6-4), Krutova (7-6, 6-2), and Ladutcka (6-3, 6-1).

The happiness of the 11-win streak was not long lived as the Lady Demons proceeded to drop their match against in-state rivals Louisiana Tech (14-4, 3-1 in the Western Atlantic Conference), 0-7.

“While a 7-0 loss is not the norm for us, we played

solid in most positions. We had quite a few matches that were very competitive, and Louisiana Tech outplayed us during the big points,” DuBois said.

“Louisiana Tech has a very good team and they played very well to earn a win in each position.”

Krutova and Piatakova fought at No. 2 doubles but lost 5-8. Konop and Larina left their match unfinished with a 6-5 lead.

Piatakova and Larina proceeded to battle hard at fourth and second singles. Piatakova, at No. 4 singles, lost the first set 7-5 but was able to pick up a 6-1 win on the second set, but dropped the tiebreaker, 10-5.

Larina, in No. 2 singles, had a similar game to Piatakova but won the first set 7-6 and dropped the second set 6-4 but was not able to pick up the tiebreaker, 11-9.

“I thought we competed very well, and we learned a lot of good things today,” DuBois said.

“We will be ready to play very well next weekend when we continue conference play.”

The Lady Demons will be hosting both the University of New Orleans and Southeastern Louisiana University this weekend at the Jack Fisher Tennis Complex on Saturday and Sunday at 11:00 am.



Photo by Gary Hardamon

Daniela Simonova returns a serve the No. 3 doubles match against the Ladyjacks. She and partner Aliona Ladutcka ended up losing that match 8-5.

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Breaking the habit A 35-year smoker quits cold-turkey

Summer Evers
Staff Writer

"I was smoking a pack a day by the time I was 14 years old, and I've smoked a pack a day ever since. That's 35 years of cigarette smoking."

In the cornfield hiding with his younger brother between rows is where you would find 13-year-old Byron McKinney. The two would steal cigarettes from their grandfather.

"They tasted terrible, but we didn't know any better," said McKinney.

McKinney is an associate professor in the Department of Social Work. By the time he was 14, he was buying his own cigarettes. After 35 years of smoking, McKinney has decided to trade in cigarettes for the safer alternative of electronic cigarettes (E-Cigarettes).

"Smoking has always been a part of my life," McKinney said. "I saw myself being a smoker until the day I die. This is the first time I felt like I had the ability to quit and have had help for me to do it."

A friend of McKinney's pushed him to get an E-Cigarette. McKinney never assumed that he could buy the E-Cigarette and quit, but today he celebrates one month smoke free.

"I started using it the same say I bought it, and since then I haven't wanted another cigarette."

An E-Cigarette is a safer substitute for smoking tobacco. This alternative does not contain tobacco. Instead, it has a mechanism that heats up liquid nicotine which turns into a vapor that smokers inhale and exhale.

Because E-Cigarettes contain no tobacco, they aren't subject to U.S. tobacco laws, meaning they can be purchased at any age and used almost anywhere.

Nicotine vapor offers many advantages over traditional cigarette smoke: no tobacco smoke, no ash and no smell. McKinney said he feels healthier after making the switch.

"There's no doubt that I breathe better – no more wheezing or coughing - and I get more done," McKinney said. "I don't have to take cigarette breaks any longer since I can use them indoors."

Another reason why McKinney is at ease about using E-Cigarettes rather than smoking tobacco cigarettes is because it saves him more time and money.

"I used to spend at least \$6 a day – and weekends more - on cigarettes, and now I haven't used a dime," he said.

"I've only had the initial cost of buying my E-Cigarette, but since then I haven't spent any money.

McKinney would previously take three to four smoke breaks a day, each lasting 10 to 20 minutes, making him loose about an hour of work a day.

With Northwestern's campus set to become tobacco free in the fall, McKinney said that he would rather see the state do something to help people quit, like promoting programs or giving incentives, instead of the state passing a law.

"All they did was pass a law telling us smoking is illegal and that we can't smoke anymore," McKinney said. "They didn't offer [smokers] any helping-hand."

McKinney recommends the E-Cigarette for anyone is in pursuit of quitting.

"I never thought I could go four weeks or 28 days without a cigarette - ever."



(Above) NSU alumnus DeShawn Washington, a former "The Voice" competitor, serenaded the crowd at the Jazz and R&B Festival hosted on the Natchitoches riverbank this weekend. (Below) James Burton, formerly a guitarist for Elvis Presley, and Rick Derringer participated in a guitar solo battle.

R&B on the riverbank

Emily Fontenot
Staff Writer

From twisting with DeShawn Washington to rocking with icons James Burton and Rick Derringer, the Jazz and R&B Festival brought entertainment and variety down on the riverbank yet again.

Music lovers gathered last weekend to hear big-name musicians and local bands play a mix of different sounds, with a lineup of 35 bands on four stages.

"We've got rock, R&B, jazz, blue grass, and New Orleans funk," founder and event director Rodney Harrington said.

"We pride ourselves on offering a real variety."

Harrington is also lead singer of Johnny Earthquake and the Moondogs, who celebrated their 20th anniversary Saturday night with a number of awards and guest musicians.

As the evening set in, the stage filled with dozens of artists of all ages and backgrounds who gathered around keyboards, mics and guitars and blared

out classic hits.

Washington held the crowd while leading the cast of musicians in a few old-time R&B numbers. An NSU student and Natchitoches native, he proved highly competitive on "The Voice" last season. Washington sang and danced to classic soul hits including "My Girl" and "Ain't to Proud to Beg" by the Temptations. He also got the audience to participate in singing and dancing to "Twistin' the Night Away" originally by Sam Cooke.

"It was great," Sigma Nu volunteer Demond Mayfield said.

"I like that he did a few more songs to please the crowd."

"If you can't find music you like here, you just don't like music."

Washington attended NSU before embarking on his music career. He is scheduled to sing the National Anthem for the Memphis Grizzlies and plans to try his luck next on American Idol.

"It feels good, really good, having everyone come out," Washington said about performing back in Natchitoches.

Burton was another crowd favorite. He was formerly a guitarist for Elvis Presley and is now a member of the Rock and Roll Hall of Fame.

Derringer, well-known for playing with Edgar and Johnny Winter, also helped ring in the evening's festivities with an assortment of gospel and classic rock. Burton and Derringer then battled it out in a guitar solo.

"It's a nice chill atmosphere," Sophomore Trey Latino said of his first experience at Jazz Fest.

"Everyone seems to be having a good time just grooving."

Harrington and wife, Jan, started Jazz Fest 19 years ago and have been involved in each festival since.

Jan Harrington said she has seen it grow larger and larger over the years, bringing in more bands and bigger, more popular names.

Rodney Harrington received a number of awards for his commitment to the music industry.

Harrington said of his experience with the festival, "If you can't find music you like here, you just don't like music."



(Above) District 12, including Sigma Nu Fraternity, Tau Kappa Epsilon Fraternity, Pi Kappa Phi Fraternity, Phi Mu Fraternity and Alpha Kappa Alpha Sorority, won Greek Week 2014. A week intended to unify and strengthen Greek life at NSU, Greek Week was hosted by the office of Greek Life with the theme "The Hunger Games: May the gods be ever in your favor."

(Right) Teams participated in Greek Week events including a boat and foot race. Points were awarded to teams for their participation in a step show, NSU's Unite to Fight, a day of service and the greek olympics, aptly named the "hunger games."



Photos by Kara Scouten

Brent honored at President's Command Performance

Damian Glover
Staff Writer

Northwestern State University honored Bill Brent as the inaugural inductee in the Mrs. H.D. Dear Sr. and Alice E. Dear School of Creative and Performing Arts Hall of Fame in recognition of his service to the school and the university.

Brent's induction was held at the first annual President's Command Performance, a spring gala that celebrated the talents of students in the creative and performing arts.

The distinction of being named the inaugural member of the CAPA Hall of Fame is one of many accomplishments in Brent's long career as a music educator and mentor to Northwestern State students and colleagues.

Brent served at NSU for 30 years as director of bands and director of CAPA before his retirement last year. During that time, he built one of the best marching band programs in the nation. He also served as conductor of the NSU Wind Symphony.

Olivia Arceneaux, sophomore general studies major, attended the spring gala honoring Brent.

"Prior to attending, I really had no idea who Mr. Brent was and his impact on the department," Arceneaux said. "Following the event, the knowledge I possessed about him and his past in the school, gave me courage and inspired me to follow my dreams."

When Brent first arrived at NSU, there were 48

students total at the band rehearsal. To recruit more members for the band, Brent began to travel to high schools as far south as Houma and New Orleans and as a far north as Monroe and Shreveport. Currently the band has over 300 participants.

The Presidents Command Performance, held Friday April 4, was constructed and developed by the alumni association. The event included a number of performances that honored Bill Brent.

Amongst the groups that performed include the NSU Jazz Orchestra, the NSU String Quartet, the Men's and Women's Tri Tones and Perfect Fifths, Men's and Women's Chorus, the Natchitoches-Northwestern Symphony Orchestra and the NSU Wind Symphony.


Most of the students in the music department have worked with Brent in some way through the years, and the performance provided a way for students to acknowledge his role in the department and their lives.

Mr. Michael Rorex, professor of music and director of the men's chorus, had many kind words to say about Bill Brent.

"Mr. Brent, over the years, has been very generous in his recruiting, providing financial stability and also the type of students he brings to our university," he said.

Attendees of the event paid \$65 per person and \$125 a couple.

Sponsorships were also available at the patron and corporate levels. Alumna Jo Pease, co – founder of the Louisiana Youth Seminar, was a Title Sponsor for the President's Command Performance.



Senior Top Fives



Photos by Chelsea Taylor (photo above by Jebha Babu)
Graduating seniors were asked what they would rather forget and will miss after leaving NSU. The food at Iberville and potholes on campus streets were two “forgettable” things (pictured left). The aesthtics of the campus and the friends students made while in college were two things seniors will miss (pictured above).

Things to miss

1. The Campus

“I love the campus. It has a great feel. I enjoyed that if you wanted to get out and play you could. There are several fields on campus where people play softball, fly kites and play ultimate Frisbee.”
-Jay McGee, business administration major

2. Friends

“I have been blessed to be a part of two fraternities and have such awesome brothers.”
-Trace Warner, business administration major

3. Football Games

“For the longest time I thought I had to go to football games because of marching band. I have always loved going. I love football and our team continues to get better.”
-Regine Lyons, mass communications major

4. Professors

5. Campus Events

“Every week there is some kind of event going on on campus. It could a theater performance, a concert, a party or a movie night. There is so much to do.”
-Wendy Kussman, math education major

Information from Sauce Reporter Chelsea Taylor



Photo by Associated Press
A model wearing a bathing suit by Zingara Swimwear laughs as models prepare to walk the runway, backstage at Mexico Fashion Week in Mexico City, Friday, April 4, 2014.

Springtime swimwear

Spring Break’s just around the corner, and many of us seem more than ready for some waterside fun. With that in mind, here are some suggestions where you can get cute swimsuits.

Forever 21 is budget friendly to the average college student. Like many stores, you can purchase bottoms and tops separately. According to their website, you can purchase bottoms under \$15, tops under \$20 and one pieces under \$30.

Forever 21 also has a plus size section that has a lot of cute swimsuit to choose from. They offer one piece and two pieces. The plus size two piece bottoms are high waist.

“High waist swimsuits are a huge trend,” senior NeNe Cooks said. “Whether a size two or 22, they work for all.”

Cooks works at store Room 135, where a variety of two and one piece swimsuits are sold.

Target also has a large selection of swimsuits out. They have five styles of tops and bottoms, many of which come in plus sizes. They also sell some swimwear with

anchor patterns, which have been a big trend lately.

These stores also sell swimwear with tribal print, a popular print for spring and summer. Polka dots have always been popular on swimsuits and will continue being so this spring and summer.

Some students like junior Chelsea Taylor want fashionable swimwear they feel comfortable in, which is why she bought a tankini.

“I’m not comfortable in a bikini and a one piece is just uncomfortable,” Taylor said. “I like my tankini.”

All of the stores listed above also carry men’s swimwear. Forever 21’s inexpensive guy’s selection offers many colors and patterns to choose from.

Fashionista.com reports that David Beckham is collaborating with H&M on a new men’s swimwear line. The collection will include three different styles: swimshorts, boardshorts and tight-fitting trunks. The collection won’t be out for Spring Break, but it will hit stores in time for summer on May 22.

One question remains: when will you go shopping for Spring Break?



Regine Lyons
Fashion Columnist

5 grad school tricks & tips

- Attend Open Houses at schools you’re interested in (you’ll learn a lot).
- Find out if you can get in-state tuition if you go out of state.
- Email professors to find out specific details on your program of interest.
- Make sure the location of your grad school is somewhere you actually want to live.
- It’s worth it to get a loan if you must!

Information by Jacob Labutka



Photo by Associated Press
This photo taken Nov. 21, 2013 shows then-newly-elected Rep. Vance McAllister, R-La. waiting to be sworn in on Capitol Hill in Washington. McAllister says he’s asking his family and constituents for forgiveness after a West Monroe newspaper published a video that it says shows the congressman kissing a female staffer in his congressional office in Monroe, La. McAllister, only in office a little over four months, attracted national attention because of his endorsement from the bearded men of the “Duck Dynasty” reality TV show.

La. congressman asks for forgiveness after video

Associated Press

Freshman U.S. Rep. Vance McAllister says he’s asking his family and constituents for forgiveness after a West Monroe newspaper published a video that it says shows the congressman kissing a woman who wasn’t his wife.

In a statement issued Monday, the Republican congressman said, “There’s no doubt I’ve fallen short and I’m asking for forgiveness.”

The Ouachita Citizen posted a video

Monday of what it said was Dec. 23 surveillance video from inside McAllister’s congressional office in Monroe, showing McAllister and a member of his staff.

“I promise to do everything I can to earn back the trust of everyone I’ve disappointed,” McAllister said.

McAllister has represented Louisiana’s 5th District since November. He attracted national attention because of his endorsement from the bearded men of the “Duck Dynasty” reality TV show.



Photo submitted by News Bureau

Northwestern’s production of Steel Magnolias, based on the 1980’s film shot in Natchitoches, will continue to run until April 11. Performances will be at Treen Auditorium in the Louisisana School of Math, Science and Arts and begin at 7:30 p.m.

Review: Steel Magnolias

Damian Glover
Staff Writer

Shelby played by Jessi Miller, M’Lynn played by Alisha Munds, Quizer played by Tyra Morrison, Clairee played by Shannon Komlosfske, Ashley Webster as Truvy and Mona Nasrawi as Annelle, come together to play six southern women whose main goal is to gossip about the towns talk but most of all support each other through some difficult times.

Steel Magnolias, a true story written in the late 1980’s based on life of Natchitoches native Susan Harling Robinson is taking place in 2014 as an onstage production through the Creative and Performing Arts Department. The six woman casted stage play is very different from what most of us are familiar with. However the essence of what the true meaning what it is about is just as conveying in the play as the movie.

The location of the spring production taking place on LSMSA campus for some students was a struggle to find but the perfect atmosphere for such a historic and noteworthy

play. The never changing set except for a few decorations acknowledging the changing seasons added a since of consistency to the performance.

The constant set design served as a reminder that the main scene, a salon, was a safe haven for the women to gather every week to unwind and relax. Following attending the opening night and also speaking with the cast about their journey to shows, the work done to make the production a success was extensive in itself. Annelle played by Mona and Truvy played by Ashley had to learn how to curl, straighten and wash hair for the production. As an audience member this added to the believability to the story line but also shows the dedication the actors had to showcasing the essence of who these characters were.

The costume and music of every production plays major roles in how the audience leaves and enters a production. During the few set changes, the music provided during transitions added to the atmosphere, moving the audience to travel back in time to the 80’s but with a present day mind and attitude.

Just like the music did, the outfits and hair of choice suited each character well in their own way. Quizer for instance didn’t so much match up to the movie’s character but it was a perfect for the actress portraying her.

Prior to viewing Steel Magnolia’s, my friends and I were all expecting to view the famous scene of Shelby passing away on-stage and her family grieving. However, the onstage play took a whole unexpected route. Instead of showcasing the families turmoil and grieve, it transitioned from Shelby going in for a kidney transplant to the six women consoling M’Lynn for her loss.

I commend Robert Harling for taking this route in his writing because it leaves the writer feeling not as sad or overwhelmed but thinking about the many things given to them throughout their life.

Overall, I would rate this performance a 5. Besides the hard to find location, everything about the performance was spectacular. Even though most scenes for not spot on, the avenue that the individuals took in their own roles added a new flair and side to what makes their character special.

NS‘U’ VOICE

What’s your advice for spring break?



Assuming that your going somewhere I would say stick with a group, and don’t drink and drive, also wear sunblock.

Georgia Moran
Junior

Make sure your DD doesn’t stand for drunk driver.



Robert Asbell
Junior



Don’t get so drunk that you don’t remember what you did.

Kaitlin Lewing
Sophomore

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Is student safety compromised?

Kaitlyn Bourg
Student Opinions

Upon arriving as an incoming freshman, students on NSU’s campus are made to feel as though their safety is valued. With gates that close at a decent time in the nighttime hours, all traffic must go through the guard station in order to enter campus. But what happens when the officers working the station do not take the job seriously and fail to check the parking stickers, allowing anyone who approaches to enter?

Student safety is then compromised. There have been times when the guard cop will not lift the bar until a car is close enough for the officer to check the validity of the parking sticker. There has also been an instance in which a friend’s car without a parking sticker was not allowed through without the presentation of a valid student ID.

However, there have also been many occasions on which I have returned to campus late at night, only to find the guard bar lifted as soon as I turn the corner.

On one late night return, I had taken off my old parking sticker, but forgotten to replace it, and I was still allowed on campus without a check of an ID or a question as to who I was or what I was doing.

It is taken for granted that if a dangerous person wanted to get onto NSU’s campus badly enough, they would find a way regardless of the guard station’s sticker checks, but if this is the case, then it seems unnecessary to have a cop stationed and controlling the entrance.

NSU police officers also offer an escort service for students and faculty who feel uncomfortable walking on campus alone. It has been noticed that while some officers are personable and genuine, others are unfriendly and make students feel like a burden.

Thus, this escort service is used far less than it is needed. If a student is made to feel as though she is less important than the other tasks the officers face or that the officers are not open to her concerns, she will likely continue on her walk across campus on her own, possibly putting herself in danger.

Similarly, annual crime reports are drawn up by the NSU police force, stating how many incidents of each type (i.e. theft, drugs, rape, etc.) have occurred on campus and in the residence halls. However, these reports do not specify the location in which the incidents occur, leaving students unaware of their vulnerability in certain places.

As an NSU student, I would be more likely to use an escort service if I knew that the area I was walking through had a reputation of criminal incidents. The exact locations may be withheld so that students living in those locations do not feel afraid, but this violates the rights of students to make informed decisions.

If a student does not feel comfortable living in a specific hall on campus, regardless of the incidents that have occurred, she should not be forced to reside there. I applaud the NSU officers who take to their jobs with compassion, allowing students to feel safe and important, and I would love to see every office encouraging students to make safety a top priority at NSU.



Captain (Chris Evans) and Black Widow (Scarlett Johansson) poised to take on the Winter Soldier.

Review: Captain America 2

Justin Vance
Student Opinions

Like action? Like a good spy thriller? DO YOU LIKE AMERICA? If you answered yes to any of these then this movie is for you. Now in a theater near you is Captain America 2: The Winter Soldier. This addition to the marvel film dynasty follows Steve Rogers (Chris Evans) as he copes with the modern world and throws his \$2million dollar shield at bad guys. This film succeeds on so many different levels that I can’t fit them all in my allotted spot so I won’t even attempt it. What I will attempt is to convince you to do yourself a favor by going see this movie.

This movie begins at a super serum enhanced sprint as you are thrown into a typical day as Captain America. Wake up, go for a jog, take back a SHIELD freighter from pirates, takeout, and bed. The usual. Accompanied by the stunningly lethal Black Widow (Scarlett Johansson) and his fellow shield agents we quickly see what the taxpayer’s dollars went towards in making the Captain the perfect soldier.

While the Captain was somewhat overshadowed in The Avengers by his teammates he shines brightly in his own movie as we see what a super soldier can really do. After see him in action you almost feel sorry for the bad guys...almost. When he isn’t punching or kicking the Captain is throwing his shield, showing off his god-like ultimate Frisbee skills.

After displaying how utterly awesome our red, white, and blue protagonist is the movie slows down and

reminds the action movie industry that action movies don’t have to sacrifice stories for stunts. This movie could have easily just given us a generic super hero movie with a generic storyline; instead it delivers an original plot with twists and turns to keep you on the edge of your seat. It soon becomes apparent to the Captain that fighting the good fight isn’t as easy as it used to be when he realizes that his biggest enemy may just be SHIELD. Filled with doubt and unable to trust anyone the Captain has to figure out a way to discern friend from foe while dodging the full might of the government that he has sworn to protect. With his band of friends and tow you get to see what the Captain is made of as he distributes old fashion justice.

My one and only gripe with this film is that it underutilizes one of its most interesting assets, the Winter Soldier. Considering the title has him in it you’d think the winter soldier would show up more frequently than he does and this movie, but when he does he steals the show. When he and the Captain clash on screen it becomes very apparent that despite his superhuman abilities he is still almost defeated. This is a minor complain and doesn’t detract much from the movie overall so don’t let it stop you from partaking in this exceptional spectacle.

With enough action to feed your inner thrill seeker, a smart and compelling plot, and relevant characters across the board the winter soldier will almost assuredly earn its place as one of your favorite marvel films rivaling even The Avengers. I give this movie a 5 out of 5 for doing exactly what sequels should do, raising the bar.

We need writers!

Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 7:00

Cleaning up the conference



Demon baseball has won all four of their conference series so far this season and sit at second place behind McNeese.

Brian Cook
Staff Writer

Northwestern State baseball took its fourth straight Southland Conference series after it split a doubleheader with a 1-0 win and a 4-2 loss against Nicholls Saturday afternoon at Brown-Stroud field. The third game of the series, typically played on Sunday, was shifted to Saturday to create a doubleheader because of the anticipated rainy weather due Sunday.

The Demons (19-13, 8-4 in conference) won Friday's match as right-handed pitcher Caleb Dugas lined a ball up the middle with two outs in the bottom of the 10th inning to erase a furious comeback from Nicholls (15-18, 8-4 in conference) for a 6-5 win.

During Saturday's matchups, the Demons took the first game with a 1-0 win, as Nicholls went on to take the second game, winning 4-2.

"I told our guys I didn't want them to leave feeling anything negative about this because we won the series, which is what we set out to do," second-year head coach Lane Burroughs said.

Demon Josh Oller (2-0) provided the complete game shutout early Saturday and allowed only three hits while striking out six. He sat down the side in order six times, and sat down 11-straight batters at one point. He didn't allow a base runner until the third inning.

"We've been searching for a Saturday guy, and we decided to go with Josh. He hadn't been extended that



Photos by Gary Hardamon

Pitcher Josh Oller launches a pitch in the Demons' 1-0 win over Nicholls on Saturday. Oller pitched a complete game shutout with six pitches in the game.

long before, and his longest outing with five on Tuesday against Grambling," Burroughs said. "He got stronger as the game went on." Nicholls scored two runs in the fourth inning of the second game, but the Demons responded in bottom half of the frame with two scores to knot it up. The Colonels then scored the final two runs of the game in the 12th inning to take home the victory, their only win

of the series. Austin Tanner started the game for Northwestern State and pitched four innings, allowing two runs, one earned, on three hits and a walk. Brandon Smith relieved him and worked four innings with four hits allowed and three strikeouts. "Our pitchers were outstanding this weekend, and we played pretty good defense," Burroughs said. "We just couldn't get the big hit we needed in the last game.

NSU finished the series with a 2.32 earned run average with one complete game and one shutout for the weekend. Both teams scored and gave up nine total runs.

Northwestern State and Nicholls are both tied for second place in the league standings and are one game behind McNeese State.

The Cowboys completed a three-game sweep of Houston Baptist on Saturday. Nicholls entered the weekend in sole possession of first place before falling to the Demons.

Northwestern State will travel to McNeese to open a three-game set on Friday, April 11.

McNeese currently leads the Southland conference at 19-11 overall and 9-3 in conference.

The Demons fell twice to the Cowboys earlier this season in March in games that did not count as Southland conference play, 5-10 and 2-6. However, the Demons are 12-5 since those losses with all four of their Southland conference series wins coming after the losses to the Cowboys.

Tennis is 7-0 against conference foes and sitting at the top.

Morgan Thorpe
Staff Writer

The Lady Demons toppled the conference newcomer University of New Orleans Privateers this Saturday at the Jack Fisher Complex to maintain an undefeated 7-0 mark in the Southland Conference.

"We took care of business today against a very scrappy UNO team. All three of our doubles came out and played well, and we continued with some solid tennis in singles," Head Coach Patric DuBois said.

"We hope to carry this momentum into our match tomorrow against Southeastern."

The team quickly picked up four of the six singles matches, scoring wins from Natalya Krutova, 6-3, 6-1, Kateryna Piatakova, 6-4, 6-3, and Daniela Simonova, 6-1, 6-2.

Falling to UNO in singles were Polia Konop, 7-5, 2-6, 10-6, and Aliona Ladutska, 6-4, 6-2. Tatiana Larina's opponent in the No. 2 singles forfeited giving Larina the 1-0 point.

The Lady Demons took home all three of the doubles matches over the Privateers: Konop and Larina won 8-1, Kruova and Piatakva also won 8-1, and Ladutska and Simonova won 5-3.

The team's scheduled match against Southeastern Louisiana the following day was cancelled due to a downpour of rain. The rematch has been scheduled for April 22.

The team's next scheduled matches are on the road against Nicholls State on Saturday, April 12 and McNeese State on April 13. Both games are at 11 a.m.



Photo by Gary Hardamon

Tatiana Larina crushes a return vs. her UNO foe.

Softball falls to Sam Houston

Brittany Russ
NSU Press Release

Home runs from Sam Houston State in the final innings of both games of Saturday afternoon's twinbill forced the Northwestern State softball team to drop both Southland Conference contests, falling 7-5 in nine innings and then later 6-3 at the Lady Demon Diamond.

NSU moved to 17-17 overall, and 6-7 in the Southland as the Bearkats improved to 20-17, 9-5.

"We knew entering this weekend that it was going to be a battle from the plate because of how offensive both of us are," head coach Donald Pickett said.

"The outcome was not what we wanted, but hopefully we can bounce back and take Sunday's game to avoid the sweep."

In game two, the Bearkats held a 4-3 lead entering the seventh inning, and put the Lady Demons at an arm's length with a two-run homer from Tiffany Castillo, her second of the day. A quick three-up, three-down performance for NSU in the bottom of the inning brought the game to an end.

The Bearkats had already put up one run in the first and tacked on two more in the second off one hit and a pair of NSU errors for the advantage early on.

Northwestern State put up two runs in the first to take an early lead. Tara McKinney led off with a single to left center, and advanced to second on the throw. She moved to third as Cali Burke grounded out to first, and later scored off a double to center from Brittany Virgoe. Two straight batters were then walked to load up the bases and force a Sam Houston pitching change, subbing Shelby Lancaster for starter Meme Quinn.

Brittney Jones faced Quinn first, and reached on a fielder's choice to shortstop Tayler Gray, who made the play at second and gave Virgoe the chance to scoot all the way home.

The third and fourth innings were rendered scoreless, and the Lady Demons secured their third and final run in the fifth as Cali Burke doubled to center with McKinney on second.

Sam Houston put up a 4-0 advantage quickly in the earlier game, picking up two runs in both the first and second innings.

In the fourth, designated player Cassandra Barefield sparked a rally as she led off the inning with a homer to left center, her 11th of the season.

Singles from Jones, Brianna Rodriguez and Mikayla



Photo by Gary Hardamon

Tara McKinney rounds the bases in the Demons' afternoon loss to the Sam Houston Bearkats.

Sorosiak allowed NSU to load up the bases and make Sam Houston change pitchers once again, this time Quinn came in for Lancaster.

Lancaster aided Northwestern State by walking two consecutive batters and brought the Lady Demons within one.

Despite the three-run inning from NSU, the Bearkats secured another run in the fifth when they loaded up the bases and received a walk from pitcher Shelby Sells, putting up a 5-3 advantage.

The Lady Demons answered with single runs in the fifth and sixth to force extra innings as Barefield led off the fifth with a single deep to center field, advanced to second on the throw, and was replaced by pinch runner Tashana Triplett.

Triplett moved to third as Kellie Kincannon reached on an error by second baseman Alyssa Coggins. Jones stepped up next and drove in the final run as she singled to left and sent Triplett home. Burke tied the game in the sixth with a RBI double.

Both teams went scoreless in the seventh and eighth innings, but Bearkats Hillary Adams and Castillo cranked back-to-back solo home runs in the ninth to later take the 7-5 win.

The third game scheduled for Sunday against the Bearkats as well as a mid-week game against Louisiana Lafayette were cancelled due to rain. The Lady Demons will next be competing at Central Arkansas in a three-game series on April 12 and 13. The first game will be at 1 p.m. in Conway, Arkansas.



Photo by Gary Hardamon

Demon football spring training will wrap up on Thursday with one final team scrimmage at the 25th annual Joe Delaney Bowl. The game will start at 5:30 p.m. with tailgating at 4 and a crawfish boil at 7.

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Webb retires after 18 years

Damian Glover
Staff Writer

Surpassing Victor L. Roy who served as president of Northwestern from 1911 to 1929, President Dr. Randall J. Webb will conclude his 18th year of service to the university at the end of the calendar year.

Webb announced his retirement via email to the student body as well as alumni members at the start of spring break.

According to the announcement, his official retirement date will be determined once his replacement can assume the official duties and responsibilities of university president.

Jasmyne Broussard, freshman, was shocked by the news.

"I have been at NSU for not even a full academic year, but from having cousins and numerous family members that have attended, I have heard wonderful things about our president," Broussard said.

"Only getting to meet with him and his wife on one occasion, the passion he possesses for Northwestern is heartwarming and comforting. It will be sad to see him go, but I know that the state of the

university will be put into great hands."

"Brenda and I owe a debt of gratitude to each and every member of the Board of Supervisors of the University of Louisiana System for their support of us," Dr. Webb said in a statement to the university.

"Thanks to them and ULS staff members, along with faculty, staff, students and alumni of the university, our term of office has been most enjoyable and productive."

University of Louisiana System President Sandra Woodley said, "The Board and I would like to express our deepest gratitude to Dr. Webb for his commitment and service. Randy and Brenda Webb have both given so much of themselves over the past decades to Northwestern State and the Natchitoches community. Their contributions will long be remembered."

During Dr. Webb's tenure, the university has received national and international attention for its academic programs and student accomplishments, as well. Of those that gained attention, two capitol campaigns have set fundraising records for the school and admission rates have increased. The university also achieved Tier 1 status in the U.S. News and World Report ranking of regional universities on more than on occasion during Webb's

reign as president.

With the university and state-wide higher education on steadier ground, Webb said he now has the opportunity to step into retirement.

"We will transition to something else challenging and exciting," he said.

"Once the board conducts a search and a new president is on board, we'll relocate to Shreveport."

The couple plans to move to a home in Shreveport that was purchased about nine years ago. They plan to explore service opportunities in their new community and look forward to spending time with their children and grandchildren.

A former NSU athlete and 1965 alumni of the university, Webb said he isn't cutting ties with his alma mater.

Tyler Jackson, sophomore, is curious of the process that will take place to replace Dr. Webb.

"Not knowing Dr. Webb personally but hearing of the things he has done has made me worried about the future of the university," Jackson said.

"I believe that the students should have a say so in who our future president is. Dr. Webb has done so much and his successor will have big shoes to fill. I can only hope that the system board will take into consideration the students and their concerns."

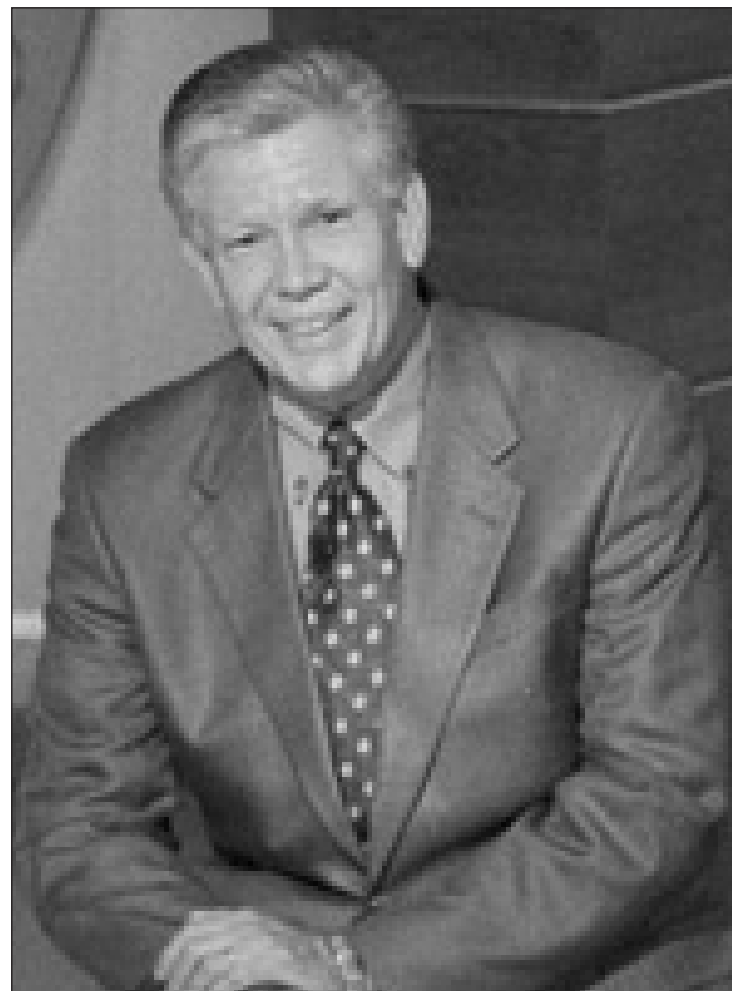


Photo submitted by News Bureau

Computer lab closures cause controversy

Emily Carter
Staff Writer

Controversy erupted over the abrupt closure of the 24-hour computer lab in the Health and Human Performance Building, as students were not notified of the changes.

According to SGA President Kyla Winey, the computer lab stopped functioning as a 24-hour lab because of complaints of vandalism. Winey does not agree with the closure, partially because she knows that seniors need to finish last minute assignments.

After working with Jennifer Long, Marcus Jones, Frances Conine and John Dollar, Winey was able to get the lab reopened. However, the reopening was only considered as long as a more permanent solution was found for the fall semester.

Despite their hard work, the computer lab closed again after beer cans were found in the trash can. They are working

on a permanent solution, but if one cannot be found, it will close on weekdays at 7 p.m.

Winey is not the only student that disapproves of the new hours.

"I think that not having a 24-hour computer lab could potentially cripple a student's ability to accomplish his or her work," junior Olivia Moon said in regards to the new policy.

"Many students are unable to complete their work in the relaxed environment of their homes or dorms, and many don't have their own computers or access to internet outside of the school computers. Because of busy schedules, students often work late into the night, and cutting the hours in the HHP building lab would limit when they would be able to complete their assignments," she said.

Some on-campus residents disagree with the policy because of its proximity to the dorms. A 10 minute walk from the dorms, the HHP lab is the only computer lab available in such close proximity to

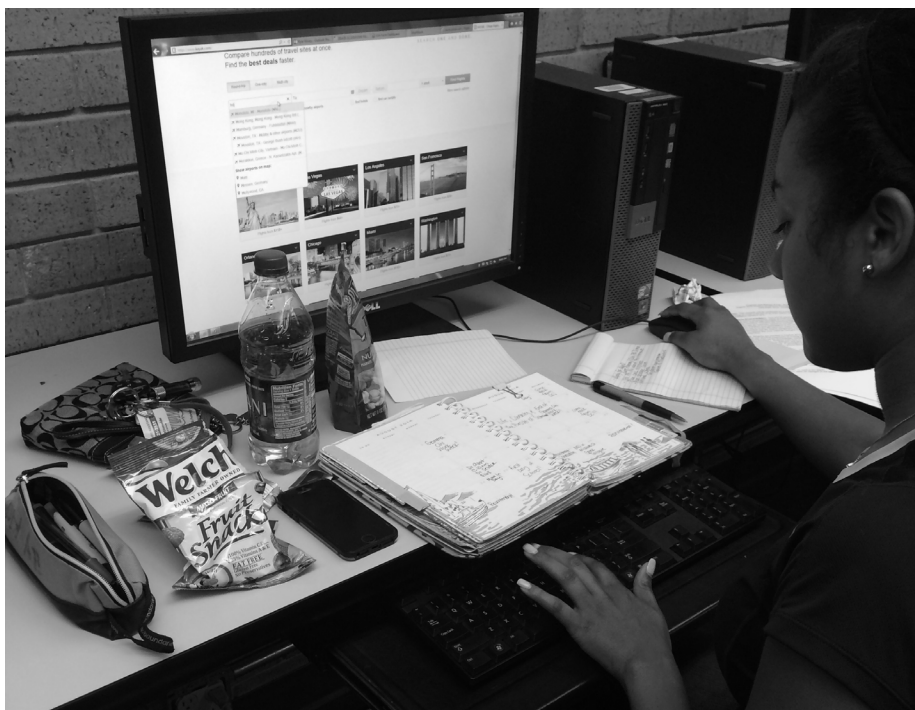


Photo by Emily Frame

SGA President Kyla Winey studies at the newly reopened 24-hour computer lab in the HHP Building.

campus housing, allowing students to safely walk to the lab for late night work on assignments.

Among students interviewed, there was a consensus that the well-lit walk to the HHP lab from their dormitories was comfortable for them, even during late-

night hours.

The lab reopened Tuesday as a 24-hour lab, and will remain so throughout finals week, provided the students adhere to the set conditions. If the conditions are not followed, the lab will return to daylight-only hours.

Student evaluations: Who are they helping?

Emily Fontenot
Staff Writer

As crunch time sets in, student evaluations are once again appearing on everyone's Moodle page, but are they worth your time?

Some students say yes. Sophomore Kimberly Mosier thinks the evaluations give her an opportunity to make an impact on her classes.

"It feels like I have the power of my opinion," Mosier said.

"I get to say what I want to say about my teacher and my class, whether it is praising their good work or criticizing their teaching styles."

An anonymous student, however, finds the online forms a poor substitute for face-to-face confrontation.

"If I wanted to evaluate someone, then I would do it in person and not via a form," the student said.

Veronica Biscoe works alongside Information Systems to launch student evaluations each year. After final grades are turned in, the results are given to the individual professors, their department heads, deans and higher administration.

The statistics are given as averages and comments are listed below. Each student remains completely anonymous and results are placed in each professor's personnel file.

The department heads are responsible for reviewing the results, but the individual professors are responsible for using the results to improve their teaching style.

"I know people think things don't change, but there are people who really do look at this who really do change for the positive."
- Veronica Biscoe

For professors on tenure track, feedback from student assessments affects their rating and status.

"They really have a lot riding on it," Biscoe said.

"Those evaluations are a very important component of their evaluation for tenure track."

Department head Joe Morris feels the low percentage of participants, which ranges from 0-50 percent, compromises the quality of students' classroom experience.

Biscoe also feels the quality of the results are negatively affected by the low response rate. She encourages all students to fill out evaluations in order to yield more accurate results that don't only represent the two extremes.

"Research shows that students who actually complete evaluations are either those who love their professors or not so much," Biscoe said.

"They're either going to praise them or be very critical of them. We don't get the middle-of-the-roads, which I wish we did, because I think the information would be a lot more salient."

Biscoe has made it her goal to emphasize that student assessments aren't meant solely for negative feedback, but primarily for helping professors find what works for their students. She encourages students to complete evaluations with this in mind and to write any negative comments constructively rather than spitefully.

"I know people think things don't change," Biscoe said. "But there are people who really do look at this who really do change for the positive."

NAACP Image Awards recognize successful students



Photos by Essie Hullaby

Essie Hullaby
Sauce Reporter

In hopes of creating an award ceremony similar to those seen on television, the National Association for the Advancement of Colored People (NAACP) hosted the Image Awards in the Student Union Ballroom on April 17.

With musical performances from Symone Giles and George Spivey, the Image Awards honored the talents of NSU students and recognized the efforts of faculty and recognized student organizations across campus.

Award categories included Mister and Miss Poetic Justice, Best Campus DJ, Best Photographer, Best Recognized Student Organi-

zation and Best PanHellenic Council, as well as other awards.

Breonda "Lala" Simmons and Ashton "Dante" Barry received the awards of Mister and Miss Poetic Justice.

Darrell "DJ Static Shock" Favis accepted the award for Best Campus DJ, Travon "TeeRoo" Cooper was voted Best Photographer, and Most Athletic Male and Female went to Keshira McKnight and Jan West.

The African American Caucus was voted as the Best Recognized Student Organization and Helping Hands as the Best Community Service RSO.

The Best College PanHellenic Council and National PanHellenic Council Awards went to Alpha Omicron Pi and Alpha Phi Alpha Fraternity INC.

Students and RSOs were recognized for a host of accomplishments at the NAACP Image Awards on April 17.





“Fashion inspires me to be successful. Clothes and shoes are expensive. If I want to buy everything that I want, I have to work hard to do so.”

“I would honestly say that my fashion is simple. I love to wear jeans with a fixed cotton tee and just about any solid color.”

Photo by: Brandon Blake

Senior Fashion Spotlight: Breiah Daniels mixes fashion and success

Major: Psychology with a minor in business

What Daniels loves about fashion: “I love how you can be creative with fashion. There are so many options! You can dress up, dress down, add shoes and jewelry. It’s a never-ending combination of things.”

Where Daniels loves to shop: “I’ve come to the realization that I like a few designer labels but I also love bargain. I love to shop at Victoria’s Secret, Coach, Forever 21, Steve Madden, Target and TJ Maxx.”

Thoughts about style: “I think it’s good to have your own personal style. Whether it’s simple or high-end, fashion makes you very unique. I would honestly say that my fashion is simple. I love to wear jeans with a fixed cotton tee and just about any solid color.”

How fashion relates to her success: “Fashion inspires me to be successful. Clothes and shoes are expensive. If I want to buy everything that I want, I have to work hard to do so.”

Future plans/aspirations: “I’m planning on attending grad school at Nicholls or LSUS for psychology. In five years, hopefully I’ll be a school psychologist going on my second or third year into my field in a major city like Atlanta, Houston or New York. I just want to be successful.”

Information collected by Fashion Columnist Regine Lyons

Visiting sexologist engages students with frank sex talk

Emily Frame
News Editor

The chance to win a t-shirt, condoms or a free bottle of lube lured students to the SGA event featuring “The Sex Lady,” Dr. Justine Shuey, on Thursday, April 10.

“If you can’t talk about sex, then you probably shouldn’t be having sex,” Shuey said as she talked candidly about many topics that would make most people shift in their seats.

Students too shy to ask questions aloud were able to send anonymous questions via text message to Dr. Shuey. Questions ranged from “How do I ask my partner about bondage?” to “How do I tell my partner if something doesn’t feel good?”

“Be honest with your partner about

what you want and what feels good,” she said. “Make a s**t-sandwich by stating a positive, a negative, then another positive.”

Dr. Shuey also recommends not talking negatively about sex in the place where you have sex.

“If you have sex in your bedroom, have the negative conversation in the living room or the kitchen,” she said.

“Justine Shuey’s discussion and presentation on a rarely discussed topic really helped me understand the importance of communication in a healthy sex life,” Scott Pichon, a junior SGA senator, said.

Students in attendance also learned about skin hunger, or the need for personal touch. According to Dr. Shuey, a person should be touched 10 times a day in a non-sexual way in order to meet their touching needs. Of course, people’s desires vary

and some people may require more or less touching. Partners in relationships should negotiate in order to have their touching needs met.

Dr. Shuey also discussed rape culture and college ‘hook-up’ culture. Less than half of all rape cases are ever reported, and nationally, campus rape rates haven’t changed in more than 20 years. Students are encouraged to download the “circle of 6” violence prevention app, an app that allows the user to quickly alert someone when they’re in a ‘sticky’ situation.

“‘Yes’ is the sexiest word in the English language,” she said. “A healthy sexual encounter is a consensual sexual encounter.”

In regards to hookup culture, students were told that silence often means ‘No’ and that the only real consent is enthusiastic consent.

NSU’s “Not so Urban” Dictionary

The Body - a giant dark room with mediocre music and old chairs where many Natchitoches residents enjoy spending their Thursday nights

Christmas Fest - a glorified street fair with thousands of Christmas lights that takes place on Front St. every December.

Front Street - located in the center of downtown Natchitoches. Roughly 65% of the reason anyone chooses to visit Natchitoches.

God Siren - when Natchitoches experiences a storm, small or large, a loud voice can be heard all over the city warning residents to “seek shelter immediately”

Kyser Climb - the act of climbing all eight flights of stairs to the fourth floor of Kyser Hall

Marina Monday - the Marina is a bar in Natchitoches, which is usually busy on Mondays; attendance is usually high due to no cover and a lack of anything else exciting on Monday nights

Meat Pie - seasoned meat baked in a folded pie crust; for some reason, it’s a huge Natchitoches claim to fame.

Nat Rat - endearing term dedicated to those who choose to reside in Natchitoches

Natty - short for Natchitoches. Because really, who has the time to spell out the entire word?

Information collected by Chloë Williamson



Photo by: Jacob Labutka

(listed clockwise from top) Rebecca Lefante, Desiree Hatten, Linda Ahlskog and Justin Vance attempt to climb the stairs of Kyser, an action that is dubbed the “Kyser Climb.”

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Your Internet activity may cost you your job

Emily Frame
News Editor

Employees know that poor behavior at work can cost them their jobs, but most people don’t realize that online activities can affect their employment as well.

David Chen, CEO of Strikingly.com, is an expert at creating an effective online presence. Thousands of professionals ruin their chances of promotions or future job offers by making one of four mistakes.

Mistake #1: Unbalanced online content. Most college students know that posting inappropriate photos on social media can affect their employment opportunities.

However, even if your pictures aren’t inappropriate or embarrassing to your employer, you can still miss out on opportunities if the majority of your pictures show you partying.

That’s right, pictures at a football game drinking or at a fraternity party can land your job opportunities right in the toilet. If your future employers perceive you as a “partier”, you might lose that job to someone who posts pictures of cat memes.

Mistake #2: Ill-timed online activity. Employers can use the time stamp on your

online posts to determine if you’re using work hours to post on social media. So, you might really want to share that “Epic Rap Battles” video, but you run the risk of your boss finding you online while you’re supposed to be working.

Mistake #3: Reusing personal photos for work. Employers can, and do, use Google Images to upload your LinkedIn headshot and consequently see all other accounts where you’ve used that photo. Employers are greedy, and they don’t want you using your personal photos in your professional life. So, when making your LinkedIn account, be sure to use a picture that you haven’t posted to Facebook.

Mistake #4: A poor first impression online. Chances are that employers will Google your name when considering you for a job. If the top results for your name are less-than-flattering, it’s important to replace those with new content, such as a personal branded website.

Other ways to improve your career opportunities is to use a LinkedIn Website Builder. Chen suggests using his version, which can be found at <https://www.strikingly.com/online-resume/linkedin>. Website builders allow those with a LinkedIn profile to create a personal career advancement website, and most are free.

Countdown to finals: 9 days

Justin Vance
Student Review

How long has it been since you have been treated to a quality horror film that doesn't make you root for the villain? Besides a few exceptions, Cabin In the Woods, the horror genre has been on the decline. No longer do we really care if the teenage girl can get away from Michael Myers or if Jigsaw's newest victim can win his twisted game. I'm happy to inform you that a movie has recently been released that reminds you why you want to be afraid.

Oculus seems like the typical horror movie filled with unlikely characters that you spend the entire movie praying to get got. Admittedly as I sauntered into the theater I found myself making predictions about what the movie would do and how it would do it. As the trailers ended and the movie began I was unsurprised to see that the movie began in a predictable way. As I began to lose hope after about three minutes of watching, the movie caught my attention. I can't call this movie scary, being hardened by years of horror movies has made me immune, but it sure was creepy and strangely intriguing.

The movie follows siblings as they investigate the evil mirror responsible for the death of their mother and the framing of their father. Adamant to clear their father's name, the siblings resolve to reveal the evil nature of the mirror and then destroy it. This proves to

be better said than done as it becomes apparent that the mirror is not willing to go down without a fight as it targets the siblings with its dark powers.

Much of the film revolves around the family as the mirror terrorizes them. To say this mirror loves to kill people is an understatement. The movie quickly reveals that the mirror is very good at killing and has been doing so for centuries. The film does a good job of driving home how evil the mirror is as you see it slowly twist all of the people within its range of influence.

Soon you begin to feel the main character's sanity slowly fading, as they no longer can trust their sense as the mirror proceeds to screw with them. The film also adds another layer of creepy by seamlessly transitioning between the past and the present showing how the mirror practices the same routine as it isolates and twists individuals resulting in death and mayhem.

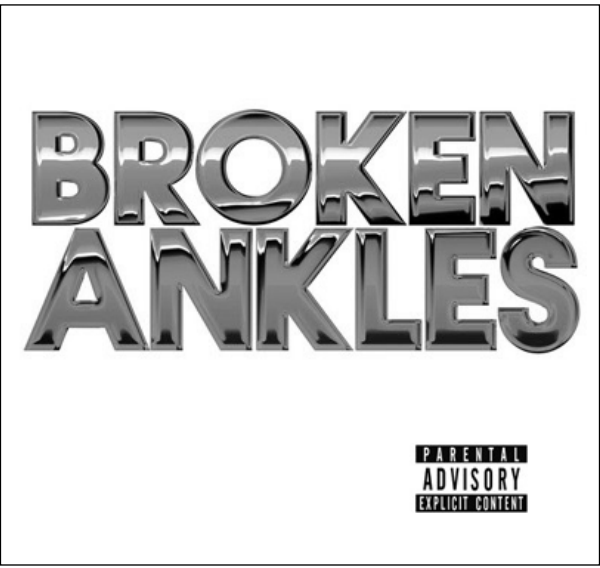
The most fascinating part of this movie was watching how the mirror works its magic upon its victims. Through the time skip we see the mirror literally seduce and corrupt the sibling's father while driving their mother insane. The story continues to become more and more disturbing as the two siblings are forced to live in a house warped by a sadistic mirror with no escape.

Each scene had me on the edge of my seat eager to see what the mirror would do next and for that I gladly give this film a 4/5 for providing a creepy and compelling horror story.



Photo from Intrepid Pictures

The power of the mirror compelling father Alan Russel (Rory Cochrane) to do its bidding.



Review: Broken Ankles by Free-way and Girl Talk

Brandon Swann
Student Review

Freeway is an American rapper who has had a very diverse face in the hip-hop community. He worked with people like Jay-Z, and was signed to Cash Money Records for a short time. He has had four studio albums and this is his sixth collaboration album. Girl Talk is an American musician who focuses on electronic beats and mash-ups with five studio albums and Broken Ankles is his third EP.

Freeway and Girl Talk come together on this

short EP and create some aggressive hip-hop but work beautifully together and make a very memorable album.

Starting out with an explicit, aggressive introduction sets the atmosphere for the album perfectly. It starts with a song featuring Waka Flacka Flame who delivers a very impressive verse. Aggressive lyrics and one of the best beats on the record help make the opening track one of my favorites. The lyrics are consistently angry and aggressive throughout this whole project like on the track "I Can Hear Sweat" where he talks about the fear he can sense from the people that he goes up against.

The whole album has street life being the main topic of the songs from the mostly aggressive lyrics from the album or even his upbringing on the track "Lived It."

The production and beats that Girl Talk brings to this project are some of my favorite of the year so far and give these songs an original and unique feel that I have not heard on this aggressive type of rap before. "Tolerated" has a very energetic, "in your face" type of beat, but it still has some dance music influence coming from Girl Talk's background.

A dance music-influenced beat with Freeway rapping lyrics like, "I think I've tolerated all the hate I can stand" makes for a very unique and fun track. My least favorite song on this album is "Tell Me Yeah." This was the most mediocre song on all accounts in my opinion. "I Can Hear Sweat" is my favorite track on this EP for the simple reason that it has a shift in musicality halfway through that had me hypnotized. It starts out with a very complex beat filled with snares and keyboards and fear-inducing lyrics. The switch changes into a synthesizer heavy beat that has an "I'm the best" feel in the beat and lyrics.

Overall my only complaint about this EP is that I wish it were longer. Girl Talk and Freeway seem like a perfect match and have made a very fun project. I give this album an 8/10.

American optimism on energy

Daniel Jones
Student Opinion

In 2013, wind powered generators produced 167,665 million kilowatt hours of electricity. This is roughly 18 times what solar powered generators produced, and only equal to a quarter of the energy produced by nuclear sources. Nuclear reactors produced less than half of the energy generated by coal.

The point? Renewable energy sources account for only a trifle of the American energy market.

There has been a trend in popular imagination that soon we will have a magical supply of energy that is cheap, clean and plentiful. There is no evidence to suggest this will be the case. There is no evidence to suggest that wind and solar will suddenly be the miracle energy sources that optimists have trumped them to be.

Is it harmful to be optimistic? Very easily, yes. By putting our faith into technologies that should be at most supplemental, we forget how to prioritize. When I say that wind and solar technologies should be supplemental, I mean that we should not imagine them to replace sources such as coal, gas, or nuclear. These are primary sources, large in supply and high in electrical output. Wind and solar will never generate enough electricity to meet civilized demand. Assuming that scientists just need a few more years to make the technology viable is poor thinking.

Instead, we should prepare for a low power future. Our demand for power should not be expected to decrease until we are forced to do so. Unfortunately, necessity seems to be the determining factor in our desire to change. However, planning for the energy future requires more than an invisible hand of necessity. Planning for a future post coal, post gas, post oil begins now. It should have begun twenty years ago, but it seems difficult to demand sacrifice now for benefits in the future.

Still, there will come a time when coal runs out, when the gas is gone, and when we have no cheap oil left with which to build new nuclear power plants. Wind and solar will not fill this void. They are neither cheap, nor effective at large scale power production. What will we do when that time comes? Ultimately, we will say that it will be a problem for future generations. But parents might as well gamble their savings and tell children to feed themselves. I have no idea how we will prepare the world to exist without the infrastructure it will need when the cheap energy has all been spent.

But we must have the debate. We have to at least make it part of public knowledge that every barrel of oil that supports meaningless industries is a barrel not spent preparing for a world with only marginal reserves left. What industries are meaningless? Another good part of the discussion, and while we can all praise the free market, we can also intuitively know that some of what we consume is frivolous. We must have the debate. If we don't, we might as well gamble it all away.

Professor takes academic look at HBO hit True Blood

Megan Boyanton
Sauce Reporter

On the evening of Thursday, April 10th, Dr. Holly Stave rekindled a forgotten tradition of the Louisiana Scholars' College Forum Council in Morrison Hall Room 227.

By leading an open lecture on the relationship between the stereotypes of the South and the HBO Network hit show, True Blood, the professor presented a thoughtful, but humorous, lecture to a group of Northwestern State students, faculty, and community members.

While the event was first introduced as an opportunity for Dr. Stave to share the paper she presented at the Conference for the Society for the Study of Southern Literature in March, the Forum Council intends on arranging for one professor per semester to showcase his or her work.

Dr. Stave teaches a variety of English courses at the Louisiana Scholars' College. In addition, she has published several books, including Women, Nature, and Culture in Thomas Hardy's Wessex, Toni Morrison and the Bible: Contested Intertextualities, and Living Witchcraft. She has edited numerous works and composed many more articles. This semester, Dr. Stave is instructing a class on the writings of William Faulkner, which played a massive role in her lecture, "'I'll Never Be Hungry Again:' True Blood and the Myth of the South."

The quote in the title finds its origins in the 1936 novel and 1939 film, Gone with the Wind, a romance set in the Deep South during the Civil War. The paper then elaborates on the aforementioned setting and the impressions left on the lands below the Mason-Dixon Line. A major point in her lecture is that the television

series pokes at and challenges the stories the South tells itself about its own history and identity.

The series, True Blood— now progressing into its seventh season—focuses on the town of Bon Temps, where fairies, shape-shifters, werewolves, werepanthers, and, most imperatively, vampires co-exist with humans.

Throughout the plot, the mortals and the undead struggle to coincide, often resulting in an ever-growing hatred between the two.

The usual understanding is that the television show's issue with vampires parallels today's controversy of tolerating homosexuality. As a blatant example, a sign in the opening credits declares, "God Hates Fangs." The primal urges of violence and sexuality are also touched on as significant themes.

Dr. Stave pointed out that one of the main characters, Bill Compton, who upholds the reputation of both a Southern gentleman and vampire, becomes a play on Faulkner's Compson family, who themselves are doomed because they have never been able to leave their pre-Civil War glory or convictions behind them. During a scene where Compton speaks to an enthralled crowd about his term serving as a Confederate soldier, an elderly man asks if he knew a relative of his.

The exchange only demonstrates the present-day relevance of the Civil War and the lingering pride of Southerners with their Confederate roots. Stave proceeded to play video clips from True Blood throughout her presentation as visual aids for the audience.

Dr. Stave's lecture lasted around fifty minutes, after which she then took questions from the audience. Not only did her paper succeed in discussing traditions of the past and present, but hopefully, set the standard for a new tradition in the future.

NS'U' VOICE

What's your advice for tackling finals?



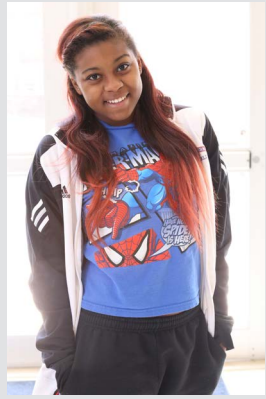
"Don't study everything at once. Review a different subject each day."

Kendal Taylor
SENIOR



"Study right when you get the material, don't wait until the night before."

Kassidee Kennedy
FRESHMAN



"Stay far away from social media."

Lo'gon Lombard
SOPHOMORE



"Set aside time each day to study and allocate specific days for specific subjects."

Hanoj Carter
SOPHOMORE



"The main key is to stay focused on exactly what you are looking at for the moment."

Candence Jones
FRESHMAN

Photos by Travan Cooper

We need writers! Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 6:45.

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Sitting atop the Southland

The Lady Demon tennis team won the Southland Conference regular season championship going undefeated at home and 11-1 in conference matches.

Morgan Thorpe
Staff Writer

Rising to the top of the Southland conference with a perfect home season, the Lady Demon tennis team has taken home the title of Regular Season Champions with a 4-0 victory over Southeastern Louisiana. Finishing at 18-5, with a Southland Conference score of 11-1, the team won the conference for the first time since 2010.

“We are so happy to get a good win today, and reach one of our goals, which was to win the Southland Conference regular-season championship,” head coach Patric DuBois said.

“I am very proud of these young ladies who work hard year round and fight through injuries to play their best. They work on fitness in the mornings, run on concrete for another three hours a day, and get the grades as well, so this is a wonderful accomplishment for them.”

Due to the weather, the team skipped the doubles games and played

“I am very proud of these young ladies who work hard year round and fight through injuries to play their best.” - Coach DuBois

all the singles games. Two of the matches went unfinished and the finished games were won in a landslide.

Kateryna Piatakova and Alina Ladutska both won their matches, finishing up at 6-3, 6-0.

Daniela Simnova finished just after them with a win at 6-1, 6-0.

“It feels great to win after working so hard all year, especially in conditioning,” Piatakova said.

“Now that we’re on top we just need to go to Corpus Christi and do what we have to in order to get the win.”

The win marks the Lady Demons’ second regular season conference championship of the current century, following their win in 2010.

Their previous two conference wins came in 1994 and 1989.

The Demons travel to the Thomas J. Henry Tennis Center in Corpus Christi, Texas to play in the Southland Conference Championship Tournament where they earned the #1 seed.

Their first game of the tournament is scheduled for Friday at 11:00 a.m against #8 seed Lamar University.



Polina Konop lines up a return in her #1 singles match against SELU.

Photos by Gary Hardamon

Demons cast away by Islanders in series of three conference games

Matthew Fowler
NSU Press Release

Texas A&M-Corpus Christi put on a successful safety-squeeze in the top of the eighth inning to give the Islanders a 4-3 advantage and win over the Northwestern State baseball team to sweep the Demons in a three-game Southland Conference series.

The loss put the Demons (22-17, 10-8 SLC) in a five-way tie for fourth place with Sam Houston, McNeese State, Lamar and Central Arkansas. The Islanders (22-19, 12-6) remain in a tie atop the league standings with a Southeastern Louisiana and Nicholls.

“Corpus has a great club, and they are in first place for a reason,” Demon head coach Lane Burroughs said.

“We did not play our best, but I’m not going to take anything away from their club.

“We’re at a crossroads right now, and this will define our season or we’ll move forward,” he continued.

“I believe our guys will rebound and we’ll move in the right direction.”

NSU loaded the bases in the bottom of the ninth after three straight Demons were hit by pitches, but a fly out ended the contest.

“(The Demons) battled hard to get themselves back into it, but couldn’t get it done,” Burroughs said.

“We were in a position to win every game this week-end. That is college baseball at the highest level, and it can go either way.”

Russell Vaughn led off the eighth inning with a double to left center field, but was held up at third base on a single through the right side from Frankie Salas to set up Islanders on first and third base with no outs. Zack Gibson pinch hit for Jacob Hubert and was struck out by Demon pitcher Steven Spann (7-5).

Spann took the loss in the game after Josh Garza put down a squeeze bunt that scored Vaughn from third base. Spann picked up the ball that rolled between the mound and first base line, and looked at home and

realized there was no play before he tagged out Garza.

Northwestern State jumped out to a 3-0 lead with a run in the first inning and two in the second. Gomez scored on a single to right field from Nathan Lyons in the first frame. Gomez led off the game with a hit-by-pitch and got to third on a single through the left side from Chase Daughdrill.

Back-to-back RBI singles from Caleb Dugas and Cort Brinson scored Nick Heath and Edwin Gomez, respectively, in the second inning.

Corpus Christi answered in the with two runs in the third inning on a double down the left field line from Brandon Tierney and a triple down the right field line from Travis Ware. Tierney’s double scored Jordan Lee.

The Islanders tied the game in the fourth inning when Salas scored on a throwing error by Daughdrill at third base. Salas led off the fourth with a single to center field, took second on a sacrifice bunt and third base on a groundout.

Austin Tanner started the game for Northwestern State, and worked three innings and allowed six hits and two runs. Joey Parrack allowed one unearned run in two frames of work. Spann worked three innings, and Brandon Smith finished the game in the ninth.

Devin Skapura, who started for Corpus Christi, lasted only 1.2 innings, and gave up all three Demons runs.

Kevin Landgrebe (4-3) took the win on 2.2 innings pitched, and was perfect. Jacob Dorris (4) earned the save on one inning and induced the fly out to end the game with the bases loaded.

The Demons top five hitters in the lineup had all eight hits, including Dugas, Daughdrill and Lyons who all had two hits apiece. Gomez and Brinson each had one hit.

Brandon Tierney had three hits for Corpus Christi on four at-bats. Ware had two hits in four tries.

NSU’s next Southland conference matchup sees them hosting the Central Arkansas Bears in a three-game set that starts on Friday at 6:30 p.m at Brown-Stroud Field in Natchitoches.



Junior Caleb Dugas beats the ball to home plate past the catcher in the Demons’ Thursday night loss.

Photo by Gary Hardamon

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Kappa Sigma hosts slam-dunk service event



Photos by Chloe Williamson

(Above) Freshman Kappa Sigma Jared Fisette high-fives a visitor from the Natchitoches Boys and Girls Club at their basketball service event Monday.

(Right) Jalen Jones, 7, enjoyed the pizza party hosted at Kappa Sigma Fraternity house following their basketball service event.



Emily Frame
News Editor

Kappa Sigma Fraternity and Demon athletics teamed up to alley-oop with a group of children from the Natchitoches Boys and Girls Club on Monday. Approximately 30 children visited the NSU WRAC for the afternoon’s activities which included basketball drills, free-play and scrimmages followed by a pizza party at the Kappa Sigma Fraternity house. “We felt that athletics would motivate the kids to do well in school, so that they might go to college and get to play on courts like these every day,” said Scott Pichon, philanthropy chair for Kappa Sigma. “We hope that bringing the kids to a college campus would phosphor a love for education and a desire to one day attend a school like this.” Normally, the Boys and Girls Club uses the basketball facilities at the MLK Community Center. Assistant men’s basketball coach Bill Lewit worked with the fraternity to put

together the event. Pairing with athletics allowed the fraternity to host the event at the WRAC, giving the children the chance to play in a more professional setting. “Any time you can collaborate with another organization on campus, you create synergy and make the event that much stronger and that much better for the organization that you’re hosting,” Lewit said. After some free-play with the fraternity men and athletes, the children were separated into groups to run practice drills aimed at strengthening their basic basketball and teamwork skills. The children were eager to interact with the volunteers and quickly established new friendships with the fraternity men. “I was surprised at how quickly the kids opened up to us,” senior Kappa Sigma member Jack Fletcher said. “They really enjoyed playing basketball with us, but I think we’re the one’s who truly bennefited from the interaction.” Following the basketball-filled afternoon, Kappa Sigma welcomed the Boys and Girls Club children into their fraternity house for a pizza party. “We really wanted to give the kids an opportunity to see the fun side of Greek life,” Pichon said. “Rarely do these kids get to see the inside of a fraternity house, and we thought having a little pizza party for them at our house would be a great opportunity.” The Boys and Girls Club staff were greatful for the fraternity’s interest in giving back to the club and the Natchitoches community. “The kids really enjoyed working and interacting with the volunteers and they had so much fun with both the athletics department and the boys of Kappa Sigma,” said Tia Knighten, a volunteer at the Boys and Girls Club. “I had a lot of fun playing basketball,” Ta’Kiyah Johnson, 8. “It was very nice of the boys to have the activities.”



Submitted photo

Nontraditional student completes degree

Summer Evers
Staff Writer

“I thought I had lost my mind,” senior Toni Adornetto said. “I kept asking myself if I really wanted to do this, and the answer was always yes. I want this. I’m here. And I’m going to do this.” Before her trek to Northwestern, Toni started college when she was 28 in her hometown of Chicago, Ill. She attended a private three-year college and majored in business. “It was primarily a catholic women’s college that was rigid in formality but overall a very exciting time.” Years later, she moved to Alexandria, La. to take care of her parents. Adornetto is just like any other student attending Northwestern besides the fact that she’s 65 years old. “I’ve met a lot of wonderful people here,” Adornetto said. “I have a lot of people who talk to me to find out why I’m here, and I find out why they’re here. It works out symbiotically.” Adornetto is a general studies major with a minor in Spanish. Just like any other student she lives on campus and dines at Iberville. She always knew that she would finish school but wasn’t sure where or when it was going to happen because she never had the opportunity. “A couple years ago I found myself unemployed, and I couldn’t find anything I wanted to do that would allow me to travel,” said Adornetto. “So, I thought this was the perfect time for me to come back and finish my degree, and that’s what I did.” While attending college in Chicago, Adornetto taught boating safety at the Coast Guard Auxiliary with her dad and worked. Later, she and her friend went on to start the first commercially sponsored softball league in Elk Grove Village, Ill. She also was married and heavily involved in the National Organization for Women (NOW). “We did seminars to help educate women, make services available to them and show them how to accomplish their goals.” The purpose of NOW was to get equal rights and pay for women because they were doing twice the work as men and getting half the pay and none of the titles. On campus Adornetto enjoys being a member of both the Spanish club and the Criminal Justice club. When she’s not studying, she likes to read and watch old drama and sci-fi movies. Her hobbies include skiing, dancing to rock and roll and playing racquet ball and tennis. “I’m evolving now,” said Ardornetto. “I really want do things and find people my age that will do difficult things.” After graduation, Adornetto wants to work in immigration or for a non-governmental organization with a presence in the international community. “I want to help women worldwide understand their options and help them achieve whatever goals they set for themselves. That’s my plan,” she said. “It would’ve been nice to have this degree before, but it’s good because I appreciate it so much more,” said Adornetto. “I can see the value of it, and I realize the value of it in the workplace already.” Adornetto plans to try to get all of her friends back in college. “Men and women both think they can’t do this, but you never stop learning,” she said. “It doesn’t matter how old you are. I encourage people to keep on learning because it keeps you young.”



Photo by Gary Hardamon

The NSU Dance Company spring concert, Four Elements, highlighted senior dancers through performances based on the elements of air, earth, fire and water. Shown above is Water, the final dance and element used in the concert.

Dance concert portrays Four Elements

Emily Fontenot
Staff Writer

Dancers used the elements of air, earth, fire and water to portray the different genres of dance in their spring concert, Four Elements. Air opened the night with a collection of ballet numbers performed on point. A projector cast the dancers’ silhouettes on a backdrop as they started the first number with slow group movement. Each of the Company’s 31 dancers performed in one or more of the four sections. Graduating senior Claire Cooke was highlighted in Air in a ballet solo done on point. Senior Tori Cormier was also highlighted in the following section as Mother Earth in her contemporary solo. Cormier was joined by senior Polanco Jones and gradually by a number of other dancers. Co-director Brett Garfinkel said the beginning scene was

meant to symbolize creation through the first man and first woman. The dancers later moved in rhythm with Cormier as she held their hands and guided them through a series of motions. Dancers then tapped barefoot to the beat of a tribal drum while microphones under the stage carried the sound to the audience. Dancers then used jazz to portray the element of fire, bringing contemporary music into the show for a change of pace. “I was inspired by Fire as far as the dramatic movement as well as the explosive quality of it,” Garfinkel said. In the last section, dancers entered the stage with their hair wet to illustrate the final element of water. The performance first symbolized water as ocean, then river and finally rain. The seniors performed together in the final number for the last time before graduating from NSU. “It’s like the very first feeling when you’re just out in a rainstorm, and it’s perfect,” senior Marlee Roberts said. “It means so much to me because, in that moment, it re-

ally does feel perfect to walk out there with these people I’ve danced with for four years.” Senior Dillon Roy was impressed by the performance as a whole but found the male costumes worn in Fire slightly distracting. “Other people that I talked about the costumes with said that they made the performers look like ‘dinosaurs’ and ‘jesters’ and things like that,” Roy said. “I really hate to speak this ill of any part of the performance because overall it was a great program, and I really enjoyed.” Sophomore Katelon Ramos was also impressed by the performance as a whole. “Overall, I thought that the performance was top notch,” Ramos said. “The performers put so much effort into it and it definitely showed. The modern dance and the choreography was phenomenal. It was very apparent that the dancers put everything they had into each piece.”

Celebrity judges at Demon Idol included past contestants from popular shows. (from left to right) Willie Jones from X Factor, Megan Miller from American Idol and DeShawn Washington from The Voice worked together to come up with the first, second and third place winners.

Photos by Tray Cooper



(pictured left) Sophomore Hannah Hayes won an Apple iPad Air and an Audio-Box Sound Studio as the first place winner of the competition. (pictured above) Willie Jones, Megan Miller, junior Breanna Collier and DeShawn Washington (listed from left to right) worked together to put on Demon Idol.

Demon Idol attracts talented students

Summer Evers
Staff Writer

Northwestern's first ever Demon Idol was held last week. The singing competition featured students contending by song for the title of Demon Idol, a spin-off of the hit reality show, American Idol. Demon Idol hosted a panel of judges who critiqued the contestant's performances.

President of the lagniappe committee, Breanna Collier, created the event with the intention to give students the chance to shine and showcase their musical talent through song. After recruiting contestants through social media and networking, Collier needed to find judges for the show.

Sophomore Collier and junior Tyler Price were the hosts for the afternoon event.

"I thought it'd be so cool to have judges who have professional experience and are also residents of Louisiana," Collier said.

Collier contacted Willie Jones from The X Factor, Megan Miller from American Idol, and DeShawn Washington from The Voice.

"Once they agreed to come and not only judge, but perform, I was ecstatic," Collier said.

Judge Megan Miller, also known as Miss

Greater Baton Rouge, thought Demon Idol was a great event for NSU to put on.

"It gave the students an opportunity to shine," she said. "I love that!"

Each contest was given a time slot of two-minutes to perform any song of their choosing. After each contestant's performance, the judges would give constructive criticism and feedback. The top three winners were under the judge's rule.

"We were all three looking for someone who was not only talented, but entertaining," Miller said. "Being a believable artist is the most important quality you can have when delivering a performance. The winners all showed great range, dynamics and conviction."

Sophomore Hannah Hays was one out of 11 contestants who competed in the Idol. She sung "Take It All" by the English singer-songwriter Adele.

Hays has never participated in a singing competition before and described the experience as nerve-wracking, but fun. That night she left with more than what she came with - first place, prizes and friends.

"I wanted to challenge myself and my performing capabilities," she said. "I made some awesome new friends out of the contestants who were so supportive of everyone and just made the experience so

much more enjoyable."

First place winner took home an Apple iPad Air and a recording studio package.

"I was ecstatic getting first place!" Hays said.

Hays plans to use her iPad for school and her recording system to upgrade her personal music.

"I record a lot of my own music and that recording studio package was my kind of prize," Hays said. "Of course, the iPad air was a plus! Like a huge plus! Like a gigantic plus!"

Hays is a musical theatre major and has been casted in NSU's theatre's productions of Once on This Island and Hairspray.

Although it is unclear if Demon Idol will continue, Hays says that she will definitely compete again.

"I wish to take none of it back," she said. "It was a great experience and I thoroughly enjoyed myself. I would love to compete again and I'd love to judge the next one too. That would be fun."

Hays' dreams are to move to a big city and get film work. She encourages people to be courageous and follow their dreams.

"The most important thing is to not strive to be somebody different," she said. "Be your biggest and brightest self and that is what the important people notice."

Time for summer shopping sprees!

In a couple of weeks, it will be time to say goodbye to school and hello to summer. Just like last summer, superheroes are going to be a big deal. Superman, Batman, The Avengers and other DC and Marvel comic book characters will make their comeback on graphic tees and accessories.

Summer will also welcome back high-waisted shorts. If you don't own a pair from last summer, consider buying a pair now. Look for distressed, torn, light blue, dark blue high-waisted shorts with a printed pattern.

According to The Massachusetts Daily Collegian, accessories will take a flash back to the 1970's. Check out big floppy hats, headbands made of flowers and long scarves to tie around your hair.

Logos were big last fall and will continue to be big in the summer in addition to the perennial crop top. Nineties trends are here to stay.

"Crop tops are fun and cute and a stylish way to enjoy the warmer weather," junior Ivory Breland said.

Floral print has been big for years, ranging from small to large print.

"Floral print is a cute pattern, and it tends to be a more flattering pattern as well," senior Nicole Patterson said.

Maxi dresses, a summer must, are already making their way into some clothing stores for the season. Look for solid colors and chevron for a popular pattern.

"I used to think I could never wear maxi dresses because I am short but I finally tried one during spring break," senior Burgandy Farris said. "It was perfect. I'm sad I didn't try one on sooner."

Look for cute high-waisted swimsuits in stores. Many stores will have plus size options as well. Farris is excited about summer swimwear options.

"I love high-waisted swimsuits because they help me feel confident in my body when I would normally be nervous to show off my stomach," Farris said.

There are a lot of trends new and old to look forward to! Have a fun and safe summer NSU Demons!



Regine Lyons
Fashion Columnist

Sh*t Demons Say



*2014 Potpourri Preview

"HOW MUCH DOES IT COST?"

"Yasssssss, honey!"

"IS IT FREE?"

"FAKE IT TILL YOU MAKE IT."

"CATCH YO LIFE!"

"IS THERE GOING TO BE FOOD?"

"T.G.I.F!"

"You going out tonight?"

"If we all work together, we can get a better grade."

"TURN UP!"

"What did you get on that test?"

"THE STRUGGLE IS REAL."

CANDIDS



*2014 Potpourri Preview



A great number of students attended Spring Fling last week. The carnival-like event was held on Iberville’s lawn. This year’s Spring Fling theme had a New Orleans spin: “Spring Breezy in the Big Easy.” Students were encouraged to come to the event and enjoy fun and activities, crawfish, jambalaya, snowcones and much more - all for the price of nothing. Spring Fling is an annual event hosted by The Student Activities Board.

Spring Fling

Spring Fling is an event full of T shirts, fun, and most importantly, crawfish. At least that’s what senior Spring Fling attendee senior Drew Crawford had to say.

What do you expect out of Spring Fling this year?

Crawford:
I heard about the awesome rides and the awesome food and the crawfish and it looked like fun. We are about to get out of school so why not.

Why did you come?

Crawford:
Crawfish and cute t-shirts!

Do you go to Spring Fling every year?

Crawford:
Yes, I enjoy it every year. I get here early for crawfish and it is always a lot of fun.



Left:The Students Activities Board encouraged students to perform live on stage at the event. In between each performance was a dance-off for anyone interested in the popular Spring Fling shirts. There was a disc jockey present that kept the crowd jumping with the latest tunes and line dances. Above: sophomore Joy Dove and friend waits for the caricature artist to finish an imitative exaggerated comic of them.

Music critic praises hip hop artist’s Pharohe Monch’s fourth album, PTSD: Post traumatic Stress Syndrome. The album was released April 15. Swann give the album from the New York City rapper a 9/10.



Review: PTSD by Pharoahe Monch

Brandon Swann
Student Review

Pharoahe Monch is a New York rapper that has been in the rap game for quite a while now. He has had three albums with his hip hop duo Organized Konfusion and also has released four solo albums since 1999. Pharoahe Monch has been a longtime player in the hip hop game and is a wellknown figure. He is known for his complex style of rapping, his precise and easy-to-miss word play, and internal rhyme schemes. This album, PTSD, delivers on all of these accounts. The album, according to Pharoahe Monch, was driven by depression, so it both powerful and eye-opening. The album is filled with very intricate word-play. For example, on the song “Jungle” he says, “You gotta speak orangutan slang or pull capers, the cops are the cheetahs and the trees are the skyscrapers.” He compares the way he lives to a jungle, and the only people safe from the police around him are the rich that are in the skyscraper. Internal rhyme is another tool Monch uses at his disposal splendidly in this album. In his song “Time2” he

displays this. He writes “Panic, I’m a manic depressive mechanic that manages to frantically do damage to his brain with Xanax, and it’s, like the word ‘anxiety’ is branded panoramic.” The beats on this album are not the best, but are produced well and some are actually complimentary to Pharoahe’s unorthodox rap style. The song “Rapid Eye Movement” is an example of this. A very rapid beat filled with drums, background of atmospheric synthesizers offer a vast area in which Pharoahe uses to rap in a flow that almost doesn’t seem to fit. Downsides to PTSD are very scarce. A couple of the hooks on this EP were just not working for me and were shown on the songs “Post Traumatic Stress Disorder” and “Scream.” Also, the fillers in PTSD included a robotic voice similar to that of Microsoft Sam that were truly annoying. Despite these tiny flaws, this is my favorite hip hop album of the year so far. Nothing to this point has compared to the amount of different Monch covered and the usage of his words to express his views about them. Overall, I give this album a 9/10.

The atomic joke

Daniel Jones
Student Review

I have previously written on North Korea, but in light of the planned nuclear test by Pyongyang sometime within the week, the Democratic People’s Republic of Korea (D. P. R. K.) is too interesting to ignore. How should we act toward North Korea? Our trend has been to ignore that nation, and hope that their isolation will cause them to collapse. After all, the North Koreans seem to be an affront to the American mentality. But, and quite apparently, one’s similarities toward an American way of life is not an indicator of survival nor success. True, Russian and Chinese foreign aid provides lifeblood for Pyongyang, but there is more to the success of the North Koreans than foreign aid. I must qualify the term ‘success.’ We often try to measure the power of another nation-state by comparing it against America. We use variables such as democracy, civil liberty, market freedom, and technological achievement. But applying these standards will not help us rationalize North Korea. The D.P.R.K. has a massive and fascinating apparatus for propaganda, a nationalistic drive for recognition in a condescending and elitist international community and nuclear weapons. We should be terrified of a state that not only has achieved a working theocracy (and necrocracy), but also has the ability to hold millions hostage to nuclear threat. We are at the uncomfortable crossroads of wanting to discourage rogue nuclear states and accepting the reality that once a state has built,

tested and rebuilt nuclear weapons they are a special player on the global state. North Korea has, through willful disregard of American interests, shielded its sovereignty with a nuclear device and in doing so has sent a message to the world that the best way to deny American imperialism is to do exactly what the United States forbids. But what can we do? Russia and China have long supported North Korea, if at least to prove that there will exist a place in the world that is outside of Western control. Economic sanctions seem silly and ineffective and military intervention impractical and costly. There are no easy answers concerning North Korea. Merely saying they are crazy ignores both the complexity of the nation and the fact that it is working. Yes, their true leader is a dead man. Yes, they believe that they are ruled by a god in the flesh. Yes, they believe that America is a wasteland supported only by North Korean aid. But two third of Americans don’t accept evolution and over three quarters of Americans believe in angels. North Korea does not have a monopoly on crazy. Trying to dismiss them as children is irresponsible. I don’t know how America should deal with North Korea, or how Americans should think of North Koreans. Holding hands and being “besties” with a theocratic dictatorship that neglects the wellbeing of its people and consistently acts in an irrational matter is insane. Ignoring crazy people with nuclear weapons is insane. How should we act? We should at least stop laughing..

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We need writers!

Come by our office, 227 Kyser, if you would like to join. Meetings are Mondays at 7:00

Baseball back on track

Demon baseball got this season’s winning ways back to form with their three game home field sweep of Southland conference foe Central Arkansas Bears.

Brian Cook
Staff Writer

Northwestern cleaned up a three-game Southland Conference weekend series as they managed to sweep the University of Central Arkansas in Natchitoches.

“The sweep was huge,” Demon head coach Lane Burroughs said.

“It’s hard to sweep anybody in college baseball, and especially in a doubleheader. Our guys showed a lot of courage and toughness to battle through two really close games.”

NSU (25-19, 13-8 SLC) had a 4-3 lead in at the start of the eighth inning in the first game, but UCA (22-19, 10-11) tied the game on a wild pitch and forced the contest into extra innings.

C.J. Webster drew a one-out walk on a full count in the 11th inning, and moved up to second base on a single to center field by Joel Atkinson. Edwin Gomez drove a 2-0 count pitch through the right side to score Webster from second base.

Josh Oller started the first game and worked seven innings with three runs allowed on eight hits while Austin Tanner took the hill first in the second game and lasted four innings. He gave up three runs on eight hits with two walks and four strikeouts.

Evan Tidwell (3-0) grabbed the win with four innings of work and two hits allowed. Brandon Smith (2) got the save, his second of the weekend, on one, perfect inning of work.

“Tanner didn’t have his best stuff, but got us into the fifth,” Burroughs said.

“Tidwell comes in and does what he does, cleans



Photo by Gary Hardamon

Garrett Logan smashes a pitch in the Demons’ triumph over the Central Arkansas Bears. Over just two days and three games, Northwestern defeated

up everything. Brandon Smith was electric. I think we might have found something there. The thing that Tidwell and Smith did was fill up the zone, and that is what you have to do to be successful.”

The NSU offense only struck out four times on the

day, but drew six walks and two hit by pitches. The Demon pitching staff stuck out eight Bears and gave up six walks.

The Demons are set to play conference newcomer Incarnate Word in a three-game set that starts at 6:30

on Friday.

After the sweep, the Demons are tied with Sam Houston State and McNeese State for third place in the Southland conference. Nicholls State leads the conference with a 15-6 conference record.

Demon track and field team runs away with home meet

Doug Ireland
NSU Press Release

Wind denied Northwestern State All-American Justin Walker two school records but was mild enough for him to post the country’s third-best 100 meter dash time Saturday, while Lady Demon long jumper Kenyah McDaniel and thrower Rechelle Bessard shared the spotlight at The Leon Johnson NSU Invitational at the Walter P. Ledet Track Complex in Natchitoches.

Walker posted a 10.08 mark in the 100 with a legal wind, for NCAA qualifying purposes, of 3.7 mph, but a lighter measurement of 2.0 mph is required for records. His 20.48 as he completed a sweep of the 100 and 200 would have shaved a tick off his four-year-old school mark of 20.49, but a 4.5 wind negated the mark for NCAA and record purposes. Walker shares the school 100-meter record (10.13, also in 2010) with Ronnie Powell (1998).

McDaniel exploded for a 20-5 ¼ winning mark in the long jump, the second-best leap in school history and the 20th-ranked performance in the country this spring. The sophomore improved her previous best by 14 inches.

Bessard broke a five-year-old school record in the women’s hammer with a second-place 184-8 mark, topping De’Jon Griffin’s 183-7 in 2009.

Northwestern competitors won nine of the 36 men’s and women’s events contested, while Louisiana-Lafayette led the way with 13 victories. McNeese won five times and Louisiana-Monroe had three firsts, while unattached athletes won six events. There was no overall team scoring at the meet.

Along with the win from McDaniel, other first-place performances by the Lady Demons came by Quiana Griffin (400 meter dash, 55.51), Consuela Lindsay (400 meter hurdles, 1:01.41), Keona Jackson (shot put, 48-10 ¾), and Shakemia Johnson (discus, 161-10).

The marks from McDaniel and Johnson moved them atop the Southland Conference rankings, while Jackson’s personal best maintained her No. 1 ranking and triple jumper Por’sha Thomas matched her league-best 40-0 ¾ leap while finishing second to UL-Lafayette’s Tarvia Conway (41-4 ¾).

For the Demons, joining Walker in the winner’s circle were Keenan Jackson (400, 47.69) and the 4x100 meter relay team of Brent Giddens, Jackson, Walker and Ty Shilling (41.11).

First-year head coach Mike Heimerman was elated with his teams’ performances in the first home meet since 2012. The Ledet Complex track was resurfaced last year, keeping NSU from hosting a competition.

“It sure is nice to compete at home. We had a lot of great marks, a lot of PRs (personal records),” Heimerman said.

“It was a wonderful all-around day for good, entertaining competition. Days like this make it easy and fun to coach because our athletes took care of business.”

“We’re heading into conference in two weeks with a lot of momentum. We have final exams ahead and then it’s on to Conway,” he said.

The Southland Conference Outdoor Championships May 9-11 hosted by Central Arkansas are the next competition for the NSU squads.

Jamaican Olympian Jason Morgan didn’t break his own Ledet Complex discus record, but won his specialty at 210-7. Two former USA Olympians, NSU’s LaMark

Carter (2000 triple jump) and UL-Lafayette’s Hollis Conway (1988, 1992 high jump medalist) watched their children compete.

The meet is named in honor of the recently retired NSU head coach, who steered track and field at Northwestern for 31 seasons and was part of the meet officiating crew Saturday.

Northwestern State’s Kenyah McDaniel and Albert Fournette of Louisiana-Lafayette were chosen as Outstanding Performers for the 2014 Leon Johnson NSU Invitational track and field meet.

Fournette, a graduate student from New Orleans, threw 63-4 ¾ to win the men’s shot put, posting a mark that bettered his previous best by almost five inches and improved his NCAA qualifying stock as he firmed up a grip on the No. 14 ranking nationally.

McDaniel, a sophomore from Tomball, Texas, bettered her previous best by 14 inches while soaring 20-5 ¼ in the women’s long jump. She also posted a personal best with an 11.91 in the 100 meter dash, finishing second, and was third for NSU in the 200 at 24.63, near her personal record. McDaniel also ran the lead leg on the second-place 4x100 meter relay team (46.23).

The performance in the long jump boosted her atop the Southland Conference standings and vaulted her from off the charts to 21st nationally. The top 48 in both the East and West regions advance to preliminary competition qualifying the top 24 for the national meet in June.

Coaches and administrators reviewed meet results to choose the male and female Outstanding Performer awards for the meet. The NSU Invitational dates back to at least the late 1970s and was renamed in 2011 to honor the since-retired legendary track and field coach at Northwestern, Leon Johnson, who served as an official for the high jump at Saturday’s meet.

The Northwestern men’s and women’s teams are off this week as they prepare for final examinations, then the Southland Conference Outdoor Championships in Conway, Ark., on May 9-11.



Photo by Gary Hardamon

Ty Shilling takes off with the baton after the handoff from Justin Walker in the 4x100 meter relay. The relay team placed first in the event.



Tennis takes second

Morgan Thorpe
Staff Writer

After taking a 2-0 lead in the doubles matches, Texas A&M-Corpus Christi stole all four singles matches and the win from the Lady Demons in the Southland Conference Tennis Tournament Championship match at the Thomas J. Henry Tennis Center.

The team’s overall score was 20-6 and they now hold the title of Southland regular-season co-champion alongside the Islanders (22-5). The Lady Demons have scored the program’s second 20-win season.

“This was a very good match today under tough, windy conditions,” Head coach Partic DuBois said.

“A lot of credit goes to Texas A&M-Corpus Christi for the game plan they had and the way they executed. They simply out-played us today.”

The match was a fight from start to finish beginning in doubles with Maider Martina and Celia Rodriguez defeating Natalya Krutova and Kateryna Piatakova 8-2 in the No. 2 doubles slot. Polina Konop and Tatiana Larina came back with an 8-4 victory at No. 1 doubles.

Konop put the Lady Demons up 2-0 with a quick 6-1, 6-3 win at No. 1 singles, but the Islanders came back with four straight wins for the overall victory.

Maider Martin took down Ladutska 6-3, 6-0 at No. 3 singles and Kerry Galhos defeated Simonova 6-1, 6-2 to even the score at two.



Photos by Gary Hardamon

Kateryna Piatakova lines up a volley in her No. 2 doubles match against the Islanders in the SLC championship tournament finals.

Krutova fought at No. 5 to take the lead for NSU, but fell in the tiebreaker to Sandra Burges 6-3, 3-6, 6-1. Tatiana Larina tied, with Judit Niclae at No. 2 singles where the game went unfinished 5-7, 6-3.

“I am very proud of the way we competed today and the season we had,” DuBois said.

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**NO PURCHASE NECESSARY TO ENTER. Current La Capitol Federal Credit Union members and eligible non-members can enter La Cap’s “Win \$100” drawing. To enter, complete the “Win \$100” contest entry form at lacapfcu.org. Valid email address required. All completed web form entries will be reviewed for eligibility. One entry per person. One (1) drawing will be held for each of the four (4) participating college campuses (Louisiana Tech University, Northwestern State University of Louisiana, Southeastern Louisiana University, and University of Louisiana at Monroe); one (1) valid entry per campus will be chosen at random from all valid entries received. Each of the winners will receive one (1) \$100 Visa gift card. Drawings will be held at a time deemed to be suitable for each college’s calendar, prior to October 15, 2013. Winners will be notified by email. Odds of winning are based on entries received. The credit union reserves the right to verify accuracy of entries. Winner is responsible for any federal, state, and local taxes. The credit union will report all prize winnings to the appropriate state and federal agencies as required by law. Employees and volunteers of La Capitol Federal Credit Union and their immediate families are not eligible. Not valid where prohibited by law. By participating, entrants agree to these rules as set forth herein and the decisions of La Capitol Federal Credit Union, which shall be final in all respects. Entrants will hold harmless La Capitol Federal Credit Union from any liability, claims, or damages arising out of their participation in the drawing and the acceptance of any prize. An eligible non-member is someone who meets our requirements for membership, but who has not yet joined our credit union. Winners agree to permit La Capitol Federal Union to utilize his/her name, picture and/or likeness in credit union materials.